**FIRST INTERCONTINENTAL EXTRATERRITORIAL CONGRESS**

**“Planet of Psychotherapy 2022:**

**Children. Family. Society. Future”**

**PROGRAM**

**JUNE 23-26, 2022**

**ONLINE**

**PLENARY SESSIONS**

**OF THE 1ST INTERCONTINENTAL EXTRATERRITORIAL CONGRESS “PLANET OF PSYCHOTHERAPY”**

**1ST PLENARY SESSION**

**June 24, 2022**

**WELCOME RECEPTION AND GREETINGS.**

1. **PSYCHOTHERAPY 2022: ACTUAL SITUATION AND DEVELOPMENTS (45 minutes)**

***Alfred Pritz*** *– Honorary President of the Congress. President and founding member of the World Council for Psychotherapy (WCP), founding member of the European Association for Psychotherapy (EAP), Ph.D in Psychopathology and Pedagogics, General secretary of the European Association for Psychotherapy, rector and full professor of the Sigmund Freud University, Vienna Collaborator for the Austrian law for Psychotherapy and advisor in some European ministeries. Austria, Vienna.*

1. **PSYCHOTHERAPY IN THE NEWEST ERA (45 minutes)**

***Victor Makarov*** *– President of the Congress. MD, doctor of medical sciences, Professor, President of the All-Russian Professional Psychotherapeutic League (PPL) and the National Self-Regulating Organization «Union of Psychotherapists and Psychologists», President elect of the Asian Federation of Psychotherapy, Vice-President of the World Council for Psychotherapy and Head of the Department of Psychotherapy and Sexology of the Russian Medical Academy of Continuous Professional Education. Russia, Moscow.*

**QUESTIONS FOR THE SPEAKERS. DISCUSSION.**

1. **ADVANCES ABOUT WELLBEING ON THE INTERNATIONAL STAGE AND AT THE UNITED NATIONS: IMPLICATIONS FOR PSYCHOTHERAPISTS WORLDWIDE ESPECIALLY IN A COVID-RECOVERY WORLD (30 minutes)**

***Judy Kuriansky*** *– professor, Ph.D. noted international psychologist, teaches at Columbia University Teachers College. main representative for the World Council for Psychotherapy (WCP) and the International Association of Applied Psychology in the United Nations, and past President of the Psychology Coalition of NGOs. USA, New York.*

Invited address on the tremendous advances that have been made about mental health and wellbeing, and the work done by the presenter to profile WCP at the United Nations on the global stage, very important for our professional field.

1. **FRAMEWORK CONCEPT AND PROSPECTS FOR THE DEVELOPMENT OF PROFESSIONAL PSYCHOTHERAPY IN THE 21ST CENTURY (30 minutes)**

***Alexander Katkov*** *– MD, professor, the rector of the International Institute for Social Psychotherapy (Saint-Petersburg), full member and vice-president of Professional Psychotherapeutic League of Russia, official trainer and supervisor of PPL , chairman of the committee on legislative initiatives and science of PPL, holder of the European Certificate for Psychotherapy and World Certificate for Psychotherapy, official consultant and UNODC expert on drug issues (epidemiology, prevention, therapy, and rehabilitation) in Central Asia. Russia, Saint Petersburg.*

A framework concept is the recognized status of a profession in society. The report discusses the need for updating the framework concept of professional psychotherapy in accordance with the trends of modern times. The main contours and substantive components of such a framework.

1. **HEART OPENS THE DOOR – PSYCHOTHERAPY FOR THE NEW MILLENIUM (30 minutes)**

***Snežana Milenković*** *– psychologist, psychotherapist, researcher, writer and retired professor of psychology, psychotherapy and psychology of art at the University of Novi Sad. Prof. Milenković is a co-founder, ex-president (1997-2009) and now Honorary President of the Serbian Union of Associations for Psychotherapy (SUAP), member of the Board of the European Association for Psychotherapy (EAP), member of EAP Science and Research Committee (SARC) and member of EAP International Journal for Psychotherapy (IJP); co-founder and president of the Serbian Society for Integrative Art Psychotherapy (SDIAP) (1999-present). Serbia, Belgrade.*

Looking at the problems of the world – war, terrorism, poverty, injustice – we can find their roots at the emotional level. No one (especially in political leadership) takes the emotional level seriously. They just look at actions. But negative actions come out of motivations, and out of negative emotions. So we have to look at the emotional level as a practical requirement of our survival. The development and transformation of emotions will be presented at three levels: physical, psychological and spiritual. Real change is in the heart.

1. **FORMATION OF PSYCHOLOGICAL STABILITY AND PSYCHOLOGICAL HELP TO THE POPULATION IN TIMES OF CRISES AND GLOBAL UPHEAVALS (30 minutes)**

***Inna Silenok*** *– Vice-President, full member, international-level teacher and accredited supervisor of the OPPL, Chairman of the Committee on Psychological Volunteering of the OPPL, psychotherapist of the Unified Registers of Professional Psychotherapists in Europe and the World, President of the Interregional Public Organization "Development of Psychological Assistance", ONF expert on psychological issues, honorary member of the Association of Sports Psychologists, member of the Supreme Expert Council of the Academy of Social Technologies, head of the hotline of free psychological Help of regional clubs "We are together", editor-in-chief of the psychological newspaper "Zolotaya Lestnitsa", member of the Union of Writers of Russia, academician of the International Academy of Russian Literature, psychologist, poet, composer. Russia, Krasnodar.*

The factors affecting the psychological stability of the population in modern realities, the formats of psychological help and support, the general situation with the culture of contacting psychologists and psychotherapists on the territory of the Russian Federation is observed in the paper. Psychological education as a system of measures for psychological awareness of large groups of the population. Generative approach in providing psychological help in large groups – innovative forms of work. Indirect forms of psychological help as a way to coverage large segments of the population.

**PSYCHOTHERAPEUTIC MEDITATIVE PRACTICE “OCEAN” (Duration 1 hour)**

**2ND PLENARY SESSION**

**June 25, 2022**

1. **ETHICAL CHALLENGES OF MODERNITY: PSYCHOTHERAPIST BETWEEN THE HIPPOCRATE OATH AND THE UNIVERSAL DECLARATION OF HUMAN RIGHTS**

***Semyon Yesselson*** *– board member of the Federation for Existential Therapy in Europe (FETE), board chairman of the International Institute for Existential Counseling (MIEK), head of Existential therapy modality at the National Umbrella Organization of Russia (OPPL). Russia, Rostiv-оn-Don.*

1. **EMOTION-IMAGE THERAPY AND PRESENT-DAY NEEDS**

***Nikolay Linde*** *–**Dr.,**professor of Moscow Institute of Psychoanalysis, full member of the PPL, chairman of the PPL Modalities Committee, the author of Emotional Imaginary Therapy. Moscow, Russia.*

The world we live in requires us to create quick and effective methods of psychotherapy for every-day use. Our times demand innovative approaches, new theories and the modernization of traditional philosophies. It is these criteria that Emotion-Image Therapy (EIT) meets. EIT is a new step in the development of traditional psychotherapeutic theories and techniques; the method can be used in daily life to solve actual psychological problems, and also for personal growth and spiritual development.

Emotion-Image (or analytically effective) Therapy (EIT) was created in Russia in the early 1990s. The first official methodological publication came out in 1994 and was entitled “Meditative Psychotherapy”. It already contained the basic ideas of today's EIT. The target of this approach is to impact on chronic negative emotional states, and the means of analysis and impact are images of these states. The main recipients of EIT are mentally healthy people, but they may have certain psychological disorders or psychosomatic diseases caused by negative emotional states formed in the past. We have learned to correct these states, to transfer them to either neutral or sometimes even happy states, and completely resolve psychological problems and psychosomatic disorders.

1. **MEDIATION IS A TOOL OF SOCIALIZATION**

***Nina Lavrova*** *– full member of OPPL, chairman of Supervisory Board of National self-regulatory organization «Union of psychotherapists and psychologists», head of the modality «Systemic family psychotherapy: Eastern version of OPPL», head of Mediation Committee of OPPL, psychotherapist of European registry, director of Center of systemic counseling and training «Synergia». Russia, St. Petersburg.*

The acquisition of conflict resolution skills contributes to the socialization of the individual at all stages of formation. Skills that facilitate reaching agreement in disputes between members of small groups are observed in the report. The prospects of mediation in creating a favorable social environment are discussed.

1. **THE GLOBAL CRISIS PSYCHOTHERAPY**

***Irina Cheglova*** *– PhD in Medical Sciences, Docent, MD, Vice President of the Professional Psychotherapeutic League of Russia (PPL). Russia, Moscow.*

The report presents the model of the Psychotherapy Technology Package as a high humanitarian technology that forms the basis for the construction of the society of the future.

1. **THE ROLE OF PROFESSIONAL ASSOCIATIONS IN THE DEVELOPMENT OF PSYCHOTHERAPY AND PSYCHOLOGICAL COUNSELING IN RUSSIA**

***Olga Prikhodchenko*** *– certified supervisor of the All-Russian Professional Psychotherapeutic League, psychotherapist of the Unified European Register, executive secretary and member of the Central Council of the OPPL, manager of the international level of the OPPL, chairman of the disciplinary commission of the National Association "Union of Psychotherapists and Psychologists". Russia, Novosibirsk.*

Psychology, counseling and psychotherapy in Russia are still developing in a spontaneous market. At the same time, it is professional associations that play the most important role that ensures the development of psychological counseling and psychotherapy as a profession: they form models for the development of the profession, structure an actively growing market around them, create standards necessary for the professional growth of specialists, and explain to the recipients of psychological assistance the essence and benefits of the service. In the report, on the example of OPPL and SRO, the National Association “Union of Psychotherapists and Psychologists” examines the role and opportunities of professional associations in the post-modern reality.

1. **DEVELOPMENT OF INSTITUTIONS FOR TRAINING THERAPY AND SUPERVISION AS A SIGNIFICANT STAGE IN THE DEVELOPMENT OF THE PROFESSIONAL COMMUNITY**

***Ekaterina Makarova*** *– psychoanalyst, head of the central council committee of the All-Russian professional psychotherapeutic league for training therapy, certified training therapist - advisor by PPL, accredited supervisor of PPL, lecturer of PPL of international level, chairman of the international section of the All-Russian Professional Psychotherapeutic League, chairman of the youth section of the World Council for Psychotherapy, Ph.D. candidate at the Sigmund Freud University (Vienna, Austria), MSc. Russia, Moscow.*

Training therapy (synonyms: self-knowledge for psychotherapists, personal therapy) is a type of comprehensive psychotherapeutical process aimed at getting to know a personality of helping professions representative. Training therapy is an integral part of psychotherapeutical education and it contributes to an increase of professional effectiveness and prevention of the syndrome of emotional "burnout". The report will highlight the main directions for the formation of a polymodal model of training therapy and the institution of supervision for training therapists. The modern standards of understanding the practice and theory of training therapy will be disassembled. The author will highlight specifics of working with representatives of helping professions and will present the newest concept of the training of training therapists.

1. **SCIENCE OF ADVISORY PSYCHOLOGY: SYSTEM ANALYSIS OF THE PROBLEM**

***Viktor Kuzovkin*** *–**Candidate of psychological sciences (PhD), Associate Professor, Professor of the Psychological Counseling Division, Psychology Department, Moscow Region State University; the head of the non-commercial partnership «Scientific-Practical Centre «TRIAD»; full member and co-chairman of the modality «Client-Centered Therapy» of the Professional Psychotherapists’ League; person-centered psychotherapist. Russia, Moscow.*

The report analyzes the problem of what is advisory psychology scientific progress at the present stage of development of this scientific and practical branch of knowledge. In an attempt to answer this question, the author turns to the structure of methodological knowledge as a tool for analyzing any scientific system, including the psychotechnical one, which is advisory psychology.

1. **THE PROSPECTS FOR THE DEVELOPMENT OF CLINICAL PSYCHOTHERAPY IN RUSSIA WITHIN THE TRANSITION TO COMPULSORY HEALTH INSURANCE**

***Ilgiz Timerbulatov*** *– doctor of medical sciences, MD, professor, head of the department of psychotherapy at the Bashkir State Medical University, head physician of the Republican Clinical Psychotherapy Center, chief psychotherapist of the Ministry of Health of the Republic of Bashkortostan, vice president of the All-Russian Professional Psychotherapeutic League for the Volga Federal District. Russia, Ufa.*

# CHILDHOOD AND PARENTHOOD: TWO VECTORS IN PERINATAL AND REPRODUCTIVE PSYCHOTHERAPY

# *Galina Filippova* – *Doctor of Psychological Science, professor, PPL full member, Scientific secretary of PPL Perinatal psychotherapy section, Rector of the Institute of perinatal and reproductive psychology.* Russia, Moscow.

The report examines the structure and internal relationships of perinatal and reproductive psychotherapy. The specificity of the modality consists in the intersection of two areas: the problems of birth and early human development - and the problems of parenthood. This intersection defines the methodology of scientific approaches and practical work, as well as the requirements for the training and professional position of specialists.

# DE ANALYTICAL PSYCHOLOGY OF C.G. JUNG AND MODERN JUNGIAN PSYCHOTHERAPY IN CONDITIONS OF LIFE CRISES

***Lidia Surina*** *– Ph.D. in Chemistry, analytical psychologist, psychotherapist, full member and co-chairman of the Jungian Analysis modality of the APPL, personal therapist, supervisor and international lecturer of the PPL, Rector of the Academy of Depth Psychology. Russia, Moscow*

The introduction of the author with this plenary report opens up new opportunities for the participants of the World Congress to get acquainted with the significant legacy of Carl Gustav Jung – the great scientist-psychotherapist, the founder of analytical psychology and psychotherapy – and modern directions in the development of his multifaceted work, especially in conditions of life crises – both personal and social. Continuing and developing the teachings of C.G. Jung about the archetypes of the personal and collective unconscious, Lidia Surina has been successfully using various symbolic systems, both ancient and modern, in her psychotherapeutic practice for more than 20 years, developing and improving the author's methods of archetypal psychotherapy.

1. **PSYCHOLOGY AND PSYCHOTHERAPY OF HEALTHY LONGEVITY IN THE ERA OF CHANGE**

***Andrey Strelchenko*** *– doctor of Medical Science, full-fledged member of OPPL, the psychotherapist of the European register of psychotherapists, member of the Central council, the official representative of the OPPL in Latin America. Russia, Moscow.*

***Vera Odyn*** *– doctor of the highest category, Honored healthcare worker of Russia. Russia, Moscow.*

Since the beginning of the 21st century, we have seen a significant increase in life expectancy and a change in its quality in numerous countries around the world.

The report discusses the features of this largely new psychophysiological state.

An attempt is made to classify approaches and propose a methodology for studying this phenomenon. Modern methods of psychotherapy for healthy longevity are discussed, taking into account the global changes caused by the coronavirus pandemic.

1. **THE SOUL, BLOOD AND LANGUAGE OF MAN. THE CREATIVE NATURE OF SELF-ORGANIZATION**

***Alla Semenova***– *pediatrician, psychotherapist, immunologist, full member of the OPPL of Russian Federation, the author of the method and the head of modality «Healing, Creative Psycholinguistics», doctor of science in the Field «Control in biology system» of International Academy MAISU (Information, Communication, Control in Engineering, Nature, Society). Russia, Moscow – Australia, Canberra.*

The concept of the soul as a special form of true being and the Central instance of self-organization is considered in the report , on the basis of trans-disciplinary analysis. The creative, sound-imago-symbolic, psycholinguistic, interactive, language games solve the sacred task of finding the keys to the code of human consciousness in modern civilization.

1. **POSITIVE DYNAMIC PSYCHOTHERAPY - YESTERDAY, TODAY, TOMORROW**

***Vladimir Slabinsky*** – *M.D., Ph.D., the author of the method of positive dynamic psychotherapy, associate professor of St. Petersburg State University, rector, professor, head of the department of psychotherapy and clinical psychology of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", President of the International Association “Positive Dynamic Psychotherapy”, Vice President of SRO National Association "Union of Psychotherapists and Psychologists", Chairman of the Committee on Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League, Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019). Russia, Saint-Petersburg.*

***Nadezhda Voishcheva*** – *Ph.D., supervisor and master trainer in the method of positive dynamic psychotherapy, vice-rector for scientific work and strategic development, professor, head of the department of labor psychology and health of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", Vice President, Chairman of the Ethics Committee of the International Association "Positive Dynamic Psychotherapy", member of the Committee for the Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League. Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019), laureate of the medal "Star of A.F. Lazursky in the 1st degree" (2015, 2018), winner of the national competition of young scientists in the field of medical (clinical) Psychology " The Silver Chiron" (2018, 2020). Russia, Saint-Petersburg.*

The report examines the history, current status and development prospects of the method of positive dynamic psychotherapy. The experience of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations" in the organization of the training system for positive dynamic psychotherapists. The role of the International Association "Positive Dynamic Psychotherapy" in the formation of the professional community. The report analyzes the results of essential scientific research in the field of personality psychology, coping behavior in the context of positive dynamic psychotherapy. Perspective directions of scientific research for the period of 2020-2025 are indicated. The report examines the forms of participation and analyzes the contribution of positive dynamic psychotherapists to the fight against the consequences of the COVID-19 epidemic.

1. **NEW SHAPED FOUR-PART MODEL OF THE PSYCHE AS THE BASIS OF A UNIFIED THEORY OF PERSONALITY IN PSYCHOLOGY AND PSYCHOTHERAPY**

***Alexander Tabidze*** *– clinical psychologist, member correspondent of the Russian Academy of Natural Sciences, Director of Scientific Center “PSYCHOPEDAGOGY” Ministry of education and science of the Russian Federation, doctor of physical and mathematical Sciences, Professor, full member of the All-Russian Professional Psychotherapeutic League (head of modality). Russia, Moscow.*

A new figurative 4-part model of the psyche corresponding to the modern 4-part bio-psycho-socio-spiritual paradigm of human understanding is presented. It is shown that in contrast to Sigmund Freud's figurative model with one unconscious, it contains two unconscious - egocentric and spiritual. The egocentric part is the performer of the human self-preservation instinct, the spiritual part is the instinct of preserving the species. A new psychodiagnostic numerical indicator is introduced - the degree of emotional maturity. The author emphasizes the importance of achieving a positive degree of emotional maturity, only when a person becomes a carrier of the spiritual component.

1. **CURRENT CHALLENGES TO HUMANITY SET SPIRITUAL AND PHYSICAL HEALTH AS THE CRITERION FOR ANY CHOICES**

***Lyudmila Troyan*** *– Doctor of Natural Sciences, president of Benevolent Fund by L.P. Troyan “ECOLOGY OF THOUGHT”, head of regional branch of Professional Psychotherapeutic League of Russia (PPL) The Knowledge System of ECOLOGY OF THOUGHT (KSET by L.P. Troyan), full member of the PPL, personal therapist, supervisor, certified by the PPL. Russia, Moscow.*

The report examines the examples of wise continuity of a developing individuality from the “measure” mentioned in the Golden Verses of Pythagoras and the mental body of the well-known theosophist E.P. Blavatskaya to a new model of human organism in the KSET by L.P. Troyan.

**3R PLENARY SESSION**

**June 26, 2022**

1. **BALINT MOVEMENT IN RUSSIA: ACHIEVEMENTS AND PROSPECTS**

***Anzhela Avagimyan*** *–* Senior Lecturer at the Institute of Psychological and Social Work, Sechenov First Moscow State Medical University, Ministry of Health of Russia (Sechenov University), medical psychologist of the Psychiatric Clinical Hospital No. 1 after N.A. Alekseev, certified consultant psychologist (certificate of the All-Russian Professional Psychotherapeutic League and the Institute of Psychosomatics and Psychotherapy Potsdam, Germany), certified personal therapist-adviser and supervisor of the International level of the PPL Russia, professor of the international level of the PPL Russia, certified supervisor-head of Balint groups (certificate of the German Balint Society and the PPL Russia), President of the Russian Balint Society, member of the European Federation of Psychological Associations, EFPA, certificate of educational psychologist EuroPsy, RU-013185, 01.2019), member of the European Association of Psychotherapy, EAP (European Psychotherapist Certificate, European certificate), member of the World Association of Psychotherapy, WAP, World Psychotherapist Certificate)*. Russia, Moscow.*

The report examines the contribution of the Balint movement to the organization of assistance to specialists of helping professions in the situation of the coronavirus pandemic and ways to consolidate specialists working in this direction. We will consider the parameters of the current situation, which are important for providing psychological assistance to the population and assistance to specialists involved in resolving an extreme situation. The success of the Balint movement in Russia, its development and consolidation will be described.

1. **RODOLOGY AND TRANSGENERATIONAL RELATIONS. RODOLOGY METHOD OF CONSULTING IN WORKING WITH REMOTE EFFECTS OF SOCIAL STRESS**

***Larisa Dokuchayeva*** *– Ph.D., President of the Academy of Rodology, President of the International League of Rodologists, author and leader of the modality “Rodological Consulting Method” of the OPPL, established international level trainer, Chair of the Council for Family Culture of the Assembly of Peoples of Eurasia. Russia, Ekaterinburg.*

The author tells about Rodology as a science dealing with the laws of kin system development and about the Dokuchayevs' rodology method. The presentation shows the results of multi-year research by L.N. Dokuchayeva and V.V. Dokuchayev of remote socio-psychological effects of repressions, dekulakization, deportations and wars in several generations and their influence on intergenerational relations. The research results are analysed by the influence of a kin history on the descendants' behaviour in the period of СOVID-19 pandemic. The author also presents an international experience of consultants-rodologists in their work with remote effects of repressions, wars and descendants' behaviour during the pandemics based on the Rodology Method of consulting.

1. **CONTEMPORARY SPECIFICITY OF SUICIDAL BEHAVIOUR**

***Mikhail Reshetnikov –*** *MD, PhD, professor, Meritorious Scientist of Russia, rector of the East European Psychoanalytical Institute, past-president of the European Confederation of Psychoanalytic Psychotherapies, president of the Russian National Branch of the ECPP, Honorary Professor of the Sigmund Freud University (Vienna, Austria). Russia, Saint-Petersburg.*

The speech views the modern manifestations of death instinct including spreading of «death groups», «suicidal terrorists», «Salieri syndrome» sufferers, etc.

1. **LEVELS OF CONSCIOUSNESS: PALEOPSYCHE AS A VOLUMETRIC FORMATION WITH THE SIZE OF THE UNIVERSE**

***Andrei Ermoshin*** *– PhD, certified psychotherapist, official teacher, practice supervisor and personal therapist of international level, member of the PPL modality committee, head of the psychocatalysis modality, psychotherapist of the Unified Register of Professional Psychotherapists of Europe, Head of the Doctor Ermoshin Center. Russia, Moscow.*

Studies of the space of consciousness in psychocatalysis have discovered the vectors along which the soul “breathes” normally. In the same areas, a person is also injured in case of loss of a sense of security, when hope is deceived, faith is undermined, and during other dramatic events in his life. In the message, we will discuss these phenomena and comprehend new approaches to solving the mental and psychosomatic problems of a person.

1. **NEW PROSPECTS FOR THE DEVELOPMENT OF POSITIVE MENTAL HEALTH**

***Ivan Kirillov*** *– MD, PhD, psychiatrist, psychotherapist, member of the board of directors of the World Association of Positive Psychotherapy. Turkey, Istanbul.*

For the first time, the principles of positive mental health were holistically formulated and embodied in the clinical practice of positive psychotherapy by N. Peseshkian in 1977. The positive psychology of M. Seligman has been actively applying positive ideas in coaching, counselling and education since 1998. The movement was finally formed in 2013 when President of the American Psychiatric Association Dilip E. Jeste announced the beginning of an era of positive psychiatry.

The main subjects of my presentation are: What is the basic principles of positive mental health? What prospects can they offer for the development of science, educational, advisory and clinical practice?

1. **OPPORTUNITIES AND PROBLEMS OF MODERN CRISIS STATE PSYCHOTHERAPY IN CONSTRUCTIVE AND DESTRUCTIVE LIVING TRAJECTORIES OF "NEW REALITY"**

***Marina Kolyaeva*** *– PHD in Psychological Sciences, Psychotherapist of the Unified Register of European Professional Psychotherapists, Head of the Eurasian Institute of Practical Psychology and Psychotherapy, Personal Psychotherapist - Advisor, accredited supervisor, teacher and personal therapist with a degree from the Professional League of Psychotherapists and the Eurasian Institute of Practical Psychology and Psychotherapy, Russia, Moscow - Kazakhstan.*

Psychotherapy of crisis state is one of demanded modern psychotherapeutic approaches. Its importance is determined by the growth of metal disorders, psychosomatic diseases, suicides, depression, divorces of families and addictions among population. The given phenomena are, in most, the effects of destructive crisis recovery.

The report views the strategic and tactic aims of psychotherapy in order to organize a constitutive crisis recovery (of psycho-traumatic, loss and developmental origin) and the peculiarities of working with destructive trajectories that significantly affect the mental, physical (somatic) and social health of a person. The experience of coping-strategic psychotherapy of crisis state application by the specialists of the Eurasian Institute of Practical Psychology and Psychotherapy (Russia, Kazakhstan) in working with the "new reality" requests associated with crisis conditions, secondary to the coronavirus pandemic, will be presented.

1. **SPIRITUALLY-ORIENTED 4D SYSTEMIC CONSTELLATION (SSC) AS THERAPY OF THE SPIRIT AND AS SUPERNEW INFORMATION TECHNOLOGY (CUTTING-EDGE IT) FOR THE SHORT-TERM THERAPY OF A PERSONAL, FAMILIAL, ORGANISATIONAL OR SOCIETAL INJURY**

***Natalia Spokoinyi*** *–**director of IIS Berlin - International Institute of System Constellations, full member and international level trainer of PPL, WCP and EAP certified psychotherapist, master trainer of INFOSYON and DGfS, systemic sex therapist, master theologician A.Men Uni. Germany, Berlin.*

The report shows why the author's method (SSC) Spiritually-oriented systemic constellation constitutes cutting-edge IT. Also, what is a client's Higher Values oriented systemic constellation and how it helps to work with severe trauma, especially in the case of fanatically devout clients. And this is not so much psychotherapy as therapy of the soul, as therapy of the spirit. The method is used for short-term treatment of trauma and symptoms not only of a person, but also of a family, organisation, society injury (ethnic and religious conflicts, etc.). The aim of the approach is to restore the integrity of the person at all levels from the body and emotions to the intellect and spirit, as well as the integrity of the family, organisation and/or society. It will briefly touch on the correct understanding of the central truths and commandments of the Christian church from the point of view of modern science: sin as failure to achieve a goal, feelings of guilt as unchristian, personal dignity and the false understanding of humility, the origin of evil and forgiveness in Christian terms and show why constellations work is the manifestation of the Holy Spirit in the world.

1. **SPACES OF HUMAN LIFE: A PARADIGMAL APPROACH TO THE PSYCHOCORRECTION OF INTEGRAL NEURO PROGRAMMING VERSION 4.0**

***Sergey Kovalev*** *– psychologist, psychotherapist, management consultant, political consultant. Doctor of Psychology, Doctor of Philosophy, Professor. Psychotherapist of the World and European registries. General Director of the Institute of Innovative Psychotechnologies. Scientific supervisor of the Center for Practical Psychotherapy. Russia, Moscow – Spain.*

The report discusses the content, structure and capabilities of a new approach to psychotherapy: from the point of view of the spaces of human life and hierarchies of life, formed as a result of using a paradigmatic approach to the analysis of external and internal factors of a person’s being in dynamic, structural and substantial aspects.

1. **GENERATIVE PSYCHOTHERAPY**

***Petr Silenok*** *– candidate of psychological sciences, psychotherapist of the uniform register of professional psychotherapists of Europe and member of uniform world registry, lecturer and supervisor of PPL, leader of the section «Generative psychology». Russia, Krasnodar.*

Attention is focused on the acute relevance of the more serious appeal to the "mind factor" in psychotherapy. The thesis is substantiated that the deficit of "generative" generative thinking in the subject (client, patient) is the main cause of appearance the most part of various kinds of psychological problems. Generative psychotherapy uses in the practice of therapeutic interaction the patterns of initiation of generative mind in the subject through the psychotherapist's methodical appeal to the creative construction of desired conditions, images, meanings and perspectives. Generative models that appears in the common works with a psychotherapist have the greater value and therapeutic affect for the subject.

1. **NEUROPSYCHOLOGICAL AND PSYCHOCONSULTATIVE APPROACHES INTEGRATION**

***Andrey Tsvetkov*** *– doctor of psychology, Professor, Scientific Director of "Izuminka" center for neuropsychology. Russia, Moscow.*

Many psychological counseling problems converge on Self-image concept. This is a combination of imaginative, cognitive, and affective-value representations of oneself. Self-image mismatches lead to neurotic feelings and psychosomatic symptoms. Many counselling modalities have their own Self-image concepts based on clinical observations and theoretical data generalization. On the other hand, neuropsychology, having empirical data on Self-image ontogenesis and pathologies, has no tools for working with patients' with brain lesions relatives. Meanwhile, especially in childhood, transmission of symbols, signs, and behavioral patterns from family to subject has a decisive impact on neurorehabilitation of cognitive processes and personality success.

1. **SPIRITUAL AND VALUABLE RESOURCES OF SELF-DISCLOSURE OF ABILITIES OF THE PERSONALITY**

***Valentina Chernyavskaya*** *– Head of the department of philosophy and legal psychology, doctor of pedagogical sciences, professor of psychology, head of seaside office of the Russian psychological society, chairman of the board of Seaside professional association of psychologists.*

Data on relevance of a research of representations about spiritual and moral measurements of the personality are provided. About vocational training of bachelors psychologists. The results received on selection of students of three higher education institutions are discussed. Ideas of students of psychologists of spiritual and moral measurement of the personality interpretation and conclusions which are opened from a position of the social importance of psychology in society Is given.

1. **SYMBOLDRAMA IN RUSSIA, UKRAINE, REPUBLIC OF KAZAKHSTAN, REPUBLIC OF BELARUS AND MOLDOVA - CURRENT STATUS**

***Yaakov Obukhov Kozarovitsky*** *– Ph.D., a.o. professor of the Moscow Institute of Psychoanalysis, president of Association of Organizations for Symboldrama Development - Katathym-imaginative psychotherapy (AOSD KIP), member of the Central Council of the OPPL. Israel, Haifa*

The report examines the current state of the development of the symboldrama in Russia, Ukraine, the Republic of Belarus, the Republic of Kazakhstan and Moldova. Particular attention in the report is paid to the special aspects of the symboldrama in Russia and its difference from the current state of Katathym-imaginative psychotherapy in Germany.

1. **MODERN APPROACHES TO PSYCHODYNAMIC DIAGNOSTICS AND CONTROLLED PSYCHOTHERAPY**

***Maxim Goncharov*** *– Dr., MD, PhD, psychiatrist, psychotherapist, international trainer and Directors Board member of the World Association of Positive and transcultural Psychotherapy (WAPP), ECP and WCP holder. Russia, Moscow.*

Psychodynamic understanding of mental and psychosomatic disorders allows us to investigate and accurately identify psychotherapy focus. At the same time the demands to quality of psychotherapy constantly grow. Psychotherapeutic approach has to be able to explain symptom occurrence with simple and comprehensive for the client language. In the talk i discover main modern psychodynamic approaches and the constructs.

1. **PSYCHOLOGICAL TACTICS OF ACCOMPANYING A CANCER PATIENT IN A PANDEMIC**

***Tatyana Nikiforova*** *– children’s and family psychologist, art therapist, fairy tale therapist, Actual member, official teacher and personal therapist of the OPPL at the national level. Russia, Bratsk.*

The report reveals creative methods and techniques for working with cancer patients from palliative care to recovery. The purpose of the approach: to bring the client to the awareness and reassessment of life values, to take responsibility for their choice, to achieve harmony with the world. On the examples of clients who are in a state of prolonged remission, effective ways to recovery are shown.

1. **THE ZONE OF THE NEAREST AND PROSPECTIVE DEVELOPMENT OF EVENTS**

***Lyubov Khokhlova*** *– PhD, Associate Professor at the Institute of the Moscow Social and Pedagogical Institute, EAP-certified psychotherapist, full member of the PPL, head and author of The Transmodal subjective psychotherapy and consulting modality. Russia, Moscow.*

Transmodal subjective analytics and psychotherapy of personality and society development in conditions of deep crisis. Transmodal intelligence as the basis of the integrity of perception of reality and management of subjective eventfulness. Psychology of common sense in the context of the rupture of the semantic matrix of the subject. The production of presence as the basis of the life support of the future.

**ROUND TABLE DISCUSSIONS**

**OF THE 1ST INTERCONTINENTAL EXTRATERRITORIAL CONGRESS “PLANET OF PSYCHOTHERAPY”**

**FUNDAMENTAL ROUND TABLE**

**“PSYCHOTHERAPY OF THE MAIN CHALLENGES OF MODERN TIMES”**

**MODERATOR: *Andrey Pligin (Moscow, Russia)***

**FUNDAMENTAL ROUND TABLE**

**“OUTCOMES AND CONSEQUENCES OF THE COVID-19 PANDEMIC”**

**MODERATOR: *Lev Belogorodskiy (Moscow, Russia)***

**CRISIS AND REGULAR PSYCHOTHERAPEUTIC CARE DURING THE PANDEMIC (COVID-19 INFECTION AND POST-COVID SYNDROME) AND IN CURRENT CONDITIONS**

***Tatyana Reshetova***

***Ekaterina Lapteva***

**FUNDAMENTAL ROUND TABLE**

**“OVERCOMING RUSSOPHOBIA”**

**MODERATOR: *Victor Kuzovkin (Moscow, Russia)***

**ROUND TABLE**

**“NEURO-LINGUISTIC PSYCHOTHERAPY (NLPT):  
UNIQUENESS AND DEVELOPMENT PROSPECTS”**

**MODERATOR: *Andrey Pligin (Moscow, Russia)***

The round table discusses the following topics:

* What is the difference between Neuro-Linguistic Programming (NLP) and Neuro-Linguistic Psychotherapy (NLPt)?
* What is unique about NLP?
* How can modeling influence the development of NLP and NLPt?
* Is there an ethical framework in the use of NLP and NLPt?
* What are the prospects for the development of NLP and NLPt?
* What are the ways of NLPt development in Russia.

**ROUND TABLE**

**“EDUCATION IN PSYCHOLOGY AND PSYCHOTHERAPY. HIGHER SCHOOL VUCA IN THE WORLD. NEW APPROACHES”**

**MODERATORS: *Victor Makarov (Moscow, Russia), Larisa Rudina (Moscow, Russia)***

The draft "Strategy for the social development of social psychotherapy in the Russian Federation 2021-2030" states that ... "the status of professional psychotherapy, the main types of psychotherapeutic activities - scientific, educational, practical, organizational, expert, rule-making - as well as the social rating of the profession should correspond to the current social request and the spirit of the Newest time ". These trends corresponds to the global directions in the education of specialists - psychotherapists in modern realities when the avalanche flow of information, the cognitive vulnerability of the individual and the "forced tolerance to change" are markers of being in the post-covid era.

The work of the Round table meeting "Education in Psychology and Psychotherapy" is devoted to the problems of training the specialists of PPE, whose qualifications and personal qualities will provide high quality and authentic assistance to the population in conditions of high socio-cultural dynamics:

* the originality of education in psychotherapy;
* the need to form ethical standards for the activities of an individual specialist and the psychotherapeutic community;
* conceptual characteristics of the maturity of the personality of a specialist - psychologist / psychotherapist;
* determination (formation) of the competencies necessary in the profession in the conditions of an “uncertain future”;
* education in the field of preservation and development of mental health and psychological well-being of professionals;
* the importance / relevance of the educational component in educational programs for "adults" (people teaching a second education);
* the ability to assess the quality of the process / result of training specialist psychotherapists;
* a description of the "portrait" of a specialist - a graduate of the educational programs of the PPL;
* application / limitation of digital technologies and the possibilities of online space in the training of specialists.

Specialists who are invited to participate in the discussion:

* modality leaders
* work at the Higher School,
* ready to share their personal experience of acquiring professional knowledge;
* are going to improve their qualifications.

**THE NEW REALITY OF HIGHER SCHOOL**

***Larisa Rudina*** *– Candidate of Psychological Sciences, Associate Professor, full member of the OPPL, Associate Professor of the RANEPA under the President of the Russian Federation, lecturer-methodologist of the RANEPA Corporate University, expert trainer of Healthy Interaction (USA), professional coach ISA Maximum, (professional coach, International Academy of Coaching "Maximum"), federal speaker of advanced training programs for doctors of the Russian Federation (National Research Center for Endocrinology of the Ministry of Health of the Russian Federation, Novartis, Nordics). Russia Moscow.*

The report examines the possibility of training specialists at a university in the paradigm of value-oriented learning, as a metric on which the essence of education and upbringing depends. Described “competencies of an uncertain future”. The concepts of management through trust, coaching and mentoring, “digitalization” of education are presented. Highlighted the direction of "creative pedagogy" as a driver of new educational models in the "post-pandemic era".

**PSYCHOTHERAPY IN THE FIRES OF THE CIVILISATIONAL CRISIS.   
VOCATION AND EDUCATION AT THE EDGE OF TIME**

***Irina Cheglova*** *– PhD in Medical Sciences, Docent, MD, Vice President of the Professional Psychotherapeutic League of Russia (PPL). Russia, Moscow.*

The report considers psychotherapy as an instrument of civilisational development at the current stage of history. It proposes a variant of stating of the main tasks of psychotherapy and a corresponding model of professional training of specialists that reflects the tasks proposed.

**EMOTIONAL MATURITY AS A CRITERION OF PSYCHOLOGIST AND PSYCHOTHERAPIST PROFESSIONALISM**

***Alexander Tabidze*** *– clinical psychologist, Doctor of Physical and Mathematical Sciences, Corresponding Member of Russian Academy of Natural Sciences, Professor, Director of the Research Centre "PSYCHOPEDAGOGICS" of the Ministry of Education and Science of the Russian Federation, full member of OLPL, head of modality, Russia, Moscow.*

The measured psycho-emotional qualities of the specialist are considered from the position of the 4-part bio-psycho-sociospiritual paradigm of psychotherapy. It is shown, that such destructive qualities (from a position of clinical psychology) as internal tension, internal uneasiness, suspiciousness and emotional instability correspond to non-spiritual three-part biopsychosocial model. We propose a pedagogical technology that makes it possible to turn these destructive qualities into constructive ones in a short period of time. Namely, into inner looseness, inner calmness, goodwill and emotional stability. It is these qualities that are the trigger for the inclusion of spiritual states in the psyche of a specialist and the criterion of his professionalism.

**IMPROVEMENT OF THE SOCIENTY THROUGH THE PROFESSIONAL IDENTITY OF A PSYCHOLOGIST AND THE HUMAN PERSONALITY**

***Natalia Sagunova*** *– practical psychologist, NLP-psychotherapist, co-trainer of the body-club “Life Space“, full member of the Russian Professional Psychotherapeutic League (PPL). Kirov, Russia.*

***Marina Golomidova*** *– supervisory member of the PPL. Body-oriented psychotherapist, coach of the body-club “Life Space“ and the author of some series of practical courses. Kirov, Russia.*

The report discusses the creation of a center for psychological culture and education. Understanding of the goals and objectives that form the basis of the center creation is given. Three directions are considered that will make it possible to popularize a professional approach to the development of a personality, both a psychologist and an ordinary person. The promotion of the center and its interaction with the RPPL are being discussed.

**THE PROBLEM OF PRESERVATION OF THE HOLISTIC MODEL OF THE WORLD IN THE PROCESS OF STUDENTS EDUCATION**

***Galina Ershova*** *– Doctor of history, full professor, principal researcher, head of Knorozov Center for Mesoamerican studies, Head of Guatemala Branch of Russian State University for the Humanities.*

The paper deals with the problem of the need for a holistic model of the world. The absence of such a model - ideology - estranges the individual from society, creating problems of self-identification. The imposed aggressive ideology of globalization and tolerance (biological self-destruction) deliberately destroys traditional models and humanitarian values. This leads the individual to search for ersatz-societies in the form of various network non-territorial communities. The objective of imposed globalization is the destruction of traditional ethnic and historical state formations. The most vulnerable to such pressure is young people, especially university students, who are ideologically alienated from the historical attitudes of society and the state.

**THE POLYMODALITY OF PSYCHOTHERAPY AND SUPERVISION: EDUCATION, IDENTITY, SUPERVISION**

***Igor Lyakh*** *– psychotherapist, psychoanalyst, full member and full supervisor of OPPL, psychotherapist of the European register, Chairman of the Expert Committee of the Association of Supervisors and Consultants (ASC), Chairman of the Novosibirsk regional branch of OPPL, the official representative of the CB OPPL in Western Siberia. Russia, Novosibirsk.*

The specifics of domestic education in psychology and psychotherapy are examined from the point of view of modern theoretical concepts. The report makes a comparison with the monomodal school approach, considers the definition of polymodality, the established practice and prospects for the development of the polymodal approach in psychotherapy and supervision.

**ROUND TABLE**

**“CIRCLE DANCE AS A PSYCHOSOCIAL PRACTICE IN HISTORY AND IN MODERN TIME”**

**MODERATORS: *Vladimir Shamparov (St. Petersburg, Russia), Olesya Tsiglova (Vladimir, Russia), Anastasia Kirsanova (St. Petersburg, Russia)***

What is a phenomenon of a Circle dance in the 21st century? Challenges of the present time. Social and spiritual crisis of society. Today’s family – it’s problems, aspirations, solutions. Circle dance is a phenomenon of reality, it represents psychotherapeutic practices with a certain cultural background, offers solutions for contemporary problems through tradition, and reflects transversion of pedagogy with modern education.

Traditional circle dance represents a vivid reflection of the world around a person: in these dances various life situations are chanted through the dance and played out in it – people, who might later become spouses, relatives, who may be starting families together, try different roles in their possible relationships. In the variety of existing circle dances the relationships of human world are shown through the images of nature and animals. Proper images of a Man and a Woman, fitting strategies of young man’s and maiden’s behavior are formed through traditional round dances.

In the traditional circle dances the attitude of folk towards Nature, family, and towards the whole human race is reflected. Circle dances have their own timing, place, melody, they possess certain movements, which may vary depending on the occasion of recording, yet always have a historically documented origin. An important detail is that traditional round dances and songs do not have any personal view on the happenings.

Over the years, people's memory retains only things that are truthful, vibrant and natural for every person, regardless of age or of lifetime. Only the part that does not carry the reflection of a performer, but remains in the most important and general things that make human a human, is preserved in folk’s consciousness.

Traditional circle dances make a contemporary man feel needed, significant, unified with others; make us experience success and enjoy it. Round dances make it possible to live through and process things that need getting rid of, and to acquire new qualities and capabilities that are crucial for future life. In our times, the so-called European values prevail, thus we do lack warmth, cooperation, common space of joy and happiness that is present in folk circular dances.

Traditional circle dances reveal the traditions, carefully preserved in people's memory, to a modern man in all their depth. These traditions, cherishingly noted and recorded by folklore collectors, are helping us to make our lives a little better – tight here, right now.

**SPEECH BY THE PRESIDENT OF THE MOVEMENT “ROUNDDANCES OF RUSSIA”**

***Vladimir Shamparov*** *– president of the movement “RoundDances of Russia”. Russia, Saint-Petersburg.*

**MODERN EDUCATIONAL POTENTIAL OF ETHNOCULTURE**

***Olesya Tsiglova*** *– methodist, senior lecturer of the Department of theory and methods of education of the Vladimir Institute of education development named after L.I. Novikova; head of the folklore group "Vladimirskaya vechora". Head of the "RoundDances of Traditions" direction of the festival movement "RoundDances of Russia". Russia, Vladimir.*

The report examines challenges of modern society and difficulties faced by our coevals. The author gives a justification from the point of view of the state policy of the relevance of using the experience of folk pedagogy and traditions in modern education. The author considers the forms and methods of folklore that help to solve the problems of personal development, interpersonal and group interaction that are currently facing specialists in the field of psychology and education. Causal relationship of personality formation. Features of interaction between generations of youth through the tools of folk traditions.

**YARD HOLIDAY IN THE SPIRIT OF TRADITIONAL CULTURE AS A WAY TO SOLVE SOCIAL AND PSYCHOLOGICAL DIFFICULTIES DURING THE PANDEMIC**

***Anastasia Kirsanova*** *– coordinator of the festival movement "Round Dances of Russia", moderator of the round table, teacher-psychologist. Russia, Saint-Petersburg.*

**ROUND DANCE-GAME FESTIVAL – AN INSTRUMENT OF INTERETHNIC DIALOGUE**

***Anastasia Kramer*** *– leader of Round dance and game festive events, regional coordinator of the festival movement "Round dances of Russia". Russia, Ryazan.*

The report discusses the positive impact of mutual study of folk dance and song culture, folk games on inter-ethnic communication in the social space. The article considers a set of measures aimed at harmonizing interethnic relations during the round dance games based on Russian traditional material. The influence of a multi-cultural round dance festival on the creation of a favorable social environment in society is discussed.

**ROUND DANCE PRACTICE AS AN EFFECTIVE TECHNOLOGY FOR THE COMPREHENSIVE PSYCHOPHYSIOLOGICAL RECOVERY OF A PERSON AND THE FORMATION OF A TRADITIONAL VALUE SYSTEM IN MODERN SOCIETY**

***Olga Сhernenko*** *– psychotherapist of Kruglaya Z. budget-funded healthcare facility «Research & Clinical multifunctional center of medical care for mothers and children». Russia, Orel.*

Round dance is a traditional form of integrated health practice in many nations of the world. The report will examine various forms of this practice from the point of view of their influence on the psycho-emotional state of modern man, as well as explain the physiological and molecular basis of the therapeutic effects of round dance on the state of human systems and organs. The contribution of round dance practice to enhancing the adaptive mechanisms of the human psyche in modern society is discussed. The mechanism of the transmission of visual conceptions and meanings, family and tribal values through round dance and other traditional rites is revealed.

The physiological and genetic aspects of socialization through participation in folk rites, as well as the role and meaning of the round dance in the revival of patriotism and love for the motherland will be separately considered.

**MAIN PSYCHOSOMATIC EFFECTS OF TRADITIONAL SLAVIC RITUALS AND FOLK DANCES ACCORDING TO META-ANALYSIS AND PERSONAL PRACTICE**

***Svetlana Zhizhina*** *– сoordinator of the "Round Dances of Traditions" Moscow, festival movement "Round Dances of Russia". Head of the folklore holiday agency "Russian expanse". Russia, Moscow.*

***Dmitry Sosin*** *– Associate Professor, PhD in molecular biology. Russia, Obninsk.*

***Ekaterina Nagaeva*** *– master student. Russia, Moscow.*

**ROUND TABLES WITHIN THE FRAMEWORK OF CONFERENCES, SYMPOSIUMS, PANEL SESSIONS:**

**“Don’t panic” — psychotherapeutic aid to clients with panic attacks**

**Existential psychotherapy**

**Psychoorganic analysis**

**Religiously oriented psychotherapy**

**Spiritually oriented psychotherapy**

**Supervision in psychotherapy and counseling**

**LECTURES**

**OF THE 1ST INTERCONTINENTAL EXTRATERRITORIAL CONGRESS “PLANET OF PSYCHOTHERAPY”**

**COMPARATIVE EVALUATION OF THE EFFECTIVENESS OF PSYCHOTHERAPY; EVIDENCE-BASED APPROACH**

***Rashit Tukaev*** *– MD, professor of department of psychotherapy and sexology of RMACPE, the president of ASCH, member of PPL. Russia, Moscow.*

The lecture presents the materials of an analytical review of evidence-based studies on the effectiveness of psychotherapy over the past decades, built on: 1) the study of the subjects and dynamic trends of publications of randomized clinical trials, meta-analyses and systematic reviews in the PubMed database on the topics of psychotherapy methods for anxiety, affective, personality disorders, with evidence-based effectiveness, as well as therapies for smoking cessation; 2) analysis of the comparative effectiveness of various methods of psychotherapy. Equivalent effectiveness of psychotherapy methods with evidence-based effectiveness is shown, in the absence of advantages of individual methods, including cognitive-behavioral therapy. The actual consequences of the results obtained and the issues of establishing evidence-based studies of the effectiveness of psychotherapy in Russia are discussed.

**ZHI MIAN: A CHINESE APPROACH TO EXISTENTIAL THINKING AND PRACTICE**

***Wang Xuefu*** *– PhD, degree in theology, literature, psychology and pastoral counseling, founder and executive director of ZhiMian Institute for Psychotherapy in Nanjing, China, winner of the Charlotte and Karl Budler Award of the Society of Humanistic Psychology of APA (Hawaii 2013). China, Nanjing.*

**THE WORLD OF PSYCHOTHERAPY: THE FORGETFULNESS OF COURAGE, TRUTH, CHILDREN AND OF GOD**

***Bruce Scott*** *– Dr., PhD in Psychology, psychoanalyst in private practice, member,  Former Trustee and former member of the Council of Management of the Philadelphia Association founded by R.D. Laing and others in 1965, member of the College of Psychoanalysts-UK (CP-UK) Registered Member Psychoanalyst and former member of the board of governors of the College of Psychoanalysts-UK. Scotland, Edinburgh.*

**ARCHIMEDEAN LEVER FOR SHORT-TERM INTEGRATED THERAPY OF SEVERE TRAUMA**

***Natalia Spokoinyi*** *– director of IIS Berlin - International Institute of System Constellations, full member and international level trainer of PPL, WCP and EAP certified psychotherapist, master trainer of INFOSYON and DGfS, systemic sex therapist, master theologician A.Men Uni. Germany, Berlin.*

In theory and numerous examples, the lecture shows why therapy orientation towards Supreme Values of a client is necessary and how it is realized (especially severe trauma therapy). As a compass needle, it gives at once optimal direction and content of psychotherapy. The approach is really easy for applying by any psychologist or psychotherapist. Also it allows to make the therapy (including severe trauma therapy) really effective in a short time. It is suited to any kind of psychotherapy, but it is most effective to use Spiritually Oriented Systemic Constellation in combination with other kinds of short-term therapy.

**CONFERENCES**

**OF THE 1ST INTERCONTINENTAL EXTRATERRITORIAL CONGRESS “PLANET OF PSYCHOTHERAPY”**

**CONFERENCE**

**“SPIRITUALLY ORIENTED PSYCHOTHERAPY”**

**CHAIRMEN: *Oleg Gadetsky (Krasnodar, Russia), Vladimir Maikov (Moscow, Russia), Zlata Polozhaya (Moscow, Russia)***

The conference is dedicated to the phenomenon of spirituality in the life of humankind. Representatives of various fields of knowledge will express themselves on this subject in a wide interdisciplinary field: psychotherapy, psychology, philosophy and other fields of science, as well as culture and religion. Spirituality will be viewed from different angles, proceeding from the paradigm of the scientific area represented by the participants, introducing their specific understanding of this phenomenon. It is planned to cover the history of humankind’s knowledge of spirituality during the conference, its role in the life of each individual and in the life of society as a whole, as well as issues of spiritual search and improvement. Participants will express their opinion on the importance of spiritual processes in the formation of a harmonious personality. Particular attention will be given to spiritually oriented psychotherapy, which is a new direction of psychotherapeutic science and practice. The sixth conference is held with the participation of the section of transpersonal psychotherapy (TPP). The TPP pays paramount attention to the spiritual aspects of life and personal development, studies and substantiates scientifically the ideas, experience and psychotechnologies of the world spiritual traditions, developing concepts, methods, and psychotechnologies that correspond to the sociocultural context of the present. Methods of transpersonal psychotherapy are unique means of discovering and developing human potentials, leading a person to unity with the world and oneself, to a harmonious fulfilled life and successful creative self-expression.

**SPIRITUALLY ORIENTED PSYCHOTHERAPY AS A CLUSTER OF PSYCHOTHERAPY**

***Zlata Polozhaya*** *– Candidate of Medical Sciences, Head of the Department of Psychotherapy at IMM, Head of the Pain Psychotherapy Cluster in the All-Russian Professional Psychotherapeutic League, psychiatrist, psychotherapist, hypnotherapist, group psychotherapist, member of WIP (World Institute of Pain). Russia, Moscow.*

**VALUE-ORIENTED PSYCHOLOGY AS ONE OF THE DIRECTIONS FOR REALIZING THE POTENTIAL OF SOCIETY ASSOCIATION**

***Oleg Gadetsky*** *– Candidate of Philosophy, Rector of the Institute of Value-Oriented Psychology, President of the Association of Value-Oriented Psychology, Head of the International Educational Project "Psychology of the Third Millennium", which has offices in various countries of the world, psychologist-trainer, consultant, creator of the value-oriented psychology method psychology (CSP).*

**TOOLS AND PARADIGMS OF EVOLUTIONARY PRACTICES**

***Vladimir Maykov*** *– Candidate of Philosophical Sciences, Associate Professor of the Moscow Institute of Psychoanalysis (MIP) and Head of the School of Spiritually Oriented Psychology and Psychotherapy of the MIP, Senior Research Fellow at the Institute of Philosophy of the Russian Academy of Sciences, Editor-in-Chief of the book series “Texts of Transpersonal Psychology”, certified leader of holotropic breathing, certified process work specialist, certified psychotherapist of the European Association for Psychotherapy. Author of over 60 articles on transpersonal psychology and 4 books.*

**USING EMOTIONS AND STATES FOR PERSONAL DEVELOPMENT AND PERFORMANCE OPTIMIZATION**

***Gennady Brevde*** *– Candidate of Philosophy. PhD, consultant psychologist (over 25 years of experience), certified psychotherapist and member of the Presidium (2008-2014) of the European Transpersonal Association, accredited specialist of the SRO "National Association for the Development of Psychotherapeutic and Psychological Science and Practice", Vice-President of the Russian Transpersonal Association, official teacher and a member of the Council of Methods and Directions of the All-Russian Professional Psychotherapeutic League, a corresponding member of the International Academy of Psychological Sciences and the Baltic Pedagogical Academy. Lecturer at the Institute of Practical Psychology "IMATON", the Institute of Management of the Chamber of Commerce and Industry of the Russian Federation and the International Institute for the Study of Consciousness and Psychotherapy (Freiburg, Germany), laureate of the National Prize "Golden Psyche", author of over 40 articles, co-author of two monographs on the problems of philosophical anthropology and deep psychology.*

**WORKING WITH THE FUTURE AND DISCOVERING THE MEANINGS FOR GAINING SUPPORT IN THE PERIOD OF INSTABILITY**

***Zoya Kraslavskaya*** *– psychologist, personal growth coach, teacher, ICF coach, head of the Association of Value-Oriented Psychology, leading lecturer at the Institute of Value-Oriented Psychology.*

**FINDING SUPPORT FOR THE INNER CHILD DURING TURBULENCE USING THE SCP APPROACH**

***Natalya Rubtsova*** *– psychotherapist, psychologist, full member of the OPPL, teaching personal therapist and supervisor of the OPPL and the Association of the CSP.*

**EXISTENCE VALUES AS A WAY TO HEALING WITH SENSE**

***Devran Sadyk*** *– psychologist, teacher at the Institute of CSP, supervisor and full member of the Association of Value-Oriented Psychology, leader of the author's training "Ericksonian hypnosis in CSP counseling."*

**INFLUENCE OF VALUE-ORIENTED PSYCHOLOGY ON SELF-ATTITUDE AND PSYCHOLOGICAL WELL-BEING OF PERSONS IN THE PERIOD OF EARLY AND MIDDLE ADULT**

***Evgenia Konchakova*** *– psychologist, graduate of the Institute of Value-Oriented Psychology, 2nd year master.*

**RHIZOM AND "ARISTOTLE'S COMPASS". CHALLENGES OF THE TIME AND THE IMPACT OF DIGITALIZATION ON ADOLESCENTS**

***Larisa Milovanova*** *– psychologist, TV expert, psychologist of federal channels, one of the 100 best experts in Russia, laureate of the All-Russian national women's award "AWARD BEST WOMAN OF RUSSIA 2020" in the nomination "Expert in the field of psychology and self-development".*

**PERSONALITY AND LIFE IN FEEDBACK**

***Alexander Semeniy*** *– Candidate of Medical Sciences, General Director of the Scientific and Practical Center for Informational Medicine "Image of Health".*

**SPIRITUALLY ORIENTED SYSTEMIC CONSTELLATION AS THERAPY OF THE SPIRIT. SIN, GUILT, HUMILITY AND FORGIVENESS THROUGH THE LENS OF CONSTELLATION WORK**

***Natalia Spokoinyi*** *–**director of IIS Berlin - International Institute of System Constellations, full member and international level trainer of PPL, WCP and EAP certified psychotherapist, master trainer of INFOSYON and DGfS, systemic sex therapist, master theologician A.Men Uni. Germany, Berlin.*

This report defines therapy of the spirit and systemic constellations oriented towards the client’s values with the implementation of the BEMS-Model and how it aids work with severe traumas, especially in the case of fanatically devout clients. It will briefly touch on the correct understanding of the central truths and commandments of the Christian church from the point of view of modern science: sin as failure to achieve a goal, feelings of guilt as unchristian, personal dignity and the false understanding of humility, the origin of evil and forgiveness in Christian terms and show why constellations work is the manifestation of the Holy Spirit in the world.

**A COMPLETE FOUR-PART MODEL OF THE HUMAN PSYCHE WITH ITS THREE INSTINCTS - INDIVIDUAL, SOCIAL AND SPECIES (SPIRITUALITY, CONSCIENCE) AS A SUBJECT OF PSYCHOLOGY AND PSYCHOTHERAPY**

***Alexander Tabidze*** *– clinical psychologist, Doctor of Physical and Mathematical Sciences, Corresponding Member of the Russian Academy of Sciences, Professor, Director of the Scientific Center "PSYCHOPEDAGOGICS" of the Ministry of Education and Science of the Russian Federation, full member of the OPPL, Head of Modality, Russia, Moscow.*

The report examines a figurative four-part model of the psyche, representing a carriage consisting of a carriage (body), a coachman (consciousness, intelligence), a centaur child (the first unconscious, individual emotions) and a Spirit sitting in a carriage (the second unconscious, specific emotions). The information is given that the intellectual activity of the psyche lags behind the emotional one by about 0.2 seconds. This indicates the primacy and priority of the emotional sphere over the intellectual one. A new numerical indicator in psychology is proposed - the degree of emotional maturity. It is shown that only emotionally mature people are able to experience specific, spiritual emotions, which are the basis of morality, conscience. It is also shown that each crew member is a carrier of his own instinct - a centaur child (preservation of the individual, egocentrism), a coachman (preservation of society, morality, duty), a Spirit (preservation of the species, humanity as a whole, morality). It is assumed that the internal conflict in the psyche is caused by the confrontation of these three instincts.

**PSYCHOTHERAPY THROUGH THE FOURTH DIMENSION**

***Valeria Don*** *– practicing psychologist, active member of PPL Russia, Chairman of the Union of Psychologists in South Korea.*

The report examines the synthesis of cultural and spiritual dimensions in psychotherapy. The theory that each person is a psychotherapist is considered. The similarities of scientific research and scripture are described. The influence of the spiritual dimension on the cultural, material world through man is shown.

**RECOVERY FROM SEXUAL ADDICTION**

***A recovering member of Sexoholics Anonymous (SA).***

The report contains a personal (speaker's) story of compulsive sexual behavior, his useless attempts to stop by all means on his own. It tells how speaker found the SA Fellowship, attained a stable remission with positive life changes as a result of working 12 Steps Program of SA (spiritual as well as moral). It also describes Fellowship's approach to overcome addictive behavior and practical tools for maintaining sobriety. Presentation of SA Fellowship, it’s goals, principles, history and current state worldwide and in Russia are represented.

**CONFERENCE**

**“INTEGRATED SHORT-TERM THERAPY FOR TRAUMAS AND SYMPTOMS OF THE INDIVIDUAL, FAMILY, ORGANISATION, GROUP OR SOCIETY”**

**CHAIRMAN: *Natalia Spokoinyi (Berlin, Germany)***

This section presents new achievements and developments in integrated trauma therapy, obtained and reassessed in the framework of a spiritually-oriented approach. This creative, and, as a rule, own personal work, combining various Western and Eastern approaches, yields the best achievements of natural and humanitarian Sciences and spiritual practices. Any trauma splits the personality, breaking its harmony. The concept of injury and symptom is considered in a broad context, which also includes genetic, organisational and societal trauma. Just as a good doctor treats not a symptom or a disease, but the body as a whole, so too do we in the centre of integral psychotherapy focus on the whole person and not their individual problems or processes. In case of injury to the organisation, family, society, it is also a question of restoring their integrity. Standard methods of trauma therapy are focused on long-term work to create a safe space, "safety techniques", etc. This is important but often prohibitive due to time and finances. The section presents the author's individual and collaborative innovative methods of short-term therapy of mental injuries: systemic constellations, body-oriented therapy, colour therapy and other types of psychotherapy. The central focus is on the Quadripartite Body-Emotions-Intellect-Spirit (BEMS) model. The use of the model allows us to awaken the interest of the client, which immediately takes him out of the epicentre of the injury and allows them to look at themselves from the outside, to create the necessary safe space in the shortest possible time and to obtain important resources through the release of energy blocked during a trauma and access to the power of the genes, and in the case of the organisation and society to corresponding resources. We further demonstrate the practical application of the method and it’s effective results in the case of mental injuries and problems in the organisation, as well as in intercultural, national and religious conflicts.

**4D SYSTEMIC CONSTELLATION AS SUPERNEW INFORMATION TECHNOLOGY (CUTTING-EDGE IT) FOR THE SHORT-TERM THERAPY OF A PERSONAL, FAMILIAL, ORGANISATIONAL OR SOCIETAL INJURY**

***Natalia Spokoinyi*** *–**director of IIS Berlin – International Institute of System Constellations, full member and international level trainer of PPL, WCP and EAP certified psychotherapist, master trainer of INFOSYON and DGfS, systemic sex therapist, master theologician A.Men Uni. Germany, Berlin.*

The report shows why the author's method (SSC) Spiritually-oriented systemic constellation constitutes cutting-edge IT. The method is used for short-term treatment of trauma and symptoms not only of a person, but also of a family, organisation, society injury (ethnic and religious conflicts, etc.) exacerbated by the Coronavirus pandemic. The aim of the approach is to restore the integrity of the person at all levels from the body and emotions to the intellect and spirit, as well as the integrity of the family, organisation and/or society.

**CRISIS AND INTEGRATED THERAPY FOR THE REHABILITATION AND RECOVERY OF (CANCER) ONCOLOGICAL PATIENTS DURING THIS PERIOD OF PANDEMIC**

***Tatyana Nikiforova*** *– child and family psychologist, art therapist, fairytale therapist, full member, official trainer and personal therapist of PPL. Russia, Bratsk.*

This report reveals the creative methods and techniques of working with cancer patients from palliative care to recovery under the conditions of temporary isolation. The purpose of this approach: to use communication technologies such as telephones and skype to bring the client to awareness and reassessment of life values, to take responsibility for their choice, to achieve harmony with the world. Examples of both online individual and group training clients in a state of long-term remission are used to show effective routes to recovery.

**SPIRITUALLY ORIENTED SYSTEMIC CONSTELLATION AS THERAPY OF THE SPIRIT. SIN, GUILT, HUMILITY AND FORGIVENESS THROUGH THE LENS OF CONSTELLATION WORK DURING THE PERIOD OF PANDEMIC**

***Natalia Spokoinyi*** *–**director of IIS Berlin – International Institute of System Constellations, full member and international level trainer of PPL, WCP and EAP certified psychotherapist, master trainer of INFOSYON and DGfS, systemic sex therapist, master theologician A.Men Uni. Germany, Berlin.*

This report defines therapy of the spirit and systemic constellations oriented towards the client’s values with the implementation of the BEMS- Model and how it aids work with severe traumas, including the period of pandemic, especially in the case of fanatically devout clients. It will briefly touch on the correct understanding of the central truths and commandments of the Christian church from the point of view of modern science: sin as failure to achieve a goal, feelings of guilt as unchristian, personal dignity and the false understanding of humility, the origin of evil and forgiveness in Christian terms and show why constellations work is the manifestation of the Holy Spirit in the world.

**A SPIRITUALLY ORIENTED INTEGRATED APPROACH TO THE THERAPY OF PERSONAL, FAMILY AND ORGANISATIONAL TRAUMA DURING THE CORONAVIRUS OUTBREAK**

***Maria Orlyanskaya –*** *international economist, life coach, theta-healer, specialist in family and organisational trauma, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

This report using real clients’ experience presents the author’s own method of «Subpersonal integration», that allows for efficient work with different personal, family and organisational traumas within the framework of a spiritually oriented integrated approach including in quarantine conditions.

**SAVE A LIFE AND FIND FAITH: SPIRITUALLY-ORIENTED CONSTELLATIONS FOR THOSE DYING OF CORONAVIRUS**

***Elena Baeva*** *–**systemic family art therapist, art- trainer, specialist in the field of family and business, systemic constellations, work/life balance coach, business coach, full member of PPL. Germany, Leidersbach.*

Can a systemic constellation save lives? The answer to this question can be found in this report on an effective, and thus successful, spiritually-oriented constellation for a client dying of the corona virus, in addition to this he was diagnosed with diabetes, hepatitis C, lymphocytic leukemia and liver cirrhosis. It shows specifically how and why the constellation oriented towards the Highest Values of the client gives the maximum resources possible. In the given example it saves the life of the client and enables him to find faith in the Source of all life.

**METHOD OF PSYCHOTHERAPEUTIC KINESIOLOGY IN WORK WITH SEVERE PSYCHOSOMATICS AND SYMPTOMS OF PAIN DURING CRISIS SITUATIONS**

***Galina Korchagina*** *– psychologist, psychotherapeutic kinesiologist, actual member of the APK and actual member, candidate for personal therapists, official teacher of OPPL. Russia, Irkutsk.*

The report presents kinesiological techniques and tools to assist in improving the well-being of cancer patients, especially in times of temporary quarantine. It describes the possibilities in working with pain and manifestations of psychosomatics. It further focuses on the processing of the client’s past stressful situations so as to decrease their effect upon current wellbeing.

**PSYCHOSAMADHI METHOD (“OPEN CONSCIOUSNESS”) IN SHORT-TERM THERAPY OF TRAUMA**

***Nataliia Ptashnik –*** *psychologist, SIM-therapist (Self-Integrity Method), supervisor of the “Stepen Svobody” school, master of psychology, student of IIS-Berlin: systemic constellations and deep trauma therapy. Russia, Moscow.*

The report uses actual cases to demonstrate possibilities of the author's "Open Consciousness" method, which draws upon the existential powers of the human personality. The method centers on a condition of active imagination, which allows to quickly stabilize client's state and transform one's trauma into a resourceful state of mind.

**THE AUTHOR'S METHOD "DRUGS-OUT" AS AN INTEGRAL BODY-ORIENTED APPROACH TO THERAPY OF ADDICTION AND CODEPENDENCY THERAPY  
*Irina Zhadko –*** *clinical psychologist, body-oriented psychotherapist, lawyer (criminal procedure law, captain in the reserve), certified astropsychologist, specialist in addictions therapy, bodуnamic (Lizbet Marcher), biosynthesis (D. Boadella), transpersonal regression psychologist (H. TenDam); student of IIS-Berlin: systemic constellations and therapy of severe trauma. Russia, Moscow.*

The report presents the author's method "DRUGS-OUT", which includes as a basis body-oriented therapy and systemic constellation in combination with other types of short-term psychotherapy for effective work with the disease of "frozen feelings" in clients with addictions and codependencies. It is illustrated with real-life examples from the author’s therapy.

**"SOUNDS IN THE PALM" – THE AUTHOR'S METHOD OF INTEGRAL MOTHER-CHILD TRAUMA THERAPY TO START AN INFANT'S SPEECH FROM 1.5 YEARS  
*Nana Dosyn*** *– author and expert of the training course for parents named "Baby talk or motherhood with love," a psychologist-negotiator, communications specialist, lawyer, financier (working with stock markets), philosopher, author of philosophical aphorisms and poems, musicologist.*

The report uses numerous examples to demonstrate the author's method "Sounds in the palm", which combines various methods of integral psychotherapy to work with a trauma of a little child’s mother, blocking the baby’s abilities to develop and learn, resulting in the diagnosis "delay in speech development". The method makes it possible to start a child's speech within a very short time (from 2 days to 2 weeks maximum).

**A BUSINESSMAN AS A PEDOPHILE VICTIM – CONSEQUENCES: INTEGRAL SHORT-TERM THERAPY FOR CHILDHOOD TRAUMA FOR BUSINESS CLIENTS  
*Victoria Jung*** *– a specialist in childhood trauma, psychosomatics, hypnotherapeutic practices; MAC therapist, Project Manager of BVOP (Business Value-Oriented Projects), Financial Manager, Astrologist, student of IIS-Berlin: systemic constellations and deep trauma therapy. Germany, Düsseldorf.*

The report uses real examples of high-ranking business clients to demonstrate the author's method of working with clients in big business, who survived manipulation of a pedophile as a child or in early adolescence. It shows the result of integral therapy that includes systemic alignment, MAC, astropsychology, business psychology and other effective methods of short-term trauma therapy. The client gains the calmness, awareness and confidence in his true self-realization that is necessary to lead large teams and achieve meaningful success.

**THE AUTHOR'S METHOD "ALPHA-SPA-TRANSFORMATION" FOR INTEGRAL THERAPY OF CLIENTS WITH SEVERE TRAUMA  
*Natalia******Malkina*** *– HR, art therapist, specialist in integral trauma therapy, steam-master, aromatherapist, stone therapist, gemologist, finance specialist, student of IIS-Berlin: systemic constellations and therapy of severe trauma. Russia, Moscow.*

The report demonstrates the author's method "Alpha-SPA-TRANSFORMATION", which combines steam-therapy to bring a traumatised client into an alpha state with various body-oriented and other short-term therapy techniques to work with severe trauma, using examples from real clients.

**FROM A PERSONAL AND FAMILY TRAUMA TO PERSONAL FULFILLMENT AND FINANCIAL SUCCESS DURING QUARANTINE: AUTHOR'S INTEGRAL APPROACH “BIOCOACHING”**

***Marina Buchatskaya*** *– NLP-coach, specialist in Erickson hypnosis, oriental practices and reiki, life coach, business manager (Russian Presidential Academy of National Economy and Public Administration), student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

The report uses the results of numerous clients presents the author’s approach “Biocoaching”, combining integrated work with family and personal trauma, NLP and oriental meditative practices.

**INTEGRATED THERAPY OF ROLE CONFLICTS OF A BUSINESS-WOMAN**

***Elena Baeva*** *–**systemic family art therapist, art- trainer, specialist in the field of family and business, systemic constellations, work/life balance coach, business coach, full member of PPL Germany, Leidersbach.*

In the report, specific examples are given of the author's methodology, combining systematic constellations and art therapy to work with the familial trauma caused by the role conflict of a woman attempting to combine a successful business with personal and family needs in this time of pandemic and isolation. The method successfully combines therapy for family trauma and the intrapersonal conflicts of a woman that have lately been aggravated by the pandemic. As a result of effective therapy aggression, depression and dissatisfaction is quickly replaced with joy and harmony.

**THE USE OF THE BEMS–MODEL (BODY-EMOTIONS-MIND-SPIRIT) FOR EMERGENCY ASSISTANCE TO CLIENTS IN SITUATIONS OF ACUTE CRISIS**

***Andrey Hordikainen*** –*psychologist, psychology instructor, systemic constellator (certified in the Russian Federation, Germany and Austria), organisation constellator, family gestalt-psychologist.*

The report uses the examples of real clients to show the possibility and effectiveness of the use of the BEMS–MODEL in system constellations and integrated therapy for the purpose of emergency assistance to clients in a situation of acute crisis. Positive results are also noted in the client's family members.

**AUTHOR'S "MONEY POTENTIAL” METHOD FOR CLIENTS TRAUMATIZED BY PANDEMIC AND OTHER CRISIS SITUATIONS**

***Tatiana Vakulevskaya-Krasnokutskaya*** *– Practical psychologist, systemic coach, teacher at the Privolzhsky Medical Research University (PMRU), specialist on high school psychology and pedagogy, full member of PPL, student of IIS-Berlin. Russia, Nizhny Novgorod.*

The author’s “Money Potential” method combines an integrated spiritually-oriented approach, systemic constellations, visualization and work with metaphor and body-oriented therapy. The method allows us to find the restrictions and prohibitions of the client that prevent him from reaching the desired amount of income and transform injuries, limitations and obstacles into a resource to achieve his financial goal*.*

**ORIENTATION TOWARDS THE HIGHEST VALUES IN SPIRITUALLY ORIENTED TRAUMA THERAPY FOR ADOLESCENTS TO REALISE THEIR PREDESTINATION  
*Yana Gudovskaya*** *– systemic coach, management specialist, public relations manager, business coach, brand manager in the fashion industry, student of IIS-Berlin: systemic constellations and therapy of severe trauma.*

The report demonstrates the advantages of spiritually oriented approach in which the therapy is focused on the Highest Values of the client in the choice of the client's predestination with specific examples from teenagers. Posing this question very quickly moves the adolescent out of the epicentre of trauma and directs him or her to find resources for his or her true self-realisation. The method is based on spiritually-oriented systemic constellation, logotherapy together with other types of short-term psychotherapy.

**4D BUSINESS-CONSTELLATIONS TO AID IN CASES WITH PROBLEMS DURING RE-ORGANISATION OF THE BUSINESS, EMPLOYEE TRANSFERS AND LIQUIDATION OF THE BUSINESS**

***Irina Kornilova –*** *General and financial director of “Les-Hoz-Maash” LLC, specialist and MBA in “practical administration”, business-consultant, systemic coach, specialist in “Psychological Aikido for resource management”, student of IIS-Berlin: systemic constellations in online groups. Russia, Moscow Region.*

This report uses specific examples to demonstrate the algorithm and advantages of employing the 4D business-constellation and BEMS-Model (BODY-EMOTIONS-MIND-SPIRIT) in crisis situations in connection to the re-organisation of the business, employee transfers, liquidation of the business etc. It further substantiates the importance of restoring the balance in all relationships, compliance with the hierarchy within the Body-Emotions-Mind-Spirit of the company in which the Spirit (company mission) must take the foremost role.

**AUTHOR'S METHOD "SPIRITUAL AIKIDO OF THE RESCUER”: FROM THE ROLE OF A BENEFACTOR OF HUMANITY TO SELF-REALIZATION  
*Gvantsa Shalvashvili –*** *financier, CEO of AVA PHARM LLC, IIS-Berlin student: system constellations in online group. Russia, Arkhangelsk.*

The report includes specific examples to demonstrate the author's method of " Spiritual Aikido of the Rescuer”, which combines systemic *constellations*, Eastern psychology and other types of short-term psychotherapy to help the client get out of the role of the Rescuer of the world to find their true self-realization and happiness.

***INTEGRAL SPIRITUAL-ORIENTED APPROACH FOR ENDING TRAUMATIC RELATIONSHIPS***

***Diana******Sultanova*** *– lawyer, economist, regional manager in different companies, business lady, chief of her own company, graduate from K.G. Razumovsky Moscow State University of Technology and Management, expert in psychological counseling and coaching, IIS-Berlin student: system constellations in online group. Germany, Berlin.*

The report considers how spiritual-oriented system constellation when combined with other kinds of short-term psychotherapy can help a client to leave dysfunctional traumatic relationships.

**CHANGING A COMPANY’S SYMPTOM INTO A RESOURCE THROUGH THE TREATMENT OF ITS LEADER'S TRAUMA WITH A SPIRITUALLY-ORIENTED INTEGRAL APPROACH**

***Oksana Sluhinska*** *– clinical pharmacist of the “NVTK Oncology” research centre, systemic constellations coach, student of IIS-Berlin: systemic constellations in online groups, master in Aviation Management, systemic business coach, author of the business coaching method: “Neuro-Lifting”, specialist in the psychological support of businessmen, marketing and promotion of start-ups, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

The report presents the author's method: “Neuro-Lifting”, which allows you to work quickly and effectively with trauma and organizational symptoms. It is shown that this symptom is usually directly related to the trauma of the business project owner (manager). Through recognition of his mission and his own personal value, the leader leaves the epicentre of systemic trauma and finds the necessary resources to raise his business to a new level. Using real-world examples of clients, the report presents techniques and benefits of spiritually oriented business alignment to help companies in difficult situations due to the pandemic to overcome the crisis and gain stability and financial growth.

**THE USE OF THE “BIODYNAMIC BREATH AND TRAUMA RELEASE” METHOD FOR INTEGRATED THERAPY OF CHILDHOOD PSYCHOLOGICAL TRAUMA  
*Irina Sidorova*** –*family systemic psychologist, body, addiction and art psychotherapist, specialist in biodynamic breath and trauma release, full member of PPL, invited expert on Radio RF, the author of the “Installation of integrity of the individual” method.*

This report details, with the use of client cases, the author's approach to working with childhood psychological trauma for the purpose of integrating the traumatized parts into a well-rounded, integrated, personality. This integrated therapy envisions the transformation of severe childhood injuries into a resource via the use of: the Biodynamic Breathing created by G.Tonkov, the Method of N. Manuhina, MAC, Systemic Constellations, body psychotherapy and coaching.

**THE CLIENT'S GOAL AND SUCCESSES IN THE USE OF THE SYSTEMIC INSTALLATION METHOD DURING THIS PERIOD OF PANDEMIC**

***Irina Kanunnikova*** *– system coach, tarologist, art therapist, numerologist, top economist, business coach: coordinator and system developer of business management accounting, observant member of PPL, IIS Berlin student: system constellations in online group.*

In the report “The method of system installation” is demonstrated with specific examples that combine the advantages of integral spiritual-based approach to trauma healing, system constellations, Erickson hypnosis, physiognomy, numerology, tarology etc. for providing effective assistance to the clients with a severe trauma to realize and achieve their real goal in this time of pandemic.

**TRAUMA OF CHILDREN – TRAUMA OF PARENTS: INTEGRAL THERAPY FOR ADDICTED ADOLESCENTS**

***Gutnova  Olga*** *– psychologist, NLP specialist, hypnotherapist in Ericksonian hypnosis, economist, student of IIS-Berlin: systemic constellations in online groups. Germany, Berlin.*

The report demonstrates the author's method of spiritually oriented therapy for addicted adolescents in patchwork families on real examples.

**WORKING WITH FEAR SYMPTOMS VIA AN INTEGRATED SPIRITUALLY-INTEGRATED APPROACH**

***Maria Kalenova*** – *Gestalt therapist, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups; entrepreneur.*

This report presents the author’s method for working with symptoms of the fear of mistakes, judgement, loss, loneliness and others. Real client cases are examined.

**FROM TRAUMA TO RESOURCES AND PROFIT: SPIRITUALLY-ORIENTED BUSINESS CONSTELLATIONS TO HELP TRAUMATIZED COMPANIES DURING THE PANDEMIC**

***Ekaterina******Ritve*** *– teacher-psychologist (Herzen State Pedagogical University of Russia); financial Director of the IT-company Progress, teacher of mathematics and computer science; IIS-Berlin student: systemic constellations in online groups. Russia, St. Petersburg.*

Using real-world examples of clients, the report presents techniques and benefits of spiritually oriented business alignment to help companies in difficult situations due to the pandemic to overcome the crisis and gain stability and financial growth.

**AUTHOR'S "BIRTH OF A GODDESS” METHOD  FOR WORKING WITH A WOMAN'S TRAUMA**

***Tatiana Vakulevskaya-Krasnokutskaya*** *– teacher at the Privolzhsky Medical Research University (PMRU), specialist on high school psychology and pedagogy, practical psychologist, full member of PPL, graduate from IIS-Berlin. Russia, Nizhny Novgorod.*

This report uses examples to demonstrate the author’s “Birth of a Goddess” method, which allows the clients to achieve their goals in harmony with themselves, in the union with their own Goddess, their own wholeness. The method includes an initial diagnosis of the seven main states of a woman – the girl, the daughter, the maiden, the wife, the lover, the mother, the star (professional self-realisation) – regarding to request. After that these states are healed over a series of sessions, disharmony is eliminated and the resources necessary to live and act in a new way, gaining lightness, softness and femininity, joy and happiness are opened.

**ORGANIZATION TRAUMA: WORKING VIA A SPIRITUALLY-ORIENTED APPROACH DURING THE CORONAVIRUS OUTBREAK**

***Oksana Sluhinska*** *– clinical pharmacist of the “NVTK Oncology” research centre, systemic constellations coach, student of IIS-Berlin: systemic constellations in online groups, master in Aviation Management, systemic business coach, author of the business coaching method: “Neuro-Lifting”, specialist in the psychological support of businessmen, marketing and promotion of start-ups, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

***Irina Kanunnikova*** *– system coach, tarologist, art therapist, numerologist, top economist, business coach: coordinator and system developer of business management accounting, observant member of PPL, IIS Berlin student: system constellations in online group.*

This report demonstrates a spiritually-oriented approach to dealing with an organisation's trauma in quarantine conditions.

**SPIRITUALLY-ORIENTED APPROACH IN BUSINESS PLACEMENT FOR FINANCIAL INSTITUTIONS**

***Maria******Orlyanskaya*** *– international economist, life coach, theta-healer, specialist in family and organisational trauma, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

***Ekaterina Ritve*** *– teacher-psychologist (Herzen State Pedagogical University of Russia); financial Director of the IT-company Progress, teacher of mathematics and computer science; IIS-Berlin student: systemic constellations in online groups. Russia, St. Petersburg.*

This report demonstrates how to effectively solve the problems of financial organizations using business placement via a spiritually-oriented approach

**INTEGRATED APPROACH TO RESOLVING THE CONFLICTS OF COMPANY PERSONNEL**

***Gvantsa Shalvashvili –*** *financier, CEO of AVA PHARM LLC, IIS-Berlin student: system constellations in online group. Russia, Arkhangelsk.*

***Irina Kanunnikova*** *– system coach, tarologist, art therapist, numerologist, top economist, business coach: coordinator and system developer of business management accounting, observant member of PPL, IIS Berlin student: system constellations in online group.*

This report uses specific examples to demonstrates how to effectively deal with conflicts in the company.

**WHAT IS THE SPIRITUALLY-ORIENTED APPROACH TO CONSTELLATIONS**

***Andrey Hordikainen*** –*psychologist, psychology instructor, systemic constellator (certified in the Russian Federation, Germany and Austria), organisation constellator, family gestalt-psychologist.*

***Diana Sultanova*** *– lawyer, economist, regional manager in different companies, business lady, chief of her own company, graduate from K.G. Razumovsky Moscow State University of Technology and Management, expert in psychological counseling and coaching, IIS-Berlin student: system constellations in online group. Germany, Berlin.*

This report shows the essence of the spiritually-oriented approach in systemic constellations and uses examples of the utilisation of this approach in work with clients to show it’s effectiveness.

**SPIRITUALLY-ORIENTED CONSTELLATIONS IN ONLINE GROUPS: FEATURES AND BENEFITS**

***Elena Baeva*** *–**systemic family art therapist, art- trainer, specialist in the field of family and business, systemic constellations, work/life balance coach, business coach, full member of PPL.*

***Yana******Gudovskaya*** *– systemic coach, management specialist, public relations manager, business coach, brand manager in the fashion industry, student of IIS-Berlin: systemic constellations and therapy of severe trauma.*

This report uses client examples to demonstrate what spiritually-oriented constellations in online groups are and how they work. Further, the features and main advantages of this method of work are described.

**THE FEATURES AND BENEFITS OF CONSTELLATIONS ORIENTED TOWARDS THE CLIENT’S HIGHEST VALUES WHEN WORKING WITH TRAUMA**

***Maria******Orlyanskaya*** *– international economist, life coach, theta-healer, specialist in family and organisational trauma, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

***Tatiana Vakulevskaya*** *–* *teacher at the Privolzhsky Medical Research University (PMRU), specialist on high school psychology and pedagogy, practical psychologist, full member of PPL, student of IIS-Berlin, infectious diseases doctor, homeopath. Russia, Nizhny Novgorod*.

This report shows how effective the use of systemic constellations oriented towards a client’s Highest Values are when working with severe trauma. The method is illustrated through examples of real clients.

**CONFERENCE**

**“TRAINING THERAPY”:**

**PSYCHOLOGICAL WELLBEING IN TIMES OF UNCERTAINTY**

**CHAIRMAN: *Ekaterina Makarova (Moscow, Russia)***

**WHAT KIND OF A PSYCHOLOGIST/PSYCHOTHERAPIST ARE YOU AND WHAT INTERFERES YOUR PROFESSIONAL REALIZATION?**

***Ekaterina Makarova*** – *psychoanalyst, head of the central council committee of the All-Russian professional psychotherapeutic league for training therapy, certified training therapist - advisor by PPL, accredited supervisor of PPL, lecturer of PPL of international level, chairman of the international section of the All-Russian Professional Psychotherapeutic League, chairman of the youth section of the World Council for Psychotherapy, Ph.D. candidate at the Sigmund Freud University (Vienna, Austria), MSc. Russia, Moscow.*

Self-isolation, quarantine, information overload, fear of the future have become a sudden and extreme reality for all humans. Familiar with the resources of psychotherapy and still in doubt, but in dire need of support, people habitually or for the first time turned to psychologists and psychotherapists for help. I will show the resources with which successfully adapting colleagues were able to answer the challenge of our time and expand their practice in my report.

**COPING-STRATEGIC PSYCHOTHERAPY OF CRISIS STATES IN PERSONAL THERAPY OF SPECIALISTS WORKING WITH CRISES**

***Marina Kolyaeva*** – *PhD in Psychology, psychotherapist of the unified register of professional psychotherapists in Europe (EAP), rector of the Eurasian Institute of Practical Psychology and Psychotherapy (EIPPP), certified personal therapist-adviser of the OPPL, accredited supervisor, teacher and personal therapist of the international level of the OPPL and EPPP, art -therapist, crisis psychotherapist, gestalt therapist, psychodramatherapist, coach, author-developer and lead trainer of more than 30 psychological and business projects. Russia, Moscow.*

Psychotherapy of crisis states is one of the most popular areas of modern psychotherapy. The relevance is due to the growth of mental disorders, psychosomatic diseases, suicides, depressions, family divorces, addictions among the population, which, for the most part, are the result of a destructive way out of the crisis.

In order to train specialists working with crisis states at the Eurasian Institute of Practical Psychology and Psychotherapy in 2004, a professional training program "Psychotherapy of crisis states" was created and is currently being conducted, based on polymodal coping-strategic psychotherapy of crisis states. Within the framework of the training, the typology of crises, the stages of experiencing crises, the personal characteristics of the client, the types of crisis response and their impact on the living of a crisis state are studied in detail. A special place in this approach is given to the ability to build strategies for psychotherapeutic assistance and the formation of polymodal methods for overcoming the crisis, taking into account the individual characteristics of the client.

Taking into account the four-part model of training specialists in helping professions (which consists of theory, practice, personal therapy and supervision), it seems relevant to train personal therapists to work with teaching and practicing psychotherapists of crisis states. Knowledge and skills of working with crises within this paradigm are important for a personal therapist; ensuring effective support of the stages of experiencing crisis states, taking into account personal characteristics and types of overcoming behavior of specialists.

The report will present a model of polymodal coping-strategic psychotherapy of crisis states, with the introduction of basic concepts. Let us consider in detail the typology of crises and stages of crisis states, the phenomenology of each stage, the concept of defense mechanisms and coping strategies. A scheme for the development of coping-strategic psychotherapy of crisis states will be presented.

The report will be useful for personal therapists, specialists working with crisis conditions, as well as students of helping professions.

**INTEGRATION OF MEDIATION AS AN ENVIRONMENTALLY FRIENDLY TOOL FOR RESOLVING INTERPERSONAL CONFLICTS INTO THE PRACTICE OF PERSONAL THERAPISTS IN A PERIOD OF GLOBAL CHANGES AND UNCERTAINTY**

***Nina Lavrova*** – *Professor of the Russian Academy of Natural Sciences, psychotherapist of the unified register of the European Association for Psychotherapy; Chairman of the Mediation Committee of the OPPL, Head of the Systemic Family Psychotherapy modality Eastern version, accredited training personal psychotherapist-adviser, supervisor of the OPPL; certified teacher of the OPPL of the international level; Head of the Department of Mediation and Conflict Resolution of the Institute of Practical Psychology Imaton, Director of the Psychoanalytic Center "Alliance". Russia, St. Petersburg.*

Personal therapists working with crisis conditions are prone to burnout due to conflict and stress, especially in the context of global changes and uncertainty, and need to learn new environmentally friendly tools for their work.

An integrative approach to the use of tools to help clients, the most sought-after trend for professionals in the helping professions. The report discusses the possibility of using mediation as an environmentally friendly way to resolve conflicts and the author's technology "Mediation Map", which is of particular relevance for use in personal therapy during the period of global changes and uncertainty.

**Psychological well-being of a specialist of helping professions. Art as a resource. Means of stability and vital capacity: acknowledgement of resources and strengths of a personality inspired by integrative resource art-therapy**

***Inna Zezyulinskaya*** *– head of the Crimean regional branch of PPL Russia, accredited training psychotherapist-adviser and supervisor of PPL; certified PPL trainer of national level; holder of the European Certificate for Psychotherapy; trainer of the Institute of Practical Psychology “Imaton; Associate Professor of the IPO SRS KIP (Interregional Public Organization for Promotion of Symboldrama – Catathymic Imaginative Psychotherapy Development); supervisory Board member of the National Self-Regulating Organization “Union of Psychotherapists and Psychologists”; head of Applied psychology center “Harmony” and of art-therapeutic workroom “Paints of the Soul”; author of Metaphorical associative cards “Harmony”, “Sea of Life” and of the course of intuitive painting "Intuitive painting as a creative method of self-knowledge and self-development"; author of the project “Psychological lounge. The Art of Living". Russia, Sevastopol.*

*“Creativity can solve almost any problem.* *The creative act, the defeat of habit by originality, overcomes everything” – George Lois*

How can a specialist strengthen their own ability to cope with stressful situations? Is it possible to rely on inner resources to keep the balance and emotional equilibrium upon changes in life and related uncertainties? The report dwells upon the themes of resources of creative potential that contribute to development of stress tolerance and vital capacity. The report also dwells upon creative methods of activating and development of a specialist’s inner resources the perception of which will help to harmonize emotional condition, generate energy to achieve desired results, and add inspiration to professional activities and other spheres of life. Review of modern integrative art-therapy techniques of psychological stabilization and support in a situation of uncertainty is also given in the report.

**POWER GAMES IN PSYCHOTHERAPY**

***Galina Makarova*** – *PhD., transactional analyst, supervisor, teacher and author. ECP holder, chairperson of the «Eastern Version of Transactional Analysis» modality by All-Russian Professional Psychotherapeutic League, training therapist of the PPL. Russia, Moscow.*

The Psychological Game is a sequence of actions that have a predictable outcome, an ulterior motive, and a retribution in the form of unpleasant feelings. Psychological games permeate our entire life, and are widely represented in the relationship between representatives of the helping professions and their clients. Demonstrating the need for help and support, recognition, at the same time, each of the participants is passive: they play in order to avoid changes. Games are surrogate relationships, simplified and devalued, but they are what ensure our social survival. Each profession has its own psychological games and games of power, the report is devoted to their analysis. Consider games of people in helping professions, games of doctors, psychotherapists, psychologists and social workers.

**GROUP PSYCHOTHERAPY (TRAINING GROUP THERAPY), SUPERVISION, BALINT GROUP - SIMILARITIES AND DIFFERENCES**

***Anzhela Avagimyan*** – *Senior Lecturer at FSAEI HE I.M. Sechenov First Moscow State Medical University, Medical Psychologist, No.1 N.A. Alekseyev Psychiatric Clinic, President of the Balint Society. Russia, Moscow.*

This report examines the similarities and differences in the use of professional help methods by help professions specialists – medical and social workers, psychologists and psychotherapists. It compares the efficiency of given methods and determines whether it is necessary to use them jointly in order to create synergy effect.

**WORK WITH FAMILY HISTORY AS A RESOURCE FOR THE IMPLEMENTATION OF THE VITAL TASKS OF CANDIDATES IN THE PROCESS OF TRAINING THERAPY**

***Natalya Perervus*** – *psychologist, systems therapist, constellator, training therapist-adviser and supervisor of the PPL, full member of the PPL. Russia, Arkhangelsk.*

The history of each person is inscribed in his family history, which, in turn, is included in social history. Our fate depends not only on the family in which we were born and raised, but also on our extended family, the life history of our ancestors, on the events and traditions of our family. The knowledge about the life of previous generations gives us a resource, a source of self-realization, and access to the most valuable family gifts.

It is impossible to disagree with the famous DNA genealogy specialist, professor A.A. Klesov, who claims: “When I know my pedigree, my step is more elastic, my back is more direct, and the responsibility on my shoulders cannot be failed. This sounds pathetic, but, knowing the history of my ancestors, I have more advantages than if I knew 2-3 generations in depth. ”

And vice versa, we can receive a minimum of information and far from the best experience as a legacy from our ancestors. The more information about some difficult events in the life of the family is hushed up, “expelled” from the group consciousness, falling into the group unconscious, the more likely it will negatively affect future generations, namely: the consequences of collective injuries, unworked mourning, unexpressed feelings and unaware tears, anniversary syndrome.

To acquaint with various methods of working with family history, to show how with their help it is possible to identify the processes of transgenerational transmission and transgenerational repetition; to discover various roles and rules, to identify the resources available in the family system - this is one of the important spectra of tasks when working with candidates in the process of their training therapy.

**THERAPEUTIC SPACE AND PROFIDENTICITY OF THE THERAPIST**

***Irina Shcherbakova*** –*psychologist, counselor, psychotherapist, certified training therapist of PPL, certified consultant of PPL, full member of PPL. Russia, Yekaterinburg.*

The report discusses the key points in the formation of the professional identity of specialists for whom psychological counseling and psychotherapy are not the first profession. The options for determining the resources and limitations of the formed personality structures are being explored. The author pays special attention to the integration of previous life and professional experience into a new professional identity of a specialist.

**THE RANGE OF POSSIBILITIES FOR PERSONAL THERAPY IN THE LIGHT OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN**

***Lyudmila Troyan*** *– Doctor of Natural Sciences, president of Benevolent Fund by L.P. Troyan “ECOLOGY OF THOUGHT”, head of regional branch of Professional Psychotherapeutic League of Russia (PPL) The Knowledge System of ECOLOGY OF THOUGHT (KSET by L.P. Troyan), certified personal therapist of the PPL, full member of PPL. Russia, Moscow.*

The Knowledge System’s hypotheses pointing to immortality of the individuality and variety of incarnations make it possible to turn the personal therapy into an excellent source of renewal. The spiritual and physical facets of individuality are improving. It helps consider the current requests.

**PERSONAL THERAPY AS A FACTOR IN THE PSYCHOTHERAPIST’S SELF-ACTUALIZATION**

***Svetlana Tolstaia*** *– PhD in psychology, Associate Professor, full member of PPL Russia, full member of World Association for Positive and Transcultural Psychotherapy. Moldova, Kishinev.*

The report examines the role of personal therapy in the process of self-knowledge, self-understanding and self-actualization of the personality of a psychotherapist. A description of self-actualization based on the author’s model of personality self-actualization is given. The role of self-knowledge for the process of self-actualization is discussed. Practical exercises aimed at self-knowledge, developed by the author for use in individual or group personal therapy, are considered.

**GROUP DISCUSSION AND CONFERENCE CLOSING**

**CONFERENCE**

**“PSYCHOTHERAPY OF PAIN”**

**CHAIRMEN: *Zlata Polozhaya (Moscow, Russia), Alexey Danilov (Moscow, Russia), Ilgiz Timerbulatov (Ufa, Russia)***

**PSYCHOTHERAPY OF PAIN AS A CLUSTER OF PSYCHOTHERAPY**

***Zlata Polozhaya*** *– Candidate of Medical Sciences, Head of the Department of Psychotherapy at IMM, Head of the Pain Psychotherapy Cluster in the All-Russian Professional Psychotherapeutic League, psychiatrist, psychotherapist, hypnotherapist, group psychotherapist, member of WIP (World Institute of Pain). Russia, Moscow.*

**PSYCHOTHERAPY OF PAIN *–* A FUNDAMENTAL ELEMENT OF PAIN MANAGEMENT**

***Aleksey Danilov*** *– Doctor of Medical Sciences, Professor, Director of the Institute of Interdisciplinary Medicine.*

**БОЛЕВОЙ СИНДРОМ ПРИ ПСИХИЧЕСКИХ РАССТРОЙСТВАХ:ОСНОВЫ ДИФФЕРЕНЦИАЛЬНОЙ ДИАГАГНОСТИКИ И ТЕРАПЕВТИЧЕСКИЕ ПОДХОДЫ**

***Ilgiz Timerbulatov*** *– doctor of medical sciences, MD, professor, head of the department of psychotherapy at the Bashkir State Medical University, head physician of the Republican Clinical Psychotherapy Center, chief psychotherapist of the Ministry of Health of the Republic of Bashkortostan, vice president of the All-Russian Professional Psychotherapeutic League for the Volga Federal District. Russia, Ufa.*

**NEUROPHYSIOLOGICAL ASPECTS OF PAIN IN MODERN PSYCHOTHERAPY**

***Rustem Akhmadeev*** *– Doctor of Biological Sciences, Professor, Head of the Laboratory of Neurophysiology, Republican Clinical Psychotherapeutic Center of the Ministry of Health of the Republic of Bashkortostan.*

**PAIN SYNDROME IN ENDOGENOUS MENTAL DISORDERS**

***Zamira Mingafarova*** *– head of the psychotherapeutic department No. 5, psychiatrist, psychotherapist, Republican Clinical Psychotherapeutic Center of the Ministry of Health of the Republic of Bashkortostan, Excellence in Public Health of the Republic of Belarus.*

**WORKING WITH PAIN SYNDROME IN ONCOPSYCHOSOMATICS**

***Alexandr Brazhnikov*** *– rector and Head of the Department of Oncopsychosomatics of the St. Petersburg Psychosomatic medical institute, President of the «Charitable foundation «Kind person» aimed at promoting the introduction of psychosomatic medicine methods in the health care system, psychotherapist, psychiatrist, psychiatrist-narcologist, health care manager. Russia, Saint Petersburg.*

**CONFERENCE**

**“PSYCHOTHERAPY OF HEALTHY PEOPLE IN THE ERA OF CHANGE: FROM CONCEPTION TO ADVANCED YEARS”**

**CHAIRMEN: *Andrey Strelchenko (Moscow, Russia), Pavel Moskvitin (Novokuznetsk, Russia), Roman Zakharov (Moscow, Russia)***

There is a perception that only sick people, and especially the mentally ill, need psychotherapy. The fallacy of such a narrow view of modern psychotherapy is refuted by the daily practice of most professional psychotherapists and psychologists who improve the quality of life of healthy people. The topic of providing psychotherapeutic assistance to healthy people becomes especially relevant during the period of global cataclysms.

Now is just such a time, time for a change. At the conference, we will discuss issues that demonstrate the relevance of psychotherapeutic assistance for the prevention of diseases and the preservation of human health in this difficult period of time for each person.

**GREETINGS FROM THE ORGANIZERS** (10.00-10.15)

**EPISTEMOLOGICAL AND PSYCHOTECHNICAL ANALYSIS OF THE PHENOMENON OF FAITH**(10:15 – 10:45)

***Alexander Katkov*** *– Doctor of Medical Sciences, Professor, Vice-President of the OPPL, Chairman of the Academic Council of the National SRO “Union of Psychotherapists and Psychologists”, Russia, St. Petersburg.*

The report discusses the results of epistemological and psychotechnical analysis of the Faith phenomenon. The resource mission, important functional aspects of the state of Faith, concerning the qualitative characteristics of individual and social mental health are considered. The thesis is put forward that the phenomenon of Faith can and should be the subject of in-depth scientific analysis without any conflict between the gnostic and logical archetypes of comprehending a complex category of reality. The possibility of significant deepening and updating in understanding the phenomenon of Faith is substantiated. Data are given on the possibility of accelerated development of the super-resource status of Faith-Knowledge, including through the use of innovative psychotherapeutic technologies.

**Discussion of report: questions and answers, remarks** (10:45 – 10:55)

**HEALTH OF THE CHILD EYES OF MOTHER** (10:55 – 11:10)

***Irina Vshivkova*** – *family therapist, perinatal psychologist, Russia, Moscow.*

The mother 's perception of her child 's health is observed in the paper. Analysis of various reactions of mentally healthy mothers to the situation of illness is carried out. The psychological background of the interaction doctor - parent - problem - patient, possibilities of making a joint decision is discussed. Features of the action of critical thinking of the mother and fulfillment of appointments of the doctor of her child. Psychotherapy is considered in the upbringing of healthy children of different ages.

**Discussion of report: questions and answers, remarks** (11:10 – 11:20)

**THE POSSIBILITY OF CREATING A MULTIDISCIPLINARY UNIFIED WORK SYSTEM WITH MENTALLY HEALTHY PEOPLE IN ACCORDANCE WITH A UNIVERSAL MODEL OF PSYCHOTHERAPY BASED ON A BIOPSYCHOSOCIOSPIRITUAL HUMAN MODEL** (11:20 – 11:35)

***Olga Gafarova***  *– full member of the Professional Psychotherapeutic League, author of the Universal Model of Psychotherapy “Technology of Awareness of Reality” (TOR-approach), CEO of the Resource Center “Integration”, psychologist-psychotherapist.*

The report substantiates the possibility of developing and implementing a Multidisciplinary Unified Work System (Russian - MESR) for specialists in the psychological niche of services as a single platform for programs with different levels and types of funding, aimed at prevention of mental disorders and increasing the level of motivation of the population to seek psychological help in a timely manner.

**Discussion of report: questions and answers, remarks** (11:35 – 11:45)

**PERINATAL PSYCHOLOGY AND RESOURCE PSYCHOTHERAPY** (11:45 – 12:00)

***Natalia Kovalenko*** *– Doctor of Psychology, Professor of St. Petersburg State University, President of ARPPM (Association for the Development of Perinatal Psychology and Medicine). Saint Petersburg, Russia.*

The report will cover the methodology of Resource Psychotherapy for the Healthy - this is a package of methods for diagnosing a person's resource potential to determine the causes of loss of resources (traumatization), starting from the perinatal period, in the family system, etc. The report will also give an overview of resource technologies for restoring human potential. These are four, interconnected by a common theoretical model, therapeutic programs.

**Discussion of report: questions and answers, remarks** (12:00 – 12:10)

**CONSTRUCTIVE AND DESTRUCTIVE EXITS FROM CRISIS STATES** (12:10 – 12:25)

***Marina Kolyaeva*** *– PHD in Psychological Sciences, Psychotherapist of the Unified Register of European Professional Psychotherapists, Head of the Eurasian Institute of Practical and Applied Psychology (Moscow), Personal Psychotherapist - Advisor, accredited supervisor, teacher and personal therapist with a degree from the Professional League of Psychotherapists and the Eurasian Institute of Practical Psychology and Psychotherapy. Russia Moscow.*

Crisis psychotherapy is one of the popular areas of modern psychotherapy. The relevance is due to the growth of mental disorders, psychosomatic diseases, suicides, depression, family divorces, addictions among the population, which, for the most part, are the result of a destructive way out of the crisis.

The report will examine the types of crises, the experience of using coping strategic psychotherapy of crisis conditions, which provides constructive solutions to crises (psycho-traumatic, loss and development), and the consequences of destructive trajectories that significantly affect the mental and physical (somatic) and social health of a person.

**Discussion of report: questions and answers, remarks** (12:25 – 12:35)

**Therapeutic and organizational potential of «PSYCHOTHERAPY OF healthy» in increasing the efficiency of art-therapy for stress-related mental disorders** (12:35 – 12:50)

***Aleksey******Lebedev*** *– psychotherapist of the psychotherapeutic department of the Veterans Hospital (GBUZ VOKGVV), senior lecturer at the Department of General and Clinical Psychology, Volgograd State Medical University (VolgSMU), full member of OPPL,* *Russia, Volgograd.*

The report discusses the various therapeutic possibilities of «psychotherapy of healthy» in order to increase the effectiveness of clinical systemic art-psychotherapy of stress-related mental disorders. The constructive influence of the basic principles and general ideology of this psychotherapeutic approach on the cardinal solution of the problem of premature terminations in therapy, the formation of a stable positive motivation of patients, as well as the overall optimization of the art-therapy process are considered. Examples of the practical implementation of the principles of «psychotherapy of healthy» in group art-psychotherapy are demonstrated. Therapeutic mechanisms and conditions for their effective application are discussed.

**Discussion of report: questions and answers, remarks** (12:50 – 13:00)

**STRENGTHENING THE MENTAL HEALTH OF CHILDREN AND ADOLESCENTS ON THE METHODOLOGICAL BASIS OF "PREVENTIVE PSYCHODRAMA"** (13:00 – 13:15)

***Pavel Moskvitin*** *– psychotherapist of the highest category, psychiatrist, psychiatrist-narcologist, candidate of medical sciences, associate professor, corresponding member of the International Academy of Sciences of Ecology and Life Safety, consultant of the “Insight” clinic. Novosibirsk, Russia.*

The report outlines the methodological foundations of an innovative approach based on the group psychohygienic method of "preventive psychodrama". The results are described at the subpopulation, group and individual levels. The necessity of introducing psycho-preventive programs at the municipal, regional and federal levels is shown.

**ORGANIZATION OF SOCIAL PARTNERSHIP IN PREVENTION OF PSYCHOACTIVE SUBSTANCES USE BY STUDENTS IN EDUCATIONAL INSTITUTIONS** (13:15 – 13:30)

***Pavel Moskvitin*** *– psychotherapist of the highest category, psychiatrist, psychiatrist-narcologist, candidate of medical sciences, associate professor, corresponding member of the International Academy of Sciences of Ecology and Life Safety, consultant of the “Insight” clinic. Novosibirsk, Russia.*

***Mariy Moskvitina*** *– candidate of economic sciences, associate professor of the Department of State and Municipal Administration of the Siberian Institute of Management - a branch of the Russian Academy of National Economy and Public Administration under the President of the Russian Federation. Novosibirsk, Russia.*

**Discussion of report: questions and answers, remarks** (13:30 – 13:45)

**BREAK**(13:45 – 14:00)

**THE USE OF NEUROLINGUISTIC PSYCHOTHERAPY FOR LOGONEUROSIS OF ADOLESCENTS AND ADULTS** (14:00 – 14:15)

***Lesya Palkina*** *– accredited psychologist-psychotherapist, supervisor. Neurolinguistic psychotherapy - neurotransforming, full member of the Professional Psychotherapeutic League, specialist of the private educational institution of additional professional education "Kirov Institute of Practical Psychology", Russia, Yekaterinburg.*

The report examines the practical experience of psychological counseling of persons with problems of logoneurosis. Neurolinguistic aspects of the formation of pure speech of the client through images, symbols, psychosemantic meanings are discussed. The main criteria for working with clients who have this request are being built.

**Discussion of report: questions and answers, remarks** (14:15 – 14:25)

**HEALTH – MANAGEMENT. PERSON – POLITY – HEALTHCARE** (14:25 – 14:40)

***Larisa Rudina*** *– PhD, docent, full member of PPL Russia, opinion – leader professional retraining programs for doctors of the Russian Federation, expert – trainer Healthy Interactions Inc. (USA), associated professor of Russian Presidential Academy of National Economy and Public Administration under the President of the Russian Federation. Russia, Moscow.*

Specific problems in the field of Russian health care system are observed in the paper. New concepts of world medicine are given. The possibilities of modeling effective interaction in communication «doсtor – patient» are presented. Descriptions based on evidence-based successful studies.

**Discussion of report: questions and answers, remarks** (14:40 – 14:50)

**THE SOUL, BLOOD AND LANGUAGE OF MAN. THE CREATIVE NATURE OF SELF-ORGANIZATION** (14:50 – 15:05)

***Alla Semenova***– *pediatrician, psychotherapist, immunologist, full member of the OPPL of Russian Federation, the author of the method and the head of modality «Healing, Creative Psycholinguistics», doctor of science in the Field «Control in biology system» of International Academy MAISU (Information, Communication, Control in Engineering, Nature, Society). Russia, Moscow – Australia, Canberra.*

The concept of the soul as a special form of true being and the Central instance of self-organization is considered in the report, on the basis of trans-disciplinary analysis. The creative, sound-imago-symbolic, psycholinguistic, interactive, language games solve the sacred task of finding the keys to the code of human consciousness in modern civilization.

**Discussion of report: questions and answers, remarks** (15:05 – 15:15)

**WHY DO HEALTHY PEOPLE NEED PSYCHOTHERAPY IN AN ERA OF CHANGE?** (15:15 – 15:30)

***Andrey Strelchenko*** *– Doctor of Medical Sciences, Full member of the Professional Psychotherapeutic League, psychotherapist of the Unified Register of Psychotherapists in Europe, Official representative of the central council of the Professional psychotherapeutic league in Latin America. Russia, Moscow.*

***Vera Odyn*** *– doctor of the highest category, Honored Health Worker of Russia. Russia, Moscow.*

The report discusses the place of psychotherapy of healthy people in social psychotherapy and its methodological principles. The role of psychotherapy for healthy people is emphasized, taking into account the global challenges of our time. Neuropsychological and existential aspects of the formation of psychological stability during the crisis periods of human and society life are discussed.

**Discussion of report: questions and answers, remarks** (15:30 – 15:40)

**MIDLIFE CRISIS IN AN AGE OF CHANGE: A JUNGIAN APPROACH** (15:40 – 15:55)

***Lidia Surina*** *– Ph.D., analytical psychologist, psychotherapist, full member of the All-Russian Professional Psychotherapeutic League, Сo-chair of the Jungian Analysis modality of the OPPL, Certified Personal Therapist, Supervisor and Lecturer of the International Level of the OPPL, Moscow*

The author analyzes the causes and peculiarities of the so-called "midlife crisis", especially in the period of global social change. There comes a moment when the Self prompts a person to look back at his life and ask himself: "Who am I, if you separate me from my biography and the roles that I play?" – thereby initiate the stage of their true personal maturity. The main task of psychotherapy during this difficult period is to help a person realize what is truly important in his life, and to show that in middle age there is a unique opportunity to feel your importance in a new way, make your choices more consciously and make your life more conscious, creative and holistic.

**Discussion of report: questions and answers, remarks** (15:55 – 16:05)

**PSYCHOANALYSIS IN THE BOOK OF RECORDS: THE PROSPECTS FOR GROUP PSYCHOTHERAPY FOR ACTIVE AUDIENCES OF SEVERAL TENS OF THOUSANDS OF PEOPLE** (15:55 – 16:10)

***Galina Turetskaya*** *– Ph.D. in Psychology, Advisory member of the Professional Psychotherapeutic League, Сo-ordinator of healthy lifestyle programs, Research Institute for the Development of Innovative Methods of Education, Russia, Moscow*

The report examines the practical experience and results of online psychological programs. It discusses the prospects for online group psychotherapy for the audience of tens of thousands of people, and also provides practical tools for psychologists on how to bring a personal brand to the Internet.

**Discussion of report: questions and answers, remarks** (16:20 – 16:30)

**TARGETS OF PSYCHOTHERAPY IN THE TOPIC OF LONGEVITY: THE VIEW OF A KINESIOLOGIST** (16:30 – 16:45)

***Irina Chobanu*** – *Medical Doctor, psychotherapist, kinesiologist, director of the Institute of kinesiology, President of Association of Professional Kinesiologists. Russia, Moscow.*

Psychotherapeutic kinesiology considers the modern topic of longevity to be structured. Based on Psychogenetic theory and model of personality we can define 2 main vectors of development of personality. The first is pathologic vector, including Me-Addictive and Me-Autoaggresive. They include different ways of self-destruction, and they stop any longevity. Another vector is positive development in different spheres of life, and includes Me-Body, Me-Child, and others. Working with body, kinesiologist lessens pathologic part and activate positive part of the personality. As a result it increases desire and possibility to live longer and happier.

**Discussion of report: questions and answers, remarks** (16:45 – 16:55)

**PSYCHOLOGICAL PROBLEMS AND DIRECTIONS OF PSYCHOLOGICAL ASSISTANCE IN THE POST-PERMANENT PERIOD** (16:55 – 17:10)

***Galina Filippova* –** *Doctor of Psychological Science, professor, APPL full member, Scientific secretary of APPL Perinatal psychotherapy section, Rector of the Institute of perinatal and reproductive psychology. Russia, Moscow.*

The report examines the difficulties of adapting to parenthood in the postpartum period. The current conditions and problems that parents face after giving birth are discussed. The main factors of maladaptation to parenthood are distinguished: unavailability of a life situation, motivational unavailability, parental incompetence. The directions of psychological assistance in the postpartum period are determined.

**Discussion of report: questions and answers, remarks** (17:10 – 17:20)

**PRACTICAL SELF-REGULATION SKILLS FOR DISTRESSED CHILDREN** (17:20 – 17:35)

***Lyudmila******Baskakova*** *– clinical psychologist, neuropsychologist, Head of the psychological service of a medical centre, a full member of the Professional Psychotherapeutic League, Head of Neuropsychology direction, OPPL regional lecturer.*

**Discussion of report: questions and answers, remarks** (17:35 – 17:45)

**SUMMING UP THE CONFERENCE**(17:45 – 18:00)

**XXIX INTERNATIONAL SCIENCE AND RESEARCH CONFERENCE “THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN IN LIFE EVOLUTION ON THE EARTH”**

**CHAIRMEN: *Lyudmila Troyan (Moscow, Russia), Svetlana Belous (Moscow, Russia)***

The XXIX International Science and Research Conference “The Knowledge System of ECOLOGY of THOUGHT by L.P. Troyan in Life Evolution on the Earth” in the framework of 9th World Congress for Psychotherapy “Children, Society and Future – the Planet of Psychotherapy” focuses on the psychological health of schoolchildren, students and adults. Every year our colleagues develop and master their professional skills. Lately as a result of vast supervisor-training program the psychologists from Russia, Belarus, Ukraine, Germany, Israel have been awarded the statuses of supervisors. The topics related to distance learning, strengthening the immune system and transforming the consequences of a bacteriological threat remain relevant.

**IMPACT OF NEGATIVE PARENT RECORDINGS ON THE DEVELOPMENT OF AUTONOMY IN PRESCHOOLERS**

***Olga Reeva –*** *educational psychologist, postgraduate student of the Department of Developmental and Social Psychology of Belgorod State University, consultant of The Knowledge System of ECOLOGY OF THOUGHT by L. P. Troyan (KSET by L.P. Troyan), full member of the PPL, personal therapist, supervisor, certified by the PPL. Russia, Stroitel.*

Most common parental recordings or guidelines in families and their different influence on the development of autonomy in preschool childhood are observed in the paper.

**PSYCHOLOGICAL ADAPTATION OF MEDICAL COLLEGE STUDENTS TO LEARNING PROCESSES DURING THE PANDEMIC PERIOD**

***Tatyana Fomitskaya –*** *psychologist, teacher of the Voronezh basic medical College, post-graduate student of VSPU, the KSET by L.P. Troyan consultant, full member of the PPL, personal therapist, supervisor, certified by the PPL. Russia, Semiluki.*

The report reveals the use of a psychotherapeutic approach to form conditions for psychological adaptation of medical students from different levels of training to educational and professional activities during the pandemic. It gives specific examples of the application of KSET by L. P. Troyan methods for overcoming fears, developing motivation to learning and a conscious attitude to the chosen profession in the conditions of distance education.

**THE IMAGE OF PROSPEROUS STUDENTS IN MODERN SOCIAL CONDITIONS**

***Anna Khaleeva –*** *economist, psychologist, the KSET by L. P. Troyan consultant,full member of the PPL, personal therapist, supervisor, certified by the PPL. Russia, Moscow.*

This report demonstrates the image of the prosperous student in the current modern world. The current social conditions are described as conditions of physical and social isolation, as well as distanced education. Additionally, the theoretical analysis was completed to demonstrate how the current social conditions influence the physiological development of personality.

**WORK ANALYSIS IN THE SOCIAL REHABILITATION CENTER FOR MINORS "FAMILY" FOR THE PERIOD FROM NOVEMBER 2019 TO MAY 2021**

***Marina Dzerzhinskaya*** *– psychologist, teacher at Moscow State Budge Mariino Schools, post-graduate student of the Kostroma State University, consultant of the Кnowledge System of ECOLOGY of THOUGHT by L.P. Troyan, full member of the PPL, personal therapist, supervisor, certified by the PPL. Russia, Shchelkovo.*

The report examines the individual approach to the child and takes into account the child's living and learning conditions. A comprehensive solution includes the methods of Knowledge System of ECOLOGY of THOUGHT by. L.P. Troyan, harmonization in the school team, working with fears during answers to questions, motivation to study, to additional knowledge and other issues and allows you to reach a new level of self-sufficiency and perception of your own success and joy in life.

**COGNITIVE SKILLS DEVELOPMENT OF A YOUNG CHESS PLAYER IS THE KEY TO SUCCESSFUL WORK IN THE FUTURE**

***Anna Alyohina*** *– psychologist, lawyer, post-graduate student of V.I. Vernadsky Crimean Federal University, the KSET by L. P. Troyan consultant, full member of the PPL of Russia, personal therapist, supervisor, accredited by the PPL. Russia, Republic of Crimea, Kerch.*

The report discusses a consistent method of restoration and development of concentration focus and memory using the author's methods of the KSET by L.P. Troyan as a cognitive component of the success of a chess preschool player. In the course of a chess game, scientific and practical methods of the KSET by L.P. Troyan are working on the formation and transformation of the facets of the initial cause of destructive processes that hinder the development of discipline, the ability to create motivation for a particular case, the desire to improve team results.

**THE FEATURES OF QUICK RESOURCE RESTORATION OF HARMONY CONDITION IN A PRACTICE OF A YOUNG COUNSELING PSYCHOLOGIST BY METHODS OF KSET BY L.P. TROYAN**

***Kirill Alekseenko*** *– psychologist, postgraduate**student, Institute of Psychology of Russian Academy of Sciences, KSET by L.P. Troyan consultant, full member of the Professional Psychotherapeutic League of Russia (PPL), personal therapist, supervisor, certified by the PPL. Russia, Saint Petersburg.*

The report considers the quick resource of harmony condition restoration as one of the factors of the effectiveness for professional activity of a consultant psychologist. The Knowledge System opens up the resources and capabilities of the human body in restoring psychological health. The systematic approach in the transformation of attitudes and root causes of destructive processes that impede successful professional activity is described.

**THE RESEARCH OF PSYCHOLOGICAL WORK IN AUTHOR PROJECT "INTERNATIONAL FILM CLUB FOR SCHOOL STUDENTS" FROM THE VIEWPOINT OF THE KSET BY L. P. TROYAN**

***Anastasia Kegeles*** *– psychologist, KSET by L. P. Troyan consultant, chairman of the charity fund «ÖKOLOGIE DES GEDANKENS nach L. P. Troyan», psychologist of social service centre Navitas gGmbH, full member of the PPL, personal therapist, supervisor, certified by the PPL. Germany, Berlin.*

The report examines possibilities of preventive approach to psychological health of school-age children. Courage, self-confidence, and conscious attitude to learning process at school are formed through joint watching and discussion of children's, youth, and historical films. Members of the Film Club discuss outward appearance and lifestyle of heroes and antiheroes, challenging life situations and interpersonal relationships. Personal resources are revealed following resources of kindness, respect, gratitude, mutual understanding, mutual help, and striving for knowledge of favorite movie characters. The report presents the goal of International Film Club organization – to fill essential focuses of upbringing in the development of modern person based on methods of the KSET by L.P. Troyan.

**INTERMEDIATE RESULTS OF THE STUDY OF LEADERSHIP QUALITIES DEVELOPMENT OF SENIOR STUDENTS IN INTERPERSONAL RELATIONSHIPS**

***Olesya Oleynik*** *– teacher-psychologist in Russian International School Moscow, interpreter of English, German languages, post-graduate student of the Kostroma National University, psychologist-consultant of The Knowledge System of ECOLOGY of THOUGHT by L. P. Troyan, full member of the PPL, personal therapist, supervisor, certified by the PPL. Russia, Moscow.*

The report discusses the intermediate results of the study, the criteria for determining the choice of methods, as well as determining the method of processing the research results and the differences in the modern approach to this issue in comparison with historical data.

**LINK BETWEEN THE GOALS OF EDUCATIONAL PROGRAMS AND THE DEVELOPMENT OF STUDENTS’ ENVIRONMENT AT THE INSTITUTION OF SECONDARY VOCATIONAL EDUCATION**

***Anastasia Chernova*** *– teacher of Moscow creative industries Technical school named after L.B. Krasin, psychologist, consultant of KSET by L.P. Troyan, full member of the PPL, personal therapist, supervisor, certified by the PPL. Russia, Moscow.*

The paper investigates the dynamics of the development of students environment in the educational process. It is dedicated to the link between students’ development and educational process, educational programs and goals at the institution of secondary vocational education.

**ANALYSIS OF CHILDREN UPBRINGING BY PARENTS OF DIFFERENT AGE IN THE LIGHT OF THE KSET BY L. P. Troyan**

***Valentina Drozdovskaya*** *– psychologist, consultant of KSET by L.P. Troyan, Head of the Minsk Local Charitable Foundation "ECOLOGY OF THOUGHT by L.P. Troyan system", full member of the Professional Psychotherapeutic League (PPL), personal therapist, supervisor, certified by the PPL. Belarus, Minsk.*

The paper considers the possibility of systematic and individual work with parents of different age and their children by KSET L .P. Troyan methods. Special attention is given to the peculiarities of upbringing children revealed by complex approach.

**FORMING HARMONIOUS LEARNING PROCESS IN AN ART SCHOOL FOR CHILDREN. KSET BY L.P. TROYAN METHODS**

***Olga Belskaya –*** *psychologist, teacher, musician, the KSET by L.P. Troyan consultant, full member of the PPL, certified personal therapist of the PPL. Russia, Moscow.*

The report considers an individual approach to children’s music skills. Development of young musician requires a special atmosphere and attitude to the entire professional team. The attention is given to the state of nervous system, which shows the tension of a child and trust relationship with audience at school and other locations.

**RESTORATION OF ORGANS WITH THE ABILITY TO REGENERATE USING THE METHODS OF KSET BY L.P. TROYAN**

***Elena Shevtsova*** *– psychologist, KSET by L. P. Troyan consultant, full member of the PPL, personal therapist, supervisor, certified by the PPL. Russia, Sevastopol.*

The report describes the regeneration form, provides the overview of the existing researches on the topic of organ regeneration, and explains the methods of KSET by L.P. Troyan used for restoring the removed ovary.

**work Analysis OF CONSULTANT – PSYCHOLOGIST IN CONDITIONS OF ECONOMIC AND SOCIAL CRISIS. METHODS OF KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHTS BY L. P. TROYAN**

***Natalia Smolyarov*** *– psychologist, KSET by L. P. Troyan consultant, full member of the PPL, personal therapist, supervisor, certified by the PPL. Israel, Holon.*

The report presents possibilities of maintaining psychological and physical health, using the methods of KSET by L.P. Troyan in the challenging conditions, caused by the crisis. The report includes the results of harmonization of family relationships and supporting the nursery and primary pupils to learn at home during the pandemic.

**A HARMONIOUS STATE IS AN ABILITY TO PLAN EVERY STAGE OF LIFE IN REAL CONDITIONS**

***Svetlana Moskalenko*** *– founder of language school, English teacher, consultant of KSET by L.P. Troyan (the Knowledge System of ECOLOGY of THOUGHT), full member of the PPL, personal therapist, supervisor, certified by the PPL. Russia, Moscow.*

The practical application of KSET by L.P. Troyan (the Knowledge System of ECOLOGY of THOUGHT) for creating a harmonious state to achieve goals and solve problems in five spheres of life: health, family, finance, work, education is observed in the paper.

**INFLUENCE OF PSYCHOLOGICAL STATE, MOTIVATION AND CONCENTRATION ON THE PROCESS OF POSTGRADUATE STUDIES**

***Natalia Belousova*** *– postgraduate student, consultant of The Knowledge System of ECOLOGY OF THOUGHT by L. P. Troyan (KSET by L.P. Troyan),full member of the PPL, personal therapist, supervisor, certified by the PPL. Russia, Moscow.*

The report highlights the important factors in the psychological state of a postgraduate student. It considers the specific stages of postgraduate studies and research. It also describes the psychotherapeutic practical methods of the KSET by L.P. Troyan used during the research work.

**DYNAMICS OF MOTIVATION – SEMANTIC SPHERE IN PATIENTS WITH DIABETES MELLITUS DURING THE REHABILITATION PERIOD**

***Irina Burovskaya*** *– PhD in psychology, practicing psychologist, consultant of the KSET by L.P. Troyan, full member of the PPL, certified personal therapist of the PPL. Russia, Moscow.*

The report discusses the dynamics of the state of patients with diabetes mellitus during the rehabilitation period. Analysis of the dynamics of the motivational – semantic sphere of patients makes it possible to psychologically change these aspects using the methods of the KSET by L. P. Troyan. Preliminary results indicate the availability of methods of the KSET by L. P. Troyan and their beneficial influence. Depression and anxiety of patients are reduced, motivation in “diabetes management” is increased, life-meaning orientations of this category of people are being formed.

**THE PECULIARITIES OF ONLINE AND OFFLINE HIGHER EDUCATION  
*Victoriya Perekotiy*** *– psychologist, consultant of the Knowledge System of ECOLOGY of THOUGHT by. L.P. Troyan, full member of the PPL, personal therapist, supervisor, certified by the PPL. Russia, Murmansk.*

This report describes the peculiarities of online and offline education, the value of KSET by L.P. Troyan methods in creating a high motivation and building a learning capacity in the current circumstances.

**PSYCHOLOGICAL CORRECTION OF DELAY IN SPEECH DEVELOPMENT FOR PRESCHOOL CHILDREN USING METHODS of KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN**

***Olga Bogodyazh*** *– music teacher in preschool education, teacher of Belorussian language and literature, psychodrama practitioner, psychologist, KSET by L. P. Troyan consultant, full member of Professional Psycho-therapeutic League (PPL), personal therapist, supervisor, certified by the PPL.. Russia, Omsk.*

The paper discusses psychological work with children who have delays in speech development process, using methods of the Knowledge System of ECOLOGY OF THOUGHT (KSET) by L.P. Troyan. It analyzes the primary causes behind the prohibition of speech. It describes ways to restore the focus concentration and overcome negative perception using the KSET methodology for individualities at various levels of human body, as well as relevant results achieved in practice.

**USING KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN METHODS IN HARMONIZATION OF RELATIONS IN FAMILY, AT SCHOOL AND WITH COLLEAGUES AT WORK**

***Tatiana Afyorova*** *– librarian of the school library, KSET by L.P. Troyan consultant, consultative member of the Professional Psychotherapeutic League of Russia (PPL). Belarus, Soligorsk.*

The report examines how to change habits and form new focuses of attention, work with the primary causes of destructive processes using the methods of KSET by L.P. Troyan in order to achieve the goal sets: harmonious life in the family, at school, in professional life.

**METHODOLOGY OF KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN. THEORY AND PRACTICE**

***Tatyana Azarenko*** *– psychologist, trainer-teacher, author of methods of health improvement and development of young children, the KSET by L. P. Troyan consultant, consultative member of the PPL. Russia, Moscow.*

The report examines the theoretical part of KSET by L.P. Troyan using 3 different cases from counseling work. The examples reflect the problem, the destructive process, and the facets of the primary cause of the destructive process. Also, it includes a conscious transformation of the facets of the primary cause of the destructive process with a view of the upcoming period. Practical work was carried out for people of different ages.

Conclusion: a competent designation of the destructive process and the facets of the primary cause allow to achieve the result of the indicated problem with maximum practical efficiency and save the result in the coming period using the methods of KSET by L.P. Troyan.

**RESULTS OF USE OF THE KSET BY L.P. TROYAN METHODS IN DIFFERENT SPHERES OF UNIVERSITY LIFE**

***Daniil Belousov –*** *student of the Department of Rocket Complexes and Astronautics of the Moscow Aviation Institute, junior specialist in the specialty "Design, production and maintenance of electronic products", candidate for master of sport in water polo, KSET by L. P. Troyan consultant, observant member of the PPL. Russia, Moscow.*

The report highlights the most important aspects of the university's activities. It provides examples and results of using the KSET by L.P. Troyan methods for concentration restoration, harmonization of relationships with the students and in the work of coordinator with students, for motivation during the academic studies and exam preparation.

**THE MOST EFFECTIVE USE OF WORKING AND PERSONAL TIME WHILE WRITING A RESEARCH THESIS**

***Oksana Vedeneyeva*** *– postgraduate student of the Nizhny Novgorod State University named after N.I. Lobachevsky, the financial controller of an industrial enterprise, the KSET by L.P. Troyan consultant, observant member of the PPL. Russia, Moscow.*

The report describes the ways how to use the time period effectively while preparing a research dissertation. Integrity, concentration of attention, productivity and work-life balance are provided by the effective methods of the KSET by L.P. Troyan.

**COUNCELLING MGIMO STUDENTS IN THE PANDEMIC PERIOD**

***Dmitriy Goltsov*** *– senior teacher of English Department №3, Moscow State Institute (University) of International Relations of the Ministry of Foreign Affairs of the Russian Federation, KSET by L. P. Troyan consultant, consultative member of the PPL. Russia, Moscow.*

The author examines KSET by L.P. Troyan methods that contribute to students’ psychological health in the pandemic period and distance learning.

**THE SOURCES OF MY INSPIRATION**

***Svetlana Goltsova-Sohieva*** *– the head of language school HighFlySchool, KSET by L. P. Troyan consultant, consultative member of the PPL. Russia, Moscow.*

The author examines the sources of inspiration, which are also the basic ideas of KSET by L.P. Troyan. They give the author the eternal inspiration to love and create.

**STUDY OF PSYCHOLOGICAL CONDITIONS AFFECTING THE BONE MARROW IN LIGHT OF METHODS OF KSET BY L.P. TROYAN**

***Irina Dzevel*** *– therapeutic recreation and therapeutic art specialist, artist, KSET by L. P. Troyan consultant, consultative member of the PPL. USA, New York.*

The report discusses an integrated approach in psychological work during the project “Resources and possibilities of human body in the prevention of cancer. Nanotechnology of KSET by L.P. Troyan”. Much attention is paid to the work with fears and conscious transformation of the destructive experience using the KSET by L.P. Troyan methods. Based on the results of the work carried out to restore the norm of bone marrow functions, the skills of the ability to reinstate and maintain a harmonious state of the body’s processes were acquired.

**THERAPEUTIC EFECTS FOR AUDIENCES OF ALL AGES DURING THE WORK OF MEMBERS OF VORONEZH CHARITY FOUNDATION “KSET BY L. P. TROYAN”**

***Pavel Karpov*** *– student of Voronezh state Pedagogical University, the KSET by L. P. Troyan consultant, consultative member of the PPL. Russia, Semiluki.*

After becoming familiar with the KSET by L. P. Troyan, it offers a specific program of charity lectures, realizing the need in daily systematic support of personal health and the health of others. This form of lectures develops the courage, oratory abilities, and giving position for the benefit of others.

**ANALYSIS OF PSYCHOLOGICAL WORK BY METHODS OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN DURING 2020-2022 IN ASTROLOGY**

***Anna Guseva*** *– psychologist, consultant of KSET by L. P. Troyan, personal therapist, accredited by the PPL, full member of the PPL. Russia, Moscow.*

The report describes the results of the analysis of psychological work by the methods of KSET by L.P. Troyan in astrological consultations: determining the purpose of a person, the main tasks for life, favorable activities, and talents; money issues, business skills, professional makings, and the ability to create a business or career; horoscope for the next year, focuses of attention (Solar, Transits, Progression); determination of astrological compatibility; selection of a favorable date; health issue; selection of individual methods for neutralizing the negative patterns.

**THE INFLUENCE OF PERSONAL PECULIARITIES ON THE HEALTH PSYCHOLOGY**

***Ekaterina Rodkina*** *– deputy director for educational and methodical work of the State Budgetary Professional Educational Institution of Voronezh region “Semiluki Polytechnic College”, KSET by L. P. Troyan consultant, observant member of PPL. Russia, Semiluki.*

The report reveals the interrelation between individual characteristics and health psychology of the college students. The features of target attitudes are analyzed on the basis of methods of studying the motivational sphere. The important role in improving the indicators of psychological health, motivational attitudes for achieving success is given to the methods of the Knowledge System of ECOLOGY of THOUGHT by L.P. Troyan.

**INTEGRATED APPROACH: BUSINESS CONSULTING BASED ON HEALTHY LIFESTYLE**

***Natalia Radchenko*** – *psychologist, head of the public organization "Harmony in the Knowledge System of the ECOLOGY of THOUGHT by L.P. Troyan", KSET by L. P. Troyan consultant, consultative member of the PPL. Russia, Moscow.*

The report deals with the development of resources and capabilities of the human body, competent organization of each working day with a preview of the upcoming period. Team building issues are being discussed and solved.

**WORKING WITH THE NERVOUS SYSTEM OF THE SCHOOL STUDENT BY THE METHODS OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN IN CASE OF MOTOR AWKWARDNESS AND EPILEPTIFORM BRAIN ACTIVITY**

***Marina Privalova*** *– new product development Lead of Project Management Team, KSET by L. P. Troyan consultant, consultative member of the PPL. Russia, Moscow.*

The report considers the work with the nervous system of the junior school student by the methods of the Knowledge System with the detected large-motor awkwardness and epileptiform brain activity. The psychological facets of the primary causes of nervous system disorder are revealed, methods of transformation of destructive processes are considered by the System methods. The analysis of the obtained results is given.

**REVIEW OF THE ANALYSIS OF QUANTITATIVE AND QUALITATIVE RESEARCH METHODS IN PSYCHOLOGY**

***Alexandra Masharina*** *– psychologist, a specialist of traditional systems of healing, master of pedagogy, postgraduate student of the Institute of Psychology of Russian Academy of Sciences, KSET by L. P. Troyan consultant, consultative member of the PPL. Russia, Moscow.*

The report provides a systematic overview of the main methods of psychological research used at the stages of data collection and analysis. The article considers the paradigmatic foundations of quantitative and qualitative methods, the features of their practical application, and modern approaches to qualitative data analysis. The description of the content analysis method is illustrated by the example of a study of the productivity of psychologists.

**IMPROVING COMMUNICATION SKILLS FOR CHILDREN WITH AUTISM SPECTRUM DISORDER IN PRIMARY SCHOOL**

***Oksana Sapel*** *– psychologist, teacher at State Budget School №2053, KSET by L.P. Troyan consultant, consultative member of the PPL. Russia, Moscow.*

The report illustrates work with schoolchildren based on the KSET by L.P. Troyan methodology, comparative analysis of psychological development in the school environment during the first year of study.

**THE STUDY OF POLITICAL EVENTS WORLDWIDE AND IN THE REPUBLIC OF BELARUS ALLOWS TO CREATE A COMPLETE PICTURE, WHICH HAS A POSITIVE EFFECT ON THE IMMUNE SYSTEM**

***Oleg Khovansky*** *– psychologist, KSET by L. P. Troyan consultant, consultative member of the PPL. Belarus, Minsk.*

The report examines the rejection of the duality caused by the lack of a clear consistent picture of political events in the world and in the Republic of Belarus. A holistic state restores and preserves the immune response, recognizes "self or non-self", and eliminates autoimmune diseases.

**Resources and capabilities of the human body in vision restoration using the methods of KSET by L.P. Troyan**

***Antonina Ulasik –*** *KSET by L. P. Troyan consultant, consultative member of the PPL .Belarus, Borisov.*

The report has an analysis of the loss and restoration of eyesight in the period from 2015 to 2021. This period includes individual consultations, participation in vision restoration projects and monthly vision restoration laboratories.

**PSYCHOLOGICAL SUPPORT FOR A MAN OF RETIREMENT AGE WITH VISUAL IMPAIRMENT**

***Svetlana Strizhova* –** senior engineer of environmental protection centre of South-Eastern Railway – branch of JSC Russian Railways, *KSET by L.P. Troyan consultant*. Russia, Voronezh.

The report deals with the support of a retired man with the vision impairment during the participation in the project “Resources and possibilities of human body in vision restoration. Nanotechnology of KSET by L.P. Troyan”. During this period the psychological state changed and a man started moving with confidence in the familiar location without glasses in twilight.

**CONSCIOUS DEVELOPMENT OF THE COMPLEX HUMAN IMMUNE SYSTEM IN THE LIGHT OF KSET BY L.P. TROYAN**

***Valentina*** ***Panitkina*** – *psychologist,* *KSET by L. P. Troyan consultant, consultative member of the PPL.* *Russia, Moscow.*

The report deals with the development of psychological health at all levels of a new model of the human body. It is important to pay attention to responsibility, integrity, desire to learn, development of a self-adjusting human body based on the author project by Lyudmila Petrovna Troyan “Resources and capabilities of the human body in restoring the immune system. Nanotechnology of KSET by L.P. Troyan".

**THE EXPERIENCE OF WRITING A BOOK IN A HARMONIOUS FAMILY’S ATMOSPHERE**

***Aleksey Moskalenko*** – founder of language school, teacher, KSET by L.P. Troyan consultant, observant member of the PPL. Russia, Moscow.

The experience of writing a book in a harmonious family’s atmosphere is observed in the paper as well as the joint immersion and involvement of all family members in the creative work; some factors and methods that can help to increase motivation and interest are described.

**CONSISTENT WORK ON THE PREPARATION AND STUDY OF THE THEORY AND PRACTICE OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN**

***Nadezhda Zasinets*** *– psychologist-teacher, chief bibliographer of the state cultural institution “Soligorsk District Central Library”, KSET by L. P. Troyan consultant, consultative member of the PPL. Republic of Belarus, Soligorsk.*

The report discusses the difficulties of timely attention to one's own health, the health of family members and people around them. The study of human resources and capabilities creates a culture of health.

**CREATING MOTIVATION TO RESTORE HEALTH IN A CIRCLE OF CLOSE PEOPLE**

***Elizaveta Zakharova –*** *psychologist, KSET by L.P. Troyan consultant, observant member of the PPL. Russia, Krasnodar.*

The report examines the responsibility for one's own state of harmony, for the state of harmony of family members and relatives in the light of the Knowledge System of ECOLOGY OF THOUGHT by L.P. Troyan. It describes observations how the state of harmony under the 7th law of the Knowledge System (Harmonization of cosmic organisms by the cascade effect) emerges. It considers the effects of a self-adjusting and self-learning organism, and evaluates the state of the immune system.

**CREATING A STRUCTURE OF HARMONIZATION EFFECTS IN THE LIGHT OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P.TROYAN**

***Valentina Kozyrentseva –*** *psychologist, Consultant of KSET by L.P. Troyan, observant member of the PPL. Belarus, Minsk.*

The report examined the work at all levels of the human body with the restoration of the skin of the face, neck and decollete, work with the immune system, and harmonization of relations among the family and staff members. As a result, we managed to get rid of the "I am being humiliated" pattern and get the effect of smoothing wrinkles. A new state of the nervous system was recorded, which was noticed by the participants of the harmonization. The result of the work was perceived as the spiritual development of everyone.

**METHODS OF THE KSET BY L.P. TROYAN IN THE RESTORATION AND TREATMENT OF THE HUMAN NERVOUS SYSTEM**

***Tatiana Kuhlenko*** *– psychologist, KSET by L. P. Troyan consultant, consultative member of the PPL. Russia, Moscow.*

In the report, the nervous system is considered as a functional unit, which integrates the social system, from the family and staff members at work, to the positioning of an individuality in society, country, and the world. Being in the state of functional norm, our body, with the help of the nervous system, is able not only to function normally, but also to actively learn, improve, and endure the most extreme loads. The relevance of the report is due to the current pace of life, where a person's choice is the answer to the challenges of the modern world. The report has an analyzes of the effectiveness of the Knowledge System of ECOLOGY of THOUGHT by L.P. Troyan (KSET by L.P. Troyan) methods in the work on the transformation of negative programs that are facets of the primary causes of the nervous system diseases.

**ANALYSIS OF WORK IN THE TOPIC: “FEAR OF VIRAL DISEASE. THE KSET BY L.P. TROYAN METHODS” DONE BY CONSULTANT-PSYCHOLOGIST**

***Galina Avitikova*** *– psychologist, coach, KSET by L.P. Troyan consultant, consultative member of the PPL. Russia, Rostov-on-Don.*

The report examines the features of the current period, overcoming fears of infection during the bacteriological wa, possibilities of the KSET by L.P. Troyan methods during the consultative work with clients of different age and different background.

**PSYCHOLOGICAL WORK WITH YOUNG LEARNERS IN THE LIGHT OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN**

***Lyudmila Tupesis –*** *psychologist, KSET by L. P. Troyan consultant, consultative member of the PPL. Russia, Omsk.*

The report highlights the necessary work in the learning processes, they are motivation, focus of attention, the atmosphere of learning activities in the development of traditional mentality, in the awareness of the patriotic heritage, historical victories of the learners’ country.

**DEVELOPMENT OF A HUMAN IMMUNE SYSTEM BY THE METHODS OF KSET BY L.P.TROYAN**

***Lyudmila Kozyuba*** *– psychologist, KSET by L. P. Troyan consultant, consultative member of the PPL. Russia, Moscow.*

The report reviews a possibility of maintaining a integrative state in everyday life, at home, at work. And also it considers an ability to divide creatively the time period into segments, in each period an individual lives in a holistic state that allows him to preserve the immune response and clearly recognize the answer to a question: "self or non-self".

**PSYCHOLOGICAL RESPONSE OF THE KSET BY L.P. TROYAN ON THE DESTRUCTIVE PROCESSES INHERENT IN THE MASS MEDIA**

***Konstantin Chirkov –*** *psychologist, consultant of KSET by L.P. Troyan, consultative member of the PPL. Russia, Sevastopol*.

The report examines the influence of mass media on different social groups. Modern means of mass communication have the possibility of a complex psychological impact not only on the individual, but also on the social group, organization. Along with a positive impact on the audience, destructive psychological attitudes are also easily perceptible. To maintain psychological integrity, an immediate transformation of destructive attitudes is necessary through education, awareness, strengthening of traditions, revealing the meaning and purpose of blurring the boundaries of mentality and the significance of historical events.

**DEVELOPMENT OF KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L. P. TROYAN IN CURRENT CONDITIONS**

***Svetlana Belous*** *– candidate of pedagogical science, senior teacher at the Foreign Languages Department, Institute of Law, People’s Friendship University of Russia, KSET by L. P. Troyan consultant, consultative member of the PPL. Russia, Moscow.*

The report investigates the society’s current demand to the developing psychological research school. The desire to address the challenges in family, school, university, work relationships often requires the deep immersion and search of the primary causes of the destructive processes. Urgency of the conflicts leads to the awareness how diverse factors influence both children and adults every day. It is natural for the psychological research school KSET by L. P. Troyan to focus on the developing individuality from early childhood, give opportunities to develop curiosity, integrity, creativity, courage and all qualities that help a person to live. This year we are delighted by the professionalism and new statuses of our colleagues, their participation in plenty of scientific conferences and defenses of research theses and dissertations.

**CONFERENCE**

**“A HUMAN BEING AMONG PEOPLE: RELATIONAL APPROACH IN GESTALT THERAPY”**

**CHAIRMEN: *Elena Petrova (Saint-Petersburg), Artur Dombrovskiy (Riga), Pavel Gavrilin (Moscow)***

The topic of the conference reflects contemporary trends of the processes taking place in the world and tendencies of Gestalt approach development which stay in line with its congruence. Relational approach is becoming more and more basic methodology in the Gestalt approach. Various problems and ways of their solving from the point of view of their relational nature are considered in the reports. Speakers explore clinical aspects, as well as socio-psychological processes and phenomena. The conference is of interest for everyone who is interested in Gestalt subjects and relational phenomenology.

**LONELINESS AND CLOSENESS AS TOPICS OF PSYCHOTHERAPEUTIC WORK IN TIMES OF CRISIS**

***Elena Petrova*** *– medical psychologist, Gestalt therapist, trainer and supervisor in a field of Gestalt therapy. Development director and director of training programs of Integrative Gestalt Training Institute, lecturer of Institute of Practical Psychology "Imaton",  
member and supervisor of European Association for Gestalt Therapy, head of supervision committee of Guild of psychotherapy and training, head of Gestalt modality approach of Professional Psychotherapeutic League of Russia. Russia, Saint-Petersburg.*

In times of external crisis themes of losing support and stability come forward in clients requests. A person feels alone and disorientated. Gestalt therapy sees "relational approach" as the main principle of therapy. Tension of feelings often becomes a cause for destruction of close relationships. The dominant figure for gestalt therapists' work with a client is a reliance inside close relationships and awareness of one's Self in those relationships.

**ON BENEFICIAL PROFESSIONALISM AND HARMFUL PROFANATION. PHENOMENOLOGIC GESTALTANALYSIS**

***Arthur Dombrovsky*** *– MD (SFU), Gestalttherapist, Director of the Riga Institute for Gestalt (Lathuania).*

The report gives an analysis of how popular gestalttherapy degrades into a pop-therapy phenomenon. The author investigates the risks of terminologic reduction and eclectic approach to theory and practice. Where is the Gestalttherapy heading

**GESTALT THERAPY AND DEPRESSIVE EXPERIENCE: FROM EMPTINESS TO FERTILE VOID**

***Kondurov******Sergei*** *– psychiatrist, gestalt therapist, supervisor. Director and trainer of Integrative Gestalt Training Institute, lecturer of Institute of Practical Psychology "Imaton", member of Professional Psychotherapeutic League of Russia, member and supervisor of European Association for Gestalt Therapy. Russia, Saint-Petersburg.*

Depression nowadays is becoming one of the most frequent reasons to refer to a psychologist or psychotherapist. According to WHO statistics every second person has a risk of encountering a depressive episode throughout their life.

The environment often perceives depression as a kind of "a bad mood" or a refusal to communicate. As Gestalt therapists we are aware that depressive experience doesn't exist as an isolated entity. It's always a type of "suffering in relations". Gestalt therapy suggests looking at depression in the context of disturbed support in relationships.

**THE IMPORTANCE OF PERSONNEL RESISTANCE TO CHANGE IN ORGANIZATION DEVELOPMENT**

***Natalia Koshits-Neshkova*** *– business psychologist, gestalt therapist, supervisor, teacher at the Higher School of Economics "Psychology in Business". Russia, Moscow.*

The report presents research materials on the development of the provisions of the Gestalt approach on the types of resistance in terms of work with the resistance of personnel to changes in the organization. The popular view that employees\' resistance to change inhibits the development of an organization is being challenged. On the contrary, manifestations of resistance do not have an unambiguous traditional interpretation as negative. The significant levels of each type of resistance for the effective functioning of the organization have been determined.

**SYNCHRONICITY. PARALLEL PROCESSES IN FAMILY COUNSELING IN THE GESTALT APPROACH**

***Pavel Gavrilin*** *– Ph.D., Associate Professor, Gestalt Consultant, Director of Science NIGPIL, member of the Presidential Council of the SRO "National Association of the Union of Psychotherapists and Psychologists". Russia, Moscow.*

The report examines the diachronic and synchronic levels of relationships in the process of family counseling. The focus is on the bipolarity or multipolarity of the synchronic level. These phenomena are viewed through the prism of the "mobility" of the consultant's identity in a changing field. Of research interest is the nature of excitation in parallel processes.

The report is of interest to all psychologists and psychotherapists in applied psychology field who are interested in family counseling.

**LINGUISTIC AND MENTAL DIFFERENCES IN GESTALT METHODOLOGY WHEN TAUGHT IN RUSSIAN AND IN ENGLISH**

***Yana Larionova*** *–**Gestalt-therapist and supervisor, the author of seminars in methodology and praxis of Gestalt theory.*

Differences in the grammar structure are different ways of thinking and comprehending. So when translating theoretical books into Russian or teaching Gestalt students methodology we must be able to really feel the syntax and the processes behind it in both languages in order to relate an adequate picture to our readers/listeners. The report demonstrates typical divergences in the Russian and English description of Gestalt methodology and helps overcome it.

**SOCIAL ASPECTS OF PATHERHOOD IN THE PRACTICE OF A GESTALT THERAPIST**

***Vladimir Mazin*** *– clinical psychologist, gestalt therapist, supervisor. Russia, Moscow.*

The report discusses a generalized idea of ​​the role of the father in modern families. The issues that arise in therapy when social and biologically predetermined paternity do not coincide are touched upon. Practical examples are given from the point of view of the gestalt therapeutic process.

**PROBLEMS OF PARENTAL EXPERIENCE IN PSYCHOTHERAPY FROM THE STANDPOINT OF THE GESTALT APPROACH**

***Tatyana Polomoshnova*** *– clinical psychologist, gestalt therapist, art therapist, trainer, supervisor, member of the OPPL, member of the Union of Psychotherapists and Psychologists, member of the EAGT (European Association of Gestalt Therapy), member of the Moscow Union of Artists. Russia, Moscow.*

The report is devoted to the consideration of various aspects of parenthood in adult psychotherapy from the conception of the first child to the moment when adult children leave to live an independent life and leave their parents. The relational paradigm of Gestalt therapy creates methodological and instrumental opportunities for working with difficult situations of this experience in adult psychotherapy, depending on the stage in relations with children, corresponding to this social “challenges”, and actual contact intentionality.

**THE THERAPEUTIC RELATIONSHIP AS "AN INCLUSIVE EXPERIMENT" IN THE GESTALT APPROACH**

***Natalya Staroborova*** *– Gestalt therapist, supervisor, teacher of Gestalt therapy, clinical psychologist, member of the EAGT, full member of the PPL, IIGT trainer.*

Any psychotherapeutic methodology and its practice are based on the basic ideas of mental health and its disorders. Gestalt therapy is no exception. One of the basic ideas of Gestalt therapy is the development of the client's creative adjustment capabilities in interaction with the world. This talk will present the view of the therapeutic relationship as “an inclusive experiment” aimed at developing the client's Self and its capacity for creative adjustment.

**WORKING IN A GESTALT APPROACH WITH FAMILIES WITH AN INVERTED HIERARCHY OF RELATIONSHIPS AND AN ALPHA-PROTECTIVE COMPLEX DURING PRESCHOOL AND PRIMARY SCHOOL AGE**

***Victoria Fedorenko*** *– Ph.D., an Associate Professor of the Department of Social Technologies, RANEPA Branch under the President of the Russian Federation, Gestalt consultant, SPT trainer;*

***Maria Markidonova*** *– clinical psychologist, Gestalt consultant.*

The report examines the features of the violation of the family system associated with an inverted hierarchy of relationships. The causes of the Alpha-protective complex of children of preschool and primary school age are revealed. The peculiarities of the relationship of the child's position in the family with the presence of a protective Alpha in the parent or the loss of their correct position in the family hierarchy are clarified. The specifics of the work in the Gestalt approach to restore a healthy family hierarchy and remove Alpha defenses in the family are clarified.

**PREVENTION OF POST TRAUMATIC STRESS DISORDER IN MEDICAL WORKERS DURING THE SARS COV-2 PANDEMIC**

***Victoria Fedorenko*** *– Ph.D., Associate Professor of the Department of Social Technologies, RANEPA Branch under the President of the Russian Federation, Gestalt consultant, SPT trainer, psychologist.*

***Valeriia Serdiukova*** *– psychologist.*

***Veronika Yerastova*** *– psychologist.*

***Kseniia Systsova.***

The report is devoted to analyzing the risk factors of psychological trauma and post-traumatic stress disorders in medical workers during the SARS COV-2 pandemic. The influence of coping strategies on the formation of PTSD is discussed. The report will highlight the use of the Gestalt approach to prevent the development of PTSD in medical workers.

**TRAUMA OF THE AGGRESSOR IN CHILDREN AND ADOLESCENTS: FROM ISOLATION TO JOINTNESS. FEATURES OF PSYCHOTHERAPEUTIC WORK**

***Daria Freidinova*** *– clinical psychologist, gestalt therapist, supervisor, member of the EAGT (European Association of Gestalt Therapy), full member of the Professional Psychotherapeutic League, trainer of the Integrative Institute of Gestalt and Training, Head of the laboratory for psychophysiological support of the Сlinical Hospital RZD-Medicine, St. Petersburg.*

The topic of the report refers to working with a rather complex category of clients who experience unintentional aggression committed by them as a severe traumatic experience. Not every aggressor-child experiences their experience as traumatic. Similarly, not every stress turns into distress and psychological trauma. For this to happen, several general and individual factors must form into a single “composition”, the main of which is the situational lack of contact with the immediate environment. How does a Gestalt therapist work with such categories of traumatic experience. What interventions will help the client experience, move from loneliness and isolation to togetherness and integrated support - this is what I want to share in my report.

**GESTALT THERAPY OF A PARENT-AND-CHILD COUPLE. FSSISTING A CHILD IN THE SITUATION OF SOCIAL PRESSURE THERAPY OF A PARENT-AND-CHILD COUPLE. ASSISTING A CHILD IN THE SITUATION OF SOCIAL PRESSURE**

***Maya Ioffe*** *– psychologist, gestalt therapist, child therapy group leader at the “Social lift” Gestalt Therapy Center, full member of Professional Psychotherapeutic League of Russia.*

The report reveals a way of assisting a child in the situation of social pressure. The model of a patent-and-child couple gestalt therapy is described.

The report depicts a psychotherapeutic case on regaining the parental function of ‘defending a child’ and returning parental power in the social field.

The work is based on the concept of ‘behavioural expressions of a child in confusing communications’ by N. Kedrova. The work is also rooted in Karl Whittaker’s focus on “fighting for initiative” and the model of “structural family therapy” (Salvador Menuhin) on changing habitual interactions.

**INTERNATIONAL CONFERENCE**

**“EXISTENTIAL TRADITION”**

Existential therapy is the only direction of psychotherapy that does not associate itself with any methodological certainty. In this direction, the main attention is fo-cused on how a person lives, how he meets and copes with the complexities of life, the vicissitudes of fate. This direction is closely connected with existential philosophy, is its praxis. Phenomenological and hermeneutic equipment in exis-tential therapy is a necessary condition in order to see each person and each life situation in their uniqueness, uniqueness.

(The conference is held online and offline ("Face-to-face")

**Section**

**"EXISTENTIAL THERAPY IN VARIOUS THERAPEUTIC SCHOOLS REPRESENTED IN THE POST-SOVIET TERRITORY"**

23.06.2022 (09.00 – 10.00) «ONLINE»

**THERAPEUTIC SEMANTIC FENCING AND VARIOUS CRAFTS IN EXISTENTIAL THERAPY**

***Vyacheslav Letunovsky –*** *Ph.D. in Psych., president of the Association of Specialists in Therapeutic Semantic Fencing.*

**THE PHENOMENOLOGY OF EXISTENTIAL EXHAUSTION**

***Oleg Lukyanov –*** *Ph.D. in Psych., professor, head of the department of personality psychology, Tomsk State University.*

**QUALITATIVE METHODS IN THE STUDY OF MEANINGS IN ADOLESCENTS**

***Tatiana Popova*** *- Ph.D. in Psych., senior researcher at the National Psychological Institute of the Russian Academy of Sciences, associate professor at the Moscow Institute of Psychoanalysis.*

**WHY AM I AN EXISTENTIAL THERAPIST?**

***Alexey Averyanov*** *- Ph.D. in Pedagog,, M.Psych., associate professor of the Moscow Institute of Psychoanalysis.*

**ANSWERS TO QUESTIONS** (10.00 – 10.15)

**Section**

**"EXISTENTIAL THERAPY OF MIEK"**

First panel 23.06.2022 (10.15 – 11.00) «ONLINE»

**MEANINGFUL LIFE STRATEGIES OF CODEPENDENT CLIENTS IN EXISTENTIAL THERAPY**

***Alexey Bolshanin*** *– certified existential therapist, MPsych., accredited existential therapist, full member and member of the Membership and Educational Standards Committee of the European Federation of Existential Therapy (FETE), teacher and supervisor of the International Institute of Existential Counseling (MIEK), director of the International Psychological Emergency Service of MIEK.*

**CHANGING THE EXPERIENCE OF LIFE DURING SOCIAL EARTHQUAKES**

***Anastasia Zinevich*** *– Ph.D. in philosophy, MPsych, senior lecturer of the Department of Language and Psychological and Pedagogical Training Odessa National University of Economics.*

**VITAL IMMUNITY AS AN INDICATOR OF THE MATURITY OF AN EXISTENTIAL SOCIAL THERAPIST**

***Galina Mikkin –*** *Ph.D. in Psych., teacher and therapist, International Institute of Existential Counseling (MIEK).*

**ANSWERS TO QUESTIONS** (11.00 – 11.15)

**Section**

**"EXISTENTIAL THERAPY OF MIEK"**

Second panel 23.06.2022 (11.15 – 12.15) «ONLINE»

**THE WORK OF AN EXISTENTIAL THERAPIST IN THE CONDITIONS OF THE DISAPPEARANCE OF THE FUTURE**

***Zhanna Rusina –*** *Ph.D. in psychiatry, psychotherapist, head of the School of Resource Counseling.*

**MINE AND NOT MINE. THE ABILITY TO POSSESSION AND MASTERING**

***Vladimir Khovansky –*** *certified existential therapist, MPsych., corporate coach, member of the Ethics Committee of the Interregional public organization "National Association of Existential Consultants and Therapists".*

**THOUGHTS ABOUT THE FUTURE, TAKING AWAY THE PRESENT**

***Elena Zhukova –*** *certified existential therapist, MPsych., head of the Ethics Subcommittee of the European Federation of Existential Therapy (FETE), psychologist of the state budgetary institution of the Rostov region “Center for Psychological, Pedagogical, Medical and Social Assistance".*

**MODERN TEENAGERS – CHILDREN IN THE ADULT WORLD**

***Irina Gusarenko –*** *certified existential therapist, MPsych., secretary of the Board of the interregional public organization "National Association of Existential Consultants and Therapists", head of the Sevastopol center for psychological assistance and support "Wind of Change".*

**ANSWERS TO QUESTIONS** (12.15 – 12.30)

**Section**

**"EXISTENTIAL THERAPY OF MIEK"**

Second panel (continued) (12.30 – 13.30) «ONLINE»

**HERITAGE: ACCEPT OR REFUSE?**

***Irina Pakhno –*** *Ph.D. in psych., аssociate professor, thesis advisor, head of the Educational and Methodological Department of the Regional Resource Center for Comprehensive support of persons with autism spectrum disorders and Multiple developmental disorders (Khabarovsk).*

**SEE TO THE ROOT: THE ROOT-SEMANTIC APPROACH IN PSYCHOTHERAPY.**

***Vladislav Borodulin –*** *MPhilology, trade development specialist, Walloon region export and investment agency at the Embassy of Belgium in the Russian Federation.*

**WHAT DOES THE FUTURE LOOK LIKE, LIVING IN THE PRESENT, OR FOR WHY DO PEOPLE GO TO AN ASTROLOGER**

***Izabella Gorodetskaya –*** *existential consultant, private practicing psychologist, bachelor of theology.*

**BODY IMAGE AND LIFESTYLE**

***Luisa Etumyan –*** *MPhillogy, MPedagog., MPsych., member of the Board of the Interregional Public Organization "National Association of Existential Consultants and Therapists", head of the Rostov branch of the International Institute of Existential Counseling (MIEK).*

**ANSWERS TO QUESTIONS** (13.30 – 13.45)

**Section**

**"A. LANGLE'S EXISTENTIAL ANALYSIS"**

23.06.2022 (14.00 – 16.00) «FACE-TO-FACE»

**EXISTENTIAL THEMES THROUGH THE PRISM OF THE PHENOMENOLOGICAL METHOD**

***Svetlana Krivtsova***  *– PhD, existential psychotherapist, coach, supervisor (GLE-International – Associate professor at MSU.*

**CONSCIENCE. DETECTION OF AN AUTHENTIC VOICE AMONG DIALECTS OF INTERNAL POLYPHONY**

***Elena Ukolova***  *– PhD, existential psychotherapist, coach, supervisor (GLE-International – Associate Professor at the HSE.*

**WHAT WAS I BORN FOR? ANALYSIS OF THE PHENOMENON OF VOCATION BY MEANS OF EXISTENTIAL-ANALYTICAL ANTHROPOLOGY AND THE STEPS OF PRACTICAL WORK OF A PSYCHOLOGIST**

***Irina Efimova***  *– existential psychotherapist, coach, supervisor (GLE-International).*

**STRENGTHENING THE "I" IN PSYCHOTHERAPY. FEATURES OF A. LANGLE'S EXISTENTIAL-ANALYTICAL APPROACH**

***Ekaterina Evstigneeva***  *– PhD, existential-analytical consultant (GLE-International), psychologist of PKB No. 4 named after P.B.Gannushkin.*

**ANSWERS TO QUESTIONS** (16.00 – 16.15)

**Section**

**"EXISTENTIAL THERAPY OF MIEK"**

23.06.2022 (16.15 – 18.15) «FACE-TO-FACE»

**WORKING WITH FAMILY ARCHIVES IN EXISTENTIAL COUNSELING AND THERAPY**

***Natalia Pushkareva –*** *certified existential therapist; secretary of the council, teacher and therapist of the International Institute of Existential Counseling (MIEK).*

**EXISTENTIAL THEATER-THERAPY**

***Vlasenko Irina*** *- сertified existential therapist; Lecturer and Supervisor of MIEK, Head of the Existential Theater Therapy Project.*

**EXISTENTIAL BIBLIOTHERAPY DURING SOCIAL EARTHQUAKES. CHILDREN'S FAIRY TALES FOR ADULTS LIVES**

***Natalia Matveeva –*** *full member and head of the Moscow branch of the Interregional Public Organization "National Association of Existential Consultants and Therapists", head of the Moscow branch of the International Institute of Existential Counseling (MIEK).*

**PHYSICALITY IN THE EXISTENTIAL TRADITION**

***Alina Krasnova –*** *Ph.D., head of the Theology department of the Institute of Philosophy and Socio-Political Sciences of the Southern Federal University.*

**ANSWERS TO QUESTIONS** (18.15 – 18.30)

**Section**

**" EXISTENTIAL THERAPY IN VARIOUS THERAPEUTIC SCHOOLS REPRESENTED IN THE POST-SOVIET TERRITORY "**

23.06.2022 (18.30 – 20.00) «FACE-TO-FACE»

**PSYCHOTHERAPY IN THE CONTEXT OF THE LIFE PATH OF A MODERN PERSON**

***Inna Pyshinska –*** *MPsych., lecturer at Moscow State Psychological and Pedagogical University, existential therapist, supervisor, private practice.*

**SUPERVISION IN EXISTENTIAL THERAPY AND ITS DIFFERENCE FROM SUPERVISION IN OTHER PSYCHOTHERAPEUTIC MODALITIES**

***Tamara Sikorskaya –*** *Ph.D. in Psych., certified existential therapist, Ex-President of the Eastern European Association of Existential Therapy.*

**EXISTENTIAL THERAPY OF TRAUMATIC EXPERIENCES**

***Elena Mazur*** *– Ph.D. in Psych., associate professor of the Moscow City Psychological and Pedagogical University (MGPPU), director of the international program on trauma psychotherapy, lecturer at the International Institute of Existential Counseling (MIEK).*

**ANSWERS TO QUESTIONS** (20.00 – 20.15)

**Section**

**"EXISTENTIAL THERAPY OF MIEK"**

First panel 25.06.2022 (09.00 – 10.00) «ONLINE»

**ABOUT TAKING THE CONSEQUENCES OF THEIR DECISIONS**

***Egor Martynov –*** *MPsych., private practice existential consultant.*

**I CAN'T FORGIVE MYSELF (REFLECTIONS OF AN EXISTENTIAL CONSULTANT)**

***Ksenia Tyurina –*** *MPsych., chief Surgut Branch of the International Institute of Existential Counseling (MIEK).*

**LONELINESS IN THE FAMILY**

***Natalia Druzhinina*** *- MPsych., private practice existential consultant*

**EXISTENTIAL ECHO**

***Zarina Abdieva*** *– MPsych., member of the Ethics Subcommittee of the European Federation of Existential Therapy (FETE), private practicing psychologist.*

**ANSWERS TO QUESTIONS** (10.00 – 10.15)

**Section**

**"EXISTENTIAL THERAPY OF MIEK"**

Second panel (10.15 – 11.15) «ONLINE»

**TUNNEL VISION AND SUICIDE. EXISTENTIAL RESEARCH**

***Lyudmila******Budarina*** *- Deputy Editor-in-Chief of the journal "Existential Tradition: Philosophy, Psychology, Psychotherapy", private practice existential consultant.*

**EXISTENTIAL ENCOUNTERS: MEETING WITH THE WAR**

***Svetlana Lomova*** *– MPsych., private practice existential consultant.*

**SELF-FULFILLING FEARS**

***Evgeny Marukhin –*** *MPsych., MEconom., lecturer at Nizhny Novgorod State University Lobachevsky, master's student of the International Institute of Existential counseling (MIEK).*

**IMAGES OF ALIENATION IN THE LIVES OF MODERN CLIENTS**

***Ekaterina Lozovikova–*** *MPsych., existential consultant.*

**SYMPOSIUM**

**"PALLIATIVE EXISTENTIAL THERAPY BY ANDREY VLADIMIROVICH GNEZDILOV"**

25.06.2022 (17.30 – 19.00)«ONLINE»

**CHAIR: *Natalia Telonitskaya***

**SPEAKERS:**

***Galina Mikkin***

***Semyon Yesselson***

***Anastasia Zinevich***

The symposium is dedicated to the work of a unique person, the founder of the world's first existential hospice, the creator of existential fairy tale therapy, doll therapy, image therapy, bell therapy, the creator of the genre "existential therapeutic fairy tales" - Professor Andrey Vladimirovich Gnezdilov. The symposium will feature witnesses of Andrey Vladimirovich Gnezdilov's work from different countries, unique video materi-als about his work will be shown.

**Round table dialogue**

**"EXISTENTIAL THERAPY IN DIFFERENT SCHOOLS: HOW MUCH ARE WE THE SAME – HOW DIFFERENT ARE WE?"**

25.06.2022 (19.00 – 20.00)

**CHAIRMEN: *Semyon Yesselson, Svetlana Krivtsova, Tamara Sikorskaya***

**FOURTH JOINT SCIENTIFIC AND PRACTICAL CONFERENCE**

**modalities “Jungian analysis” PPL and the Faculty of Philosophy of Moscow State University named after M.V. Lomonosov**

**“PSYCHOTHERAPY AND CONSOLATION BY PHILOSOPHY”**

**CHAIRMEN:** ***Lidia Surina (Moscow, Russia)****,* ***Vladimir Vinokurov******(Moscow, Russia)***

Psychotherapy is a medicine for the soul, which acts differently than chemicals or physical interventions, namely with the help of language and other symbolic systems. Psychotherapy includes finding the causes of internal disorders; their awareness and acceptance leads to healing. This search is based on various doctrines, theories and their development. However, until now, psychotherapists have not been able to reach agreement on what is the basis of mental health. The search for these foundations opens the philosophical horizons of the problem. Does a psychotherapist need philosophy and does a philosopher need psychotherapy? How do they interact with people and society? How did the philosophical quest of the great psychiatrist Karl Gustav Jung influence the theoretical foundations of his analytical psychology and what is the practical significance of his teaching for modern psychotherapy?

Within the framework of this conference, it is proposed to discuss a wide range of issues:

1. PSYCHOTHERAPY AND PHILOSOPHY - the origins, intersections, common paths and fields of meanings.

1. HISTORY OF PHILOSOPHY AND PSYCHOLOGY. The philosophical origins of psychology; classic, medieval, renaissance and modern approaches. Philosophy of Carl Gustav Jung.

2. PHILOSOPHY AND PSYCHOLOGY OF CULTURE. The essence and significance of culture, the impact on the individual and society as a whole, globalization and other modern processes. Cultural studies C.G. Jung and their importance for the development of modern psychotherapy.

3. PHILOSOPHICAL TRADITIONS AND PSYCHOLOGY. The value of philosophical research C.G. Jung for modern psychotherapy. Symbolic systems in traditional Jungian psychotherapy.

4. POLITICAL PHILOSOPHY AND PSYCHOLOGY.

5. THEORETICAL PHILOSOPHY AND PSYCHOLOGY. Theoretical Foundations of Analytical Psychology C.G. Jung and their place in modern psychotherapy.

6. NORMATIVE AND MORAL PHILOSOPHY AND PSYCHOLOGY.

7. KNOWLEDGE AND REALITY. Types and theories, social significance, cultural differences.

8. PHILOSOPHY OF SCIENCE AND PSYCHOLOGY. Scientific reasoning, social responsibility.

9. RELIGION, RELIGIOUS PHILOSOPHY AND PSYCHOLOGY. The C.G. Jung’s spiritual search.

10. EPISTEMOLOGY AND PSYCHOLOGY. Knowledge, knowledge acquisition, skepticism. The path of individuation in analytical psychology C.G. Jung and its significance for modern man.

11. LOGIC AND PSYCHOLOGY. The study of logic, deductive and inductive reasoning, consistency, reliability, reliability.

12. METHODOLOGY AND PSYCHOLOGY. Central issues, styles and methods, history and schools. Symbolic systems in modern Jungian psychotherapy.

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**HOW IS ANALYTICAL COMFORT POSSIBLE?**

***Galina V. Sorina*** *– Doctor of Philosophy, Professor of the Department of Philosophy of Language and Communication of the Philosophical Faculty of Moscow State University named after M.V. Lomonosov, scientific director of the scientific and educational center "Philosophical and methodological design and decision making" of the Philosophical Faculty of the Lomonosov Moscow State University. Russia, Moscow.*

A number of questions will be formulated in the report. One set of questions will concern the phrase “analytical comfort”. How to interpret it: as a metaphor or as a concept? If this is still a metaphor, then under what conditions can it be transformed into a concept? Is such a transition possible? Another group of questions will relate to the problems of informal analytics. In particular, the following question will be formulated: can we say that informal analytics is one of the tools of psychotherapy? The report will be devoted to the search for answers to these questions.

**THE PROBLEM OF BELIEF: LOGICAL-PHILOSOPHICAL AND LOGOTHERAPEUTIC APPROACHES**

***Irina N. Griftsova*** *– Doctor of Philosophy, Professor, Head. Department of Philosophy, Moscow State Pedagogical University (MPGU). Russia, Moscow.*

The report is supposed to identify the possibilities of using logical and philosophical models of argumentation, in particular, the systemic model of argumentation, to conduct a logo analysis of values within the framework of logotherapy.

**PSYCHOTHERAPEUTIC PROPERTIES OF "SOFT POWER" OF ART**

***Yuri V. Yarmak*** *– Doctor of Political Sciences, Professor of the Moscow City Pedagogical University. Institute of Law and Management, Department of State and Municipal Administration and Law. Russia, Moscow.*

Various types of art, both in the past and in the present, emotionally and energetically affect a person. The features of this impact depend not only on the natural level of a person's ability to perceive art. They depend on the level of his social and psychological preparedness for the perception of works of art in various forms. In addition, much in establishing communication channels between the creator of a work and the viewer, listener, reader depends on the nature of the mentality of each of the parties and at the same time on their value system. In the process of interaction between the participants in communication, both a therapeutic effect and an opposite traumatic one can occur. Discussion of the ambiguity of these problems will be the subject of discussion in the report.

**THE OUTSIDE OF LIFE. PERINATAL TRAUMA**

***Oleg G. Stepanov*** *– Doctor of Medical Sciences, Academician of the International Academy of Psychological Sciences, Professor of the Department of Pediatrics at South Ural State Medical University, analytical, perinatal and transpersonal psychologist, body-oriented therapist. Russia, Chelyabinsk.*

The main topic of the report is working with suppressed fragments of consciousness, transformation of dysfunctional patterns. A dysfunctional pattern is defined as a structure of consciousness (stereotype, habit) that has a negative content and has an adverse effect on a person's vital activity. You are free, and you can choose sorrow, fear, unhappiness, grief and depression ... But you can also choose fun, joy, happiness and ecstasy right now. Life, your body, your breath, what you see, hear, smell, feel right now is a full and harmonious ocean of bliss. You can isolate yourself from this ocean, paint the world in black and white and sail through life in the shell of your limitations. Or you can open your heart to the call of life and right now cuddle your lips to the waters of the ocean of bliss. You can.

**WORKING WITH THE "SHADOW" IN THE AUTHOR'S METHOD OF INTEGRATIVE PSYCHODYNAMIC PSYCHOTHERAPY (O.L.I.)**

***Nebojša Jovanović*** *– Master of Psychology, psychotherapist, executive coach, mentor, consultant with national and European certificates (EAC, EAIPCM, EAIPP, UPSKS...), educator and supervisor, Author of Accredited Psychotherapy Method: O.L.I. Integrative Psychodynamic Psychotherapy. President O.L.I. center-organization for the education of psychotherapists. Serbia, Belgrade.*

OLI Integrative Psychodynamic Psychotherapy is based on working with eight basic emotional competencies. Developmental delays in two emotional competencies are especially important for shadow integration and assimilation: competencies we call “Object wholeness” (“The glue of the psyche”) and “Tolerance of ambivalence” (“the orientation of the psyche”). We could say that there are two types of unconscious: "vertically unconscious" – as a result of splitting as a dominant defense mechanism, black and white experience, where both sides of polarity are conscious in certain moments, but never together (each other is a shadow at different times) and “horizontally unconscious” in which undesirable parts of the personality are “pushed into the basement” by a repression mechanism. Depending on whether the client is dominated by the mechanism of splitting and its associated primitive defense mechanisms (projection, introjection, negation…) or more mature defense mechanisms in which repression dominates, we have to adapt techniques to work with the client on integration or assimilation of the shadow.

**JUNGIAN SYMBOLS AND ARCHETYPES OF WORLD MYTHOLOGY**

***Elena M. Shchepanovskaya*** *– Ph.D. (Philosophy), member of the Writers' Union of the Leningrad Region and St. Petersburg, author of books on mythology, astrology and symbolism. Russia, Saint-Petersburg.*

Interest in mythological archetypes, to which C.G. Jung drew attention, is growing more and more today. However, myths are often taken chaotically and endowed with a random meaning, which does not give way to an archetype. The natural structure of mythology is formed by cosmogonic myths, the logic of which recreates the typical sequence of the phases of creation. Since the twelve-membered structure of space and time is inherent in mythology (as VN Toporov showed in the description of the tree of life), typical images of mythology are also projected onto the Zodiacal circle, which historically represents the first classification of archetypes, helping to organize them into a general system and see their modern turn.

**THE TEENAGE PROCESS IN THE SYMBOLOGY OF THE MAJOR ARCANA TAROT**

***Ivan Ilić*** *– Primarius, psychiatrist, psychoanalytic psychotherapist, head of department at the Psychiatric Clinic of the Clinical Center. Serbia, Belgrade.*

Adolescence is a challenging and dynamic period of life that marks the transition from childhood to adulthood. It includes significant changes and adaptations in the biopsychosocial realm and represents one of two revolutions in development. Being unique and biopsychologically universal, it is very different in sociocultural terms and depends on a number of external circumstances, as well as on the dominant mode of observation. The symbolic-metaphorical system of archetypes of the major arcana of the Tarot makes it possible to concretely understand the course of development of the adolescent process. Since the archetypes of the major arcana are understood as evolutionary elements in the development of personality, we can accompany individual development in symbolic connection with their archetypal meaning. When considering adolescence, we will focus on the second septener of the major arcana of the Tarot, which represent different paths of development, as well as their choice, which is one of the key tasks of adolescence. The report analyzes the symbolic meaning of each card of the second septener of the major arcana of the Tarot and establishes a connection with the events in the adolescent process.

**HUMAN RELATIONS THROUGH THE PRISM OF SYMBOLIC SYSTEMS**

***Svetlana S. Popova*** *– M.D., Doctor of the Highest Category, Obstetrician-Gynecologist, Analytical Psychologist, Router of the Esther Bick Baby Monitoring Program (AIDOBB). Russia, Saint-Petersburg.*

The author of the report proposes to talk about the relationship between a woman and a man in the metaphorical language of alchemy and Kabbalah. The alchemical aspect involves the analysis of 10 medieval engravings that are part of the 1550 graphic treatise Rosarium Philisophorum, first described by C.G. Jung in his work "Psychology of Transference" in 1946. In this work, the founder of analytical psychology described the main provisions of the "transfer matrix". These provisions reflect the essence of any human relationship, including intra- and transpersonal. Ierogamos, sacred marriage is the state to which the primal matter, fertilized by the male logos, aspires, and the process leading to sacred marriage is Opus Magnus, or the Great Work, in the context of the current topic, and there are human relations.

**PHILOSOPHY – THE ELIXIR OF LIFE IN PSYCHOTHERAPY AND PSYCHIATRY**

***Nikola Jovanović*** *– psychiatrist, Institute of mental health, Belgrade, Serbia; full-member of , Professional Psychotherapeutic League of Russia, PPL (Modality "The Jungian Analysis")? Emeber of World Psychiatric Association. Serbia, Belgrade.*

The method of this work is exploring raw material from the professional practice and personal life of a psychiatrist and psychotherapist connected with philosophy. We will collect the set of vivid pictures, events and sketches suitable for illustrating multiple connections between psychotherapy and philosophy. This material will be used for analyzing and presenting philosophy as the nurture for the soul and the source of protection for psychotherapist. The role of philosophy in making the distance from the spirit of time as well as personal connection with the presence will be presented too.

**INTEGRATION OF THE SHADOW STRUCTURE OF THE PATERNAL ARCHETYPE IN MODERN CULTURE**

***Evdokia A. Nesterova*** *– Ph.D. (Philology), Lecturer at the Department of Foreign Languages of the Russian Academy of National Economy and Public Administration under the President of the Russian Federation (RANEPA). Russia, Moscow.*

The development of culture can be seen as a reflection of general creative and psychological processes occurring within society as a structure possessing the analogue of consciousness (informational field). The last half a century has been marked by an active processes of interaction of society's creative products, including the level of mass culture, i.e. affecting the widest social strata, with images, phenomena and plots, which in the Jungian perspective can be combined by the term Shadow. At the same time, if on the wave of feminist social processes there was an active recourse to the previously rejected female images and hypostases and their introduction into the normative core of cultural images, the attention of both creative personalities, philosophers and psychologists revolved around the themes of the heroine's journey, her immersion into the lower levels of psyche and the reconstruction of relationship patterns with male archetypes (Beauty and the Beast, Bluebeard). At this point, however, there is another trend. In popular literary and film works of recent decades, a line of characters bearing the traits of the "Dark Father" is gaining strength. More and more often it is a character "burdened" with a significant number of otherworldly, monstrous features that becomes the main character, and increasingly positive, while maintaining a connection to his patrimony in the Lower World to a greater or lesser degree.

**THE IMPORTANCE OF A RELIGIOUS SYMBOL IN THE METHODOLOGY OF CARL GUSTAV JUNG**

***Anton S. Sprygin*** *– applicant for the Ph.D. degree in Philosophy, Researcher (scientific employee) of the Philosophical Faculty of the Moscow State University. M.V. Lomonosov. Russia, Moscow.*

Exploring symbolic life, Carl Gustav Jung in his works fundamentally separates the concepts of "symbol" and "sign", since for him semiotic and symbolic meanings are essentially different phenomena. The symbol is often used in situations where it is necessary to indicate a virtually unknown state. And in this sense, the symbol in Jung's system is, first of all, a product of the psychic. An important role in Jung's methodology is played by the religious symbol, which always expresses more content than it might seem at first glance. It is the symbol, according to the position of the Swiss psychiatrist, that contains and expresses the most primitive features of human impulses, which, in turn, is a rich material for depth psychology. The author of the report aims to generalize Jung's position on the problems of the religious symbol, and seeks to show the significance of the latter for the psychology of religion.

**ASTRODRAMA AS A METOD OF INDIVIDUATION**

***Tamara Bradić*** *– Master of psychology, accredited psychotherapist of the OLI method (Integrative psychodynamic psychotherapy). Full member of the Russian League of Psychotherapists. PhD student in the humanities in the field of art and media. The Certified leader of Astordrama according to the method of Lidia Aleksejevna Surina (Archetypal Astrodrama Theater). Serbia, Belgrade.*

In this presentation, I deal with the description of emotional experiences from Astrodrama. The emphasis is on the experience of the participants in the astrodrama who are the roles of the planets as well as on their different experiences which change depending on who is in the role of the protagonist. I will try to explain how important it is for the formation of a complete object, about psychoanalyst Melanie Klein wrote, that the protagonist sees and experiences different identities that are formed during the play of the astrodrama. I will also look at what Ludwig Wittgenstein wrote about, and that is that the boundaries of our world are the boundaries of our language. In fact, I will try to explain to what extent the language we use influences the formation of different identities during the astrodrama itself and in what way such formation of identity is connected with the formation of the whole self-image that Melanie Klein spoke about. By the way, Astrodrama is an integrative method of Lidia Aleksejevna Surina and represents an original contribution to the work on oneself with special reference to archetypal psychology.

**POWER OF SYMBOL: CRITERION FOR REIFICATION**

***Vladimir V. Vinokurov*** *– Ph.D. in Philosophy, Associate Professor of the Department. Philosophy of Religion and Religious Studies, Faculty of Philosophy, Moscow State University Lomonosov, full member of the OPPL. Russia, Moscow.*

In the most general sense, "reification" is a generic name for operations: concretization, visualization, geometrization, mathematization, presentation, play, materialization. Let us consider the working definition of a symbol given by Z. Freud: “a symbol is a bsz. substitute for sz. representation". The report examines “words of consolation” from the point of view of the verification criterion. For example, Carl Jung at the beginning of therapy with Christian Morgan tells her that he does not know how to cope with her problem, but he has hope, since millions of people have found some way out of such situations. This is a rational argument. One could turn to the experience of these people, for example, to music therapy. It would be a therapy by replacing the traumatic experience with the experience of music. From the analysis session, it turns out that music for her breaks down into sounds, more precisely, she can hear it, but cannot play. She is realized only as a listener, not as a musician. The first turning point in therapy occurs when she has entered the "game." The reification criterion has changed. The analysis should report on these changes.

**ARCHETYPE OF THE ORPHAN AND ITS MANIFESTATIONS IN LIFE AND IN ANALYTICAL PRACTICE**

***Oksana V.******Kuznetsova*** *– Ph.D. (Psychology), analytical psychologist, psychotherapist using the symbol drama method, full member and official trainer of the PPL. Russia, Moscow.*

We encounter the Orphan Archetype when we come into contact with the themes of rejection, exile, betrayal, and use. Having received in early childhood the experience of dislike, emotional coldness, violence, the child displaces hatred for the inaccessible object of love, projecting it onto himself and others. Once injured, an Orphan continues to feel the pain of that wound throughout his life and may injure others. The archetype of the Orphan manifests itself not only in the individual, but also in the collective field. The transgenerational transmission of trauma is directly related to the “Sirota complex”. Trauma in the first generation leads to a violation of attachment in the second, which, in turn, increases the trauma of relationships in the third generation... If the parents do not hear the child, do not notice his needs, his experiences, he ceases to trust the world and ask for help, or asks for help and refuses it. This ambivalence sets a particular tone in the relationship between patient and therapist. How does the archetype of the Orphan manifest itself in the analytical space? What "games" and "scenarios" does the patient, who is dominated by this archetype, offer? What can become the basis of a therapeutic metaphor when working with the “Orphan complex”? The author discusses these issues in her report.

**THE FAR RUNNING CONSEQUENCES OF THE INFLUENCE OF ATTACHMENT QUALITY IN LIFE AND DURING THE PANDEMIC PERIOD**

***Nina V. Kanevskaya*** *– Ph.D. in Psychology, Associate Professor of the Department of Psychotherapy, VEIP, Dance and Movement Psychotherapist, Candidate of IAAP-ROAP, holder of the European psychotherapeutic certificate EuroPsy. Russia, St. Petersburg.*

The type of attachment manifests itself not only through attitude to an important object but also through a certain behavior. There will be discussed the variety of possible " objects "of the external world, the internal world, and the world of relationships as well (Umwelt, Mitwelt, Eigenwelt), in which this type of attachment is constructed like the same pattern. With the short vignettes as an example, listeners will see clearly how far such the same pattern is able to spread. This will allow to use such observations more consciously in working with clients and explore the field of opportunities for changing and transformation the difficulties in life.

**THE POWER OF TRUST IN THE TEACHING PROCESS AS A FACTOR OF SUCCESS (ON THE EXAMPLE OF TEACHING EXPERIENCE)**

***Marina V. Vorontsova*** *– Ph.D. in Philology, Associate Professor of Institute of Asian and African Countries (Moscow State University named after M.V. Lomonosov). Russia, Moscow.*

The experience of teaching foreign languages convinces us that the trust of students in the teacher is one of the factors of the effectiveness of teaching. Can trust be replaced by hopes for successful control tests. Overcoming the fear of exams, tests and other forms of control is one of the conditions for the formation of a trusting relationship. However, this criterion is clearly not enough, since the sustainability of the formed hopes can have the effect of skipping classes. The report examines the formation of a system of teacher-student relations based on trust.

**CONTROLLED UPDATE OF UNCONSCIOUS FEAR OF DEATH OF ARCHETYPICAL LEVEL IN PERSONAL MENTAL IN CONNECTION WITH INFORMATION SUPPORT OF THE APPEARANCE OF CORONOVIRUS**

***Maria V. Lomova-Stamarskaya*** *– Ph.D. in Psychology, individual IAAP member, training analyst, supervisor, teacher of IAAP, ROAP / IAAP. Russia, Moscow.*

In 2020, humanity was faced with the appearance of a virus, the information reaction to which for a whole year turned into a global and separate type of mental activity of each individual human consciousness, which quickly involved all layers of the population of the entire planet in such activities. Through the central mass media of most countries of the Earth, which began daily publication of the number of sick, and then recovering and dying from a new "unknown" previously virus, this information agenda has become daily in every home. But the topic of the virus in the media not only was not presented factually using the capabilities of all known methods of reducing anxiety and normalization, not only was it not expectedly associated with the accumulated potential, resources and achievements of mankind in the field of health, medicine, science, disclosure and progress, protection capabilities , human reserves, unification, mutual assistance, or at least balanced by the presence of such opportunities and resources, but on the contrary, it is strictly associated with an insurmountable pandemic threat, inevitable death, massive defeat, separation, closure and fear. As soon as the phrase pandemic, death and mass death associated with the new virus appeared in the media, there was a massive natural psychological reaction to this information link "pandemic, deadly virus and imminent death." However, natural and expected fear should automatically bring to life both natural natural counterbalances and in the form of individual psychological defenses in each individual person, and the usual instinctive joint actions of people in response to a threat. What prevented the inclusion of natural instinctive mechanisms on the one hand and the manifestation of natural psychological and spiritual motives of people on the other hand at the psychological and socio-psychological levels?

**JEAN LACANE AND MODERN IMAGES OF THE DIGITAL SUBJECT**

***Anna A. Kostikova*** *– Ph.D. in Philosophy, Associate Professor, Head. Department of Philosophy of Language and Communication, Deputy. Dean of the Faculty of Philosophy, Moscow State University Lomonosov. Russia, Moscow.*

The report examines the foundations of psychoanalysis of Jacques Miller Lacan's version. Philosophical poststructuralism - the ideas of J. Deleuze, M. Foucault, J. Derrida, J. Baudrillard, J. Lacan, J. Bataille, F. Guattari, W. Eco, A. Badiou, etc. - was prepared by a rather complex movement in art , literature, cinema, as well as "new" literary criticism. R. Barth proposed a new understanding of semiotics, which should proceed from the interpretation of language as a continuous creative process of creating meaning based on the connotative meanings of a sign. Lacan always said that energy is a quantification. Considering examples from the physics of Richard Fenman, he noticed that in a closed system, the law of conservation of energy requires always coming to the same number - this leads to a digital model of the "cube game", in which it is necessary to find the missing part if it suddenly turns out to be lost ...

**STRUCTURAL-FUNCTIONAL ANALYSIS OF JUNGIAN ARCHETYPES OF CHARACTERS IN ‘THE HUNTING OF THE SNARK’ BY LEWIS CARROLL**

***Ivan P. Davidov*** *– Doctor of Philosophy, Associate Professor, Faculty of Philosophy, Lomonosov Moscow State University. Russia, Moscow.*

Our hypothesis is that each of the actors of Carroll's literary nonsense is an image of one or more archetypes of the collective unconscious. The subject of the study is the behavioural characteristics of each of the characters in ‘The Hunting of the Snark.’ The main methods are Jungian, structural-functional, and comparative analysis. The goal is to describe the ‘matrix’ of archetypes of this ‘psychodrama’ by solving two consecutive problems, namely, identifying: a) archetypal features in ‘snark-hunters’; b) correlation between the actors’ functions and the archetypes of the collective unconscious’ functions. The author's conclusions bring us closer to understanding the character and mental state of C. L. Dodgson (L. Carroll) at the time of writing the analysed poem.

**HERMETIC PHILOSOPHY AND ITS SYMBOLIC LANGUAGES IN MODERN PSYCHOLOGY AND PSYCHOTHERAPY**

***Petr F. Nesterov*** *– Master of Philosophy, Head of the author’s School “Golden Way”. Russia, Moscow.*

In his report, the author turns his gaze to the classical quadrivium of Hermetic Philosophy and traces the connections of European and Eastern symbolic systems with modern depth psychology and psychotherapy. Following С.G. Jung, who deeply studied, and then widely and innovatively applied various symbolic languages in his medical and psychotherapeutic practice, the author analyzes and comprehensively amplifies the most famous symbolic systems – alchemy, astrology, Kabbalah, tarot from a philosophical and psychological point of view, and also reveals their archetypal content. The author convincingly shows and substantiates the significance of symbolic languages in the modern science of the human psyche, especially its unconscious area, as well as in analytical practice.

**Psychological archetypes IN PSYCHOTHERAPY OF VICTIM**

**Olga O. Andronnikova –** *Ph.D. in Psychology, Dean of the Faculty of Psychology,* *Associate Professor, Novosibirsk State Pedagogical University. Chairman of the Novosibirsk Regional Branch of the Federation of Educational Psychologists of Russia. Full member of the All-Russian Professional Psychotherapeutic League. Member of the American Psychological Association (APA), Russian Academy of Natural Sciences (RAE). Russia, Novosibirsk.*

The paper explores the possibility of using the four main technologies of archetypal practice in working with victims. We rely on Jung's idea that archetypes tend to be actualized in the context of an individual environment and determine the degree of individuation. We assume that in a trauma situation, the archetypes of the medusa and the wounded healer will be actualized as basic. The possibilities of using methods (dream work, active imagination, psychosynthesis, family images) for victim therapy are described.

**"PHILOSOPHICAL TALK" AS A HIDDEN REQUEST FOR PSYCHOLOGICAL COUNSELING**

***Victoria V. Kuzmenko*** *– Ph.D. in Chemistry, art-therapist, Jungian-oriented psychologist. Russia, Moscow.*

There is hypothesized in the report, that the deep themes of belief, the relationship of spirit, soul and matter, knowledge and self-knowledge, the search for relevant meanings are often hidden requests in psychological counseling of modern people. A phenomenological analysis of client cases where the need to discuss "philosophical" issues appeared spontaneously or as a transformation of the original request is carried out, as well as the impact of sessions with such discussions on the therapeutic process. Relevant art-therapeutic techniques used as the ones for displaying deep mental content and relationships with existential questions are considered. Counseling and psychotherapy of normal people is discussed.

**ALCHEMICAL SYMBOLISM IN WESTERN EUROPEAN MEDIEVAL CULTURE**

***Elena A. Baum (Zaitseva)*** *– Ph.D. in Chemistry, Senior Researcher, Department of Physical Chemistry, Faculty of Chemistry, Moscow State University. Lomonosov, member of the Union of Journalists of Russia. Russia, Moscow.*

The report is dedicated to the multidimensional interpretation of medieval alchemy. A feature of the period of existence of its origins was the lack of distinction between the concepts of chemistry and alchemy. At the same time, the symbol played a huge role in the picture of the world of this era: everything was in one way or another a sign, correctly interpreting which it was possible to comprehend the divine meaning. In alchemical works, on the one hand, prescription prescriptions that are completely rational in their essence are encoded in illustrations, on the other hand, figurative systems of the world outlook. Alchemical symbolism penetrates deeply into the fabric of medieval culture: architecture, painting, literature. Today, the metaphor of the “Great Work” turns out to be interesting in its interpretation for the widest circle of researchers working in interdisciplinary fields, since in historical terms it is a unique “integral phenomenon of culture”, simultaneously affecting a wide variety of areas of knowledge and traditions.

**MYTHOLOGICAL SYMBOLISM IN PSYCHOTHERAPY OF CRISIS: THE PHILOSOPHICAL ASPECT OF THE SEARCH FOR NEW MEANINGS**

***Lidia A. Surina*** *– Ph.D. in Chemistry, analytical psychologist, psychotherapist, full member and co-chairman of the Jungian Analysis modality of the PPL Russia personal therapist, supervisor and international lecturer of the PPL Russia Rector of the Academy of Depth Psychology. Russia, Moscow.*

The author examines the myths about the descent into the underworld as the initiation of the personality during the period of a person's life crisis. Using the examples of the ancient Greek myths about Persephone and Psyche, as well as the Sumerian myth about the goddess Inanna and the analogy with the myths of other cultures, the author considers the living of a life crisis as a symbolic experience of the death of the old identity and the return to life in a new personal awareness of oneself. The underground world symbolizes the deep world of the soul, the treasury of the archetypal level, which contains the origins of the spiritual instinct that leads us in search of our divine nature – this is where the psychological path of the individual begins to gain integrity and meaning. During a crisis, a person, on his spiritual journey, experiences the death of his former personality – and this is a necessary condition for transformation and rebirth for a new, genuine Life.

**THE MOON AND THE WAY OF THE HERO IN THE NOVEL OF APOLEUS "METAMORPHOSIS, OR THE GOLDEN DONKEY"**

***Ekaterina A. Dais*** *– Ph.D. in Cultural studies, culturologist, philosopher, poet and translator. Russia, Moscow.*

The first initiation novel, written by the Roman writer Apuleius, immerses us in the world of magic and witchcraft. The hero, a young man named Lucius, encounters female moon goddesses and the servants of their cult on his way, as a result of which he turns into a donkey. To become a human again, Lucius needs to make his own path as a hero (according to Joseph Campbell) and enter into interaction with the Moon, with Isis, as the embodiment of the mother's essence. This multifaceted novel gives a lot for understanding male and female psychology, is a real treasure trove of archetypes (not without reason Jung's student, Marie-Louise von Franz, dedicated a whole book to him). You can search and find in it more and more new meanings, but in this report the author will focus on the meanings associated with male and female, the moon and the sun, human and animal.

**POSSIBILITIES OF NARRATIVE IN CONTEMPORARY INSTRUMENTAL ACADEMIC MUSIC**

***Grigory S.******Zaitsev*** *– Ph.D. in Аrt history, composer, member of the Union of Composers of Russia, associate professor of the Institute of Journalism and Literary Creativity, artistic director of the modern music ensemble "Freedom of Sound", laureate of more than 20 prestigious All-Russian and international composer competitions, author of books and articles. Russia, Moscow.*

Long-standing philosophical and aesthetic disputes about the ability or inability of instrumental music, devoid of words for narrative, mutated in the twenty-first century to a new level. Academic musical art in the middle of the twentieth century is undergoing significant metamorphoses, dramatically changing its interaction with the perceiving audience. Many contemporary composers are both professional (and in-demand) philosophers, and their musical work becomes a continuation of their philosophical quest. However, unlike philosophers and musicians of the past (for example, Jean-Jacques Rousseau), who turned to the word to implement their concept in musical art, modern authors often prefer pure music – Musica Instrumentalis – which may be devoid of an author's program, but at the same time the same time claims to be a form of intersubjective storytelling (if not an objective one). Such a "narration", which is perceived by many as the "meaning" or "gesture" of the author's work, despite the fact that the author does not give either words or even an expanded program of the previous work, and the title of the work composition (if it is present) can be derived from its intonation (that is, purely musical) features, and is not a "microprogram" that tunes the audience to a special "way of perceiving a piece." The talk will focus on how people interacted with music in past eras and how they interact now with musical expression. This report will present examples of contemporary works that claim to be narrative despite their lack of open source programming (as understood in the past).

**SCIENCE AND METAPHYSICS OF ARCHETYPES**

***Konstantin Pavlidis*** *– professor at the Moscow State Pedagogical University, a full member of thePPL Russia director and founder of the Orassy Research Center and Clinic (London, UK). Australia, Sydney.*

***Lidiya S. Gerasimova*** *– Master of Biological Sciences, neurobiologist, researcher at Moscow State Pedagogical University, full member of the OPPL. Russia, St. Petersburg – Moscow.*

Archetypes are one of the central principles of Jungian analysis, but the topic of their metaphysics has always remained for the individual consideration of specific specialists, due to the lack of practice in the field of metaphysics. On the other hand, the practices associated with metaphysics rarely go deep into questions of the structure and causality of archetypes. Thus, there is a gap between the daily situation of psychology, scientific data and the practice of metaphysics. As a result, instead of a unifying, universal, universal principle, as Jung saw them, they turn into an area for the subjective judgments of individual specialists. In his report, Konstantin Pavlidis will present a new approach to the concept of archetypes in our life, from the point of view of ethnogenetic analysis and its relationship with the quantum worldview.

**METAMORPHOSES OF TIME, OR TIME AS A MIRROR OF THE ANALYTICAL PROCESS**

***Oksana V. Kuznetsova*** *– Ph.D. in Psychology, analytical psychologist, psychotherapist – katathym-imaginative psychotherapy (KIP), full member of the PPL Russia.*

Time is one of the eternal philosophical categories that have worried philosophers at all times. Plato, Aristotle, Leibniz, Newton, Kant, Bergson, Heidegger, Losev, Shpet, Mamardashvili, Pomerants addressed this topic. Time is immemorial and mythological; Mircea Eliade distinguished between Profane time and Sacred time. Herman Uzener suggested the existence of an etymological relationship between *templum* (lat. «Temple») and *tempus* (lat. «Time»), considering that these two concepts meet, intersect, and Ukhtomsky A.A. and Bakhtin M.M. described a chronotope (from the Greek chronos - time; topos - place; (literally, «time space»)). Relationship with time is an existential theme that unfolds both at the collective level, the level of society, and in the individual space, at the level of the individual. In our perception, time can slow down or speed up, «creep» or «fly». We often talk about the flow of time, comparing life time with the flow of a river. And how does time flow in analysis and in psychotherapy? How does time mirror what is happening in the analyst's office? How are the metamorphoses of time and analytical dynamics connected? Mamardashvili M.K. mentioned the existence of Punctum Cartesianum, «a point of intensity», «absolute temporal intensity». Living «points of intensity» in the alchemical retort of the psychoanalytic office contributes to the coniunctio and launches deep transformational processes.

**SYMBOLODRAMA IN MODERN PSYCHOTHERAPY**

***Natalya O. Karafa-Korbut*** *– MD, psychotherapist, supervisor of IPP (Institute of Psychosomatics and Psychotherapy, Potsdam), psychotherapist of PPL Russia registry, associate professor of MOKPO. Germany, Potsdam.*

The report will focus on the professional development of psychologists and psychotherapists within the framework of individual and group educational therapy on behalf of a teaching therapist and associate professor of the symbolic dramatic community with 20 years of experience.

**THE ASEXUAL REVOLUTION AND THE CRISIS OF GENDER IDENTITY**

***Elena E. Golovina*** *– Ph.D. in Philology, journalist, translator, analytical psychologist, full member of the PPL Russia author and host of seminars at the intersection of psychology and philosophy. Russia, Moscow.*

The author believes that the sexual revolution is taking place before our eyes, and we are its participants. All the gains of the liberating sexual revolution of 1968 are annulled. Freudian sublimation and Jungian balance of opposites no longer make sense. Both consciousness and the collective unconscious have changed totally. The opposites of attraction and prohibition, permitted and prohibited, no longer exist. Artificial sexuality, virtual satisfaction reigns. At least in a symbolic sense, we are all already transsexuals, sexual transgressors, but what does this mean at the present moment - evolution or involution? Sex has been neutralized (which could be more dangerous than that!) By the cybernetic revolution, followed by art, culture, public educational discourses, medicine, and finally psychology. The latter did not even notice that we had lost the body, and the practice of psychologists is still feeding on the ideas of Freud, who made the body visible. In his report, the author tries to comprehend the reality and very radical consequences of what happened.

**THE WAY TO MY SELF. STUDENTS' SEARCH OF THEIR INDIVIDUALITY BASED ON ART THERAPEUTIC TECHNOLOGIES**

***Irina G. Fokina*** *– Ph.D. in Psychology, Associate Professor of the Department of Psychology, Dubna University. Russia, Dubna.*

The report is devoted to a review of modern art therapy technologies for expanding the ideas of their individuality by students (from 10 to 17 years old). The author covers such types of art therapy technologies as isotherapy, sand play, psychological theater. The report presents assignments, models of classes with students, the tasks of which are the ability to express themselves, develop self-reflection skills, expand ideas about oneself, relieve psycho-emotional stress.

**JUNG'S ANALYTICAL PSYCHOLOGY AND SYMBOLIC SYSTEMS**

***Natalia A. Pavlikova*** *– medical psychologist, Jungian analyst and supervisor (IAAP, RSAP), President of the Russian Society for Analytical Psychology.*

The report examines the changes that have been taking place in our culture since the beginning of the 20th century, in the use of symbolic systems as rites de passage (rituals of transition), helping a person to cope with periods of uncertainty in his life. The definition of symbolic thinking is given and the conditions for its development in the practice of psychotherapy are described. A distinction is made between magical, rational, symbolic and diabolic thinking. The possibility and importance of building a personal myth as an open symbolic system for the healthy functioning of the psyche is discussed.

**JUNGIAN IMAGE WORK IN TRAUMA PSYCHOTHERAPY**

***Evgeniya G. Troshikhina*** *– PhD in Psychology, Associate Professor of the Department of Developmental Psychology and Differential Psychology, Faculty of Psychology, St. Petersburg State University. Russia, Saint-Petersburg.*

The author examines the theoretical provisions of the depth psychology of K.G. Jung's approach to healing mental trauma. The concepts of psychological well-being are discussed. Cases of individual work with adults who have experienced traumatic events in adolescence - tragic loss of peers are presented. The cases demonstrate the positive dynamics of living through trauma and the path to gaining inner well-being through working with symbols and images within the framework of Jungian sand therapy.

**INTERNAL HEALER AND RESOURCE NARRATIVE**

***Nadezhda E. Antipova*** *– Ph.D. in Psychology, Associate Professor, member of thePPL Russia author of books. Russia, Moscow.*

The author shows how a difficult life situation, traumatizing a person, prompts him to seek a Healer. The Healer archetype is the accumulated experience of the meetings of the Soul with the Healer in space-time. Meeting with the Healer as awareness and how recognition of the Healer in one's life history and life history leads to finding the necessary means to restore integrity, to self-healing. Nature acts as a universal self-healing system. Personalized images of nature in the narrative help the client's life story to integrate into the history of the world, to find a safe place.

**THE MICROCOSM OF THE PERSONALITY AND THE MACROCOSM OF THE UNIVERSE IN THE ANALYST'S CABINET: FROM HEALING PERSONAL MENTAL WOUNDS TO HEALING THE COLLECTIVE MENTAL STRUCTURES**

***Roman K.******Sterledev*** *– Doctor of Philosophy, Professor of the Department, Head. Department of Philosophy, Perm State Medical University. Russia, Perm.*

***Nina L.******Khrebtova*** *– М.D., psychotherapist, psychiatrist, analytical psychologist, art therapist. Russia, Perm.*

The modern period is characterized by a crisis not only in the social and political sphere, but also by a value and existential crisis. The interaction of philosophy, as a science that studies the most general, universal laws and problems of the existence of humankind and the universe as a whole, and psychology, which deals with the problems of individuals, can be valuable. In this context we have interesting complementarity of the activities of C.G. Jung, in his studies connecting the psychological, symbolic and spiritual, and P. Teilhard de Chardin, who builds bridges between scientific and religious experience. We can reflect on, how the legacy of both scientists, in the context of their holistic views, could be applied in modern psychology and psychotherapy.

**APOCALYPSE AND ITS INTERPRETATION IN THE VISIONAL LITERATURE OF THE XVI CENTURY**

***Ivan A. Kopylov*** *– Ph.D. in Historical Sciences, Associate Professor of the Department of the History of the Ancient World of the Institute of Oriental Cultures and Antiquity of the Russian State University for the Humanities, Professor of the National Autonomous University of Mexico. Mexico, Mexico City.*

The author examines the problem of interpreting the Apocalypse in medieval visionary literature, which opens up new opportunities for modern man to understand the psychology of resolving life crises. The Apocalypse describes the end of the world, and in psychotherapy this is associated with a person living through crisis periods, which are for him the end of an old, familiar life and the beginning of a new, unknown and sometimes frightening. The way the visionaries interpreted the Apocalypse can be an interesting interpretation of a person's life crises.

**ALCHEMICAL SYMBOLISM IN DREAM ANALYSIS**

***Tatyana V. Kabluchkova*** *– analytical psychologist, member of the Ural Association of Analytical Psychology and Psychoanalysis, IAAP-ROAP candidate, author of the book “Fundamentals of Analytical Psychology. Archetypal Approach "(2018), Russia, Yekaterinburg.*

The report is based on a client's dream, containing alchemical symbolism, and its elaboration with the involvement of alchemical and mythological images as amplifications, expanding the semantic field of personal visions to the scale of universal laws of development of mental life. This made possible a deeper understanding of at what stage of his individuation path the client is at the moment when the unconscious presents him with this particular alchemical image, and what is required of the ego in order to move further in its development.

**THE PYRAMID OF CONSCIOUSNESS – THE HIERARCHY OF THE UNCONSCIOUS**

***Pavel M. Piskarеv*** *– Doctor of Psychology, Professor, Rector of the Institute for the Psychology of Creativity, full member of the IAPN, head of the t / o "Neurographics" at the TSPH of Russia. Russia, Moscow.*

The Pyramid of Consciousness is the author's concept and model structuring the phenomenology of transpersonal experience. Turning to this model has allowed the author to conduct individual and group work in the field of transformational practice for 22 years. The Pyramid of Consciousness model is consistent with the theories of Carl Gustav Jung, Stanislav Groff, prof. Vladimir Vasilyevich Kozlov in the field of research and organization of evocation of the content of the unconscious part of the psyche, followed by analytical practice and the integration of its parts. The report presents: 1) development as a key trend at the start of the III millennium; 2) consciousness as a resource and potential for social adaptation; 3) 4 phases of the mental process in the context of development; 4) 7 levels of consciousness on the axis of the subject's individuation; 5) Development Pyramid as a tool for the development of the subject.

**PSYCHOHISTORICAL ROOTS OF THE IMAGE OF THE VIRGIN IN EARLY CHRISTIAN LITERATURE**

***Valery N. Chursin*** *– Ph.D., Senior Scientific Researcher. Russia, Moscow.*

The report examines the plots of the famous Christian apocryphal essay "The Story of Mary (Proto-Gospel of Jacob)" from the perspective of the deep connection of myth with the events of history. The dynastic marriages of the kingdom of Commagene led to the legend of the virgin on Mount Nimrud. It was there that the “History of Mary” arose, analyzed in the report. The subject of research is apocryphal images of Mary and her entourage, gestalts associated with the life paths of two young virgins.

**SPLENDOR SOLIS ENGRAVINGS AS A SYMBOLIC REFLECTION OF THE DEVELOPMENT OF PROFESSIONAL IDENTITY (ON THE EXAMPLE OF GROUP SUPERVISION)**

***Georgy V. Safronov*** *– clinical psychologist, head of the Balint groups of PPL Russia. Russia, Moscow.*

In her talk, the author will consider group supervision as a tool for developing the professional self-awareness of an analytical psychologist. The alchemical treatise Splendor Solis will serve as a symbolic model for this function of group supervision. The approach is based on the introspective method, the hermetic principle in working with the prima materia of the analytical case and the activation of the transcendental function.

**TOPOLOGY OF THE PHENOMENON OF TIME IN PSYCHOTHERAPY**

***Elena A. Arye*** *– clinical psychologist, analytical psychologist, IAAP-RSAP candidate, member of the ECPP-Russia, member of the URAPP. Russia, Saint-Petersburg.*

The report examines the phenomenology of time in psychotherapy. The archetypal symbolism of "rhythms and pauses" is analyzed, the dynamic transformation of perception of temporal toposes in the process of clinical work (cyclic-linear-eternal) is highlighted by the example of clinical cases.

**WOMEN'S INITIATIONS: MYTHOLOGICAL SYMBOLISM OF REPRODUCTIVE PROCESSES IN THE WOMAN'S BODY**

***Irina V. Ageeva*** *– psychotherapist, obstetrician-gynecologist-endocrinologist, lecturer at the Moscow Institute of Psychoanalysis, training psychotherapist of the MOKPO, full member of the OPPL, member of the International Society of Psychosomatic Obstetrics and Gynecology. Russia, Moscow.*

In ancient times, when a woman's connection with nature was natural, and in generic and family scenarios, motherhood was passed as a natural relay race of life from grandmother to mother and daughter, women did not suffer from reproductive diseases. Each woman maintained a connection with her family and with “archetypal” forces. The ancients saw in a woman a manifestation of the archetype of the Great Goddess - one and at the same time triple, in accordance with the changes in the phases of the moon, seasons and cycles of fertility - as well as the female reproductive cycles: the onset of menstruation, pregnancy and childbirth, and then menopause. Each successfully passed crisis period brings a woman to a higher level of personal maturity and possession of the secret archetypal knowledge of the cycle of Birth - Life - Death.

**THE PHENOMENON OF TRANSITIONAL STATES DURING CRISIS PERIODS**

***Olga S. Surina*** *– Master of Psychology, Clinical Psychologist, full member of the PPL and the Association of Psychoanalytic Coaching and Business Consulting. Russia, Moscow.*

In this latter period – due to the coronavirus pandemic and the associated economic and geopolitical crisis – the whole world is in a transitional state. Uncertainty experienced by all is anxiety. The report presents the results of a study of transitional states that a person experiences during periods of life changes, the stages of transition and their features are studied. In the course of the study, a psychological analysis of transition states was carried out (using five client cases as an example) and patterns of these processes were revealed. A mechanism is proposed for the functioning of the transition process itself in psychoanalytic and symbolic contexts, as well as a classification of social rituals associated with transitional states.

**SYSTEMS OF ANCIENT AND MODERN KNOWLEDGE ABOUT THE SOUL AND BODY (ON THE EXAMPLE OF VEDIC ASTROLOGY JYOTISH AND HUMAN DESIGN)**

***Karina V. Kobetskaya*** *– psychologist, editor, journalist, member of the Union of Journalists of Russia, member of the Creative Union of Professional Artists of Russia TSPH, full member of PPL Russia. Russia, Moscow.*

One of the first attempts to study the interaction of the methods of astrology Jyotish, which is more than 3 thousand years old, and the Human Design system, which came to our world and took shape at the end of the 20th century. Based on cases from his practice as a consultant astropsychologist and on sources, the author concludes that these systems of knowledge do not contradict each other. On the contrary, with their competent synthesis, you can get a clearer and more informative picture of the processes taking place in the human body and psyche (patterns of behavior, health, relationships, desires, etc.), as well as give practical recommendations upon request.

**LIMINALITY AS A TRANSITION TO A NEW IDENTITY ON THE PATH OF INDIVIDUATION**

***Dmitry A. Talantov*** *– Master of Psychology, applicant for the Ph.D. degree in* *Psychology, Researcher (scientific employee) of the Institute of Psychology of the Russian Academy of Sciences. Full member of PPL Russia.*

Threshold (liminal) states are a well-known construct in psychology and psychotherapy, which has many definitions and interpretations. In a number of works, neurotic disorders are defined as "borderline" functional mental disorders. The phenomenology of a crisis is important in that it unfolds in time, and in one way or another leads to transformation in a “destructive” or “constructive” way. The threshold state (liminality) is associated with the loss of familiar features, but it is also a person's transition to a new identity on the path of individuation.

**METAPHORICAL FAIRY TALE AS A MEANS OF EVOLUTION OF CONSCIOUSNESS IN HYPNOTHERAPY**

***Olga P. Yakovleva*** *– clinical psychologist, hypnologist, certified specialist in psychodynamic hypnotherapy of the French Association of Hypnosis (AFHYP), the European Society of Hypnosis (ESH), transformational coach, certified according to the standards of the International Association of Coaches and Trainers (ICTA), trainer. Russia, Moscow.*

The metaphorical tale launches an unconscious search and processes with the aim of awakening many levels of meaning, the emergence of insight in therapeutic interaction. In hypnotherapy, an altered state of consciousness, based on physiological age regression, the "childish" state of the nervous system, serves as a kind of catalyst for deep transformation processes and the development of new patterns of consciousness. The report presents the process of creating an author's therapeutic fairy tale using multiple built-in metaphors on the example of a specific case of therapy. The relationship between the images of the unconscious client, obtained using the techniques of hypnoanalysis, with the images of a metaphorical tale is considered.

**PHILOSOPHICAL ASPECTS OF TANTRIC TEACHING**

***Anna Y. Afanasyeva*** *– analytical psychologist, full member of the PPL Russia, researcher and practitioner of the tantric tradition, lecturer. Russia, Moscow.*

C.G. Jung called individuation the most important human task, and the unwillingness to be aware - the gravest sin. Ancient tantra for modern man can serve as a tool of individuation and a guide to spiritual integrity. Where, no matter how here, a person can touch the numinous, deep and archaic! Including ritual practices, methods of working with consciousness and the unconscious, various mental exercises and the integration of shadow qualities, the tantric teaching rooted in centuries is still a relevant and effective method of comprehending the inner and outer universe.

**ARCHETYPES OF CONSCIOUSNESS AS A SYSTEM OF IMAGES**

***Dmitry L. Khmelev*** *– artist, restorer, member of the Union of Artists of Russia, author of the concept of the Archetypes of Consciousness. Russia, Moscow.*

"Archetypes of Consciousness" - a model of the possible development of K. Jung's typology. D. Khmelev, the author of the project "Beautiful Eidos", will present his experience of researching ideal and original forms of individuality. Combining various philosophical and psychological ideas, the aesthetic idea of ​​the ideal and sensual contemplation of images are put in the first place in his system. The archetypal forms considered by him in their interaction constitute a consistent model that has its own analogy in the mythology of the ancient cosmos.

**UNIVERSAL TAROT SYMBOLS IN THE PRACTICE OF PSYCHOTHERAPY**

***Natalia B. Soklakova*** *– Jungian analyst, specialist in symbol drama, psychodrama, Ericksonian hypnosis and modern integrative projective techniques, head of the Moscow Center for Psychology and Development and the Tarot school "Towards". Russia, Moscow.*

The author examines the work of the Tarot symbolic system in psychotherapy and demonstrates specific techniques and techniques. This can be interesting for practicing specialists as an effective and gentle way of contacting the unconscious and "talking" with the Soul, and makes it possible to quickly bypass resistance and psychological defenses and diagnose and at the same time correct a problem or painful state of a person.

**THE LANGUAGE OF ARCHETYPES: THE PRINCIPLES OF SEMANTIC FIELDS FORMATION**

***Sergey Tsygankov*** *– fellow of the All-Russian Professional Psychotherapeutic League (APPL), an official national trainer of thePPL Russia an Honoured Teacher of Russia, the author of the books “The Point of Support”, “The Secret Power of Archetypes”, “Astrology in Crisis”. Russia, Volgograd.*

The report observes archetypes as multifunctional complex structures. The author reveals and examines mechanisms of formation of archetypal semantic fields, being integral parts of these archetypes. The value and prospective practical application of the research findings are discussed.

**SYMBOL IN PSYCHOTHERAPY TRAUMA**

***Oxana Lavrova*** *– Ph.D., Associate Professor, Analyst and Supervisor of the Russian Society for Analytical Psychology, International Association for Analytical Psychology and European Confederation of Psychoanalytic Psychotherapies, Head of Jungian educational programs of the East European Institute of Psychoanalysis. Russia, St. Petersburg.*

The report discusses the cultural symbol and the process of symbolization in dealing with trauma. The definition of the concept of "symbol", "symbolization" is given. Clinical cases and mythological illustrations of symbolization are discussed.

**SYMPOSIA**

**OF THE 1ST INTERCONTINENTAL EXTRATERRITORIAL CONGRESS “PLANET OF PSYCHOTHERAPY”**

**SYMPOSIUM**

**“INTEGRATED SPIRITUALLY-ORIENTED APPROACH TO WORKING WITH SEVERE PSYCHOSOMATIC DISORDERS AND ONCOLOGY”**

**CHAIRMEN: *Natalia Spokoinyi (Berlin, Germany), Tatyana Nikiforova (Bratsk, Russia)***

The section presents new achievements and developments in the integrated, spiritually-oriented approach to severe psychosomatics for the purpose of client recovery. The author's methods combine various individual and group methods of work, such as systemic constellations, body-oriented practices and art-therapeutic techniques (colour, music and integrative sandplay therapy, MAC, etc.) We begin with the assertion that the disease is a physical expression of the struggle between two parts of a personality: denying, destroying and supporting, affirming life. The purpose of the approach – to help the patient turn from a victim into an active creator of their own wellbeing: to mobilize their own strength, thereby giving impetus to the immune system to effectively counteract the disease and extend their years of joyful, fruitful life.

The effectiveness of the method is demonstrated by examples of clients with such serious diseases as cancer, hepatitis C, lupus erythematosus, schizophrenia and other mental disorders, etc.

**INTEGRATED SPIRITUALLY-ORIENTED APPROACH TO PSYCHOTHERAPEUTIC WORK WITH CANCER PATIENTS**

***Tatyana Nikiforova*** *– child and family psychologist, art therapist, fairytale therapist, full member, official trainer and personal therapist of PPL. Russia, Bratsk.*

This report shows how using a combination of various methods of spiritually-oriented psychotherapy such as tarology, body-oriented, color, musical, integrative sandplay therapy, MAC, and others. It is possible to not only support of such patients, but also effectively assistance in their recovery. The method is demonstrated with specific client’s examples.

**AUTHOR’S BEMS – MODEL (BODY–EMOTIONS–MIND–SPIRIT) METHOD FOR CLIENT VALUES ORIENTED WORK WITH SEVERE PSYCHOSOMATIC ISSUES**

***Natalia Spokoinyi*** *–**director of IIS Berlin - International Institute of System Constellations, full member and international level trainer of PPL, WCP and EAP certified psychotherapist, master trainer of INFOSYON and DGfS, systemic sex therapist, Master of Theology A.Men Uni, Germany, Berlin.*

It has been established that severe psychosomatic disorders are caused by the client's trauma, as a rule, a severe trauma of his family. The report shows how in such cases it is effective to apply the author's BEMS-MODEL method, focused on client values, to work with extremely severe trauma and psychosomatics.

**METHOD OF PSYCHOTHERAPEUTIC KINESIOLOGY IN WORK WITH SEVERE PSYCHOSOMATICS AND ONCOLOGY**

***Galina Korchagina*** *– psychologist, psychotherapeutic kinesiologist, full member of the APK and full member, candidate for personal therapists, official trainer of PPL. Russia, Irkutsk.*

The report presents kinesiological techniques and tools to assist in improving the well-being of cancer patients. It describes the possibilities of working with emotions and the importance of working out past stressful situations to reduce their impact on the current state of health of clients.

**INFLUENCE OF DYSLEXIA AND ATTENTION DEFICIT AND HYPERACTIVITY DISORDER (ADHD) ON EMERGENCE AND DEVELOPMENT OF PSYCHOSOMATICS - A SPIRITUALLY ORIENTED THERAPY APPROACH**

**“CONTACT” ARCHETYPE IN THE INTEGRAL THERAPY OF SEVERE PSYCHOSOMATIC DISORDERS**

***Nataliia******Ptashnik*** *– psychologist, SIM-therapist (Self-Integrity Method), supervisor of the “Stepen Svobody” school, master of psychology, student of IIS-Berlin: systemic constellations and deep trauma therapy. Russia, Moscow.*

The report demonstrates examples of concrete clients to present a method of short-term therapy that uses SIM (Self-Integrity Method) to work effectively with psychosomatic issues related to dependant and co-dependent relationships.

**"ALLOW YOURSELF TO LIVE": THE AUTHOR'S METHOD OF INTEGRAL THERAPY FOR CLIENTS WITH FEMALE ORGANS ONCOLOGY  
*Victoria Jung*** *– specialist in childhood trauma, psychosomatics, hypnotherapeutic practices; MAC therapist, Project Manager of BVOP (Business Value-Oriented Projects), Financial Manager, Astrologist, student of IIS-Berlin: systemic constellations and deep trauma therapy. Germany, Düsseldorf.*

This report, based on the example of a client with cervical cancer, presents the author's method "Allow yourself to live", which helps to work quickly and effectively with oncology of female organs. The method includes Ericksonian hypnotherapy, MAC, astropsychology, regression psychotherapy and other methods of short-term psychotherapy and allows it to work fast and effectively not only with oncology but also with severe psychosomatics.

**THE AUTHOR'S METHOD "ALPHA-SPA-TRANSFORMATION" FOR INTEGRAL THERAPY OF CLIENTS WITH SEVERE PSYCHOSOMATICS  
*Malkina Natalia*** *– HR, art therapist, specialist in integral trauma therapy, steam-master, aromatherapist, stone therapist, gemologist, finance specialist, student of IIS-Berlin: systemic constellations and therapy of severe trauma. Russia, Moscow.*

The report demonstrates the author's method "Alpha-SPA-TRANSFORMATION", which combines steam-therapy to bring a traumatised client into an alpha state with various body-oriented and other short-term therapy techniques to work with severe psychosomatics, using examples from real clients.

**AUTHOR SPIRITUALLY ORIENTED “BIOCOACHING” APPROACH FOR EFFECTIVE WORK WITH SEVERE PSYCHOSOMATICS**

***Marina Buchatskaya*** *– NLP-coach, specialist in Erickson hypnosis, oriental practices and reiki, life coach, business manager (Russian Presidential Academy of National Economy and Public Administration), student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

The report using the results of numerous clients presents the author’s approach “Biocoaching” for effective work with food and gastrointestinal disorders, psoriasis, allergies and various skin diseases, rheumatism and other psychosomatic disorders.

**EXPERIENCE OF NEUROPSYCHOLOGICAL CORRECTION OF POST-STROKE CONDITIONS**

***Elena Hamaganova*** –*psychologist, trainer of PPL accredited personal therapist, head of PPL’s regional office in Buryatia. Russia, Ulan Ude.*

Interpersonal and intrapersonal conflicts are the trigger for the emergence of psychosomatic conditions such as strokes. Hopelessness, helplessness and apathy lead to the suppression of will and vitality and of immunological weakening. In the report it is shown how the solution of psychological problems increases the quality of life, motivating them to achieve their purpose, activating the immune system. Presents methods of neuropsychic correction of clients' post-stroke conditions in order to obtain life saving resources and recovery.

**SCHOOL BULLYING AS A CAUSE OF SEVERE PSYCHOSOMATICS IN ABOLESCENTS  
*Polina Dolgova*** *– child psychologist, art therapist, fairy tale therapist, specialist in working with bullyling and teenage crises. Russia, Bratsk.*

Bullying, psychological abuse at school, has now reached incredible proportions. This is the reason for the development of neuropsychiatric, neurotic and behavioral disorders, depression, sleep and appetite disturbances, the formation of post-traumatic syndrome leading to severe psychosomatics. There is an analysis of the sociocultural prerequisites for the emergence of school bullying, causes of aggressive behavior in adolescents, detection of the early signs of behavioral disorder and specific examples of interactive methods of working with psychosomatic manifestations of both the “victim” and the “aggressor” in the report.

**AN INTEGRAL APPROACH TO WORKING WITH MIGRAINES AND OTHER PSYCHOSOMATIC ILLNESSES DURING THE PERIOD OF PANDEMIC.**

***Tatiana Vakulevskaya-Krasnokutskaya*** *– specialist in high school psychology and pedagogy, systemic coach, teacher at the Privolzhsky Medical Research University (PMRU), full member of PPL, specialist in  EFT, layered family constellations and perinatal matrix healing, student of IIS-Berlin. Russia, Nizhny Novgorod.*

This report uses examples to demonstrate the author’s integrative method which combines the advantages of layered family constellations, EFT by Ethen Laing and body-oriented psychotherapy. Symptoms and illnesses indicate something or protect from something. All unlived feelings, destructive programs, killer-phrases and traumatic situations are stored in human bodies and ultimately cause diseases of the physical body. The method allows to identify and eliminate the causes of the disease at all levels, opening the way for a person to freedom, healing, joy and happiness.

**ORIENTATION OF SHORT-TERM THERAPY TOWARDS THE CLIENT'S HIGHEST VALUES FOR EFFECTIVE WORK WITH SEVERE PSYCHOSOMATICS  
*Yana Gudovskaya*** *– systemic coach, management specialist, public relations manager, business coach, brand manager in the fashion industry, IIS-Berlin student: systemic constellations and therapy for severe trauma.*

The report presents a methodology which combines various techniques of integral psychotherapy of severe psychosomatics, including a spiritual component as the core. Orientation of the therapy towards the Highest Values of the client makes it possible to choose the most suitable forms of the therapy and to find the optimal resource for curing within the shortest possible time. Examples of work with real clients are given.

**“INSTALLATION OF INTEGRAL PERSONALITY” METHOD FOR SOCIAL AND BEHAVIORAL ADAPTATION OF CLIENTS WITH HEAVY PSYCHOSOMATICS**

***Irina Sidorova*** –*family systemic psychologist, body, addiction and art psychotherapist, specialist in biodynamic breath and trauma release, full member of PPL, invited expert on Radio RF, the author of the “Installation of integrity of the individual” method.*

Client examples are used to demonstrate the author's “Installation of a Holistic Personality” method in the case of severe psychosomatics, which changes the portrait of a person and causes emotional dependence, fear of intimacy and failure of communication. The method provides rapid adaptation to the social environment and family to patients without the acute manifestation of codependent behavior and opens up the possibility of creating new partnerships and correcting existing ones.

**SPIRITUALLY ORIENTED APPROACH TO WORK WITH THE SEVERE PSYCHOSOMATICS OF BOTH CHILDREN WITH ASD AND THEIR PARENTS**

***Elena Korobeinikova*** *– trans-personal-, existential-, NLP- and astro-psychologist, author of the methods: “Quantum Psychotherapy”, “From me to we” for children with ASD and their parents, and “Self Determination” in the search for true self-realisation; full member of PPL, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

This report uses specific examples to demonstrate the author’s “From me to we” correctional method, for the purpose of working with the psychosomatics of children with ASD and their parents. It will also demonstrate “Quantum Psychotherapy”, which allows one to swiftly find the root symptom within the client’s system and transform blockages on all levels, from body to spirit to healing energy.

**THE METHOD OF SYSTEM INSTALLATION FOR THE WORK WITH PSYCHOSOMATICS, FEAR AND PAIN.**

***Irina Kanunnikova*** *– system coach, tarologist, art therapist, numerologist, top economist, business coach: coordinator and system developer of business management accounting, observant member of PPL, IIS Berlin student: system constellations in online group.*

In the report “The method of system installation” is demonstrated with specific examples that combine the advantages of the integral spiritual-based approach to trauma healing, system constellations, Erickson hypnosis, physiognomy, numerology, tarology etc. for effective assistance to the clients with  severe trauma to realize and achieve their real goal.

**INTEGRATED APPROACH TO WORKING WITH PSYCHOSOMATICS**

***Maria Efimova*** *– hypnotherapist, specialist in psychosomatics, general manager of Donat Food LLC, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

This report presents an integrated approach to working with pain, allergies, panic attacks and other psychosomatic illnesses.

**INFLUENCE OF DYSLEXIA AND ATTENTION DEFICIT AND HYPERACTIVITY DISORDER (ADHD) ON EMERGENCE AND DEVELOPMENT OF PSYCHOSOMATICS - A SPIRITUALLY ORIENTED THERAPY APPROACH**

***Olga Gutnova*** *– psychologist, NLP specialist, hypnotherapist on Ericksonian hypnosis, economist, student of IIS-Berlin: systemic constellations in online groups.*

The report illustrates development of psychosomatic disorders associated with ADHD and Dyslexia using real examples. The author's methods with the use of spiritually oriented therapy are proposed for quick adaptation and formation of a sustainable effect. It describes necessity of working with images and importance of working out past stressful situations for reducing their impact on the client's well-being.

**COMBINATION OF SYSTEMIC CONSTELLATIONS, SYMBOLDRAMA, FAIRYTALE THERAPY AND ENERGY PRACTICE FOR THE THERAPY OF SEVERE PSYCHOSOMATICS**

***Ekaterina Ritve*** *– teacher-psychologist (Herzen State Pedagogical University of Russia); financial Director of the IT-company Progress, teacher of mathematics and computer science; IIS-Berlin student: systemic constellations in online groups. Russia, St. Petersburg.*

Using real life examples of clients, the report shows how the combination of systemic constellations, symbol drama, fairytale therapy and energy practices brings a large-scale effect in the treatment of severe psychosomatic diseases.

**SYMPOSIUM**

**“INTEGRAL NEUROPROGRAMMING” VERSION 4.0**

**CHAIRMAN: *Sergey Kovalev (Moscow, Russia – Spain)***

The work of the Symposium “Integrated Neuroprogramming” version 4.0 will be devoted to the use of the paradigm approach, as well as the methodology, models and psychotechnologies of INP 4.0 for psychotherapy of childhood, family, personal growth and development, as well as human existence in the context of the space of human life.

**MODERN PRACTICAL WAYS TO QUICKLY HELP A PERSON TO FACE THE CHALLENGES OF THE ENVIRONMENT**

***Anatoly Loginov*** *– psychologist, psychotherapist, Chief specialist of the Centre for Practical Psychotherapy at the IIP, full member of PPL Russia. Russia, Moscow.*

The report examines modern practical ways to quickly help a person to face the challenges of the environment by quickly replacing his inefficient activities with more effective and adequate ones by reformatting his medium-term life scenarios in the concept of Integral Neuroprogramming (INP).

**PROBLEMS OF SEXUAL EDUCATION FOR CHILDREN, ADOLESCENTS AND ADULTS**

***Natalia Serebrennikova*** *– psychologist, psychotherapist, specialist of the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies under the guidance of S.V. Kovalev. Russia, Moscow.*

The presentation is devoted to a timely subject which is the importance of professional activity in a person's everyday life. The author considers the causes and preconditions in a person's psyche and life experience, which lead to a burnout and efficiency decrease. Effective ways to work with burnout using integral neuro-programming psycho-technologies are suggested.

**PSYCHOLOGICAL READINESS OF SCHOOL GRADUATES FOR STATE CERTIFICATION USING PSYCHOTECHNOLOGIES INP**

***Dilyara Suyucheva*** *– candidate of physical and mathematical sciences, psychologist, psychotherapist, leading specialist of the Center for Practical Psychotherapy under the guidance of S.V. Kovalev, full member of PPL Russia. Russia, Kazan.*

School graduates, preparing for the Unified State Exam, turn to the content of the discipline being passed and practically do not pay due attention to psychological training. This report shows how, with the help of INP psychotechnologies, it is possible to increase the stress resistance of schoolchildren in the conditions of passing exams, reduce the level of anxiety in the conditions of uncertainty of the future, bring them into a calm confident state for successful completion of the final test.

**WORK WITH SOMATIC DISEASES USING THE MODEL OF THE GENERAL IDEA OF GENERATION INP**

***Julia******Naumova*** *– psychologist, psychotherapist, specialist of the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies under the guidance of S.V. Kovalev.*

This report will demonstrate what should to be done in order for therapy to be successful. A real working scheme of working with a client with a somatic disease will be shown. According to the anology of the presented example, a psychologist can do this path with his client on his own.

**GETTING VID OF ALCOHOL ADDICTION BY METTODS OF INTEGRAL NEUROPROGRAMMING**

***Lyubov Kravchenko*** *– practiticing psychologist, leading specialist of the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies under the guidance of S.V. Kovalev, member of PPL Russia. Russia, Saratov.*

The report provides the algorithm of consecutive steps in the process of the work with an addicted client using psychological technologies of integral neuroprogramming. The client case is examined which shows what positive changes occur in the client’s consciousness and unconscious at each stage of the work.

**PROBLEMATIC COMMUNICATION WITH A CHILD: EXPRESS-CORRECTION BY INP METHODS**

***Mikhail Tupitsyn*** *– psychologist, psychotherapist, full member of PPL Russia, specialist of the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies under the guidance of S.V. Kovalev. Russia, Moscow.*

The report analyses a mean of instant correction of traumatic parent-child communication. How within the same session the methods of Integral Neuroprogramming provide an opportunity to change the states during “abnormal” behavior as well as in the process of communication with a child to correct the client’s imprinted pattern of behavior in favor of such more eco-friendly. This work on the parent-child relationship causes the rise of understanding.

**SOLVING THE PROBLEMS OF PARENT-CHILD RELATIONSHIPS USING THE INP METHOD**

***Natalia Vorobeva*** *– chief specialist of the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies under the guidance of S.V. Kovalev. Russia, Moscow.*

The report addresses the issue of parent-child relations. Describes work with children and their parents. The results of work with parents and children are considered. The changes intrafamilial relations and influence of this changes on behavior, health and education of the child are discussed.

**PANIC ATTACKS ARE NOT A SENTENCE. MODULAR PSYCHOTHERAPY IN THE KEY OF INTEGRATED NEUROPROGRAMMING**

***Linga Svaniene*** *– leading specialist of the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies under the guidance of S.V. Kovalev (Moscow). Lithuania, Klaipeda.*

In the report, author will consider an example of successful systemic psychotherapeutic work using a number of modules of integral neuroprogramming: "Deformation", "Dynamics", "Structure" and "Content" as well as the General Module (GM), in order to free a 35 year-old client from panic attacks and fear of panic attacks.

**TEENAGER AND SCHOOL. SOLVING THE PROBLEMS OF THE FINAL ADAPTATION OF THE STUDENT WITH THE USE OF PSYCHOTECHNOLOGIES INP**

***Svetlana******Serebrennikova*** *– psychologist, psychotherapist, specialist of the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies under the guidance of S.V. Kovalev. Russia, Moscow.*

The report tells about the causes of conflicts of a teenager in interaction with school and parents, successful problem solving and achieving successful adaptation through psychocorrection and psychotherapy. Changing the worldview and behavior of a teenager and parents using integrated neuroprogramming psychotechnologies: INP developed by Professor S.V. Kovalev.

**A HUMAN-CENTRIC APPROACH TO SOLVING THE PROBLEM OF PROFESSIONAL BURNOUT AND BUILDING AN EFFECTIVE ACTION STRATEGY ON THE BASIS OF INP**

***Ekaterina Muravieva*** *– psychologist, psychotherapist, specialist in flexible management technologies, member of PPL Russia, specialist in the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies under the guidance of S.V. Kovalev.*

The report examines the return of a person's psychological and mental wholeness through the paradigmatic approach of IPN, which allows the person to make a harmonious choice in the essential self-realization, to create the financial plan, his social status and position in society. Psychotherapy of mental health is discussed.

**NEW APPROACHES TO LEADERSHIPS IN CURRENT REALY**

***Maria Vinter-Astakhova*** *– Doctor of Science, business consultant, psychotherapist (The European Certificate of Psychotherapy), member of The European Association for Psychotherapy (EAP). Director of the Association for the Development of Psychotherapeutic and Psychological Science and Practice based on the INP. Leading specialist of Institute of Innovative Psychotechnologies, Russia, Moscow.*

This special issue considers the new approaches to leadership. The author explains how each engages with the core puzzles of nowadays leadership. The issue brings together many diverse theoretical and methodological approaches to the study of modern leadership, a vibrant area of study currently in the midst of an academic resonance.

**3D PARADIGM APPROACH IN WORKING WITH CHILDREN'S NON-ECOLOGICAL ADAPTATIONS IN INP**

***Natalia Kamshalova*** *– leading specialist of the Center for Practical Psychotherapy under the guidance of S.V. Kovalev, Russia, Moscow.*

The report is devoted to the possibilities of psychotherapy in terms of influencing the future of a person within the framework of a 3D paradigm approach, namely, changing personal scenarios in dynamic, structural and meaningful aspects. Examples of successful work in this direction from personal experience are given.

**PARADIGM OF DUTY. STRUCTURE AND WAYS OUT**

***Sergey Makarenkov*** *– specialist of the Center for Practical Psychotherapy under the direction of S.V. Kovalev. Practical psychologist, personality-oriented psychotherapist.*

The report tells about one of the most significant social paradigms that affects almost every person in modern society, its impact on the life of an individual person - Paradigm of Duty. Its content, structure and dynamics are outlined here. A possible way out of this paradigm is shown up. Practical ways for using this method as well as psychotechnologies that exist within the framework of Integral Neuroprogramming are presented.

**CREATING READINESS FOR LIFE WITH CHANGES IN THE CONCEPT OF INP. NLL - 9**

***Dmitry Makarovsky*** *– psychologist, child psychologist, personal well-being practitioner. Specialist of the "Center for Practical Psychotherapy" at the Institute of Innovative Psychotechnologies Kovalev Sergey Viktorovich.*

The report tells about the successful adaptation of the changes achieved in psychotherapeutic work with the client to his (client's) daily life using the methodology of integral neuroprogramming, in particular the NLL-9 model developed by Professor Sergey Viktorovich Kovalev.

**WORKING WITH RESISTANCE IN PSYCHOTHERAPEUTIC PRACTICE**

***Alexey Makaryev*** *– consultant psychologist, leading specialist of the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies S. V. Kovalev. Moscow, Russia.*

The report describes the successful experience of using an algorithmic system for working with the client's unconscious resistance, developed by S.V. Kovalev.

**CONSULTING PATIENTS WITH ACUTE NEUROTIC ATTACKS AND POST TRAUMATIC STRESS DISORDERS**

***Alexandr Mishin*** – *specialist of the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies S. V. Kovalev.*

The report is about successful consulting patients with acute neurotic attacks and post traumatic stress disorders. Describes work both face to face and online.

**"INTEGRAL NEUROPROGRAMMING" (INP) METHODS STRATEGY AND WORKING TACTICS**

***Denis Sitalev*** *– practical psychologist, psychotherapist, consultant, member of PPL Russia, specialist of the Center for Practical Psychotherapy under S.V. Kovalev guidance.*

The report describes the successful approach including the strategy and tactics of work with clients using practical psychology and person- centered therapy "Integral Neuroprogramming" (INP).

**WORK WITH FEAR AS A SURVIVAL STRATEGY OF THE GENERIC SYSTEM, IN STRUCTURAL, SUBSTANTIVE AND DYNAMIC ASPECTS**

***Viola Solodovnikova*** *– psychologist, psychotherapist, full member of the All-Russian, professional, Psychotherapeutic League, specialist of the Center for Practical Psychotherapy under the leadership of S.V. Kovalev. Russia, Anapa.*

The report examines the reaction of fear as a way of adapting the generic system, which thus goes through the path of evolutionary development from the lowest levels of consciousness to the highest. As well as highly effective psychotechnologies of integral neuroprogramming, allowing to cope with maladaptation and successfully increase the level of consciousness.

**RECOVERING SLIMNESS IN THE INP CONCEPT**

***Margarita Frolova –*** *specialist of the Center for Practical Psychotherapy under the guidance of S.V. Kovalev, practical psychologist, personality-oriented psychotherapist.*

The report tells about the successful psychotherapy of natural slimness reconstruction. Practical methods for implementing lifestyle correction using the psychotechnologies of Integral Neuroprogramming are presented. The issue of recovering slimnessis considered in the context of a paradigm-based approach, taking into account its structure, content and dynamics.

**PSYCHOLOGICAL COUNSELING. THE POSSIBILITIES OF INTEGRAL NEUROPROGRAMMING (INP) IN THE ANALYSIS OF THE CLIENT'S PROBLEM AND THE "ASSEMBLY" OF ITS SOLUTION**

***Marina Shatalova*** *– practical psychologist, psychotherapist, specialist of the Center for Practical Psychotherapy under the supervision of S.V. Kovalev.*

The report describes the possibilities of Integral Neuroprogramming (INP) as a modern trend in practical psychology and psychotherapy, which includes various modalities and psychotechnologies that are good for psychological counseling.

**APPLICATION OF THE PARADIGMAL APPROACH TO PSYCHOTHERAPY OF THE EGO STATES AND LIFE SCENARIOS**

***Sergey******Kovalev*** *– psychologist, psychotherapist, management consultant, political consultant. Doctor of Psychology, Doctor of Philosophy, Professor. Psychotherapist of the World and European registries. General Director of the Institute of Innovative Psychotechnologies. Scientific supervisor of the Center for Practical Psychotherapy.**Russia, Moscow – Spain.*

The report talks about successful psychotherapy of ego states, as well as psychocorrection of human life scenarios using a completely new methodology of the latest psychotechnologies of a paradigmatic approach, developed in the context of a new generation of integral neuroprogramming: INP version 4.0.

**Psychotherapy for life or life for psychotherapy**

***Alexander Goncharov*** *– specialist Of the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies under the guidance of S.V. Kovalev, psychologist, psychotherapist. Russia, Novosibirsk.*

The report examines the problems of psychotherapeutic work with yourself and with clients. Often, the initially positive goal of undergoing psychotherapy to settle your life turns into settling your life for psychotherapy. Constant development, as a way of life, can be a way of avoiding solving urgent problems. The problem itself is considered, as well as possible causes, ways of manifestation and solutions.

**A change in the basic negative standard to positive when working with alcohol and drug dependent clients**

***Dmitry*** ***Shifrin*** *– psychologist, psychotherapist, leading specialist of the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies under the guidance of S.V. Kovalev. Russia, Moscow.*

The report describes the experience of working with dependent clients. A systematic, integrated approach makes it possible to change basic reference beliefs, which entails a change in the life paradigm. Using psychotechnologies and IPP models developed by Kovalev S.V., we are able to effectively and efficiently achieve our goals, improving the quality of life of our clients.

**CO-DEPENDENCY: A PAN-GLOBAL PHENOMENON**

***Zaur Besaev*** *– psychologist, psychotherapist, Chief specialist of the Center for Practical Psychotherapy at the Institute of Innovative Psychotechnologies under the guidance of S.V. Kovalev, full member of PPL Russia. Russia, Moscow.*

Presented synoptic overview construes the subject of co-dependency as a pan-global phenomenon that is unconditioned by such personalizing factors as national identity, individual mentality, religious beliefs or the patient’s home address {geographical location of the client}. The attending audience will benefit from the received hands-on experience shared by the long-practicing professional and based on examples of real-life cases pertaining to his therapeutic expertise. This will include practical demonstration of the algorithm and techniques serving to remove/eliminate co-dependencies in the course of a short treatment session.

**SYMPOSIUM**

**“INTERGATIVE PROCESS IN PSYCHOTHERAPY, PRACTICAL PSYCHOLOGY AND COACHING, MULTIMODAL PSYCHOTHERAPY”**

**CHAIRMEN: *Victor Makarov (Moscow, Russia), Alexander Katkov (St. Petersburg, Russia)***

Formation of the integrative psychotherapy represents a movement in the direction of conceptual synthesis of modern scientific theories of a personality and its changes and the corresponding psychotherapeutic methods. The method of multimodal therapy is a Russian version of the integrative psychotherapy which takes into account the peculiarity of the national psychotherapy. Each final congress of the League is represented by a large breakout session on this method, which has the increasing number of supporters. The most important characteristic of the integrative movement in psychotherapy is that the psychotherapist takes into account the individual clinical and psychological characteristics of the patient, his needs and specific features of his illness.

**EPISTEMOLOGICAL ANALYSIS AS A BASIC METHOD OF RESEARCHING THE SCIENTIFIC FOUNDATIONS OF PSYCHOTHERAPY**

***Alexander Katkov*** *– MD, professor, the rector of the International Institute for Social Psychotherapy (Saint-Petersburg), full member and vice-president of Professional Psychotherapeutic League of Russia, official trainer and supervisor of PPL , chairman of the committee on legislative initiatives and science of PPL, holder of the European Certificate for Psychotherapy and World Certificate for Psychotherapy, official consultant and UNODC expert on drug issues (epidemiology, prevention, therapy, and rehabilitation) in Central Asia. Russia, Saint Petersburg.*

The report describes the method of epistemological analysis and the scope of this method in the field of professional psychotherapy. The main results of the study of the subject area of ​​professional psychotherapy using this method are presented. Conclusions are drawn about the status of psychotherapy as a well-founded and independent scientific field.

**THE SOCIAL PSYCHOTHERAPY: STRATEGY AND VERSIONS OF IMPLEMENTATION**

***Irina Cheglova*** *– PhD in Medical Sciences, Docent, MD, Vice President of the Professional Psychotherapeutic League of Russia (PPL). Russia, Moscow.*

The report provides a version of the actual strategy for the functioning of the professional community at the time of a civilizational turning point and the mechanism of its implementation that is responding to the public demand for the formation of the humanistic concept of the future.

**SOCIAL PSYCHOTHERAPY AS A RESPONSE TO THE CHALLENGES OF THE VUCA WORLD AND THE COVID-19 PANDEMIC**

***Vladimir Slabinsky*** – *M.D., Ph.D., the author of the method of positive dynamic psychotherapy, associate professor of St. Petersburg State University, rector, professor, head of the department of psychotherapy and clinical psychology of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", President of the International Association “Positive Dynamic Psychotherapy”, Vice President of SRO National Association "Union of Psychotherapists and Psychologists", Chairman of the Committee on Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League, Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019). Russia, Saint-Petersburg.*

***Nadezhda Voishcheva*** – *Ph.D., supervisor and master trainer in the method of positive dynamic psychotherapy, vice-rector for scientific work and strategic development, professor, head of the department of labor psychology and health of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", Vice President, Chairman of the Ethics Committee of the International Association "Positive Dynamic Psychotherapy", member of the Committee for the Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League. Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019), laureate of the medal "Star of A.F. Lazursky in the 1st degree" (2015, 2018), winner of the national competition of young scientists in the field of medical (clinical) Psychology " The Silver Chiron" (2018, 2020). Russia, Saint-Petersburg.*

The events of 2020 - the COVID-19 pandemic, the lockdown, the economic and political crises - have become a vivid illustration of the VUCA-world concept. VUCA is an acronym for the English words volatility, uncertainty, complexity, and ambiguity. The VUCA-world is a world the main constant which is instability, which gives rise to three main challenges - a lack of reason (like the fear of losing the meaning of life), a lack of understanding, a lack of trust. In response to these challenges a new – social – psychotherapy emerges. The emergence of social psychotherapy has become the logical result of the development of psychotherapeutic practice predicted by Alexander Fedorovich Lazursky. According to his ideas, at the lowest level of vital functioning, the external environment subjugates a weak, fragmented psyche. At the middle level are individuals who have a much greater ability to adapt to the surrounding environment, find their place in it and use it for their own purposes. According to A.F. Lazursky, the middle level is called the level of adaptive individuals. Only at the highest level - the level of creative life - can its representatives have a world outlook that allows them to create something original and new in a particular activity. Such people can change the world, changing and improving it according to their vision. While clinical psychotherapy is intended for the treatment of diseases (therapy of the body and mind) and the object of psychological psychotherapy is to solve psychological problems (correction and development of personality), the goal of social psychotherapy is adaptation to the VUCA-world (changing the patient's world outlook and harmonizing his/her living environment).

**REMOTE SOCIO-PSYCHOLOGICAL EFFECTS OF REPRESSIONS, WARS AND THEIR INFLUENCE ON THE CURRENT STATE OF SOCIETY**

***Larisa Dokuchayeva*** *– Ph.D., President of the Academy of Rodology, President of the International League of Rodologists, author and leader of the modality “Rodological Consulting Method” of the OPPL, established international level trainer, Chair of the Council for Family Culture of the Assembly of Peoples of Eurasia, President of the Foundation “Family-XXI Century”. Russia, Ekaterinburg.*

The presentation gives the results of many years of research carried out by L.N.Dokuchayeva and V.V. Docuchayev in the area of remote socio- psychological effects of repressions, dekulakization, deportations and wars in several generations and their influence on the status of social environment and social stability. It also presents the international experience of consultants-rodologists in their work with remote effects of repressions, wars, pandemic and descendants\' behaviour during the pandemics based on the Rodology Method of consulting.

**FROM NOSOLOGY TO SPECTRUM**

***Irina Golgofskaya*** *– practicing psychotherapist, psychiatrist, psychoanalyst, lecturer, teacher, author of many articles, courses, intensive programs, etc., organizer and presenter of the project "Psychological Education", she has the experience of 40 years in this profession. Novosibirsk, Russia.*

The report analyzes the psychodynamic views on psychotic and non-psychotic mental disorder during the last 40 years. It is told about the school of psychodynamic psychotherapy ( the founder of which is Korolenko C.P.) , which introduces a spectral approach to the definition, content, dynamics, prevention and treatment of psychological conditions and mental disorders.

This tendency from “nosology” to “spectrum” reflects the modern processes of changing society, the expanding of boundaries of socio-cultural features, and corresponds to a new totally different personal request for psychotherapeutic help. It allows psy-specialists to perceive their clients not through a negative biomedical prism, which leads to the end of psychotherapy, but, first of all, in terms of their positive prerequisites for mental maturation, in line with the New School of Psychotherapy in Russia.

**PSYCHOTRAUMA AND SOCIAL WELL-BEING**

***Oksana Zashchirinskaia*** *– Doctor of Psychological Sciences, Associate Professor, Saint-Petersburg Statе University, Professor of the Russian Christian Humanitarian Academy. Russia, Saint-Petersburg.*

The social well-being of a person depends on the influence of the nearest social environment and the absence of psychotrauming experience of relations with reference people. The high social status of the child and good relations with parents contribute to the full formation of perceptions of their internal health picture.

A psychotrauma becomes the reason for deviations in positive affect display. Emotional strain and coldness of parents induce alienation while communicating with people and thus increase a risk of developing phobic anxiety disorders. The person's self-conception and the conception about an environment become damaged, his adaptive potential reduces.

**CLINICALLY-INTEGRATIVE APPROACH IN THERAPY AND PSYCHO-SOCIAL REHABILITATION OF PATIENTS WITH COMORBID PATHOLOGY**

***Nadezhda Zuykova*** *– СТА, PTSTA-P, PhD, doсent; Professor of Psychology, Psychotherapy, Psychosomatic Pathology Department of PFUR; Head of MAPPS. 20 years of practice and training in clinical psychotherapy and Transactional Analysis. Russia, Moscow.*

Within this participants will get to know about the practical experience and discuss the ideas of how to improve the quality of therapy and rehabilitation of psychiatric “mixed” patients by introducing and evaluating the effectiveness of a specially developed the Clinically-Integrative Model of Psychosocial Rehabilitation (C-I-PSR) based on the Principles of Clinicism, Interdisciplinary Interaction and becoming more recognized in modern psychotherapy Bio-Psycho-Socio-Spiritual Paradigm.

**THE ROLE OF HISTORY (NARRATIVE) AS THE MAIN TOOL IN WORKING WITH TRANSGENERATIONAL EXPERIENCE**

***Nina Ivanova*** *– psychologist, a full member of the Professional Psychotherapeutic League of Russia. Russia, Krasnodar.*

The report discusses the importance of restoring family history in the context of working with the transgenerational experience. The definition of history and narrative is given, as well as the specifics of working with family history are considered. Examples of working with family history in the psychodramatic approach and the playback theater method are viewed

**RESULTS OF APPLICATION OF AN INTEGRATIVE GROUP PSYCHOTHERAPY FOR CORRECTION OF A BURNOUT SYNDROME IN SPECIALISTS WORKING WITH PATIENTS OF PSYCHIATRIC AND DRUG PROFILE**

***Yulia Kukhtenko*** *– Doctor psychotherapist, psychiatrist, clinical psychologist, narcologist. The leader of the Balint groups OPPL. Psychotherapist EАР. University lecturer of the interregional level of the PPL. Russia, Moscow.*

The article describes integrative group psychotherapy designed to correct burnout syndrome in specialists working with patients with a psychiatric and narcological profile. The proposed technique is based on the integration of cognitive-behavioral psychotherapy and meditation- relaxation technique.

**HIROPRACTIC IS AN EFFECTIVE TOOL OF PSYCHOTHERAPY ON THE MODERN STAGE**

***Violetta Pervak*** *– psychologist, senior lecturer at the St. Petersburg Institute of law And Entrepreneurship. Russia, Saint Petersburg.*

The report provides an overview of table-top psychological, transformational, therapeutic, tutoring, career guidance, diagnostic games, master classes and game training presented at the Minifest " Playing, create your own world!"IX world Congress on psychotherapy. Igropractic is considered as an effective professional tool for therapeutic assistance to children and adults. On the example of 32 author's psychological games, the analysis of the approaches, directions and methods of psychotherapy used in games is carried out.

**EVALUATION OF THE EFFECTS OF THERAPEUTIC INTERVENTIONS IN THE MODEL OF PSYCHOTHERAPEUTIC METHOD OF “PSYCHOTHERAPY OF ADULT SELF®”**

***Sergey******Plotnikov*** *– Head of the Laboratory for Personal and Professional Development SIU-branch of RANEPA, Senior Lecturer, SIU-branch of RANEPA, consultant of the Krindachi School (Psychotherapy Adults Self®, Moscow), full member of Professional Psychotherapeutic League of Russia. Russia, Novosibirsk.*

***Invika*** *– psychologist, teacher, consultant and supervisor of the Krindachi School (Psychotherapy Adults Self®, Moscow), full member of Professional Psychotherapeutic League of Russia, consultant of national certification of PPLR, official teacher of PPLR at the international level, personal therapist of PPLR at the international level, personal therapist-adviser and supervisor, accredited PPLR. Russia, Novosibirsk.*

The report describes the logical model of diagnostic support for students and clients in the presented methodology. It emphasizes the analysis of a 6-year experimental study, which consists in assessing the therapeutic effects suggested by the model of the psychotherapeutic technique “Psychotherapy of Adults Self ®”. The results have been outlined and interpreted.

**HEALTH PSYCHOLOGY. WANT OR MUST**

***Larisa Rudina*** *– PhD, docent, full member of Professional Psychotherapeutic League of Russia, opinion – leader professional retraining programs for doctors of the Russian Federation, expert – trainer Healthy Interactions Inc. (USA), associated professor of Russian Presidential Academy of National Economy and Public Administration under the President of the Russian Federation. Russia, Moscow.*

Repot is devoted to the latest achievements in the field of health management, definition of person’s responsibility zones in particular. Terms: health management, control theory, motivation, resources are presented. The focus is on the internal motivation for behavior changing.

**HOW TO SURPASS ARTIFICIAL INTELLIGENCE OR An OPEN LETTER to PROFESSOR A. V. KURPATOV**

***Alexander Tabidze*** *– clinical psychologist, corresponding member of the Russian Academy of Natural Sciences, Director Of the research Center “PSYCHOPEDAGOGICS " of the Ministry of education and science of the Russian Federation, doctor of physical and mathematical Sciences, Professor, full member of the all-Russian Professional Psychotherapeutic League (head of modality). Russia, Moscow.*

In the book of the famous psychotherapist Professor Kurpatov A.V. "Red tablet" (2019), on the example of the analysis of the world scientific literature, it is stated that the collapse of human civilization by 2045 under the influence and influence of Artificial Intelligence. This conclusion is based on the figurative model of Freud, which demonstrates the priority of unconscious processes over conscious ones.

In this paper, we propose a new figurative bio-psycho-socio-spiritual model of the human psyche that overcomes the limitations of the models of Z. Freud and V. N. Myasishchev. In addition to the physical, intellectual, and emotional spheres of man, it contains a new element-the Spirit, the Master, and the Conscience, which meets the interests Of the instinct to Preserve the Species.

A new psychodiagnostic indicator is introduced – The degree of Emotional Maturity of a person. It is shown that only emotionally Mature people have The instinct to Preserve the Species and show qualities that are not available to Artificial Intelligence.

The article presents a pedagogical technology that contributes to the formation of emotionally Mature qualities (invulnerability to psychosomatics and neuroses, lack of aggression, harmonious relationships) both among teenagers in schools and among the General population.

A new national idea is proposed: "Russia is a country of emotionally Mature people".

**FROM ECLECTICISM TO INTEGRATION. THE WAY OF DEVELOPMENT OF MODERN METHODS OF PSYCHOTHERAPY**

***Irina Shestakova*** *– member of the PPL Central Board, official representative of the PPL in the Central Federal District of Russia, psychologist, full member, accredited supervisor, international level trainer of the PPL Russia. Russia, Moscow – Orel.*

With every year psychotherapy becomes more and more accepted by modern society and becomes a part of the life of many people. The goal and the mission of PPL Russia is to provide society with high quality services. For this the institute of professional methods (modalities) recognition has been organized. The report focuses on the main directions of professional skills and knowledge integration.

**CO-IMAGERY PSYCHOTHERAPY. PARENT, ADULT, CHILD – MIND, WILLPOWER, FEELINGS**

***Irina Shestakova*** *– member of the PPL Central Board, official representative of the PPL in the Central Federal District of Russia, psychologist, full member, accredited supervisor, international level trainer of the PPL Russia. Russia, Moscow – Orel.*

The parallels between the modern transctional analysis knowledge and modern Christian traditions are observed in the report.

**INTENSIVE RELATIONSHIPS THERAPY AS MODERN FORM OF GROUP PSYCHOTHERAPY**

***Denis Fedoriaka*** *– M.D., psychotherapist, full member, accredited supervisor and teacher of the PPL at the regional level, supervisor of the Russian psychotherapeutic association. Russia, St. Petersburg.*

The report considers the author's format of short-term group psychotherapy. The speaker gives a brief description of the relevance of the problem, the history of the issue, a comparison with existing approaches. The analysis of work experience in the considered format is carried out. The advantages and disadvantages of the format, the optimal target group for intensive care relationships are discussed. The author suggests algorithm and structure of the organization and conduct of the group (option "Protocol").

**OBESITY – ILNESS, DEBAUCHERY, DEPENDENCE? RESULTS OF SUCCESSFUL CLINICAL RESEARCH**

***Larisa Rudina*** *– PhD, docent, full member of Professional Psychotherapeutic League of Russia, opinion – leader professional retraining programs for doctors of the Russian Federation, expert – trainer Healthy Interactions Inc. (USA), associated professor of Russian Presidential Academy of National Economy and Public Administration under the President of the Russian Federation. Russia, Moscow.*

The report provides an overview of the effectiveness of psychotherapy models for overweight patients. The effectiveness of a multidisciplinary approach to the problem of lifestyle changes in obese patients in successful clinical practice is demonstrated.

**THE "FIELD OF REALITY" METHOD – A TOOL OF MODERN PSYCHOTHERAPY**

***Lyudmila Petukhova*** *– candidate of psychological Sciences,holder of The European Certificate of Psychotherapy (The European Association for Psychotherapy), certified transactional analyst, member and coach of the International Association of transactional analysis, full member of the PPL. Russia, Moscow.*

The author's practical method "Field of reality" will be presented. This method has a wide range of possibilities in psychological practice and psychotherapy. The main features and techniques of the methodology will be demonstrated, as well as the results of the work done in recent years.

**VISION FOR THE FUTURE IN POLYMODAL THERAPY OF NEUROTIC PATIENTS**

***Larisa Matsiyevskaya*** *– candidate of medical Sciences, head of the Department of medical psychology and communication skills of the non-Profit joint-Stock Company "Medical University of Karaganda". Kazakhstan, Karaganda.*

The report discusses various aspects of formation and correction of the image of the future neurotic patients. The article analyzes the issues of the effective use of psychotherapeutic models while discussing life strategies, in the context of personal and professional development, age and crises of modern society.

**THE ROLE OF PSYCHOTHERAPY OF AUTHENTICATION IN THE POSITIVE SOCIALIZATION OF THE LEADER**

***Tatyana Vereitinova*** *– lecturer at the Department of Psychology at the RSSU, business consultant, MPhil in Social and Political Sciences (Cambridge).*

***Victoria Dmitrieva*** *– PhD Psychological Sciences, Associate Professor of the Faculty of Psychology of the RSSU.*

***Maria Khalina*** *– post-graduate student, Department of Psychology, RSSU. Russia Moscow.*

The report presents the definition, principles, criteria and model of authentication psychotherapy. The area of application of authentication psychotherapy is considered. The goal-forming principles of positive socialization are explored. An analysis is made of the main psychological problems that reduce leadership potential. The scheme of spheres of the leader's personality and the sequence of psychotherapeutic authenticating work with it are considered. An overview of the results of research on the use of authentication psychotherapy is given.

**BODY AS A TOOL FOR TRANSFORMATION OF EMOTIONAL STATES**

***Tatyana Kramarenko*** *– psychologist. Russia, Moscow.*

Theoretical approach and practical application of the author's method the named Transformation of Emotional States is observed in the paper. Emotion management is based on changes in bodily sensations underlying psychodynamic complexes. Bodily sensations are viewed through the prism of energy movement.

**PSYCHOANALYSIS IN THE BOOK OF RECORDS: THE PROSPECTS FOR GROUP PSYCHOTHERAPY FOR ACTIVE AUDIENCES OF SEVERAL TENS OF THOUSANDS OF PEOPLE**

***Galina Turetskaya*** *– Ph.D. in Psychology, Advisory member of the Professional Psychotherapeutic League, Сo-ordinator of healthy lifestyle programs, Research Institute for the Development of Innovative Methods of Education. Russia, Moscow.*

The report examines the practical experience and results of online psychological programs. It discusses the prospects for online group psychotherapy for the audience of tens of thousands of people, and also provides practical tools for psychologists on how to bring a personal brand to the Internet.

**CONCEPTUALIZATION OF THE SUBJECT AREA OF IMAGINATION: IMAGE, SYMBOL, TEXT**

***Nataliya Malakhova*** *– PhD in Philosophy, President of Association of Imaginative Psychodynamic Psychotherapy (AIPP), full member of PPL, accredited personal therapist of the international level of PPL, regional representative of the Committee on Personal Therapy and the Balint Movement of PPL, certified head of Balint groups of AIPP and PPL. Russia, Moscow.*

The report is devoted to the conceptualisation of the imagination subject area. The imagination ceases to be a by-product of imagination. It is defined as an ability to go beyond the imagination borders in the mental combinations of aspects of knowledge, existence, feeling and mind. The methodology of work carrying out is attributed to the complementarities and intersection of various imagination discourses on the base of dialectics as an ancient way of thinking. The image mentalization, symbolising and rebuilding its segments into a text are implemented through the assembly of structure embeddings into the researched image.

**TRAINING OF A PSYCHOLOGIST. DEVELOPMENT OF INDIVIDUALITY. EXERCISES FOR THE MIRROR SYSTEM OF THE BRAIN**

***Ilaria Miroslava Burova*** *– student of the Moscow state psychological and pedagogical University. Russia, Moscow.*

The work of the mirror system of the brain and neurobiological resonance are the most important component of therapeutic communication. Neurobiological resonance allows for inductions of productive resource States, forming new abilities of the client. Today, in psychological education, training for working in this modality is not available even in the best universities. We propose to include in the training of a specialist and in therapy work with neurobiological resonance, training and exercises for the mirror system of the brain.

**PSYCHOLOGICAL ASPECTS OF WORK WITH THE VICTIMS OF GENOCIDE BASED ON THE EVENTS OF WORLD WAR II**

***Ekaterina Ivanova*** *– psychologist, gestalt therapist, the Master of Education, head of the 'Social Elevator' Gestalt Therapy Center, author of the book and the articles.*

The Report is a response to the national movement initiated on November, 20th , 2020 by the president of the Russian Federation V.V. Putin aimed to detect the facts of the Soviet people’s genocide during the World War II. The Report reveals the importance for the psychotherapist to rely on the official judicial investigations and detection of the facts of the genocide - based on the examples of the Nuremberg process of 1946 and “the case of the village of Zhestyanaya Gorka, Novgorodskaya obl., Russia”. It stresses the necessity for psychotherapy - as practical science- to react to the challenges of the present: the necessity to psychologically assist the society and those suffered from the legalised “trauma of genocide”. The depicted transgenerational trauma is based on the theory of national trauma by M. M. Reshetnikov and the worldwide experience of psychological work with collective traumas. The principles and methods of psychological work with people traumatised by genocide based on the examples of the speaker’s practical experience (2013-2020). The work reveals the psychological focuses of work with the “transgenerational trauma of a witness”.

**GUILT AIKIDO AS A DETONATOR OF TRAUMA: FROM TRAUMA TO A RESOURCE FOR A FULFILLING LIFE**

***Egor Kalino*** *– hypnologist, Ericksonian hypnosis, NLP, specialist in the method of digital approaches, observant member of the OPPL, student of ICSR, student of IIS-Berlin. Russia, Odintsovo.*

The report, using specific examples from practice, shows how guilt is actually a detonator of trauma and how the author's method "Guilt Aikido", including Erickson's hypnosis, NLP, systemic constellation, allows you to transform the severe consequences of guilt, fear, loss and trauma into a resource for a full-fledged life.

**INTERNET GAMBLING: CLINICAL, NEUROBIOLOGIAL AND SOCIAL ASPECTS**

***Tetiana Zinchenko*** *– PhD, the president of the International association for the study of game addictions (IASGA)/Switzerland, psychotherapist, psychologist, rehabilitologist, practicing doctor in private practice. Ukraine, Dnepr.*

This work analyzes the existing studies on the prevalence of clinical and subclinical forms of Internet - gaming disorder among different age groups: children, adolescents and adults in the world. Clinical features, neurobiological markers: functional and morphological changes in the brain have been identified. They are considered as a hypothesis, possible mechanisms of their development. Negative consequences for development of a personality, social adaptation and self-realization are determined. The directions of prevention, psychotherapy and rehabilitation are discussed.

**RECOVERY FROM SEXUAL ADDICTION**

***A recovering member of Sexoholics Anonymous (SA).***

The report contains a personal (speaker's) story of compulsive sexual behavior, his useless attempts to stop by all means on his own. It tells how speaker found the SA Fellowship, attained a stable remission with positive life changes as a result of working 12 Steps Program of SA (spiritual as well as moral). It also describes Fellowship\'s approach to overcome addictive behavior and practical tools for maintaining sobriety. Presentation of SA Fellowship, it’s goals, principles, history and current state worldwide and in Russia are represented.

**POLYMODAL PSYCHOTHERAPY AND FAMILY PSYCHOTHERAPY FOR PSYCHOSOMATIC PATIENTS**

***Raisa Aksenfeld –*** *MD, Associated Professor, Department of Ambulatory Therapeutics, Clinical Laboratory Diagnostics and Medical Biochemistry, Yaroslavl State Medical University, Head of Psychosomatic Medical Center VALEO, Holder of the Certificate of the European Association of Psychotherapy. Russia, Yaroslavl.*

The report discusses specific methods and technologies in order to form sustainable motivation in clients to achieve constructive psychotherapeutic and life goals during family psychotherapy of psychosomatic patients. The substantiation of the modern author\'s approach in the development of communications and consolidation of the effective results of family psychotherapy is given, which has a positive effect on the reduction of the psychosomatic symptom.

**PRACTICAL APPLICATION OF THE AUTHOR'S PSY 2.0 METHOD AS A PSYCHOTHERAPY TOOL FOR WORKING WITH A PSYCHOSOMATIC INQUIRY**

***Mikhail Filyaev*** *– clinical psychologist, hypnotherapist, doctor of philosophy in psychology, active member of the Professional Psychotherapeutic League, ideologist of the PSY 2.0 project.*

The report describes the practical application of the author\'s method PSY 2.0 in working with psychosomatic inquiry.

The definition, the basic principles, and the spectrum of application of psychotherapeutic techniques of the author's method are presented. The issues of competence of modern specialists when working with psychosomatic inquiries and criteria for the effectiveness of the method are also discussed in the report.

Last but not least, the protocols of work of the modern psychologist in clinical practice and results of scientific-experimental research on the effectiveness of the PSY2.0 method are described.

**DEVELOPMENT OF SOCIAL PSYCHOTHERAPY AND HEALTHY LIFE STYLE AT THE EXPEMPLE OF THE CLIENTS FROM “MALAKHIT” NURSERY HOME FOR EDLERLY PEOPLE**

***Lesia Palkina*** *– psychologist, neurolinguistic psychotherapy - neurotransformation, full member of the PPL, psychologist at the Malakhit Eldery Nursing Home in the Ordzhonikidze district of Yekaterinburg. Russia, Yekaterinburg.*

The report examines the aspect of the application of the method of neurolinguistic psychotherapy - neurotransformation, in conjunction with art therapy, symbolism and physical therapy. The aspect of the psychologist's work with the categories of clients is analyzed: persons with disabilities, the elderly and the elderly, who require social adaptation in the nursing home.

**REGULATORY FRAMEWORK CONTROLLING PROFESSIONAL PRACTICE OF PSYCHOTHERAPIST AND/OR PSYCHOLOGIST**

***Alexander Zhukov*** *– psychologist, full member of all-Russian professional psychotherapeutic league, psychotherapist registered at the unified registry of European professional psychotherapists, certified supervisor of all-Russian professional psychotherapeutic league, associate professor of International Community of Catathymic Images and Emotional Experiences. Russia, Novosibirsk.*

Professional ethics is the best code of conduct to be used by psychotherapists and/or psychologists to perform their professional duties. These norms and rules are to be known and observed by each and any specialist. The norms are developed in compliance with laws and enactments and their number is limited.

The report dwells upon principal laws.

**ASSISTING ROLE OF ETHICS COMMITTEES IN THE WORK OF A PSYCHOLOGIST**

***Ekaterina Ivanova*** *– Master in Education, psychologist, gestalt therapist, head of the ‘Social Elevator’ Gestalt Therapy Center, full member of PPL Russia, member of the Coordination Council for Psychotherapy and Training Guild, Supervisor of the Psychotherapy and Training Guild, member of the Ethics Committee of the Psychotherapy and Training Guild, Russia, Saint Petersburg.*

The Report provides a short overview of the background of the worlds’s first organizations aiming at rendering psychological assistance. It also reflects the history of the emergence of the Ethics Committees within professional (psychological) public organizations.

The Report then discusses the importance of creation and maintenance of an ethically comfortable atmosphere for psychologists working for organizations. It focuses on the issues of ethical ‘sharpness of sight’ and psychologist’s ethically ‘pro-active’ behavior (as factors significantly contributing to creation of the ethically comfortable conditions). The case study illustrates ethically conflicting circumstances which psychologists meet at a working place (the controversy is determined by multidirectional legislative acts, documents and codes). The Report considers Ethics Committees to be the potential paths for addressing such issues.

**SELF – COACING**

***Larisa Rudina*** *– PhD, docent, full member of Professional Psychotherapeutic League of Russia, opinion – leader professional retraining programs for doctors of the Russian Federation, expert – trainer Healthy Interactions Inc. (USA), associated professor of Russian Presidential Academy of National Economy and Public Administration under the President of the Russian Federation. Russia, Moscow.*

The report provides an overview of one-touch technologies that are effective and safe, used in the general practice of coaching and developed in the Delta-coaching model.

**COACHING IN THE INTEGRAL EDUCATION**

***Daria Abu-Taleb*** *– applicant for the degree of candidate of psychological sciences, Institute for Psychology of Creativity. Russia, Moscow.*

The report tells about the educational paradigm of our time - integral education. Integral education is built on the principles of: lifelong education; forming an integral educational space where all participants can interact as equals; equal value of the individual and equal value of contribution to the educational space and educational process of each participant; self-determination and self-actualization of the person; “integral subordination”, etc. Coaching in this sense is one of the tools in the personality-oriented paradigm of education, which includes integral education.

**FACIAL NEUROGRAPHY: SELF-IMAGE COACHING IN THE DIGITALIZATION ERA**

***Lubov Revyakina*** *– PhD in Psychology, Academic degree Institute for Psychology of Creativity. Russia, Rostov-on-Don.*

The work describes the features of the conscious and unconscious construction of the Self-image and Self-concept in the era of digitalization. The author separates the concepts of Self-image and Self-concept: Self-concept consists of many Self-images. Self-image is a complex phenomenon that has 4 stages of development. Self-esteem is one of the stages of Self-image development. The author studies a person's face as a reflection of integrated Self-images. The author believes that the face is becoming the main communication tool in the era of digitalization. Facial neurography is a tool for working with hidden and manifested Self-images.

**PECULIARITIES OF PSYCHOTHERAPEUTIC HELP TO IMMIGRANTS. THEORY AND PRACTICE**

***Julia******Autenshlyus*** *– Doctor of Philosophy in Psychology, Psychologist, Multimodal Psychotherapist. Israel, Ashdod.*

The report considers the problem of the features of psychotherapeutic assistance provided to Russian-speaking immigration. Measures taken to adapt and integrate people.

Problems of loss of identity and social trauma.

**ONEIRIC ANALYSIS IN PSYCHOTHERAPY OF AUTHENTICATION: PRACTICE OF USE**

***Marianna Mikhailova*** *– PhD in Sociology, Associate Professor of the Department of Philosophy and Social Management of the MSTU "STANKIN", MSc in Psychology, RSSU. Russia, Moscow.*

***Victoria Dmitrieva*** *– PhD Psychological Sciences, Associate Professor of the Faculty of Psychology of the RSSU. Russia, Moscow.*

Report discusses the approach to mechanism of interpretation of oneiric content from the standpoint of authentication psychotherapy: the main elements of a dream, principles of image analysis, sources of image psychogenesis. Illustrating the method, the results of a study of the dynamics of changes in the symbols of oneiric activity accompanying the process of the historical evolution of subjects in the course of authentication psychotherapy are presented.

**SYMPOSIUM**

**“TRANSGENERATIONAL RELATIONS**

**AND CIVILIZATIONAL CHALLENGES”**

**Joint Symposium of Modalities “Rodological Consulting Method”**

**and “Psychodrama”**

**CHAIRMEN: *Larisa Dokuchayeva (Russia, Ekaterinburg), Ilona Romanova (Russia, Ekaterinburg)***

The modern civilization offers many challenges resonating in all spheres of human life and social institutions. The changes are very fast and make new demands for each generation. The growing sophistication of social life, changing of the ways and forms of receiving and processing of information, transformation of family and trasgenerational relations – all this poses new problems before researchers and assisting professionals. If for many centuries, the experience was transferred from one generation to another through some every day and otherwise specially organized practices or rituals, then there are different ways of adopting the human experience in the current world. It requires re-thinking of the phenomenon of transgenerational relations and their importance for a human life. It is necessary to find some new forms and methods of transgenerational relations’ resources actualization for the establishment and development of each new generation.

At the symposium, psychologists and psychotherapists of various schools will share their working experience in the field of transgenerational relations in various psychological and psychotherapeutic approaches and various cultures. We invite to participate in the discussions the representatives of all modalities and various scientific and practical spheres involved in the issues of transgenerational relations in the modern world.

**RODOLOGY AND TRANSGENERATIONAL RELATIONS. RODOLOGY METHOD OF CONSULTING IN WORKING WITH REMOTE EFFECTS OF SOCIAL STRESS**

***Larisa Dokuchayeva*** *– Ph.D., President of the Academy of Rodology, President of the International League of Rodologists, author and leader of the modality “Rodological Consulting Method” of the OPPL, established international level trainer, Chair of the Council for Family Culture of the Assembly of Peoples of Eurasia, President of the Foundation “Family-XXI Century”. Russia, Ekaterinburg.*

The presentation provides an analysis of Rodology evolvement as a science dealing with the Kin (kin system) derivative laws and a new modality – the Dokuchayevs’ rodology method in consulting. It explains the algorithm of diagnostics and correction of inherited kin programs and the ways of actualization of transgenerational links in the kin system, as well as how to transform those kin programs that do not comply with the current realia. It presents the international experience of consultants-rodologists in their work with remote effects of repressions, wars, pandemic and descendants' behaviour during the pandemics based on the Rodology Method of consulting. It also discusses the possible integration with other psychological methods and psychotherapeutic modalities for the purpose of transgenerational relations development in the kin system of humankind.

**THE FAMILY HISTORY AS A RESOURCE**

***Ilona Romanova*** *– Ph.D., Associate Professor, psychotherapist of the United European Registration, leader of “Psychodrama” modality of the PPL, established international level trainer, accredited supervisor in psychodrama and polymodal therapy. Russia, Ekaterinburg.*

The report reviews the author's approach to working with the family history and the family structure is considered. Listeners will learn the main points of non-classical Szondiana and the possibilities of its application in counseling. The analysis of three generations of the family structure will not only allow us to see the patterns of family scenarios, sources of difficulties and conflicts, but will also open access to resources of our own family system.

**FOUR STRATEGIES FOR SURVIVAL OF THE GENUS (SONDIANA)**

***Aleksandra Dolzhenko*** *– psychologist, Rorschach specialist, supervisor and personal GP therapist. Russia, Rostov-on-Don.*

The report will feature the latest development of L. Sondi's model. Four main strategies are considered that help the family survive during crises – political or economic. Several exercises for analysis and diagnosis are given.

**THE IMPACT OF CENTURY CIVILIZATIONAL CHALLENGES OH KIN AND TRANSGRNRRATIONAL RELATIONS IN KAZAKHSTAN AND THE COUNTRIES OF CENTRAL ASIA**

***Alia Sagimbayeva*** *– consultant-rodologist, tek Tanushi, rodology trainer in Kazakhstan and Central Asia, applied psychology practitioner, trainer, lawyer. Head of the Rodology Center, Nur-Sultan, Full Member of the PPL (Russia), PPL Member (Kazakhstan), Member of the Search Party “Memorial Zone” of ENU named after L.N. Gumilev (Nur-Sultan), Co-Founder at “Atamnyn Amanaty” (Forefathers’ Legacy), Co-Chair of the Council for Kin Culture of the Eurasian Peoples Assembly. Kazakhstan, Nur-Sultan.*

The presentation considers historical, traditional and culturological specifics of the kin culture in Central Asia and Kazakhstan. It shows how the ХХ century cataclysms have led to changing the routine way of life and, as a consequence, to changes in consciousness and mindset as well as to transformation of family and transgenerational relations. The speaker investigates the conflict between the kin (collective) and modern (individual) culture and ways to solve it. She analyses the potentialities of the Dokuchayevs’ rodology method as a practical instrument of preserving, revival and development of the traditional kin culture in Kazakhstan and Middle Asian countries in modern conditions.

**ORPHANAGE IN THE KAZAKH SOCIETY AS A CONSEQUENCE OF XX CENTURY SOCIAL CATACLYSMS**

***Saule Musina*** *– consultant-rodologist, psychologist, Head of the Kazakhstan Section of the International Rodologists League, Consultative Member of the PPL (Russia), PPL Member (Kazakhstan), Member of the Search Party “Memorial Zone” of ENU named after L.N. Gumilev, Nur-Sultan, Co-Founder at “Atamnyn Amanaty” (Forefathers’ Legacy), Member of the Council for Kin Culture of the Eurasian Peoples Assembly (Russia). Kazakhstan, Nur-Sultan.*

The author considers the appearance of “orphanhood” in the Kazakh society in ХХ century, as a social phenomenon not characteristic for the Kazakh people. She shows what civilizational challenges of that time resulted in a breach of the multi-century traditional kin culture where each kid stayed within the family and Kin system. Reviewed are some consultative cases when young mothers applied for help related the issues of family and parent-child relationships normalization. Identified are some common patterns in transgenerational relations. The factors of the clients’ families kin histories, which may become a resource for solving the family problems, and family values, which may become a basis for modelling a stable family image and creating such family in reality, are analyzed.

**SPECIFIC FEATURES OF THE PSYCHODRAMATIC DIALOGUE IN THE JOINT MENTALIZATION-BASED TREATMENT «CLIENT – PSYCHOTHERAPIST» IN FAMILY THERAPY**

***Anna Grinko*** *– PhD, President of the Academy of Psychodrama and spontaneous training, psychodrama-coach, official representative and lecturer of the Moreno Institute of Psychodrama, Sociometry and Group Psychotherapy (Uberlingen /Edenkoben, Germany), lecturer at the South Russian Humanities Institute, Russia, Rostov-on-Don.*

The report concerns the modern features of psychodramatic practice, which is based on the mentalization-based treatment. The mentalization-based treatment is a creative intrapsychic process, that contributes to a better understanding of oneself and others in a particular situation and helps in recognizing family scenarios and patterns. The special psychodramatic setting that is always used in this approach opens up new ways of resolving conflicts (including those that are being transmitted for generations), gives assistance in taking an overall systematic look at the problem, allows the client to plan their actions.

**THE LIFE SCRIPT TRANSFORMATION THROUGH PSYCHODRAMATIC FAMILY RECOSTRUCTION**

***Zhanetta Gerbach*** *– PhD in Sociology, dramatherapist (DAGG-IAGP), full member of PPL, PPL tutor at cross-regional level.*

***Olga Zakharova*** *– dramatherapist (DAGG-IAGP), full member of PPL, PPL tutor at cross-regional level.*

The report reviews the impact of psychodramatic family reconstruction on the client’s awareness of his childhood relationships with the parents. The insights gained with the increased awareness result in perceiving his childhood traumatic experiences in a different manner and thus enabling him to create his life script in a new way.

**THE PHENOMENON OF PARENTING IN THE PARADIGM OF PSYCHOGENETICS OF BEHAVIOR: TRANSFORMATION OF PATTERNS OF MOTHERNING AND FATHERHOODING AT THE PRESENT STAGE OF FAMILY DEVELOPMENT**

***Natalia Tsvetkova*** *– Ph.D. in Psychology, Professor at Moscow Pedagogical State University. Russia, Moscow.*

The report discusses the mechanisms of the emergence of destructive patterns of behavior, mental attitudes and emotional reactions that determine child-parent relationships in the historical and cultural perspective. The mechanisms that led to the transformation of destructive patterns and the formation in the middle of the 20th century of new models of interaction in the child-parent dyad are discussed. Methods of advisory work to overcome problems in child-parent relationships are proposed.

**TRANSGRNRRATIONAL CONFLICTS CAUSED BY THE INTERNAL FAMILY, SOCIAL AND CULTURAL FACTORS IN PARENT- CHILD RELATIONS IN THE FAMILIES OF VARIOUS TYPES (FULL, INCOMPLETE, ADOPTIVE FAMILIS)**

***Lyubov Kim*** *– practical psychologist, teacher of psychology, partisipant of the training program “Rodologist for One Own’s Kin”. Kyrgyzstan, Bishkek.*

The presentation analyses various types of parent-child transgenerational conflicts. It shows the differences in parents and teenagers perception of main life values in different family types (full, incomplete, and adoptive). Presented are the results of the genosociogram analysis of the families, which went through the transformation of their effective mental sets related to education into ineffective ones, under the influence of social cataclysms.The presentation shows the way of using the Dokuchayevs’ rodological method of consulting in resolution of transgenerational conflicts in different types of families.

**UPRISE OF CRISIS IN KYRGYZSTAN (BISHKEK) AS A CONSEQUENCE OF TRANSGRNRRATIONAL RELATIONS AND FAMILY VALUES DISRUPTION**

***Aichurok Usenova*** *– consultant-rodologist, representative of the Academy of Rodology in Kyrgyzstan, Member of the International League of Professional Rodologists, Member of the Eurasian Peoples Assembly, emotional intelligence trainer, and art -practitioner. Kyrgyzstan, Bishkek.*

The presentation tells about the research of the reasons of difficult life situations of women who have experienced home or psychological abuse in families. Based on the examples from her consultancy practice, the author dwells on the hereditary factor of “orphan’s syndrome” and “victim syndrome” with the tenants of crisis centers. She shows how, with the help of the Dokuchayevs’ rodological method of consulting, one can find the way out of this difficult situation as a result of restoration of transgenerational relations and acceptance of family values.

**SPECIFICS OF FAMILI HERITAGE IN FAMIELIES OF TEENAGERS WITH DEVIANT BEHAVIOR**

***Margarita Sennikova*** *– consultant psychologist, psychodramatist (MIGIP), general manager of the "Psychodrama" modality (OPPL), full member and interregional teacher of the OPPL, member of the commission on juvenile affairs,member of the expert board on the prevention of destructive manifestations among young people in the National Association "Union of Psychotherapists and Psychologists", Russia, Moscow*

The report analyses the peculiarities of intra-family education, which influence the formation of deviant behavior (due to socio-psychological fatcors). The most significant aspects of family relations and "traditions," styles of strategy of education, their influence on some kind of deviance are covered.

**FINDING SUPPORT IN A SITUATION OF UNCERTAINTY**

***Karine Serebriakova*** *– PhD in psychology, professor at Moscow State University of Psychology & Education, lecturer at inter-regional level of PPL of Russia, supervisor, Head of Institute of System Consultation and Training. Russia, Moscow.*

In a situation of constantly changing living conditions, there is a sharp loss of previously unshakable meanings, landmarks that make up the support of human existence. This loss leads to a drop in self-esteem, feeling of confusion and very strong anxiety. The need for immediate decision-making in vital issues, not only of material existence, but also of a moral, even ideological nature, becomes a paramount task. The report presents one of the options for helping clients in search of support when they lose the meaning and guidelines of existence.

**WHAT IS TELLING OUR BODY ABOUT OUR ANCESTORS: HOW TO HARMONIZE LIFE SCENARIOS THROUGH PSYCHOTHERAPEUTIC KINESIOLOGY**

***Irina Chobanu*** *– medical doctor, psychotherapist, kinesiologist, director of the Institute of kinesiology, President of Association of Professional Kinesiologists. Russia, Moscow.*

Family memory is kept on the genetic level in every cell of our body. Means of Psychotherapeutic kinesiology permit to reach this memory gently on body level. The changes in life are connected with different situations- in the life of a client or of his ancestors. We can call these key situations – points of bifurcations, where the stream of life turns to some direction. But it could turn into another direction.

Psychotherapeutic kinesiology can helpus to define these key points, to understand deep meaning, to lessen emotions and decisions, and behavior, and as a result to harmonize life scenario.

**THE DOKUCHAYEVS’ RODOLOGY METHOD IN WORKING WITH DRUG ADDICTS IN REMISSION**

***Elena Guzeyeva*** *– clinical psychologist, member of the Professional Rodologists League, teacher of Rodology. Russia, Ekaterinburg.*

The presentation considers the application of the rodological method of consulting in diagnostics and correction of kin programs in working with drug users in remission. Transgenerational relations that helped to form the walk-off patterns in these clients are analyzed. The author analyzes the reasons and consistent patterns in Kin development, and the mechanisms of ineffective patterns formation (particularly, drug addiction). She identifies the resources that may become a support for drug addicted clients in their lives, and offer various ways out of the current situations, which will help them to stay in remission for a long time.

**AGIODRAMA IN WORKING WITH FAMILY HISTORY AND TRANSGENERATIONAL TRANSMISSION OF TRAUMATIC EXPERIENCES**

***Julia Trukhanova*** *– Ph.D., associate professor of the Faculty of Clinical and Special Psychology in Moscow State University of Psychology end Education, full member of the PPL, leader of agiodramatic and bibliodramatic groups.*

The report discusses the peculiarities of psychotherapeutic work with family history in the context of cultural and historical experience, reflected in Christian Holy Scripture and tradition. The definition of the method of agiodrama is given. The model of group work with traumatic family stories and scenarios is described. The report discusses some features of the agiodrama method application in psychological groups for people with chemical and food dependencies.

**THE DOKUCHAYEVS’ RODOLOGY METHOD IN CORRECTION OF ANXIETY AND PANIC ATTACKS PASSED ON FROM GENERATION TO GENERATION TO DESCENDANTS**

***Irina Zuyeva*** *– psychologist, rodologist for her own Kin, participant of the training program “Rodology Method of Consulting,” Member of the Council for Kin Culture of the Eurasian Peoples Assembly. Russia, Saratov*

The presentation considers the Dokuchayevs’ rodology method as used in correction of anxiety and panic attacks. It presents the cases from the practice of the consultant-rodologist. Analyzed are the unconscious mechanisms of panic attacks as a consequence of social cataclysms and tragic events lived down by the ancestors, which are passed on from generation to generation and are manifested in the descendant’s life in the form of one’s psycho-emotional state disbalance. Reviewed are some psycho-emotional state harmonization methods that improve the client’s life quality.

**RASSIAN FOLKTALE AS A TRADITIONAL FROM OF TRANSGRNRRATIONAL RELATIONS INFORMATION TRANSFER AND NEW FORM AND METHODS OF ACTUALIZATION OF THE TRANSGRNRRATIONAL RELATIONS RESOURCES AT INTEGRATION OF FAIRY TALE THERAPY AND RODOGICAL METHOD OF CONSULTING**

***Sofia Zykina*** *– psychologist, consultant-rodologist. Russia, Moscow.*

***Irina Fedotova*** *– psychologist, consultant-rodologist, general manager of the Rodological Method of Consulting modality at the PPL, national level trainer at the PPL. Russia, Moscow.*

The presentation considers an application of integrative approach in using both the Dokuchayevs’ rodological method of consulting and fairy tale therapy in personal consultancy and group work. It demonstrates a modern approach of using new forms and methods in a search of resources and tensions in a kin system with the help of the rodological method of consulting in the practice of a consultant-rodologist. The given example of a group playing practice shows an opportunity for combination of traditional information transfer forms, such as a folktale, and the new forms and methods of information adopting in order to actualize the resources of intergenerational relations. The attention is directed to the effective application of such integration for solution of clients’ requests in restoration of the lost family and Kin relations and formation of positive attitude towards the Kin values.

**THE IMPACT OF TRANSGRNRRATIONAL RELATIONS ON HUMAN ABILITY TO MEET CIVILIZATIONAL CHALLENGES**

***Olga Zvezdina*** *– psychologist, consultant-rodologist, rodology trainer, Head of the League of Professional Rodologists of Ekaterinburg, Member of the Council for Kin Culture of the Eurasian Peoples Assembly. Russia, Ekaterinburg.*

Under consideration comes the use of the rodological method of consulting in diagnostics, correction and actualization of inherited kin programs in working with young women upon the request of self-awareness and of finding an own place in a family and community. The author researches the transgenerational relations activating inheritance and appearance of negative problems in a client’s life. She shows the internal Kin resources, as well as the transgenerational relations which help to recognize and use the experience accumulated by the older generations in the times of previous changes of social order. The client’s attention is directed to positive life perceptions, to the results and achievements of the ancestors as the basis for acceptance of the challenges of a changing world.

**THE GENDER IDENTITY TRANSFORMATION OF RUSSIAN WOMEN DURING SEVERAL GENERATIONS**

***Irina******Shcherbakova*** *– counselor, psychotherapist, psychodramatist, Certified counselor of PPL of Russia, Training Therapist of PPL of Russia, Member of PPL of Russia. Russia, Ekaterinburg.*

The transgeneration factors influencing the formation of the gender identity of modern women in Russia are analysed in the report. Specific aspects of psychotherapeutic work with women experiencing intra-personal identity conflict are considered.

**THE INFLUENCE OF THE TRANSGENERATIONAL PHENOMENON ON THE DEVELOPMENT OF THE LEADERSHIP POTENTIAL AND INDIVIDUALS SUCCESS IN BUSINESS**

***Nazym Arzimbetova (Adambai)*** – *MBA, certified rodologist-consultant, member of PPL, Kazakhstan*

The report presents a study of the phenomenon of transgenerational inheritance and its impact on the success factor of individuals in business.  It demonstrates how, according to the concepts of the Rodological method of intergenerational consultation, the ancestral lifestyle, abilities, desires, values, destructive programs, and much more are inherited. The Case-by-case analyses are presented to illustrate the influence of the cause-and-effect relationships in the genus (genus structure) development of clients' leadership potential in business and society.

**IMPACT OF SOCIAL CATACLISMS AND TRAGIC EVENTS IN A CLIENT’S KIN HISTORY ON PSYCHOLOGICAL STABILITY LEVEL AT CHANGE JF WORK AND LIVING STANDARD**

***Tatiana Sudakova*** *– psychologist, rodologist for her Kin, participant of the training program “Rodological Method of Consulting”. Russia, St.Petersburg*

Based on the example from her consultancy case, the speaker considers the application of the Dokuchayevs’ rodological method of consulting in correction of a client’s condition of confusion and anxiety at changing work and fall of life standard. She analyses the unconscious mechanism of appearance and transfer of this condition within the system of transgenerational relations of the descendant as a consequence of social cataclysms and tragic events impact in the history of his Kin. She presents the correction program on the basis of a descendant’s kin system resources for building up his psychological stability and social health.

**REMOTE CONSEQUENCES OF NATIONAL CONFLICTS AND THEIR IMPACT ON PARENT- CHILD RELATIONS IN DESCENDANT FAMILIES**

***Tamara Petrova*** *– psychologist, consultant-rodologist, member of the Professional Rodologists League, Member of the Council for Kin Culture of the Eurasian Peoples Assembly.*

*Russia, Republic Mary-El, Kozmodemyansk.*

A practical application of the Dokuchayevs’ rodological method of consulting in diagnostics and correction of a descendant’s non-effective kin programs that appeared as a result of the consequences of some remote historical events related to ethnic conflicts is under consideration in the presentation. The author gives an analysis of reasons for violation of parent-child relations in the Kin families on the background of a past ethnic conflict. She identifies the descendant’s Kin resources for harmonization of the client’s condition and improvement of family relations. A representative result of this method application is the decrease of the client’s internal tension, harmonization of the family relations as well as relations with people of other ethnic origin.

**ORPHAN’S SYNDROME AND ITS TRANSFORMATION IN THE CONSULTATIVE PRACTICE OF CONCULTANT-RODOLOGIST**

***Irina Milyakova*** *– psychologist-consultant, participant of the program “Rodological Method of Consulting”, rodologist for her own Kin, full member of the PPL . Russia, Moscow*

The presentation considers the application of the Dokuchayevs’ rodological method of consulting for identification with a client of the orphan’s syndrome transferred from one generation to another.

The influence of the orphan’s syndrome to a client’s wellbeing and the wellbeing of his/her future generations, in presence of an adoptive family, is analyzed. The author suggests the ways of working through the destructive feelings of a descendant in the context of the resource of the adoptive family and rethinking of the facts of the past events. Presented are the results of correction program and identification of resources of the descendant’s kin systems and of the ancestor’s adoptive family for the descendant’s social health development.

**THE DOKUCHAYEVS’ RODOLOGY METHOD OF CONSULTING IN DIAGNOSTICS AND CORRECTION OF THE ANCESTOR UNTIMELY DEATH FACTOR CONSEQUENT EFFECT ON THE FOLLOWING GENERATIONS**

***Dina Faizullina*** *– consultant-rodologist. Moscow, Russia.*

The presentation offers an analysis of how an ancestor's untimely death influences the descendant's life quality. It shares the results of the research of ineffective behaviour patterns related to the factor of untimely death and shows the practical application of the rodology method of consulting in diagnostics and correction of the descendant's patterns. The author suggests that the resourse of a long and active life is the main and multifaceted kin resource that helps the decsendant to meet the challenges of modern civilization.

**MODERN MIGRATION PROCESSES IN KYRGYZSTAN AND THEIR IMPACT ON DEVELOPMANT, FAMILY, INTERGENERATIONAL RELATIONS AND INVESTMENT THINKING OF THE POPULATION**

***Zhamila Sabitakunova*** *– CEO at “Bulamyk” Ltd, member of the JICA Alumni Association, member of the Council of Producers and Suppliers of Kyrgyzstan, graduate of the School of Business and Personal Growth “Millionaire Thinking,” teacher, biologist, and partisipant of the training program “Rodologist for One Own’s Kin” of the Rodology Academy. Kyrgyzstan, Bishkek.*

The presentation takes in consideration the reasons leading to a family dissolution and disruption of transgenerational relations in the modern society of Kyrgyzstan, such as parents divorces, passing away of a family member, migration, domestic violence towards women, use of child labor, drugs and weapon trafficking, religious subordinacy, and corruption. The author reveals the topic of deficiency of financial literacy and investment mentality in the families. She suggests the ways of applying the Dokuchayevs’ Rodological Method in the research of family, kin and cultural values for collection and processing of the intellectual capital of a Kin. She describes her practical experience in applying the Kin resources for a family financial well-being.

**NATIONALITY AS A RESOURCE: RODOLOGICAL ASPECT**

***Natalia Batmanova*** *– teacher of pedagogy and psychology, consultant-rodologist, Member of the Council for Kin Culture of the Eurasian Peoples Assembly. Russia, Moscow.*

The presentation tells about the use of rodology method in diagnostics and correction of kin programs that allow activation of a national resource. Activation of a national resource takes place in the process of national self-identification. Nationality is a resource for a descendant’s personal fulfillment. A kin as a system contains the development resources for its descendants. The national character formed in the previous generations as a result of international marriages makes an important resource for a person. Characteristic traits of different nationalities integrated in one person help them to be more adaptive in the fast changing world.

**RODOLOGICAL METHOD IN DETECTION OF FAMALE PSYCHOLOGICAL PROBLEMS PASSED OVER FROM GENERATION TO GENERATION AT BREACH IN RELATIONS WITH MAN**

***Victoria Taranets*** *– psychologist, family system therapist, participant of the training program “Rodological Method of Consulting”, consultative member of the PPL. Russia, Sevastopol.*

At her presentation, the author shares a practical case from her consultative practice based on application of the rodological method. She makes an analysis of problems going into the depth of times and generations, experienced by women at breach of their relations with men. The author shows that it is possible to find the resources for correction of kin programs and achieve positive results with the client’s request on recovery of a lost self-esteem.

**THE ROLE OF HISTORY (NARRATIVE) AS THE MAIN TOOL IN WORKING WITH TRANSGENERATIONAL EXPERIENCE**

***Nina Ivanova*** *– psychologist, full member of PPL Russia. Russia, Krasnodar.*

The report discusses the importance of restoring family history in the context of working with the transgenerational experience. The definition of history and narrative is given, as well as the specifics of working with family history are considered. Examples of working with family history in the psychodramatic approach and the playback theater method are viewed.

**SYMPOSIUM**

**“PERINATAL PSYCHOLOGY, PSYCHOPATHOLOGY AND PSYCHOTHERAPY IN RUSSIA: AIDING FAMILIES, CHILDREN, SOCIETY”**

**CHAIRMEN: *Galina Philippova (Moscow, Russia), Yelena Pechnikova (Moscow, Russia)***

For the integration and combination of various conferences, symposia, sections and master classes in the framework of perinatal psychotherapy it is proposed to formulate the appropriate thematic area: "Perinatal psychology, psychopathology and psychotherapy"

The need to highlight this area is related to the relevance of issues related to psychological and psychotherapeutic assistance in reproductive problems (conception, pregnancy, childbirth, in the early postpartum period).

It turned out that such assistance requires an interdisciplinary approach that ensures the interaction of psychotherapists and psychologists with doctors, reproductologists, obstetrician-gynecologists, neonatologists, etc.

Psychological and psychotherapeutic support is necessary when introducing modern assisted reproductive technologies, with more expensive preparation and assistance to families, while waiting for a baby to be born, when developing and introducing modern family-oriented methods (partnership delivery, open resuscitation of newborns, etc.).

Necessary development and application of family psychotherapy methods at birth of children with autism spectrum disorders, cerebral palsy and other special children, with perinatal mornings.

The development of family relations will contribute to improving the health of mothers and children, reducing the number of divorces, and solving demographic problems.

**PERINATAL AND REPRODUCTIVE PSYCHOTHERAPY: ACTUAL PROBLEMS**

**AND DEVELOPMENT TRENDS**

***Galina Filippova*** *– doctor of Psychological Science, professor, full member of PPL, Scientific secretary of APPL Perinatal psychotherapy section, Rector of the Institute of perinatal and reproductive psychology. Russia, Moscow.*

The report examines the development of modality in the ХХI century. Perinatal psychotherapy is defined as the core of a wider field - reproductive psychotherapy. Reproductive psychotherapy involves working with all stages of the reproductive cycle, one of which is perinatal. The basic theoretical and practical achievements of the direction, tasks and trends of further development are indicated.

**FEATURES OF THE CURRENT STATE OF THE PATIENT-DOCTOR-PSYCHOLOGIST RELATIONSHIP IN THE REPRODUCTIVE SPHERE**

***Elena Pechnikova*** *– gynecologist-endocrinologist, psychotherapist, reproductive psychologist, head of the section "Perinatal and reproductive psychotherapy of OPPL", Member of the RPO, Member of the RARCH, General Director Of the clinic "Family plus". Russia, Moscow.*

The report examines the dynamics of patient-doctor-psychologist relationships in the context of the development of psychology, psychosomatic approach in the reproductive sphere when changing attitudes to psychology in society.

**PHENOMENON OF LOVE IN INFERTILITY**

***Margarita Sovkova (Zavialova)*** *– candidate of PhD (Doctoral School of the Sorbonne University, Paris, France), psychologist - sexologist, psychoanalyst, perinatal and reproductive psychologist. Russia, Saint Petersburg.*

In the report considered the influence of the phenomenon of love in the treatment of infertility with the help of assisted reproductive technologies on the example of the author's project of psychological assistance to patients of reproductive clinics "Resource Parenting". Is being discussed the effectiveness of psychological assistance to patients, undergoing fertility treatment in the presence and absence of love partnerships. Considered personal need in cognition and study of the phenomenon of love as a state of the individual himself.

**DECEIVED MOTHER-IDEALIZATION AND DEVALUATION of MOTHERHOOD**

***Maria Blokh*** *– MD, psychotherapist at the Research Institute of Obstetrics, Gynecology, and Reproductology named after D.O. Ott; lecturer at the Department of mental health and early support for children and parents of St. Petersburg state University. Russia, Saint Petersburg.*

The report discusses the perception of motherhood in society at the present stage. The author considers the ambivalence of the image of motherhood, the complexity of accepting negative factors of the parental role.

**DELIVERY OUTCOMES AND INFANTS’ HEALTH DURING THE PANDEMIC**

***Maria Blokh*** *– psychotherapist, Dr D.O. Ott Research Institute of Obstetrics, Gynecology, and Reproductology, Department of Psychology, Saint- Petersburg State University, Saint Petersburg, Russia*

The report presents the results of a study of the characteristics of the birth of women whose pregnancy was during the coronavirus pandemic, as well as the health characteristics of their babies.

**PRENATAL FACTORS IN THE MENTAL DEVELOPMENT OF THE INFANT DURING THE CORONAVIRUS PANDEMIC**

***Svetlana Savenysheva*** *– Candidate of Sciences in Psychology, Associate Professor, Department of Developmental Psychology and Differential Psychology, St. Petersburg State University. Russia, St. Petersburg.*

**MOTHER-CHILD INTERACTION IN DYADS AFTER ASSISTED REPRODUCTIVE TECHNOLOGIES DURING THE FIRST YEAR POSTPARTUM**

***Varvava Anikina*** *– PhD, Associate Professor at the Division of Child and Parent Mental Health and Early Intervention, Department of Psychology, Saint-Petersburg State University, Russia.*

The characteristics of interaction in mother-child dyads when children are 4-9 months old in groups of women using assisted reproductive technologies and spontaneous conception will be presented.

**DYNAMICS OF PANDEMIC-RELATED STRESS IN WOMEN DURING PREGNANCY AFTER BIRTH**

***Varvava Anikina*** *– PhD, Associate Professor at the Division of Child and Parent Mental Health and Early Intervention, Department of Psychology, Saint-Petersburg State University, Russia.*

**AUTHOR’S TRANSFORMATION PSYCHOLOGICAL GAME “PROPHENY” AS A PSYCHEDIAGNOSTIC AND PSYCHO-CORRECTIVE TOOL OF A PERINATAL PSYCHOLOGIST**

***Daria Sokolova*** *– clinical psychologist, perinatal - reproductive psychologist, crisis psychologist, game practitioner, medical psychologist, Labour House No. 1, Russia. Saint-Petersburg.*

The report examines the psychodiagnostic and psychocorrectional capabilities of the author’s transformational psychological game «ProBirth», which consists of four unique IAC decks created specifically for this game and involves three levels simultaneously: conscious, unconscious, and bodily. The report also discusses the benefits of this tool for the work of specialists.

**REPRODUCTION PSYCHOGENYALOGY**

***Nina Kulinich*** *– psychologist, family system psychotherapist, constellator.*

In report are considered interruption reproductive system and reason of interruption which lying in family relationship and previous generations. Discusses healing methods and ideas for work.

**PSYCHOLOGICAL GAME “PERINATALIYA”**

***Oksana Markova*** *– perinatal psychologist, business couch, coauthor of the game Perinataliya. Russia, Moscow.*

Psychological game Perinataliya as a method of work in order to prepare for pregnancy and childbirth; as a prevention of maternity leave burnout in the first years of parenting is observed in the presentation.

The essence of the method and the results of a study of the effectiveness of the method are highlighted. The experience of the game in both individual and group format is considered.

**REPRODUCTIVE PSYCHOSOMATICS IN THE PRISMATIC MIRROR OF PSYCHOANALYSIS**

***Irina Ageeva*** *– psychotherapist, psychologist, active member of the PPL. Russia, Moscow.*

The report addresses the possibilities of the psychoanalytically-oriented psychotherapy for patients suffering from psychosomatic diseases of the reproductive sphere, accompanied by impaired fertility. The relationship between the state of the reproductive health and the gender-role identity formation during the process of developing object relations within the family system is studied. The peculiarities of the psychotherapeutic alliance formation, transfer and countertransference in the process of psychotherapeutic relationships development are considered.

**PERINATAL AND REPRODUCTIVE PSYCHOLOGY AS A WAY TO PREVENT DEFECTS IN THE DEVELOPMENT OF A CHILD**

***Maria Ovcharova*** *– Master of Psychology, clinical, family psychotherapist, educational psychologist, neuropsychologist, child psychologist, hypnologist, member of the ERMD Association of Russia, Association of Cognitive Behavioral Therapy, member of the professional Psychotherapeutic League, facilitator of Recall Healing.*

The report examines the importance of the frequency of psychotherapy and disease prevention by preparing for childbirth on a spiritual and mental level.

**POSITIVE EUGENICS OR HOW TO GIVE BIRTH TO A PSYCHOLOGICALLY HEALTHY CHILD**

***Alexander Tabidze*** *– clinical psychologist, corresponding member of the Russian Academy of Natural Sciences, Director Of the research Center “PSYCHOPEDAGOGICS " of the Ministry of education and science of the Russian Federation, doctor of physical and mathematical Sciences, Professor, full member of the all-Russian Professional Psychotherapeutic League (head of modality). Russia, Moscow.*

It is experimentally shown that the psychophysiological and corresponding psycho - emotional qualities of parents are inherited by their child. As a preventive goal, we propose a diagnosable psychotrening technology (psychological pre-gravidar training) that contributes to the formation of optimal psychophysiological (and psycho-emotional) qualities of men and women at the time of conception. The recommendation of the Christian parable "the Sower" is used, in which the sower throws his seed into good soil. A good seed and a good soil are associated with the optimal psychophysiological state of both partners. An application for the invention is submitted. Positive results of parents using this technology are given.

This technology solves the problem of reducing the currently noticeable increase in psychogenic diseases among children and their addictive (in particular suicidal) behavior in society.

It is proposed to introduce this technology as a recommendation element of the family Institute.

**THE TRUE AND FALSE OBJECTIVES OF PRENATALl PREPARATION, DEPENDING ON THE THEORETICAL SUBSTANTIATION OF PERINATAL PSYCHOLOGY**

***Igor*** ***Dobriakov*** *–* *PhD, Associate Professor, Clinical Psychologist (EuroPsy), psychiatrist of the highest qualification category, senior researcher at the scientific and organizational department of the Federal State Budgetary Institution “National Medical Research Center for Psychiatry and Neurology named after V.M. Bechterev” Ministry of Health of the Russian Federation, co-chair of the section of perinatal psychology of RPO, official RPA supervisor. Russia, Saint-Petersburg.*

The report shows that theoretically well-founded goals of prenatal preparation can prevent complications during pregnancy and childbirth, strengthen marital relations.

**EMOTIONAL STATES OF MOTHERS OF PRETERM BABIES DURING THEIR JOINT STAY AT THE INTENSIVE CARE UNIT (ANALYSIS OF STRESS SOURCE AND WAYS FOR DECREASING IT)\***

***Nataliia Andrushchenko*** *– PhD, Associate Professor at the Department of Pediatric Neurology and Neurosurgery at I.I. Mechnikov North-Western State Medical University, Associate Professor at the Division of Child and Parent Mental Health and Early Intervention at Saint-Petersburg State University, Department of Psychology, Vice-president of Balint* *Association (Russia), member of the International Academy of Development Rehabilitation. Russia, Saint-Petersburg.*

***Varvara Anikina*** *– PhD, Associate Professor at the Division of Child and Parent Mental Health and Early Intervention at Saint-Petersburg State University Department of Psychology. . Russia, Saint-Petersburg.*

The presentation reflects results of the study of emotional states and sources of stress of mothers of preterm babies living at the ICU of Multidisciplinary Child Medical Center. We analyze mothers’ emotional states in the interconnection with their early interaction with their preterm babies. The parts of early intervention program for preterm babies with structural intracranial changes and their family members are being discussed.

*\*The research has been done within the framework of the study “Comprehensive study of the development and mental health of prematurely born infants with intraventricular hemorrhages and posthemorrhagic hydrocephalus” with the financial support from Russian Fund for Basic Research №* [*18-013-01183*](https://kias.rfbr.ru/index.php)*.*

**IVF. META-FEELINGS AS A SYSTEMIC BASIS OF INTERNAL MATERNAL POSITION IN IVF-MOTHERS**

***Galina Shabailova*** *– Director of LLC "Helping Practices", psychologist – private practice, national supervisor and teacher in the method of systemic placement of ICSR (Moscow), certified specialist in individual and group counseling – Individual psychology of A. Adler (USA), full member of the OPPL (Moscow), member of the Belarusian Association of Physicians and Psychotherapists, organizer of the annual international psychological conference "Helping Practices". Belarus, Minsk.*

The formation of an internal position in IVF mothers occurs in special psychological conditions: 1) a long period of infertility, 2) the procedure itself as the last hope of having your child, 3) the constant inclusion of medical personnel in the couple's intimate life.

The report considers the attitude of IVF mothers to pregnancy, the unborn child and the performance of parental functions - as elements that make up the maternal position.

It has been hypothesized that systemic meta-feelings of motherhood (paternity) may be a resource for the formation of an internal maternal position in IVF mothers.

**I HAVE THE RIGHT TO HAVE A CHILD**

***Galina Shabailova*** *– Director of LLC "Helping Practices", psychologist – private practice, national supervisor and teacher in the method of systemic placement of ICSR (Moscow), certified specialist in individual and group counseling – Individual psychology of A. Adler (USA), full member of the OPPL (Moscow), member of the Belarusian Association of Physicians and Psychotherapists, organizer of the annual international psychological conference "Helping Practices". Belarus, Minsk.*

Modern assisted reproductive technologies used in traditional and same–sex families are too new a phenomenon to give them an unambiguous assessment. However, the fact that they change our traditional ideas about family relationships in the family is a fact that must be taken into account.

In the report, we will consider the influence and interrelation of modern reproductive technologies and psychological aspects associated with the birth of children conceived with the help of surrogacy and conscious donation.

**SYMPOSIUM**

**“POSITIVE DYNAMIC PSYCHOTHERAPY”**

**CHAIRMEN** ***Vladimir Slabinsky (St. Petersburg, Russia), Ilya Ulyanov (Vladivostok, Russia), Nadezhda Voeishcheva (St. Petersburg, Russia), Ilya Peyev (Varna, Bulgaria)***

Positive Dynamic Psychotherapy is a psychodynamic method with an existentially humanistic vision of the human nature, enriched by a transcultural approach and behavioral techniques. The method has three forms of application (individual, family, group), develops the legacy of the St. Petersburg school of psychotherapy found by V. M. Bekhterev and is based on the school of psychology of attitudes developed by A.F. Lazursky and V.N. Myasishchev.

The main characteristic feature of positive dynamic psychotherapy is the use of the level theory of personality developed by A.F. Lazursky, which allows us to outline the goal of psychotherapy as improving not only the quality of life, but also the level of life functioning in general. For mapping of the psychotherapeutic process, an integrative theory of personality is used, developed in line with the Lazursky-Myasishchev psychology of attitudes. This personality model has three dimensions: structural (three models - harmony, identification, character), functional (three types of attitudes - towards the world, oneself, and another person), and processual (three principles - harmony, dynamics, hope). Disorders of personality attitudes, understood as conflicts — relevant, basic, and key — serve as psychotherapeutic targets. The specific features of therapy in the method of positive dynamic psychotherapy are the simultaneous harmonization (restitution) of healthy relationships and correction (reconstruction) of abnormal relationships in all three clusters of attitudes: towards oneself; towards the world; towards another person, by resolving three conflicts: basic, actual, and key. These three conflicts form the space of intrapersonal conflict and are psychotherapeutic targets. Since the personal space is formed by the totality of the personality attitudes, the resolution of the intrapersonal conflict leads to the reconstruction of the personality.

Positive dynamic psychotherapy has been developed since 2003. During this time, positive experience has been accumulated in the application of the method in clinical psychotherapy both in medical settings and in outpatient practice, in treatment of neurosis and post-traumatic stress disorders, and in rehabilitation programs for patients with psychoses. Certain techniques developed in line with positive dynamic psychotherapy (positive puppet therapy, positive sand psychotherapy, the character tree, archetypal coloring books, etc.) are widely used by psychologists when working with children. Some of the other important differences are: the use of temporal factors in psychotherapy and psychotherapeutic work according to protocols based on techniques developed in line with the PDP.

**POSITIVE DYNAMIC PSYCHOTHERAPY –** **EXPERIENCE IN CLINICAL APPLICATION**

***Vladimir Slabinsky*** *– M.D.,* *Ph.D., the author of the method of positive dynamic psychotherapy, rector, professor, head of the department of psychotherapy and clinical psychology of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", President of the International Association “Positive Dynamic Psychotherapy”, Vice President of SRO National Association "Union of Psychotherapists and Psychologists", Chairman of the Committee on Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League, Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019). Russia, Saint-Petersburg.*

The report examines the history of emergence and the stages of formation of the method of positive dynamic psychotherapy, in accordance with the clinical tasks to be solved at one time or another. The differences of positive dynamic psychotherapy from the person-oriented modern (reconstructive) psychotherapy and positive psychotherapy are analyzed. The forms of positive dynamic psychotherapy - individual, family, group – are differentiated. A list of the main methods of positive dynamic psychotherapy is given.

**SCIENTIFIC RESEARCH IN POSITIVE DYNAMIC PSYCHOTHERAPY**

***Nadezhda Voishcheva*** – *Ph.D., supervisor and master trainer in the method of positive dynamic psychotherapy, vice-rector for scientific work and strategic development, professor, head of the department of labor psychology and health of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", Vice President, Chairman of the Ethics Committee of the International Association "Positive Dynamic Psychotherapy", member of the Committee for the Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League. Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019), laureate of the medal "Star of A.F. Lazursky in the 1st degree" (2015, 2018), winner of the national competition of young scientists in the field of medical (clinical) Psychology " The Silver Chiron" (2018). Russia, Saint-Petersburg.*

The report analyzes the results of essential scientific research in the field of personality psychology, coping behavior in the context of positive dynamic psychotherapy. Perspective directions of scientific research for the period of 2020-2025 are indicated.

**CОVID-19 PANDEMIC AS EXISTENTIAL ANXIETY AND THE CRY OF THE SOUL FROM THE LOSS OF ALL ANCHORS CONNECTING US TO THE WORLD (INTROSPECTION INTO CORONAVIRUS BEHAVIORAL DISEASE THOUGH VISUAL ARTS AND POSITIVE DYNAMIC PSYCHOTHERAPY)**

***Ilya Peyev,*** *Doctor of Psychology, professor, retired first-rank captain, head of the representative office of the International Association for Positive Dynamic Psychotherapy, professor emeritus, member of the Academic Council of the ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations". Bulgaria, Varna.*

Based on more than 40 years of experience in studying the human behavior in extreme situations at sea, in aviation and astronautics, during wars and peacetime military situations, natural and technological disasters, social and geopolitical conflicts, the author presents his vision for the COVID-19 pandemic. Although every extreme situation is unique and inimitable in its content and characteristics, the author has found universal mechanisms and symptoms of the extreme human individual, group and mass behavior. Exactly this author's discovery of the universal in the extreme conditions, allows us to understand such a complex, completely new and unfamiliar situation caused by the coronavirus 2019-nCoV, which threw into fear and horror all the people on the planet. For the first time in the world, the author uses fine art in an unconventional way and through artistic analysis and synthesis of 100 years old paintings, reveals the opportunity to get acquainted with the most complex characteristics of human behavior in the COVID-19 pandemic. The scientific merit of the report is also the skillful introspection into coronavirus behavioral disease through Positive Psychotherapy and a transcultural approach. Thanks to the original author's research methodology we are able to understand the COVID-19 pandemic as an existential anxiety and a cry of the soul from the loss of all anchors that connect us to the world during the planetary epidemiological crisis.

**THE CONCEPT OF PROACTIVITY IN POSITIVE DYNAMIC PSYCHOTHERAPY: CLINICAL ASPECTS**

***Nadezhda Voishcheva*** *– Ph.D., supervisor and master trainer in the method of positive dynamic psychotherapy, vice-rector for scientific work and strategic development, professor, head of the department of labor psychology and health of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", Vice President, Chairman of the Ethics Committee of the International Association "Positive Dynamic Psychotherapy", member of the Committee for the Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League. Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019), laureate of the medal "Star of A.F. Lazursky in the 1st degree" (2015, 2018), winner of the national competition of young scientists in the field of medical (clinical) Psychology " The Silver Chiron" (2018). Russia, Saint-Petersburg.*

The report deals with the level theory of coping behavior. The author describes the concept of proactivity, integrating the level theory of personality developed by A.F. Lazursky, the theory of motivation of V.F. Chizh, the concept of proactive coping behavior of L.G. Aspinwall, E.R. Greenglass, R. Schwarzer, theoretical provisions of the time perspective theory of Ph. Zimbardo, etc. The results of the author’s own research and clinical application are presented.

**THE CONTRIBUTION OF POSITIVE DYNAMIC PSYCHOTHERAPISTS TO THE FIGHT AGAINST THE CONSEQUENCES OF THE COVID-19 EPIDEMIC**

***Vladimir Slabinsky*** – *M.D.,* *Ph.D., the author of the method of positive dynamic psychotherapy, rector, professor, head of the department of psychotherapy and clinical psychology of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", President of the International Association “Positive Dynamic Psychotherapy”, Vice President of SRO National Association "Union of Psychotherapists and Psychologists", Chairman of the Committee on Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League, Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019). Russia, Saint-Petersburg.*

The report examines the forms of participation and analyzes the contribution of positive dynamic psychotherapists to the fight against the consequences of the COVID-19 epidemic.

**EXPERIENCE OF APPLICATION OF POSITIVE DYNAMIC PSYCHOTHERAPY IN THE DEPARTMENT OF THE TREATMENT OF BORDERLINE DISORDERS AND PSYCHOTHERAPY OF THE NMRC PN NAMED AFTER V.M. BEKHTEREV FROM 2011 TO 2019**

***Roman Belan*** *– psychiatrist, psychotherapist, full member of the International Association of Positive Dynamic Psychotherapy, lecturer at the Department of Psychotherapy and Clinical Psychology of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations". Russia, Saint-Petersburg.*

The report examines the experience of applying the method of positive dynamic psychotherapy in the work of a psychotherapist in the neurosis department.

**DEVELOPMENT OF POSITIVE DYNAMIC PSYCHOTHERAPY IN THE CITY OF TVER**

***Anna Vekoveshnikova*** *– assistant professor, head of «Saint-Petersburg school of psychotherapy and the psychology of attitudes» (Tver department), basic trainer and teaching psychotherapist in positive dynamic psychotherapy method, trainer of positive psychodrama, head of psychological studio. Russia, Tver.*

The report presents experience of «Positive dynamic psychotherapy» method development in Tver, a town between Moscow and Saint-Petersburg, with population about 420000 people. Activity forms of professional development and support for junior psychologists and psychotherapists are reviewed as well as methods of professional community interconnection.

**«TREE OF CHARACTER» – AUTHOR'S METHOD OF CHILD-PARENT PSYCHOTHERAPY AND SELF-HELP V. SLABINSKY**

***Olga Voloshko*** *– educational psychologist of the 1st qualification category, Member of the International Association of Positive Dynamic Psychotherapists. Russia, Moscow.*

The peculiarity of the method is high technology, the work with 36 character traits is considered in detail, which makes it attractive to specialists. The eco-friendliness of the «tree of Character» method allows to use it not only for professionals, but also for parents. The technique not only integrates modern scientific ideas about character, but also activates the cultural code, which turns the process of character formation and correction into an exciting game for the child.

**ART THERAPEUTIC METHOD «HARMONY OF CONTRASTS» OF V. SLABINSKIY, V. EGOROVA, N. VOISHCHEVA IN POSITIVE DYNAMIC PSYCHOTHERAPY**

***Valentina Egorova*** *– head of the laboratory «Art therapy and visual perception» of the Autonomous non-profit organization of additional professional education «Saint-Petersburg School of Psychotherapy and Psychology of Attitude». Russia, Saint-Petersburg, Russia.*

The report examines the theoretical foundations and experience of practical application of the art-therapeutic method «Harmony of contrasts» in individual and group work. The method integrates the theory of color studies (J.-W.Goethe, W. Ostwald, J. Itten) and the theory of personality, developed in the positive dynamic psychotherapy of V. Slabinsky.

**NEW FOUR-PART PARADIGM OF UNDERSTANDING A HUMAN BEING IN PSYCHOTHERAPY**

***Irina Egorova*** *– clinical psychologist, full member of the International Association of positive dynamic psychotherapy. Russia, Moscow.*

The report describes the technology of promoting psychotherapy by attracting writers and poets to hold joint meetings and promote psychological assistance to people through live, direct communication.

**POSITIVE ECOTHERAPY – NATURE THERAPY IN PDP METHOD: EXPERIENCE IN WORKING WITH A GROUP**

***Alexandra******Maramzina*** *– psychologist, psychotherapist, Associate Professor of the St. Petersburg School of Psychotherapy and Psychology of Relations, Head of the Moscow branch of the International Association of Positive Dynamic Psychotherapy. Moscow, Russia.*

The purpose of the report is to share with the professional community the experience of working with the group using the «Positive Ecotherapy» repeatedly tested in the framework of the annual summer seminar of the International Association of Positive Dynamic Psychotherapy «White Nights Psychotherapy».

**EXPERIENCE OF APPLICATION OF POSITIVE DYNAMIC PSYCHOTHERAPY METHODS IN THE WORK OF A CLINICAL PSYCHOLOGIST IN A PSYCHIATRIC HOSPITAL**

***Anastasia Pismenskaya*** *– clinical psychologist, candidate member of the International Association of Positive Dynamic Psychotherapy. Russia, Saint-Petersburg.*

The report examines the experience of applying the methods of Positive Dynamic Psychotherapy (PDP) and the search for ways to optimize psychocorrectional work, taking into account the characteristics of patients undergoing compulsory treatment in a psychiatric hospital. The factors contributing to and hindering the successful conduct of psychocorrection among patients of this contingent are investigated.

**THE EFFECTIVENESS OF THE “IMPORTANT PEOPLE” TECHNIQUE IN THE RESOLUTION OF THE KEY CONFLICTS OF A CLIENT**

***Natalia Poletaeva*** *– psychologist. Russia, Moscow.*

**FEATURES OF PROACTIVE BEHAVIOR AND MOTIVATIONS OF FIRST-YEAR PSYCHOLOGY STUDENTS**

***Raphael Sayfutdinov*** *– first-year student at the First Moscow state univercity of Sechenov. Member of the society of Positive Dynamic Psychotherapists. Russia, Moscow.*

The report examines the relationship of proactive behavior of students with anxiety and motivational induction according to J. Nutten.

**PRACTICAL EXPERIENCE USING FOLKLORE PSYCHOTHERAPY METHOD POSITIVE PUPPET THERAPY IN INDIVIDUAL AND SMALL GROUP THERAPY**

***Elena Fomina*** *– сonsulting psychologist, member of International Association «Positive Dynamic Psychotherapy». Russia, Ulyanovsk.*

In this paper, we describe practical experience and results of applying Positive Puppet Therapy method (created by Slabinsky V., Voischeva N.) to family and work-related issues treatment by using clarification of Self-concept. Examples from therapy practice are given and discussed.

**OPPORTUNITIES OF POSITIVE DYNAMIC PSYCHOTHERAPY IN SEXUAL DYSFUNCTIONS**

***Irina Shmakova*** *– clinical psychologist, full member of the International Association of Positive Dynamic Psychotherapy, lecturer at the Department of Psychotherapy and Clinical Psychology of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations". Russia, Saint-Petersburg.*

The report discusses the theoretical aspects of psychotherapy of sexual dysfunctions from the standpoint of the cycle of sexual reactions of Charles Gelman in line with positive dynamic psychotherapy.

**CAREER CHANGE IN ADULTHOOD AND THE WAY TO BECOMING A PSYCHOLOGIST IN POSITIVE DYNAMIC PSYCHOTHERAPY METHOD**

***Ganutina Evgeniya Gennadevna*** – third year student (Tver State Technical University, department of Psychology), student at "Saint-Petersburg school of psychotherapy and the psychology of attitudes", nominating member to the international association “Positive dynamic psychotherapy”.  
  
The report is devoted to the role PDP method plays in overcoming the fears and doubt of beginner psychologist. The author highlights how important it is to get practical experience when working in study groups. First career steps are described.

**EXPERIENCE OF APPLICATION OF POSITIVE DYNAMIC PSYCHOTHERAPY METHODS**

*Marechenkova Natalia Ivanovna clinical psychologist, full member of the International Association of Positive Dynamic Psychotherapy, lecturer at the Department of Psychotherapy and Clinical Psychology of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations". Russia, Moscow.*

**THE ESSENCE OF THE "WORK WITH ATTACHMENTS" METHOD IN THE LIGHT OF THE RELATIONS THEORY BY V. N. MYASISHCHEV**

***Elena Ponomarenko*** *– Bachelor in Psychology, author of the method “Work with Attachments”, full member of the Professional Psychotherapeutic League, psychologist/estimator member with the Forensic Enquiry Chamber of the Russian Federation. Russia, Novorossiysk.*

The author’s method “Work with attachments” is based on the concept of attachment. This paper considers the author’s understanding of ‘attachment’ as a particular case of V. N. Myasishchev's concept ‘relation’ and distinguishes it from ‘attachment’ as understood by J. Bowlby. The essence of the "Work with Attachments" method is discussed. The presentation includes live demonstration of the method at work.

**SYMPOSIUM**

**“UNDERSTANDING A MAN IN THE PHILOSOPHICAL-THEOLOGICAL CONTEXT OF RELIGIOUS-ORIENTED PSYCHOTHERAPY”**

**CHAIRMEN: *Lyubov Bitechtina (Moscow, Russia)***

The consideration of the phenomena of spiritual life from the perspective of psychotherapy belongs to the field of acute and unexplored problems and deserves special attention. The difficulty in solving the problem lies in the need to combine theological, philosophical and psychotherapeutic knowledge and methods. This requires competencies unusual in science: first of all, as Metropolitan Anthony of Sourozh put it, “confidence in things invisible” and “ability to reflect on things invisible”. Spiritual reality is associated not only with man, but also with God, with a different way of being. Our direction, ROP-therapy, includes in its working arsenal the criteria of faith, principles of spiritual experience, and the reality of spiritual practices.

It should also be noted that the consideration of psychotherapy at the spiritual level is the key to the multimodal, integrative four-part model created by the OPPL (V.V. Makarov).

ROP therapy, based on the patristic tradition and on the approach of synergistic anthropology, develops psychotherapeutic techniques that use processes and acts of opening consciousness in religious practices of oneself. At the same time, the key concept of “disconnection” is determined on the basis of the concept of the ultimate human experience and the anthropological border, which includes three areas of topics - ontological, ontic and virtual (S.S. Khoruzhy). ROP-therapy, based on the theological concept of synergy, “cooperation of man and God”, considers in the light of the synergy the three positions of self-determination of a person: scientific, professional, church and personality, which allows the therapist to track the line of personal recovery and movement in the semantic field (L.D. Bitechtina).

**SPECIFICS OF RELIGIOUS-ORIENTED PSYCHOTHERAPY: CONCEPT AND TRAINING PROGRAM**

***Irina Sokolovskaya*** *– Doctor of Psychological Sciences, Professor of the Department of Social, General and Clinical Psychology of the RSSU, Chief Manager of Modality "ROP" OPPL. Russia, Moscow.*

The report examines the spiritual and religious mechanisms of the process of religious-oriented psychotherapy, which uses exegesis and ascet of Christian tradition of human improvement and skills to combat passions. The definition of the dogmatic and moral truths of Christianity in the interpretation of modern language is given. The spiritual transformation of the person, using the resource of faith, religion, is considered. A moral therapy training program is offered.

**ATTEMPTS TO RESTORE PRIORITY OF RUSSIAN ORTHODOX PARADIGM OF THE PROCESS OF MENTAL AID (COUNSELLING AND PSYCHOTHERAPY) IN OMSK DEPARTMENT OF PPL**

***Natalia Belousova*** *– Chairman of the Omsk Branch of the Professional Psychotherapeutic League, a valid member of the PPL. Russia, Omsk.*

The report is devoted to attempts to restore understanding among our specialists. The inextricable connection of modern secular counselling and psychotherapy in Russia with the Orthodox sacred tradition of spiritual assistance, as well as attempts. Rethinking the application of Western methods in our country. Psychotherapy developed for Western consumers.

**MEASURING THE SPIRITUAL ABILITIES OF THE INDIVIDUAL: FAITH, REASON, FEELING IN THE CHRISTIAN TEACHING OF THE SOUL**

***Lyubov Bitechtina*** *– candidate of psychological sciences, Doctor of Philosophical Sciences, Professor, a valid member of the PPL. Head of the modality religiously oriented psychotherapy. Russia, Moscow.*

The work is dedicated to the memory of the elder Trinity-Sergei Lavra, sacred to Archimandrite Naum and his book "Man - Temple of God," which reveals ideas about the soul in connection - both with his own body and Divine energies given to her for life, being and beyond being. The main spiritual ability of the soul is undoubtedly Faith! The ability to believe is the root of all religions, the way to understand the infinite. Faith is the deeply personal spiritual ability of our consciousness, which is necessarily consistent in its action with feeling and reason, but exists ontologically independently of them. The location of Faith as an ability is of course our soul, while its "Source" and productive power, are outside us, transcendently, in the Other!

It should be noted that Faith, like all other abilities, differs in its manifestation, strength, clarity, talent, and direction: on itself, on others, to the future. The feature of religious faith is faith in the holy, divine. The feature of Faith Divine in man is that she is transcendent and believes everything that comes from God, deals with the limit, risk, boundary of knowledge, justified by Providence, more nothing. When asking about faith in the context of psychotherapy and its significance, one must understand what faith is for us today, as an ability, as a virtue. Besides, the introduction of "faith" as a working concept into the scope of psychotherapeutic practice - is a super task, having an anthropological horizon and perspective.

**BIOPSYCHOSOCYODILATORY MODEL IN REHABILITATION OF ONCOVISIONISTS WITH PROBLEM OF SPIRITUALITY CRISIS**

***Marina Kiryuchina*** *– Associate Professor of the Department of Psychotherapy and Narcology of KGMA-Branch of RMANPO DPO GBOU. Russia, Kazan.*

The report deals with current problems in the rehabilitation of cancer patients. Cancer, at all stages of development makes the personality of the patient vulnerable..

The spiritual component in the rehabilitation of oncovisionists has one of the primary places, but is deficient. When living in crisis stages, at the stage of aggression (affective disorders) the disease is perceived as punishment. One frequent question asked by patients is "Why?" and "For what?." And aggression is directed at God, there is a rejection of deep support, which in turn is manifested by depression, anxiety, rejection of manifestations of life. The study of the aspect of spirituality is necessary at the stages of patient’s treatment with cancer and individual psychotherapeutic correction.

**RECRIMINATION BETWEEN THE PRACTICES OF "SOBRIETY," SMART MAKING AND PSYCHOCATALYSIS**

***Andrei Yermoshin*** *– psychotherapist of the highest category, candidate of psychological sciences, author of the method of Psychocatalysis. Russia, Moscow.*

Psychocatalysis, being a method of psychotherapy, in its depth contains a methodology of work close to the work of Orthodox monastic with passions.

The concepts of prylog, exile, combination, captivity and passion as states find their expression in working with psychotherapeutic patients as well. Psychocatalysis uses the principle of reverse development with a symptom close to the dynamics of a believer’s return to a state of connectivity with God. The common boundary of ROP and Psychocatalysis indicates relationships and differences, perspective and anthropological horizon.

**METHOD OF IMMERSION IN TRANSCENDENT FRAMES OF BEING**

***Svetlana Sokolova*** *– Christian Psychologist, Deputy Editor-in-Chief Perevet Publishing House "Brotherhood named after Radoniezhsky Saints. Russia, Moscow.*

Consideration of topics such as "Horizon of Philosophy and Horizon of Theology," Spiritual Experience of Ageing, "Synergistic Anthropology and its Possibilities," Spiritual Dimension of Personality and its Ability " (Which in recent years has been put by Rop Oppl) - marked the name of today 's problem - interaction on the border, and even more, the transcendent border of human consciousness, personality, everything with which personality in accordance with the rules of the border interacts both horizontally and vertically. The production of the generalized theme: "Understanding man in the philosophical-theological context of the Rop"(Bitechtina L.D.) - brings us to the special practice of helping and teaching man within the boundaries of the ultimate experience, preparing man for perception, understanding of the invisible world, attention and reflection of his consciousness, what is inside us - souls. And this leads us to the need to introduce the Method, to study it, to understand it, to apply it.

**PSYCHOTHERAPY AS A SPIRITUAL PRACTICE IN LIGHT OF CHRISTIAN SYNERGISTIC ANTHROPOLOGY**

***Olga Artyomenko*** *– practicing psychologist - psychotherapist of spiritually (religious) oriented modality, member of IAPR (International Association for the Psychology of Religion), transformational co-practice ICTA, member of the direction "Religious-oriented psychotherapy" OPPL (Oman Department). Russia, Omsk.*

Experience of scientific and teaching activity (Faculty of Psychology and Pedagogy of OmGPU) 20 years; Experience of advisory and psychotherapeutic practice for 15 years with the author of the report, confirms the idea of the Head of the Omsk branch of the OPL in his report on the truth of "attempts to restore understanding among Omsk specialists

The inextricable connection of modern secular counselling and psychotherapy in Russia with the Orthodox holy tradition of spiritual assistance. «This message Artemenko O.M. is an attempt to consider psychotherapeutic practice in the context of the sacred tradition in the measurement of the modern approach, as the synergistic anthropology of S.S.Hiboh. Anthropology comes to the fore, becomes the science of all sciences of the humanitarian direction. But here is a big challenge and a difficult task to solve and answer.

**IDEAS OF STUDENTS OF PSYCHOLOGISTS ABOUT SPIRITUAL AND MORAL DIMENSION AND CHANGE OF PERSONALITY**

***Valentina Chernyavskaya*** *– Doctor of Pedagogical Sciences, Professor of Psychology, Head of the Department of Philosophy and Legal Psychology, Head of the Maritime Branch of the Russian Psychological Society, Chairman of the Board of the Maritime Professional Association of Psychologists. Russia, Vladivostok.*

Data on the relevance of the study of perceptions of spiritual and moral dimensions of personality are presented. About professional training of bachelor psychologists. The results obtained on the sample of students of three universities are discussed.

Given interpretation and conclusions, which are revealed from the position of social importance of psychology in society.

**LIES AND FEAR IN ADAPTING MODERN YOUTH, STUDY**

***Marina Chukhrova*** *– Doctor of Medical. Sciences, Professor of the Department of Psychology, Pedagogy and Law of FSBOU "Novosibirsk State University of Economics and Management," Professor of the Department of General Psychology and History of Psychology of Novosibirsk State Pedagogical University. a valid member of the PPL. Russia, Novosibirsk.*

***Juliy Kustov*** *– Alekseeva PCB No. 1, LPH No. 21, medical psychologist. Russia*, *Moscow.*

In scientific and psychological studies on psychodiagnostics of personality, its properties and their relationship with the success of extreme activity, it is found that such an integrative phenomenon as lies, in the dissertation work of L.D, Bitechtina, has no positive correlation neither with success, nor with confidence in achieving the result, nor with the result itself. In the report on the study of educational, non-extreme activity, the investigated property, how lies or the state of lies appeared to be in another correlation dependence, the result turned out to be the opposite. In the understanding of authors, lying as an integrative quality cannot be personal. It is taken as if for rent for an image that is deterministic primarily of situational factors rather than individual-typological properties. In such a case, Lies facilitates adaptation in a situation and here it has another functional task. It would be mistaken to view it as a superficial defect of upbringing, or a deviance. The aim of the study was to study psychodynamic personality qualities that promote or prevent falsehoods in a situation of tension or psychological adaptation. The results of the study raise serious existential questions, the resolution of which is possible only within the framework of spiritual and moral understanding of the person 's personality.

**AWARENESS: SPIRITUAL FACTOR OF CREATION, DEVELOPMENT AND TREATMENT (REHABILITATION) OF MENTAL DISEASES (DEPRESSION, SCHIZOPHRENIA, ALCOHOLISM)**

***Juliy Kustov*** *– PBC № 1, PND № 21, medical psychologist. Russia, Moscow.*

The worldwide bio-psycho-social model of psychotherapy and assistance in the treatment and emergence of mental diseases should be supplemented by the spiritual component of the integrity of human understanding. Spiritual "hunger", absence. Loss of meaning of life, material boom, spiritual needs do not satisfy, as beauty, peace, mercy, compassion, soul, not to mention the importance of the transforming, filled with depth and meaning of connection with the Creator of peace and man, God.

Consciousness is not a matter of the brain and not some other matter, but the ability of the spirit, the highest form of its manifestation, the thinking ability and the will decision. This world is given mne-, it is where my inner Self is discovered through observation, self-awareness and self-awareness. Therefore we have scientific subjects as psychology of knowledge, feeling and will. For awareness, it is important for us to highlight three positions for understanding ourselves: the position of the observer for his inner world-thoughts and experiences, their fixation - hearing himself, focusing attention (beyond himself); the position of the researcher, it is a flair that can be seized where there is resonance with another or event. And here it is important to keep the attention, name and name the impression; The next position - witness - is when the human spirit, contemplating the infinite receives the revelation of unconditional truth, as the necessary need of the spirit related to the transcendental beginning of it, God (p.128 kn. Chelovek-Hram God's).

**PSYCHOLOGICAL SAFETY IN THE MODERN WORLD: CORONAVIRUS**

***Miryana Milankova*** *– Doctor of Medical Sciences, Professor, Academician of APM and EEH, Director of the National Center for Injury Prevention and Safety. Serbia, Novi Sad.*

***Lyubov Bitechtina*** *– candidate of psychological sciences, Doctor of Philosophical Sciences, Professor, a valid member of the PPL. Head of the modality religiously oriented psychotherapy. Russia, Moscow.*

Evidence and perceptions of social and personal anxiety multiply in political theory. Politicians, psychiatrists, psychotherapists, everyone in their field, are looking for a cure that will cure or remove discomfort. But there are few changes and the mood of society gets worse and becomes tense. And then, hiding behind scientists who, in integration with politicians, record a new social phenomenon, referred to by them as mental instability associated with security anxiety in society. All this is explained by complex situations, unforeseen circumstances, uncertainty of measurements and states, hidden crowns of collective unconscious without tracking the consequences with their correction. Jacques Lacan also argued that the experience of anxiety is at the heart of the function and structure of the political subject, as well as simply the subject drawn to power and knowledge, to the practices and technology of violence (Michel Foucault). The dangers of the modern world are due, first, to fake news, difficult to test false intentions and promises, all this we see now with the situation of coronvirus, which is military training, a turned form of war, working out mobilization readiness, information lies and manipulation of consciousness

**SAFE HABITAT: CHILDREN 'S PHYSICAL AND MENTAL HEALTH**

***Mila Radovanović*** *– psychologist, family consultant. Serbia, Novi Sad.*

The report presents a methodological review of the application of cognitive-behavioral theory-based training for a group of parents.

The cause of emotional and behavioral disorders is the disruption of human-environmental interaction. People demonstrate a characteristic way of thinking about the environment that has an impact on the environment. Similarly, situations themselves change people 's behaviour and attitudes, giving them the opportunity to learn and explore the potential consequences of their behaviour in a particular context. In early childhood, parents have a significant impact on the development of the child 's personality. That 's why it 's important for them to get Understanding the behavioural patterns that shape their upbringing and develop skills that will contribute to the family 's mental health. Using basic principles of cognitive-behavioral theory, parent training was developed that showed significant improvement in parents 'skills over four sessions. As a result, the basic principles of development and learning were highlighted, as well as the content that was included in each session.

**THE LETTER AS A PROJECTION OF A BELIEVER 'S CONSCIOUSNESS INTO THE WORLD AROUND HIM AND THE MULTIFACETED SPECTRUM OF HIS EMOTIONAL RELIGIOUS EXPERIENCES**

***Svetlana Semenova*** *– President of the Russian Graphological Society, graphologist, psychologist. Russia, Moscow.*

What signs of piety, which form the Divine world perception of the believer, affect the person, changing his image of thought, relationship with people, changing the image of his being, synergistically changing his whole spiritual and physiological image, making him an angel-like, pro-leader. The letter as a projection of the consciousness of a believer in the surrounding world reflects not only the level of his religious world perception, but also the multifaceted spectrum of his emotional religious experiences. Thought as a mental process of brain activity, feeling as a corresponding colour of this process and mental and spiritual activity of a person, manifest themselves in handwriting, sufficiently reflecting his religious feelings. Handwriting has an undeniable advantage due to the hard fixation of what a person experiences at the time of writing. Handwriting is a "materialized gesture of thought." To the fullest extent, through the written energy of the letter sealed in the written message, man is able not only to reflect the divine greatness of his personality, but also to influence another person in whose hands the message appeared.

**PSYCHOLOGICAL PROBLEMS OF MODERN MIGRANTS IN EUROPE**

***Natalya Mikhaylova*** *– doctor of psychological sciences, the director of the International center of education and scientific information, professor of the Higher school the EU-Regio, Belgium/Germany. Germany, Düsseldorf.*

The situation of emigration was studied in Germany in 5 national groups: Russian Germans, Poles, Jews, Yugoslav and Turks. Over the course of two years, numerous differences in personality characteristics of subjects, their cognitive perceptions of the life situation, and the behavioral strategies of emigrants were investigated. Integration into the new society was very difficult for all national groups. The impact of emigration on human psychological development was varied. Young and healthy people can be successful in foreign countries, but relatively old, not-so-healthy and socially isolated people can get sick and disillusioned with the situation of emigration.

**INTEGRATIVE THERAPY - COMPACT COURSE**

***Hilarion Gotfried Petzold*** *– Doctor of Psychological and Philosophical Sciences, Founder of Integrative Psychotherapy in Europe, Professor of Clinical Psychology at the University of Amsterdam, Professor and Founder of the Academy of Psychosocial Health. Germany, Düsseldorf.*

A "detailed bio-psycho-social model" in psychotherapeutic practice is presented. Intensive course for psychotherapists of all directions.

**Objectives of the course:** This course is offered for all practicing psychotherapists wishing to learn integrative psychotherapy in depth, to reveal for specialists the possibilities of professional self-knowledge, at the same time SELF-KNOWLEDGE METHOD is taught and absorbed through SELF-KNOWLEDGE METHOD. This didactic technique is to ensure the practical application of learned knowledge. Participants of seminars get an opportunity already at the second seminar to analyze situations and cases from their own practice, to carry out integrative supervision.

**The result of the course**: Seminar participants will receive fundamental knowledge about integrative psychotherapy and will be able to apply them in their psychotherapeutic practice, in addition to professional certification.

**ATHOS**  *–*  **HISTORIC SIGNIFICANCE: YESTERDAY, TODAY, FOREVER**

***Sergey Kruglov*** *– Executive Director of "Publishing House Perevet" of the Brotherhood named after Radoniezhsky Saints. Russia, Moscow.*

Culture of Athos: libraries, repositories, special schools, publishing, icon, architecture, life, spiritual practice, mentoring-everything on demand. With his own eyes, a living story about the life of modern Athonians, impressions, teachings, grace of the place and people. Who can 't be here, test for a sample.

**ROUND TABLE**

**“SPIRITUALITY FROM THE PERSPECTIVE OF PSYCHOTHERAPEUTIC APPROACH”**

**MODERATORS:*****Lyubov Bitechtina (Moscow, Russia), Valentina Chernyavskaya (Vladivostok, Russia)***

**Spiritual therapy** is not only the natural use of the mind, which is first of all. mind, but spiritual use of it. It is this skill and skill that is taught in spiritual practices.

The second task - therapy is the **spiritual use of feeling**, which can be internal and external, determined by internal and external abilities, having appropriate equivalents, criteria for expression and the action itself (conscience, commandments).

**The spiritual use of the spirit**, its management, its understanding: the spirit of God, the human spirit, the fallen spirit — they are different, how different is their energy. Typically, these differences are associated with the will and its manifestation in actions.

**Spiritual properties and abilities, their measurement**, what they are, what we have, how to use them and apply them in our life, what help and hindrance. The moral side of spiritual abilities, virtues, their typology, hierarchy, connection with abilities.

**SEMINAR**

**“DIALECTICS OF SILENCE AND COMMUNICATION IN HESIKHASTIC PRACTICE”**

**PRESENTER:** ***Lyubov Bitechtina*** (***Moscow, Russia****)*

The practices of communication and silence are two classes of anthropological and psychological practices that, at first glance, are mutually opposed and mutually exclusive. In reality, however, they depend on each other, and need each other, being connected by complex relationships. At the same time, maintaining certain relations, as well as a certain balance between them, is very important for the mental health of a person. Silence in these respects acts as a specific kind of semiosis, the generation of meanings.

Valuable experience in building a fruitful relationship between silence and communication has been gained in spiritual practices. In Russian culture, such an experience is developed and preserved by the Hesychast tradition of Orthodoxy: as a school of communication and personal building; as a school of spiritual sobriety and mental health.

**SYMPOSIUM**

**“FAMILY AND SPOUSAL PSYCHOTHERAPY AND ECOLOGY OF FAMILY AND CHILDHOOD”**

**CHAIRMEN: *Nina Lavrova (St. Petersburg, Russia), Inna Zezyulinskaya (Sevastopol, Russia), Elena Romanova (Moscow, Russia)***

The use of system-information and resource approaches allows specialists to solve problems related to problems that arise in the family. The desire for reliable and harmonious relationships is a universal factor that ensures the integrity and preservation of the family. The united efforts of systemic family psychotherapy and family counseling are aimed at mobilizing and consolidating family members in problematic situations. The general tasks of harmonization of intra-family relations with overcoming the uncertainty and inconsistency of interpersonal relations are solved. Special attention is paid to the demographic crisis. The crisis is caused not only by a reduction in the birth rate, but also by a decrease in the level of health, education, and personal responsibility of family members. The development of methods and use of psychotherapeutic technologies that help to deal with crisis circumstances is based on the results of research on the family system and the readiness of spouses to perform parental functions. The section will present reports that reveal the latest world achievements of family psychotherapy.

**MEDIATION IS A TOOL FOR SOCIALIZATION OF THE INDIVIDUAL**

**Nina Lavrova** *– full member of the PPL, head of the mediation Committee of the PPL, psychotherapist of the European registry, director of the Center «Alliance». Russia, Saint Petersburg.*

**Nikanor Lavrov** *– candidate of medical Sciences, associate professor of St. Petersburg state pediatric medical University. Russia, Saint Petersburg.*

The acquisition of conflict resolution skills contributes to the socialization of the individual at all stages of its formation. The report examines skills that make it easier to reach agreement in small group disputes. The perspective of mediation in creating a favorable social environment is discussed.

**FAMILY RESOURCES AS CONDITION OF VITAL CAPACITY OF A FAMILY DURING CRISIS**

***Inna Zezyulinskaya*** *– head of the Crimean regional branch of PPL Russia, accredited training psychotherapist-adviser and supervisor of PPL; certified PPL trainer of national level; holder of the European Certificate for Psychotherapy; trainer of the Institute of Practical Psychology “Imaton; Associate Professor of the IPO SRS KIP (Interregional Public Organization for Promotion of Symboldrama – Catathymic Imaginative Psychotherapy Development); supervisory Board member of the National Self-Regulating Organization “Union of Psychotherapists and Psychologists”; head of Applied psychology center “Harmony” and of art-therapeutic workroom “Paints of the Soul”; author of Metaphorical associative cards “Harmony” and of the course of intuitive painting "Intuitive painting as a creative method of self-knowledge and self-development"; author of the project “Psychological lounge. The Art of Living". Russia, Sevastopol.*

The report dwells upon vital capacity conditions of a family during crisis and stresses. The author of the report studies concepts of family resources and family vital capacity; different components of family resources are described. The report also analyses the contribution of each element from resources of family system to the situation of resistance to hardships and coping with crisis.

**FEATURES OF LIFE CYCLES OF FAMILIES WITH SPECIAL CHILDREN**

***Elena Romanova*** *– practicing psychologist, system family consultant in the modality of system family psychotherapy Eastern version (SSTV), Erickson hypnotherapist, professional mediator, Full member of the PPL, Head of the educational direction in the modality of SSTV, Head of the working group on System school mediation of the PPL mediation Committee, member of the Supervisory Board of the SRO "Union of psychotherapists and psychologists", General Director of "Studio of innovative psychology and mediation "EGO". Russia, Moscow.*

The report examines the concept of periodization for families with special children. The problems of family-oriented assistance to families with a special child are discussed. The types of adaptation of families with a special child to normal life are considered. The components of the ideology of family normalization are discussed.

**INFLUENCE OF INTERPERSONAL FAMILY RELATIONS ON RESULTS OF CARDIOLOGYCAL SURGERY**

***Natalia Golubeva*** *– clinical psychologist, family systemic psychotherapist, certified specialist in the existential humanistic psychotherapy, mediator, head of the Healthcare mediation working group in PPL, full member of PPL, East European Association of Existential Therapists member. Russia, Moscow.*

***CO-AUTHORS:*** *Lishuk A.N., Koltunov A.N., Kornienko A.N., Esion A.G., Karpenko I.G., Ivanov D.V. (3RD Central Military Clinical Hospital Named After Vishnevsky A.A.).*

The report reviews influence of the interpersonal relations on the results of cardiological surgery. It is noted there that a high quality performed heart surgery irrespective of the level or volume of a myocardium damage incurred shows excellent results in terms of complications absence, speed of recovery, decrease of rehabilitation time, lower level of lethality and this is due not only to the professional work of a medical personnel. Surgery results are being influenced by psychological condition of a patient, the support he receives from his relatives prior to the surgery itself. Main key to the cardio surgery results improvement lies in positive interpersonal relations which in their turn influence lowering of the stress on sympathicoadrenal system.

**SYSTEMIC FAMILY THERAPY: POSSIBILITIES OF INTEGRATION WITH OTHER PSYCHOTHERAPEUTIC METHODS**

***Varvara Medvedeva*** *– psychologist, systemic family consultant in department Systemic family therapy Eastern version, psychologist using processual-oriented methods, psychoanalytic therapy methods, kinesiology consultant, mediator; full member of the PPL, member of the working group on mediation in the field of healthcare of the APPL mediation committee, creative director of the Systemic family therapy Eastern version department of the PPL, full member of the “Union of Psychotherapists and Psychologists”. Russia, Moscow.*

The report highlights positive aspects of the experience of incorporating psychoanalytic concepts and processual approach techniques in systemic family psychotherapeutic practice.

**MEDIATION APPROACH IN SYSTEMIC FAMILY THERAPY, TAKING INTO ACCOUNT THE AGE CHARACTERISTICS OF THE CHILD IN RESOLVING CONFLICT SITUATIONS BETWEEN PARENTS AND CHILDREN**

***Elena Nikitonova*** *– practicing clinical psychologist, systemic family consultant in the modality of systemic family psychotherapy, Erickson hypnotherapist, professional mediator, Full member of the PPL, Full member of the Russian Biofeedback Association (BOS).*

The report considers the mediation approach as an effective way to resolve conflicts between parents and children. The article discusses the features of the choice of mediation techniques taking into account the child\'s age and the formation of a new model of interpersonal relations in the family.

**WORKING WITH A FAMILY SCENARIO**

***Lyudmila Petukhova*** *– candidate of psychological Sciences,holder of The European Certificate of Psychotherapy (The European Association for Psychotherapy), certified transactional analyst, member and coach of the International Association of transactional analysis, full member of the PPL. Russia, Moscow.*

The report presents practical work with the client, that demonstrates the importance of the influence of the family scenario on the life of the individual. This work was carried out using the author's method. The materials of the sessions and the results of the work will be demonstrated.

**WOMAN INHERENT VALUE IMPROVEMENT AS A FACTOR OF FAMILY PRESERVATION**

***Liudmila Kasiianchuk*** *– psychologist, actual member of Professional Psychotherapeutic League, member of PPL since 2010, institutor and head of psychological support center for women “Kassiopeia” since 2010, individual and family counseling. Russia, Sevastopol*.

Beneficial impact of woman inherent value improvement on the quality of her life is considered in the report. Special attention is given to positive changes in family environment. Group woman psychotherapy is also considered. Psychotherapeutic instruments that influence on femininity are defined.

**SHORT-TERM FAMILY COUNSELING FOR FAMILIES IN A CRISIS**

***Olga******Kalkuzova*** *– psychologist, system family therapist, full member of the PPL. Russia, Sevastopol.*

This report discusses the issues of applying of short-term family counseling in the modality System Family Psychotherapy: Eastern version of OPPL. The report discusses the features of the refinement of the request, the identification of goals in short-term counseling. It also considers the methods that allow to satisfy the request during short-term family counseling in a crisis.

**COPING OF THE FAMILY SYSTEM WITH GROWING UP CHILDREN’S MENTAL DISORDERS PROBLEMS**

***Yulia Vlasova*** *– candidate of psychological sciences, a consultant of the Tale and Myth publishing house, a scientific editor of the Jungian Analysis journal, a lecturer and a supervisor of the Russian Society of Analytical Psychology, a practicing psychodrama therapist. Russia, Moscow.*

The report examines the problem of families with young people with mental disorders. The definition of the term "resistance to growing up" is given. The forms of manifestation of destructive phenomena in the family are discussed. Psychocorrection within the framework of psychodrama is proposed.

**COPING OF THE FAMILY SYSTEM WITH GROWING UP CHILDREN’S MENTAL DISORDERS PROBLEMS**

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**PSYCHOTHERAPY OF DIVORCE**

***Olga Figurova*** *– psychologist, specialist in family systemic psychotherapy, eastern version (CTVV-A), full member of the interregional public organization for promoting the development of the symboldrama of Katatimno-imaginative psychotherapy (MOO SRS KIP), full member of the All-Russian Professional Psychotherapeutic League (OPPL), Russia , Moscow.*

The report examines the psychological support in family systemic psychotherapy from the point of view of living stages of mourning. The definition of the concept of divorce is given. Possible reasons for divorce, especially psychological assistance in divorce are considered. The emotional state characteristic of each stage of loss is discussed; tasks to be completed at each stage. The importance of the stage of acceptance and restructuring of past pay in marriage

**SOCIAL PSYCHOSING HEALTH OF CHILDREN ON THE FAMILY, LIFE IN A DIFFICULT LIFE SITUATION**

***Margarita Ryazanova*** *– psychologist, neurolinguistic psychotherapy - neurotransformation, advisory member of the Professional Psychotherapeutic League, psychologist of the Center for Social Assistance of the Novovich district of Kirov. Russia, Kirov.*

The report examines the application of the method of neurolinguistic psychotherapy - neuro-transformation in conjunction with art therapy. Examples of the psychologist's work with families in difficult life situations and having problems of child-parent relations are analyzed. The role of mom and dad in good psychological health is considered.

**INTEGRATIVE APPROACH TO WORK WITH TRANSGENERATIONAL TRANSMISSION OF TRAUMA**

***Elena Goltvyanskaya*** *– orthodox psychologist, expert in family psychotherapy, candidate for the title of certified transactional analyst in Europe, full member of the Professional psychotherapeutic League, Catechist, Teacher of children's Sunday school.*

The report examines the phenomenon of transgenerational transmission. Given the definition: destructive hamartias life scenario; “unfinished regret”. The integrative approach is discussed in working with this issue. The review of tools for practical activity in family system psychotherapy is presented.

**MODERN MARRIAGE: EXPECTATIONS AND REALITY**

***Anna Zolotareva*** *– clinical psychologist, family therapist, member of the Association of Sand Therapy and the Association of Cognitive Behavioral Therapy, full member of the PPL, official teacher of the PPL. Russia, Saint Petersburg.*

The report examines modern methods of diagnosing disorders in family relationships. The hypothesis of the influence of the attitudes of the family of origin on the occurrence of double messages in the family is considered. The expectations of partners in various areas of family life and the possibilities of their implementation are discussed.

**HEALTHY FAMILY**

***Tatyana Kriusheva*** *– student of the Tollyatti State University, member of Association of Psychologists of Uzbekistan, member of the International Association of Game Practice, Head of branch of development department of the EOAS Uzbekistan innovative technologies, practicing psychologist, game practitioner, organizer of the international festival of psychology of SIMURG. Uzbekistan, Tashkent.*

We all strive to start a family and live happily for the rest of our lives, but our expectations do not always coincide with our reality. IN In the report, I will tell you the most important stages in the family and how to constructively go through these stages.

The event will be interesting for: wide audience.

This topic was born thanks to my five years of practice and my knowledge. At my speech, we will discuss painful moments in

family and how to cope with them so that life is happy and the “weather” in the house is warm and rosy.

**PSYCHODIAGNOSTICS TESTING IN “FITIL” DATING-SERVICE: METHOD, INTERPRETATION, AND RESULTS**

***Nataliya Kudenko*** *– entrepreneur, founder of dating-app “Fitil” that helps people to find a partner for a serious relationship. Russia, Moscow.*

This report discusses the psychodiagnostics “PQT”(Personality Questionnaire Test) created by L.N. Sobchik, doctor of psychological sciences. This test is implemented in a dating-app Fitil for Android and iOS platforms in the real world use cases. We will consider the problems of relations between sociological aspects and personality psychology for the dating application purposes. Additionally, we will consider the possibility of further elaboration of the technology due to collaboration with modality of the system family psychotherapy, eastern version OPPL.

**CROSS-CULTURAL MARRIAGES**

***Oksana Mikhailova*** *– educational psychologist, member of the Professional Psychotherapeutic League, member of the Federation of Educational Psychologists in Moscow. Russia, Moscow.*

The report examines family relations through the prism of cross-cultural marriage, the construction of a genogram in order to identify the functional resource of the family in family psychotherapy.

**SOME ASPECTS OF WORKING WITH COUPLES EXPERIENCING “CHRONIC” AFFECTS OF REVULSION (REJECTION) TO EACH OTHER BASED ON THE LONG-TERMTHERAPY CASES**

***Ekaterina Ivanova*** *– Master in Education, psychologist, gestalt therapist, head of “Social lift” Gestalt Therapy Center, full member of PPL Russia, Coordination Board member of Psychotherapeutic Guild, member of Ethics Committee of Psychotherapy and Training Guild. Russia, Saint Petersburg.*

The report includes a short literature review on couples and family therapy. A focus is made on the work of partners’ aversion of each other’s personality and habits (in different approaches).

Practical examples are based on the author’s work with an affect during a therapeutic session which is caused by a wish to hurt or kill each other or family members. Fightings during a psychotherapeutic session. Methodological aspects (psychotherapeutic methods, techniques, approaches to work).

Long-term therapy has its own unique possibilities. This form of therapy further includes the detailed work with partners’ restructuring of the meaning of marriage.

The approach enlarges the couples’ ability to integrate each other’s unpleasant traits; this issue is a part of the report.

**SYMPOSIUM**

**“SUPERVISION IN PSYCHOTHERAPY AND COUNCELING”**

**CHAIRMAN: *Inga Rumyantseva (St. Petersburg, Russia), Dmitry Saraikin (St. Petersburg, Russia), Vladimir Snigur (Moscow, Russia)***

Supervision in one form or another is a mandatory part of psychotherapy training. The options of interaction between people, which operates both personality-oriented and symptomatic therapy, are so infinitely diverse that, despite professional and life experience, the formal status of a psychotherapist, the test of difficulties is inevitable. These may be General difficulties arising from the therapist's lack of awareness, experience, or emotional burnout. Or private, such as issues of countertransference, personal relationships with the patient, blind spots, technical aspects of psychotherapy.

Supervision is an organized learning process that has administrative (organizational) and substantive (clinical) tasks, in which principles are transformed into practical skills.

The overall objectives of the supervision are to improve the quality of psychotherapy, as well as the training of professionals in the field of psychotherapy. Almost every recognized school of psychotherapy or psychological Association has in its composition the Institute of supervision, is engaged in training experienced professionals in the skills of supervision. Meanwhile, the current trend towards the integration of psychotherapeutic approaches dictates the need to create interdisciplinary, holistic models of supervision.

Our panel invites fellow psychotherapists to take part in the dialogue of professionals representing various models of supervision and is organized as a share point during oral reposts and presentations, demonstrations, discussions.

The global aim of the panel is to demonstrate the diversity of Russian and World supervision, to create an inter-developmental framework, to provide vast opportunities of using the international experience of fellow supervisors as an accelerator of professional efficiency growth.

**DIFFERENCE IN PROCESSES IN GROUP SUPERVISION: GROUP FACILITATION AND CASE INTERPRETATION, INTERMODAL APPROACH**

***Inga Rumyantseva*** *– psychologist, vice-president of the All-Russian Professional Psychotherapeutic League. Chairman of the PPL Supervision Committee. Certified supervisor of the PPL, Full member of the PPL. Chairman of the Regional Branch of the PPL in St. Petersburg and the Northwestern Federal District. Member of the Supervisory Board of the National Self-Regulatory Organization "Union of Psychotherapists and Psychologists". Holder of the European certificate for psychotherapy. Organizer of international scientific congresses and Psyfests by the PPL. Russia, Saint-Petersburg.*

The intermodal approach defines both opportunities and limitations in structuring the work of group supervision. It is important for students of supervision from different backgrounds to see the difference between supervision in modality and intermodality. We will talk about the structuring of the process, the condition for separating group facilitation from case supervision. And so we will discuss what hinders and helps the consideration of a case.

**STRUCTURE OF TRAINING SUPERVISION IN CLINICAL HYPNOSIS**

***Vladimir Snigur*** *– MD, psychotherapist, simultaneous interpreter and translator; TFP training candidate; member of the Russophone community for TFP, member of the Association of specialists in the field of clinical hypnosis; author and teacher of the training course “Fundamentals of clinical hypnosis” , private practice. Russia, Moscow.*

The report presents the structure of the model of training supervision in the process of training in the basics of clinical hypnosis for psychologists and psychotherapists. The hypnotherapeutic session is viewed as a structured process including clarification of the request and diagnosis, formulation of a shared goal, building a therapeutic frame, planning and conducting the intervention. The role of the teacher-supervisor in the development of an active and creative position of students is emphasized. Supervision according to this structure contributes to students' assimilation of the material and effective conducting of interventions.

**EXPRESSION OF THE SPIRITUAL CAPACITIES AT RENDERING SUPERVISOR SUPPORT**

***Elena Korablina*** *– Doctor of Psychology, PhD, Professor of the Department of Psychology of Professional Activity of the Institute of Psychology of the Russian State Pedagogical University named after A.I. Herzen, professor at the Estonian Institute of Applied Logotherapy, member of the Coordinating Council of the St. Petersburg Psychological Society, member of the Audit Commission of SPbPO. Member of the Coordinating Council of the Guild of Training and Psychotherapy. Russia, Saint-Petersburg.*

***Kirill Alekseenko*** *– psychologist, post-graduate student of the Institute of Psychology of the Russian Academy of Sciences, head of the educational unit of the North-West Academy of Osteopathy and Medical Psychology, teacher, consultant of SKET by L.P. Troyan. Russia, Saint Petersburg.*

The report examines the role of spiritual capacities in the professional activity of a psychotherapist (psychologist), supervisor. Particular attention is paid to supervision as a kind of consulting a practicing psychotherapist (psychologist) with a more knowledgeable colleague in the course of professional activity. Spiritual capacities and the role of the supervisor are viewed in the light of the subjective approach.

**INTERCULTURAL SUPERVISION IN PSYCHOTHERAPY**

***Agostino Portera*** *– Ph.D. (University of Freiburg, Germany), Full Professor of Intercultural Education at the University of Verona (Italy); Head of the Center for Intercultural Studies of the University of Verona; Director of the Master “Intercultural Competences and Management”, President of the Degree in Educational Sciences since 2009, has published twelve books and several articles on immigration, identity, intercultural education, intercultural competence, intercultural counselling (Italy).*

Today, due to rising globalization and interdependence, professional encounters occur increasingly between persons holding different beliefs, values and behavior. Many scholars assume that the intercultural approach could provide a great support for facing these new challenges in an appropriate and effective way. However, confusion exists among ‘multicultural’, ‘transcultural’ and ‘intercultural’ approaches. After a short review about intercultural terminology and semantics, Portera will present some practices relevant aspects of intercultural supervision.

**TO THE ISSUE OF THE FEELINGS EXPERIENCED BY BEGINNING COUNSELLING SPECIALISTS IN REGARD TO SUPERVISION**

***Elena Zinovieva*** *– Certified Supervisor, Ph.D., Associate Professor of the Department of Personality Psychology, Head of the Psychological Clinic of St. Petersburg State University, curator of the trajectory “Individual Psychological Counselling”of the Master's program "Psychology of Personality", practicing psychologist-consultant, member of the OPPL.*

The report will present the results of an empirical study of the feelings towards supervision of beginning counselling specialists with different past experience in taking supervision. The data about feelings in the course of supervision itself as well as feelings associated with reference for supervision or avoiding supervision, will be presented. The results obtained will give an idea of the meanings that beginners associate with supervision.

**FEATURES OF THE CARL ROGERS CLIENT-CENTERED SUPERVISION MODEL**

***Viktor Kuzovkin*** *–**Candidate of psychological sciences (PhD); Associate Professor; Head of the Information Department of the Psychological Institute of the Russian Academy of Education; the head of the non-commercial partnership «Scientific-Practical Centre «TRIAD»; full member and co-chairman of the modality «Client-Centered Therapy» of the Professional Psychotherapists’ League; person-centered psychotherapist. Russia, Moscow.*

The report will present the features of the client-centered model of supervision by Carl Rogers and its improvement by his followers. The Rogers supervision program will be considered as a step-by-step experience enhancement, which gives psychotherapy students the opportunity to see the "sincerity", "empathy" and "unconditional positive acceptance" demonstrated by their supervisors, and to practice these qualities themselves. It will also be noted the importance of structuring the process of client-centered psychotherapy in conjunction with the creation of necessary and sufficient conditions aimed at positive personal changes that should occur with the client, which together should be included in the system of step-by-step improvement of the supervised experience.

**SUPERVISION IN PROCESS-ORIENTED PSYCHOLOGY AND PSYCHOTHERAPY**

***Liudmila Serbina*** *– Ph.D, psychotherapist, Dipl.PW, leader of the Process-oriented psychology and psychotherapy modality in OPPL. International level teacher, supervisor, psychotherapist of OPPL. Member OPPL, IAPOP аnd EAP. Lecturer of the Institute Integrative Psychology and Psychotherapy, of the International Diploma Program in Process-Oriented Psychology of The International Center For Process Work (ICPW). Russia, Moscow.*

Features of supervision in Process-oriented psychology and psychotherapy. Various types of supervisory work. Structure of the supervision session.

**METHODOLOGY OF THE KNOWLEDGE SYSTEM OF ECOLOGY OF THOUGHT BY L.P. TROYAN AND ITS ROLE IN SUPERVISION**

***Lyudmila Troyan*** *– Doctor of Natural Sciences, president of Benevolent Fund by L.P. Troyan “ECOLOGY OF THOUGHT”, head of regional branch of Professional Psychotherapeutic League of Russia (PPL) The Knowledge System of ECOLOGY OF THOUGHT (KSET by L.P. Troyan), certified personal therapist of the PPL, full member of PPL. Russia, Moscow.*

The report explores the methodology of the Knowledge System of ECOLOGY OF THOUGHT by L.P. Troyan as a key to successful theory and practice of supervisors in the work with supervisees and their requests.

**A MODEL OF A SUPERVISOR'S IDEAL LIFE**

***Olga Bekisheva*** *– doctor of psychiatry, psychotherapist, gestalt therapist, psychoanalyst, third-year postgraduate student of the Department of Socio-Cultural Development at the stage of defending a PhD thesis, scientific supervisor. Georgia, Batumi.*

The report examines the model of an ideal personal life of a manager based on eight main groups of archetypes of psychic reality. And, it turns out, starting with the study of the simplest group of archetypes of human affection, we are faced with ignorance of how a supervisor should live and which people can enter the inner circle of the personal life of the supervisor himself.

**USING CONCRETE SYMBOLS –A OTHER APPROACH IN SUPERVISION**

***Heidi Krüger*** *– psychotherapist. Germany, Jena.*

***Christa Bravidor*** *– psychotherapist. Germany, Jena.*

In addition to the supervision based on verbal reports of the supervisee we work with specific symbols. This has proven to be an effective method especially when the therapy is stagnating. The supervisee illustrates how he perceives the patient and him or herself in the relationship to the patient using symbols. During the therapy, the patient’s repeating re-enactments of former relationship experiences with primary objects become immediately visible. This helps the therapist to understand the patient better. Therefore, the countertransference can change and the therapist is able to continue the therapy effectively again since dysfunctional patterns stop repeating themselves. Subsequently, this enables new and healing relationship experiences for the patient. We illustrate our approach by using examples.

**SUPERVISION AS A KEY LINK OF PSI SERVICES QUALITY MANAGEMENT SYSTEM**

***Olga Prikhodchenko*** *– certified supervisor of the All-Russian Professional Psychotherapeutic League, psychotherapist of the Unified European Register, executive secretary and member of the Central Council of the OPPL, manager of the international level of the OPPL, chairman of the disciplinary commission of the National Association "Union of Psychotherapists and Psychologists". Russia, Novosibirsk.*

The report discusses the problems, the need, and the possibilities of supervision in the implementation of quality management of the service provided by a psychotherapist (psychologist).

**3D MODEL OF IN-DEPTH SUPERVISION: THE KEY CONCEPTS AND PRINCIPLES**

***Tatiana Lukashonok*** *– psychologist, translator, an existing member of Professional Psychotherapeutic League, a member of the Union of Translators of Russia, international clinical research lead. Russia, St. Petersburg.*

In this report, the supervision is being represented as a 3D globe model, where the continents symbolize seven main concepts outlining this process.

Few examples to mention: the origin of the psychoanalysis and supervision; client cases and different approached to case analysis; the process of supervision and its essentials; training and development of the individual supervision style, etc. Every concept is being reviewed from the perspective of its key terms.

The notion of the ‘lost continent’, Atlantis, stands out among others, which signifies Metapsychology, as a grey area in the modern psychoanalysis. This is a brand new idea described in the report to represent supervision with the help of geographical symbols, which is why it is deemed pivotal to introduce the main criteria to prove its consistency, such as novelty, accuracy of construction, simplicity and conformity between its elements, the principle of invention and flexibility, the characteristics of beauty and harmony.

**EXAMPLE OF A PROFESSIONAL GUIDANCE CASE SUPERVISION. FEATURES OF SUPERVISION WORK**

***Svetlana Vasina***

**REFLEXIVITY CHANGES DURING EXISTENTIAL SUPERVISION**

***Marija Vastake*** *– Masters of clinical psychology, existential therapist and supervisor at The Institute of Humanistic and Existential Psychology, PhD student at Vilnius University. Main research interests include existential therapy and supervision. Member of East European Association for Existential Therapy. Lithuania, Vilnius.*

This paper outlines reflexivity changes during supervision from the perspectives of supervisees. Definition of Reflexivity in supervision is given. The research is based on the description of the experience of 8 participants of the research. The analysis of the obtained interview data was based on the method of Interpretative phenomenological analysis.

**HYPERVISION AS A SYSTEMATIC VIEW OF THE PROCESS OF LEARNING AND PRACTICE OF SUPERVISION**

***Alexey Kostrichkin*** *– psychologist, coach, the Inner Game methodology facilitator, emotion-image therapist, schema therapist, accredited supervisor and full member of the Professional Psychotherapeutic League of Russia.*

A model of hypervision as a new form of training and improving professional skills of a supervisor is presented. The essence, goals and objectives of hypervision are revealed, the process, types and forms of its implementation are discussed in the report.

**HOW NOT TO GET INTO THE TRIANGLE: INTEGRATION OF SUPERVISION RESULTS INTO WORK WITH THE CLIENT**

***Marina Avanesyan*** *– psychologist, associate professor, candidate of psychological sciences. St. Petersburg, private practice.*

The report discusses the situation of using the information received in the process of supervision in further work with the client. Applying for supervision, the psychologist involves a third person in the relationship that has already developed between him and the client. In this regard, there may be tension in the relationship, caused by changes in the behavior of the psychologist, his vision of the client and himself, as well as what happens between them. Based on the analysis of the situation, a classification of difficulties associated with the integration of the results of supervision into the current work with the client is proposed.

**COUNTERTRANSFERENCE AS A NECESSARY COMPONENT OF SUPERVISION, WITHIN THE FRAMEWORK OF THE THERAPIST'S PERSONAL GROWTH AND SAFETY OF THE PSYCHOTHERAPEUTIC SPACE**

***Alexander Tsapenko*** *– head of the psychological safety center, psychologist, supervisor, fate analyst, lecturer at the Russian Professional Psychotherapy League (PPL), he is a hypnologist, NLP-master, coach (ICF), specialist in the work with RPP, the author and facilitator of training and developmental courses, founder of the online school "Method Tsapenko", writer and publicist, the author of scientific articles.*

Supervisions should be periodically undergone by a professional of any level, and at the beginning of one's professional development. Participation in supervisions should be as frequent as possible. The report describes a case from the practice of supervision, which shows different levels of countertransference, which prevented the therapist from overcoming resistance and seeing the case in such a way as to build an effective psychotherapeutic construct to achieve results.

**PECULIARITIES OF GROUP DYNAMICS MANIFESTATION IN ONLINE SUPERVISION GROUPS**

***Marina******Goguyeva*** *– Candidate of Psychological Sciences, psychologist of the highest qualification category, accredited supervisor of the OPPL, founder of the online school for psychologists and coaches "School of Consultants", psychologist of leaders and top officials of organizations, No. 1 in the top 10 most successful women of the KCHR (2022). Stavropol, private practice*

The report presents the author's experience of conducting four cycles of online group supervisions. The options for using various online services for conducting groups are shown. Recommendations on the organization of online supervisions are given. The central theme of the report is the manifestation of group dynamics in the online space. It is shown how not to confuse the dynamics with the usual technical problems. The author will share his difficulties and ways to overcome them when working online.

**RESEARCH OF SOME PSYCHODYNAMIC PHENOMENA IN ONLINE PSYCHOTHERAPY**

***Dmitry Saraykin*** *– full member and accredited supervisor of PPL, certified specialist in the sphere of psychodynamic psychotherapy and supervisor of DAP. Russia, Saint-Petersburg.*

The report presents the results of a practical supervisions study of the relationship between important aspects of online psychotherapy (hermeticity of space, quality of connection, etc.) and some psychodynamic phenomena (parallel processes, fantasies, dreams, and psychological defenses) in the "psychotherapist-client" dyad. The work of unconscious mechanisms is emphasized; the definition of "online space" as an important "third object" in the process of psychotherapy is given.

**SYMPOSIUM**

**“TRANSMODAL SUBJECT ANALYSIS AND PSYCHOTHERAPY OF TERRITORIAL PROBLEMS, EVENTS AND SOVEREIGNTY”**

**CHAIRMAN:** ***Lyubov Khokhlova (Moscow, Russia)***

The territory is a phenomenon that arises as a construction of consciousness, the elements of which are both objective and subjective structures of life activity. It is possible to single out a physical territory (land, apartment, house, country, etc.), a social territory (place in society and in various social groups), as well as the territory of the inner world of the individual. Psychotherapy for the problems of gaining and owning territories. Territories of the individual in society, in science, in psychotherapy. Development of internal territories as a factor in the development of subjective strength. Management of subjective eventfulness.

**ATTACK ON ARCHETYPES, ON INTEGRITY OF THE PERSON, ON THE FAMILY, ON SOVEREIGNTY**

***Lyubov Khokhlova*** *– PhD, Associate Professor at the Institute of the Moscow Social and Pedagogical Institute, EAP-certified psychotherapist, full member of the PPL, head and author of The Transmodal subjective psychotherapy and consulting modality, Moscow, Russia.*

National security is the state of protection of the individual, society, state from internal and external and intrapersonal threats, which allows to ensure a decent quality and standard of living for citizens, sovereignty and sustainable development. The new challenge of psychotherapy is an attack on integrity, causing a deep restructuring of all systems. Psychotherapy of possession of territory. Trans-level Subjectivity as a Basis for Sovereignty and System Development Dynamics.

**VITAL FORCE OF A CHILD AND THE SAFETY OF HIS DEVELOPMENT AS AN ACTING SUBJECT**

***Vera Abramenkova*** *– doctor of psychological sciences, member of International academy of sciences of pedagogical education, chief researcher of the Institute for the study of childhood, family and education of Russian Academy of Education.*

The safe development of childhood is a counter process directed from the outside to the protection of the child and childhood as a whole by society (exosecurity) in combination with endosecurity – subjective transpersonal strength, security.Endogenous factors are clearly manifested in difficult life circumstances (extreme situations), when resources are mobilized at the spirit–soul–body levels. The process of growth involves the activation of the child's subjective position for the successful solution of age-related development tasks at each stage of adulthood. The phenomena of child heroism and child holiness are the embodiment of the subjective power of the child in history and modernity.

**DEEP PSYCHOLOGICAL FOUNDATIONS AND THE DIFFERENCE OF MYTHOLOGICAL SYSTEMS IN THE CHILD”S FORMATION AND SUBJECTITY**

***Anastasia Sysovskaya*** *– student of the Faculty of Practical Psychology of the Department of Retraining "Transmodal Subjective Counsulting" of the Moscow Social and Pedagogical Institute. Russia, Moscow.*

The peculiarities of the territory, the mythology of the people have a significant impact on the formation of the subjective power of the child. The potential of a particular territory is inevitably associated with the formation of a special type of resource capacity of the population and its psychological security.

**DOUBLE MESSAGES IN PARENT-CHILD RELATIONS and how they UNDERMINING THE PROTECTION OF THE CHILD'S PERSONALITY**

***Natalia Makhmudova*** *– psychologist-consultant, speech therapist and defectologist of the speech therapy center. Russia , Moscow.*

The mother or other significant relative has been consistently “confusing” the child for many years, telling him double messages, thereby forming flaws in the understanding. As a result, the process of grasping the meaning of the message by the child becomes almost impossible. The transmission of this flaw through the genealogical tree subsequently leads to the accumulation of this miscommunication. The result could be psychopathology or speech development disorders.

**PSYCHOTHERAPY OF PROBLEMS OF MASTERING SOCIAL AND GEOGRAPHICAL TERRITORIES**

***Tatiana Iutina*** *– psychologist-consultant in the direction of “Transmodal Subjective Counsulting ", full member of the OPPL Russia, Moscow.*

Mastering the picture of the world is based on psycho-geographical constructions of the inner world of the personality, which correlate with its achievements. Often clients, having personal resources, are not able to position themselves in society and own the territory. The damage of the "psycho-geo-graphic map” (L.P.Khokhlova, 1995) can be restored, each time revealing heterogeneous nodes in the deep layers of the psyche that lie beyond myths.

**TRANSFORMATION FROM A BENEFICIARY TO A BENEFIT PROVIDER**

***Lyudmila Sevostyanova*** *– practical psychologist, active member of PPL and the President of Charity Fund named after Ilya Sevostyanov, Chelyabinsk, Russia.*

Young people's mindset which is aimed at receiving benefits has a negative effect on socialization and harmonic development of a personality; it also affects unlocking of people's creative potential. Those factors result in damage to social development. The experience of using holodynamic social programs revives the essence of a benefit provider that surely has positive effect on revival of human capital (i.e. talents and creativity).

**CONJUGATION OF THE TERRITORIES OF A MAN AND A WOMAN IN A PSYCHOLOGICAL COUNSULTING**

***Leonid Nam*** *– student of the Faculty of Practical Psychology of the Department of Retraining "Transmodal Subjective Counsulting" of the Moscow Socio-Pedagogical Institute, full member of the OPPL. Russia, Moscow.*

Psychological studies show the importance of the formation of subjective power as a factor and resource in the formation of the territory of the relationship between a man and a woman. It was revealed that in successful relationships the subjective power includes both masculine and feminine qualities of a person. In less successful relationships, there was a one-sided formation of the idea of ​​subjective power, more often as a masculine one.

**CONFLICT "INTERNAL** *–* **EXTERNAL** *–* **ABSURD" IN PERSONAL RELATIONSHIPS**

***Olga Prostomolotova*** *– psychologist-consultant in the direction of “Transmodal Subjective Counsulting”. Russia Moscow.*

Heterogeneous semantic linkage(coupling) in the client”s subjective world . The methods of transmodal subjective psychotherapy and counseling are aimed at identifying absurd subjective semantic connections that represent the structure of the “matryoshka”. The transformation of immature personal relationships involves a significant restructuring of intricate interior territories. In the process of individual psychotherapy, a person comes to common sense through subjective movement.

**DYNAMICS OF ANXIETY IN GROUP AND INDIVIDUAL TRANSMODAL SUBJECT PSYCHOTHERPY**

***Olga Medvedeva*** *– student of the Faculty of Practical Psychology of the Department of Retraining "Transmodal Subjective Counsulting " of the Moscow Socio-Pedagogical Institute, Italy, Riva del Garda.*

The problem of owning internal, social and external territory sooner or later involves the restructuring of personal constructs, which causes a special kind of personal anxiety, namely, induced transient anxiety (Khokhlova L.P., 2020), which can be a criterion for assessing the degree of effectiveness of the psychotherapeutic process as in group and individual psychotherapy.

**NEURAL RESONANCE MODEL AND NEW OPPORTUNITIES IN COGNITION**

***Boris Autenshlus*** *– ph. d.-m. sc., autenshlus1@mail.ru,* ***Vorontsov V. A****., ph. d.-m. sc., (National research nuclear University MEPhI.*

***Boris Levkovich*** *– National research nuclear University MEPhI.*

***E. Levkovich*** *– Institute of applied Informatics and management.*

***I. Ulyanov*** *– ph. d.-m. sc.*

The resonant law is one of the tools underlying the existence of the Universe. Building a mathematical model based on neural and resonant principles provides new opportunities for understanding the laws of existence.

**NEURAL ANALOGY OF THE PHENOMENON OF PSYCHOLOGICAL RESONANCE IN GROUP PSYCHOTHERAPY**

***Anastasia Khvalibova*** *– student of the Faculty of Practical Psychology of the retraining Department” Transmodal Subjective Counsulting, ”Moscow Socio-Pedagogical Institute. Russia, Moscow.*

In group transmodal subjective psychotherapy, the client as a subject has the opportunity to choose, according to the method of controlled psychological resonance, the carrier of his problem for dialogue, as well as a character for working out internal implicit aggression. The phenomenon of “white resonance” is used to implement the transcendental function of the client in order to coordinate heterogeneously entangled patterns of consciousness (Khokhlova L.P.). A model of “neural analogy“ of this process has been developed.

**TRANSDISCIPLINARY APPROACH TO THE PROBLEM OF MEASURING THE ENERGY POTENTIAL OF THE INDIVIDUAL AND HIS DEVELOPMENT**

***Vyacheslav Ananchenkov*** *– psychologist, member of OPPL Russia, Moscow.*

To achieve the vital goals of the individual, it is necessary to learn to control the life force. A transdisciplinary approach to the work of Western and Oriental scholars and practitioners in this field creates a system of quantitative measurement of life force. There is an urgent question of developing conscious ways of accumulating and combining heterogeneous reservoirs of human power.

**METHODS OF WORKING WITH PSYCHOLOGICAL PROTECTION IN TRANSMODAL SUBJECT PSYCHOTHERAPY**

***Evgenia Romanova*** *– psychologist in the direction of "Transmodal Subjective Counsulting ". Russia, Moscow.*

The phenomenon of psychological protection of a person and methods of working with third-order protection mechanisms (Khokhlova L.P.) lead to the topic of dissociated subpersonalities. In transmodal subjective counsulting, there are opportunities to detect personality dissociations that block sensuality, prevent the acquisition of integrity and the development of individuality. The report discusses examples of working with clients.

**PERCEPTION AND UNDERSTANDING BY PEOPLE OF EACH OTHER IN THE PROCESS OF GROUP TRANSMODAL SUBJECT PSYCHOTHERAPY**

***Irina Kovaleva*** *– psychologist in the direction of "Transmodal Subjective Counsulting ". Russia, Moscow.*

In the process of group transmodal subjective psychotherapy, there are significant changes in people's perception and understanding of each other based on the experience of client dialogues on a resonant basis in order to solve their problems. Problems are worked out along the vectors “Student-Trainer”, “Student-Teacher”, “Teacher-Trainer”. The ability to operate with third-order knowledge and a new sensitive status of the observer are being formed.

**TRANSFORMATION OF HETEROGENEOUSLY-AGLUTINED STRUCTURES OF INDIVIDUAL CONSCIOUSNESS IN THE PROCESS OF GROUP PSYCHOTHERAPY**

***Lyubov Khokhlova*** *– Ph.D. in Psychology, Professor of the Moscow Social and Pedagogical Institute, psychotherapist of the European Register, full member of the PPL, leader and author of the modality “Transmodal subjective psychotherapy and consulting modality”. Russia, Moscow.*

***Anna Kotomina*** *– Master of Psychology in the direction “Transmodal subjective analytics”. Russia, Moscow.*

An important role in changing and transforming the destructive phenomena of society and in personal life is played by group psychotherapy and work on oneself. Testing of participants, conducted “before” and “after” the group training “Psychological Resonance”, showed significant changes and restructuring of heterogeneous categorical structures of individual consciousness, in contrast to control groups that did not conduct group psychotherapy.

**SYMPOSIUM**

**“ACHIEVEMENTS AND PERSPECTIVES OF EMOTIONAL IMAGE PSYCHOTHERAPY”**

**CHAIRMAN: *Nikolay Linde (Moscow, Russia)***

Emotional Image (or analytically effective) Therapy was created in Russia in the early 90s of the XX century. The method belongs to psychodynamic psychotherapy, but the EIT modality has several peculiarities and advantages. EIT has already become a method used in daily life to solve actual psychological problems, and at the same time EIT is a way to constant personal growth and spiritual development.

The main advantage of the method is quick diagnosis that is achieved through spontaneous images expressing traumatic feelings of a client, as well as precise emotional semantic impact that a client makes on himself via the images. A therapy result comes out immediately in consequence of mental impact on the client’s images. We claim that awareness is not enough for healing, but a right action is needed to fix the initial psychodynamic conflict directly in the client’s unconscious.

Often EIT allows to rid of various psychosomatic problems such as asthma, allergies, pains of different localization and etiology, chronic nasal congestion, thyroid disorders, uterine fibroids, neurodermatitis etc. in a fast and effective way. EIT has shown its effectiveness in ridding of phobias, emotional addictions, grief and loss, psychological trauma, anger, relationship problems, lack of confidence, conflicts etc.

One of the most important aspects of EIT is development of positive and optimistic life philosophy that is the basis of all the EIT techniques and peculiar meditative exercises that we worked out.

We will report on EIT theory, principles, and new achievements at a section meeting and at a congressional plenary.

Within 25 years of development EIT has made its sphere of application times wider, honed its theoretical principles, worked out a lot of effective techniques for problems analysis and resolving and lots of peculiar imaginative exercises, created an optimistic and inspiring life philosophy. Our section enlists more than 200 members, including 7 members awarded PhD in psychology. At least 2000 experts apply EIT in their psychotherapeutic and consultative practice. The method becomes more and more famous in Russia and abroad. Currently we’ve published 7 books representing EIT, and approximately 80 articles about the method.

To spread the method in a fast and accurate way, we conduct workshops where one can learn to teach the method. More than 20 people have already became EIT teachers. They’ve obtained certificates that allow them to teach EIT, – those certificates are signed by N. Linde and confirmed by the Professional Psychotherapeutic League. As a result of it, PPL has awarded our section an honorary diploma for the creation of a scientific and practical school! We’re proud of it, and we train psychologists in our method at our school workshop. Different EIT teachers participate in the training.

**FROM AWARENESS TO EXISTENCE. EIT TECHNIQUE FOR IDENTIYING WITH AN IMAGE**

***Nikolay Dmitriyevich Linde*** *– Dr.,**professor of Moscow Institute of Psychoanalysis, full member of the PPL, chairman of the PPL Modalities Committee, the author of Emotional Image Therapy. Moscow, Russia.*

The report focusses on theory and practical application fine points of one of the most important EIT techniques, that is the technique of identifying with an image externalizing positive emotional state of a client. It explains why identifying is more important than awareness and gives numerous examples from practice.

**WORKING WITH IMMUNITY BY EIT**

***Tamara Petrovna Smirnova*** *– Dr.,**Associate Professor of the “Personality Psychology” Department of Moscow Institute of Psychoanalysis (MIP), full member of the PPL, Vice President of the N. Linde Center for Emotional Image Therapy. Moscow, Russia.*

The word “immunity” comes from Latin "immunitas" that means “release”, “healing”. The definition itself reflects the principles that the immune system follows and that work to maintain the health. These principles are freedom, entirety, independence, inviolability, individuality. From the psychological point of view these principles mean personal values, the right to be yourself, maintaining your uniqueness, the right to designate and protect your personal boundaries.

EIT has accumulated a huge work experience to working with immunity and immunocompetent cells in their connection with emotions, self-attitude and behavioral strategies. The report expounds three cases of working with immunity and immunological tolerance phenomenon.

**LIFE MEANING IN CO-DEPENDENT REATIONSHIP. WORKING BY EIT**

***Liliya Leonidovna Leuntyanu –*** *psychologist, Codependence specialist, certified EIT teacher, full member of the PPL. Moscow, Russia.*

The report examines the difficulties in working with codependency. The topic of the meaning of life and its connection with co-dependent relationships is discussed. Also, how can you working with meaning in the topic of codependency using the EIT method.

**PSYCHOLOGIST'S VIEW ON EPILEPSY**

***Alina Konstantinovna Spiridonova –*** *emotional image therapist, certified teacher of EIT, teacher of the T. Smirnova author’s course “Working with the Inner Child and Inner Parent by EIT”, supervisor of the N. Linde Center for Emotional Image Therapy, full member of the PPL. Moscow, Russia.*

Epilepsy is one of the most common diseases of the nervous system and a diagnosis that sounds like a verdict. EIT allows not only to identify the psychological causes of the disease, but also to correct them and to save the patient from both the symptoms and the diagnosis. The report examines cases of work with patients with epilepsy, confirming that epilepsy is based on hidden emotional conflicts, and the essence of the conflict described in this report turned out to be identical for all cases! Correction of this initial conflict in all cases led to remission of the disease.

**EMOTIONS AS INTERNAL ENERGY: A LOOK THROUGH THE PRIZM OF EIT**

***Tatyana Ivanovna Ivlyushkina –*** *full member of the PPL, practical psychologist, certified EIT teacher, the PPL accredited personal therapist of the PPL, administrative director of the Center for N. Linde Emotional Image Therapy. Moscow, Russia.*

Emotions are the motivating force that pushes the individual to certain actions. This is "gasoline" or "electricity" that enters certain organs to stimulate certain types of activity.

This report will present several cases of working with the problem of lack of vitality and energy, illustrating the relationship of this problem with the quality of experienced emotions.

**REJECTION OF FEMININITY AS IMPLEMENTATION OF A LIFE SCENARIO. WORKING BY THE EIT METHOD**

***Yuliya Aleksandrovna Romashkina –*** *practical psychologist, certified specialist in Emotional Image Therapy, full member of the PPL. Moscow, Russia.*

The report demonstrates working with femininity by the method of emotional image therapy. It explains how the life scenario affects the formation of femininity. The consequences of the rejection of femininity for the future of a woman are discussed.

**WORKING WITH THE INTERNAL ADULT BY THE EIT METHOD: OPPORTUNITIES, OBJECTIVES, EFFICIENCY**

***Olga Viktorovna Alexandrova –*** *clinical psychologist, specialist in Emotional Image Therapy, teacher of the T. Smirnova author’s course “Working with the Inner Child and Inner Parent by EIT”, full member of the PPL. Moscow, Russia.*

The report will discuss the most common problems of strengthening the Inner Adult in working with clients. It also presents findings and recommendations on the topic: how to reach the image of this part of the personality and what deadlock situations can be effectively resolved through the image of the Inner Adult.

**WORKING WITH THE TRAUMA OF EARLY SEXUALIZATION BY THE EIT METHOD**

***Sergey Albertovich Oganezov –*** *clinical psychologist, psychotherapist, sexologist, leading specialist of the International Institute of Psychosomatic Health, teacher of the N. Linde Center for Emotional Image Therapy. Moscow, Russia.*

The report examines the possible ways of early childhood sexualization, their consequences. Opportunities of quick diagnosis of the trauma of early sexualization and working with it using the EIT method. Analysis of a case from practice.

**WORKING WITH SLEEP DISTURBANCE BY THE EIT METHOD. CASE DESCRIPTION**

***Ekaterina Anatolyevna Kotova –*** *Master of psychology, clinical psychologist, full member of the PPL, certified candidate for the personal therapists of the PPL, teacher of emotional image therapy. Moscow, Russia.*

Sleep disturbance is not a rare story in our modern society. External events and situations, worries about the health of loved ones, internal physiological processes sometimes affect our sleep in an unfavorable way. The report deals with the case of work with sleep disorders using the EIT method.

**MODELS OF THE MONEY PROBLEMS OCCURENCE. RECEPTIONS AND TECHNIQUES OF WORK BY THE EIT METHOD**

***Irina Ivanovna Maryevich –*** *practicing psychologist, a certified teacher of emotional image therapy, a full member of the PPL. Moscow, Russia.*

The main conflict we encounter in dealing with money requests is the conflict between the inner child and the inner parent.

In resolving this conflict, we encounter a childish attitude, a childish way of thinking about money, and a childish emotional state.

The report provides an overview of the methods and techniques of working with internal conflicts to overcome psychological obstacles on the way to financial well-being.

**WORKING WITH THE FEAR OF FEMALE LONELINESS BY THE EIT METHOD**

***Natalia Alexandrovna Ponomareva –*** *clinical psychologist, full member of the PPL, certified PPL consultant, certified candidate for the personal therapists of the PPL. Moscow, Russia.*

Women in their 30s and 40s who are unsatisfied with their private lives often ask to work with a fear of being alone. The reasons for this fear can be in the infantility and masculinity of a woman, in fear of letting a man close, and in the ongoing search for a better one.

Emotional image therapy allows not only to get in touch with the depths of the unconscious and find out the true causes of female loneliness and fear associated with it, but also to resolve the internal conflict and come to harmony, love, openness, and integrity.

The report provides examples of several works using the EIT method with the fear of female loneliness, which led to a successful marriage, self-confidence, or disclosure of maternal potential.

**WORKING WITH "ACTIVE INTROJECTS" THROUGH PARENTS BY THE EIT METHOD**

***Milena Aleksandrovna Morozova –*** *clinical psychologist at the Center for Psychiatry, Neurology and Narcology "Rosa", teacher at the Center for Emotional Image Therapy N.D. Linde, certified art therapist, member of the Art Therapeutic Association. Moscow, Russia.*

The report discusses the concept of "active introjects", the signs of their presence and the impact on children. Methodology of working with children by the EIT method through their parents. Analysis of cases from practice.

**WORKING WITH THE “POSCOVIID SYNDROME” BY THE EIT METHOD**

***Svetlana Vladimirovna Poluektova –*** *therapist, psychologist, full member of the PPL, certified teacher of EIT. Moscow, Russia*.

In current conditions of the society development, when the coronavirus pandemic has swept the territory of the whole world, the task of psychological rehabilitation of patients who have had a coronavirus infection not only in severe, but also in mild form, becomes an urgent task.

Most often, the development of a complex of asthenic symptoms, which is called the "post-covid syndrome", is observed. It includes the following list of the client's main complaints: general weakness and decreased motor activity, low mood or apathy, absent-mindedness, and reduced ability to concentrate, residual manifestations of shortness of breath, sleep disturbance, loss of appetite, etc.

Using the example of analyzing a clinical case of a client who had a mild form of coronavirus infection, we can evaluate the effectiveness of the careful psychological impact of the EIT method on the client’s conscious understanding of his own natural healing mechanisms.

The method of emotional image therapy by N. D. Linde helps to reveal the inner potential of a person, improve his emotional state, increase motivation and search for active ways of behavior aimed at strengthening and maintaining his health.

**LOVE AND MEANING OF LIFE IN THE EMOTIONAL IMAGE THERAPY PRACTICE**

***Svetlana Valeryevna Ladeyshchikova –*** *full member of the PPL, EIT teacher, author of books and articles on EIT, head of the online school “svetlanahelp.ru”: training in the EIT method at the first and second levels, workshops and therapeutic groups presenter, regional level trainer. Moscow, Russia.*

The report is devoted to the peculiarities of the psychologist's working with existential requests by the method of Emotional Image Therapy. Examples from practice will be given.

**APPLICATION OF THE EIT METHOD WITHIN THE “ACTIVE LONGEVITY” PROGRAMME**

***Maina Turgutovna Almagestova*** *– Dr., full member of the PPL, certified teacher of N. Linde EIT Center. Moscow, Russia.*

According to the most cautious forecast of scientists and the World Health Organization, if in the nearest future no miracle drug to stop the development of Alzheimer's disease (which is one of dementia causes) appears, by 2050 this diagnosis will be made to more than a hundred million people in the world (a predicted population of the globe is 9.2 billion people). Apart from genetics, one of the recognized risk factors that can provoke the disease are depressive states and chronic psycho-traumatic situations, fear of memory loss. EIT is a non-harmful and effective method for working with these states of elderly people.

**EIT METHOD IN WORKING WITH THE PROBLEM OF LOSS OF LOVED ONES**

***Tatyana Alexandrovna Grigoryeva –*** *practical psychologist, full member of the PPL, teacher of the PPL, certified teacher of N. Linde EIT Center. Moscow, Russia.*

When people face the loss of loved ones, they pass through the crisis of loss. But there are situations when this fact is excessive for a person’s psyche. Then the stress becomes traumatic and can lead to a decrease in productivity, to a loss of working capacity, and in some cases, to a deterioration in physical health. This report shows how EIT techniques can be used to provide psychological assistance to people suffering from acute negative experiences while expecting the loss of a loved one.

**EIT IN WORKING WITH “REPLACEMENT CHILDREN”**

***Irina Alexandrovna Rudnitskaya –*** *practical psychologist, EIT therapist, EIT teacher, teacher of the T. Smirnova author’s course “Working with the Inner Child and Inner Parent by EIT”, full member of the PPL. Moscow, Russia.*

"Replacement children" are deprived of the right to be themselves, to preserve their identities, have no opportunity to show their talents and abilities or to carry out their true mission. The report presents a specific case of working with a client who has this psychological problem. We will discover the reason why a child replaces another, and what a “replacement child” loses.

The report shows how EIT techniques can be used to help such people to find themselves, to find their path in life and to carry out their mission they came into this life with.

**PANEL SESSIONS**

**OF THE 1ST INTERCONTINENTAL EXTRATERRITORIAL CONGRESS “PLANET OF PSYCHOTHERAPY”**

**Panel session  
“ART PSYCHOTHERAPY: THE PATH TRAVELED AND THE MILESTONES OF FURTHER DEVELOPMENT”**

**CHAIRMEN: *Alexander Kopytin (Saint-Petersburg, Russia)*, *Natalia Nazarova* *(Saint-Petersburg, Russia)***

***Alexander Kopytin*** *– Doctor of Medical Sciences, Professor, Department of Psychology, SPbAPPO; Associate Professor, Department of Psychotherapy, Medical Psychology and Sexology, North-Western Medical University named after I.I. Mechnikova, chairman of the Art Therapy Association.*

***Natalia Nazarova*** *– candidate of psychological sciences, associate professor of the department of psychology and pedagogy of the St. Petersburg State Institute of Culture; Medical psychologist, MRO SPb GBUZ "Psychoneurological dispensary No. 5", St. Petersburg, member of the Council of "Art Therapy Association."*

The symposium summarizes and outlines the cardinal directions of the further development of domestic and world art psychotherapy. Art psychotherapy is presented as a group of methods of psychological assistance (psychotherapy) used in medicine, education and the social sphere, with appropriate indications for use. The issues of vocational training and the requirements for persons providing art-psychotherapeutic services are discussed. The questions of standardization and improving the quality and effectiveness of art-psychotherapeutic programs are being raised.

**Format:** Presentations (15 min.) followed by discussion.

**ART THERAPY: HISTORY, MODERN CONDITION, PROSPECTS FOR DEVELOPMENT  
*Natalia Nazarova*** *–* *candidate of psychological sciences, medical psychologist, art therapist, MRO SPbGBUZ Psychoneurological dispensary No. 5. Russia, Saint-Petersburg.*

The report addresses the history of art therapy and its current status abroad and in our country. The connections of art therapy with related disciplines are examined, the similarities and differences are explained; modern forms and methods of art therapy used in medical rehabilitation, correctional development and preventive work with children and adolescents; Prospects for the development of art therapy and training standards.

**POSITIVE ART-PSYCHOTHERAPY ON THE MODEL OF CLINICAL SYSTEM ART-THERAPY  
*Aleksey Lebedev*** *– psychotherapist of the psychotherapeutic department of the Veterans Hospital (GBUZ VOKGVV), senior lecturer at the Department of General and Clinical Psychology, Volgograd State Medical University (Volgograd State Medical University). Russia, Volgograd.*

The report discusses the phenomenon of positive art psychotherapy as an important component of the sanogenetic approach of clinical systemic art psychotherapy (CSAT). The model of stress-related mental disorders (PPR) examines the key role of the therapeutic effects of positive art psychotherapy in dramatically solving the problem of therapeutic non-compliance (premature breaks in art therapy by participants), constructive optimization and increasing the overall therapeutic effectiveness of CSAT. Possible psychological mechanisms, general principles, criteria and specific methodological techniques for a positive art-psychotherapeutic approach, including art-therapeutic tools for monitoring and evaluating its effectiveness, are discussed. The importance of balanced integration of a positive, resource-oriented approach with a problem-oriented approach for various categories of clients and patients with stress-related disorders is emphasized.

**ART-THERAPY AS HELPING PROCESS IN THE SOCIAL AND PEDAGOGIKAL WORK IN BULGARIA**

**Nely Boiadjieva** *– Doctor, professor in Sofia University “St. Kliment Ohridsky” Faculty for Educational Science And Art, professor in Plovdiv University “P. Hilendarski”, honour professor of Moscow socio-pedagogical Institute, member of East European art-therapy Association, Bulgarian Psychological Society, member of ruling comity and chief expert for art-therapy and counseling in section of pedagogy and psychology of Bulgarian Union of Science. Bulgaria, Sofia.*

The theory and practice of implementation of the art in pedagogy and psychology as therapy method began in the movement named “education through art” at the end of the 19-th and the first decades of the 20-th century. At the same time starts the scientific interest towards the art as tool of therapy and psychotherapy in the clinical practice and social treatment as helping process. The second half of the century the art-therapy theory and practice turns into an important part of the educational system and social help and care. Today most of the developed countries have own professional organizations and models for applying art-therapy methods in the counseling work with different groups of clients in social and pedagogical sphere. It is similar in Bulgarian situation and this paper is a short critical survey of this process nowadays. There are a description of opportunities for using the art-therapy method in all phases of counseling process in social and psychotherapy practice. This method is viewed in its integral connection and as a part from humanistic client and personally centered approach in psychology and social pedagogy.

**THE POTENTIAL OF ART THERAPY FOR ONLINE WORK WITH CHILDREN AND ADOLESCENTS IN ISOLATION**

***Elena Buryevaya*** *– practicing child psychologist, play therapist, art therapist, author of expert child psychology blog on Instagram, expert on radio, television, publicist, author of seminars, author of children’s and parenting books. Russia, Moscow.*

The report will consider the unlimited potential of art therapy methods in forced isolation of children and adolescents. The definition of the art therapy concept is given. A brief history of its development. Specific recommendations will be given on how to adapt an art therapist\'s work with children and adolescents to an online format.

**ANTI-CRISIS ART-THERAPY**

***Olha Boiko***– Associate Professor, candidate of psychological sciences of the Department of Psychology, State education institution of higher professional education «Gorlovka Institute of Foreign languages», Member of the National Association for the Development of Art Therapeutic Science and Practice "Art Therapeutic Association", Full member of the Professional Psychotherapeutic League, official teacher of the All-Russian Professional Psychotherapeutic League. Donetsk.

The report discusses crisis states as a phenomenon of socio-psychological maladjustment and the possibility of using art therapy methods in working with these states of an individual and a group.

**IMPACT OF ECO-ART THERAPY ON THE PSYCHO-EMOTIONAL STATE OF THE PERSON**

***Elena Svidovskaya*** *– postgraduate student of the Department of Psychology, State education institution of higher professional education «Gorlovka Institute of Foreign languages», Full member of the National Association for the Development of Art Therapeutic Science and Practice "Art Therapeutic Association", Full member of the Professional Psychotherapeutic League, official teacher of the All-Russian Professional Psychotherapeutic League. Donetsk.*

The report deals with the problem of the impact of eco-art therapy on the psycho-emotional state of the personality of younger students. The definition of the concept of eco-art therapy is given. Modern methods of eco-art therapy are discussed. Author's techniques and exercises are presented.

**Panel session**

**“BALINT GROUPS AS AN EFFECTIVE TOOL FOR THE PREVENTION OF PROFESSIONAL BURNOUT OF SPECIALISTS HELPING PROFESSIONS”**

**CHAIRMAN: *Anzhela Avagimyan (Moscow, Russia)***

Professional burnout is understood as a complex of special mental problems that arise in a person in connection with his professional activity. It includes gradual emotional exhaustion, loss of motivation and efficiency, changes in health and intellectual sphere.

The Balint group is a classic method of group training research work used to prevent burnout of specialists in helping professions. The central object of research in the classical Balint group is the relationship "doctor – patient, psychologist – client, etc.". The analysis of these relationships makes it possible to more fully understand the client in all the variety of his connections and interactions with the real world, to visit the "other side" of the relationship with the patient, and thus overcome crises in the personal and professional development. In the current situation, on the one hand, the number of specialists helping professions is increasing, and, on the other hand, the burden that falls on them is increasing, and there is a great need for the development and application of methods that contribute to the prevention of professional burnout and professional and personal development.

**10.00–10.10. Opening of the Balint section.**

**10.10–10.25. BALINT MOVEMENT OF RUSSIA: ACHIEVEMENTS AND PROSPECTS**

***Avagimyan A.A.******–*** *senior Lecturer at the Institute of Psychological and Social Work, Sechenov First Moscow State Medical University, Ministry of Health of Russia (Sechenov University), medical psychologist of the Psychiatric Clinical Hospital No. 1 after N.A. Alekseev, certified consultant psychologist (certificate of the All-Russian Professional Psychotherapeutic League and the Institute of Psychosomatics and Psychotherapy Potsdam, Germany), certified personal therapist-adviser and supervisor of the International level of the PPL Russia, professor of the international level of the PPL Russia, certified supervisor-head of Balint groups (certificate of the German Balint Society and the PPL Russia), President of the Russian Balint Society, member of the European Federation of Psychological Associations, EFPA, certificate of educational psychologist EuroPsy), member of the European Association of Psychotherapy, EAP (European Certificate for Psychotherapy), member of the World Association of Psychotherapy, WAP, World Psychotherapist.*

The report examines the contribution of the Balint movement to the organization of assistance to specialists of helping professions in the situation of the coronavirus pandemic and ways to consolidate specialists working in this direction. We will consider the parameters of the current situation that are important for providing psychological assistance to the population and assistance to specialists involved in resolving an extreme situation. The success of the Balint movement in Russia, its development and consolidation will be described.

**10.25–10.40. CONDUCTING BALINT GROUPS WITH RESIDENTS OF THE PSYCHIATRIC CLINICAL HOSPITAL NO. 1 AFTER N.A. ALEKSEEV–AN EFFECTIVE METHOD OF PREVENTING PROFESSIONAL BURNOUT**

***Sarkisova D.N.*****–** *social work specialist of Psychiatric Clinical Hospital No. 1 after N.A. Alekseev, full member of the PPL Russia, coach of the national level of the PPL Russia, accredited psychologist-consultant (accreditation of the PPL Russia), certified head of Balint groups (certificate of the PPL Russia).*

The use of Balint groups for the prevention of professional burnout has a long history, started by their creator, M. Balint. Today, Balint groups are a generally accepted method of preventing professional burnout of specialists in helping professions, primarily medical personnel. Work with residents of the Psychiatric Clinical Hospital №1 after N.A. Alekseev showed the effectiveness of this method and revealed psychological difficulties in the work of Balint groups.

**10.40–10.55. PROJECT "PSYCHEDUCATION AND PSYCHOSUCATION FOR NURSES" – A WAY TO PRESERVE THE PROFESSIONAL AND MENTAL HEALTH OF HEALTHCARE PROFESSIONALS**

***Leiko E.V.******–*** *certified supervisor-head of Balint groups, family psychologist, official teacher of the international level, member of the German Balint Society, member of the Balint Society of Great Britain, Vice-President of the Russian Balint Society.*

The report substantiates the importance of psychoeducation of nurses. It tells about the experience of measures for the psychoeducation of nurses on the basis of the Psychiatric Clinical Hospital No. 1 after N.A. Alekseev in 2018-2019.

**10.55–11.10. COPING STRATEGIES OF NOVICE DOCTORS AT THE STAGE OF ENTRY INTO PROFESSIONAL ACTIVITY**

***Fomina N.V.******–*** *Ph.D., Associate Professor of the Department of General and Clinical Psychology, Privolzhsky Research Medical University of the Ministry of Health of Russia, Nizhny Novgorod, Russia.*

The report discusses the difficulties of novice doctors in the process of entering the profession, many of which are associated with the insufficient functioning of the mentoring institute, which causes young doctors to feel "abandoned", "lost" and leads to a decrease in professional motivation. The study of coping strategies with the situation of uncertainty in the profession and the creation of psychological support programs for a young doctor at the first stages of professional activity is an urgent task in medical practice.

**11.10–11.25. THE EXPERIENCE OF A NOVICE LEADER OF BALINT GROUPS: THROUGH THE LOOKING GLASS OR A RABBIT HOLE?**

***Senatsakya S.K.*** *– accredited head of Balint groups, a member of the Russian Balint Society, a full member of the All-Russian Professional Psychotherapeutic League, a coach at the national level of the OPPL, a psychologist at the K.D. Ushinsky Institute of Secondary Professional Education of the Moscow State Pedagogical University.*

The report examines the experience of working in the Balint group as a participant and leader. Special attention is paid to the unique technology of conducting the Balint group, including in a remote format. The questions about possible difficulties of working with a group of a novice manager and their overcoming are raised.

**11.25–11.40. Discussion.**

**11.40–11.55. Break.**

**12.55–13.25. Master class (sculpture by Dr. H. Otten).**

**Leaders: Avagimyan A.A. and Leiko E.V.**

**13.25–13.35. Questions from the participants of the section.**

**13.35–13.50. Presentation of certificates.**

**13.50–14.00. Feedback and completion of work.**

**Panel session**

**“DON’T PANIC — PSYCHOTHERAPEUTIC AID TO CLIENTS WITH PANIC ATTACKS”**

**CHAIRMEN: *Inga Rumiantseva (Saint-Petersburg, Russia), Elena Petrova (Saint-Petersburg, Russia), Sergey Kondurov (Saint-Petersburg, Russia), Alexander Tsapenko (Russia)***

**ANXIETY HIDDEN AND EXPLICIT AS AN ISSUE OF COUNSELLING IN GESTALT PARADIGM**

***Elena Petrova –*** *medical psychologist, Gestalt therapist, trainer and supervisor in a field of Gestalt therapy. Development director and director of training programs of Integrative Gestalt Training Institute, member of European Association for Gestalt Therapy, head of supervision committee of Guild of psychotherapy and training, head of Gestalt modality approach of Professional Psychotherapeutic League of Russia. Russia, Saint-Petersburg.*

Anxiety has an important place in psychological counseling. There is a lot of multidimensional issues nowadays which give rise to anxiety. In a case when a patient reports on anxiety a Gestalt therapist sees a loss of form for the energy prepared for an action. However more complicated situations emerge when a patient develops symptoms and does not speak of anxiety at all. Also we can observe important changes which had happened in the year 2020. Formerly anxiety resulted from a conflict of motives but lately we can see anxiety caused by lack of ground in somebody's looking for support.

**BASIC PRINCIPLES OF GESTALT THERAPY IN UNDERSTANDING OF A PANIC DISORDER**

***Sergey Kondurov –*** *psychiatrist, gestalt therapist, supervisor. Director and trainer of Integrative Gestalt Training Institute, member of Professional Psychotherapeutic League of Russia, member and supervisor of European Association for Gestalt Therapy. Russia, Saint-Petersburg.*

Abruptness of a panic fit is a frightening and puzzling phenomenon. There’s a feeling in a patient’s experience that the known world is not longer to be trusted. One has a feeling that their environment can’t give appropriate support so that the uninterrupted course of life could continue. Things that were taken for granted are in doubt. In the report we’ll try to understand the pathogenesis of panic attacks and a panic disorder based on the core concepts of Gestalt therapy methodology.

**POLYMODAL APPROACH TO ANXIETY CORRECTION: EXPERIENCE AND REFLECTIONS**

***Larisa Matsiyevskaya*** *– candidate of Medical Sciences, Associate Professor of the Department of Neurology, Psychiatry and Rehabilitation of the non-profit Joint Stock Company "Medical University of Karaganda", a full member of the Professional Psychotherapeutic League. Kazakhstan, Karaganda.*

The report reflects the experience of psychotherapeutic practice of correcting anxiety disorders in a polymodal approach, analyzes the effectiveness of psychotherapy in the context of therapeutic relationships, client expectations and professional experience of the therapist.

**PANIC ATTACKS AS A DEFENSIVE REACTION**

***Marina Goguyeva*** *– Candidate of Psychological Sciences, psychologist of the highest qualification category, accredited supervisor of the OPPL, founder of the online school for psychologists and coaches "School of Consultants", psychologist of leaders and top officials of organizations, No. 1 in the top 10 most successful women of the KCHR (2022). Stavropol, private practice*

The report presents two cases from the author's practice. One is a full-fledged, completed work with a long-term, sustainable effect. The second is one consultation, after which the client refused to work on a solution to his request. In both cases, one can trace the protective function of panic attacks in clients and the readiness (or unwillingness) to make changes in their lives.

Particular attention is paid to the topic of separation, secondary benefits from the presence of panic attacks, as well as caution when working with the topic, because on the wave of popularity and even fashion for psychosomatics, working with the topic of panic attacks, you can miss the physiological causes of this condition.

**THE RELATIONSHIP BETWEEN AGGRESSION AND PANIC ATTACKS**

***Alexander Tsapenko*** *– head of the psychological safety center, psychologist, supervisor, fate analyst, lecturer at the Russian Professional Psychotherapy League (RPPL), he is a hypnologist, NLP-master, coach (ICF), specialist in the work with RPP, the author and facilitator of training and developmental courses, founder of the online school "Method Tsapenko", writer and publicist, the author of scientific articles.*

The report presents the results of research conducted to identify predictors of anxiety and panic attacks. The types of aggression are considered, and it is revealed which aggression can influence the formation of panic mood and which cannot.

**PANIC ATTACKS AS A REFLECTION OF THE CONFLICT OF ACCEPTING PREGNANCY AND MOTHERHOOD**

***Irina******Ageeva*** *– psychotherapist, a training psychotherapist using the symboldrama method, an official teacher of the OPPL, a full member of the PPL.*

Often patients who go to an appointment with an obstetrician-gynecologist at the stages of pregnancy planning say that they have experienced one or another experience of panic disorder after they decided to conceive. In this situation, it would be appropriate to ask the question: What does pregnancy and the birth of a child mean to you?

Specialists, which work in the field of perinatal and reproductive psychology note visible links between the occurrence o some of the cause-and-effect relationships and how the can be addressed.

**SHORT-TERM PSYCHOTHERAPY OF PANIC DISORDERS**

***Vladimir Domoratsky*** *– Doctor of Medical Sciences, Professor, Head of the Department of General and Clinical Psychology, Belarusian State University, Head of the Erickson Psychotherapy and Erickson Hypnosis modality in OPРL. Full member of the Russian Scientific Sexological Society. Belarus, Minsk.*

A short-term model of the psychotherapy of panic disorder with agoraphobia and without it is presented. A combination of various techniques and techniques from the arsenal of Eye Movement Desensitization and Reprocessing, strategic psychotherapy and Erickson hypnosis is used. The goal of psychotherapy is to stop panic attacks and eliminate avoiding behavior, improve adaptation and improve the quality of life of people who seek help.

**ROUND TABLE DISCUSSION**

***Moderators: Inga Rumiantseva,*** ***Alexander Tsapenko***

**Panel session**

**“TRANSACTIONAL ANALYSIS”**

**CHAIRMEN: *Galina Makarova (Moscow, Russia), Nadezhda Zuikova (Moscow, Russia)***

**TRANSACTIONAL ANALYSIS – EASTERN VERSION: YESTERDAY, TODAY, AND TOMORROW**

***Galina Makarova*** *– candidate of psychological sciences, member of the Professional Psychotherapeutic League, holder of the European Certificate of Psychotherapy, the International Academy of Transactional Analysis professor, co-author of the method and books “Transactional Analysis - Eastern Version,” “Scenario of a Personal Future,” “Woman Playing and Winning”. Russia, Moscow.*

Eric Berne’s “What Do You Say After You Say Hello” was published in 1972. The book was translated into Russian in 1980. It was republished in 1994 and edited by Professor V. Makarov. Russia’s first psychotherapeutic group was launched in 1982. It included young doctors and psychologists (V. Makarov, V. Zavyalov and others). That was 15 years before Russian specialists had a chance to have access to professional literature and contacts with foreign colleagues. Still, there were positive aspects to this situation: it prompted the version of Bern’s Transactional Analysis adapted to the Russian mentality - “Transactional Analysis - Eastern Version” (TAEV) began to emerge. The metaphorical Russian language turned “positive strokes” into “strokes”, and “negative strokes” into “kicks”. Now our colleagues are actively using the terms without knowing their history. At present, TAEV is the theoretical basis of the “Multimodal Russian Psychotherapy”, which is recognized as a modality in the European Association of Psychotherapy (EAP). We look to the future with optimism, actively studying life scenarios, gender and sexual scenarios, career scenarios, and their changes in different eras; we create new diagnostic methods, using meditation, body and breathing practices, as well as photogenogram methods. TAEV has many plans ahead of it.

**URGENT PSYCHOLOGICAL AND PSYCHOTHERAPEUTIC SUPPORT IN EMERGENCY SITUATIONS. DEBRIEFING**

***Nadezhda Zuykova*** *– PhD, doсent; medical psychotherapist, Head of MAP; Member of PPL. Member of SITA organizing committee; member of EATA; PTSTA-P. Doсent of Psychiatry, Psychotherapy, Psychosomatic Pathology Department of PFUR.* *Russia, Moscow.*

The report presents the experience of providing emergency psychological and psychotherapeutic support to psychologists (situation in Kazakhstan and Russia). The features of crisis intervention-debriefing are noted for different categories of people involved in emergencies, for psychologists first of all. The debriefing algorithm is given taking into account the current emergency situation.

**PREVENTION OF VIRUSOPHOBIA USING TRANSACTIONAL ANALYSIS**

***Evgeny Abritalin*** *– Doctor of Medicine, M.D., assistant professor, head of psychotherapy, medical psychology and sexology chair of North-Western State Medical University named after I.I. Mechnikov; professor of neurology and psychiatry chair of Medical Education Institute of Almazov National Medical Research Centre. Russia, Saint Petersburg.*

The report examines the neurotization problem in during of coronavirus pandemic. The similarity of the uncertainty state and sensory deprivation is considered. The neutralization of alarm reactions using transactional analysis is discussed.

**APPLYING CHILD DEVELOPMENT THEORY IN PSYCHOTHERAPY OF A “CONFUSED CHILD” OF ADULT CLIENTS**

***Tatiana Gogoleva*** *– clinical psychologist, full member of EATA. Russia, Moscow.*

Healing the neglects and traumas of childhood requires a psychotherapist who is attuned to each client’s levels of emotional and cognitive development. To achieve this form of healing, psychotherapist needs to be able to apply Child Development concepts and to be attuned to an infant’s, young child’s, or school-age child’s particular rhythm, level of functioning, and the unique relational-needs at the level of development where an adult client may be fixated. Early childhood memories are not available to conscious thought because they are prelinguistic and implicit. However, these neurological imprints give rise to unconscious relational patterns that effect our clients in their adult lives. We will explore various child development hypotheses and concepts that are based on the writings of John Bowlby, Eric Erickson, Selma Fraiberg, Jean Piaget.

**A CONTRACT FOR LOVE OR HOW TO ACCEPT YOURSELF IN YOUR FAMILY**

***Lyudmila Petukhova*** *– candidate of psychological Sciences, holder of European Certificate of Psychotherapy (the European Association for Psychotherapy), certified transactional analyst, member and coach of the international Association of transactional analysis, full member of PPL Russia. Russia, Moscow.*

The report presents practical material that tells about the stages of the client's psychological trauma in the modality of transactional analysis. There will be the demonstration of sessions held, the author's method and the results of the work.

**EXPERIENCE IN APPLICATION TRANSACTIONAL ANALYSIS IN MUNICIPAL PSYCHOLOGY SERVICE**

***Valentina Sokolova*** *– psychologist at Moscow psychology service, full member of PPL Russia. Russia, Moscow (Zelenograd).*

Features of group and individual forms of work. Transactional analysis mixed with another psychotherapy methods. Phenomena. Results.

**Panel session**

**“CLIENT-CENTERED PSYCHOTHERAPY”**

**ACTUAL PROBLEMS OF CLIENT-CENTERED PSYCHOTHERAPY AND COUNSELING, A PERSON-CENTERED APPROACH**

**CHAIRMEN: *Viktor Kuzovkin (Moscow, Russia), Veniamin Kolpachnikov (Moscow, Russia)***

Сlient-centered psychotherapy and counseling have long established themselves around the world as effective methods of providing psychological assistance. Every year they gain an increasing number of supporters in the post-Soviet space, where their domestic options are formed, taking into account the mental characteristics of the population. The section will address current issues of client-centered psychotherapy and counseling: the main vectors of the development of their theory and practice in Russia and abroad, we will return to their definition, focus on their capabilities in maintaining and developing the mental health and well-being of a person, family, society, and researching them effectiveness; defining the main criteria for identifying psychotherapeutic practice as client-centered, and we dwell on the problem of the “purity” of the approach, the dynamics of the psychotherapeutic ideas of C. Rogers, the peculiarities of the formation of domestic and foreign versions of this approach, and others. We will also discuss the problems that the person-centered approach in general. Leading psychotherapists and consultants of client-centered modality of Russia and abroad are going to take part in the section. Planned reports, presentations of cases from the practice of client-centered counseling and psychotherapy, master classes.

**ACTUAL PROBLEMS OF CLIENT-CENTERED PSYCHOTHERAPY AND COUNSELING**

***Viktor Kuzovkin*** *–**Candidate of psychological sciences (PhD); Associate Professor, Professor of the Psychological Counseling Division, Psychology Department, Moscow Region State University; the head of the non-commercial partnership «Scientific-Practical Centre «TRIAD»; full member and co-chairman of the modality «Client-Centered Therapy» of the Professional Psychotherapists’ League; person-centered psychotherapist. Russia, Moscow.*

The report systematizes the current problems of client-centered counseling and psychotherapy, which, according to the author of the report, are at the present stage of development of this method, as it has the status of a scientific one. The problem of what is scientific progress for a client-centered approach is analyzed. In an attempt to answer this question, the author turns to the structure of methodological knowledge as an analysis tool for any scientific system, including the psychotechnical one, which is client-centered psychotherapy.

**CONSCIOUSNESS AND ACTUALIZATION**

***Veniamin Kolpachnikov*** – *Ph.D.; Associate Professor of the Center for Fundamental and Counseling Personology at the National Research University - Higher School of Economics; President of the Community for the Person-Centered Approach. Russia, Moscow.*

The paper discusses the role of consciousness in the human actualization. It is discussed that due to consciousness, the actualization of a person reaches a qualitatively new level because of the ability to represent the life world in stable properties and characteristics. The processes of actualization in a complex and difficult life world that lead to the well-being or dysfunction of a person are considered.

**CLIENT-CENTERED CONSULTANT AS A SUBJECT OF PROFESSIONAL ACTIVITY: SYSTEM-SITUATIVE APPROACH**

***Anna Povalyaeva*** *– senior lecturer of the Department of psychology, faculty of design and civilizational communications, Institute of world civilizations; specialist in psychological counseling; Master of Psychology (training program "Psychological Counseling"); graduate student of the Department of Psychological Counseling, Faculty of Psychology, Moscow State Regional University; full member of the PPL; client-centered consultant. Russia Moscow.*

In the message, the client-centered consultant is considered as the subject of professional activity and the consultative process. Through the prism of a system-situational approach, those determinant qualities are considered that make the activity of a client-centered consultant effective. The possibilities of professional training and retraining of a client-centered consultant at various stages of his professional life are conceptualized.

**THE STRUCTURE OF THE CLIENT-CENTERED CONSULTING PROCESS AS A DIAGNOSTIC TOOL**

***Irina Simonova –*** *Master of Psychology (training program "Psychological Counseling"); psychologist of the child care educational centre of psychological and pedagogical support "Success"; full member of the PPL. Russia, Moscow.*

The 12 stages of the client-centered counseling process described by K. Rogers are examined in the paper. They are discussed from the point of view of using them as diagnostic tools. One of the possible ways of using this structure in order to study the effectiveness of counseling is explored.

**PERSON-CENTERED APPROACH IN WORKING TO PREVENT PROFESSIONAL BURNOUT OF SPECIALISTS IN SOCIAL SPHERE**

***Marina Zhigulina*** *– Master of Psychology (training program "Psychological Counseling"); graduate student of the Department of Psychological Counseling, Faculty of Psychology, Moscow State Regional University; psychologist at State budget institution "the Moscow service of psychological assistance to population", Department of labour and social protection of population of Moscow; Executive Director of the Russian society person-centered approach. Russia, Moscow.*

The report presents the results of a study of professional burnout of specialists in the social sphere, the influence of personal maturity of a specialist on his work. We consider the relationship between the concepts of "personal maturity" and "fully functioning person", the possibility of using a person-centered approach to prevent professional burnout of specialists.

**POSSIBILITIES OF USING THE CLIENT-CENTERED APPROACH IN PSYCHOLOGICAL COUNSELING IN WORK WITH PRESCHOOL CHILDREN**

***Daria Golubovskaya*** *– Master of Psychology (training program "Psychological Counseling"), psychologist-consultant, full member of the OPPL, member of the Federation of Educational Psychologists of Russia. Russia Moscow.*

The report reveals some aspects of the relevance of using a client-centered approach in counseling psychology when working with preschool children. The report examines the typical stages of the therapeutic process of psychological counseling. Special attention is paid to some characteristics of the use of psychological counseling in the framework of a preschool educational organization.

**Panel session**

**“CLINICAL CLASSICAL PSYCHOTHERAPY”**

**CHAIRMEN: Lyudmila Makhnovskaya (Moscow, Russia), Kirill Gorelov (Moscow, Russia)**

Classical clinical psychotherapy—is a trend in psychotherapy, that has been on march from the beginning of XX century in Western European countries and in Russia. This trend got specific way of development and became widespread in Russia due to the mental and psychological constitution of Russian people and also due to natural scientific orientation of Russian medicine.

Classical clinical psychotherapy—it is a type of natural scientific psychotherapy, which is according to it’s mindset is inseparable from clinical medicine of Hippocrates. These are psychotherapy of P. Dubois, E. Kretchmer, A. Yarotsky, S. Konstorum. In this method therapeutic intervention does not come from psychological theories and concepts (in psychological and theoretical perception) but from clinical picture of a mental disorder, which is examined closely and thoroughly. A clinician “reads the signs” of spontaneous healing “work” of soul nature in clinical characteristic of disease and helps nature, when possible, to heal better.

Classical clinical psychotherapy includes classical medical hypnosis, rational psychotherapy by P. Dubois, activating therapy by S. Konstorum, therapy by creation, including Therapy by means of creative self-expression by M. Burno and other methods inspired with clinical medical approach.

**IN BRIEF ABOUT SELF-CREATIVE EXPRESSION THERAPY**

***Mark Burno*** *– Doctor of Medicine, M.D., professor, honorary chairman of Modalities Commitee of Professional Psychotherapeutic League of Russia. Russia, Moscow*.

BSCET is a russian psychotherapeutic method (the dimension of clinical classic mental therapy) for the patients suffering from long-lasting anxiety-depressive disorder and healthy people who have some difficulties of defensive type. The content of the method. Uniquely designed versions and variants of this method-modality are cataloged (we have 43 of them nowadays).

**S.I. KONSTORUM’S CONTRIBUTION TO RUSSIAN CLINICAL CLASSIC PSYCHOTHERAPY**

***Lyudmila Makhnovskaya*** *– Ph.D. in medicine, associate professor of psychotherapy, medical psychology and sexology chair of Russian Medical Academy of Postgraduate Education, leader of the modality Сlinical сlassical psychotherapy of Professional Psychotherapeutic League of Russia. Russia, Moscow.*

S.I. Konstorum is a founder of Russian clinical psychotherapy. The report is dedicated to the concepts of «major psychotherapy», «activating psychotherapy». The report is also dedicated to the basic theses and methods of psychotherapy of schizophrenia, psychasthenia, hysteria developed by Konstorum.

**WORKING WITH «PSYCHOTHERAPEUTIC STORIES» IN PSYCHOTHERAPEUTIC METHOD THERAPY BY MEANS OF CREATIVE SELF- EXPRESSION BY M.BURNO (TCSEB)**

***Kirill Gorelov*** *– psychiatrist, psychotherapist of Psychiatric Clinical Hospital No13, filial branch No3, Moscow. Member of the All-Russian Professional psychotherapeutic league (PPL). Scientific secretary of the Center Therapy by means of creative self-expression by M.Burno and Characterological creatology PPL (Center TCSEB and CC PPL). Member of Russian Society of Psychiatrists (RSP). Russia, Moscow.*

The report is devoted to a description of work with «psychotherapeutic stories», using the basics of psychotherapeutic method Therapy by means of creative self- expression by M.Burno (TCSEB). For psychoprophylaxis, psychotherapy and psychosocial rehabilitation: healthy people with temporary mental issues, patients with transient mental disorders and patients with chronic mental illness. Natural protective and adaptive psychological mechanisms are activated, the psychological state and quality of life are improved.

**THERAPY BY MEANS OF CREATIVE SELF-EXPRESSION BY M. YE. BURNO IN THE BIO-PSYCHO-SOCIO-SPIRITUAL PARADIGM OF PSYCHOTHERAPY**

***Nadezhda Zuykova*** *– Ph.D. in medicine, associate professor of psychiatry, psychotherapy, psychosomatic pathology Department of Peoples' friendship University of Russia, Head of the Moscow society of psychotherapists, PTSTA. Russia, Moscow.*

The lecture substantiates the necessity and practical significance of complementing the bio-psycho-social paradigm of psychotherapy with a spiritual component. The role of the domestic clinical method of Therapy by Means of Creative Self-Expression by M. Burno in the development and acquisition of spiritual values and in satisfying spiritual needs of patients suffering from one or another mental disorder is examined.

**REMAINING HUMAN – CATEGORY OF ETHICS IN THE WORKS OF VIKTOR FRANKL, VARLAM SHALAMOV AND VSEVOLOD GARSHIN. ADDITION TO THE PROGRAM OF TEACHING TCSB AT THE UNIVERSITY OF PEOPLE’S FRIENDSHIP**

***Tatiana Gogoleva*** *– clinical psychologist, psychotherapist, works in private practice with individuals, endogenic adults and groups; certified international integrative psychotherapist, current IIPA-member. Russia, Moscow.*

The native original method of therapy by means of creative self-expression (TCSEB) is especially effective with working on access to actual emotions. The realities of today are requiring a deeper approach to the study of the category of "ethics". Relying on the works of domestic and foreign writers, whose humanistic position was only strengthened in the tragic conditions of war and illness, supports and enlightens the soul of psychotherapists working in the TCSEB method and their patients / clients in today\'s alarming uncertainty.

**SELF-INJURIOUS BEHAVIOR OF TODAY\'S YOUNG PEOPLE: WHAT IS BEHIND IT? AN EXAMPLE OF THERAPY BY MEANS OF CREATIVE SELF-EXPRESSION (M. E. BURNO) ASSISTANCE IN THE CASE OF SELF-HARM**

***Tatyana Gogolevich*** *– candidate of medical sciences, psychotherapist-rehabilitologist. Russia, Toglyatti.*

The report examines the self-damaging behavior of young people in the conditions of modern Russia. We are trying to understand the goals and motives of self-harm, as well as the mechanism of self-harm reinforcement in different patients. A positive experience of psychotherapeutic assistance to young people by the method of Creative Self-Expression Therapy (M. E. Burno) with such behavior is given.

**CORRECTION OF ANXIETY USING OF THE CREATIVE SELF-EXPRESSION THERAPY FOR PERSONS WITH SOMATIC DISEASES**

***Irina Markova*** *– psychotherapist, psychiatrist, Samara Regional Gerontology Center. Russia, Samara.*

The experience of anxiety correction in a group of persons with psychosomatic disorders is presented in the paper. The mechanisms of therapeutic effects of creative self-expression are considered. The techniques of self-help by creative self-expression for correction of anxiety in somatic diseases are shown. The attitude of patients to the therapy is considered.

**THE USE OF BURNO’S CREATIVE SELF EXPRESSION THERAPY IN THE TREATMENT OF SCHIZOPHRENIA (SUMMARY REVIEW)**

***Ksenia Mizherova*** *– mental health specialist, mental health counselor of Medical and Psychological Personality Center, Russia, Moscow.*

The summary review treats of different authors attempting to help the patient suffering from postpsychotic schizophrenic disorders by the means of Creative Self-Expression Therapy.

**PSYCHOTHERAPY METHODS IN THE TREATMENT OF OCCUPATIONAL STRESS CLINICAL MANIFESTATIONS**

***Tatyana Murzina*** *– Head of the Department of Medical, Social and Psychological Assistance of the St. Petersburg Institute for the Improvement of Medical Experts of the Ministry of Labor and Social Protection of the Russian Federation, Doctor of Medical Sciences, Professor, Academician of the Petrovsky Academy of Sciences and Arts, Honored Worker of Social Protection of the Population of the Russian Federation. Russia, St. Petersburg.*

The report examines the clinical manifestations of occupational stress among specialists in helping professions in the social sphere. Approved effective methods of psychotherapy in the medical and psychological rehabilitation of these specialists with professional burnout are given.

**EXPERIENCE OF PSYCHOTHERAPY OF A PATIENT WITH SCHIZOTYPAL DISORDER**

***Elizaveta Vlasova*** *– resident of medical psychology and sexology chair of Russian Medical Academy of Postgraduate Education. Russia, Moscow.*

This report presents the author\'s practical experience in using psychotherapy in treating a schizotypal patient with depersonalization and hypochondriacal disorders as predominant disturbances.

The author attempted to show how to use art therapy in such patients and demonstrate the importance of improving the emotional intelligence. In patients with persistent hypochondriacal disorders, psychotherapy aims to activate the part of the patient’s personality, that can respond to the current events, which take place now and here.

**THE CHACACTERS OF CHILDREN IN STORIES BY A.P. TCHEKHOV. FOR WORK WITH ANXIODEPRESSIVE ADOLESCENTS WITHIN THE FRAMEWORK OF M.E. BURNO’S THERAPY BY CREATIVE SELF-EXPRESSION**

***Julia Pozdnyakova*** *– painter, teacher of painting and psychotherapist of the children′s department of the Moscow Institute of Psychiatry.*

One can see the way of studying the characters while working with adolescents using the heroes of stories by Tchekhov as examples.

**Panel session**

**“COGNITIVE-BEHAVIORAL THERAPY IN NEUROLOGICAL PRACTICE”**

**CHAIRMAN: *Elena Korabelnikova (Moscow, Russia)***

The name "Cognitive behavioral psychotherapy" (СBT) combines a family of psychotherapeutic methods related to the similarity of theoretical views and techniques based on the processes of information processing and is a learning process that provides the patient with a new experience. The goal of СВT is to correct distortions or errors of thinking, and to form adaptive behavioral patterns. According to the majority of specialists, CBT is one of the leading psychotherapeutic areas, and is becoming increasingly common in clinical practice, in particular, in working with neurological pаtients. The reports presented at the Symposium show the high effectiveness of CBT in the treatment of patients with chronic pain, sleep disorders and other common clinical syndromes.

**DIAGNOSIS IN COGNITIVE BEHAVIORAL THERAPY**

***Dmitrii Kovpak*** *– M.D., PhD. Member of the European Association for Behavioural and Cognitive Therapies (EABCT). Member of the International Association for Cognitive Psychotherapy (IACP), IACP board member. Member of the European Association of Behavioural and Cognitive Therapy (EABCT). Associate professor Department of psychotherapy, medical psychology and sexology North-West Medical State University named after I. I. Mechnikov (Saint-Petersburg, Russia). Vice President of the Russian Psychotherapeutic Association. President of the Association for Cognitive and Behavioral Psychotherapy (Saint-Petersburg, Russia). Member of the Beck Institute Advisory Committee. Official Ambassador of St. Petersburg (Russia). Russia, Saint-Petersburg.*

The report is devoted to the CBT methodology and the diagnostic process. Based on the original model of the practical methodology of CBT, proposed by D. V. Kovpak in 2003, the diagnostic process is included in the structure of studying dysfunctional/disintegrative processes and the client's system crisis. The transdiagnostic approach, in addition to traditional formal methods, uses a clinical-psychological approach, clinical interviews, collection of relevant data and their systematic analysis, with case conceptualization based on the conceptualization of pathogenetic and strengths (SB, J. Beck, 2018).

**COGNITIVE BEHAVIORAL THERAPY FOR INSOMNIA**

***Elena Korabelnikova*** *– professor of the neurological department of Federal State Autonomous Educational Institution Higher Education I.M. Sechenov First Moscow State Medical University of the Ministry of Healthcare of the Russian Federation (Sechenov University), neurologist, psychotherapist, somnologist. head of the "Cognitive behavioral psychotherapy" modality of the all-Russian Professional Psychotherapy League, the all-Russian society of somnologists, the National society of specialists in children's sleep and the International Association for dream research, president of the Russian society of the Researchers of Dreams. Russia, Moscow.*

Over the past few years, there has been an increase in research showing the effectiveness of cognitive behavioral therapy in solving complex clinical problems, in particular, sleep disorders. Chronic insomnia is considered a common sleep disorder that significantly impairs the quality of life of patients, is resistant to therapy, and is associated with serious somatic diseases. The most popular theory of the pathogenesis of insomnia is the "3-P" model, first proposed by A. Spielman in 1987. It considers chronic insomnia as a derivative of 3 groups of factors: predisposing, provoking, and supporting, and justifies the need to influence the supporting factors by methods of cognitive behavioral therapy, which is currently the recommended standard for non-pharmacological treatment of insomnia. The benefits of CBT insomnia include no side effects, risk of addiction, and abuse.

**COGNITIVE BEHAVIORAL PSYCHOTHERAPY FOR PANIC DISORDER**

***Denis Ivanov*** *– clinical psychologist. Head of social programs of the Association of cognitive behavioral psychotherapy. Member Of the Association of cognitive behavioral psychotherapy. Russia, Moscow.*

***Vitaly Sidnyaev*** *– psychologist. Member Of the Association of cognitive behavioral psychotherapy. Russia, Moscow.*

The aim of this study was to test hypotheses that cognitive-behavioral psychotherapy for panic disorder is prolonged, including in situations of forced self-isolation.The results show the effectiveness of cognitive-behavioral psychotherapy in the correction of panic disorder both with pharmacotherapy and independently. Also, facts were obtained confirming the effectiveness of cognitive-behavioral psychotherapy in the prevention of manifestations of panic disorder in a situation of forced self-isolation. The conducted research helps to see that the hypotheses put forward have found their empirical confirmation.

**NEW TECHNOLOGIES AND THEIR APPLICATION IN THE FIELD OF TRANSFORMATION OF SOCIAL AND PERSONAL BELIEFS IN ACHIEVING INDIVIDUAL AND GROUP GOALS**

***Darya Trutneva*** *– author of the self-regulation tool called the Master Kit, the founder of Super Ego, the author of four books, the head of the Research Institute of Self-Regulation, the president of the public non-profit organization "Association of Personal and Public Self- Realization", the editor-in-chief of the magazine "Self-Regulation". Russia, Kazan.*

The report describes a set of computer-based automated algorithms, implemented as the Master Kit multimedia training tool, allowing the client to work independently on their own internal state. Technically, it is a mobile application. A web version is also available. The application helps you to cope with depression without medication, achieve goals and solve various problems in any area of life.

How do we make decisions? What does cause it? How do our beliefs work? Is it possible to change them? How to use internal resources and always be in a streaming state.

**COGNITIVE BEHAVIORAL SUPPORT OF WOMEN DURING INFERTILITY TREATMENT**

***Irina Кargol*** *– сlinical psychologist, assistant at the Department of General and clinical psychology at BelSU. Russia, Beigorod.*

The report examines the problem of psychological supporting women during the treatment for infertility. A psychological program is presented that helps to reduce the distress and improve the quality of life of women suffering from infertility.

**FEATURES OF THE MANIFESTATION OF ANXIETY DISORDERS AND WORK WITH THEM IN THE APPROACH OF COGNITIVE BEHAVIORAL PSYCHOTHERAPY DURING THE POLITICAL AND ECONOMICAL CRISIS**

***Tatiana Petukhova*** *– сertified psychologist and coach (AFC, ECA). Member of the Association of Cognitive Behavioral Psychotherapy. Advisory Member of the PPL. Author of the book on the psychology of sales "Off season". Entrepreneur, speaker of many motivational and professional conferences, author of psychological articles in magazines (Russia Today, and others), author of psychological articles in magazines (Russia Today, and others). Permanent speaker at the GBU "Small Business of Moscow". Russia, Moscow.*

**Panel session**

**“MEDIATION: INTERDISCIPLINARY APPROACHES TO CONFLICT RESOLUTION”**

**CHAIRMAN: *Nina Lavrova (St. Petersburg, Russia)***

Mediation promotes responsible decision-making, leading to agreement in the conflict. The use of interdisciplinary approaches increases the effectiveness of mediation.

The purpose of this Symposium is to present the experience gained in conflict resolution, as well as to discuss the problems arising in the organization of mediation.

The reports offer answers to the questions of how the professional community of mediators to take a worthy place in the field of intermediary activity, how to identify the most effective technologies from the arsenal of mediation, how to expand interaction with the judicial system. Particular attention is paid to the issue of conflict prevention and the formation of a social environment conducive to constructive interaction. Such an environment is characterized by mutual understanding, tolerance and personal responsibility of community representatives for the results of a common cause.

Modern knowledge from the field of psychology and neuroinformatics, studying the organization of the communicative system, expands the theoretical basis underlying mediation technologies.

**MEDIATION IS A TOOL FOR SOCIALIZATION OF THE INDIVIDUAL**

***Nina Lavrova*** *– full member of the PPL, head of the mediation Committee of the PPL, psychotherapist of the European registry, director of the Center «Alliance». Russia, Saint Petersburg.*

***Nikanor Lavrov*** *– candidate of medical Sciences, associate professor of St. Petersburg state pediatric medical University. Russia, Saint Petersburg.*

The acquisition of conflict resolution skills contributes to the socialization of the individual at all stages of its formation. The report examines skills that make it easier to reach agreement in small group disputes. The perspective of mediation in creating a favorable social environment is discussed.

**MEDIATION IN HEALTH CARE. PROSPECTS OF DEVELOPMENT**

***Natalia Golubeva*** *– clinical psychologist, family systemic psychotherapist, certified specialist in the existential humanistic psychotherapy, mediator, head of the Healthcare mediation working group in PPL, Professional Psychotherapy League (PPL) full member, East European Association of Existential Therapists member. Russia, Moscow.*

A current complicated issue of mediation procedure’s actual implementation in modern healthcare will be considered in the report. Practice of mediation procedures clearly indicates difficult & complicated way of the alternative argument regulation methods in our country. One of the most complicated spheres for mediation procedures implementation is Medicine. This is conditioned by a number of specific reasons including legal questions

**MEDIATION PROCEDURE IN "CO-DEPENDENT" COUPLES AS A FRAGMENT OF FAMILY PSYCHOTHERAPY**

***Raisa Aksenfeld*** *– MD, Associated Professor, Department of Ambulatory Therapeutics, Clinical Laboratory Diagnostics and Medical Biochemistry, Yaroslavl State Medical University, Psychotherapist, , Head of Psychosomatic Medical Center VALEO. Russia, Yaroslavl.*

Psychotherapy of family relations reveals deep interpersonal problems in "co-dependent" couples, who express a desire to resolve the conflict and avoid divorce, but in reality they each pursue their own goal and at the same time involve the psychotherapist into destructive games. The only way to get a real constructive long-term result is to conclude a triple mediation agreement: the psychotherapist and co-dependent partners.

**MODERN MEDIATIVE TECHNOLOGIES IN EDUCATION. PRESCHOOL MEDIATION SERVICES. PRESENTATION OF THE PROJECT ON SYSTEM PRESCHOOL MEDIATION IN CRIMEA**

***Inna Zezyulinskaya*** *– head of the Crimean regional branch of PPL Russia, accredited training psychotherapist-adviser and supervisor of PPL; certified PPL trainer of national level; holder of the European Certificate for Psychotherapy; trainer of the Institute of Practical Psychology “Imaton; Associate Professor of the IPO SRS KIP (Interregional Public Organization for Promotion of Symboldrama – Catathymic Imaginative Psychotherapy Development); supervisory Board member of the National Self-Regulating Organization “Union of Psychotherapists and Psychologists”; head of Applied psychology center “Harmony” and of art-therapeutic workroom “Paints of the Soul”; author of Metaphorical associative cards “Harmony” and of the course of intuitive painting "Intuitive painting as a creative method of self-knowledge and self-development"; author of the project “Psychological lounge. The Art of Living". Russia, Sevastopol.*

The report examines current trends in the development of mediation in education. Training in preschool mediation is carried out within the framework of the most effective interdisciplinary approach, principles of complexity and individual-age specific approach. The pre-school mediation training project started in Crimea gives introduction to mediation work in the education system and in other areas of conflict resolution (ethnic disputes, family arguments, etc.). The program of the project covers the subtleties and nuances of the new profession of a specialist in preschool mediation and uses the global experience in the area of preschool mediation. The training includes acquiring modern technologies of preschool mediation, which allow clearly and precisely define the subject of a dispute and set the goals of upcoming agreements. The program develops sustainable practical skills through continuous participation in the process of pre-school mediation starting from the very beginning of the training. It shapes the basic competencies for using the preschool mediation procedures in order to resolve family and ethnic conflicts for people in difficult life situations, and contributes to prevention of conflicts by creating a mediative environment (safe and enriching space).

The learning process includes hands-on training technologies, real case studies, role-playing games, supervision. The project on system preschool mediation has great social importance for the Crimea and for Russia.

**NEW APPROACHES TO MEDIATION OF CONFLICTS BETWEEN TEENAGERS**

***Elena Romanova*** *– practicing psychologist, system family consultant in the modality of system family psychotherapy Eastern version (SSTV), Erickson hypnotherapist, professional mediator, Full member of the PPL, Head of the educational direction in the modality of SSTV, Head of the working group on System school mediation of the PPL mediation Committee, member of the Supervisory Board of the SRO "Union of psychotherapists and psychologists", General Director of "Studio of innovative psychology and mediation "EGO", Russia, Moscow.*

The report examines the possibilities of a narrative approach to mediation in conflict situations in the adolescent environment. The phases of the narrative mediation process are discussed. Narrative mediation techniques are considered. An approximate sequence of mediation stages in working with adolescents in the narrative approach is described.

**MEDIATION IN LATVIA: BIRTH, GROWING UP AND THE FUTURE**

***Viktoria Portere*** *– Master of Law, certified mediator and attorney at law of Latvia, certified psychologist, lecturer, PH.D. student from the Latvia University of Life Science and Technologies, the Faculty of Education. Latvia, Riga.*

The report examines the development of mediation in Latvia. The regulatory framework and statistics of its application from 2014 to 2020 are given. The applicable mediation models in Latvia and the necessary qualifications for the status of a certified mediator are discussed. Mediation is considered in its meaningful and organizational aspects and plans for the future.

**USAGE OF MEDIATION IN RESOLVING FAMILY CONFLICTS BETWEEN CHILDREN AND PARENTS**

***Anzhelina Kazakova*** *– systemic family psychologist, mediator, head of Chelyabinsk office of Global Relationship Centers, current member of Professional League of Psychotherapists, Russia, Chelyabinsk.*

Usage of mediation in resolving family conflicts between children and parents. Respectable adult intermediary helps to find a solution that compensates negative consequences, and rebuild damaged relationships without using manipulation, punishment, psychological pressure. Open and safe communication of mediation helps the child to feel the sense of belonging and importance in family by participation in finding solutions for the problem.

This report covers both specifics of used methods and practical experience of mediation in the “parent-child” system, where erroneous behavioral goals can manifest in aggressive and destructive conduct of both sides of the conflict.

**Panel session**

**“NEUROPSYCHOLOGY”**

**CHAIRMAN: *Liudmila Baskakova (Novosibirsk, Russia)***

Neuropsychology is a rapidly developing direction in the study of the relationship of the human brain and its functioning in society. Nowadays neuropsychology takes its rightful place both in children's and adults’ practices. This includes rehabilitation after local lesions, assistance in the development of the brain during development delay, development of compensatory mechanisms in the process of involution. The main directions will be presented in our section. Russia is the founder of neuropsychology in the world and is developing in its own way, taking into account the uniqueness of national culture. This trend is becoming more and more clear-cut and acquiring more and more supporters.

**NEUROPSYCHOLOGICAL CORRECTION OF TEENAGERS WITH BEHAVIOR DISORDER**

***Lyudmila Baskakova*** *– clinical psychologist, neuropsychologist, head of the psychological service of a medical centre, full member of the Professional Psychotherapeutic League, Head of Neuropsychology direction, regional level lecturer of PPL. Russia, Novosibirsk.*

Teenager’s behaviour disorder may be due to the underdevelopment of certain brain structures. Unlike the classical psychotherapy, the neuropsychological approach allows acting indirectly affecting through other brain functions. Behavioural disorder may be a neoplasm of puberty and hormonal development as well as altered problems of childhood behaviour violation.

The report will examine existing violations and correction methods using the completed fourteen years old teenager working case as an example.

**NEUROPSYCHOLOGICAL CORRECTION OF THE CHILDREN WITH NOONAN SYNDROME**

***Tatyana Volegova*** *– psychologist in social sphere, teacher-psychologist, neuroscientist. Russia, Tashgatol.*

The report provides a brief description of the disease, methodological development of neuropsychological correction for this syndrome. The possibilities of neuropsychological correction for any genetic disease will be considered.

Information for specialists and parents

**PANIC ATTACKS AND THEIR BRAIN MECHANICS**

***Olga Smolina*** *– practical psychologist, psychology teacher, certified specialist in integrative therapy, family psychological counseling, Erickson hypnosis, neuropsychology, personal psychotherapist at the interregional level and full member of PPL Russia. Russia, Moscow.*

The report examines the causes of panic attacks, brain processes that occur in this case, and ways of possible solutions to this situation.

**GENERAL AND ETHNIC FEATURES OF THE RELATIONSHIP BETWEEN THE NEUROLOGICAL STATUS AND DISORDERS OF THE VISUAL AND SPATIAL ORIENTATION IN ELDERLY AND SENIOR PATIENTS IN ELDERLY**

***Elena Khamaganova*** *– neuropsychologist, trainer-consultant, head of the Territorial Department in the Republic of Buryatia of the Professional Psychotherapeutic League, medical psychologist at the Autonomous Republic of Belarus \"Republican Clinical Hospital for War Veterans\", Federal Network of RITM Clinics. Russia, Ulan-Ude.*

The report discusses the results of a screening study of patients with dyscirculatory encephalopathy (Chronic cerebral ischemia) undergoing routine inpatient treatment. We study the correlation between the symptoms of organic brain damage and its functional state in the field of spatial praxis in males and females, the elderly and senile, Buryat and Russian nationality. The examination is carried out using neuropsychological and neurological tests, such as vestibulo-coordinating tests, determining sensitivity, inducing reflexes, tests that take place in a visual-figurative plan and based on an analysis of the operations needed to orient an object (or image) in space, etc.

**PLACE OF PSYCHOTHERAPY IN THE WORK OF A NEUROPSYCHOLOGIST**

***Svetlana Lebedeva*** *– Master of Psychology, full member of the PPL, Personal therapist of PPL at the Interregional level. Russia, Nizhny Novgorod.*

The report examines the role of psychotherapy in the work of a neuropsychologist. Possibilities of psychotherapeutic interventions in the family system in order to obtain a result in a shorter time frame. Opportunities and limitations.

**PRESCHOOL CHILDREN WITH SEVERE SPEECH DISORDERS PERCEPTION PECULARITIES  
*Andrey Tsvetkov*** *– doctor of psychology, Professor, Scientific Director of "Izuminka" center for neuropsychology. Russia, Moscow.*

Traditionally in neuropsychology, motor schemes and object images are considered as speech sensory base. However, in non-speaking preschoolers perception is non-object oriented. Formation difficulties in orientation reflex to sound, touch, less oftenly to light make sense for correction. Correction is performed by attaching of target sensory modalities, one a time, to orientation causing features that causes orientation. Oftenly that's vestibular, vibrational, or olfactory sensitivity. An integration of the child's body image is significant side result.

**Panel session**

**“ONCOPSYCHOTHERAPY” / “ONCOPSYCHOSOMATICS-2022”:**

**HOLISTIC BIO-PSYCHO-SOCIO-SPIRITUAL APPROACH TO THE TREATMENT AND REHABILITATION OF PEOPLE WITH AN ONCOLOGICAL DISEASE**

**CHAIRMEN: *Alexandr Brazhnikov (Saint Petersburg, Russia), Zlata Polozhaya (Moscow, Russia)***

The panel session is a traditional annual discussion forum of specialists - psychotherapists and psychologists, as well as oncologists of various clinical disciplines, summarizing their professional experience in the supervision of patients with oncological pathology. The work of the session is built in the paradigm of the traditional medical model – psychosomatic medicine and its private sub-session – oncopsychosomatics. The main information blocks of the session will be: carcinoethyology, carcinopathogenesis, diagnostics of oncological diseases, the specifics of the clinical picture of various forms of oncological diseases, tactics and strategy of treatment of oncological diseases with a special emphasis on highlighting modern methods of oncopsychotherapeutic treatment of oncological diseases by methods adopted in various psychotherapeutic schools and areas (modalities) of psychology, the main directions of rehabilitation of oncological patients, issues of primary, secondary and tertiary prevention of oncological diseases, medical epidemiology and medical statistics, summarily proceeding from the specifics of the bio-psycho-socio-spiritual concept format generally accepted in psychosomatic medicine.

**(SRO) «ONCOLOGICAL SPECIALIZED PSYCHOTHERAPEUTIC (ONCOPSYCHOSOMATIC) SERVICE OF THE RUSSIAN FEDERATION» AS A NEW SYSTEM MODEL FOR INTRODUCING PSYCHOTHERAPEUTIC CANCER TREATMENT METHODS IN THE STATE AND NON-STATE HEALTH CARE SYSTEM**

***Brazhnikov A.*** *– rector and Head of the Department of Oncopsychosomatics of the St. Petersburg Psychosomatic medical institute, President of the «Charitable foundation «Kind person» aimed at promoting the introduction of psychosomatic medicine methods in the health care system, psychotherapist, psychiatrist, psychiatrist-narcologist, health care manager. Russia, Saint Petersburg.*

The paper presents the Investment-and-Implementation Project and a step-by-step methodology for implementing a model of organizing the healthcare system, called “Oncological specialized psychotherapeutic (oncopsychosomatic) service of the Russian Federation” by organizations of the professional NPO sector in the constituent entities of the Russian Federation in the legal format of a “self-regulatory organization” (SRO)».

**THE CONCEPT OF STRESS-INDUCED CANCER IN CARCINOPATHOGENESIS: CANCER REPARATIVE TRAP**

***Bukhtoyarov O.*** *– doctor of Medical Sciences, Professor, Chief Physician of LLC "Medcenter 39", Federal State University "Baltic federal university named after I. Kant”. Russia, Kaliningrad.*

***Samarin D.*** *– candidate of Medical Sciences, Head of the Laboratory of Psychoimmunology of LLC "Medcenter 39". Russia, Kaliningrad.*

The paper presents an etiopathogenetic model of the development of oncological diseases, based on modern scientific and experimental data of psychoneuroimmunology, proving the indisputable role and influence of premorbid psycho-emotional stress on the genesis of the development of carcinopathology.

**GOALS, FUNCTIONS AND MAIN DIRECTIONS OF PRACTICAL WORK OF AN ONCOPSYCHOLOGIST IN THE STRUCTURE OF THE TREATMENT PROCESS OF A MULTIDISCIPLINARY STATE ONCOLOGICAL DISPENSARY EXAMPLIFIED BY THE SIMFEROPOL REPUBLICAN ONCOLOGICAL DISPENSARY**

***Zaritskaya G****. – leading oncopsychologist of the highest level of the Simferopol Republican Oncological Dispensary named after Efetov. Crimea, Simferopol.*

The paper presents a summarized experience of building an effective practice of supporting cancer patients at the prehospital, hospital and post-hospital stages of treatment of an oncological patient conducted within a multidisciplinary state oncological dispensary.

**EDUCATIONAL AND TRAINING PROGRAM OF INTENSIVE TRAINING OF ONCOPSYCHOLOGISTS AND ONCOPSYCHOTHERAPISTS EXEMPLIFIED BY THE OPENING OF THE ONCOLOGICAL PSYCHOLOGICAL SERVICE IN THE STRUCTURE OF “ST. PETERSBURG CLINICAL ONCOLOGICAL DISPENSARY”**

***Proshchenko******S.*** *– leading oncopsychologist of the highest level of the St. Petersburg Clinical Oncological Dispensary. . Russia, Saint Petersburg.*

The paper presents the proprietary educational and training program for specialists - oncopsychotherapists and oncopsychologists to enable them to provide qualified oncopsychological assistance to cancer patients who are at various clinical stages of treatment within the state oncological treatment and prophylactic institution (LPU) of a large metropolis.

**"EXPERIENCE OF USING METHODS OF EMOTION-IMAGERY PSYCHOTHERAPY IN THE CURATION OF PATIENTS WITH ONCOLOGICAL PATHOLOGY".**

***Linde N.*** *– author of the method "Emotion-imagery therapy", Professor of the Moscow Institute of Psychoanalysis and the Moscow University of the Humanities, Chairman of the Committee of Directions and Methods (modalities) of the PPL. Russia, Moscow.*

The paper highlights the experience, the main tactics and strategies used in the framework of emotion-and imagery therapy in the curation of patients with oncological pathology.

**CLINICAL EXAMPLES OF THE USE OF METHODS OF EMOTION-IMAGERY PSYCHOTHERAPY IN THE PRACTICAL WORK OF AN ONCOPSYCHOLOGIST AND AN ONCOPSYCHOTHERAPIST**

***Ignatieva E.*** *– full member of the PPL Russia, clinical psychologist, teacher of the basic course of Emotional-Image Therapy, teacher of the T. Smirnova’s authors course "Inner Child - Inner Parent", leader of personal trainings and programs.*

Based on clinically proven cases the paper highlights the practical experience of employing methods of *emotion-imagery* therapy of cancer patients.

**ALGORITHMS OF SANOGENESIS IN THE CONCEPT OF "KATATIMNO-IMAGERY BODY-ORIENTED PSYCHOTHERAPY" WHEN TREATING PATIENTS WITH ONCOLOGICAL DISEASES**

***Karafa-Korbut N.*** *– associate professor of the International Society for the Cathartic Experience of Images and Imagery Methods in Psychology and Psychotherapy (IGKIP), full member and personal therapist of the Register (PPL), Supervisor of the Institute of Psychosomatic Medicine and Psychotherapy (IPP, Potsdam-Babelsberg). Russia, Moscow.*

The paper highlights main standards of catatim-imaginative specialization developed by Dr. Wolfgang Lesh for the treatment of autoimmune and tumor diseases, as well as chronic pain and neurodegenerative processes.

**MODERN HYPNOPSYCHOTHERAPY FOR ONCOLOGICAL DISEASES**

***Vasyutin A****. – oncopsychotherapist, BELTICO Medical Center. Russia, Moscow.*

The paper is devoted to the clinical algorithms of the proprietary hypnotherapy techniques used in the curation of cancer patients.

**METHODOLOGY OF THE SCHOOL "PSY2.0" IN THE CURATION OF PATIENTS WITH ONCOLOGICAL DISEASES**

***Filyaev M****. – clinical psychologist, hypnotherapist, ideologist, creator and curator of the project "PSY2.0". Russia, Moscow.*

The paper highlights the practical accumulated experience of curating cancer patients, using methods of modern hypnotherapy, provocative therapy, regressive hypnosis. Main tactics of treating patients with oncological diagnoses are provided.

**Panel session**

**“POSITIVE PSYCHOTHERAPY”**

**CHAIRMEN: *Ivan Kirillov (Istanbul, Turkey), Maxim Goncharov (Moscow, Russia)***

**POSITIVE COACHING**

***Ivan Kirillov*** *– MD, PhD, psychiatrist, psychotherapist, member of the board of directors of the World Association of Positive Psychotherapy. Turkey, Istanbul.*

This presentation is to introduce the basic principles, advantages and tools of positive psychodynamic coaching.

**POSITIVE PSYCHOSOMATICS**

***Ivan Kirillov*** *– MD, PhD, psychiatrist, psychotherapist, member of the board of directors of the World Association of Positive Psychotherapy. Turkey, Istanbul.*

This presentation is to introduce modern ideas of the nature, diagnosis and treatment of psychosomatic disorders.

**POSITIVE CONFLICT OPERATIONALIZATION**

***Maxim Goncharov*** *– Dr., MD, PhD, psychiatrist, psychotherapist, international trainer and Directors Board member of the World Association of Positive and transcultural Psychotherapy (WAPP), ECP and WCP holder. Russia, Moscow.*

**POSITIVE PSYCHOTHERAPY IN CORPORATE AND PUBLIC WELLBEING**

***Maxim Goncharov*** *– Dr., MD, PhD, psychiatrist, psychotherapist, international trainer and Directors Board member of the World Association of Positive and transcultural Psychotherapy (WAPP), ECP and WCP holder. Russia, Moscow.*

**DESTRUCTIVE CONCEPTS OF PSYCHOTHERAPIST AS A FACTOR OF BURNOUT**

***Polina Efremova*** *– psychologist, master-trainer in positive psychotherapy, director of the Moscow Center of Positive Psychotherapy, general manager of the "Positive Psychotherapy" modality in the Committee of Modalities of PPL, holder of the European Certificate of Psychotherapy (ECP), current member of WAPP, PPL.*

The report examines the influence of negatively colored concepts about difficult situations in psychotherapeutic practice on the development of burnout syndrome in psychotherapists. A combination of the theory of personal constructs and positive psychotherapy to predict situations leading to burnout of a particular professional is discussed. It is proposed to integrate the model into educational supervision and educational therapy to prevent the development of burnout in young professionals.

**INTERCULTURAL COUPLES / FAMILIES: FEATURES AND BASIS OF COUNSELING IN THE APPROACH OF POSITIVE PSYCHOTHERPY**

***Orsoo Tuya*** *– Candidate of Psychological Sciences, Ph.D., Psychology, educational psychologist, certified psychotherapist (Certificate of the World Association for Positive Psychotherapy, Wiesbaden, Germany). Russia, Moscow – Mongolia, Ulaanbaatar.*

The report examines theoretical approaches to the study of cultures in the modern world, their typology. The points of view of specialists on the prospects (success/failure) of intercultural couples/families are presented. Probable conflicts faced by partners are described. The report discusses possible ways of overcoming the conflicts during the counseling/psychotherapy process in the positive psychotherapy approach.

**POSSIBILITIES OF POSITIVE PSYCHOTHERAPY IN THE FORMATION OF ANTI-CORRUPTION RESILIENCE IN HIGH SCHOOL STUDENTS**

***Olga Vannovskaya*** *– candidate of psychological sciences (PhD), associate professor, member of the World Association for Positive Psychotherapy (WAPP), full member of the Professional Psychotherapeutic League (PPL), member of the Russian Psychological Society (RPO), consultant psychologist, associate professor of the Department of General and Applied Psychology, Leningrad State University named after A.S. Pushkin. Russia, St. Petersburg.*

The report examines the theoretical and instrumental foundations for the formation of anti-corruption resistance of high school students by means of positive psychotherapy. Describes the anti-corruption resistance training program for high school students. The results of a formative experiment on the implementation of anti-corruption training in secondary schools are presented.

**IMPLEMENTATION OF THE TRANSCULTURAL APPROACH IN THE PROFESSIONAL TRAINING OF EDUCATIONAL PSYCHOLOGISTS**

***Alexandra Gitman****.*

The report discusses the basic concepts, content and organization of professional training of university students of pedagogical and psychological specialties, taking into account the transcultural approach.

**PSYCHOTHERAPEUTIC WORK WITH CHILDHOOD NEUROSES IN THE METHOD OF POSITIVE AND TRANSCULTURAL PSYCHOTHERAPY**

***Evgenia Mironenko*** *– director of the Center for Positive Psychotherapy "Positum23", positive psychotherapist, educational psychologist of the highest qualification category.*

The report offers practical experience of working with childhood neuroses in the concepts of positive psychotherapy. The correlation of macro and microtraumas with the occurrence of

neuroses in children is considered. The peculiarities of building parent-child relationships based on the stages of interaction in PPT are analyzed. The typical dynamics of conflicts in children of

different age categories is discussed. PPT tools are proposed to facilitate work with parents and children.

**DIAGNOSTICS OF ANXIETY IN POSITIVE PSYCHOTHERAPY**

***Evgenia Okaemova*** *– сonsultant in Positive Psychotherapy method, Coach (ICF), trainer of personal and team assessment and soft skills development.*

This report presents theoretical assumptions and substantiation of the factors of anxiety development in Positive Psychotherapy. Based on research we show connection between certain primary capacities deficits and the level of client's anxiety. Practical use - prerequisites for treatment, application of techniques and techniques in the framework of Positive Psychotherapy and other methods is discussed.

**BASIC CAPACITIES DEFICITS (DISTURBANCES) AS A FACTOR OF ANXIETY DEVELOPMENT**

***Ksenia Vladimirova*** *– practicing psychologist – consultant (WAPP certificate – Worls Association of positive psychotherapy), WAPP member.*

In this research we formulate a hypothesis which proves how primary capacities deficits influence on the factor of anxiety development. We show the results of diagnostics anxiety level in our focus group based on standardized questionnaires. Determination of the level of basic abilities development is based on the WIPPF questionnaire. We analyze the correlation between anxiety level and primary capacities deficits and present а theoretical overview of the factors of anxiety development, as well as research in this area.

**PRACTICE OF INNER SUPPORT AND SELF-PARENTING AS PART OF "CONTACT" CAPACITY**

***Nadezhda Isaenko*** *– MS in Psychology, member of World Association of Positive Psychotherapy. Russia, Moscow.*

The discourse addresses practical application of the dialogue and contact with self and the basic capacity and need as a prerequisite for the resolution of 3 types of conflicts. Participants will be invited to experience an embodied method for inner support and self-parenting, as a skill for inner tension resolution and the “aiding for growth” of capacities.

**THE CONNECTION OF PRIMARY CAPACITIES DEFICITS AND DEPRESSION GROWTH DURING THE PANDEMIC**

***Polina Efremova*** *– psychologist, master-trainer in positive psychotherapy, director of the Moscow Center of Positive Psychotherapy, general manager of the "Positive Psychotherapy" modality in the Committee of Modalities of PPL, holder of the European Certificate of Psychotherapy (ECP), current member of WAPP, PPL.*

The report presents the results of an international study of the relationship between depression and deficits in primary abilities in residents of 7 countries during a pandemic. A comparative analysis of responses to the pandemic was carried out in 4 areas of the balance model. The regularities of people's reactions depending on their deficit needs (abilities) are described.

**CLIENTS' PERCEPTION OF THE PSYCHOTHERAPEUTIC PROCESS**

***Elena Petrova*** *– psychologist, basic consultant of Positive Psychotherapy, member of WAPP (World Association of Positive Psychotherapy). Russia, Moscow.*

The report offers the experience of several cases, revealing the client's ideas, expectations and attitudes of the psychotherapeutic process. Clients' attitudes towards therapy in the beginning and during the process are examined. Overall satisfaction with the results is discussed. The possibilities of specialist's participation in the client's image formation of psychotherapy are analyzed.

**HOPE AND OPTIMISM: A COMPARATIVE ANALYSIS OF CONCEPTS IN DIFFERENT PSYCHOLOGICAL SCHOOLS AND WORLD PERSPECTIVE SYSTEMS**

***Olga Vannovskaya*** *– candidate of psychological sciences (PhD), associate professor, member of the World Association for Positive Psychotherapy (WAPP), full member of the Professional Psychotherapeutic League (PPL), member of the Russian Psychological Society (RPO), consultant psychologist, associate professor of the Department of General and Applied Psychology, Leningrad State University named after A.S. Pushkin. Russia, St. Petersburg.*

The report provides a comparative analysis of the concepts of "hope" and "optimism" in different psychological schools and worldview systems. The possibility or impossibility of combining the semantic field of the concepts of "hope" and "optimism" is discussed.

**HYPOCHONDRIACAL DISORDER THROUGH THE PRISM OF POSITIVE PSYCHOTHERAPY BALANCE MODEL. PSYCHOTHERAPEUTIC TOOLS BASED ON CLIENTS CASES**

***Alexander Klimov*** *– psychotherapist, member of the Professional Psychotherapeutic League, Russia, Moscow.*

The report presents tools of positive psychotherapy that are relevant for working with patients with hypochondriacal disorder. The patient's balance model is also analyzed. The primary and secondary capacities of patients involved in the actual conflict are discussed. On the example of clinical cases, the authors consider the possibilities of using the five-step model of positive psychotherapy while working with patients with hypochondriacal disorder. Developing of primary capacities of patients is also discussed.

**SCOUTING AS A UNIVERSAL INSTRUMENT FOR HARMONIC DEVELOPMENT AND EDUCATION OF CHILDREN AND TEENAGERS**

***Victoria Timofeeva*** *– psychologist, coach, specialist in metaphorical cards, positive psychotherapist. Author of sets of cards: «Shake, buddy!», «Abstractions» и «Biblical stories», of the book on the application of metaphorical cards in positive psychotherapy, coaching and HR-management. Author of the concept «Positum Coaching». Moscow, Russia.*

The report observes the main functions and tasks of scouting, describes its key aspects and their role in education and development of children and teenagers. As well as it demonstrates the practical application of Positum Coaching.

**BODY-ORIENTED WAY OF WORKING WITH CONFLICTS IN POSITIVE PSYCHOTHERAPY**

***Nadezhda Isaenko*** *– MS in Psychology, member of World Association of Positive Psychotherapy. Russia, Moscow.*

The discourse addresses body-oriented procedure of working with conflicts. Participants will experience the method of embodiment of the capacities and needs actualised in the conflict. They will try a body-oriented way of dealing with emotions with the help of such skill as acceptance. And the way of influencing own experience, perception and inner contradiction through embodied practices.

**INTEGRATION OF POSITIVE PSYCHOTHERAPY AND NON-VIOLENT COMMUNICATION METHODS**

***Aleksey Osipov*** *– M.D., psychiatrist, basic consultant in positive psychotherapy method, member of World Association of Positive Psychotherapy (WAPP). Russia, Moscow.*

Parallels in between structure of methods are observed in the report. Similarities and differences in determination of needs and ways to content them are defined. Influence of using methods in combine on forming contact between therapist and client or client and other participants of actual conflict is described.

**THE OPPORTUNITIES OF PLAYING ENGAGEMENT WITH CHILDREN IN THE ONLINE FORMAT**

***Elena Khalipskaya*** *– psychologist, positive psychotherapist. Russia, Innopolis.*

The situation of the Covid-19 pandemic made a lot of psychologists and psychotherapists set a very complicated task: not to stop therapy with children and adolescents and create new opportunities of psychological work in the online format.

The following questions were put to the specialists working with children : how to do playing therapy, how to work with real emotions, how to comply with the conditions of physiological ecology and safety during the engagement with clients in online messengers? In this report the author attempted to analyze her experience.

**BALANCE MODEL IN PSYCHOTHERAPY OF CODEPENDENT RELATIVES OF PATIENTS WITH SENILE DEMENTIA. EXPERIENCE OF SHORT-TERM COUNSELING IN A SOMATO- PSYCHIATRIC HOSPITAL**

***Sergey Shereshevsky*** *– MD, psychiatrist, City Clinical Hospital "GKB Eramishanzeva". Russia, Moscow.*

Due to the limited opportunities for social support of patients suffering from senile dementia and other related pathology, it is crucially important to develop an effective pattern of interaction with their relatives. The latter often find themselves alone with the problems that arise when living together with the patient. This, in turn, negatively affects the quality of life of both the caregivers and the patients themselves. The report describes patterns of behavior offered to caregivers who live in the same living area with the patient to cope with the situation.

**EMOTIONS TRANSFORMATION IN PSYCHOTHERAPY PROCESS**

***Lyubov Smolovskaya*** *– Master of Psychology, member of the World Association for Positive Psychotherapy, certified psychotherapist in the method of Positive Psychotherapy, psychologist at the Moscow Center for Positive Psychotherapy, consultant in the international employee assystans program ICAS. Russia, Moscow.*

The report examines the process of transformation of the client's emotions in the counseling process from the point of view of positive psychotherapy. The modern understanding of the mechanism of the emergence of emotions is considered. The basic principles of working with the emotional state of the client are discussed.

**DEVELOPMENT OF PRIMARY ABILITIES OF CONTACT AND CONFIDENCE IN THE FRAMEWORK OF FORMATION OF EMOTIONAL INTELLIGENCE**

***Yulia Dremina*** *– clinical psychologist, trainer of the basic course of positive Psychotherapy, supervisor. Russia, Moscow.*

The report examines the formation of primary abilities of contact and trust in the psychotherapeutic relationship between the therapist and the client through the formation of the ability to perceive, analyze and accept their emotions and the emotions of the people around them.

**Panel session**

**“PROCESS-ORIENTED PSYCHOLOGY AND PSYCHOTHERAPY”**

**CHAIRMАN: *Liudmila Serbina (Moscow, Russia), Marina Belokurova (Moscow, Russia)***

Process-oriented psychotherapy is a wide and diversified approach for work with inner experiences, chronic symptoms, conflicts resolution and relationships. It is based on simple and effective theories and practices developed by Arnold and Amy Mindell and their colleagues from Switzerland, USA and other countries. Having its origin in Jungian analytic psychology, Taoism, and physics process work is based on principal that the disorder produced by the problem contains resolution of the problem itself. Process-oriented approach became a comprehensive psychotherapeutic method, aimed to work with the wide spectrum of human experience. It represents a practical tool that helps individuals, pairs, families and group to gain more consciousness and creativity. Process work has been used in various areas including psychotherapy of married couples, large groups, for conflict resolution, body symptoms work, altered state of consciousness and addictions.

**POSSIBILITIES AND DIFFICULTIES OF THE PROCESS-ORIENTED INTERNAL WORK OF A SPECIALIST IN CONSULTATION AND WORK WITH A GROUP**

***Julia Smirnova*** *– full member of the PPL, diplomate in process-oriented psychology (IAPOP standard), lecturer of the International Diploma Program in Process-Oriented Psychology of the ISPWR (Moscow), accredited supervisor of the PPL, psychologist, business counsellor.*

**TAIL LIGHTS «IS A TOOL OF A PROCESS-ORIENTED APPROACH IN INDIVIDUAL, GROUP AND PERSONAL THERAPY**

***Marina Belokurova*** *– psychologist, psychotherapist of the Register of European Certificate of Psychotherapy Holders (EAP), certified processual work expert, holder of the World Certificate for Psychotherapy (WCPC), EUROTAS professional member, full member of OPPL, founder of the body-oriented insight therapy, developer of contemporary approach to mythodrama. Founder and the presiding member of the Association for Transpersonal Psychology and Psychotherapy (ATPP), Processual Work Professional Community, Central Playback Theatre School, Association for Intermodal Arts Therapy. University lecturer (Moscow State University of Technology and Management, Academy of Public Administration), Certified teacher of humane pedagogy (Association of humane pedagogy Sh. Amonashvili) Speaker TEDmed Russia. Chief executive officer at the counselling and training company "Hi-human technologies".*

«Tail lights" is a metaphor for effective skill  in a process-oriented approach, allowing not only to notice other, non-obvious, "going in the opposite direction" in the process of client, group or own therapy( inner work of the therapist), but also the ability to unfold and integrate the energy of these processes into everyday reality.

**EXPERIENCE IN THE APPLICATION OF PROCESS-ORIENTED PSYCHOLOGY IN THE PRACTICE OF A SPECIALIST**

***Inga Rumiantseva***– *psychologist, psychotherapist, vice-president of All-Russian Professional Psychotherapeutic League, head of the Supervision Committee of the PPL; certified supervisor and full member of PPL Russia.  Supervisory Board of the National Self-Regulatory Organization “Union of the psychotherapists and psychologists”.  Organizer of the international scientific congresses and Psyfests. Saint-Petersburg, Russia.*

 We know that in psychological counseling, not only the conversational aspect is important, but also visual practical material. And exercises adapted to the topic of working with someone who comes to a consultation are an important tool in the work of a psychologist. Thus, leaving a resource for further independent internal work on their goals and life tasks. The report will be devoted to this experience.

**PSYCHOLOGICAL TECHNIQUES FOR SUSTAINABLE DEVELOPMENT OF ORGANIZATIONS**

***Kira Tserkovskaya***– *practicing psychologist, business coach, supervisor, full member of the PPL. Russia Moscow*.

**COMBINATION OF PROCESS-ORIENTED PSYCHOTHERAPY AND CLASSIC HOMEOPATHY IN A PRACTICE OF DOCTOR-PSYCHOTHERAPIST**

***Elena Filippova*** *– Ph.D., psychiatrist-narcologist, psychotherapeutist, homeopath. Student of ISPWR diploma program. Crimea, Simferopol.*

Basic concepts of homeopathy. Conditions when homeopathy is the only possible medicine. Synergism of Homeopathy and Process-oriented psychotherapy. Organizing of Process-oriented psychotherapy with homeopathic support.

**INDIVIDUAL STYLE IN DEVELOPING CONTENT TO PROMOTE PSYCHOLOGICAL SERVICES**

***Irina Izvekova*** *– Master of Pedagogy, certified specialist in process psychology, student of the II phase of the diploma program of the international school of process work ISPWR, TriYoga teacher, ex-general director at a marketing agency. Russia, Moscow.*

**ART PROJECT "DREAMING IN WAKE"**

***Sergey Kuzhavsky*** *– designer, artist, visualization therapist, member of the SDR and the Moscow Union of Artists, Academician of Graphic Design, Senior Lecturer at the National Research University Higher School of Economics, discipline "Art Practice". Russia, Moscow.*

**THE ROLE OF DREAMS IN PROCESS-ORIENTED PSYCHOLOGY AND PSYCHOTHERAPY**

***Natalya Pshenichnaya*** *– certified process-oriented psychotherapist, student of the 2nd phase of the International Diploma Program ISPWR, director of the Association of Process-Oriented Psychologists and Psychotherapists APOPP. Russia, Moscow.*

**ATMOSPHERE AS A CHANNEL AND METHOD OF PROCESSWORK**

***Tatiana Zakharova*** *– clinical and developmental psychologist (MSU), specialty: Jungian Analysis and Processwork.*

**CONFLICT – THE ART OF DISRESPECT**

***Lev Belogorodskii*** *– psychologist, psychotherapist, psychotherapist of the unified register of professional psychotherapists in Europe (EAP) in the world (WCP). Full member of the All-Russian Professional Psychotherapeutic League. International level PPL trainer. In the committee of modalities (methods) of psychotherapy and counseling PPL heads the direction «Body oriented Psychotherapy». Full member of the European Association for Body Psychotherapy (EABP).*

**OPERATING THE CONFLICT IN CHILDREN’ CO-ACTIVITY GROUP**

***Anastasiia Etko*** *– certified process-oriented psychologist, master in psychology (Personology and existential psychotherapy, HSE), children’s’ psychologist.*

Frequently, the grown-ups tend to treat children’s сonflicts as if they are unreal or meaningless. However, any conflict in childrens’ co-activity group is to be considered as a reflection of the pedagogue’s mental proceeding. To operate the conflict, one has to deal with the fact that any event the group is involved in implies that his or her primary and secondary processes make sense, and should be ready to cooperate with every participant of the conflict in exploring the situation and look for an apple of discord for each of them.

**«INNER» AND «OUTER» TIMING IN INNER SYMPTOMS**

***Liudmila Serbina*** *– Ph.D, Dipl.PW, psychotherapist of the European Association for Psychotherapy, full member PPL Russia. International level PPL trainer. In the committee of modalities (methods) of psychotherapy and counseling PPL heads the direction «Process-Oriented Psychology and Psychotherapy», full member of the IAPOP аnd the European Association for Psychotherapy (EAP). Lecturer of the Institute Integrative Psychology and Psychotherapy, of the International Diploma Program in Process-Oriented Psychology of the ICPW. Russia, Moscow.*

Most people assume that consensus reality *–* that is, the world of human contacts, linear time, space, and matter *–* is more significant than dreams and the experience of tendencies.

**Panel session**

**“PSYCHOANALYSIS”**

**CHAIRMAN: *Alina Timoshkina (Moscow, Russia)***

Section speakers: teaching psychoanalysts, group analysts and supervisors ERPP (European Association of Psychoanalysis and Psychotherapy) / ECPP (European Confederation of Psychoanalytic Psychotherapies), clinical psychologists and psychiatrists:

**GROUP ANALYSIS *–* SOCIETY PSYCHOTHERAPY**

***Alina Timoshkina*** *– Ph.D., President of the EAPP, Member of the Board of the ECPP (Vienna, Austria), Head of the Moscow School of Civil Engineering, Chairman of the Group Analysis Section of the OPPL, EARPP, Associate Professor of MIP, Head of the Department of Psychoanalysis and Group Analysis of MMA, Member of the Presidential council and head of the expert commission of the SRO National Association "Union of Psychotherapists and Psychologists".*

**NARCISSISM IS THE PITCHER OF THE FUTURE**

***Tatyana Mizinova*** *– PhD, President of the IPO DPP ECPP-Russia, Vice-President of the European Confederation of psychoanalytic psychotherapy (Vienna), Director of the " Center for psychological support and modern psychoanalysis "Persona". Russia, Moscow.*

**PERVERSION PHENOMENON IN GROUP PROCESSES**

***Elena Savicheva*** *– PhD, Chairman of the RO-Moscow ERPP, author of training courses on psychoanalysis accredited by the KSiA EARPP, teacher at MIP, OMPU, MSHGA.*

**REFLECTION OF FAMILY DIFFICULTIES IN THE MIRROR OF COUNTERTRANSFERENCE**

***Yan Fedorov*** *– Candidate of Medical Sciences, Vice-President of the EARPP, Head. day hospital No. 4 of St. Petersburg GBUZ "Hospital named after P.P. Kashchenko.*

**SEPARATION, IDENTITY AND INTEGRATION: GROWING UP IN THE ERA OF GLOBALIZATION**

***Julia Khakimova*** *– clinical psychologist, psychoanalyst, chairman of the regional branch of the MOO RPiP ECPP - Ufa, head of the Center for the Development of Psychoanalytic Psychotherapy "SPHERA". Russia, Ufa*.

**ON THE QUESTION OF GENDER IDENTITY TRANSFORMATION: EXPERIENCE OF PSYCHOTHERAPEUTIC WORK**

***Valeriya Narinskaya*** *– psychologist, psychotherapist, founder of the School of New Consciousness "Leronium", full member of the Professional Psychotherapeutic League. Russia, Moscow.*

The report is devoted to the consideration of the structural and content transformation of gender identity in the modern world, as well as the specifics of the individual intrapersonal conflicts arising in this regard.

The author pays special attention to the substantiation of the hypothesis, according to which the conflict potential of gender representations can be significantly reduced in the process of psychotherapeutic work by resolving female-male conflicts in the generic system.

**Panel session**

**“PSYCHOCATALYSIS”**

**CHAIRMAN: *Andrey Ermoshin (Moscow, Russia)***

Psychocatalysis is a method of using a person’s own attention to regulate processes in his own mind and body. The purpose of the work is to restore and strengthen the integrity, balance, competence, and connection of a person with the general flow of life. The method is closely connected with the Russian spiritual, philosophical, psychological tradition. In the section, we will discuss the various possibilities of using the method in working with mental, psychosomatic disorders, in moving a person to a new level of success and consider the combined use of the method along with other approaches that have developed in psychotherapy and counseling.

**SECURITY, HOPE, BELIEF, BELONGING: WHAT IS IT FROM THE POINT OF VIEW OF SOMATOPSYCHOLOGY AND PSYCHOCATALYSIS AND HOW KNOWLEDGE OF THESE PHENOMENA HELP IN PSYCHOTHERAPY?**

***Andrey Ermoshin*** *– PhD, certified psychotherapist, official teacher, practice supervisor and personal therapist of international level, member of the PPL modality committee, head of the psychocatalysis modality, psychotherapist of the Unified Register of Professional Psychotherapists of Europe, Head of the Doctor Ermoshin Center. Russia, Moscow.*

We will discuss the “four clouds” that protect a person from front, from back, from above and from below. What can be done to make them sustainable, and what happens if stability is lost in these key areas of the life of the human soul? How does knowledge about these phenomena help in the process of psychotherapy using the method of psychocatalysis?

**PSYCHOCATALYSIS AS AN ELEMENT OF THE EVOLUTION OF HUMANITY**

***Elena Lysenko*** *– full member of the PPL, psychologist, specialist in psychocatalysis in the Doctor Ermoshin Center. Russia, Moscow.*

In a rapidly changing world, the ability to adequately adapt to new circumstances is vital. But, despite millions of years of evolution, human nature is not completely perfect, both from the point of view of structure and functioning. In these conditions, the method of Psychocatalysis opens additional opportunities for returning a person to a natural state of integrity and balance through immersion of their conscious attention in bodily and spatial sensations associated with experiences, which contributes to maintaining their competence and connection with the general flow of life.

**ALGORITHMS/SCENARIOS FOR WORKING WITH THE SYMPTOMS OF OBESSIVE-COMPULSIVE DISORDER BY THE METHOD OF PSYCHOCATALYSIS**

***Andrey Kopylets*** *– psychiatrist, psychotherapist of the highest qualification category.*

The report summarizes practical algorithms for working with the symptoms of obsessive-compulsive disorder by the method of psychocatalysis, based on the theory of somatopsychology (psychocatalysis) and other psychotherapeutic concepts.

**ALLERGY AS A SPECIFIC PERSONAL CHARACTERISTIC**

***Lyudmila Slovesnova*** *– psychologist, Head of the Volgograd regional branch of the PPL.*

The report describes the experience of working with a client suffering from atоpical dermatitis.

A woman, 28 years old. According to her mother, she suffers from dermatitis from infancy. From childhood, she was distinguished by excitability, the desire for independence.

At the first stage of the work, the diagnostic method of Constructive Figure of a Person was used.

The use of psychocatalysis made it possible to identify the control center for allergic reactions and reorient its activity. Further work was built in the context of psychosynthesis: integration of parts, finding the center of the Self. According to the client, allergic reactions were minimized, relapses are associated with an aggravated personal reaction to events. In general, the request is resolved.

**Panel session**

**“PSYCHO-ORGANIC ANALYSIS**” **POA School and its tools. Students' workshop**

**CHAIRMEN: *Oksana Mironik-Aksenova (Anapa – Moscow, Russia), Joёlle Boyesen (Paris, France)***

Psycho-organic Analysis emerged in the second half of the twentieth century as an eclectic trend. It is a psychodynamic vector, based on the knowledge that  working through unconscious conflicts leads to the energy release, and as a result, relief from a particular symptom. This is a long-term method (the process lasts from 6 months to 3.4 years). Leading psychotherapeutic principle: processing of the conflict that causes blockage in significant areas of the patient's life. This processing allows patient to experience a return of energy and activity that can be used by him to solve life pel problems. Analytical practice has shown that the unconscious can  produce two types of energy. When clients face situations from their past, they sometimes find it difficult to express feelings which were previously supressed: sadness, anger, joy, etc. (i.e. those  feelings that they did not have the opportunity or right to express in those situations). The life energy that is manifested in this process is called a Residual energy. With the help of specially developed POA tools, it becomes possible for the client to face any of their feelings and express them.  
Another type of energy is Consequent energy. Consequent energy conceals the potential of the individual: desires, needs, and opportunities that have not yet been realised. Identification of Consequent energy is the fundamental orientation of the POA. Therefore, the analysis concerns not only the past, but also what may be in the future, the formative stage. Special attention is paid to the area of needs and deals with basic physiological needs, needs for love, care, self-realisation, aesthetic needs, etc.

**WHAT IS PSYCHO-ORGANIC ANALYSIS?..**

***Paul Boyesen*** *–**founder of the POA Method, President of the Psycho-organic Analysis Section, psychotherapist, President of Boysen Foundation, Past-President of​ EAPOA, Honored Presedent of APSOS, AAPOA-DGPOA, Director of EFAPO in Paris. Experienced psychoanalyst (Jungian and Lang schools), has many years of world-wide​ experience (Europe, America and Australia) in humanistic psychology and modern physiotherapy in the field of Bioenergetics and Biodynamics. Author of many articles, conference reports and books published in German and French, as well as of a world-known Primary Impulse Training (PIT). Leads many professional training groups since 1975. Has a private practice. (France).*

**HOW OUR DEEP UNCONSCIOUS ORGANIC EXPERIENCE IS CONNECTED TO OUR WORDS: THE IMPORTANCE OF RELATION, AFFECTS AND IMAGINATION**

***Joёlle Boyesen*** *– Vice-president of EAPOA, scientific developer of the POA method, psycho-organic therapist, supervisor, head of the Commission on Educational Institutions (EFAPO), curator and trainer of the POA school, has a private practice (France).*

Some experience on the given topic.

**DEVELOPMENT AND SPECIFICITY OF THE POA METHOD IN RUSSIA**

***Oksana Mironik-Aksenova*** *– Psycho-organic therapist (European and World registers), leader of the Psycho-organic Analysis Module in Russia, full member of the PPL, EAP, National Delegate from Russia in the EAROA, International-Class Supervisor Coach in the PPL, Personal therapist, pre-training Coach for students in the POA school. Current Employment: "Integration Center", "Gamma Center", private practice. Russia, Anapa – Moscow.*

**PERSONALITY TYPOLOGY IN POA. COUPLE RELATIONSHIP WITHIN FRAME OF CHARACTER TYPOLOGY IN POA. DEPRESSIVE-RIGID TYPE OF PERSONALITY IN A RELATIONSHIP**

***Julia Vasilyeva*** *– practicing consultant of psychological counseling, student of the School of Psycho-organic Analysis. Russia, Moscow.*

​We consider the formation and structure of relationships within a couple from the point of view of the prevailing types of character within a person and the choice of its expression, if we mean a relationship with another. The work and movement of energy in this system of relations according to  POA.

​**INDIVIDUAL THERAPY EXPERIENCE OF 5 YEARS**

***Valentina Orlova*** *– сonsultant of psychological counseling, student of the School of Psycho-organic analysis. Russia, Moscow.*

​Analysis of a completed journey. A complex case - what is it?. Memoir experience for oneself and for others.

**​PSYCHO-ORGANIC ANALYSIS TOOLS IN WORKING WITH ADDICTION**

**​*Natalia Glatkova*** *– psycho-organic therapist, member of the Russian Association of Psychoorganic Analysis, full member of PPL Russia, business trainer, consultant; member of the Coaching club “CoachVill” and the League of Professional Trainers Consultants; International certification of Austrian company "Harramach & Partner". Practice of 30 years. Russia, Moscow.*

​Drug addiction in remission. The main stages of recovery from addiction. ​Gaming addiction ​ as an escape from reality. Identity development with the methods of ​ Psychoorganical Analysis

**WORKING WITH CONTRACTS IN GESTALT AND IN POA METHODS (ONLINE)​ ​ ​  
*Irina Finko*** *–**psychologist, psychotherapist practicing in Gestalt approach and in Psycho-organic Analysis. Hungary, Budapest.*

Comparative analysis of two methods for working with family contracts.

**METHOD OF PSYCHO-ORGANIC ANALYSIS AND CHI KUNG – THE UNITY OF BODY AND PSYCHE: PRACTICAL APPLICATION FOR BURNOUT PREVENTION**

***Alla Krylova*** *–**psycho-organic analyst, certified chi-kung instructor with 25 years of teaching experience. Russia, Moscow.*

Within the framework of the PОА method, one of the tools in working with a client is the psychotherapist's physiology, his knowledge, feelings, and condition. The ability to quickly recover yourself is one of the important skills for effective work and the prevention of burnout.  
Let us consider in a comparative analysis the relationship of the psycho-organic circle and the energy structure of a person in qigong traditions from the point of view of the unity of body and mind. We examine the effectiveness of several exercises in practice.

**WHEN A CHILD CAN’T FIND THE WORDS, MEDIATION HELPS HIM**

***Michelle Guichrnaud*** *(Invited guest) – linguist, psychotherapist, psycho-organic analyst, clinical psychologist (research master's in clinical, psychopathological, intercultural and psychoanalytic psychology), supervisor, analyzes professional practices in psycho-medico-social sector, member of the Psycho-organic Analysis Association (AAPO), the French Federation of Psychotherapy and Psychoanalysis (FF2P), the International Association of Ethnopsychanalysis (AIEP), associate researcher at the Transcultural Medicine Consultation at the St Andre University Hospital Center (CHU) in Bordeaux. France, Pau.*

The analytical psychotherapy with mediations consists in signifying indirectly with an intermediate tool what fails in ability of verbal evocation, in opening   a space of liberating expression and potential transformation. The using of painting and body as mediations could be very efficient in a psychotherapeutic process for children or adolescents. I propose to show it in support of a report and clinical examples with slides (powerpoint).

**ROUND TABLE**

**Joint discussion of different themes in the framework of psychotherapy for colleagues from other methods and directions**

**Panel session**

**“PSYCHOTHERAPEUTIC KINESIOLOGY”**

**CHAIRMAN: *Irina Chobanu (Moscow, Russia)***

Psychotherapeutic kinesiology is a modern modality, created on edges of Applied kinesiology, traditional Chinese Medicine, Eastern practices, osteopathy, Psychology of personality, and Psychodynamic approaches.

Psychotherapeutic kinesiology is an integrative personality oriented psychotherapeutic approach, aimed on correction of different disturbances and on harmonization of a person. Integrative part is based on synthesis of different techniques and methods on bases of psychogenetic theory and model of personality: its development, psychopathology and symptom-generation.

It is recommended for patients with neurotic, affective, post-stress, psychosomatic and addictive disturbances, for long-lasted problems, and for other disorders.

Our students do not need a special medical education for studying kinesiology. In order to practice kinesiology students study for 2 years, after successfully passing exams they get Diploma of professional education.

**EFFECTIVE HOLISTIC PSYCHOTHERAPY OF CHILDREN AND TEENAGERS WITH HELP OF PSYCHOTHERAPEUTIC KINESIOLOGY**

***Irina Chobanu*** *– medical doctor, psychotherapist, kinesiologist, director of the Institute of kinesiology, President of Association of Professional Kinesiologists. Russia, Moscow.*

The level of health of children and teenagers is going worse every year. And there are different causes of this situation. Psychotherapeutic kinesiology helps to gently make influence on several important factors: 1.stress of intrauterine life, 2.complications in the birth, 3.difficulties of the first year of life, 4.influence of pre-school time, 5.negative experience of beginning school. Body techniques are especially good to reach these memories and to transform them. Because of this a process of effective adaptation and getting better starts.

**THE IMPACT OF STRESS ON THE RELATIONSHIP BETWEEN PARENTS AND CHILDREN**

***Alina Antonova*** *– psychologist, kinesiologist. personal (private) therapist at All-Russian Professional Psychotherapeutic League, lecturer at the Institute of Kinesiology.Psychotherapeutic Kinesiology dept. head. Full member of PPL, valid member of Professional kinesiologist association. Russia, Moscow.*

The report examines the peculiarities of experiencing stress by the family. How intra-family relationships change due to external influences. How can a specialist of a helping profession help?

**APPLICATION OF PSYCHOTHERAPEUTIC KINESIOLOGY IN THE FIGHT AGAINST PSYCHOSOMATICS GASTROINTESTINAL TRACT**

***Julia Nestereca*** *– Master of Health, Riga, Latvia.*

The report examines the concept of psychosomatics, and its impact on various areas of life. Discussion of case studies.

**THE INFLUENCE OF PARENTAL PROGRAMS ON THE DEVELOPMENT OF PSYCHOSOMATIC SYNDROMES IN CHILDREN**

***Svetlana Skiper*** *– full member of the Association of Professional Kinesiologists, kinesiologist, coach, head of the Center for Kinesiology and Psychology "Unity". Russia, Krasnoyarsk.*

The report examines the causes and mechanisms of the influence of programs, attitudes and habits of parents (grandparents) on the development of psychosomatic syndromes in children. The features of the manifestation of children's psychosomatics and the deforming influence of "disease programs" on growing up and successful socialization are analyzed. It is described about the possibility of diagnosis and correction of these conditions by methods of psychotherapeutic kinesiology.

**APPLICATION OF PSYCHOTHERAPEUTIC KINESIOLOGY IN WORKING WITH FEARS**

***Elena Eliseeva*** *– psychologist-kinesiologist, lecturer at the Institute of Kinesiology. Russia, Moscow.*

The report examines how fears interfere with perceiving reality and making plans for the future. It is discussed which techniques can help to work with fears. The principle of work on this issue in the modality of psychotherapeutic kinesiology is considered.

**METHOD OF PSYCHOTHERAPEUTIC KINESIOLOGY IN WORK WITH SEVERE PSYCHOSOMATICS AND SYMPTOMS OF PAIN DURING CRISIS SITUATIONS**

***Galina Korchagina*** *– psychologist, psychotherapeutic kinesiologist, actual member of the APK and actual member, candidate for personal therapists, official teacher of OPPL. Russia, Irkutsk.*

The report presents kinesiological techniques and tools to assist in improving the well-being of cancer patients, especially in times of temporary quarantine. It describes the possibilities in working with pain and manifestations of psychosomatics. It further focuses on the processing of the client’s past stressful situations so as to decrease their effect upon current wellbeing.

**SPEECH ON PSYCHOTHERAPEUTIC KINESIOLOGY**

***Ellina Sulchinskaya***

**Panel session**

**“PSYCHOTHERAPY AND PSYCHOLOGICAL COUNSELING FOR CHILDREN AND ADOLESCENTS”  
Problem areas and models of training child / youth psychologists and psychotherapists. What provides the maximum learning efficiency?**

**Dialogue of psychotherapeutic schools**

**CHAIRMEN: *Loktionova Albina Viktorovna (Moscow, Russia), Olga Andronnikova (Novosibirsk, Russia)***

In almost each school of psychotherapy, there is a training area related to working with children. We invite professionals who teach child and adolescent to discuss problem areas und share how they overcome problem areas in the training models for child/youth psychologists and psychotherapists.

**Importance:**

Currently, the demand for child / adolescent psychotherapists remains high in Russia. In many psychological centers, these are the most demanded specialists. Ground for such a situation is largely determined by the child's systemic position in society: being the subject of pedagogical influence, the object of medical treatment, an element of the genetic family system, the Person in own feelings and experiences, he also increasingly becomes the part (an object and an agent) of informational influence. The child and his parents have somehow to combine or integrate all these diverse influences.

Child psychotherapy and practical psychology, working in the field of prevention of personal disorders, must be effective, and for this to meet the challenges facing the child and adolescents. It is important that the professional models and skills of the specialist correspond to the inner content of the child's experiences, the peculiarities of perception, cognitions and the communication tools available to him, inherent in age, and, on the other hand, that they are aimed at the zone of proximal development of healthy internal models (rigs, stern).

**What about:**

The training of child psychologists and psychotherapists in an integrative approach has been developing in Russia for over 20 years. In this time we have identified a number of problem areas in the training of specialists and have learned how to deal with them. We provide colleagues with the opportunity to get acquainted with the principles of creating and in training.

A professional model of skills and knowledge for the effective work of a specialist - child / adolescent psychologist / psychotherapist in practice, developed in an integrative approach, and invite colleagues to the dialogue.

**BASIS AND FOCUSES OF TEACHING CHILD PSYCHOTHERAPISTS IN THE FIELD OF THE POLYPHONY OF PSYCHOTHERAPEUTIC SCHOOLS AND INCONSISTENCY OF ROLE EXPECTATIONS FROM A SPECIALIST – CHILD PSYCHOTHERAPIST OR PSYCHOLOGIST**

***Loktionova Albina Viktorovna*** *– M.D, Director, founder of the Institute of Integrative Childs Psychotherapy& Practical Psychology «Genesis» (Moscow). Child, developmental, couples psychotherapist (integrative and existential psychotherapy, systemic family work), therapist of European registry, of the registry for child's therapists of Austria, training therapist, supervisor. Head of Modality Integrative Child Psychotherapy at PPL. Lecturer of the Faculty of postgraduate and professional development at psychology, Moscow State Lomonosov University. Author and trainer of long-term training programs in child and family therapy. Expert at «Psychologies» magazine, radio and television programs, author of numerous articles, translations and of the book «Integrating: intrapersonal-interpersonal-systems approach in childs psychotherapy».*

**THE CHILD AS A SUBJECT OF HIS OWN EXPERIENCES, THE FEATURES OF TEACHING CHILD PSYCHOTHERAPISTS IN THE CLINICAL AND IN THE INTEGRATIVE MODEL**

***Novikova M.V.*** *– certified psychiatrist, certified psychotherapist of highest category in the regional state budgetary healthcare institution “Smolensk regional clinical psychoneurogical dispensary” (Smolensk). Teaching psychotherapist, supervisor, member of the board of directors of non-commercial partnership “Institute of integrative child psychotherapy and* *practical psychology Genesis”.*

**CHILD PSYCHOTHERAPISTS TRAINING FOR WORK WITH A SIGNIFICANT CHILD`S SOCIAL ENVIRONMENT**

***Simonenko I.A.*** *– Doctor of psychological sciences, professor of the department of general and clinical psychology, Kursk medical university. Certified child and adolescent psychotherapist* *in integrative approach, Vienna institute* *Ökids, teaching psychotherapist, researcher and supervisor in this approach (Russian-Austrian project on child psychotherapy).*

**AGE SPECIFICITY OF THE ORGANIZATION OF PSYCHOLOGICAL CONSULTING AND PSYCHOTHERAPY OF CHILDREN AND ADOLESCENTS**

***Olga Andronnikova* –** *PH.D., Dean of the Faculty of Psychology,* *Associate Professor, Novosibirsk State Pedagogical University. Chairman of the Novosibirsk Regional Branch of the Federation of Educational Psychologists of Russia. Full member of the All-Russian Professional Psychotherapeutic League. Member of the American Psychological Association (APA), Russian Academy of Natural Sciences (RAE). Novosibirsk, Russia.*

The report discusses specific and non-specific features of the organization of therapeutic interaction with children and adolescents. The model, therapeutic tasks and rules for organizing therapeutic work with children are given. Differentiated tasks, typical problems and features of therapy and counseling for adolescents.

**THE CONCEPT OF A MULTI-PROFESSIONAL MULTI-LEVEL APPROACH IN CHILD PSYCHOTHERAPY**

***Yuri Shevchenko*** *– Doctor of Medical Sciences, Professor, Member of the Presidium of the Russian Society of Psychiatrists, Chairman of the Moscow Section of the Association of Child Psychiatrists and Psychologists, Head of the Department of Child Psychiatry and Psychotherapy of the Russian Medical Academy of Continuing Professional Education. Russia, Moscow.*

The work is a generalization of modern theoretical provisions and own practical experience of interdisciplinary assistance to children with mental disorders to substantiate a universal model of a therapeutic approach that takes into account nosological and syndromic diagnosis, physical health, neuropsychological status, concomitant disontogenetic disorders, age characteristics, as well as prospects for personal growth and socialization of patients.

**DISCUSSING THE CHILD PSYCHOTHERAPY DEVELOPMENT PROCESSES**

***Alla Semenova***– *pediatrician, psychotherapist, immunologist, full member of the OPPL of Russian Federation, the author of the method and the head of modality «Healing, Creative Psycholinguistics», doctor of science in the Field «Control in biology system» of International Academy MAISU (Information, Communication, Control in Engineering, Nature, Society). Russia, Moscow – Australia, Canberra.*

The report discusses the need to create a Single interdisciplinary center for the development of child psychotherapy, bringing together specialists, studying the state of the child's body, spirit, and soul. The method of Healing creative psycholinguistics is considered as integrative in assessing the psycho-emotional and mental health of children and forming the sphere of self-awareness and self-organization.

**STRATEGIES OF THE DEEPEST CHILD PSYCHOTHERAPIST AND TACTICS OF PSYCHOLINGUISTICS LANGUAGE GAMES**

***Alla Semenova***– *pediatrician, psychotherapist, immunologist, full member of the OPPL of Russian Federation, the author of the method and the head of modality «Healing, Creative Psycholinguistics», doctor of science in the Field «Control in biology system» of International Academy MAISU (Information, Communication, Control in Engineering, Nature, Society). Russia, Moscow – Australia, Canberra.*

The integrity of being is in the field of attention of the deepest child psychotherapist - health education, training, the development of a living creative spirit. Psycholinguistic, information and communicative language games, based on the natural connections of the sounds of the living Alphabet, accompany self-organization and self- identification programs and help restore disturbed internal harmony.

**"INTUITIVE PARENTHOOD" PROGRAM. TEACHING PARENTS TO CREATE THE CONDITIONS FOR UNLOCKING A CHILD\'S POTENTIAL ON THE BASIS OF ATTACHMENT THEORY**

***Natalia Tsareva*** *– an accredited psychologist/psychotherapist (SRO), full member of the Professional Psychotherapeutic League, head of the MIND ECOLOGY training center. Russia, Vologda.*

The concept of a program for teaching parents the principles and skills for creating a safe environment for a child to develop and discover their potential, based on John Bowlby\'s attachment theory. The features of adult attachment styles, including attachment trauma, as possible factors influencing child development are considered. Psychotherapy of healthy people is discussed.

**GROUP PROGRAM WITH ELEMENTS OF FAMILY PSYCHOTHERAPY TO IMPROVE THE PSYCHOLOGICAL STATUS OF CHILDREN, FAMILIES AND INCREASE THEIR INTEGRATION WITH SCHOOL**

***Tatiana Grechanaya*** *– Candidate of Medical Sciences, Senior Researcher, National Research Center for Addictions - branch of the Federal State Budgetary Institution “N. V.P. Serbsky" of the Ministry of Health of Russia.* *Russia, Moscow.*

The report discusses modern approaches to the prevention of drug use and other problems in the development and socialization of children and adolescents through increasing the relationship of children with family and school, including elements of family psychotherapy and psychotherapy in parent-child relationships in a group prevention program. The results of the program "Family and School Together" in the Moscow Region are presented.

**Panel session**

**“PSYCHOTHERAPY OF CRISIS STATE”**

**CHAIRMAN: *Marina Vladimirovna Kolyaeva (Moscow, Russia)***

Psychotherapy of a crisis status is one of the popular directions in modern psychotherapy. The urgency is due to the growth of mental disorders, psychosomatic diseases, suicides, depressions, family divorces, dependencies among the population, which, in the majority, are the result of a destructive solution to the crisis.  
The symposium will cover the following thematic areas:

- Work experience with crisis states of psychotherapists from various psychotherapeutic modalities: possibilities and boundaries in therapy of various crisis types and crisis state stages;

- Methodology of therapeutic treatment in different methods and modalities of psychotherapy and in multimodal approach: capabilities and development prospects;

- Theory and practice of effective solutions for crisis recovery of various types;

- Technologies of professional support during crisis on all stages of its experience: strategy and tactics of mono- and multimodal approaches.

**EXPERIENCE FROM PROFESSIONAL TRAINING OF PSYCHOTHERAPISTS OF CRISIS STATUS**  
***Marina Kolyaeva*** *– PHD in Psychological Sciences, Psychotherapist of the Unified Register of European Professional Psychotherapists, Head of the Eurasian Institute of Practical Psychology and Psychotherapy, Personal Psychotherapist - Advisor, accredited supervisor, teacher and personal therapist with a degree from the Professional League of Psychotherapists and the Eurasian Institute of Practical Psychology and Psychotherapy. Russia, Moscow.*

The report summarises and presents the experience from training specialists in working with crises. Different stages of training psychotherapists of crisis status are considered. The vocational retraining programme is based on a textbook model that includes: Theory, practice, personal therapy and supervision. Personal therapy and supervision – are important components of the professional training of specialists, which are part of the educational standard of the Eurasian Institute of Practical Psychology and Psychotherapy. The experience of training and skills development of personal therapists working with specialists during training and professional practice will be presented. A summary is also provided from the experience of training and certification supervision of specialists.

**BALINT GROUPS AS THE WAY TO PREVENT THE CRISIS OF PERSINAL GROWTH**

***Anzhela Avagimyan*** *– Associate Professor, Chair of Nursing Management and Social Work, Faculty of Preventive Medicine, Institute of Psychology and Social Work, FSAEI HE I.M. Sechenov First Moscow State Medical University of the Ministry of Health of the Russian Federation (Sechenov University); medical psychologist, No.1 N.A. Alekseyev Psychiatric Clinic, Moscow Health Department; PPL international level trainer; certified consulting psychologist (certified by the Institute of Psychosomatics and Psychotherapy, Potsdam, Germany and PPL); certified supervising Balint group leader (certified by German Balint Society and PPL); PPL international level individual consulting therapist and supervisor; Moscow Balint Society President. Russia, Moscow.*

The report studies the concept of professional career crisis. A specialist’s value is measured by his professionalism that becomes obvious as he grows professionally. But it is quite often that instead of the increase in skills we can witness professional and emotional exhaustion. The effectiveness of the Balint groups method as a tool of caring profession’s specialists’ professional burnout prophylaxis emerges. The experience of using Balint groups for overcoming the professional burnout in the Mental hospital No1 after Alekseev is stated.

**RESOURSEFULL CAPABILITIES OF MODERN INTEGRATIVE ARTTHERAPY IN WORKING WITH CRISIS STATES**

***Inna Zezyulinskaya*** *– head of the Crimean regional branch of PPL Russia, accredited training psychotherapist-adviser and supervisor of PPL; certified PPL trainer of national level; holder of the European Certificate for Psychotherapy; trainer of the Institute of Practical Psychology “Imaton; Associate Professor of the IPO SRS KIP (Interregional Public Organization for Promotion of Symboldrama – Catathymic Imaginative Psychotherapy Development); supervisory Board member of the National Self-Regulating Organization “Union of Psychotherapists and Psychologists”; head of Applied psychology center “Harmony” and of art-therapeutic workroom “Paints of the Soul”; author of Metaphorical associative cards “Harmony” and of the course of intuitive painting "Intuitive painting as a creative method of self-knowledge and self-development"; author of the project “Psychological lounge. The Art of Living". Russia, Sevastopol.*

The complexity of psychological assistance to people in crisis states exists due to the uniqueness of experiencing a crisis in each person and the lack of universal methods and techniques of working with crisis.

Specialists working with crisis conditions tend to increasingly incline towards the need for an integrative approach.

Integrative art therapy, a popular approach of contemporary psychotherapy based on arts and creativity, has a number of peculiar features and includes a triad, non-typical for modern psychotherapy: therapist - client - work of art, which makes it possible to endure painful moments in therapy less acutely. In the process of interaction with an art object, the development of creative personality traits, revival of integrity and integration in society occurs. In this form of psychotherapeutic treatment, art is perceived as a metaphor and serves as a healing, educational and socializing mechanism. The development of adaptability and a creative approach to life, as a constantly present intrapsychic ability, allows one to quickly restore the resourceful inner states. The use of the methods of art therapy proved its effectiveness in group psychotherapeutic work with crisis conditions.

**“EOS AND TITHONUS” – THE ABILITY TO ACCEPT THE INEVITABLE**

***Olga Igumnova*** *– Master of Social Sciences, Jungian analyst, individual member of IAAP, full member of the PPL, accredited supervisor PPL, coach of the Eurasian Institute of Practical Psychology and Psychotherapy (international level of accreditation), Almaty, Kazakhstan.*

In the paper, on the example of the Greek myth “Eos and Typhon”, an attempt is made to consider such concepts as inevitability, loss, acceptance and letting go. In almost all myths, there is such a thing as Fate, which is closely intertwined with destiny, and the way the heroes strive to avoid the inevitable in every possible way. In ordinary life, people are no different from the heroes of ancient myths.

There is not a single person on earth who would not face loss: a loved one, health, work. Even if the person himself is alive and well - in the environment (near or far) there are people experiencing or experiencing loss. Losses include divorce, loss of a child, missed pregnancy, abortion, etc. Losses, inevitable companions of life.

Modern research show that most cases, depression is not experienced loss or grief, e.g. the loss has not been transformed into a symbol, since only at the symbolic level do we have the ability to transform the loss into a resource, to accept the inevitable.

**THE UNIQUE ROLE OF THE BODY IN LIVING THROUGH A MID-LIFE CRISIS. THE BODY AS A PARTICIPANT IN THE THERAPEUTIC DIALOGUE**

***Olga Kovalyova*** *– full member of the PPL, national-level instructor for the PPL (pending). Psychologist, Gestalt therapist, coach, project leader, author of the blog “Crisis as a Chance”. Twenty years of experience in managing crises of personality and in organizations, author and instructor of the online course “Therapeutic techniques for managing mid-life crisis”, volunteer in emergency situations.*

The presentation employs the Gestalt tradition to highlight the special contribution from the body in living through a mid-life crisis and providing psychotherapeutic support during one. Areas for psychological and therapeutic work with bodily phenomena in mid-life crises are singled out. A spectrum of methods is suggested for establishing and sustaining contact with one’s body in order to find viable solutions to personal challenges during various crises in the second half of life.

**METHODS FOR EFFECTIVE DIAGNOSIS AND WORK WITH DISTRESS**

***Galina Makarova*** *– candidate of psychological sciences, member of the PPL, holder of the European Certificate of Psychotherapy, the International Academy of Transactional Analysis professor, co-author of the method and books “Transactional Analysis - Eastern Version,” “Scenario of a Personal Future,” “Woman Playing and Winning”. Russia, Moscow.*

Our life is filled with constant stimuli that can be defined as stressors. Some we beat off, some we use for our own benefit, and some we can’t cope with, which is normal. Hans Selye argued that we should not, and cannot, avoid stress. However, we can turn it to our benefit once we get to know its mechanisms and develop an appropriate attitude to life. People with adequate physical, psychological, social, spiritual resources, high self-esteem and a positive attitude have better tolerance for handling stress. Distress - “negative stress” – occurs when a person cannot cope as a result of subjective perception of objective circumstances. Distress is described as self-intimidation, self-depreciation, and loss of ability to overcome the problem and learn through experience. Usually, a person who prefers self-intimidation exhibits passive-aggressive behavior or passive aggression when faced with a stressful situation. This is a manner of behavior where a) the manifestation of authentic anger is suppressed; b) passive resistance to stimuli is demonstrated; c) however, a person using passive-aggressive behavior manages to achieve his goals by manipulating himself and others. In some ways, the biological laws of self-preservation help him and, at the same time, they harm him. The report will focus on methods of diagnosing and overcoming of passive-aggressive behavior, overcoming stress through positive experience and improved self-esteem. The theoretical and practical part is based on the “Transactional Analysis - Eastern Version.”

**ON THE ROLE OF FUNCTIONAL INTERHEMISPHERIC ASYMMETRY IN THE DEVELOPMENT OF STRESS REACTIONS AND THE DEVELOPMENT OF METHODS FOR MANAGING THEM**

***Andrey Strelchenko*** *– Doctor of Medical Science, full-fledged member of PPL, the psychotherapist of the European register of psychotherapists, the official representative of the Central council PPL in Latin America. Russia, Moscow.*

***Vyacheslav Zvonikov*** *– Doctor of Medical Sciences, professor, head of the Research Laboratory of Psychophysiology at Moscow University for the Humanities. Russia Moscow.*

The report examines the neuropsychological characteristics of individuals with different levels of resistance to occupational stress, taking into account their interhemispheric asymmetry. The dynamics of interhemispheric asymmetry depending on stress resistance is discussed. The approaches to the correction of PTSD are demonstrated using the example of the “Brain Breathing” technique.

**PREGNANCY AS A CRISIS**

***Ekaterina Fedyaeva*** *– perinatal psychologist, art therapist, neurographic art specialist, existing member of the PPL of Russia. Russia, Omsk.*

The report considers pregnancy as identity crisis and represents authors’s experience of the application systematic art therapy with pregnant women.

**SYMBOLDRAMA AND IMAGINATIVE BODY PSYCHOTHERAPY IN PSYCHOLOGICAL PREPARATION OF A PATIENT FOR AN OPERATIVE MEDICAL INTERVENTION**

***Yelena******Sheveleva*** *– a Jungian analytically-oriented psychologist, clinical psychologist, Training Symboldrama psychotherapist , PPL supervisor, personal PPL therapist-adviser, PPL teacher. IAAP router, ISST supervisant. A board member of "Development Society of Analytical Psychology" (Kazakhstan). A member of an international editorial board of Sandplay Therapy Magazine "Russian Sandplay Journal". Director of the Center of psychological services "Workshop of psychological practice".*

The report addresses the possibility of Symboldrama technique (KIP, H. Leuner) and Imaginative body psychotherapy (ImKP, W.Loesch) application in crisis psychological support of the patient in preparation for surgery. The content and organizational aspect of this kind of psychotherapy is considered in it.

**Panel session**

**“RESOURCE ORIENTED SYSTEM THERAPY (ROST)”**

**CHAIRMEN: *Lev Belogorodskiy (Moscow, Russia), Mark Sandomirsky******(Moscow, Russia)***

“Resource Oriented System Therapy(ROST)” is the author’s method of L. Belogorodskiy & M. Sandomirsky. In ROST the emphasis is not on a problem but on resources, possibilities to find the way out from a problem situation. The basic approach of ROST is a system vision of the situation which cause the action that solve the problem.

**“RESOURCE ORIENTED SYSTEM THERAPY(ROST)”. CONCEPT**

***Lev Belogorodskiy*** *– full member of EABP, psychotherapist of WCP & EAP. Russia, Moscow.*

Therapy as a Game. Rules of the Game. Client’s situation. Therapist’s request. Resource as a Possibility. Resource Vision. Vision & Doing.

**GROWTH: DEVELOPMENT, MATURATION, SELF-TRANSCENDENCE, META-DEVELOPMENT**

***Mark Sandomirsky*** *– Doctor of Psychological Sciences, MD, Institute of Group and Family Psychotherapy. Russia, Moscow.*

Personal GROWTH is considered in various psychotherapeutic aspects: development, maturation, autopoiesis, self-transcendence, mutual assistance. The integration of these approaches is presented as a meta-development.

**MOVEMENT AS A RESOURCE**

***Liudmila Serbina*** *– Ph.D, psychotherapist, Dipl.PW, the leader of the modality is Process-oriented psychology and psychotherapy OPPL. International teacher, supervisor, psychotherapist of OPPL. Member OPPL, IAPOP аnd EAP. Lecturer of the Institute Integrative Psychology and Psychotherapy, of the International Diploma Program in Process-Oriented Psychology of The International Center For Process Work (ICPW). Russia, Moscow.*

Movement is a bridge between internal and external experience. Unconscious movements are the fastest access to the resource state.

**CIRCLE OF WOMEN AS A RESOURCE FOR  HEALING POSTNATAL DEPRESSION**

***Oksana Petrova*** *– psychologist, clinical psychologist, hypnotherapist, body oriented and resource oriented psychotherapist.*

Causes of postnatal depression in the point of view resource therapy. History of circle of women.   
Integration of social and psychological help in womens group therapy.

**THERE IS A CONTACT! OR THE FIRST MEETING OF A PSYCHOLOGIST AND A CLIENT**

***Anastasia Kharyushina*** *– сertified Psychotherapist in Integrative therapy.*

Resource communication in the space of psychotherapeutic contact, basic concepts. What can help a novice psychologist at the first meeting? Factors affecting the quality of contact between a psychologist and a client. Main goals of the first meeting.

**LEADING AND FOLLOWING IN THE WORK OF A BODY THERAPIST**

***Valery Rodin*** *– body-oriented psychotherapist.  Graduate of the Integrative Kundalini Yoga Institute.  Student of ROST method.*

Capabilities \ resources of leading and following.  Want or need?  High-quality leading and following is ensured primarily by attention to body work: leading signals are transmitted from body to body.  What to pay attention to in the body for quality leading and following: what to tone, what to relax, and what to coordinate.

**Master class “GRAPHICAL STRUCTURING OF THERAPY METHODS”**

***Sergey Kuzhavsky*** *– designer, artist, therapist-visualizer, member of Russia Designers Association (RDA) and Moscow Association of Artist (MAA), academician in graphic design, senior teacher in Higher School of Economics (Art practice discipline).*

Master class for therapists. Resource-oriented technic of graphic visualization helps to realize individual therapy approaches on new verbal symbolic level of perception due to client attentive hearing and drawing skills.

**Panel session**

**“SEXUAL AND REPRODUCTIVE HEALTH OF CHILDREN, ADOLESCENTS, FAMILIES AND SOCIETY. PSYCHOTHERAPY IN SEXOLOGY AND SEXOPATHOLOGY”**

**CHAIRMAN: *Irina Panyukova (Moscow, Russia)***

**NEW ETHICS OF RELATIONS**

***Irina Panyukova*** *– Candidate of Medical Sciences, Associate Professor of the Department of Psychotherapy and Sexology of the Russian Medical Academy of Continuing Professional Education. Russia, Moscow.*

In the 21st century, we observe how views on relationships are changing, a new ethics of relationships is being formed. This is influenced by social factors, modern means of communication and events of previous years (pandemic and related restrictions). These changes are important to take into account in psychotherapeutic work to harmonize marital and partnership relations.

**PSYCHOTHERAPY OF NEUROTIC ORGASM SUPPRESSION IN WOMEN**

***Vladimir Domoratsky*** *– Doctor of Medical Sciences, Professor, Head of the Department of General and Clinical Psychology, Belarusian State University, Head of the Erickson Psychotherapy and Erickson Hypnosis Modality at the Department of General Medicine, Full Member of the Russian Scientific Sexological Society. Belarus, Minsk.*

 The main causes of neurotic anorgasmia in women and the targets for its psychotherapy are considered: negative sexual experience; obsessive fears of losing orgasm; anxious hypercontrol of sexual intimacy; triggers (stimulants that inhibit excitation); self-doubt; problems in partnerships. The corresponding techniques of psychotherapeutic influence are presented.

**INTEGRATIVE SEXOLOGY IN FORMING “INVULNERABILITY” OF SEXUAL HEALTH**

***Andrei Lyubarskii*** *– candidate (PhD in) of Medical sciences, interregional coach of professional psychotherapeutic league, sexologist, psychotherapist of Medical center “Harmony-Med”, 220 scientifiс publications and monograph “Feminine polygamy: evolutionally-biological approach”. Russia, Simferopol.*

The report reviews an extension of psychotherapeutic help/assistance in sexology: ethological method, Taoist and neotantrical approaches, development of spiritually-mistical and corpus-energetic layer in monogamous relationship. The “invulnerability” of sexual health is being interpreted.

**PECULIARITIES OF THE SEXUALIZED VIOLENCE CONSEQUENCES THERAPY**

***Alena Kazantseva*** *– psychologist with a specialization in psychotherapeutic sexology, specialist in working with sexualized violence survivors. official teacher of the Professional Psychotherapeutic League of international level, psychotherapist of the Unified European Register (EAP). Bulgaria, Nesebar.*

The report considers therapeutic and ethical nuances of working with survivors of sexualized violence. It discusses therapeutic strategies and alliance features.

**THE INFLUENCE OF TRAUMATIC CHILDHOOD EXPERIENCE IN THE DEVELOPMENT OF HUMAN SEXUALITY**

***Anna Dusalieva*** *– psychiatrist, psychotherapist, sexologist, hypnotherapist, full member of PPL Russia. Russia, Moscow.*

The report examines the role of traumatic childhood experiences in the pathological development of sexuality and interpersonal relationships of men and women.

Definition for the concept of traumatic childhood experience (complex childhood injury) is given. It’s diagnosis is discussed. The methods of psychotherapeutic treatment (EMDR therapy v. 2.0; hypnotherapy) are considered. Examples from clinical experience are given.

**PSYCHOANALYTIC VIEW ON SEXUAL MEN’S HEALTH**

***Irina Nikolaeva*** *– psychologist, psychoanalyst, sexologist. Psychotherapist Of A Single European Registry. Full member Of The Professional psychotherapeutic league, specialist of ECPP.*

The report will address violations such as delayed ejaculation and erectile dysfunction. Psychological aspects of the violation will be associated with stages of psycho-sexual development of man. Examples of clinical practice are also given in this article. Transfer and counter-transfer reactions are also considered.

**RECOVERY FROM SEXUAL ADDICTION**

***A recovering member of Sexoholics Anonymous (SA).***

The report contains a personal (speaker's) story of compulsive sexual behavior, his useless attempts to stop by all means on his own. It tells how speaker found the SA Fellowship, attained a stable remission with positive life changes as a result of working 12 Steps Program of SA (spiritual as well as moral). It also describes Fellowship's approach to overcome addictive behavior and practical tools for maintaining sobriety. Presentation of SA Fellowship, it’s goals, principles, history and current state worldwide and in Russia are represented.

**Panel session**

**“SYMBOLDRAMA AND IMAGINATIVE BODY-ORIENTED PSYCHOTHERAPY (ImKP)”**

**CHAIRMAN: *Yaakov Obukhov Kozarovitsky (Haifa, Israel)***

Symboldrama (Katathym-imaginative psychotherapy) is a direction of modern psychoanalytically oriented psychotherapy, developed in the late 40s and early 50s by the outstanding German psychotherapist Professor Hanscarl Leuner. Today, symboldrama is one of the most popular methods of psychotherapy in Russia, Ukraine, the Republic of Belarus, the Republic of Kazakhstan, Moldova, as well as Germany, Austria, Switzerland, Sweden, Holland, the Czech Republic, Slovakia, and Israel. Imaginative body-oriented psychotherapy (ImKP) is a specialization of Katathym-imaginative psychotherapy, which has proven itself in the treatment of severe somatic diseases: oncology, multiple sclerosis, organically caused arrhythmia of the heart, coronary heart disease, diffuse pulmonary fibrosis, polyarthritis, rheumatoid arthritis, ulcerative colitis and Crohn's disease, bronchial asthma, various skin diseases, chronic pain. At the session of Symboldrama and Imaginative Body-Oriented Psychotherapy (ImKP) you will be able to get acquainted with the latest developments, learn about the most important events that have taken place over the past year, as well as plans for the future and prospects for the development of Symboldrama and Imaginative Body-Oriented Psychotherapy in Russia and other countries.

**SYMBOLDRAMA - MY CONTRIBUTION TO THE DEVELOPMENT AND DISTRIBUTION OF THE METHOD**

***Yaаkov Obukhov Kozarovitsky*** *– Ph.D., a.o. professor of the Moscow Institute of Psychoanalysis, president of Association of Organizations for Symboldrama Development - Katathym-imaginative psychotherapy (AOSD KIP), member of the Central Council of the OPPL. Israel, Haifa*

The report introduces the current state of development of symboldrama and Imaginative body-oriented psychotherapy in Russia, Ukraine, the Republic of Belarus, the Republic of Kazakhstan, Moldova: what is our approach to the development of the method.

**SYMBOLDRAMA AND BALINT GROUPS**

***Nikolai Klepikov*** *– Ph.D. in Biology, born in 1942, docent of AOSD KIP, President of the Consolidated Psychoanalytic Society, co-head of the Moscow Regional Branch and board member of MOO SRS KIP, teacher at the Institute of Psychoanalysis. Russia, Moscow.*

The report discusses the features of the inclusion of Balint groups in psychotherapy using the symboldrama method.

**GIVING PSYCHOLOGICAL AND PSYCHOTHERAPEUTIC ASSISTANCE BY THE SYMBOLDRAMA METHOD, CONDUCTING DEBRIEFINGS AFTER THE TRAGIC EVENTS IN THE REPUBLIC OF KAZAKHSTAN IN JANUARY 2022**

***Victoria Van*** *– docent of AOSD KIP, President of the Kazakhstan Society for the Development of Symboldrama - Katathym-Imaginative Psychotherapy (KSDS KIP), Master of Pedagogical Sciences in Pedagogy and Psychology, doctoral student at Turan University. Republic of Kazakhstan, Almaty.*

The report introduces the experience of providing psychological and psychotherapeutic assistance, conducting debriefings after the tragic events in the Republic of Kazakhstan in January 2022.

**HOW PSYCHOTHERAPISTS WORK USING THE SYMBOLDRAMA METHOD IN UKRAINE TODAY**

***Sergey Vyshnichenko*** *– Ph.D. in Medical Sciences, docent of AOSD KIP, Head of the Regional Branch of the Symboldrama Society of Ukraine named after Hanskarl Leuner in Kryvyi Rih. Ukraine, Kryvyi Rih.*

The report examines the current situation in the providing psychological and psychotherapeutic assistance using the symboldrama method in Ukraine.

**INTEGRATION OF INTUITIVE-METAPHORICAL DRAWING AND SYMBOLDRAMA. RESOURCES AND CAPABILITIES**

***Inna Zezyulinskaya*** *– Head of the Center for Applied Psychology "Harmony", docent of AOSD KIP, official representative of the Central Council of PPL in Crimea and Sevastopol, member of the supervisory board of the National Self-Regulatory Organization "Union of Psychotherapists and Psychologists", head of the Crimean regional branch of OPPL. Russia, Sevastopol.*

Intuitive drawing is various, healing, and diverse. This is one of the ways to unlock creative potential, which has a healing and therapeutic effect and opens up opportunities for solving any request. In the process of drawing, the right hemisphere of the brain, which is responsible for figurative thinking and imagination, begins to work actively. Also, in the process of drawing, new neural connections are created that harmonize the human condition. It happens that in one session of intuitive drawing, a person undergoes deep transformations of consciousness, letting go of old patterns, destructive attitudes associated with fears of love, relationships, money, etc. and the formation of healthy creative patterns is laid.

**PROFESSIONAL ETHICS AND UNCERTAINTY**

***Alexander Zhukov*** *– psychologist, docent of AOSD KIP, vice-president of MOO SRS KIP, psychotherapist of the Unified Register of Professional Psychotherapists of Europe, head of the Novosibirsk branch of MOO SRS KIP, member and head of the ethics committee of MOO SRS KIP, interregional trainer and supervisor of the PPL practice, senior lecturer Faculty of Psychology, Department of Professional Retraining of NGPU. Russia, Novosibirsk.*

Strict adherence to ethical standards is an unconditional condition for the professional activity of a psychologist and psychotherapist. However, in practice there are often controversial issues. The experience in solving such complex issues is presented by the head of the ethics committee of MOO SRS KIP, docent of AOSD KIP A.S. Zhukov.

**EXAMPLE OF WORKING WITH PANIC DISORDER BY THE SYMBOLDRAMA METHOD**

***Dmitry Klepikov*** *– psychologist, Ph.D. in economics, teaching psychotherapist of AOSD KIP. Russia, Moscow.*

The report reveals the features of using the symboldrama method with panic disorders.

**WORLD OF BUSINESS *–* WORLD OF SEX. CONTRADICTION OF STRATEGIES. SYMBOLDRAMA COMES TO THE HELP (9 MONTHS LATER)**

***Viktoria Bazarova*** *– psychotherapist-sexopathologist, docent of AOSD KIP. Russia, Vladivostok.*

The report reveals the deep nature of human motivational systems and the peculiarities of using symboldrama in working with requests related to the topic of money and sex.

**METAPHOR OF MEADOW AND SOIL WHEN WORKING WITH REPRODUCTIVE LOSS**

***Irina Ageeva*** *– psychotherapist-endocrinologist-obstetrician-gynecologist, training psychotherapist of AOSD KIP, specialist in psychosomatic diseases of the reproductive sphere, teacher of the National level of OPPL. Russia Moscow.*

The report reveals the deep features of using symboldrama with diseases of the reproductive sphere.

**SYMBOLDRAMA AND AUTISM: THE EXPERIENCE OF THE BELGIAN CLINIC AND OUR TOMORROW**

***Vitaliy Stryga*** *– docent of AOSD KIP, member of Groupe Champ Freudien-Ukraine (France-Belgium-Ukraine), supervisor, psychologist-psychotherapist, head of the regional office of AOSD KIP in the Republic of Montenegro. Republic of Montenegro, Herceg Novi.*

The report reveals the main trends in the modern world and the role of psychotherapy using the symboldrama method.

**Panel session**

**“SYSTEMIC-PHENOMENOLOGICAL PSYCHOTHERAPY (COUNSELING) AND CLIENT-CENTERED CONSTELLATIONS®”**

**CHAIRMAN: *Mikhail Burnyashev (Moscow, Russia)***

**ARRANGEMENTS IN DEALING WITH TRAUMA**

***Andrey Mekhantyev*** *– national coach-supervisor of arrangements, Master of Psychology, teacher of trauma therapy, body-oriented insight therapist, certified specialist in systemic addiction therapy, trauma therapist, EMDR therapist. Russia, Moscow.*

Splits of personality into healthy, surviving, wounded and aggressive (sabotaging) parts are manifested in client-centered arrangements of people affected by psychological trauma. What steps can a specialist take in order to start moving towards the return of the personality to the normal functioning in a safe format and in the future “stitch” the trauma.

**SYSTEMIC CONSTELLATIONS OF INTERNAL IMAGES IN WORKING WITH A SYMPTOM**

***Vladimir Pypin*** *– counseling psychologist, constellationist, emotionally imaginative therapist, specialist in solving psychological trauma, full member of the All-Russian Professional Psychotherapeutic League. Russia, Moscow.*

The use of the constellation of internal images format is effective in a wide range of client requests related to the development of psychosomatic, emotional, and behavioral symptoms.

To clarify the internal conflict behind a symptom, an interview is conducted. Its purpose is to help in formatting a request and in choosing the main figures from the subjectively figurative reality of the client.

**MARKETING RESEARCH IN ARRANGEMENTS**

***Anton Kangro*** *– entrepreneur, business owner and CEO, MBA degree in management, certified specialist of ICSR (Moscow) in system work in organizations and business arrangements. Russia, Ulyanovsk.*

The experience of a business manager and owner in the application of organizational arrangements in practice. Marketing research and search for optimal solutions for the organization. Risk management of the organization.

**SYMPTOM AS AN UNCONSCIOUS TRADITION IN THE FAMILY SYSTEM**

***Evgenia Antipova*** *– psychologist, gestalt therapist, trauma therapist, systemic family therapist. Certified Specialist in client-centered Family and Structural Arrangements. Russia, Saint Petersburg.*

-The role of traditions in the family system: unconscious traditions and conscious ones.

-What is a symptom from the systemic therapy. point of view. Types of symptoms and their role.

-Why some symptoms are transmitted from generation to generation and how to interrupt it and is it possible?

**DYNAMICS AGGRESSOR-VICTIM AND ITS TRANSGENERATIONAL CONSEQUENCES. SQUARE VICTIM- AGGRESSOR-RESCUER-WITNESS (VARW)**

***Mikhail Burnyashev*** *– Doctor of Psychology, Academician of the International Academy of Psychological Sciences (IAPS), systemic therapist, general director of the Institute for Counseling and Systemic Solutions (IKSR). Russia Moscow.*

*Professionals know the Karpman triangle model (Aggressor-Victim-Rescuer), but the practice of working with clients proves that this model is not complete. About 15 years ago, I expanded this model by adding another important pole to it - the pole of the Witness. Thus, the VARW square was born. Russia, Moscow.*

The master class will examine the basic dynamics of the life of the Aggressor-Victim and show how it сan work in the human relations and the transgenerational perspective, what effect it has on the descendants in the family, depending on how the ancestors treated their feelings.

We will trace how, on the basis of this dynamics and depending on the relationship with the two initial poles Victim-Aggressor, additional poles are formed in the VARW square - Rescuer and Witness, and how they interact with other poles.

In the practical part of the master class will be carried either a demonstration work using the author\'s model of the VARW square, or a practical exercise in subgroups, where participants will be able to explore the poles and connections in the VARW (Victim-Aggressor-Rescuer-Witness) square and what influence each of the poles has on them.

**Panel session**

**“BODY PSYCHOTHERAPY & BIOSYNTHESIS”**

**CHAIRMEN: *Lev Belogorodskiy (Moscow, Russia), Victoria Berezkina-Orlova (Moscow, Russia)***

Body psychotherapy is a separate branch of psychotherapy, which grew out of psychoanalysis, in particular from the works of Wilhelm Reich in the thirties of the last century. The work of Pierre Janet, as well as other theorists and practitioners of psychology and psychotherapy, also influenced the formation of body psychotherapy. In addition, the study of movement, as well as Eastern philosophy and psychology, had a great influence on the development of body psychotherapy. Biosynthesis is a branch of somatic psychotherapy based on somatic and depth psychology pre- and perinatal as well as transpersonal psychology. The empirical findings of researchers in the field of body psychotherapy  and Biosynthesis are currently confirmed by the achievements in neuroscience.

**VIEW OF BODY THERAPIST ON DREAMS AND HOW TO WORK WITH THEM**

***Lev Belogorodskiy*** *– full member of EABP, psychotherapist of WCP & EAP. Russia, Moscow.*

Psycho vs body or closer to the body. Experience of being in body in dreams. Tempo-rhytm.

**THE CONCEPT OF BIOSPIRITUALITY IN BIOSYNTHESIS**

***Victoria Berezkina-Orlova*** *– full member of OPPL, international OPPL trainer, chairman of the modality Somatic Psychotherapy – Biosynthesis. Russia, Moscow.*

In our therapeutic work, we are called upon to assist the individual in overcoming the various forms of splitting, that manifest in emotional distress, including the cleavage of the biological and spiritual nature of the individual. One of the most important concepts of Biosynthesis is the idea of Biospirituality. Bio-spiritual work is related to a holistic understanding of matter and meaning, soma and meaning, energy and essence, gravity and grace. It is far from the dualism that opposes body and spirit, sexuality and soul, earth and light.

**PSYCHOSOMATICS OF DEVELOPMENT AND RESILIENCE**

***Mark Sandomirsky*** *– Doctor of Psychological Sciences, MD, Institute of Group and Family Psychotherapy. Russia, Moscow.*

Sustainable development and sustainability in common now become the key concepts of modern society. In the psychosomatic aspect, extrapolating patterns of individual psychic development to social processes, we can talk about vitality and hardiness (S. Muddy), stress resistance, emotional and psychosomatic survival. In this aspect, we consider developmental therapy as a therapy of growing up and hardiness.

**EDUCATING BODY-ORIENTED PSYCHOTHERAPY SPECIALISTS. THE CONFLICT BETWEEN A PERSONALITY AND A TOOL. WHAT TO TEACH?**

***Konstantin Duplishchev*** *– MD. Academic director of International Institute of Practical Psychology and Psychotherapy "Integraciya". Certified supervisor of PPL. Full member of PPL. Certified training therapist-adviser of PPL. Russia, Novosibirsk.*

The report discusses issues in education of body-oriented psychotherapy specialists. The differences between body-oriented psychotherapy, bodywork and somatic practices are discussed. The future of body-oriented psychotherapy is envisioned.

**THE CONCEPT OF MOTORIC FIELDS IN BIOSYNTHESIS**

***Nataliya Sakharova*** *– PhD, Associate Professor, full member of the Professional Psychotherapeutic League of Russia, Head of the Department of Psychology at «Dubna» University.*

The report discusses the most important concepts of biosynthesis - polarities and motoric fields. Definition for the concept of motoric fields is given. Manifestations of motoric fields in the body and in language are considered. Possibilities of using this concept for diagnostics of human psychological problems are discussed.

**THERAPIST'S BODY RESONANCE AS AN ECOLOGICAL WAY TO WORK WITH CLIENT’S RESISTANCE IN A THERAPEUTIC PSYCHODRAMATIC GROUP**

***Marina Fedosimova*** *–**psychodramatherapist, bodyoriented therapist, specialized in bodynamic analysis and working with shock trauma, prenatal psychologist, specialist in projective methods, cofounder of psychological centre “Resource Workshop”, Professional Psychotherapeutic League of Russia full member,* *Professional Psychotherapeutic League of Russia interregional trainer. Russia, Rostov-on-Don.*

Body resonance as an instrument helping the director of psychodrama play to feel in the client’s condition deeper and with this to treat the client’s (protagonist’s) defenses with much respect is observed. Definition for the client’s body impulse, deep impulse towards life is given. The connection between therapist’s body resonance and client’s body impulse as an ecological way of working with resistance is discussed.

**BONDING IN PSYCHOTERAPEUTIC RALATIONSHIP**

***Svetlana Gusarova*** *– clinical psychologist, body-oriented psychotherapist biosynthetic, international Biosynthesis trainer, member of EABS (European Biosynthesis Association) and IB (International Biosynthesis Foundation as part of the Russian Branch of EABS and IFB).*

The report observes the concept of bonding as a phenomenon of bond, connection, attunement, contact through proximity and distance. Within the somatic approach discussion is held about different styles of bonding in the relationship between therapist and client, their influence on transference and countertransference, on the choice of strategies in therapy.

**UNCONSCIOUS AGGRESSION**

***Oksana Petrova*** *– psychologist, clinical psychologist, hypnotherapist, body oriented and resource oriented psychotherapist.*

Why clients so often do not comprehend their aggression? (Restrictions, taboo and traumatic repression). Body language: how aggression can be demonstrated unconsciously via body   
Realizing aggression by body reaction.

**TRAINING "INTUITION"**

***Elena Maksimova*** *– full member of the OPPL, Author of the Method "Co-creation - body-oriented therapy based on the Theory of construction of movements by N.A. Bernshtein", author of the book "Levels of communication ...". Head of the scientific and methodological group of the center "Co-creation". Russia, Moscow.*

Intuition is, first of all, reading body signals. In order for intuition to work, it is necessary to learn to hear, listen and understand it.

Interestingly, different levels of building movements tell us the answers to different questions: Level A - the ability to assess the comfort and significance for you of a particular social environment; Abdomen - feels situations that are dangerous for our lives: feeling a loved one at a distance - empathy; Level B - the ability to "keep your nose in the wind", to feel where it leads; Sublevel C1 - choice of path option; the path leads you; see the boundaries of the path and situations; Sublevel C2 - target selection; path to the goal; the ability to make resistance your strength; Level D - connection to the collective unconscious; getting an answer to a specific question; receiving a response from the archetype; Levels E - getting an answer, insight.

The essence of the training is to train (just like muscles are trained) the skill of determining the right decision using intuition.

At the training, we learn - to feel body language, to feel a warning, to feel ways to solve problems in interpersonal relationships, to feel and evaluate partners, to rely on empathy - the ability to feel people at a distance, make choices and find the right solutions, get answers to questions posed, identify significant directions of business development.