**FINAL PROGRAM OF THE ONLINE PRECONGRESS**

**Within the Framework of the IX World Congress for Psychotherapy**

**«** **PSYCHOTHERAPY TO AID RESIDENTS, FAMILIES, GROUPS, SOCIETY IN WHOLE IN TIMES OF PANDEMIC CAUSED BY CORONAVIRUS»**

**EVENTS ON JUNE 26, 2020**

**WEBINAR ROOM 1**

**OPENING OF THE ONLINE PRE-CONGRESS**

**OF THE NINTH WORLD CONGRESS OF PSYCHOTHERAPY**

**«PSYCHOTHERAPY TO HELP CITIZENS, FAMILIES, GROUPS AND THE SOCIETY DURING CORONAVIRUS PANDEMIC»**

**26th of June 2020, 10.00 - 11.00, WEBINAR ROOM 1**

**Languages: Russian, English**

**International fundamental round table**

**«DISTURBANCES IN MENTAL HEALTH AND PSYCHOLOGICAL WELLBEING AND NEW OPPORTUNITIES FOR PERSONAL GROWTH IN THE WORLD DURING AND AFTER THE PANDEMIC CAUSED BY СОVID-19»**

**26th of June 2020, 11.00 - 14.00, WEBINAR ROOM 1**

**Languages: Russian, English**

**CHAIRMEN: Alfred Pritz (Vienna, Austria), Victor Makarov (Moscow, Russia), Nikolay Neznanov (St. Petersburg, Russia), Nicole Aknin (Paris, France).**

**Alfred Pritz –** doctor of medical sciences, MD, professor, President President of the World Council for Psychotherapy (WCP), Ph.D in Psychopathology and Pedagogics, founder and past-time General secretary of the European Association for Psychotherapy, rector and full professor of the Sigmund Freud University, Vienna Collaborator for the Austrian law for Psychotherapy and advisor in some European ministeries. Honorary President of the IX World Congress for Psychotherapy. Austria, Vienna.

**Victor Makarov** – doctor of medical sciences, MD, professor, President of the All-Russian Professional Psychotherapeutic League and the National Self-Regulating Organization «Union of Psychotherapists and Psychologists», President elect of the Asian Federation of Psychotherapy, Vice-President of the World Council for Psychotherapy, President of the IX World Congress for Psychotherapy, Head of the Department of Psychotherapy and Sexology of the Russian Medical Academy of Continuous Professional Education. President of the IX World Congress for Psychotherapy. Russia, Moscow.

**Nikolay Neznanov** – doctor of medical sciences, MD, professor, Head of the Department of Psychiatry and Neurology of the First St. Petersburg State Medical University named after Academician I.P. Pavlov, Director of the Federal State Budgetary Institution National Medical Research Center for Psychiatry and Neurology named after V.M. Bekhterev of the Ministry of Health of the Russian Federation, President of the Russian Society of Psychiatrists, chief freelance specialist in psychiatry at Russian Health Control Authority, President of WADP (World Association of Dynamic Psychiatry, Vienna), Meritorious Scientist of Russia, Meritorious Worker of the Higher School. Russia, Saint-Petersburg.

Nicole Aknin (France) – psychoanalyst, President of French Branch of the European Confederation of Psychoanalytical Psychotherapy, board member of French Federation for Psychotherapy and Psychoanalysis and European Association for Psychotherapy, delegate of the WCP at the Social and Economic Council of the United Nations Organization. France, Paris.

**Presenters**

**PSYCHOLOGICAL ISSUES IN COVID-19**

***Judy Kuriansky (USA)*** *– professor, Ph.D. noted international psychologist, teaches at Columbia University Teachers College. main representative for the World Council for Psychotherapy (WCP) and the International Association of Applied Psychology in the United Nations, and past President of the Psychology Coalition of NGOs.*

**DISTURBANCES IN MENTAL HEALTH AND PSYCHOLOGICAL WELLBEING AND NEW OPPORTUNITIES FOR PERSONAL GROWTH IN THE WORLD DURING AND AFTER THE PANDEMIC CAUSED BY СОVID-19**

***Nicole Aknin (France)*** *– psychoanalyst, President of French Branch of the European Confederation of Psychoanalytical Psychotherapy, board member of French Federation for Psychotherapy and Psychoanalysis and European Association for Psychotherapy, delegate of the WCP at the Social and Economic Council of the United Nations Organization.*

**TOPIC OF THE PRESENTATION TO BE ANNOUNCED**

***Darlyne Nemeth (USA)*** *– Ph.D., M.P., M.P.A.P., clinical, medical, and neuropsychologist, WCP’s Co-Secretary General, fellow of the American Psychological Association (APA) and the World Council for Psychotherapy (WCP), served in APA Council of Representatives and has been a WCP representative to the United Nations (UN).*

**EXPERIENCE OF PROVIDING PSYCHOTHERAPEUTIC AND PSYCHOLOGICAL SUPPORT DURING UNFAVORABLE EPIDEMIC SITUATION AND LOCKDOWN**

***Mikhail Reshetnikov –*** *MD, PhD, professor, Meritorious Scientist of Russia, rector of the East European Psychoanalytical Institute, past-president of the European Confederation of Psychoanalytic Psychotherapies, president of the Russian National Branch of the ECPP, Honorary Professor of the Sigmund Freud University (Vienna, Austria). Russia, Saint-Petersburg.*

**TOPIC OF THE PRESENTATION TO BE ANNOUNCED**

***Anthony Korner (Australia)******–*** *PhD on psychotherapy, psychiatrist and psychotherapist, primarily in public practice, Director of the Master of Medicine (Psychotherapy) Program at the University of Sydney, Australian representative on the World Council for Psychotherapy, chairman of the organising committee for the 6th World Congress for Psychotherapy.*

**ADAPTATION AND STRESS-RELATED DISORDERS DURING PANDEMIC, WORLD LESSONS OF PHASE 1 AND PHASE 2**

***Anna Vasilieva*** *– MD, PhD, associate professor and chief researcher at the Department of Treatment of Borderline Mental Disorders and Psychotherapy, Scientific Research Center named after V.M. Bekhterev, professor at the Department of Psychotherapy and Sexology, North-West State Medical University named after I.I. Mechnikov. Russia, Saint-Petersburg.*

**EMDR COUPLE THERAPY DURING COVID-19 PANDEMIC**

***Edward Chan (Malaysia)*** *– Doctor of Science, Board Member and Fellow of the World Council for Psychotherapy, President and Fellow of the Malaysian Association of Psychotherapy, President of the Malaysian Employees Assistance Professionals Association, Principal Consultant Psychologist of the International Psychology Centre, Clinical Director of WellLab, Centre for Advanced Diagnostic Laboratory Testing, President and Fellow of the Malaysian Cognitive Behavioral Therapy Association, Head of the Psychotherapy & Nutritional Therapy Chapter of the Malaysian Society for Complementary Medicine, Adjunct Professor of the International Psychology & Complementary Medicine University.*

**SOCIO-CULTURAL SPECIFICS OF LIVING THROUGH AND OVERCOMING THE EMERGENCY SITUATION CAUSED BY THE COVID-19 CORONAVIRUS PANDEMIC IN ESTONIA**

***Galina Mikkin (Estonia)*** *– PhD in psychology, lecturer in psychology at Tartu State University, associate professor at Tallinn University, Estonia (lecture courses on Social and Personal psychology, Crisis & Burnout Prevention, Group & New approaches in psychotherapy), guest Lecturer at St. Petersburg State University, Russia, visiting professor for students at the International Institute of Existential Counseling “MIEK”, in Russia and Ukraine, author of proprietary communicative training methods using video recording and video-feedback (video-trainings). Co-founder of the first school in the USSR educating psychologists-coaches of communication training courses.*

**THE PROBLEMS, NEEDS AND OPPOTUNITIES OF BULGARIANS /FAMILIES, CHIDREN, TEACHERS/ TO RECIEVE PROFESSIONAL THERAPEUTICAL HELP DURING AND AFTER THE PANDEMIC CAUSED BO COVID-19**

***Nely Boiadjieva (Bulgaria)*** *– Professor, Ph.D. Professor of Sofia University “St. Kliment Ohridsky” and Plovdiv University “Paisii Hilendarsky”, Bulgaria. Honored Professor of Moscow Social-pedagogical Institute, Russia. Scientific interests — psychology, psychotherapy, pedagogy, therapy through arts, art-pedagogy, art-therapy, theory and technology of counseling, family psychology and family therapy.*

**THE USE AND ABUSE OF ONLINE PLATFORMS IN THE SERVICE OF MENTAL HEALTH   # COVID 19**

***Emilija Stoimenova Canevska (North Macedonia)*** *– Prof. Dr., licensed health psychologist and psychotherapist, EAGT – and EAP-certified trainer and supervisor, as well as organizational couch and consultant.*

**GROUP DYNAMICS AND MENTAL STATUS OF A HUMAN DURING A PANDEMIA**

***Zlata Polozhaya*** *– MD, PhD, head of the Department of Psychotherapy, Institute of Interdisciplinary Medicine, psychiatrist, psychotherapist, hypnotherapist, group psychotherapist, official representative of the Central Council of the All-Russian Psychotherapeutic League in Italy, deputy chairman of the Academic Council for Psychotherapy of the National Association for the Development of Psychotherapeutic and Psychological Science and Practice, Member of the World Institute Pain (WIP). Russia, Moscow.*

The report discusses the patterns of group processes during a pandemic and their impact on the psyche of people. The growth of mental disorders, such as anxiety disorders, depression and others, is associated with dysfunctional group dynamics, both in society and in groups and families. During a pandemic, the need for quality psychotherapeutic help for individuals and groups is growing.

**TRANSFORMATIONS OF SENSE-LIFE STRATEGIES OF ADULTS DURING THE PANDEMIC THREAT**

***Irina Abakumova*** *– doctor of psychology, professor, corresponding member of the Russian Academy of Education, dean of the Department of Psychology, Pedagogy and Defectology, Don State Technical University. Russia, Rostov-on-Don.*

The report presents data on the transformation of life-meaning strategies of adults who find themselves in conditions of self-isolation due to the epidemic threat. It is shown that although life-long strategies are formed in accordance with the mechanisms of meaning-making and are a direct manifestation of a stable (in adulthood) sense-life concept of a person, a change in the general picture of the world due to infectious risks significantly affects their main components (both informative and dynamic).

**RESOURSEFUL CAPABILITIES OF MODERN INTEGRATIVE ARTTHERAPY IN WORKING WITH CRISIS STATES**

***Inna Zezyulinskaya*** *– head of the Crimean regional branch of PPL Russia, accredited training psychotherapist-adviser and supervisor of PPL; certified PPL trainer of national level; holder of the European Certificate for Psychotherapy; trainer of the Institute of Practical Psychology “Imaton; Associate Professor of the IPO SRS KIP (Interregional Public Organization for Promotion of Symboldrama – Catathymic**Imaginative Psychotherapy Development); supervisory Board member of the National Self-Regulating Organization“Union of Psychotherapists and Psychologists; head of Applied psychology center“Harmony” and of art-therapeutic workroom “Paints of the Soul” (Sevastopol); author of Metaphorical associative cards“Harmony” and of the course of intuitive painting "Intuitive painting as a creative method of self-knowledge and self-development"; author of the project “Psychological lounge. The Art of Living". Russia, Sevastopol.*

The complexity of psychological assistance to people in crisis states exists due to the uniqueness of experiencing a crisis in each person and the lack of universal methods and techniques of working with crisis.

Specialists working with crisis conditions tend to increasingly incline towards the need for an integrative approach.

Integrative art therapy, a popular approach of contemporary psychotherapy based on arts and creativity, has a number of peculiar features and includes a triad, non-typical for modern psychotherapy: therapist - client - work of art, which makes it possible to endure painful moments in therapy less acutely. In the process of interaction with an art object, the development of creative personality traits, revival of integrity and integration in society occurs. In this form of psychotherapeutic treatment, art is perceived as a metaphor and serves as a healing, educational and socializing mechanism. The development of adaptability and a creative approach to life, as a constantly present intrapsychic ability, allows one to quickly restore the resourceful inner states. The use of the methods of art therapy proved its effectiveness in group psychotherapeutic work with crisis conditions.

**FROM TRAUMA TO TRANSFORMATION OF THE SPIRIT IN PERIODS OF PANDEMIC: HOW AND WHY WE ORIENT PSYCHOTHERAPY TOWARDS THE CLIENT’S HIGHEST VALUES**

***Natalia Spokoinyi*** *–**director of IIS Berlin - International Institute of System Constellations, full member and international level trainer of PPL, WCP and EAP certified psychotherapist, master trainer of INFOSYON and DGfS, systemic sex therapist, master theologician A.Men Uni. Germany, Berlin.*

This report shows how it is possible, with the aid of the integrated short-term psychotherapy methods, to help traumatised clients find their true goals and values through transformation of the spirit; how and why we orient the psychotherapy and the systemic constellations field towards the client’s Highest Values. How to transform the energy of fear, panic and worry and other difficult dynamics, created during the pandemic, into resources that build a happy, fulfilled life.

**PSYCHOLOGICAL ASSISTANCE TO NON-INFECTIONISTS DURING THE COVID-19 PANDEMIC. TRANSFORMATION OF DOCTORS' PROFESSIONAL WORLD VIEW**

***Ekaterina Ivanova*** *– psychologist, gestalt therapist. Russia, Saint-Petersburg.*

The report details the Covid-19 generated reasons making doctors to seek for psychological support.

By May 2020, the most frequent causes of seeking for psychological help have been: the fear of death (one’s own and one’s own relatives); the fear of loss of income; the fear of not being able to adapt to the updated rules and orders of the institution; the fear of making a medical error and fear of medical error which has already been made; empathy and pity requested by doctors from patients; "Paranoid" tendencies in relations with superiors; the lack of personal strength and reliability of the medical system to deal with complex cases.

The report also outlines the methodological aspects for sustaining the transformation of the professional world view and the physicians’ world views during the 2020 pandemic. Search for footholds.

**PSYCHOLOGICAL DISTRESS PANDEMIC**

***Murat Moldagaliev*** *– candidate of psychological sciences, Chairman of the Board of the PA "Professional Psychological League", PA "Atamnyn Amanaty", director of the Research Institute of Communications and State Security, laureate of the All-Russian public-state initiative with international participation «Warm Heart», head of numerous psychological and sociological researches in the field of pressing problems of our time. Kazakhstan, Nur-Sultan.*

The report discusses factors contributing to the emergence of psychological problems during the coronavirus pandemic in Kazakhstan. Including the influence of the quarantine regime on the consciousness of the population. The UN indicators on the growth of suicide and domestic violence due to the coronavirus pandemic and quarantine restrictions are considered in this research. The report also suggested a number of measures of the negative impact of isolation during and pandemic.

**Round table**

**«SPIRITUALLY-ORIENTED THERAPY THAT AIDS PEOPLE, FAMILIES, ORGANISATIONS AND SOCIETY IN THIS PERIOD OF PANDEMIC»**

**26th of June 2020, 14.00 - 17.45, WEBINAR ROOM 1**

**Languages: Russian, English**

**CHAIRMEN: Natalia Spokoinyi (Berlin, Germany), Tatyana Nikiforova (Bratsk, Russia).**

“When the needs of the soul are ignored, the body starts screaming”, – the famous therapist and cardiologist, Doctor of Medicine, Ilze Kuchera wrote in her book entitled “What is the matter with me?”. The specialists dealing with helping others have to set themselves the objective of integrating various methods and approaches towards treating a human being. The integration of various methods and approaches that include a spiritual component will be the most effective. Moreover, we should regard it as of paramount importance. This is a creative, spiritually oriented and most commonly personally created work that combines different western and eastern approaches, the best achievements of natural and human sciences as well as spiritual practices. Now is the time to integrate both a scientific approach and spiritual one especially given that in science all new discoveries are made at the frontier. An important task of spiritually-oriented psychotherapy, especially during this period of pandemic, is to integrate various kinds of short-term psychotherapies, combining the creative abilities of the body (breathing, sound and shades of emotion) with the heights of intellect (mathematics, physics…) and spirit. It is at the intersection of various fields, forms and methods of work that something new is created. We are called to connect the best of that which has been achieved by humanity in the fields of science, art, philosophy and religion (multi-confessionalism, openness and respect to other faithful are important here) with the goal of obtaining, for each given person, psychological health, specifically peace and harmony with oneself, others, the Universe and the highest power (however the client expresses it). Creation is based on hierarchy. It is only the superior that can form the inferior! The Spirit creates its own form. Therefore, soul therapy is most effectively implemented by spiritual instruments. Data from contemporary physics supports this point as higher spiritual frequencies can have a positive impact on lower ones such as intellectual, emotional and material. Information about this phenomenon is also stated in The Manifesto for a post-materialist study.

The main feature of spiritually-oriented psychotherapy is it’s **orientation towards the Highest Values of the client.** Before the work begins it is important to orient the space and direct it towards the will of the client’s highest power: God, Fate, the Universe etc. The direction can also simply be Life. Orientation towards the highest power allows us to look at the difficult situation and understand why these events happened and why they are important to the client. Having understood why he “carries a burden” the client can, through gratitude; move onto a new level and transform blind love (loyalty) into a conscious one, obtain the resources of his kin and become happy. **This vector, much like a compass, gives the therapy precise direction, allows one to work more effectively, receive the maximum amount of resources possible and truly integrate the result of the therapy into the client’s life.** It is during this extremely difficult period that it is most important to orient the client towards their Highest Spiritual Values, gain spiritual strength and look at the future with optimism. During this round table participants will share their experience in the implementation of the spiritually-oriented approach in their work with clients during this coronavirus pandemic.

**FROM TRAUMA TO TRANSFORMATION OF THE SPIRIT IN PERIODS OF PANDEMIC: HOW AND WHY WE ORIENT PSYCHOTHERAPY TOWARDS THE CLIENT’S HIGHEST VALUES**

***Natalia Spokoinyi*** *–**director of IIS Berlin - International Institute of System Constellations, full member and international level trainer of PPL, WCP and EAP certified psychotherapist, master trainer of INFOSYON and DGfS, systemic sex therapist, master theologician A.Men Uni. Germany, Berlin.*

This report shows how it is possible, with the aid of the integrated short-term psychotherapy methods, to help traumatised clients find their true goals and values through transformation of the spirit; how and why we orient the psychotherapy and the systemic constellations field towards the client’s Highest Values. How to transform the energy of fear, panic and worry and other difficult dynamics, created during the pandemic, into resources that build a happy, fulfilled life.

**SPIRITUALLY-ORIENTED ONLINE PSYCHOTHERAPY FOR THE PURPOSES OF AIDING AUTISTIC CHILDREN AND THEIR FAMILIES IN THIS PERIOD OF PANDEMIC.
*Tatyana Nikiforova*** *– child and family psychologist, art therapist, fairytale therapist, full member, official trainer and personal therapist of PPL. Russia, Bratsk.*

This report uses specific examples to demonstrate how we can effectively work online with autistic children and the difficult traumas of their parents, during this coronavirus pandemic, with the aid of a combination of spiritually-oriented systemic constellations in online groups and the author’s methods such as art therapy, kinesiology and breathing techniques, cognitive, colour and other kinds of short-term psychotherapy.

**PERSONALITY IN AN AGE OF CHANGE: ENDURING SPIRITUAL VALUES**

***Lidia Surina*** *– Ph.D., Analytical Psychologist, Psychotherapist, Rector of the Academy of Deep Psychology, Full Member and Co-Chair of the Jungian Analysis Modality PPL, Certified Personal Therapist, Supervisor and Lecturer at the international level of PPL, Russia, Moscow.*

We live in an era of global change. The coronavirus pandemic, which swept the whole world, exacerbated the general crisis that is being experienced by humanity as a whole, and every individual with his own subtle mental organization. At our Round Table, it is important for us to discuss how modern psychotherapy accepts the challenge of fate and on what spiritual values a person can rely on in the current conditions of a general crisis.

**SPIRITUALLY-PSYCHOLOGICAL PRACTICE IN THE POST-QUARANTINE ERA: HOW TO QUICKLY AND EFFECTIVELY TEACH PEOPLE TO CONTROL THEMSELVES**

***Sergei Kluchnikov –*** *full member of and trainer of OPPL, PhD in philosophy, academic at RANS, director of modality “Psychosynthesis: classical and Russian versions”, European accredited psychotherapist, director of the Centre of practical psychology, author of 32 books on practical psychology. Russia, Moscow.*

Crisis and regime of enforced self-isolation has had a serious effect on the human psyche, it has created a multitude of psychological problems: anxiety, fears, irritation, depressive states, mental disorientation and a resulting inability to control oneself. From these circumstances has arisen the serious problem of teaching people the basics of psychological self-regulation and the ability to control oneself. This report will review practical psychosynthesis that can, from a certain point of view, be viewed as an effective, practical method of self-regulation. The report contains the results of years-long research and practical work of the author of the Russian version of psychosynthesis (Kluchnikov S.Y.).

**FROM A PERSONAL AND FAMILY TRAUMA TO PERSONAL FULFILLMENT AND FINANCIAL SUCCESS DURING QUARANTINE: AUTHOR'S INTEGRAL APPROACH “BIOCOACHING”**

***Marina Buchatskaya*** *– NLP-coach, specialist in Erickson hypnosis, oriental practices and reiki, life coach, business manager (Russian Presidential Academy of National Economy and Public Administration), student of IIS-Berlin: faculty of Systemic Constellations in Online Groups. Cyprus, Limassol.*

The report uses the results of numerous clients presents the author’s approach “Biocoaching”, combining integrated work with family and personal trauma, NLP and oriental meditative practices.

**THE USE OF THE BEMS–MODEL (BODY-EMOTIONS-MIND-SPIRIT) FOR EMERGENCY ASSISTANCE TO CLIENTS IN SITUATIONS OF ACUTE CRISIS IN TIMES OF PANDEMIC**

***Andrey Hordikainen*** –*psychologist, psychology instructor, systemic constellator (certified in the Russian Federation, Germany and Austria), organisation constellator, family gestalt-psychologist.*

The report uses the examples of real corporations to show the possibility and effectiveness of the use of the BEMS–MODEL in system constellations and integrated therapy for the purpose of emergency assistance to clients in a situation of acute crisis, including pandemic situations. Positive results are also noted in the client's family members.

**METHOD OF PSYCHOTHERAPEUTIC KINESIOLOGY COMBINED WITH SPIRITUALLY-ORIENTED PSYCHOTHERAPY FOR WORK WITH SEVERE PSYCHOSOMATICS AND SYMPTOMS OF PAIN DURING CRISIS SITUATIONS**

***Galina Korchagina*** *– psychologist, psychotherapeutic kinesiologist, actual member of the APK, full member, candidate for personal therapists, official teacher of OPPL, Russia, Irkutsk.*

This report uses examples to showcase kinesiological techniques in combination with instruments of spiritually-oriented psychotherapy for the purposes of providing aid in terms of the client’s wellbeing in this time of self-isolation and pandemic. Caught in a horrible, downward spiral of pain which leads to the loss of self-worth and orientation in life. As a result of unavoidable isolation as well as financial, familial and other difficulties the chronically ill live with pain and fear of pain, which are exacerbated in times of pandemic. Therapy options for pain symptoms and orientation towards the client’s Highest Values are described. Specific attention is given to the processing of the trauma to reduce its effects on current wellbeing.

**SPIRITUALLY ORIENTED ONLINE CONSTELLATIONS IN INTEGRATED PSYCHOTHERAPY IN WORK WITH FEARS, ANXIETIES AND DEPRESSIONS DURING THIS PERIOD OF SELF-ISOLATION**

***Elena Baeva*** *–**systemic family art therapist, art- trainer, specialist in the field of family and business, systemic constellations, work/life balance coach, business coach, full member of PPL.*

This report is dedicated to the “Coronavirus and system dynamics: how to help yourself and the world” online-marathon run by IIS-Berlin at the beginning of April. Participants were offered several exercises with the aim of understanding their true goals and finding the resources to achieve them: “Me and my goal”, “Me and my symptom”. Next was the demonstration of N. Spokoinyi’s “BEMS-Model” (Body-Emotions-Mind-Spirit) method, which enables us to work effectively with trauma and restore the personality in their entirety, from body and emotion to intellect and spirit.

**WHY IT IS IMPORTANT TO UNDERSTAND YOUR GOALS AND THEIR IMPORTANCE: SPIRITUALLY-ORIENTED THERAPY THAT AIDS CLIENTS IN THIS PERIOD OF PANDEMIC**

***Ksenia Krilova****– assistant teacher and therapist at IIS-Berlin, certified online constellator, specialist in psychotherapy for the wholeness of personality, spiritually-oriented psychotherapy and systemic constellations, preschool teacher.*

This report uses client examples from the “Coronavirus and system dynamics: how to help yourself and the world” online-marathon to illustrate the importance of determining your goals and bringing them in line with your Highest Values. Further, it demonstrates the author’s “Me and My goal” method for determining one’s true goals. This helps people deal with fears, depression, anxiety and other symptoms brought on by the pandemic and self-isolation.

**SPIRITUALLY-ORIENTED WORK WITH SYMPTOMS BROUGHT ON BY THE CORONAVIRUS
*Irina Kanunnikova*** *– system coach, tarologist, art therapist, numerologist, top economist, business coach: coordinator and system developer of business management accounting, observant member of PPL, IIS Berlin student: system constellations in online groups.*

This report uses client examples from the “Coronavirus and system dynamics: how to help yourself and the world” online-marathon to illustrate how we can aid clients to effectively work with their own symptoms such as fear, aggression, apathy and others brought on by the coronavirus, self-isolation, loss of employment etc.

**A SPIRITUALLY ORIENTED INTEGRATED APPROACH TO THE THERAPY OF PERSONAL AND FAMILY TRAUMA DURING THE CORONAVIRUS OUTBREAK**

***Maria******Orlyanskaya*** *– international economist, life coach, theta-healer, specialist in family and organisational trauma, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

This report using real clients’ experience presents the author’s own method of «Subpersonal integration», that allows for efficient work with different personal and family traumas within the framework of a spiritually oriented integrated approach during this period of self-isolation

**AUTHOR'S "MONEY POTENTIAL” METHOD AIMED AT AIDING PEOPLE WHO HAVE LOST INCOME DURING THIS PERIOD OF PANDEMIC**

***Tatiana Krasnokutskaya*** *–* *teacher at the Privolzhsky Medical Research University (PMRU), specialist on high school psychology and pedagogy, practical psychologist, full member of PPL, student of IIS-Berlin, infectious diseases doctor, homeopath, Russia, Nizhny Novgorod*.

The author’s method of “Money Potential” combines an integrated spiritually-oriented approach, systemic constellations, visualization, metaphor work and body-oriented therapy. The method allows us to find the restrictions and inhibitions of the client that prevent him from reaching the desired income and transform injuries and obstacles into a resource to achieve his financial goal.

**HELL IS EMPTY – THE IMPORTANCE OF SWITCH IN UNDERSTANDING: FROM ETERNAL POST-MORTEM SUFFERING TO THE INTRAVITAL EXPERIENCE**

***Augustine Calmet –*** *student and research assistant of the theological school of Saint Mary’s of University of St Andrews, tarologist. United Kingdom, St Andrews.*

A reinterpretation of traditional view on Hell is presented, switching it from the suffering of the soul after death of the body onto suffering of the body after the apathy of soul; and its connection with the mental and physical state of human. It reflects the necessity of self-control and restraint from tendencies of escapism and hyper fixation on the traumatic experience through communication with Self and with the society, especially during the times of compelled self-isolation due to pandemic.

**Panel session**

**«GENERATIVE PSYCHOTHERAPY»**

**26th of June 2020, 18.00 - 20.00, WEBINAR ROOM 1**

**Languages: Russian**

**WEBINAR ROOM 2**

**LECTURE**

**Alexander Katkov**

**«THE FRAMEWORK CONCEPT OF MODERN PSYCHOTHERAPY»**

**26th of June 2020, 10.30 - 11.30, WEBINAR ROOM 1**

**Languages: Russian**

 ***Alexander Katkov (Russia)*** *– Doctor of Medical Sciences, Rector of the International Institute of Social Psychotherapy in St. Petersburg (Russia), Vice-President of PPL Russia.*

The lecture material gives a functional definition of the framework concept of psychotherapy. The epistemological foundations of modern psychotherapy are described. The principles of classification of psychotherapy are given. The development strategies of modern psychotherapy are considered.

**LECTURE**

**Emmy Van Deurzen**

**«RISING FROM EXISTENTIAL CRISIS»**

 **26th of June 2020, 12.00 - 13.30, WEBINAR ROOM 2**

**Languages: Russian, English**

***Emmy Van Deurzen (England)*** *– philosopher and an existential psychotherapist, who has worked with people on transformative life events for 47 years. She is currently completing her eighteenth book, entitled Rising from Existential Crisis for PCCS books. She is Principal of the New School of Psychotherapy and Counselling at the Existential Academy in London.*

An existential crisis is a situation in which our entire existence and everything we used to take for granted is in the balance, so that we feel insecure and threatened. This affects all dimensions of life, at the physical, social, personal and spiritual levels. It means that our bodies are challenged, our relationships are changed, our sense of our self is altered, and our beliefs and values are shaken up. For most people this is a very difficult experience to encompass as it leads to a total revolution of our established patterns, routines and habits. It always involves a lot of loss and therefore leads to feelings of bereavement and sorrow as well as to experiences of confusion, fear, anger, doubt and panic.

In this presentation we shall consider how existential philosophers and therapists are able to make sense of such situations, be they caused by politics, society, personal choices or natural catastrophes. We shall explore the relationship between the shattering of our most reliable connections to the world and the loss of meaning. Then we shall consider how we can rise to such limit situations and personal challenges, finding ways to thrive instead of being destroyed by radical change, transforming and transcending our previous existence. Ultimately this will be about finding our existential courage.

Books that are relevant to this session:

Deurzen, E. van with Craig, E., Schneider K. Längle, A., Tantam, D. and du Plock, S. (2019) Wiley World Handbook for Existential Therapy, London: Wiley.

Deurzen, E. van and Arnold-Baker, C (2018) Existential Therapy: Distinctive Features, London: Routledge.

Deurzen, E. van and Adams, M. (2016) Skills in Existential Counselling and Psychotherapy, second edition, London: Sage. [2011]

Deurzen, E. van (2015) Paradox and Passion in Psychotherapy, second edition, London: Wiley [1998].

**Conference**

**«DON’T PANIC» — PSYCHOTHERAPEUTIC AID TO CLIENTS WITH PANIC ATTACKS»**

**26th of June 2020, 13.40 - 18.15, WEBINAR ROOM 2**

**Languages: Russian**

**SCIENTIFIC COMMITTEE:Inga Rumiantseva (Saint-Petersburg, Russia), Elena Petrova (Saint-Petersburg, Russia), Sergey Kondurov (Saint-Petersburg, Russia), Olga Prykhodchenko (Novosibirsk, Russia).**

**PANIC ATTACK AS A SYMPTOM: A PATH FROM CONTROL TOWARD FREEDOM**

***Elena Petrova –*** *medical psychologist, Gestalt therapist, trainer and supervisor in a field of Gestalt therapy. Development director and director of training programs of Integrative Gestalt Training Institute, member of European Association for Gestalt Therapy, head of supervision committee of Guild of psychotherapy and training, head of Gestalt modality approach of Professional Psychotherapeutic League of Russia. Russia, Saint-Petersburg.*

Dramatic experience in patient who had panic attacks is attracting a lot of attention of therapists. Unlike psychosomatic disorders panic attacks have an anxiety nature in its basis. Customary ways of handling psychosomatics such as searching for a symbolic meaning of a symptom are not considered to be perspective. New ways of working in these patients are based on concepts of strengthening of Self and development of freedom in the field of creative adjustment for a person in emotionally significant situations.

**FIGURE / GROUND DYNAMICS IN DEVELOPMENT OF PANIC ATTACKS**

***Sergey Kondurov –*** *psychiatrist, gestalt therapist, supervisor. Director and trainer of Integrative Gestalt Training Institute, member of Professional Psychotherapeutic League of Russia, member and supervisor of European Association for Gestalt Therapy. Russia, Saint-Petersburg.*

Abruptness of a panic fit is a frightening and puzzling phenomenon. There’s a feeling in a patient’s experience that the known world is not longer to be trusted. One has a feeling that their environment can’t give appropriate support so that the uninterrupted course of life could continue. Things that were taken for granted are in doubt. In the report we’ll try to understand the pathogenesis of panic attacks based on the core concept of Gestalt therapy - the figure and ground dynamics.

**PANIC ATTACKS IN THE CURRENT POST-MODERN TIMES. FRANCESETTI'S APPROACH TO THE PARADIGM OF GESTALT THERAPY**

***Eduardo Salvador*** *– gestalt therapist and career counsellor, Degree in Psychology, Humanities and Economics, Member of the European Association for Gestalt Therapy. Spain, Barcelona.*

The epistemology of gestalt therapy gives us new ideas that help us understand the nature of panic attacks and their therapeutic perspectives. The work of Gianni Francesetti shows that the panic attack actually lies in the sudden collapse of everything that supports us, that which is ordinary, taken for granted and exacerbated by post-modern difficulties in finding support. Panic attacks as acute attacks of loneliness.

**SHORT-TERM COMBINED PSYCHOTHERAPY OF PANIC DISORDERS**

***Vladimir Domoratsky – Doctor of Medical Sciences, Professor, Head of the Department of General and Clinical Psychology, Belarusian State University, Head of the Erickson Psychotherapy and Erickson Hypnosis modality in PPL. Belarus, Minsk.***

A short-term model of the psychotherapy of panic disorder with agoraphobia and without it is presented. A combination of various techniques and techniques from the arsenal of Eye Movement Desensitization and Reprocessing, strategic psychotherapy and Erickson hypnosis is used. The goal of psychotherapy is to stop panic attacks and eliminate avoiding behavior, improve adaptation and improve the quality of life of people who seek help.

**MULTIFACTORIAL FORMULA OF PANIC ATTACK AND ITS COMPLEX TREATMENT**

***Andrei Ermoshin*** *– PhD, doctor-psychotherapist, the author of the psychocatalysis, holder of The European Certificate of Psychotherapy, the official teacher and practice supervisor of the international level of PPL, director of the Scientific and Practical Center “Soul`s health”. Russia, Moscow.*

The report will cover the causes of panic attacks: mental stress, oxygen starvation of the brain of vertebrogenic nature, fright at the moment of the first attack triggering a vicious circle of fear, constitutional or accumulated instability of nervous processes affecting a person all together, and will also consider a comprehensive approach to the treatment of PA using the methodology of psychocatalysis.

**INTERNAL PICTURE OF THE DISEASE AMONG PATIENTS WITH PANIC DISORDER**

***Denis Fedoriaka*** *– M.D., psychotherapist, full member, accredited supervisor and teacher of the Professional Psychotherapeutic League of Russia of the regional level, supervisor of the Russian psychotherapeutic association. Russia, Saint Petersburg.*

The report examines the clinical, psychological, neurophysiological levels of the formation of the internal representation of the disease (IRD) in persons with panic attacks. The article discusses the influence of the features of the IRD of this contingent on the treatment process, as well as the possibility of correcting the detected disorders. It was revealed that persons with panic attacks are characterized by high needs, motives and goals in relation to treatment, which is due to the specifics of the disorder. However, at the same time, this contingent has problems with the formation of clear treatment programs, disease models, prognosis, as well as a complex multicomponent model of leading symptoms. It is shown that under the influence of sensory impulses of a certain frequency on the functional state of the brain, various components of the IRD are reconstructed: emotional, activation, motivational, gnostic. The results of experimental psychological studies have shown that at the same time and in interaction with the optimizing restructuring of the structure of the IRD, positive dynamics of mental processes and mental state occurs.

**PANIC ATTACKS AND PREGNANCY**

***Maria Blokh*** *– MD, psychotherapist. The Research Institute of Obstetrics, Gynecology, and Reproductology named after D.O. Ott; lecturer at the Department of mental health and early support for children and parents of St. Petersburg state University. Russia, Saint Petersburg.*

The report examines the problem of panic attacks during pregnancy. The issues of occurrence, diagnosis and psychotherapy of panic disorders in women during pregnancy and in the postpartum period are discussed.

**PANIC ATTACKS AND THEIR BRAIN MECHANICS**

***Olga Smolina*** *– practical psychologist, psychology teacher, certified specialist in integrative therapy, family psychological counseling, Erickson hypnosis, neuropsychology, personal therapist at the interregional level of PPL, full member of PPL. Russia, Moscow.*

The report examines the causes of panic attacks. Processes occurring in the brain during panic attacks. Ways to regulate and improve the condition.

**TECHNIQUES OF PSYCHOPHYSIOLOGICAL REGULATION OF A VEGETATIVE COMPANENT OF PANIC ATTACKS**

***Zlata Polozhaya*** *– MD, PhD, head of the Department of Psychotherapy, Institute of Interdisciplinary Medicine, psychiatrist, psychotherapist, hypnotherapist, group psychotherapist, official representative of the Central Council of the All-Russian Psychotherapeutic League in Italy, deputy chairman of the Academic Council for Psychotherapy of the National Association for the Development of Psychotherapeutic and Psychological Science and Practice, Member of the World Institute Pain (WIP). Russia, Moscow.*

A panic attack is a complex psychophysiological condition characterized by activation of the sympathetic division of the nervous system. In order to alleviate or remove the attack, you need to adjust the patient's vegetative system. For this, self-regulation techniques are used: relaxation, breathing, etc.

**UNDERSTANDING IS THE ONLY TRUE WAY TO TREAT A PANIC ATTACK**

***Irina Golgofskaya*** *– practicing psychotherapist, psychiatrist, psychoanalyst, lecturer, teacher, author of many articles, courses, intensive programs, etc., organizer and presenter of the project "Psychological Education", she has the experience of 40 years in this profession. Russia, Novosibirsk.*

Understanding as a bridge over the abyss of passion that interrupted the course of the river of life. The cure for panic attacks occurs due to, as far as possible, the client’s “inclusion” of the higher mechanism of mental defense - understanding, instead of being supplanted by psychological reasons, when thinking is disturbed and the body is dissipated. In fact, this is a worldview psychotherapy, since a person does not suffer from psychological trauma and not from the scar that this psychological trauma activated, but from the fact that he thinks about all this. Facing the modern uncertainty and physicality, this is especially true.

**PODIUM DISCUSSION**

**(intermodal)**

**«WAYS TO WORK WITH ANXIETY BY SPECIALISTS OF DIFFERENT PSYCHOTHERAPEUTIC DIRECTIONS»**

**26th of June 2020, 18.30 - 20.00, WEBINAR ROOM 2**

**Languages: Russian**

**CHAIRPERSON: Ilona Romanova** *–*PhD in Philosophy, Associate Professor, psychotherapist of the United European Registration, the head of the Psychodrama modality of the Professional Psychotherapeutic League, an official teacher at the international level, an accredited supervisor in psychodrama and polymodal therapy. Russia, Yekaterinburg.

**MODERATOR: Anastasia Kislitsyna** *–*psychotherapist, trainer, teacher at the Institute of System Consulting and Training. Organizer and moderator of discussions, full member of the PPL (Professional Psychotherapeutic League), Russia Moscow.

The round table will discuss various causes of anxiety and ways to work with it in several psychotherapeutic areas. Anxiety in the family system during COVID isolation. Anxiety as a result of early trauma, aggravated by the pandemic. Other causes of anxiety. Medication and non-medication means of working with anxiety. Particular attention in the discussion will be given to diagnostic methods that help specialists to choose the appropriate methods and area of ​​work.

During the period of the coronavirus pandemic, anxiety became one of the frequent topics of treatment and requests for psychotherapists. The new situation, the threat of danger of infection, panic in the media, prolonged isolation in the family or alone - all this can cause an anxiety. But how to understand what is the internal psychological cause of anxiety? After all, one and the same phenomenon may be hiding various reasons. The client may not be worried on his own, but become so "infected with anxiety" from others that he feels it as his own. Or the client may suddenly have symptoms of PTSD (Post Traumatic syndrome), while outwardly everything suits him. How can a specialist figure out what exactly he is dealing with and choose the right, most effective way to work with anxiety?

It is no secret that psychotherapists of different directions sometimes interpret the same phenomenon in different ways and, accordingly, choose different ways of working. For example, one specialist may consider medication necessary, while another is sure that it is better to get along with the means of psychotherapeutic work. Are there clear grounds and diagnostic signs that help specialists choose this or that way of working? Are there any grounds on which all experts converge? And what is their understanding of different? After all, it is the responsibility of a specialist to choose the most effective way of working.

The round table is devoted to the problem of the anxiety, the reasons why experts in various fields diagnose its causes and the methods that are used in further work.

**SPEAKERS:**

**Sergey Kondurov** *–*psychotherapist, gestalt therapist, member and supervisor of the European Association of Gestalt therapy, full member of the OPPL (Professional Psychotherapeutic League), member and supervisor of the Guild of psychotherapy and training, director and trainer of the Integral Institute of Gestalt Training. Russia, Saint-Petersburg.

**Elena Petrova** *–* medical psychologist, gestalt therapist, trainer and supervisor in the field of gestalt therapy. Full member of the OPPL, head of the modality of the gestalt approach in OPPL. Development Director and Head of Training Programs at the Integrative Institute Gestalt Training, lecturer at the Imaton Institute of Practical Psychology. Member of the Association of Child Psychologists, member of the European Association of Gestalt Therapies, head of the supervisory committee of the Guild of Psychotherapy and Training, Russia, St. Petersburg.

**Tatiana Rytsareva** *–* candidate of Psychological Sciences, family psychologist, trainer of the program on spousal therapy at MIP (Moscow Institute of psychoanalysis). Board member of the community of emotionally focused therapists, member of the society of family counselors and therapists. Representative of the modality Systemic family psychotherapy in OPPL. Russia, Moscow.

**Karine Serebryakova** *–* candidate of Psychological Sciences, Associate Professor of the Moscow Psychological and Pedagogical University, full member of the OPPL teacher of OPPL at the interregional level, supervisor, Director of the Institute of System Consulting and Training. Russia Moscow.

**WEBINAR ROOM 3**

**Panel session**

**«PSYCHOTHERAPEUTIC KINESIOLOGY»**

**26th of June 2020, 10.00 - 13.30, WEBINAR ROOM 3**

**Languages: Russian, English**

**CHAIRPERSON: Irina Chobanu (Moscow, Russia).**

**FACTORS OF OVERCOMING AUTOAGGRESSION AFTER PANDEMIC**

***Irina Chobanu*** *– Ph.D in Medicine, docent, active member of OPPL, President of Association of Professional Kinesiologists, Russia, Moscow.*

The presentation is devoted to autoaggression, conscious or subconscious self -destruction. Unpredictable and frighntening situation of pandemic increases auto aggression, which is inherent for most of people. We will discuss manifestations and types of correction, which can be used by different specialists.

**EMPLOYMENT OF BODILY PRACTICES WITHIN URGENT PSYCHOLOGICAL HELP ON THE HOTLINE СТОПКОРОНАВИРУС.РФ**

***Alina Antonova*** *– psychologist, kinesiologist, teacher of the institute of kinesiology, general manager of psychotherapeutic kinesiology. Russia, Moscow.*

The report discusses the psychologist\'s help while working on the hotline Стопкоронавирус.рф during a pandemic. The questions that citizens asked the psychologist are considered. The possibility of integrating bodily practices within such calls on the hotline is discussed. The importance of bodily practices, based on the approach of the unity of our soul and body, is considered.

**METHOD OF PSYCHOTHERAPEUTIC KINESIOLOGY IN WORK WITH SEVERE PSYCHOSOMATICS AND SYMPTOMS OF PAIN DURING CRISIS SITUATIONS**

***Galina Korchagina*** *– psychologist, psychotherapeutic kinesiologist, full member of APK and full member, candidate for personal therapists, official teacher of PPL. Russia, Irkutsk.*

The report presents kinesiological techniques and tools to assist in improving the well-being of cancer patients, especially in times of temporary quarantine. It describes the possibilities in working with pain and manifestations of psychosomatics. It further focuses on the processing

of the client’s past stressful situations so as to decrease their effect upon

current wellbeing.

**ANTIRECESSION THINKING ALGORITHM IN BASIC PROTOCOL OF WORK OF PSYCHOTHERAPEUTIC KINESIOLOGIST**

***Tatiana Osipenko*** *– kinesiologist, 1st level instructor of the of Psychotherapeutic kinesiology, director and founder of the Center for the Development of Kinesiology and Psychosomatics "Solar Bunnies". Novosibirsk, Russia.*

The report considers the main formulas of formation of stereotyped reaction (behaviour pattern) of a human being in different stressful life situations. The use of the stress theory, Bartini’s theory of six-dimensional space, Gariaev’s linguistic wave genetics in the main protocol of psychotherapeutic kinesiologist. Emotional sequence as means of development of emotional intelligence. Why corporal practices of psychotherapist are so topical.

**FEAR OF PUNISHMENT DURING PANDEMIC**

***Yulia Predtechenskaya*** *– PhD philosopher, religious scholar, master of psychology, existential psychologist, hypnotherapist, psycho- kinesiologist, actual member of the interregional public organization to promote the development of kinesiology “The Association of professional kinesiologists”, full member of PPL Russia. Russia, Moscow.*

Fear of punishment emergence mechanism is observed in the report as well as its aggravation during pandemia. Various kinds of manifestations of this fear and the way to work with it by means of psycho-kinesiology are described. Fear-overcoming psycho-kinesiology corrections effectiveness is substantiated.

**ASSISTANCE IN OVERCOMING THE CRISIS IN THE PROFESSIONAL SPHERE IN THE CONTEXT OF A PANDEMIC BY MEANS OF PSYCHOTHERAPEUTIC KINESIOLOGY**

***Svetlana Kardashova*** *– kineziolog, coach, psycholog, full member of the Association of professional kinesiologists, head of the «Center for kinesiology and psychology «Unity». Russia, Krasnoyarsk.*

In his speech, the author shares his experience of working with citizens who are unemployed or temporarily out of work in the conditions of the pandemic and are interested in finding a new job.

We consider the most common experiences and limitations, objective and subjective difficulties that people face when changing jobs in a crisis. Examples of practical application of psychotherapeutic kinesiology techniques in dealing with the stresses of this category of citizens are given. It also reveals the possibilities of psychotherapeutic kinesiology as a resource technique in situations of professional crisis, when it is necessary to increase the adaptive resources of the body for active actions when searching for work or changing professional competence.

**STRESS ON ONLINE LEARNING IN THE CONTEXT OF THE PANDEMIC THROUGH PSYCHOTHERAPEUTIC KINESIOLOGY**

***Julija Nestereca*** *– master of health of Latvia, Latvia, Riga.*

The report examines possible stresses associated with the transition to online learning in the context of a pandemic and possible options for overcoming stress with the help of psychotherapeutic kinesiology.

**Panel session**

**«APPLIED BEHAVIOR ANALYSIS»**

**26th of June 2020, 14.00 - 16.45, WEBINAR ROOM 3**

**Languages: Russian**

**Panel session**

**«VIRTUAL TECHNOLOGY AND PSYCHOLOGICAL COUNSELING»**

**26th of June 2020, 17.00 - 17.50, WEBINAR ROOM 3**

**Languages: Russian**

**Panel session**

**«PSYCHOTHERAPY DURING PANDEMIC»**

**26th of June 2020, 18.30 - 20.30, WEBINAR ROOM 3**

**Languages: Russian**

**WEBINAR ROOM 4**

**Joint Project of the Youth Policy Committee of SRO «Union of Psychotherapists and Psychologists» and the Professional Psychotherapeutic League**

**Youth conference**

**«PSYCHOLOGICAL CONDITIONS OF DEVELOPING THE PERSONALITY OF A NEW ERA»**

**26th of June 2020, 13.00 - 13.45, WEBINAR ROOM 4**

**Languages: Russian, English**

**CHAIRMEN: *Pavel Gavrilin (Moscow, Russia), Andrey Shishakov (Moscow, Russia).***

The event is a joint project of the Professional Psychotherapeutic League and the Youth Policy Committee of SRO National association “Union of Psychotherapists and Psychologists”.

In the face of global changes the need for research, creation and adjustment of psychological conditions for the development of a new era personality is growing rapidly. This aim becomes crucial, as the changes not merely influence psychological comfort and social processes, but also directly touch upon psychological and physical health of an individual. Psychological circumstances affect all stages of formation and development of a personality in ontogenesis, from early childhood to maturity. A wide age bracket spurs professionals from various fields of theoretical and applied psychology to tackle this problem. In the first instance, this is the task for young and budding specialists who need to professionally and personally fulfil themselves in the changing reality.

**EMERGENCE AS A COMPETENCE FOR DEVELOPING A VISION OF SUCCESSFUL PERSONAL SELF-FULFILLMENT**

***Pavel Gavrilin*** *– practicing psychologist, business counsellor, candidate of psychological sciences, associate professor, member of President Council and chair of the Youth Policy Committee of SRO National association “Union of Psychotherapists and Psychologists”, full member of PPL Russia, Director of research at NIHPIP. Moscow, Russia.*

The report views emergence as one of the core personality competencies determining the ability to understand one’s vision of successful personal self-fulfillment. The author researches the phenomenon of emergence both in relation to the self-fulfillment of a singular personality and within the efficiency of a corporative system and businesses (including the philosophy of so-called “turquoise” companies). The report will be of interest for practicing psychologists, business counselors and other professionals engaged in the problems of personality development.

**ADMINISTRATIVE COMPETITIVENESS OF THE NEW TIMES: MOST DEMANDED SKILLS AND BEHAVIORAL PATTERNS OF CORPORATE WORLD**

***Andrey Shishakov*** *– professor of business practice at Skolkovo business school (Moscow school of management Skolkovo), practicing gestalt psychologist and narrative practitioner. Moscow, Russia.*

The report examines the problem of administrative competitivenessinfluencing the quality of employment and career development among Russian corporations on the cusp of 2020s. The author researches the differences between traditional and advanced corporate cultures and their influence on the success of an organization in the conditions of growing volatility and uncertainty. The author stresses the importance of understanding the growing demand for new skills and behavioral patterns that were not considered before. The report will be useful for corporate psychologists, CEOs and HR professionals.

**PSYCHOLOGIC HAPINESS – FACT OR FICTION?**

***Dmitriy Kalinin*** *– master of science, track “Developmental psychology and akmeology”, Tambov State University named after G.R. Derzhavin. Tambov, Russia.*

The report scrutinizes elaborations and new conceptualizations on psychological features and factors of building up happiness in ontogenesis. The author proposes a program to promote the level of psychologic happiness. This program may become the basis to optimize professional training in higher education and advanced training in vocational education of socionomy professionals. The report is of use for the professionals who work in the fields of akmeology and psychology of personality.

**CONTAINMENT AS PARENTAL COMPETENCY AND IT’S ROLE IN EMOTIONAL INTELLIGENCE DEVELOPMENT OF A CHILD**

***Madina Kubanova*** *– practicing gestalt psychologist, sport psychologist, trainer, member of St. Petersburg’s “Guild for Psychotherapy and Training”, member of the Youth Policy Committee of SRO National association “Union of Psychotherapists and Psychologists”.* *Moscow, Russia.*

The report observes the role of containment as parental competency and it’s role in emotional intelligence development of a child. The author demonstrates applied techniques to develop the containment skill among parents and gives the statistical data from her own practice. The report is of interest for psychologists working with child-parent relationships and for parents of pre-school aged children.

**ACTIVATION OF BRAIN DEFAULT MODE NETWORK AS A FACTOR OF CREATIVITY DEVELOPMENT**

***Marina Lobach*** *– master program student (psychology and neuroscience), advisor for association UDAR, team leader for the project of international organization TEDX, author of I’Origine project, co-founder innovational startup. Padova, Italy.*

The report studies the phenomenon of the “default mode network” activation as a factor of creativity development. The author draws attention to the creative capabilities as an insuperable at present competitive advantage of a brain over artificial intelligence. The research features the functions of the given network and the factors affecting its efficiency in relation to creativity development. The report will be of interest for all professionals who work with theoretical and practical problems of creativity development.

**PECULIARITIES OF FEARS AMONG 5-6 YEAR OLD CHILDREN WITHIN THE CONTEXT OF PARENT-CHILD RELATIONSHIPS**

***Polina Mulyarova*** *– practicing gestalt psychologist, child and female psychologist, lead for author’s workshops on psychology. Moscow, Russia.*

The report views the nature of child fears within the context of parent-child relationships. The author presents methods and results of the experiment conducted with a target group of 28 5-6 year old children. In the report the author shows the predominance of child fears in relation to other problems of a child and gives qualitative data on the contents of fears. The report is interesting for parents, family and child psychologists.

**PECULIAR FEATURES OF RESILIENCE IN CONTEMPORARY PERSONALITY**

***Anastasia Ranchina*** *– psychologist, postgraduate studies alumnus, Tambov State University named after G.R. Derzhavin, qualification “Researcher. Teacher-researcher”, executive for the speed-reading and intelligence development school “SCHOOLFORD”. Tambov, Russia.*

The report examines the resilience peculiarities in contemporary personality, in particular through the concept of “stress resistance”. Having analyzed the works of a number of Russian and foreign scholars, the author presents the components, features and patterns of resilience and introduces the notion “professional resilience”, the concept of interest for modern science. The report is of use for the professionals who work in the fields of akmeology and psychology of personality.

**PSYCHOLOGICAL BORDERS, PATTERNS OF THEIR FORMING AND VIOLATION AMONG INTERNET NETWORK USERS IN THE MODERN WORLD**

***Anastasia Stepanova*** *– practicing gestalt psychologist, lead for workshops on psychology. Moscow, Russia.*

The report scrutinizes psychological borders, patterns of their forming and violation among internet network users in the modern world.The author researches the problems of presentation, maintenance and defense of personal borders amidst digitalization of modern society. The author notes the extrusion of interpersonal interactions as a result of new – virtual – reality emersion. The report is of interest for psychologists working in interpersonal communications and relationships problems and for specialists in the field of developmental psychology.

**MOTHER’S SELF-REFLECTION AS A FACTOR OF MENTAL AND PHYSICAL HEALTH OF A CHILD**

***Aleksander Filatov*** *– practicing gestalt psychologist, systemic family psychologist, trainer, member of the Youth Policy Committee of SRO National association “Union of Psychotherapists and Psychologists” lecturer at NIHPIP, creator and lead of author’s training «Male Initiation».* *Moscow, Russia.*

The report focuses of the phenomenon of mother’s self-reflection as a factor of mental and physical health of a child. The author studies the way in which self-reflection of a mother influences child’s ability to live through emotions; how interrupted self-reflection of a mother can disturb physical health of a child; and how applied psychologists can help reinstate mother’s ability for self-reflection and living through emotions and establish a healthy contact between a mother and a child. The report can be of interest for psychologists working with child-parent relationships.

**DEVELOPING ENTREPRENEURIAL QUALITIES OF A RISING PROFESSIONAL**

***Olga Chulkova*** *– postgraduate student, track “Developmental psychology and akmeology”, Tambov State University named after G.R. Derzhavin. Tambov, Russia.*

The report examines personal qualities that are supposed to become the ground for developing the capabilities of independent decision making, entrepreneurial initiatives, strive towards productive cooperation, demonstration of social responsibility, strong interpersonal skills and tolerance, aspiration to choose a dynamic lifestyle. The author explores the problems of the absence of a system to develop common values and regulatory models of entrepreneurial behavior for youth and the ways of their solution. The report will be of use for psychologists who work in the field of shaping and development rising specialists’ personality and identity.

**Round table of the leaders of psychotherapeutic modalities**

**«SPIRITUALLY AND CULTURALLY ORIENTED PSYCHOTHERAPY»**

**26th of June 2020, 14.00 - 20.00, WEBINAR ROOM 4**

**Languages: Russian**

**MODERATOR: Zlata Polozhaya (Moscow, Russia).**

The round table is devoted to the phenomena of spirituality and culture in the life of mankind. Representatives of various fields of knowledge will express themselves on this subject in a wide interdisciplinary field: psychotherapy, psychology, philosophy and other fields of science, as well as culture and religion. Spirituality and culture will be viewed from different angles of view, based on the paradigm of the region represented by the participant, introducing their understanding of these phenomena. During the conference, it is planned to illuminate the history of mankind's knowledge of spirituality, its role in the life of each individual and in the life of society as a whole. The discussion will discuss the importance of spiritual processes in the formation of a harmonious personality, as well as issues of spiritual search and improvement. Particular importance is planned to be given to spiritually and culturally oriented psychotherapy, which is an important area of ​​psychotherapeutic science and practice. Participants will also express their views on what is happening in the field of spirituality and culture at the moment, in a new world that has changed since the pandemic.

**OPENING SPEECH**

**Victor Makarov** – doctor of medical sciences, MD, professor, President of the All-Russian Professional Psychotherapeutic League and the National Self-Regulating Organization «Union of Psychotherapists and Psychologists», President elect of the Asian Federation of Psychotherapy, Vice-President of the World Council for Psychotherapy, President of the IX World Congress for Psychotherapy, Head of the Department of Psychotherapy and Sexology of the Russian Medical Academy of Continuous Professional Education. President of the IX World Congress for Psychotherapy. Russia, Moscow.

**THE MEANING OF SPIRITUALITY AND CULTURE FOR THE PSYCHOLOGICAL WELL-BEING**

***Zlata Polozhaya*** *– MD., Ph.D., Head of the Department of Psychotherapy at the Institute of Interdisciplinary Medicine, psychiatrist, psychotherapist, hypnotherapist, group psychotherapist, art therapist, curator of the direction of Spiritually and Culturally Oriented Psychotherapy in the All-Russian Professional Psychotherapeutic League, Deputy Chairman of the Scientific Council for Psychotherapy of the National Association for the Development of Psychotherapeutic and Psychological Science and Practice, official representative of the Central Council of the All-Russian Psychotherapeutic League in Italy, member of the organizing committee of the International Art Therapy Club (IAC), author of the book Save and Save Me, Mom!, author of the certification program for spiritual growth Create Yourself!, co-author of a comprehensive program spiritual development of children From Heart to Heart at Pushkin National Museum of Fine Arts, co-author of the art-therapeutic project Give Joy! under the Moscow City Children's Clinical Hospital, host of the Give Life Foundation volunteer program. Moscow, Russia.*

**ANCIENT PRACTICES OF CARING FOR THE SOUL AS A BASIS FOR MODERN PSYCHOTHERAPY**

***Vladimir Maikov*** *– Ph. D., senior researcher Institute of Philosophy RAS, Head of the Department of Transpersonal Psychology, Moscow Institute of Psychoanalysis, President of the Association of Transpersonal Psychology and Psychotherapy, Member of the Presidium of EUROTAS, editor-in-chief of the series Texts of Transpersonal Psychology, founder of the Holotropic Breathwork in Russia, certified specialist in process work, certified psychotherapist of the World Psychotherapy Council, European Association of Psychotherapy and European Transpersonal Association. Moscow, Russia.*

**TOPIC IS TO BE ANNOUNCED**

***Oleg Gadetsky*** *– Ph.D., Head of the Institute of Value-Oriented Psychology, President of the Association of Value-Oriented Psychology, Head of the international educational project Psychology of the Third Millennium, represented in different countries of the world, psychologist-trainer, consultant, creator of the value-oriented method in psychology (VOM).*

**ERA OF STANDARDIZATION AND DIALOGUE OF CULTURES**

***Semen Yeselson*** *– Ph.D., existential consultant, Head of the Council of the International Institute for Existential Counseling (MIEC), editor-in-chief of the journal Existential Tradition: Philosophy, Psychology, Psychotherapy, member of the Board of the European Federation of Existential Therapy, President of the inter-regional public organization National Association of Existential Counseling and Therapists, Head of the modality Existential Therapy in All-Russia Psychotherapeutic League. Rostov-on-Don, Russia.*

**HOW TO BREAK OUT OF SELF-ISOLATION OF THE SPIRIT: ORIENTATION TOWARDS HIGHEST VALUES AS A COMPASS FOR THE PSYCHOTHERAPY**

***Natalia Spokoinyi*** *–**director of IIS Berlin - International Institute of System Constellations, full member and international level trainer of PPL, WCP and EAP certified psychotherapist, master trainer of INFOSYON and DGfS, systemic sex therapist, master theologician A.Men Uni. Germany, Berlin.*

**TOPIC IS TO BE ANNOUNCED**

***Lyubov Bitekhtina*** *– Ph. D., Professor, Co-Head of the Modality Religious Oriented Psychotherapy in All-Russia Psychotherapeutic League. Moscow, Russia.*

**PANDEMIA, GLOBALISM, ARTIFICIAL INTELLIGENCE AND HUMAN PSYCHOLOGY**

***Sergey Klyuchnikov*** *– Ph.D., practical psychologist-consultant, Head of the section Psychosynthesis: Classic and Eastern Versions, full member and teacher of the PPL, author of the Modality Eastern Version of Psychosynthesis. Moscow, Russia.*

**COOPERATION WITH INEVITABLE: GUIDELINES OF VALUES IN AN ERA OF CHANGE**

***Lidia Surina*** *– Ph. D. in Chemistry, Analytical Psychologist, Psychotherapist, Full Member of the All-Russian Professional Psychotherapeutic League, Co-Chair of the Jungian Analysis Modality and Game Practices in Therapy and Councelling Cluster in All-Russia Psychotherapeutic League, Certified Personal Therapist, Supervisor and International level Teacher in All-Russia Psychotherapeutic League, Head of Depth Psychology, Honorary member of Professional Guild of Game Practices in Psychology. Moscow, Russia.*

**INDIGENOUS AND / OR UNIVERSAL IN PSYCHOLOGICAL CONSULTING: MODERN PRESUPPOSITIONS**

***Alexander Bondarenko*** *– Ph. D., Professor, full member of the National Academy of Pedagogical Sciences of Ukraine, Head of the psychology department of Kiev National Linguistic University, Scientific director of the Center for Advisory Psychology. Author of the concept and Head of the modality Ethical Personalism in Psychological Practice. Author of more than 250 publications, several monographs, textbooks, study guides, non-fiction publications. Specialist in emotional trauma in a relationship. Kiev, Ukraine.*

**PAST, PRESENT, FUTURE AND THE ETERNAL IN THE PRACTICE OF PSYCHOTHERAPY**

***Aleksandr Alekseychik*** *– MD,. Ph.D., Psychiatrist, Psychotherapist, Honored Doctor of Lithuania, Head of the Department of the Borderline Conditions in Vilnius Mental Health Center, creator of the Intensive Therapeutic Life direction and the direction of existential bibliotherapy. Vilnius, Lithuania.*

**CONSCIOUSNESS AND SUBCONSCIOUSNESS IN THE STRESS PANDEMIA**

***Andrey Strelchenko*** *– MD., professor, psychotherapist, official representative of the All-Russia Psychotherapeutic League in Latin America, International level Teacher in All-Russia Psychotherapeutic League, the leader in the areas of Psychotherapy for the Healthy and Therapy for Healthy Longevity in All-Russia Psychotherapeutic League, therapist of the European Registry, professor IEIRA. Guatemala.*

**SPIRITUALITY AS AN INSTRUMENT FOR HUMAN SPECIES**

***Alexander Tabidze*** *– teacher, psychologist, Ph.D. in Physical and Mathematical Sciences, Professor, correspondent member of Russian Academy of Natural Sciences, Director of the Scientific Center Psychotherapeutic Pedagogy of the Ministry of Education and Science of the Russian Federation, expert of the International Register of Mental Health Specialists, Moscow, Russia.*

**A VALUE-ORIENTED APPROACH TO INDIVIDUAL PSYCHOTHERAPY AND COACHING, WORKING WITH FAMILIES, CHILDREN AND BUSINESS STRUCTURES**

***Gennady Brevde*** *– Ph. D., certified psychotherapist and Member of the Presidium (2009-2014) of the European Transpersonal Association, Vice-president of the Russian Transpersonal Association, official teacher and member of the Committee for Directions and Methods in All-Russia Psychotherapeutic League, corresponding member of the International Academy of Psychological Sciences and the Baltic Pedagogical Academy, Dean of the East European Faculty of the International Institute for the Study of Consciousness and Psychotherapy (Freiburg, Germany), winner of the Golden Psyche National Prize, author of over 40 articles, co-author of two monographs on philosophical anthropology and depth psychology. Saint-Petersburg, Russia.*

**THE CREATIVE BASIS OF SPIRITUAL PERCEPTION OF PEACE AND HUMAN SELF-ORGANIZATION**

***Alla Semenova*** *– pediatrician, psychotherapist, immunologist, author of the method of Healing Сreative Psycholinguistics, Рead of the modality of the same name in All-Russia Psychotherapeutic League, Full member of in All-Russia Psychotherapeutic League, Ph.D. in Regulation in Biological Systems of the Academy of International Aviation Engineering and Mechanics and Mathematics. Moscow, Russia – Canberra Australia.*

**ECOPOESIS: ART AND ECOPSYCHOLOGY IN THE INTERESTS OF HEALTH AND SUSTAINABLE DEVELOPMENT. WHAT CAN ART THERAPEUTS DO IN FACE OF NEW CHALLENGES?**

***Alexander Kopytin*** *– MD., Ph.D.,* *Professor, Department of Psychology, Associate Professor, Department of Psychotherapy, Medical Psychology and Sexology, North-Western Medical University named after I.I. Mechnikov, chairman of the Art Therapy Association. Russia, Saint-Petersburg.*

Special guests:

**FAMILY CREATIVITY AND FOLK ART AS A RESOURCE OF HUMANITY**

***Irina Zakharova*** *– Honored Artist of the Russian Federation, Ph.D. in Art Studies, member of the Moscow Union of Artists, senior researcher in the Department of Aesthetic Education, Head of the Family Groups of Pushkin National Museum of Fine Arts, author of the projects Museum to the School, Children Draw Music, co-author of the comprehensive program for the spiritual development of children From Heart to Heart, author of the art-therapeutic project Give Joy! under the Moscow City Children's Clinical Hospital. Moscow, Russia.*

**BEAUTY IS ALREADY A PRAYER!**

***Laura Guerra*** *– culturologist, writer, Tonino Guerra’s wife and muse. Moscow, Russia – Pennabilly, Italy.*

**VALUE OF CULTURAL RELATIONS FOR HUMAN AND SOCIETY**

***Julia Bazarova*** *– President of the Italian Cultural Association Friends of Great Russia, co-founder of the International Pushkin Prize in Rome, co-organizer of the Great Russian Ball in Rome, the Russian Festival, the event From Russia: with Art, Music and Beauty, exhibitions and creative evenings . Rome, Italy.*

**CULTURE, EDUCATION AS A STEM OF STABILITY**

***Igor Burganov*** *– sculptor, Honored Artist of the Russian Federation, Ph.D., Corresponding Member of the Russian Academy of Arts. Moscow, Russia.*

**WEBINAR ROOM 5**

**LECTURE**

**Niva Lavrova**

**«INFLUENCE OF THE PANDEMIC ON THE PSYCHOEMOTIONAL STATE OF FAMILY MEMBERS DEPENDING ON THE MODEL OF ORDERING FAMILY RELATIONS»**

 **26th of June 2020, 13.30 - 14.30, WEBINAR ROOM 5**

**Languages: Russian, English**

***Nina Lavrova (Russia)*** *– professor RAE, full member of PPL, psychotherapist of the unified register of the European Association of psychotherapy; chairman of the mediation Committee of PPL, head of the modality System family psychotherapy: Eastern version, accredited training personal psychotherapist-adviser, supervisor of PPL; certified teacher of the international level of the CPL; head of the Department of mediation and conflict resolution of the Institute of practical psychology Imaton, director of the Psychoanalytic center «Alliance».*

Self-isolation during the coronavirus pandemic has negative and positive consequences. The consequences associated with the regularity of family relations are characterized by mutual understanding, tolerance and readiness to work together. Emotional discord, provoking a family crisis, is the most acute negative consequence. The family ordering typology classifies a number of models according to the system-organizing factor. The lecture is devoted to the analysis of the consequences of self-isolation, taking into account the typology of family models. The application of practical techniques that help to overcome negative consequences is considered. Special attention is paid to the original technologies of the Eastern version of systemic family psychotherapy.

**LECTURE**

**Victor Makarov**

**«PSYCHOTHERAPEUTIC PROSPECTIVE ON COVID-19 PANDEMIC»**

**26th of June 2020, 15.00 - 16.00, WEBINAR ROOM 5**

**Languages: Russian**

***Victor Makarov (Russia)*** *– doctor of medical sciences, MD, professor, President of the All-Russian Professional Psychotherapeutic League and the National Self-Regulating Organization «Union of Psychotherapists and Psychologists», President elect of the Asian Federation of Psychotherapy, Vice-President of the World Council for Psychotherapy, President of the IX World Congress for Psychotherapy, Head of the Department of Psychotherapy and Sexology of the Russian Medical Academy of Continuous Professional Education.*

The lecture is dedicated to psychotherapeutic features of expectations from pandemic and the pandemic itself. We will view the new opportunities brought by the COVID-19 revolution and discuss the development of social psychotherapy and its increasing role in both problem solving and advancement of a person, family, group, society.

**LECTURE**

**Yaqui Martinez Robles**

 **«** **SOME EXISTENTIAL-PHENOMENOLOGICAL REFLECTIONS ON LIMITATIONS AND POSSIBILITIES FOR ONLINE PSYCHOTHERAPY»**

**26th of June 2020, 16.30 - 18.00, WEBINAR ROOM 5**

**Languages: Russian, English**

***Yaqui Martinez Robles (Mexico)*** *–**Ph.D in Psychotherapy; Current President of the Latin American Association of Existential Psychotherapy.*

During times of crisis, such as during the pandemic caused by COVID-19, many therapists need to move our professional practice to electronic means in order to continue working, so that we can offer our services to those who need them.

What changes does this movement imply? What are the potentials? What difficulties?

Existential-Phenomenological reflection can help us answer these and other questions.

**LECTURE**

**Susana Signorelli**

**«FEELINGS IN THE FACE OF THE PANDEMIC IN ARGENTINA AND LATIN AMERICA»**

**26th of June 2020, 18.30 - 20.00, WEBINAR ROOM 5**

**Languages: Russian, English**

***Susana Signorelli (Argentina)*** *– Honorary President of the Latin American Association of Existential Psychotherapy, director of the Latin American Journal of Existential Psychology.*

The beginning of the year 2020 was shocked when a pandemic that affected all humanity was declared. One of the first preventive measures taken by the different countries to contain contagions in some way was the establishment of a quarantine or social isolation, either very restrictive or more lax, depending on the region. Each country made similar resolutions, although with some differences and with still uncertain results.

This meant a total rethinking of our lives, projects that were stopped, unfinished, but after a while and since the human being cannot stop projectíng, new projects emerged. Thus, in the face of the pandemic and quarantine, I began to devise an investigation into the feelings that arose both in me and in those close to me, whether in my patients or among colleagues. Fear of death, not being able to meet loved ones, social distance as a preventive measure to avoid getting infected, had to produce its effects in the lives of all of us.

In this conference, I will present the preliminary results of this research, which was focused on Argentina and other Latin American countries.

**EVENTS ON JUNE 27, 2020**

**WEBINAR ROOM 1**

**International fundamental round table**

**«PSYCHOTHERAPEUTIC AID FOR CHILDREN, FAMILIES, SOCIETIES IN THE WORLD DURING AND AFTER THE PANDEMIC CAUSED BY СОVID-19»**

**27th of June 2020, 10.00-13.00, WEBINAR ROOM 1**

**Languages: Russian, English**

**CHAIRMEN: Alfred Pritz (Vienna, Austria), Victor Makarov (Moscow, Russia), Ilgiz Timerbulatov (Ufa, Russia), Emilia Afrange (Sao Paolo, Brazil).**

**Alfred Pritz –** doctor of medical sciences, MD, professor, President President of the World Council for Psychotherapy (WCP), Ph.D in Psychopathology and Pedagogics, founder and past-time General secretary of the European Association for Psychotherapy, rector and full professor of the Sigmund Freud University, Vienna Collaborator for the Austrian law for Psychotherapy and advisor in some European ministeries. Honorary President of the IX World Congress for Psychotherapy. Austria, Vienna.

**Victor Makarov** – doctor of medical sciences, MD, professor, President of the All-Russian Professional Psychotherapeutic League and the National Self-Regulating Organization «Union of Psychotherapists and Psychologists», President elect of the Asian Federation of Psychotherapy, Vice-President of the World Council for Psychotherapy, President of the IX World Congress for Psychotherapy, Head of the Department of Psychotherapy and Sexology of the Russian Medical Academy of Continuous Professional Education. President of the IX World Congress for Psychotherapy. Russia, Moscow.

**Ilgiz Timerbulatov** – doctor of medical sciences, MD, professor, head of the department of psychotherapy at the Bashkir State Medical University, head physician of the Republican Clinical Psychotherapy Center, chief psychotherapist of the Ministry of Health of the Republic of Bashkortostan, vice president of the All-Russian Professional Psychotherapeutic League for the Volga Federal District. Russia, Ufa.

**Emilia Afrange** – President of Latin-American Federation of Psychotherapy, Vice-President of Brazilian Association of Psychotherapy, psychologist of the team specialized in Prematures at “Escola Paulista de Medicina”, psychotherapist, clinical psychologist, teacher and supervisor of Institute Sedes Sapientiae, affiliated member of the Psychoanalysis Brazilian Society in São Paulo. Brazil, Sao Paulo.

**Presenters**

**NEW WAYS OF PSYCHOTHERAPY: COVD-19 AND MORE! WHAT DO WE NEED TO DO TOGETHER**

***Tatiana Karavayeva*** *– Doctor of Medical Sciences, associate professor, head and chief researcher of the Department of Treatment of Borderline Mental Disorders and Psychotherapy, Scientific Research Center named after V.M. Bekhterev, professor of the Department of Medical Psychology and Psychophysiology St. Petersburg State University, professor of general and applied psychology with courses in biomedical disciplines and pedagogy of St. Petersburg State Pediatric Medical University, leading researcher of Scientific Department of Innovative Methods of Therapeutic Oncology and Rehabilitation at the Scientific Research Center for Oncology named after N.N. Petrov, vice-president of the Russian Psychotherapeutic Association. Russia, Saint-Petersburg.*

**A** **PSYCHOTHERAPY ASSISTENCE IN PANDEMIC TIMES**

***Emilia Afrange (Brazil)*** *– President of Latin-American Federation of Psychotherapy, Vice-President of Brazilian Association of Psychotherapy, psychologist of the team specialized in Prematures at “Escola Paulista de Medicina”, psychotherapist, clinical psychologist, teacher and supervisor of Institute Sedes Sapientiae, affiliated member of the Psychoanalysis Brazilian Society in São Paulo.*

**GESTALT INSTITUTE SKOPJE IN ACTION - CALL ME  #COVID 19**

***Emilija Stoimenova Canevska (North Macedonia)*** *– Prof. Dr., licensed health psychologist and psychotherapist, EAGT – and EAP-certified trainer and supervisor, as well as organizational couch and consultant.*

***Lidija Pecotic*** *– PhDEAPTI GPTIM & EAPTI GPTIM Network.*

***Ena Canevska*** *– MSc, EAPTI Gestalt Institute Skopje.*

Living “gestalt way” in “here and now” and being present accordingly, which in the context of COVID-19 pandemic means awareness of what it is, acknowledgement of the severity of the situation and act upon it. EAPTI Gestalt Institute Skopje, created the CALL ME # COVID 19 - Psychotherapy Support Action, that aims to provide psychotherapeutic aid during and most probably after the pandemic caused by СОVID-19. Within EAPTI GPTIM Network, where EAPTI Gestalt Institute Skopje is constitutive part, we gathered support to develop: Specific education for the students at the advanced level of the program in period of two months lead by EGN trainers, supervisors and therapists, as well as their continuous education, supervision and personal support during the period ahead. Further on, through the social media we launched the Action on May, 11,2020, for all Macedonian citizens in need, as well as for the following specific groups: Children up to 14 and their parents, Women in perinatal period, People suffering family violence, People experiencing difficulties related to work, Family members of people with special needs, Caretakers of people suffering from dementia and similar cognitive impairments. The team is consisted of 30 providers, 6 therapist, 4 trainers, 4 supervisors and 3 consultants. The support is offered in both Macedonian and Albanian language. According to the statistics of the first month there is moderate interest, although we realize increasing tendency. Noticing that there is still shyness about calling for psychotherapy support, we hope that we will manage to support citizens in our country.

**CHANGES IN FAMILY SUBSYSTEMS SYSTEMS IN A CRITICAL PANDEMIC SITUATION**

***Igor Dobriakov*** *– PhD, associate Professor, senior researcher at the scientific and organizational department of the Federal State Budgetary Institution “National Medical Research Center for Psychiatry and Neurology named after V.M. Bechtereva” Ministry of Health of the Russian Federation, co-chair of the section of perinatal psychology of Russian psychological society, organizer and head of the Symposium "Perinatal, psychopathology and psychotherapy" within World Congress for Psychotherapy.*

The announcement of a pandemic and the demands for isolation create a critical situation. At the same time, there is an increase in the level of basal anxiety, a change in the stereotypes of everyday family life. Relationships between family subsystems and family members are changing. This can lead to disharmony in family relations, as well as to joint overcoming of the crisis and strengthening of the family.

**SKILLS OF STRESS MANAGEMENT AND SELF-REGULATION FOR PERSONAL SUSTAINABILITY IN CHANGING LIFE CONDITIONS**

***Zlata Polozhaya*** *– MD, PhD, head of the Department of Psychotherapy, Institute of Interdisciplinary Medicine, psychiatrist, psychotherapist, hypnotherapist, group psychotherapist, official representative of the Central Council of the All-Russian Psychotherapeutic League in Italy, deputy chairman of the Academic Council for Psychotherapy of the National Association for the Development of Psychotherapeutic and Psychological Science and Practice, Member of the World Institute Pain (WIP). Russia, Moscow.*

Most modern people live under stress. The skills of stress management and self-regulation are necessary both for healthy people in order to ensure their stability, and for people with mental disorders, in order to actively return to health and maintain the results of the work with the psychotherapist. Such relaxation methods as autogenic training and breathing techniques are considered as helpful self-regulation techniques.

**ISOLATION. FAMILY AND ME. HOW TO RETAIN YOURSELF AND SALVE YOUR FAMILY DURING QUARANTINE?**

***Inna Zezyulinskaya*** *– head of the Crimean regional branch of PPL Russia, accredited training psychotherapist-adviser and supervisor of PPL; certified PPL trainer of national level; holder of the European Certificate for Psychotherapy; trainer of the Institute of Practical Psychology “Imaton; Associate Professor of the IPO SRS KIP (Interregional Public Organization for Promotion of Symboldrama – Catathymic**Imaginative Psychotherapy Development); supervisory Board member of the National Self-Regulating Organization“Union of Psychotherapists and Psychologists; head of Applied psychology center“Harmony” and of art-therapeutic workroom “Paints of the Soul” (Sevastopol); author of Metaphorical associative cards“Harmony” and of the course of intuitive painting "Intuitive painting as a creative method of self-knowledge and self-development"; author of the project “Psychological lounge. The Art of Living". Russia, Sevastopol.*

For many families quarantine became a real test. During lockdown families are, like submarine crew, confined in enclosed space, and its members can be breaching private space of each other. We begin to face the things we previously never paid attention to, as we all had the big wide world around us. Of course, the big wide world is still there, but now we are living in our own little world, in which all our wrinkles and goofs are seen in broad daylight.

The intensity of irritation and aggression towards our children, spouses, parents and even pets is building up inside us. This fact can scare us, string us up, cause stress, impinge the quality of our relationships.
Thus an important question arises – how to retain yourself and salve your family during quarantine?
In the given report family rules of living in isolation will be brought, and valuable recommendations for the families in lockdown will be given. These recommendations will help viewing the current crisis as an opportunity and considering the quarantine a good chance to get family relationships back on track.

**INFLUENCE OF KIN HISTORY AND TRANSGENERATIONAL RELATIONS ON DESCENDANTS IN THE COVID-19 PANDEMIC SITUATION**

***Larisa Dokuchayeva –*** *Ph.D., President of the Academy of Rodology, President of the International League of Rodologists, author and leader of the modality “Rodological Consulting Method” of the PPL, established international level trainer, Chair of the Council for Family Culture of the Assembly of Peoples of Eurasia, President of the Foundation “Family-XXI Century”, Expert in Family Law of the State Duma of the Russian Federation. Russia, Ekaterinburg.*

The presentation considering the implications of Kin history and transgenerational relations for descendants’ well-being and behavior in the conditions of COVID-19 pandemic. It presents the results of an international study “Implications of Kin History for Descendants in the Conditions of Coronavirus Pandemic” held by the Academy of Rodology (Russia, Ekaterinburg) during the pandemic period and the international consultancy practice using rodological method of consulting.

**WHAT INFLUENCE DOES THE SOCIAL DISTANCING HAVE ON FAMILY RELATIONS? SPECIFICS OF THE ON-LINE FORMAT OF FAMILY THERAPY**

***Natalia Golubeva*** *– clinical psychologist, family system psychotherapist, certified specialist in the existential humanistic psychotherapy, mediator, head of the Healthcare mediation working group in PPL, full member of PPL Russia, member of the East European Association of Existential Therapists. Russia, Moscow.*

Social distancing & self-isolation are a very difficult period. During it all family members are enclosed in a very limited space thus the tension between them may increase. Children are sensitive to the emotional condition of adults and besides they are deprived of their usual physical activity. Faimily is a very important phenomenon which accompanies any human being along his life cycle. The report describes specifics of family couples on-line consultancy during self-distALLing times, different methods & technics application, peculiarities of the on-line work.

**SPIRITUALLY-ORIENTED 4D SYSTEMIC CONSTELLATION (SSC) AS CUTTING-EDGE INFORMATION TECHNOLOGY (IT) FOR THE SHORT-TERM THERAPY OF A PERSONAL, FAMILIAL, ORGANISATIONAL OR SOCIETAL INJURY IN LIGHT OF THE CURRENT PANDEMIC**

***Natalia Spokoinyi*** *–**director of IIS Berlin - International Institute of System Constellations, full member and international level trainer of PPL, WCP and EAP certified psychotherapist, master trainer of INFOSYON and DGfS, systemic sex therapist, master theologician A.Men Uni. Germany, Berlin.*

The report shows why the author's method (SSC) Spiritually-oriented systemic constellation constitutes cutting-edge IT. The method is used for short-term treatment of trauma and symptoms not only of a person, but also of a family, organisation, society injury (ethnic and religious conflicts, etc.) exacerbated by the Coronavirus pandemic. The aim of the approach is to restore the integrity of the person at all levels from the body and emotions to the intellect and spirit, as well as the integrity of the family, organisation and/or society.

**FEATURES OF LIFE CYCLES OF FAMILIES WITH SPECIAL CHILDREN**

***Elena Romanova*** *– practicing psychologist, system family consultant in the modality of system family psychotherapy Eastern version (SSTV), Erickson hypnotherapist, professional mediator, Full member of the Professional psychotherapeutic League, Head of the educational direction in the modality of SSTV, Head of the working group on System school mediation of the PPL mediation Committee, member of the Supervisory Board of the SRO "Union of psychotherapists and psychologists\, General Director of "Studio of innovative psychology and mediation "EGO". Russia, Moscow.*

The report examines the concept of periodization for families with special children. The problems of family-oriented assistance to families with a special child are discussed. The types of adaptation of families with a special child to normal life are considered. The components of the ideology of family normalization are discussed.

**SYSTEMIC FAMILY THERAPY: POSSIBILITIES OF INTEGRATION WITH OTHER PSYCHOTHERAPEUTIC METHODS**

***Varvara Medvedeva*** *– psychologist, systemic family consultant in department Systemic family therapy Eastern version, psychologist using processual-oriented methods, psychoanalytic therapy methods, kinesiology consultant, mediator; full member of the All-Russian Professional Psychotherapeutic League, member of the working group on mediation in the field of healthcare of the PPL mediation committee, creative director of the Systemic family therapy Eastern version department of PPL, full member of the “Union of Psychotherapists and Psychologists”. Russia, Moscow.*

The report highlights positive aspects of the experience of incorporating psychoanalytic concepts and processual approach techniques in systemic family psychotherapeutic practice.

**HOW TO TALK TO CHILDREN ABOUT DIFFICULT SITUATIONS, USING THE EXAMPLE OF THE SITUATION OF COVID-19**

***Elena******Pachina*** *– clinical psychologist, Family System Consultant. Russia, Moscow.*

Talking about the Coronavirus or about any challenging topic to your children can be delicate. In today’s world parents need to balance the message appropriately. Deliver a message of safety while reassuring children that they can continue being children.

Participants will:

• Discuss benefits the benefits of having a difficult conversation

• Discuss where to start for you and for them

• Review aspects to consider and the tough questions

• Learn how to create a solution focus

• Look at denial vs. healthy separation • Discuss how to develop resilience

This topic is devoted to the issue of communication between parents and children, specifically, on building a dialogue with the child, if it’s necessary to discuss a problem, using the example of the situation with the epidemic of Coronovirus.

**EXPERIENCE IN LEADING CHILD THERAPY GROUPS DURING PANDEMIC**

***Maya Ioffe*** *– psychologist, gestalt therapist, child therapy group leader at the “Social lift” Gestalt Therapy Center, full member of Professional Psychotherapeutic League of Russia.*

The report will present my experience in leading child therapy groups during pandemic “COVID - 19” in the online format (children aged 8-9). I shall focus on the groups’ materials and interaction with parents. The special attention will be paid to the psychological defenses, which help children cope with the abrupt life changes. Firstly, it is the projection of the role of God in order to prevent a developing catastrophe. I shall also focus on changing of the child\'s worldview during the pandemic. In particular, how the child\'s worldview changes the concept of death. I shall pay attention to the \"therapeutic target\": maintaining mutual respect of children for family adaptation strategies.The observations described in the Report are based on the ideas of psychology theorists Kurt Levin and Bluma Zeigarnik, founder of logotherapy Victor Frankl, family therapist Carl Vitaker, child therapist Violet Oaklender, psychoanalyst Nancy McWilliams, modern gestalt therapist Natalia Kedrova.

**Round table**

**«SUPERVISION»**

**27th of June 2020, 13.30-15.30, WEBINAR ROOM 1**

**Languages: Russian, English**

**MODERATORS: Inga Rumyantseva (St. Petersburg, Russia), Denis Fedoriaka (St. Petersburg, Russia), Olga Prykhodchenko (Novosibirsk, Russia).**

 ***Inga Rumyantseva –*** *psychologist, psychotherapist, vice-president of All-Russian Professional Psychotherapeutic League, Head of Regional branch of PPL Russia in Saint-Petersburg and North-Western Federal District of Russia. She is the official representative of the Supervision Committee of PPL. St. Petersburg,Russia.*

***Denis Fedoriaka*** *– M.D., psychotherapist, full member, accredited supervisor and teacher of the Professional Psychotherapeutic League of Russia of the regional level, supervisor of the Russian psychotherapeutic association. Russia, St. Petersburg.*

***Olga Prykhodchenko******–*** *full member and Board member of All-Russian Professional Psychotherapeutic League, doctor, psychologist, member of the of the Supervision Committee of PPL, manager at the international level of the PPL Russia, Executive Secretary of the General Board of the PPL Russia, Head of the Disciplinary Comission of the SRO «Union of psychotherapists and psychologists». Russia, Novosibirsk*.

***Special guest: Emmy Van Deurzen (England)*** *– supervisor, philosopher and an existential psychotherapist. She is Principal of the New School of Psychotherapy and Counselling at the Existential Academy in London.*

***Fixed speeches:*** *I.V. Rumyantseva, Emmy van Dorzen, A.D. Fedoryaka, I.V. Lyakh, A.S. Zhukov, E.Yu. Petrova, S.V. Kondurov, Eduardo Salvador, O.A. Prikhodchenko, M.A. Fabricheva.*

Supervision is a compulsory component of psychotherapy training and psychotherapeutic and psychological practice. Every psychologist and (or) psychotherapist inevitably encounters difficulties in their professional activities. These may be General difficulties arising from the therapist's lack of awareness, experience, or emotional burnout. Or private, such as issues of countertransference, personal relationships with the patient, blind spots, technical aspects of psychotherapy. Supervision is an organized learning process that has administrative (organizational) and substantive (clinical) tasks, in which principles are transformed into practical skills.

**Complexities and nuances also arise in the process of interaction between a specialist and a supervisor, a supervisor and a group.**

 **At our meeting, we propose to discuss:**

**- features of the dynamics of supervisory groups,**

**- features of the supervisory process (individual and group) online**

**- Pros and Cons of Online Supervision**

**- the degree of inevitability of the distribution of online supervision work format**

Our round tableinvites fellow psychotherapists to take part in the dialogue of professionals representing various models of supervision.

The global aim of the panel is to demonstrate the diversity of Russian and World supervision, to create an inter-developmental framework, to provide vast opportunities of using the international experience of fellow supervisors as an accelerator of professional efficiency growth.

**Round Table**

**«PSYCHOTHERAPY ONLINE»**

**27th of June 2020, 16.00-18.00, WEBINAR ROOM 1**

**Languages: Russian**

**MODERATORS: Lev Belogorodsky (Moscow, Russia), Victoria Berezkina-Orlova (Moscow, Russia).**

Coronavirus pandemic and the respective control measures have boosted the digitalization processes in social life, including those in the field of psychological counseling and psychotherapy. If until recently we believed that some forms of interaction between the therapist and the client, the coach and the group, the interaction of colleagues among themselves and so forth is impossible to conduct in the online mode, now we find them on the Internet, becoming more and more inherent and settled.

Objectives of the present discussion are to identify, analyze and discuss the currently available peculiarities of professional psychotherapeutic activity in an online format.

**FIXED PRESENTATIONS: Victoria Berezkina-Orlova, Lev Belogorodsky, Mikhail Burnyashev, Olga Prikhodchenko, Mark Sandomirsky, Lyudmila Serbina.**

**WEBINAR ROOM 2**

**Panel session**

**«MEANING-BASED APPROACH (V. FRANKL'S LOGOTHERAPY) IN CRISIS MANAGEMENT»**

**27th of June 2020, 10.00 - 13.45, WEBINAR ROOM 2**

**Languages: Russian**

**Symposium**

**«INTEGRATED SHORT-TERM THERAPY FOR TRAUMAS AND SYMPTOMS OF THE INDIVIDUAL, FAMILY, ORGANISATION, GROUP OR SOCIETY DURING THE CURRENT CORONAVIRUS PANDEMIC»**

**(beginning)**

**27th of June 2020, 14.30 - 20.00, WEBINAR ROOM 2**

**Languages: Russian, английский**

**CHAIRPERSON: Natalia Spokoinyi (Berlin, Germany).**

This section presents new achievements and developments in integrated trauma therapy, obtained and reassessed in the framework of a spiritually-oriented approach. This creative, and, as a rule, own personal work, combining various Western and Eastern approaches, yields the best achievements of natural and humanitarian Sciences and spiritual practices. Any trauma splits the personality, breaking its harmony. The concept of injury and symptom is considered in a broad context, which also includes genetic, organisational and societal trauma. Just as a good doctor treats not a symptom or a disease, but the body as a whole, so too do we in the centre of integral psychotherapy focus on the whole person and not their individual problems or processes. In case of injury to the organisation, family, society, it is also a question of restoring their integrity. Standard methods of trauma therapy are focused on long-term work to create a safe space, "safety techniques", etc. This is important but often prohibitive due to time and finances. The section presents the author's individual and collaborative innovative methods of short-term therapy of mental injuries: systemic constellations, body-oriented therapy, colour therapy and other types of psychotherapy. The central focus is on the Quadripartite Body-Emotions-Intellect-Spirit (BEMS) model. The use of the model allows us to awaken the interest of the client, which immediately takes him out of the epicentre of the injury and allows them to look at themselves from the outside, to create the necessary safe space in the shortest possible time and to obtain important resources through the release of energy blocked during a trauma and access to the power of the genes, and in the case of the organisation and society to corresponding resources. We further demonstrate the practical application of the method and it’s effective results in the case of mental injuries and problems in the organisation, as well as in intercultural, national and religious conflicts.

**SPIRITUALLY-ORIENTED 4D SYSTEMIC CONSTELLATION (SSC) AS SUPERNEW INFORMATION TECHNOLOGY (CUTTING-EDGE IT) FOR THE SHORT-TERM THERAPY OF A PERSONAL, FAMILIAL, ORGANISATIONAL OR SOCIETAL INJURY IN LIGHT OF THE CURRENT PANDEMIC**

***Natalia Spokoinyi*** *–**director of IIS Berlin - International Institute of System Constellations, full member and international level trainer of PPL, WCP and EAP certified psychotherapist, master trainer of INFOSYON and DGfS, systemic sex therapist, master theologician A.Men Uni. Germany, Berlin.*

The report shows why the author's method (SSC) Spiritually-oriented systemic constellation constitutes cutting-edge IT. The method is used for short-term treatment of trauma and symptoms not only of a person, but also of a family, organisation, society injury (ethnic and religious conflicts, etc.) exacerbated by the Coronavirus pandemic. The aim of the approach is to restore the integrity of the person at all levels from the body and emotions to the intellect and spirit, as well as the integrity of the family, organisation and/or society.

**CRISIS AND INTEGRATED THERAPY FOR THE REHABILITATION AND RECOVERY OF (CANCER) ONCOLOGICAL PATIENTS DURING THIS PERIOD OF PANDEMIC**

***Tatyana Nikiforova*** *– child and family psychologist, art therapist, fairytale therapist, full member, official trainer and personal therapist of PPL. Russia, Bratsk.*

This report reveals the creative methods and techniques of working with cancer patients from palliative care to recovery under the conditions of temporary isolation. The purpose of this approach: to use communication technologies such as telephones and skype to bring the client to awareness and reassessment of life values, to take responsibility for their choice, to achieve harmony with the world. Examples of both online individual and group training clients in a state of long-term remission are used to show effective routes to recovery.

**SPIRITUALLY ORIENTED SYSTEMIC CONSTELLATION AS THERAPY OF THE SPIRIT. SIN, GUILT, HUMILITY AND FORGIVENESS THROUGH THE LENS OF CONSTELLATION WORK DURING THE PERIOD OF PANDEMIC**

***Natalia Spokoinyi*** *–**director of IIS Berlin - International Institute of System Constellations, full member and international level trainer of PPL, WCP and EAP certified psychotherapist, master trainer of INFOSYON and DGfS, systemic sex therapist, master theologician A.Men Uni. Germany, Berlin.*

This report defines therapy of the spirit and systemic constellations oriented towards the client’s values with the implementation of the BEMS- Model and how it aids work with severe traumas, including the period of pandemic, especially in the case of fanatically devout clients. It will briefly touch on the correct understanding of the central truths and commandments of the Christian church from the point of view of modern science: sin as failure to achieve a goal, feelings of guilt as unchristian, personal dignity and the false understanding of humility, the origin of evil and forgiveness in Christian terms and show why constellations work is the manifestation of the Holy Spirit in the world.

**A SPIRITUALLY ORIENTED INTEGRATED APPROACH TO THE THERAPY OF PERSONAL, FAMILY AND ORGANISATIONAL TRAUMA DURING THE CORONAVIRUS OUTBREAK**

***Maria******Orlyanskaya*** *– international economist, life coach, theta-healer, specialist in family and organisational trauma, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

This report using real clients’ experience presents the author’s own method of «Subpersonal integration», that allows for efficient work with different personal, family and organisational traumas within the framework of a spiritually oriented integrated approach including in quarantine conditions.

**SAVE A LIFE AND FIND FAITH: SPIRITUALLY-ORIENTED CONSTELLATIONS FOR THOSE DYING OF CORONAVIRUS**

***Ksenia Krilova****– assistant teacher and therapist at IIS-Berlin, certified online constellator, specialist in psychotherapy for the wholeness of personality, spiritually-oriented psychotherapy and systemic constellations, preschool teacher.*

Can a systemic constellation save lives? The answer to this question can be found in this report on an effective, and thus successful, spiritually-oriented constellation for a client dying of the corona virus, in addition to this he was diagnosed with diabetes, hepatitis C, lymphocytic leukemia and liver cirrhosis. It shows specifically how and why the constellation oriented towards the Highest Values of the client gives the maximum resources possible. In the given example it saves the life of the client and enables him to find faith in the Source of all life.

**FROM A PERSONAL AND FAMILY TRAUMA TO PERSONAL FULFILLMENT AND FINANCIAL SUCCESS DURING QUARANTINE: AUTHOR'S INTEGRAL APPROACH “BIOCOACHING”**

***Marina Buchatskaya*** *– NLP-coach, specialist in Erickson hypnosis, oriental practices and reiki, life coach, business manager (Russian Presidential Academy of National Economy and Public Administration), student of IIS-Berlin: faculty of Systemic Constellations in Online Groups. Cyprus, Limassol.*

The report uses the results of numerous clients presents the author’s approach “Biocoaching”, combining integrated work with family and personal trauma, NLP and oriental meditative practices.

**METHOD OF PSYCHOTHERAPEUTIC KINESIOLOGY IN WORK WITH SEVERE PSYCHOSOMATICS AND SYMPTOMS OF PAIN DURING CRISIS SITUATIONS**

***Galina Korchagina*** *– psychologist, psychotherapeutic kinesiologist, actual member of the APK, full member, candidate for personal therapists, official teacher of OPPL, Russia, Irkutsk.*

The report presents kinesiological techniques and tools to assist in improving the well-being of cancer patients, especially in times of temporary quarantine. It describes the possibilities in working with pain and manifestations of psychosomatics. It further focuses on the processing of the client’s past stressful situations so as to decrease their effect upon current wellbeing.

**INTEGRATED THERAPY OF ROLE CONFLICTS OF A BUSINESS-WOMAN DURING THIS PERIOD OF PANDEMIC**

***Elena Baeva*** *–**systemic family art therapist, art- trainer, specialist in the field of family and business, systemic constellations, work/life balance coach, business coach, full member of PPL.*

In the report, specific examples are given of the author's methodology, combining systematic constellations and art therapy to work with the familial trauma caused by the role conflict of a woman attempting to combine a successful business with personal and family needs in this time of pandemic and isolation. The method successfully combines therapy for family trauma and the intrapersonal conflicts of a woman that have lately been aggravated by the pandemic. As a result of effective therapy aggression, depression and dissatisfaction is quickly replaced with joy and harmony.

**THE USE OF THE BEMS–MODEL (BODY-EMOTIONS-MIND-SPIRIT) FOR EMERGENCY ASSISTANCE TO CLIENTS IN SITUATIONS OF ACUTE CRISIS**

***Andrey Hordikainen*** –*psychologist, psychology instructor, systemic constellator (certified in the Russian Federation, Germany and Austria), organisation constellator, family gestalt-psychologist.*

The report uses the examples of real clients to show the possibility and effectiveness of the use of the BEMS–MODEL in system constellations and integrated therapy for the purpose of emergency assistance to clients in a situation of acute crisis. Positive results are also noted in the client's family members.

**THE USE OF THE “BIODYNAMIC BREATH AND TRAUMA RELEASE” METHOD FOR INTEGRATED THERAPY OF CHILDHOOD PSYCHOLOGICAL TRAUMA**

***Irina Sidorova*** –*family systemic psychologist, body, addiction and art psychotherapist, specialist in biodynamic breath and trauma release, full member of PPL, invited expert on Radio RF, the author of the “Installation of integrity of the individual” method.*

This report details, with the use of client cases, the author's approach to working with childhood psychological trauma for the purpose of integrating the traumatized parts into a well-rounded, integrated, personality. This integrated therapy envisions the transformation of severe childhood injuries into a resource via the use of: the Biodynamic Breathing created by G.Tonkov, the Method of N. Manuhina, MAC, Systemic Constellations, body psychotherapy and coaching.

**THERAPY OF ATTACHMENT RELATED TRAUMA IN ORPHANED CHILDREN VIA THE INTEGRATION OF DISSOCIATED PARTS**

***Ekaterina Maydibor*** *– child psychologist (Centre for children without guardians), specialist in orphan psychology, trauma therapist, sandplay therapist, full member of PPL. Russia, Novosibirsk.*

This report uses examples of children left without a guardian to observe the mechanisms of structural dissociation of a child’s psyche in times of attachment related trauma; its cortical aspect, the major therapeutic challenges in the integration of the psyche and the improvement of it’s adaptive capabilities. This is achieved with the use of integral methodology.

**ABORTIONS WITHIN A CLIENT’S SYSTEM: REPERCUSSIONS AND SPECIFICS OF THERAPY WITHIN THE FRAMEWORK OF A SPIRITUALLY ORIENTED INTEGRATED APPROACH**

***Nadezhda Tsigvintsova*** *– specialist in integrated spiritually oriented therapy of personal and organisational trauma, systemic business coach, top manager, economist, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

This report uses specific examples to present an analysis of and the author’s own methods of working with the repercussions of an abortion by the mother, grandmother or other woman within the client’s family within the framework of a spiritually oriented integrated approach.

**THE CLIENT'S GOAL AND SUCCESSES IN THE USE OF THE SYSTEMIC INSTALLATION METHOD DURING THIS PERIOD OF PANDEMIC**

***Irina Kanunnikova*** *– system coach, tarologist, art therapist, numerologist, top economist, business coach: coordinator and system developer of business management accounting, observant member of PPL, IIS Berlin student: system constellations in online groups.*

In the report “The method of system installation” is demonstrated with specific examples that combine the advantages of integral spiritual-based approach to trauma healing, system constellations, Erickson hypnosis, physiognomy, numerology, tarology etc. for providing effective assistance to the clients with a severe trauma to realize and achieve their real goal in this time of pandemic.

**AUTHOR'S " BIRTH OF A GODDESS” METHOD  FOR WORKING WITH A WOMAN'S TRAUMA IN CONDITIONS OF SELF-ISOLATION**

***Tatiana Krasnokutskaya*** *–* *teacher at the Privolzhsky Medical Research University (PMRU), specialist on high school psychology and pedagogy, practical psychologist, full member of PPL, student of IIS-Berlin, infectious diseases doctor, homeopath, Russia, Nizhny Novgorod*.

This report uses examples to demonstrate the author’s “Birth of a Goddess” method, which allows the client to find harmony with themselves, join with their own Goddess, their own wholeness. We will further observe the condition of the five states of a woman - the daughter, the wife, the lover, the mother, the star (professional self-realisation) - with respect to the request; find the key trauma, which is especially aggravated by self-isolation and which has lead to disharmony, heal it and receive the resources required to live and act again

**CHANGING A COMPANY’S SYMPTOM INTO A RESOURCE THROUGH THE TREATMENT OF ITS LEADER'S TRAUMA WITH A SPIRITUALLY-ORIENTED INTEGRAL APPROACH DURING THE CORONAVIRUS OUTBREAK**

***Oksana Sluhinska*** *– clinical pharmacist of the “NVTK Oncology” research centre, systemic constellations coach, student of IIS-Berlin: systemic constellations in online groups, master in Aviation Management, systemic business coach, author of the business coaching method: “Neuro-Lifting”, specialist in the psychological support of businessmen, marketing and promotion of start-ups, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

The report presents the author's method: “Neuro-Lifting”, which allows you to work quickly and effectively with trauma and organizational symptoms. It is shown that this symptom is usually directly related to the trauma of the business project owner (manager). Through recognition of his mission and his own personal value, the leader leaves the epicentre of systemic trauma and finds the necessary resources to raise his business to a new level in quarantine conditions.

**AUTHOR’S “AFFIRMATION IN CONSTELLATION” METHOD FOR WORK WITH PANIC ATTACKS, FEARS AND SIDE EFFECTS OF PANDEMICS WITHIN THE CONTEXT OF A SPIRITUALLY ORIENTED APPROACH**

***Inna Belenkaya*** *– clinical pharmacist of the “NVTK Oncology” research centre, systemic constellations coach, student of IIS-Berlin: systemic constellations in online groups.*

This report uses client examples to introduce the author’s method of working with the psychosomatic trauma, fears and side effects caused by the Coronavirus. The method creates new ways to perceive psychological trauma and turn negative energy into a resource. The method integrates systemic constellations, coaching, visualisation, affirmation and other methods of short-term psychotherapy.

**ORGANIZATION TRAUMA: WORKING VIA A SPIRITUALLY-ORIENTED APPROACH DURING THE CORONAVIRUS OUTBREAK**

***Oksana Sluhinska*** *– clinical pharmacist of the “NVTK Oncology” research centre, systemic constellations coach, student of IIS-Berlin: systemic constellations in online groups, master in Aviation Management, systemic business coach, author of the business coaching method: “Neuro-Lifting”, specialist in the psychological support of businessmen, marketing and promotion of start-ups, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

***Irina Kanunnikova*** *– system coach, tarologist, art therapist, numerologist, top economist, business coach: coordinator and system developer of business management accounting, observant member of PPL, IIS Berlin student: system constellations in online group.*

This report demonstrates a spiritually-oriented approach to dealing with an organisation's trauma in quarantine conditions.

**SPIRITUALLY-ORIENTED APPROACH IN BUSINESS PLACEMENT FOR FINANCIAL INSTITUTIONS**

***Nadezhda Tsigvintsova*** *– specialist in integrated spiritually oriented therapy of personal and organisational trauma, systemic business coach, top manager, economist, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

***Maria******Orlyanskaya*** *– international economist, life coach, theta-healer, specialist in family and organisational trauma, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

This report demonstrates how to effectively solve the problems of financial organizations using business placement via a spiritually-oriented approach

**USING SYSTEMIC CONSTELLATION TO AID CARERS IN ORPHANAGES**

***Ekaterina Maydibor*** *– child psychologist (Centre for children without guardians), specialist in orphan psychology, trauma therapist, sandplay therapist, full member of PPL. Russia, Novosibirsk.*

The report provides a list of the main problems faced by the caregivers at orphanages and shows how systemic constellations can help in these cases.

**INTEGRATED APPROACH TO RESOLVING THE CONFLICTS OF COMPANY PERSONNEL**

***Ekaterina Aleksishina*** *–**specialist in Wholeness Psychotherapy and spiritually-oriented constellations, IIS Berlin student: system constellations in online group, production manager, tutor.*

***Irina Kanunnikova*** *– system coach, tarologist, art therapist, numerologist, top economist, business coach: coordinator and system developer of business management accounting, observant member of PPL, IIS Berlin student: system constellations in online group.*

This report uses specific examples to demonstrates how to effectively deal with conflicts in the company.

**WHAT IS THE SPIRITUALLY-ORIENTED APPROACH TO CONSTELLATIONS**

***Inna Belenkaya*** *–**clinical pharmacist of the “NVTK Oncology” research centre, systemic constellations coach, student of IIS-Berlin: systemic constellations in online groups.*

***Ekaterina Aleksishina*** *–**specialist in Wholeness Psychotherapy and spiritually-oriented constellations, IIS Berlin student: system constellations in online group, production manager, tutor.*

This report shows the essence of the spiritually-oriented approach in systemic constellations and uses examples of the utilisation of this approach in work with clients to show it’s effectiveness.

**SPIRITUALLY-ORIENTED CONSTELLATIONS IN ONLINE GROUPS: FEATURES AND BENEFITS**

***Andrey Hordikainen*** –*psychologist, psychology instructor, systemic constellator (certified in the Russian Federation, Germany and Austria), organisation constellator, family gestalt-psychologist.****Elena Baeva*** *–**systemic family art therapist, art- trainer, specialist in the field of family and business, systemic constellations, work/life balance coach, business coach, full member of PPL.*

This report uses client examples to demonstrate what spiritually-oriented constellations in online groups are and how they work. Further, the features and main advantages of this method of work are described.

**THE FEATURES AND BENEFITS OF CONSTELLATIONS ORIENTED TOWARDS THE CLIENT’S HIGHEST VALUES WHEN WORKING WITH TRAUMA**

***Maria******Orlyanskaya*** *– international economist, life coach, theta-healer, specialist in family and organisational trauma, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

***Tatiana Krasnokutskaya*** *–* *teacher at the Privolzhsky Medical Research University (PMRU), specialist on high school psychology and pedagogy, practical psychologist, full member of PPL, student of IIS-Berlin, infectious diseases doctor, homeopath, Russia, Nizhny Novgorod*.

This report shows how effective the use of systemic constellations oriented towards a client’s Highest Values are when working with severe trauma. The method is illustrated through examples of real clients.

**WEBINAR ROOM 3**

**Panel session**

**«PSYCHOANALYTIC UNDERSTANDING OF THE NEW REALITY**

**IN PANDEMIC SITUATION, THE REACTIONS OF PEOPLE AND SOCIETY AS A WHOLE.**

**FANTASIES ABOUT THE FUTURE»**

**27th of June 2020, 10.00 - 13.45, WEBINAR ROOM 3**

**Languages: Russian**

**Panel session**

**«PSYCHO-ORGANIC ANALYSIS»**

**27th of June 2020, 15.00 - 17.00, WEBINAR ROOM 3**

**Languages: Russian, English**

**CHAIRPERSON: Oksana Mironik-Aksenova** – psycho-organic therapist (European and world-registered), leader of the Psycho-organic Analysis Module in Russia, full member of the PPL, EAP, national delegate from Russia to the EAROA, international-class supervisor coach in the PPL, personal therapist, pre-training coach for students in the POA school. Russia, Anapa – Moscow.

**Psycho-organic Analysis** emerged in the second half of the twentieth century as an eclectic trend. It is a psychodynamic vector, based on the knowledge that working through unconscious conflicts leads to the energy release, and as a result, relief from a particular symptom. This is a long-term method (the process lasts from 6 months to 3.4 years). Leading psychotherapeutic principle: processing of the conflict that causes blockage in significant areas of the patient's life. This processing allows patient to experience a return of energy and activity that can be used by him to solve life pel problems. Analytical practice has shown that the unconscious can produce two types of energy. When clients face situations from their past, they sometimes find it difficult to express feelings which were previously supressed: sadness, anger, joy, etc. (i.e. those feelings that they did not have the opportunity or right to express in those situations). The life energy that is manifested in this process is called a Residual energy. With the help of specially developed POA tools, it becomes possible for the client to face any of their feelings and express them. Another type of energy is Consequent energy. Consequent energy conceals the potential of the individual: desires, needs, and opportunities that have not yet been realized. Identification of Consequent energy is the fundamental orientation of the POA. Therefore, the analysis concerns not only the past, but also what may be in the future, the formative stage. Special attention is paid to the area of needs and deals with basic physiological needs, needs for love, care, self-realization, aesthetic needs, etc.

Psycho-Organic Analysis is a psychotherapeutic method created by Paul Boyesen in 1975. This method is based on the interaction of the pioneering fields of Biodynamic Psychology and Psychoanalysis in Norway, England, Denmark, Belgium, Switzerland, France and Germany. Psycho-Organic Analysis follows the processes of the primary impulse from within the person towards self-accomplishment in coexistence with others. Its basic theoretical concept gathers a new topic of intrapsychic organization of the self around unconscious processes: the psycho-dynamic functions of bounding, expressing, relating, representing, enjoying, builds links between what emerges from our deep-organic unconscious life and its meanings, as elaborated from the innate symbolic world to acquired cognitive developments. The Psycho-Organic Cycle is a phenomenological model of psycho-organic development of the subjectivity of a person. The PIT ( Primary Impulse Training) is a major analytical tool of Psycho-Organic Analysis, very different from a Psychoanalytical “Talking Cure” as it listens to the language of the body and images, as well as the language of the words. . POA uses a basic psychoanalytical tool : the analysis of transferences and counter-transferences, naturally arising from a relation implying affects and imaginations between the psycho-organic analyst and the “therapetizing”.

The concept of a situational unconscious allows the manifestations of "the non-realized" in the clinic of negativity,, as an agent of evolution as well as an agent of inhibition and desire.

The way the therapist speaks to the “therapeutizing” affects him, as well the way the “therapeutizing “speaks to the therapist affects him. But what the words touch in each others depends from their own imaginations, the story of their life, as well as their meanings of it uses it.

As François Cheng, from the French Academy writes it in “Five meditations on the death” otherwise said, “the life”, “ Man realizes and realizes himself to be significant. Signifying he gives meaning to his life, as it is true that he can’t enjoy his life in a more total way than by an enjoyment which is a meaningful joy” (Joelle Boyesen).

**CONTINUITY IN DISCONTINUITY OF PSYCHOTHERAPEUTIC PROCESS WITH CHILDREN IN QUARANTINE IN SOUTH OF FRANCE**

***Michelle Guicharnaud*** *– psychotherapist, clinical psychologist, psycho-organic analyst, mediator. France, Pau*.

Transmission of a phone experience.

How to keep bond with children ? When is it time to contact them while they have to organize school homework parallel to parent’s online work ? How consider the place and the part the parents are playing in the relationship with their child in this situation ? Therapeutic role of the voice, language intonations, drawings, accounts and stories. A lot of means can be created.

Clinical example.

**METHOD OF PSYCHO-ORGANIC ANALYSIS AND CHI KUNG - THE UNITY OF BODY AND PSYCHE. PRACTICAL APPLICATION FOR PREVENTION OF BURNING OUT**

***Alla Krylova*** *– psycho-organic analyst, certified chi kung instructor with 25 years of teaching experience. Russia, Moscow.*

Within the framework of the PОА method, one of the tools in working with a client is the psychotherapist's physiology, his knowledge, feelings, and condition. The ability to quickly recover yourself is one of the important skills for effective work and the prevention of burnout. Let us consider in a comparative analysis the relationship of the psycho-organic circle and the energy structure of a person in qigong traditions from the point of view of the unity of body and mind. We examine the effectiveness of several exercises in practice.

**TRANSFORMATION OF FEELINGS THROUGH TOUCHING THE CONTRACT, LYING IN THE DEPTHS OF THE BODY**

***Valeria-Elena Kryaneva*** *– stage director at the State Academy of Arts, certified psychoanalyst at the School of Psycho-Organic Analysis, certified trainer of international standardized Voice Freedom Technologies, trainer of drama and acting techniques for voice and speech, certificate of ecstatic trance. Member of Professional Psychotherapist League. Member of the Association of Psycho-Organic Analysis of the Russian Federation.*

The report is addressed to: psychotherapists and all those who work with therapeutic groups.

 Diagnostics of the body condition. Touch through feelings to the situation when they occurred. Reconnecting with the "contract" as a living part of the body. Definition, awareness and transformation of the contract and feelings in the body.

**7 PRINCIPLES OF WAVE GYMNASTICS FROM THE POINT OF VIEW OF POA**

***Dmitry Sharko*** *–**psychologist, personal growth trainer at the Psycological Center "Alternative", author of "Psiformer" training, student at the School of Psycho-organic Analysis, Journalist, Member of the Writers Union in city of Lugansk. Russia, Moscow.*

In POA, energy is primary. The principle of wave gymnastics is based on the primacy of energy sensations in the body, and then the sensations create an individual form, for each person according to their conscious or unconscious choice. Practical exercise will be given.

**LECTURE**

**Dmitriy Shamenkov**

**«** **OPEN DIALOGUE – A NOVEL APPROACH TO INTEGRAL HEALING»**

**27th of June 2020, 17.30 - 18.30, WEBINAR ROOM 3**

**Languages: Russian**

***Dmitry Shamenkov (Russia)*** *– MD, Director, Research and Educational Center for Health Information Technology and Social Medicine of Sechenov University, Member of Council, Skolkovo Foundation. Founder of Opendialogue.space.*

**LECTURE**

**Natalia Golubeva**

**«EFFECTS OF SELF-ISOLATION DURING CORONAVIRUS INFECTION ON INTRA-FAMILY RELATIONSHIPS»**

**27th of June 2020, 19.00 - 20.00, WEBINAR ROOM 3**

**Languages: Russian**

***Natalia Golubeva (Russia)*** *– clinical psychologist, family system psychotherapist, certified specialist in the existential humanistic psychotherapy, mediator, head of the Healthcare mediation working group in PPL, full member of PPL Russia, member of the East European Association of Existential Therapists.*

The lecture gives the analysis of interfamily relations during the rise of respiratory infection caused by the new virus from a coronavirus group. Epidemiology aspects of spreading the illness worldwide & in Russia are evaluated. Described are the main clinical symptoms of the aforementioned disease & its complications during the severe stages of illness. Effects of the massive media impact, of forceful isolation of Russian Federation population are accentuated & drawn to attention in results of their influence of interfamily relations. It is noted that the rate of family violence & conflicts has risen significantly during the so called self-isolation period. The research has been made on the reasons for serious changes in interpersonal & family relations which gives a ground for the development of the family conflicts prevention algorithm during the times of respiratory disease increase. Absence of the trustworthy information, of the sequential explanatory work on behalf of the governmental structures, severe & sudden limitations in the usual way of living all these very negatively influences nervous system of a human being thus leading to the long-term negative results with sometimes incurable consequences at the level of a basic social structure – family.

**WEBINAR ROOM 4**

**Panel session**

**«CHALLENGES, ANXIETY, SYMBOLISM, AND RESOURCES OF THE CORONAVIRUS PANDEMIC»**

**By the Jungian Philosophical Section**

**27th of June 2020, 10.00 - 14.45, WEBINAR ROOM 4**

**Languages: Russian, English**

**COLLABORATING WITH THE INEVITABLE: CHALLENGES, LESSONS, SYMBOLISM AND RESOURCES OF THE CORONAVIRUS PANDEMIC**

***Lidia A. Surina*** *– Ph.D., Analytical Psychologist, Psychotherapist, Rector of the Academy of Deep Psychology, Full Member and Co-Chair of the Jungian Analysis Modality PPL, Certified Personal Therapist, Supervisor and Lecturer at the international level of PPL. Russia, Moscow.*

Coronavirus burst into our lives suddenly and destructively. When an event occurs that marks the end of the previous being, the change in the force of influence resembles a natural disaster - not only on the global scale of all mankind, but also on the local scale of each person. What challenges does the coronavirus pandemic pose? What lessons are it important for us to learn from the changes taking place with the world, with people around us and with ourselves? What resources for each of us contain these force majeure circumstances? The author reflects on how, thanks to these events, we can touch the archetypal treasures of our souls, inaccessible in the usual bustle of everyday life, overestimate our values – both personal and universal - to reconsider our life priorities, to separate the grains of really important from the chaff of the vain and transient... Then, having survived the coronavirus pandemic, as a result of this profound transformation, we will be able to find our true strength and reach a new level of personal and spiritual development.

**CHILDREN ARE THE FUTURE OF THE PLANET: HELPING CHILDREN IN A PANDEMIC**

***Oleg G. Stepanov*** *– Doctor of Medical Sciences, Academician of International Academy of Psychological Sciences, Professor, Department of Pediatrics, South Ural State Medical University; analytical, perinatal and transpersonal psychologist, body-oriented therapist. Russia, Chelyabinsk.*

**MATERIALIZATION OF PANDEMIC ANXIETY**

***Vladimir V. Vinokurov*** *– Dr., Associate Professor of the Philosophy Department of Religion and Religious Studies, Philosophy Faculty of Moscow State University Lomonosov. Russia, Moscow.*

Modern psychology considers anxiety as a form of manifestation of the deep structure of the psyche. In a pandemic, anxiety becomes the existential of human existence, the modus of each person’s psychological world. In conditions of self-isolation, anxiety becomes an integral mode of the meaning of life and is combined with any action, any thought and emotion. She accompanies them as a shadow that does not materialize in a particular subject. In this, it differs from fear, which requires objectivity. The paper proposes a basic formula for the mathematical description of symmetric relations, which includes the coefficient: K = aRb / (1-a / b). In this coefficient formula, the numerator represents the spatial complex, consisting of objects and relations, and the denominator is the difference, which includes, in the form of a fraction, the direct relationship between the objects. When only spatial relationships are described, the “fraction” naturally takes on a value of zero. “Fraction” represents the relation itself, which is being re-formulated as an object, and not as a relation, thereby the denominator becomes less than unity, and the relation itself increases. The denominator of the fraction should be the difference: 1-a / b. If a = b, then this is a condition of the tautology and its strength (truth) and does not depend on any reality other than the logic of the tautology itself. This is a pure non-spatial relation. If we are talking about a contradiction, where a = **–** a, then in the mathematical sense the only solution is the value of zero, that is, the point that excludes the equation from reality. The condition of mathematical equilibrium, where (a/b) <1, ontologically is the point of magic, psychologically there is the point of materialization of anxiety, where the ratio takes on the meaning of “force X”. In medical terms, it is a disease that materializes a problem in the space of science, creates a threat to life, but carries deliverance from anxiety.

**PROBLEMS OF PUBLIC CONSCIOUSNESS AT THE PRESENT STAGE (POSTCORONOVIRUS)**

***Rinat F. Galiev*** *– M.D., psychiatrist, psychotherapist and psychoanalyst, member of the European Confederation of Psychoanalytic Psychotherapy, full member of the Professional Psychotherapeutic League, member of the Russian Society of Analytical Psychology and the International Association of Analytical Psychology. Russia, Moscow.*

The problem of the current state of society is that staying in conditions of forced social isolation leads to a feeling of unknownness according to forecasts and the duration of the threat of infection and the fear of the consequences of a pandemic. The report will discuss how to cope with anxiety, overcome fears and withstand a state of uncertainty in the aftermath of the coronavirus pandemic.

**TRUST AS A FACTOR OF EFFECTIVE DISTANCE LEARNING DURING THE PANDEMIC**

***Marina V. Vorontsova*** *– Associate Prof., Dr. Lomonosov Moscow State University. Russia, Moscow.*

During the pandemic, an acute sense of anxiety and loneliness develops. What can be a factor in the success of distance education in these conditions? Trust as faith in the words, thoughts and actions of another person creates a potentially successful environment in teacher-student contacts when switching to remote communication. Confidence in the capabilities of another person, in the honesty of his intentions, passes directly into the face-to-face contact, even in the absence of direct personal contact. Trust in this case is a psychological condition for actions, it is the expectation that actions will be favorable and will not cause damage. K. Jung: "If we do not realize what is happening inside us, it seems to us from the outside that this is fate." In the process of teaching, the fate factor is the teacher who develops confidence in the success of his course. This is particularly evident in distance learning during the coronavirus pandemic.

**JUNGIAN ANALYSIS OF SYMBOLIST DRAMA**

***Ivan P. Davidov –*** *Ph.D., Associate Professor of the Philosophy Department of Religion and Religious Studies, Philosophy Faculty of Moscow State University Lomonosov. Russia, Moscow.*

The object of Jungian analysis is a dream of an analysand. The author compares characters acting in the dream with Jungian archetypes and indicates the limits of the applicability of functional analysis to the images of Jungian archetypes.

**POLARITIES AND PARADOXES OF INDIVIDUATION IN CORONAVIRUS TIME - OPUS CORONAVIRUS (ALCHEMICAL POSITION)**

***Oksana V. Kuznetsova*** *– Ph.D. (Psychology), analytical psychologist, psychotherapist using the symbol drama method, full member of PPL. Russia, Moscow.*

With the advent of coronavirus, our ideas about the world, about ourselves and about our place in this world, change. Self-isolation has turned many apartments into alchemical laboratories, hermetic spaces in which deep transformational processes take place. The paradox of what is happening is that:

* the world is narrowing to the size of an apartment, and, at the same time, expanding unlimitedly;
* the limitations of self-isolation are combined with the erosion of spatial and temporal boundaries;
* putting on some masks, we remove others, showing our essence;
* The shadow is not subject to self-isolation processes, ie you have to isolate yourself with the Shadow;
* archetypal dreams, embossed and real, while reality, to some extent, is like a dream...

In many ways, the specificity of the individuation process depends on family and personal history, on cultural influences and patterns. Everything that happens, including synchronistic events, is superimposed on this foundation. Coronavirus reality activates deep intrapersonal conflicts, revitalizes early childhood experiences, manifests individual and transgenerational injuries. And the question arises, what is subject to separation and separation (Separatio), and what is important to integrate (Soniunctio). The idea of ​​Opus is the central alchemical image, and the alchemical texts repeatedly speak about the nature of Opus, about his attitude to it and about the impossibility of achieving a useful result "without a patient, hardworking and persistent soul, persistent courage." According to E. Edinger, courage means a willingness to stand in the face of anxiety.

**THE ALCHEMY OF EVERYDAY LIFE**

***Nikola Jovanovic*** *– psychiatrist, Institute of Mental Health. Serbia, Belgrade.*

The focus in this work is on everyday life objects, acts, structures and places rather than people wishing to "extract the spirit from the matter". Everyday life situations of the author are collected, key symbols and motives are illustrated and the different methods of their analysis are proposed. In this presentation everyday life is put in the focus of analysis using following points of view: 1. Everyday life as personal alchemical vessel. 2. Collective shadow in everyday life. 3. Everyday life as the torture or the sacrifice of spirit to nature, society or ego. 4. Everyday life as the huge portion of the energy of routine resisting change, potentially aggressive 5. Everyday life as the missing key symbol of alchemy that lost its power and needs to be regained through alchemical work.

**"FEAST DURING THE PLAGUE" BY A. S. PUSHKIN AND PSYCHOLOGICAL SCENARIOS OF AN ENCOUNTER WITH IRRESISTIBLE FORCE**

***Valery N. Chursin*** *– Ph.D., Senior Researcher. Russia, Moscow.*

The report deals with the psychological interpretation of the one-act drama "Feast during the Plague" by A.S. Pushkin and its heroes statements in the zone of an acute epidemic. The tragedy is revealed in a comparison of conflicting positions that can be explained from the perspective of the transactional analysis of E. Berne and the scenario therapy of C. Steiner. The report analyzes the scenarios of the Savior and the Hero. The play has a biographical component and is continued in A. S. Pushkin life.

**THE OPPORTUNITIES OF SYMBOLS OF WOODEN ARCHITECTURE IN OVERCOMING FEARS IN CHILDREN OF OLDER PRE-SCHOOL AGE**

***Svetlana S. Smirnova*** *– practical psychologist, art therapist, teacher-psychologist of HQC, Director of ANO APE “Baikal Humanitarian Institute of Practical Psychology”. Russia, Irkutsk.*

At a time of deep socio-economic crises, decline and transformations, it is culture that preserves the people: people are radically changing, but these changes are about fundamentally transforming their social identity, as for cultural specificity, ethnicity, it is in the main and mostly preserved. Wooden architecture is an extensive and most ancient area of architecture. In wooden architecture there is a rich archetypal layer of traditions, revealing the beauty, expediency and purpose of the wooden architectural works created by man. According to historians, art historians, the wooden house is a symbol of the world structure: roof is the sky (world of gods), log house – the world of reality (the world around man), underground - world of spirits of deceased ancestors. Carving, which is one of the means of expressiveness of wooden architecture, served our ancestors to a greater extent, not only as a decoration, but also reflected people's ideas about the world order, lifestyle. The disclosure of the semantic context of the symbols of the elements of the ornament tells about the traditions and customs of our ancestors, getting acquainted with which, the child gets to know himself. Wooden architecture, thanks to the specifics of expressive means and its features, is available for the perception of older preschoolers (L.A. Wenger, N.A. Vetlugina, N.P. Sakulina, T.N. Komarova). The report will review the opportunities of wooden architecture as an effective means of overcoming age and social fears in older preschool children.

**BASIC CRISES IN HUMAN DEVELOPMENT AND THEIR REFLECTION IN SYMBOLS OF THE DECK “CARDS OF THE WORLD”**

***Tatyana A. Savkina*** *– practical psychologist, kinesiologist, Deputy Director of ANO APE “Baikal Humanitarian Institute of Practical Psychology”, creative project manager “Miravitca”. Russia, Irkutsk.*

Cards of the World are symbolic cards that describe the principles of the universe, evolution of the human soul in this world, conditions for its harmonious development.

The serious danger that the soul may be exposed to in this world is the inappropriate conditions for its development which distort a person’s perception of his own nature, as a result of this, a person cannot fulfill his destiny.

One of the necessary conditions for harmonious development is the understanding of the crisis as a natural phenomenon on the development curve (L.S. Vygotsky). The example of the Conversion cards (crisis periods of development) will show the features of the course of crises at different stages of development, crisis contradictions, and conditions for overcoming them.

**TRANSFORMATION AS A PROCESS AND ITS SYMBOLS**

***Maria V. Trifonova*** *– psychologist-consultant, clinical psychologist. Russia, Moscow.*

Being unconscious, a person does not see cause-effect relationships, does not understand that all processes and events in the external world are only a reflection of his internal dynamics. But attracted by the instinct of God, man rushes to search. The deep transformation begins. It takes a lot of courage to meet yourself. Having cast aside all that is superfluous, it is necessary to go down to the underworld, to be deprived of the opportunity to act and to look inside.

**Panel session**

**«RODOLOGY, TRANSGENERATIONAL RELATIONS»**

**Influence of kin history and transgenerational relations on descendants in the COVID-19 pandemic situation**

**27th of June 2020, 15.00 - 19.00, WEBINAR ROOM 4**

**Languages: Russian, English**

**CHAIRPERSON: Larisa Dokuchayeva (Ekaterinburg, Russia).**

The section program includes the presentations considering the implications of Kin history and transgenerational relations for descendants’ well-being and behavior in the conditions of COVID-19 pandemic. It presents the results of an international study on the topic of the section held by the Academy of Rodology during the pandemic period and the international consultancy practice with the post-stress disorders within several generations using Rodology as a science of kin system development laws and rodological method of consulting.

**IMPACT OF AWARENESS OF KIN SYSTEM RESOURCES FOR DESCENDANTS’ WELL-BEING IN THE COVID 19 PANDEMIC SITUATION**

***Larisa Dokuchayeva –*** *Ph.D., President of the Academy of Rodology, President of the International League of Rodologists, author and leader of the modality “Rodological Consulting Method” of the PPL, established international level trainer, Chair of the Council for Family Culture of the Assembly of Peoples of Eurasia, President of the Foundation “Family-XXI Century”, Expert in Family Law of the State Duma of the Russian Federation. Russia, Ekaterinburg.*

The presentation considers the results of the international study “Implications of Kin History for Descendants in the Conditions of Coronavirus Pandemic” held by the Academy of Rodology in the pandemic period (authors L.N. Dokuchayeva, N. Adambai). A link between the experience lived through by the ancestors and our behavior of today is analyzed, and an impact of kin system actualization on improving of human well-being in a stressful situation of pandemic and self-isolation is revealed.

**PANDEMIC AS A CIVILIZATIONAL CHALLENGE AND ACTUALIZATION OF PAST SOCIAL AND PSYCHOLOGICAL IMPLICATIONS OF HUNGER, REPRESSIONS, WARS AND DEPORTATION IN THE CURRENT LIFE OF DESCENDANTS**

***Alia Sagimbayeva –*** *consultant-rodologist, tek Tanushi, rodology trainer in Kazakhstan and Central Asia, applied psychology practitioner, trainer, lawyer. Head of the Rodology Center, Nur-Sultan, Full Member of the All-Russia Professional Psychotherapy League (Russia), PPL Member (Kazakhstan), Member of the Search Party “Memorial Zone” of ENU named after L.N. Gumilev (Nur-Sultan), Co-Founder at “Atamnyn Amanaty” (Forefathers’ Legacy), Co-Chair of the Council for Kin Culture of the Eurasian Peoples Assembly (Russia). Kazakhstan, Nur-Sultan.*

***Saule Musina******–*** *consultant-rodologist, psychologist, Head of the Kazakhstan Section of the International Rodologists League, Consultative Member of the All-Russia Professional Psychotherapy League (Russia), PPL Member (Kazakhstan), Member of the Search Party “Memorial Zone” of ENU named after L.N. Gumilev, Nur-Sultan, Co-Founder at “Atamnyn Amanaty” (Forefathers’ Legacy), Member of the Council for Kin Culture of the Eurasian Peoples Assembly (Russia). Kazakhstan, Nur-Sultan.*

The presentation reviews the impacts of the pandemic, the emergency situation, the quarantine and self-isolation on the break-out of anxiety among the population related to own health and well-being and to the health and well-being of near and dear ones.

It provides the data of research inquiry, which show the relation between the past social cataclysms survived by the ancestors in the ХХ century (such as repressions, wars, deportations and hunger) and their current long-term effect in the pandemic situation.

**IMPACT OF SOCIAL CATACLYSMS LIVED THROUGH BY ANCESTORS ON DESCENDANTS’ BEHAVIORAL PATTERNS ACTUALIZATION IN THE TIME OF PANDEMIC CAUSED BY CORONAVIRUS**

***Irina Milyakova –*** *psychologist-consultant, participant of the program “Rodological Method of Consulting”. Russia, Moscow.*

The presentation demonstrates some observations of descendants’ reactions, whose ancestors had lived through social and political cataclysms, and analyzes their behavioral patterns with the help of the Dokuchaevs’ rodological method of consulting.

It provides the ways directed towards awareness and modification of behavioral reactions with the help of the rodological method of consulting and the Academy of Rodology programs.

**ADAPTATION TO NEW REALITY OF PANDEMIC IN UKRAINE**

***Victoria Taranets –*** *psychologist, family system therapist, participant of the training program “Rodological Method of Consulting”, consultative member of the PPL. Russia, Sevastopol.*

The speaker shares her observation of Ukrainian people life in condition of the pandemic. She analyzes the impact of stress factor on activation of kin programs. She also shows the revealed capabilities of kin resources, which serve as a basis for taking reality as a safer place.

**ACTUALIZATION OF THE FEAR OF LOSS OF BUSINESS/EMPLOYMENT AND WELL-BEING IN THE TIME OF PANDEMIC AS AN IMPLICATION OF FORMER REPRESSIONS AND DEKULAKIZATION**

***Irina Zuyeva******–*** *psychologist, rodologist for her own Kin, participant of the training program “Rodology Method of Consulting,” Member of the Council for Kin Culture of the Eurasian Peoples Assembly. Russia, Saratov.*

The presentation considers the Dokuchayevs’ rodology method as used in correction of anxiety and fear of losing work in the time of pandemic. It presents the cases from the consultant-rodologist consultancy practice. Analyzed are the unconscious mechanisms of panic attacks as a consequence of social cataclysms and tragic events lived down by the ancestors, which are manifested in the descendant’s life in form of one’s psychoemotional state disbalance.
Reviewed are some psychoemotional state harmonization methods that improve the client’s life quality.

**ASSISTANCE IN ACTIVATION OF HUMAN KIN SYSTEM RESOURCES FOR COMPENSATION OF ANXIETY AND RESTORATION OF NORMAL HEALTH IN THE PERIOD OF PANDEMIC**

***Irina Fedotova*** *– psychologist, consultant-rodologist, general manager of the Rodological Method of Consulting modality at the PPL, national level trainer at the PPL, Co-Chair of the Council for Kin Culture of the International Union of NGOs “Eurasian Peoples Assembly”. Russia, Moscow.*

***Nazgul Shildebayeva –*** *practical (experimental) psychologist, specialist in the field of art-therapy, rodology, specialist in psychocatalysis, sofia-analysis, Full Member of the Professional Psychotherapeutic league (PPL), regional representative of PPL in Kazakhstan, official teacher of the International Level of PPL. Expert of the Clan Culture Council of the International Union of Non-Governmental Organizations “Assembly of Eurasian Peoples”. Kazakhstan, Nur-Sultan.*

The presentation provides the data on possible actualization of the human resource state by way of focusing on his/her kin system through meditative drawing. An example of group work in meditative drawing is considered as a means of removing anxiety for the parents health in connection with a disease of one of them in the period of pandemic and self-isolation.

**THE COVID-19 PANDEMIC LOCKDOWN IMPLICATIONS IN FAMILY RELATIONS**

***Aichurok Usenova –*** *consultant-rodologist, Member of the International League of Professional Rodologists, Member of the Eurasian Peoples Assembly, trainer, and art practitioner. Kyrgyzstan, Bishkek.*

The report presents a mini-study in part of the implications of quarantine related to coronavirus pandemia in family relations.In the quarantine conditions, existing crisis centers were closed, but the percentage of home violence over women and children might grow in the state of emergency situation, when the whole family stays together all the time. It is also important to consider that all educational processes were transferred into a distant format, which might have influenced the family state of mind. It might be a significant factor that influenced the relations within families.

**RODOLOGICAL METHOD OF CONSULTING LONG-TERM EFFECT FOR PRESERVING CLIENTS’ INNER PEACE IN THE PANDEMIC CONDITIONS**

***Nazym Arzimbetova******–*** *МВА, Member of the PPL in Kazakhstan, Member of the International League of Professional Rodologists, consultant-rodologist, practical psychologist, Director for External Relations at the Almaty Management University. Kazakhstan, Almaty.*

The presentation addresses the impact of the client’s system of inner convictions and limitations, which appeared as a result of ineffective ancestral programs, on formation of anxiety and tension states with descendants. The author analyzes positive effects of the rodological method of consulting results for psychological and emotional stability of a client in the conditions of pandemic.

**WEBINAR ROOM 5**

**Symposium**

**«MEDIATION: INTERDISCIPLINARY APPROACHES TO CONFLICT RESOLUTION DURING COVID-19 PANDEMIC»**

**27th of June 2020, 10.00 - 15.00, WEBINAR ROOM 5**

**Languages: Russian, English**

**CHAIRPERSON: Nina Lavrova (St. Petersburg, Russia).**

Mediation promotes responsible decision-making, leading to agreement in the conflict. The use of interdisciplinary approaches increases the effectiveness of mediation.

The purpose of this module is to present the experience gained in conflict resolution, as well as to discuss the problems arising in the online organization of mediation during COVID-19 pandemic.

The reports offer answers to the following questions: how should the professional community of mediators take a rightful place in the field of intermediary field, how to identify the most effective mediative instruments, how to improve interaction with the judicial system. Particular attention is paid to the issue of conflict prevention and establishment of a social environment enabling meaningful cooperation. Such an environment can be characterized by mutual understanding, tolerance and personal responsibility of community members for the results of cooperation.

Modern knowledge of psychology and neuroinformatics, dealing with the organization of the communicative system, expands the theoretical background of mediative techniques.

**USING THE TECHNOLOGY «MAP OF MEDIATION» FOR ENVIRONMENTALLY FRIENDLY DISPUTE RESOLUTION DURING THE CORONAVIRUS PANDEMIC**

***Nina Lavrova*** *– professor RAE, full member of PPL, psychotherapist of the unified register of the European Association of psychotherapy, chairman of the mediation Committee of PPL, head of the modality System family psychotherapy: Eastern version, accredited training personal psychotherapist-adviser, supervisor of PPL, certified teacher of the international level of the CPL; head of the Department of mediation and conflict resolution of the Institute of practical psychology Imaton, director of the Psychoanalytic center «Alliance». Russia, St. Petersburg.*

***Nikanor Lavrov*** *– doctor of medicine, member of PPL, associate Professor of Saint Petersburg state pediatric medical University. Russia, St. Petersburg.*

Mediators and specialists in helping professions who work in crisis situations are prone to burnout due to conflict situations and stress, especially with increased loads in the context of a coronavirus pandemic. They need to learn effective and eco-friendly tools to facilitate their activities. The combined use of proven tools allows to successfully coping with problems solved by specialists of helping professions. The report examines the original methods of mediation used as an eco-friendly way to resolve differences in interpersonal relationships. The author's technology "Map of mediation" becomes particularly relevant during the coronavirus pandemic, because it brings order to the activities of mediators and specialists of helping professions.

**HEALTHCARE MEDIATION DURING PANDEMICS. SPECIFICS OF MEDIATOR’S WORK DURING SOCIAL DISTANCING PERIOD**

***Natalia Golubeva*** *– clinical psychologist, family system psychotherapist, certified specialist in the existential humanistic psychotherapy, mediator, head of the Healthcare mediation working group in PPL, full member of PPL Russia, member of the East European Association of Existential Therapists. Russia, Moscow.*

Healthcare sphere is a very sensitive & sort of a fragile topic of relations between doctor & patient. Doctor’s duty is to serve a patient & this service lies between the ethics, morale and appropriate behavior. It is exactly here where all the little damage cracks evolve & require new instruments of mending those damaged relations in order to restore & rebuild them. Mediation is directed on solving the conflict bases particular circumstances which do exist during exact negotiations & is future oriented. Currently it does go without question that changes which have taken place in our country have also influenced the Healthcare system as one of the most important spheres of the modern society. During pandemics risk of conflicts in Helathcare only rises. How a mediator can help in this & how can he work with conflicts in Healthcare sphere during the times of social distancing?

**FEATURES OF LIFE CYCLES OF FAMILIES WITH SPECIAL CHILDREN**

***Elena Romanova*** *– practicing psychologist, system family consultant in the modality of system family psychotherapy Eastern version (SSTV), Erickson hypnotherapist, professional mediator, full member of PPL, head of the educational direction in the modality of SSTV, head of the working group on System school mediation of the PPL mediation Committee, member of the Supervisory Board of the SRO "Union of psychotherapists and psychologists", General Director of "Studio of innovative psychology and mediation "EGO", Russia, Moscow.*

The report examines the concept of periodization for families with special children. The problems of family-oriented assistance to families with a special child are discussed. The types of adaptation of families with a special child to normal life are considered. The components of the ideology of family normalization are discussed.

**ACTUALITY OF FAMILY SYSTEMIC MEDIATION DURING PANDEMIC**

***Inna Zezyulinskaya*** *– head of the Crimean regional branch of PPL Russia, accredited training psychotherapist-adviser and supervisor of PPL; certified PPL trainer of national level; holder of the European Certificate for Psychotherapy; trainer of the Institute of Practical Psychology “Imaton; Associate Professor of the IPO SRS KIP (Interregional Public Organization for Promotion of Symboldrama – Catathymic Imaginative Psychotherapy Development); supervisory Board member of the National Self-Regulating Organization“Union of Psychotherapists and Psychologists; head of Applied psychology center“Harmony” and of art-therapeutic workroom “Paints of the Soul” (Sevastopol); author of Metaphorical associative cards“Harmony” and of the course of intuitive painting "Intuitive painting as a creative method of self-knowledge and self-development"; author of the project “Psychological lounge. The Art of Living". Russia, Sevastopol.*

The report scrutinizes the advantages of mediation over other methods of solving family conflicts and views the specifics of family mediation during pandemics.

Mediation demonstrates its core advantages in resolving family disputes. Whereas in business or in other fields of mediation the continuous cooperation of the parties is important yet not crucial, it becomes especially important in family relations, particularly when children and their psyche are involved, thus mediation can become literally a lifeline in complicated family cases.

On the research basis of systemic mediation, the most important directions of the development of the given institution in Russia are determined. These directions guide the formation of the given institute in Russia.

**MEDIATION PROCEDURE IN "CO-DEPENDENT" COUPLES AS A FRAGMENT OF FAMILY PSYCHOTHERAPY**

***Raisa Aksenfeld*** *– MD, Associated Professor, Department of Ambulatory Therapeutics, Clinical Laboratory Diagnostics and Medical Biochemistry, Yaroslavl State Medical University, Psychotherapist, Head of Psychosomatic Medical Center VALEO. Russia, Yaroslavl.*

Psychotherapy of family relations reveals deep interpersonal problems in "co-dependent" couples, who express a desire to resolve the conflict and avoid divorce, but in reality they each pursue their own goal and at the same time involve the psychotherapist into destructive games. The only way to get a real constructive long-term result is to conclude a triple mediation agreement: the psychotherapist and co-dependent partners.

**MEDIATION IN THE COMPANY’S CORPORATE CULTURE**

***Elena Marchenko*** *– professional mediator, psychologist, member of PPL, business partner in human resource management and development, business lecturer at School of Privatization and Management Institute in the Republic of Belarus, Minsk*.

The practice of mediation procedures in business is researched. The mediation method application in an organization from the perspective of law and as a valuable element of corporate culture is depicted. The list of the situations an employee faces during his work in a company where mediation works effectively for solving problems and conflicts is presented. The issue of further training in the sphere of the mediation method among the company managers is discussed. The methodology of the mediation effectiveness evaluation in corporate culture is given.

**APPLICABILITY OF MEDIATION IN THE SPHERE RELATED TO HEGOTIATING AND EXECUTION OF COMMERCIAL CONTRACTS**

***Varvara Dainega*** *– mediator.*

Mediation is mostly treated by current legal awareness and promoted by practicing mediators as a way of dispute resolution (including commercial disputes) which is alternative to arbitration. In the author’s opinion mediation should be as well considered as an effective instrument of resolving conflicts not on the stage of dying of a relationship, but quite the opposite – on the stage of establishing a commercial partnership, and on the stage of its execution.

The current report is dedicated to advantages of mediation as an instrument for negotiating and executing commercial contracts on mutually beneficial basis and in the “win-win” spirit.

**THE USE OF MEDIATION IN THE FIELD OF B2C DISPUTES SETTLEMENT. ACTUAL PRACTICE AND DEVELOPMENT PROSPECTS**

***Iuliia Rusanova*** *– psychologist, mediator, tutor and mentor of Sales and Customer Relationship Management. Russia, St. Petersburg.*

Disputes between buyers and sellers, clients and contractors which were not solved through negotiations are a common phenomenon. Such disputes lead to court hearings and loss of efficient relationships. Being mostly suitable for mediation such conflicts have always been subject for a trial, even though the laster leads to lost time, relationship, and benefits. Mediation could allow the parties not only to resolve mutual claims, but also to establish effective relationships and protect their interests.

This review will present several current models for resolving such disputes and indicate new approaches, which could improve general situation in this field by engaging mediators. Such improvement will be reviewed from financial, organizational and process-oriented perspectives, as well as from the management and reputational point of view.

**RELEVANCE OF BUSINESS COMMUNICATION IN THE CONTEXT OF A PANDEMIC**

***Zulfiya Sattarova*** *– systemic family psychotherapist, Mediator, Bar association "Union of Moscow lawyers".*

The report examines the advantages of mediation over other ways of resolving conflicts in the field of business, the features of mediation and its significance in the context of a pandemic. When resolving disputes between business entities, mediation demonstrates its main advantages. In business and other areas, it is important to continue the cooperation of partners after they have made a decision to get out of the dispute, to preserve business and personal relationships, and to save resources. Studying the world experience of mediation development in business, the main directions for the formation of this institution in Russia are determined.

**INTERNET MARKETING OPPORTUNITIES IN THE FIELD OF MEDIATION**

***Lyidmila Trishkina*** *– practicing internet marketer with the skills to build a strategy for promoting a service/product in a competitive online business environment. Russia Moscow.*

The report examines the strategy of communicating possible civilized options of conflict resolution to an individual and business environment. As well as whot kind of marketing tools and techniques clearly and popularly convey the expert competence to public and how it solves a particular case.

**HOW TO TALK TO CHILDREN ABOUT DIFFICULT SITUATIONS, USING THE EXAMPLE OF THE SITUATION OF COVID-19**

***Elena******Pachina*** *– clinical psychologist, Family System Consultant. Russia, Moscow.*

Talking about the Coronavirus or about any challenging topic to your children can be delicate. In today’s world parents need to balance the message appropriately. Deliver a message of safety while reassuring children that they can continue being children.

Participants will:

• Discuss benefits the benefits of having a difficult conversation

• Discuss where to start for you and for them

• Review aspects to consider and the tough questions

• Learn how to create a solution focus

• Look at denial vs. healthy separation • Discuss how to develop resilience

This topic is devoted to the issue of communication between parents and children, specifically, on building a dialogue with the child, if it’s necessary to discuss a problem, using the example of the situation with the epidemic of Coronovirus.

**APPLICABILITY OF MEDIATION IN THE SPHERE RELATED TO HEREDITARY LEGAL RELATIONS**

***Pavel Nekrasov, Zoya Sergeeva, Victoria Yanovskaya, Leonid Smirnov*** *– mediators of Contact Point Consulting Group, Russia, Saint-Petersburg.*

This report is dedicated to resolution of disputes related to the hereditary legal relations.

**DEVELOPMENT OF MEDIATION IN PRESCHOOL EDUCATION**

***Vera Pankova*** *– professional mediator, The center for correction and development " Assistance". Russia, Feodocia.*

The report is devoted to the issue of formation and implementation of a system of preschool mediation with the use of mediation technology for constructive conflict resolution in a preschool institution.

**Panel session**

**«SPIRITUAL AND RELIGIOUS-ORIENTED PSYCHOTHERAPY IN TIMES OF SELF-ISOLATION BECAUSE OF PANDEMIC CAUSED BY CORONAVIRUS 2020»**

**on the topic**

«**Experience of the eschatology of time in the dynamics and stability of meanings during Pandemic 2020»**

**27th of June 2020, 15.00 - 20.00, WEBINAR ROOM 5**

**Languages: Russian**

**HONORARY CHAIRPERSON: Sergey Belorusov (Moscow, Russia).**

**CHAIRMEN: Luibov Bitekhtina (Moscow, Russia), Andrey Ermoshin (Moscow, Russia).**

**Eschatology of Time-Opening Remarks.**

Let's start with the fact that the history of mankind is cyclical and repeats itself every time, but under new conditions of development of human consciousness and self-consciousness. This small fraction of the development of the mind and soul carries or brings the difference that distinguishes one era from another, building it with the nuance that can most express, imagine, and reveal a person.

It is the persons themselves, their thoughts, preferences, attitudes and choices that we can judge by about what they were concerned, what they loved and aspired, what mistakes they made, how they summarized the obtained knowledge, what conclusions they made from the experiences which they received and applied in their future life.

It is no exaggeration to say that understanding future events determines both our thinking and our activities today. Eschatology is the teaching about the fate of the world, the cosmos, and person. This teaching, which purpose is to give hope and consolation to all, has become a bone of contention, not excluding the situation of self-isolation, which historically actualized two tendencies - eschatomania and then eschatophobia. In a word, how we experienced the eschatological time all over the world and at home, how we coped with it, how we comprehend it, going out of it, namely: facts, phenomena, loss and finding of identity, new abilities, knowledge of others and ourselves in an intense period of time, which closed everyone and everything on itself, and the consequences of meeting with it will be discussed.

 Also, the theme of spirituality from the perspective of a psychotherapeutic approach, which belongs to the field of acute and unexplored problems, deserves our special attention. The complexity of the solutions lies in the need to implement them at the intersection of the joint use of both theological and psychotherapeutic knowledge and methods. In this connection one, first of all, needs "confidence in the invisible things," according to Metropolitan Antonie Surozhsky, in "the ability to think about the invisible things ", "to question", to put questions, resolving doubts, in a word, to question yourself, while remaining faithful! Spiritual reality is connected not only with a person, their inner world, experience and moral improvement, but also with God, the world of the higher spheres of existence. The invisible things, confidence in them, their perception, knowledge, meaning and reflection, the criteria of faith and personal contemplative dimension, attitude and application both in life and in psychotherapy will be discussed as well.

**Questions for discussion**

1. Religious and humanistic spirituality: difference, similarity, specificity

2. Experience of self-isolation: general, psychotherapeutic, specific

3. Phenomena: worldview, picture of the world, reference points, semantic field, self-determination, change, transformation.

P. s. "Crop failure is from God, and hunger is from people" To have a healthy atmosphere around take care of yourself and know yourself on a small piece of your own land, your heart.

**AWARENESS: THE EXPERIENCE OF EXPERIENCING THE RESILIENCE OF LIFE. VALUES IN TIME WITH SELF-ISOLATION 2020**

***Juliy Kustov*** *–**medical psychologist, psychiatric hospital № 1, psychoneurological dispensary №21. Russia, Moscow.*

The message speaks of the danger of sin of frustration, as the severe consequences of isolation and lack of spiritual and mental readiness to endure restriction, leniency to overcome obstacles, ailments, lack of flexibility of thinking, retention of tension and completion of efforts to defend the human dignity of man as his supreme vocation. Taking into account that consciousness is the ability of the spirit, the highest form of its manifestation, the thinking ability and the will decision, the world given to me is opened to me through my inner Self through self-esteem, self-awareness and self-consciousness.

For awareness and understanding of the movement in the field of meanings, we have identified the pillars as three positions: This is the position of the\observer, researcher and witness - "when the human spirit, contemplating the infinite, receives the revelation of unconditional truth...".

**TIME DIMENSION AND ALTERED REALITY IN THE PRACTICE OF A PSYCHOTHERAPIST UNDER THE CIRCUMSTANCES OF SELF-IMPOSED ISOLATION IN 2020**

***Marina Kiryuhina*** *– сandidate of medical sciences, associate professor of psychotherapy and addictology in Kazan State Medical Academy, Russian Medical Academy of Post-Graduate Education of Ministry of Health of the Russian Federation. Russia, Kazan.*

The report encompasses the phenomenon of the influence of time under the conditions of self-imposed isolation on the work behavior of a psychotherapist or psychologist counselor. Inversion of reality is common for stress disorders and develops on cognitive, emotional, behavioral levels. The report reviewed special aspects of the adjustment disorder and specific character of coping strategies and ways of self-realization of psychotherapist or psychologist counselor in practice*.*

**RESOURCE EMBEDDED IN THE HOLY AND FOLKLORIC TRADITION OF THE RUSSIAN PEOPLE, USEFUL IN TIMES OF CRISIS**

***Andrei Ermoshin*** *– psychotherapist of the highest category, official teacher and supervisor of practice of the international level, member of the Committee on Modalities of the PPL, head of modality "Psychocatalysis," psychotherapist of the Unified Register of Professional Psychotherapists of Europe. Russia, Moscow.*

Consider the experience of ancestors, which is developed in encounters with extreme situations, useful and present. "Mountain fuel, and hands fight," says folk wisdom. "Take care of the acquisition of grace," says the sacred tradition! In psychocatalysis, standing on the deep values of the Russian people, this finds its expression in special algorithms of internal work, which is aimed both at preservation, restoration of human integrity, and at active overcoming of crisis phenomena in life.

**EXPERIENCE AND PECULIARITIES OF OVERCOMING THE UNIVERSAL NON-STANDARD SITUATION OF RESIDENTS AND PSYCHOTHERAPISTS OF OMSK CITY (WESTERN SIBERIA)**

***Natalia Belousova*** *– psychologist, chairman of the Omsk branch of the Professional Psychotherapeutic League, a valid member of the PPL. Russia, Omsk.*

The report analyses and summarizes the information available to the author on the experience of the residents of the Siberian city in overcoming the difficulties caused by the introduction of a regime of self-isolation and the injection of pandemic hysteria. Personal, social and professional aspects of the new unexpected reality are considered.

**DYNAMICS OF THE WORLD PICTURE IN THE CONDITIONS OF FORCED SELF-INSULATION**

***Marina Chukhrovа*** *– doctor of medical sciences, professor of department of the general psychology and history of psychology of Novosibirsk state pedagogical university, head of the master’s program “Deviance study”, professor of the department of psychology, pedagogics and jurisprudence of Novosibirsk State University of Economics and Management. Russia, Novosibirsk.*

The forced restriction of contacts, living human communication initiated an immersion in oneself and thoughts about life and unforeseen circumstances that could turn it in an unexpected direction. The picture of the world has undergone dramatic changes. Anxiety increased. There was a feeling of the finiteness of the world, the finiteness of the habitual way of life. The most unpleasant was the feeling of the imposition of change, their artificiality, frivolity and wrongness. The blind subordination of the people to the new rules showed that the people, in essence, are manageable, not critical, not inclined to think about what is happening. The situation provided a lot of food for thought. A psychological analysis of the situation, which was carried out in conditions of self-isolation based on our own experience, made it possible to make some theoretical provisions on the dynamics of the world picture, personality changes, self-esteem and value orientations, as a result of imposed self-isolation.

**SOCIAL SECURITY IN CONDITIONS OF SELF-INSULATION**

***Mirjana Milankov*** *– professor, MD, PhD, President and founder of the National Center for Injury Prevention and Safety Promotion**International Safe Community Support Center European Safe Community Network Global Network Associate Safe kids Worldwide OMEP Serbia.**Serbia,**Novi Sad.*

The author is one of the leaders and member of the International Network of Safe Communities - one of the most important preventive projects of the World Health Organization. The work substantiates the need at the state level (city, regional) to organize and put in place a system of unified control over the state of environmental safety in conditions of self-isolation, including the information environment of educational institutions, since all educational institutions have switched to online working hours and are deprived of live human communication. Psychological safety is associated with the installation on the knowledge of ourselves, the development of our inner world. The role of religious beliefs in experiencing difficult times is analyzed.

**SELF-DISCLOSURE OF ONE’S OWN ABILITIES AS AN INTERNAL DIALOGUE IN CONDITIONS OF SELF-ISOLATION**

***Valentina*** ***Chernyavskaya*** *– professor of philosophy and legal psychology of Vladivostok State University of Economics and Service, Doctor of Pedagogical Sciences, Professor in the Department of Psychology (VAC), scientist, psychological consultant, trainer, head of the Primorsky branch of the Russian Psychological Society, chairman of the Board of the Primorsky Professional Association of Psychologists, leader of 8 federal scientific projects, 2 social projects. Experience of practical psychotherapeutic work 25 years. Russia, Vladivostok.*

A new idea in the field of psychology *–* self-disclosure of human abilities *–* is defined as an internal dialogue with oneself, the center of which is the search and determination of the determination of personal resources.

Psychotherapy in the field of resource search is based on spiritual and moral foundations, on the inner support of a person. Conditions are formulated for self-disclosure of abilities in the conditions of "closeness" from the world, the deprivation of human communication.

**ABILITIES AS A PHILOSOPHICAL FOUNDATION OF PEDAGOGY**

***Alexander Shevtsov*** *– doctor of psychology, professor, head of the Section of Cultural-Historical Psychology of the Baltic Pedagogical Academy. Russia, St. Petersburg.*

The research is based on the well-known Plutarch statement. We are talking about two possible ways of educational process: either "filling of the pupil" or its "kindling".

The author comes to the conclusion that one more component of the educational process is missing: the abilities that should be identified and developed during the education at school of any level.

This requires an educational program aimed at the identification and development of the abilities, additional to the existing educational programs of filling students with knowledge.

At the end of the research the author emphasizes the necessity of a current list of priority skills needed for modern man as a meaningful member of society. The role of religion and spirituality is analyzed.

**THE PARADOX OF MENTAL LIFE: EXPERIENCE OF EXPERIENCING ESCHATOLOGY OF TIME – PSYCHE AND SPIRIT, INDIVIDUAL AND PERSONALITY IN SELF-ISOLATION 2020**

***Lyubov Bitekhtina*** *– doctor of philosophical sciences, professor, co-chair of modality "Religious-Oriented Psychotherapy" PPL Russia, Academician RNAN. Russia, Moscow.*

The report examines the spiritual dimension of psychotherapy. A definition is given to the concept of the spirituality of psychotherapy, its origin and roots directly related to religious origin, both in man and in the existence of the world. Experience of experience of time eschatology in dynamics and stability of meanings is presented. As a rule, we do not distinguish mental balance with healthy spirituality, considering that it is either the same or both phenomena are directly interrelated. However, it is not! Spiritual life has its origins in a field other than mental life and is governed by other laws.

In the situation of spiritual faults opens time in its strange eschatological course, where a moment of radical and instant change to another type of person arises - was mental, became spiritual, different!

Other, other image and way of life with other measure and quality. The life that cannot develop further without God 's involvement. It 's a coup, a review of yourself. The example of the apostle Paul conversion, the apostles on the day of the coming of the Holy Spirit they became different, God.

**WEBINAR ROOM 6**

**LECTURE**

**Ferhat Jak Icoz**

**«EXISTENTIAL THERAPY IN THE CASES OF TRAUMA»**

**27th of June 2020, 10.00 - 11.30, WEBINAR ROOM 6**

**Languages: Russian, English**

***Ferhat Jak Icoz (Turkey)*** *– chair of Association for Existential Psychotherapies in Turkey, founder and Clinical Director of Existential Academy of Istanbul.*

The modern and mainstream discourse on trauma is that it is a violent rupture in the flow of daily life in a way that life cannot be expected to go on on its presumed track. The same discourse offers “the way” out of trauma as processing it well up to a point in which the traumatic experience is well integrated into one’s self structure. The last few years have shown us repeatedly that traumatic experiences neither need to be physically violent nor need to disrupt daily life; one may well keep one’s functionality despite of psychological predicament. From an existential point of view, we construct our own worlds, our own realities. We do this because we find the nothingness that lays right beneath us terrifying. In line with this, we may be traumatised when this natural attitude (in comparison to phenomenological attitude as coined by Edmund Husserl) with all its bad-faith kind of certainties and securities is unsettled on a very ontological level, leaving us with a deep sense of nothingness with difficulty to hold on previous assumptions of safety. In this talk, I would like to tell the audience stories of clients experiencing this deeply unsettling sense, due to natural disasters, wars and torture. I would also like to offer various routes of interventions based on the phenomenological tradition in therapy. The main assumption that I would like to propose is that philosophical reviewing of our lives is not just for good times. Philosophy is not a luxury, but a necessity to hold onto what there is, to re-build a life after it is torn to pieces.

**LECTURE**

**Alfried Laengle**

**«EXISTENTIAL CHALLENGES DURING A PANDEMIC»**

**27th of June 2020, 12.00 - 13.30, WEBINAR ROOM 6**

**Languages: Russian, English**

***Alfried Laengle (Austria)*** *– professor, founder of the stately approved training school of Existential-Analytical Psychotherapy (Gle-international).*

This time of quarantine is for some people critical, but for most just unfamiliar. What is existentially seen the specific challenge of such time?

The breakdown of daily routines, coustoms, and our experienced life produces insecurity – how can we deal with that? And when the insecurity grows up into anxiety – what to do then?

Also despair, meaninglessness, and loneliness occupy many people. Psychotherapists are asked to help them. But how can we do that in the midst of a pandemic?

Existential theory can help to understand better the underlying processes in the suffering of such an extraordinary time. And this provides us with specific means to help to people who are exposed to such strain and stress. Both, the theoretical understanding and the practical help for this crisis situation, insecurity, anxiety, and loneliness, will be the theme of this presentation.

**LECTURE**

**Dmitriy Leontiev**

**«FREEDOM AND DESTINY: WHAT ARE WE DOING WITH OUR LIFE»**

**27th of June 2020, 14.00 - 14.45, WEBINAR ROOM 6**

**Languages: Russian**

***Dmitry Leontiev (Russia)*** *– Doctor of Psychology, professor.*

Our life is conditioned by many factors beyond our control, and this refers to everyone. How much can we influence our life ourselves? This is much more a matter of individual differences, and the most important of them is our belief in the possibility of influencing our own life. Without it we cannot help swimming with the stream.

Last months, due to COVID-19 pandemic and its consequences, the determination of our life increased, and the range of freedom narrowed. What follows from this for our living? How not to lose our resources of free self-determination in these challenging times?

**LECTURE**

**Gianfranco Buffardi**

**«CHARACTERISTICS OF THE THERAPEUTIC OPERATING METHOD OF THE ITALIAN SCHOOL OF NEOEXISTENTIAL PSYCHOTHERAPY»**

**27th of June 2020, 15.30 - 17.00, WEBINAR ROOM 6**

**Languages: Russian, English**

***Gianfranco Buffardi (Italy) –*** *рrofessor, founder and president of the Institute of Human and Existential Sciences in Naples.*

The Italian School of neoExistential Psychotherapy (SPEs) aims to combine the theoretical- philosophical premises of the existential approach with the principles of generative-transformational psycholinguistics in the interests of therapy support.

At a theoretical-clinical level it is based on Existential Logoanalysis, which derives from Daseinsanalyse (M. Heidegger and M. Boss), Existenz- Erhellung (K. Jaspers) and Existenzanalyse (V. E. Frankl).

The linguistic-operative level adopts and re-elaborates the principles of the communicative meta-model put forward by J. Grinder and R. Bandler, applying N. Chomsky’s generative-transformational grammar to psycholinguistics.

The specific goal is to offer help to whoever is experiencing (in various degrees and levels) an existential crisis through the stimulation and facilitation of an adequate clarification and restructuring of the personal reference systems (“interior maps”) that underlie their attitude and inner life as well as their corresponding life style.

The lecture will deal with the methodological approach of the school.

**LECTURE**

**Katerina Zymnis-Georgalos**

**«** **THE IMPACT OF THERAPEUTIC FACTORS AS NARRATED BY CLIENTS AMIDST CHAOS, DISEASE AND CONSTANT CHANGE »**

**27th of June 2020, 17.30 - 19.00, WEBINAR ROOM 6**

**Languages: Russian, English**

***Katerina Zymnis-Georgalos (Greece)* –** *member of the board of Federation for Existential Therapy in Europe, co-chair of the organizing committee of the 3rd World Existential Therapy Congress in Athens (2023), founding member, trainer and supervisor at The Hellenic Association for Existential Psychotherapy.*

The lecture will bring forth the therapeutic factors leading to change as narrated by clients who have successfully completed psychotherapy. The presentation will focus on the impact that therapy has in a world of never ending change, chaos and possibility.

**EVENTS ON JUNE 28, 2020**

**WEBINAR ROOM 1**

**International fundamental round table**

**«READINESS OF PSYCHOTHERAPY FOR UPCOMING GLOBAL CHALLENGES»**

**28th of June 2020, 10.00-14.00, WEBINAR ROOM 1**

**Languages: Russian, English**

**CHAIRMEN: Alfred Pritz (Vienna, Austria), Victor Makarov (Moscow, Russia), Alexander Katkov (St. Petersburg, Russia), Edward Chan (Kuala Lumpur, Malysia).**

**Alfred Pritz –** doctor of medical sciences, MD, professor, President President of the World Council for Psychotherapy (WCP), Ph.D in Psychopathology and Pedagogics, founder and past-time General secretary of the European Association for Psychotherapy, rector and full professor of the Sigmund Freud University, Vienna Collaborator for the Austrian law for Psychotherapy and advisor in some European ministeries. Honorary President of the IX World Congress for Psychotherapy. Austria, Vienna.

**Victor Makarov** – doctor of medical sciences, MD, professor, President of the All-Russian Professional Psychotherapeutic League and the National Self-Regulating Organization «Union of Psychotherapists and Psychologists», President elect of the Asian Federation of Psychotherapy, Vice-President of the World Council for Psychotherapy, President of the IX World Congress for Psychotherapy, Head of the Department of Psychotherapy and Sexology of the Russian Medical Academy of Continuous Professional Education. President of the IX World Congress for Psychotherapy. Russia, Moscow.

**Alexander Katkov** –doctor of medical sciences, MD, professor, Head of the International Institute of Social Psychotherapy St. Petersburg, full member and Vice-President in All-Russia Psychotherapeutic League, official teacher and supervisor of the practice in All-Russia Psychotherapeutic League, Chairman of the Committee on Legislative Initiatives and the Committee for the Science, psychotherapist of the Unified Register of Professional Psychotherapists of Europe, official consultant and expert of the UPNOON on drug addiction (epidemiology, prevention, psychotherapy, rehabilitation) in Central Asia. Russia, Saint-Petersburg.

**Edward Chan (Malaysia)** – Doctor of Science, Board Member and Fellow of the World Council for Psychotherapy, President and Fellow of the Malaysian Association of Psychotherapy, President of the Malaysian Employees Assistance Professionals Association, Principal Consultant Psychologist of the International Psychology Centre, Clinical Director of WellLab, Centre for Advanced Diagnostic Laboratory Testing, President and Fellow of the Malaysian Cognitive Behavioral Therapy Association, Head of the Psychotherapy & Nutritional Therapy Chapter of the Malaysian Society for Complementary Medicine, Adjunct Professor of the International Psychology & Complementary Medicine University. Malaysia, Kuala Lumpur.

**Presenters**

**FROM FLAPSI - IN COVID-19 TIMES**

***Emilia Afrange (Brazil)*** *– President of Latin-American Federation of Psychotherapy, Vice-President of Brazilian Association of Psychotherapy, psychologist of the team specialized in Prematures at “Escola Paulista de Medicina”, psychotherapist, clinical psychologist, teacher and supervisor of Institute Sedes Sapientiae, affiliated member of the Psychoanalysis Brazilian Society in São Paulo.*

**TOPIC OF THE PRESENTATION TO BE ANNOUNCED**

***Ilgiz Timerbulatov*** *– doctor of medical sciences, MD, professor, head of the department of psychotherapy at the Bashkir State Medical University, head physician of the Republican Clinical Psychotherapy Center, chief psychotherapist of the Ministry of Health of the Republic of Bashkortostan, vice president of the All-Russian Professional Psychotherapeutic League for the Volga Federal District. Russia, Ufa.*

**EMERGING ISSUES IN PSYCHOTHERAPY # COVID 19**

***Emilija Stoimenova Canevska (North Macedonia)*** *– Prof. Dr., licensed health psychologist and psychotherapist, EAGT – and EAP-certified trainer and supervisor, as well as organizational couch and consultant.*

**THE FUTURE OF PSYCHOTHERAPY IN A MEDICALIZED WORLD**

***Katerina Zymnis-Georgalos*** *(Greece)* ***–*** *member of the board of Federation for Existential Therapy in Europe, co-chair of the organizing committee of the 3rd World Existential Therapy Congress in Athens (2023), founding member, trainer and supervisor at The Hellenic Association for Existential Psychotherapy.*

This presentation will focus on the challenges that the psychotherapy planet needs to face if it is to survive in a medicalized universe

**PSYCHOTHERAPY AS EDUCATION**

***Gianfranco Buffardi (Italy)*** *– professor, the founder and president of the Institute of Human and Existential Sciences in Naples.*

The scientific community recognizes the therapeutic value of psychotherapies, but strongly doubts the scientific foundations of the models. Indeed, the help offered by psychotherapies is an educational aid. The person requesting "educational" help would like, more or less consciously, to be placed in a position to be able to broaden their operational strategies. Existential therapy is a non-invasive and non-deterministic psychotherapy that helps autonomous reconditioning. Therefore, it favors educational help also through the wise use of non-specific therapeutic factors.

**INTEGRATION OF MEDICAL TECHNOLOGIES OF BRAIN ACTIVATION IN PSYCHOTHERAPY**

***Zlata Polozhaya –*** *MD, PhD, head of the Department of Psychotherapy, Institute of Interdisciplinary Medicine, psychiatrist, psychotherapist, hypnotherapist, group psychotherapist, official representative of the Central Council of the All-Russian Psychotherapeutic League in Italy, deputy chairman of the Academic Council for Psychotherapy of the National Association for the Development of Psychotherapeutic and Psychological Science and Practice, Member of the World Institute Pain (WIP). Russia, Moscow.*

The report considers the opportunities of using medical brain technology for the activation of brain activity in psychotherapy. Modern medical equipment uses visual, auditory and electromagnetic types of brain stimulation. Depending on the technology used, it is possible to achieve the necessary effect to eliminate mental disorders. The combination of brain technology and psychotherapy gives a better result.

**THREE LEVELS OF PSYCHOTHERAPY AND THREE VERSIONS OF GLOBAL FUTURE**

***Irina Cheglova*** *– Ph.D., MD, associate professor, vice-president of Professional Psychotherapeutic League of Russia.*

The three-level model of psychotherapeutic practice is being presenting. Each level of the model is being analysed in connection with its core goals and methodology. Professional practices based on these levels are observed as civilizational tools in respective versions of global future.

**FUTURE OF PSYCHOTHERAPY IN INTERNET REVOLUTION**

***Dmitry Shamenkov*** *(Russia) – MD, Director, Research and Educational Center for Health Information Technology and Social Medicine of Sechenov University, Member of Council, Skolkovo Foundation. Founder of Opendialogue.space.*

**RELIGIOUS-ORIENTED PSYCHOTHERAPY IN THE PERIOD OF SELF-ISOLATION IN THE CORONAVIRUS PANDEMIC 2020**

***Lyubov Bitekhtina*** *– candidate of psychological science, Doctor of philosophy, professor, academician of the Russian Academy of Sciences, co-head of the modality "Religious-oriented psychotherapy" of the All-Russian Professional Psychotherapeutic League. Moscow, Russia.*

***Irina Sokolovskaya*** *– doctor of psychological Sciences, Professor of the Department of social, General and clinical psychology of the Russian state social University, Full member of the all-Russian Professional Psychotherapy League, General Manager of the modality "Religiously-oriented psychotherapy". Russia, Moscow.*

***Marina Сhukhrova*** *– doctor of medical Sciences, Professor of the Department of personality psychology and special psychology of the Federal state University of Economics. Novosibirsk, Russia.*

**«CORONAFORUM: LET'S TALK ABOUT IT»**

**28th of June 2020, 12.30 - 14.30, WEBINAR ROOM 1**

**Languages: Russian, English**

***Paola Pomponi (Italy – UK)*** *– chair of the Society for Existential Analysis (UK).*

Reflections of the changes in psychotherapeutic practice during lockdown.

Loss and gain, form an Existential point of view.

**Symposium**

**«INTEGRATED SHORT-TERM THERAPY FOR TRAUMAS AND SYMPTOMS OF THE INDIVIDUAL, FAMILY, ORGANISATION, GROUP OR SOCIETY DURING THE CURRENT CORONAVIRUS PANDEMIC»**

**(continued)**

**28th of June 2020, 14.30 - 20.00, WEBINAR ROOM 1**

**Languages: Russian, English**

**WEBINAR ROOM 2**

**LECTURE**

**Semyon Yesselson**

**«THE FUTURE OF PSYCHOTHERAPY AND A DIALOGUE OF CULTURES»**

**28th of June 2020, 10.00 - 10.45, WEBINAR ROOM 2**

**Languages: Russian**

***Semyon Yesselson (Russia)*** *– board member of the Federation for Existential Therapy in Europe (FETE), board chairman of the International Institute for Existential Counseling (MIEK), head of Existential therapy modality at the National Umbrella Organization of Russia (OPPL).*

Our modern civilization, despite the competition of different countries and various social, economic and political systems, is taking on an increasingly explicit form of a global technological civilization, which is perpetuated and dominated by the worldview, in line with Buber’s “I-It” formula.

All the key futurological concepts of the present day fit under the current trends associated with the existence of the “I-It” world.

Meanwhile, psychotherapy, from its very inception, has resulted from medical practitioners’ search for ways of assistance to their patients with various mental and behavioral disorders. Depending upon which philosophical or religious worldviews they adhered to, specific ways of assistance were being invented. Thus, this gave rise to the neo-Kantian, neo-Marxist, neo-Zen, neo-Taoist, post-modern practices of treatment that were united under one title – psychotherapy.

The present-day “I-It” civilization is trying to shape psychotherapy to its own image by narrowing it down to a set of tricks, techniques and technologies to affect the mind and the behavior of people.

The transition of this civilization into the Information Age is not changing anything in those trends, but makes them even worse.

The lecture discusses the prospects for the existence and the development of psychotherapy, in spite of the dominating trends of the “I-It” civilization. It is being proposed that psychotherapy can play the role of “Old Mole”, preparing the civilization shift towards a dialogue of cultures.

**Panel session**

**«SHAPING THE IMAGE OF THE FUTURE TO SAVE PARENT-CHILD RELATIONSHIPS DURING PROLONGED FAMILY ISOLATION»**

**28th of June 2020, 11.00 - 14.00, WEBINAR ROOM 2**

**Languages: Russian**

**Panel session**

**«THE PSYCHOLOGY OF EATING BEHAVIOR. INTEGRATIVE APPROACH. CHARACTERISTICS UNDER STRESS AND UNCERTAINTY»**

**28th of June 2020, 14.00 - 17.00, WEBINAR ROOM 2**

**Languages: Russian**

**Symposium**

**«EXISTENTIAL THERAPY»**

**(beginning)**

**28th of June 2020, 17.00 - 162.00, WEBINAR ROOM 2**

**Languages: Russian**

**CHAIRMEN: Semyon Yesselson (Rostov-On-Don, Russia), Svetlana Krivtsova (Moscow, Russia).**

Existential therapy - is the only direction of psychotherapies, which is not tied with any specific methodology. It focuses on how a person lives, meets and tackles the complexities of life, the vagaries of his or her destiny. It is closely related to existential philosophy, representing its praxis. The phenomenology and the hermeneutics approaches are the pre-requisites in existential therapy, which allow viewing each person and each life situation in their uniqueness and pecularity.

17.30 – 17.35. **Opening**

17.35 – 17.45 **EXISTENTIAL RESOURCES FOR HEALING OF PSYCHOLOGICAL TRAUMA CAUSED BY MODERN PANDEMIC**

***Mazur Elena*** *(Russia)*

17.45 – 17.55 **VULNERABILITY OF THE CLIENTS WITH TRAUMA IN THE TIME OF CORONA. SPECIFICS** OF PSYCHOLOGICAL HELP

***Timofeeva Elena*** *(Sweden)*

17.55 – 18.05 **THE EXPERIENCE OF LIFE CRISES IN EXTREME SITUATION (FROM THE EXPERIENCE OF THE REFUGEES AND ENTERNALLY DISPLACED PERSONS)**

***Pushkaryova Natalya*** *– educational psychologist, existential consultant, teacher of the International Institute of existential counseling( MIEK), Secretary of the Board of the National Association of existential counseling and therapy. Russia, Saint Petersburg.*

*The report examines the experience of living in crises by people who became refugees and internally displaced persons, participants in the military events in the Donbas in 2014. We consider the changes that occur in people's lives when faced with such a crisis as war. This paper presents research from 2014 to the present.*

18.05 – 18.15 **THE ENCOUNTER WITH E. MINKOWSKI. QUARANTINE REFLECTIONS**

***Zinevych Anastasiia*** *(Ukraine)*

18.15 – 18.25 **INDIVIDUAL COPING STRATEGIES DURING THE COVID19 PANDEMIC**

***Naumenko Anna*** *(UK)*

***Kupavskayan Aleksandra*** *(UK)*

18.25 – 18.40 **Questions and answers**

18.40 – 18.50 **PSYCHOTHERAPEUTIC ASPECTS OF VOLUNTEERING ON THE CRISISLINE: FIRST OBSERVATIONS OF AN EXISTENTIAL THERAPIST**

***Bolshanin Alexey*** *(Ukraine)*

18.50 – 19.00 **ADDRESSING ANXIETY IN PSYCHOTHERAPY BASING ON F.E. VASILYUK'S LIFE-WORLDS MODEL**

***Drozdov Dmitry***– *psychologist, president of Association for Co-experiencing psychotherapy. Russia, Moscow.*

Methods of psychotherapy of anxiety are observed in the paper. And opportunities provided by the Life-worlds model in the development and adaptation of methods individually for a specific client.

19.00 – 19.10 **ON THE EVE OF A PANDEMIC (EXPERIENCE OF MEETING IN EXISTENTIAL Doll THERAPY BY A.V. GNEZDILOV)**

***Denyskova Kateryna –*** *practicing psychologist, full member of The Ukrаiniаn Association of Existential Consultancy аnd Тhеrарy (UAECT), post graduate of Kherson State University, Ukraine.*

The main provisions of the author's approach of Professor A.V. Gnezdilova to existential doll therapy: the existential dimension of the Miraculous; doll as a miracle and a guide to the world of fairy tales; doll as a childhood messenger and Friend - is observed in the report. The experience of experiencing a meeting with a doll is conceptualized as part of a workshop: Existential Journey to the Storyteller: “Diseases of loved ones”.

19.10 – 19.20 **RISKING HIS LIFE**

***Lozovikova Ekaterina*** *(Russia)*

19.20 – 19.30 **THERAPY OF THE CONSEQUENCES OF SELF-ISOLATION THROUGH LF (LOGO FENCING)**

***Letunovsky Viacheslav*** *(Russia)*

19.30 – 19.40 **PECULIARITIES OF DREAMS DURING THE CORONARY VIRUS PANDEMIC**

***Rimvydas Budris*** *– Deputy Director of the Institute of Humanistic and Existential Psychology. Lithuania, the city of Palanga.*

The report will consider the main features of dreams that were presented in group work with dreams. The dream group took place online in Lithuania during the pandemic from mid-March to late June. It was attended by 10 to 15 people of various specialties. The author of the report was one of the leaders of this group. The report will discuss the difference between dreams that were during a pandemic from dreams at ordinary times. It will also be noted what is most reflected in the content of dreams.

19.40 – 20.00.  **Questions and answers**

**WEBINAR ROOM 3**

**CONFERENCE ON TRAINING THERAPY**

**«… AND WHO IS GOING TO HELP THE HELPERS? »**

**28th of June 2020, 10.00 - 16.00, WEBINAR ROOM 3**

**Languages: Russian, English (if needed)**

**CHAIRPERSON: Ekaterina Makarova (Moscow, Russia).**

**WHAT KIND OF A PSYCHOLOGIST/PSYCHOTHERAPIST ARE YOU AND WHAT INTERFERES YOUR PROFESSIONAL REALIZATION?**

***Ekaterina Makarova*** – *psychoanalyst, head of the central council committee of the All-Russian professional psychotherapeutic league for training therapy, certified training therapist - advisor by PPL, accredited supervisor of PPL, lecturer of PPL of international level, chairman of the international section of the All-Russian Professional Psychotherapeutic League, chairman of the youth section of the World Council for Psychotherapy, Ph.D. candidate at the Sigmund Freud University (Vienna, Austria), MSc. Moscow, Russia.*

Self-isolation, quarantine, information overload, fear of the future have become a sudden and extreme reality for all humans. Familiar with the resources of psychotherapy and still in doubt, but in dire need of support, people habitually or for the first time turned to psychologists and psychotherapists for help. I will show the resources with which successfully adapting colleagues were able to answer the challenge of our time and expand their practice in my report.

**INTEGRATION OF MEDIATION AS AN CONDUCIVE INSTRUMENT FOR RESOLVING INTERPERSONAL CONFLICTS IN THE PRACTICE OF TRAINING THERAPIE IN THE PERIOD OF THE CORONAVIRUS PANDEMIC**

***Nina Lavrova***– *chairman of the Supervisory board of the SRO «National Association for the development of psychotherapeutic and psychological science and practice «Union of psychotherapists and psychologists», director of the Center for systemic counseling and training «Synergia» (St. Petersburg, Russia), head of the Committee for mediation of PPL, head of modality Systemic family psychotherapy: Eastern version of PPL, head of the Department of mediation and conflict resolution of the Institute of practical psychology «Imaton» (St. Petersburg, Russia), systemic family psychotherapist, coach-mediator, psychologist, certified personal therapist-adviser PPL, accredited supervisor of PPL, psychotherapist of the unified register of professional psychotherapists in Europe, certified mediator of the international level (diploma of the Institute of systemic family mediation, Italy), member of the European Association of systemic mediators (AIMS), author of more than one hundred publications on problems of mediation, conflictology, family psychotherapy, organizational consulting, coaching.*

**EXPERIENCE OF VARIOUS MODELS OF TRAINING THERAPY. RESOURCEFUL OPPORTUNITIES OF MODERN INTEGRATIVE ART-THERAPY**

***Inna Zezyulinskaya*** *– holder of the European Certificate for Psychotherapy; systemic family psychotherapist;  art therapist, mediator; accredited training psychotherapist-adviser and supervisor of PPL; certified PPL trainer of national level; trainer of the Institute of Practical Psychology “Imaton” (Saint Petersburg); head of the Crimean regional branch of PPL Russia (register of psychotherapists and psychologists of Russian Federation); associate professor, trainer of the IPO SRS KIP (Interregional Public Organization  for Promotion of Symboldrama – Catathymic Imaginative Psychotherapy Development); supervisory Board member of the Self-regulating organization National Association for the Development of Psychotherapeutic and Psychological Science and Practice «Union of Psychotherapists and Psychologists»;  full member of Art-therapeutic Association of Russian Federation; head of Applied psychology center“Harmony” and of art-therapeutic workroom “Paints of the Soul” (Sevastopol)- PPL Statuses: Full member of PPL Russia; head of the Crimean regional branch of PPL Russia;  accredited training psychotherapist-adviser and supervisor of PPL; certified PPL trainer of national level. Sevastopol, Russia.*

**POWER GAMES IN PSYCHOTHERAPY**

***Galina Makarova*** – *PhD., transactional analyst, supervisor, teacher and author. ECP holder, chairperson of the «Eastern Version of Transactional Analysis» modality by All-Russian Professional Psychotherapeutic League, training therapist of the PPL. Moscow, Russia.*

**GROUP PSYCHOTHERAPY (TRAINING GROUP THERAPY), SUPERVISION, BALINT GROUP - SIMILARITIES AND DIFFERENCES**

***Anzhela Avagimyan*** – *senior Lecturer at FSAEI HE I.M. Sechenov First Moscow State Medical University, Medical Psychologist, No.1 N.A. Alekseyev Psychiatric Clinic, President of the Balint Society in Moscow, Russia*

This report examines the similarities and differences in the use of professional help methods by help professions specialists – medical and social workers, psychologists and psychotherapists. It compares the efficiency of given methods and determines whether it is necessary to use them jointly in order to create synergy effect.

**MASTER CLASS “INTEGRATIVE RESOURCE ART-THERAPY AS A METHOD OF SELF-AWARENESS AND SELF-DEVELOPMENT”**

***Inna Zezyulinskaya*** – *holder of the European Certificate for Psychotherapy; systemic family psychotherapist;  art therapist, mediator; accredited training psychotherapist-adviser and supervisor of PPL; certified PPL trainer of national level; trainer of the Institute of Practical Psychology “Imaton” (Saint Petersburg); head of the Crimean regional branch of PPL Russia (register of psychotherapists and psychologists of Russian Federation); associate professor, trainer of the IPO SRS KIP (Interregional Public Organization  for Promotion of Symboldrama – Catathymic Imaginative Psychotherapy Development); supervisory Board member of the Self-regulating organization National Association for the Development of Psychotherapeutic and Psychological Science and Practice «Union of Psychotherapists and Psychologists»;  full member of Art-therapeutic Association of Russian Federation; head of Applied psychology center“Harmony” and of art-therapeutic workroom “Paints of the Soul” (Sevastopol)- PPL Statuses: Full member of PPL Russia; head of the Crimean regional branch of PPL Russia;  accredited training psychotherapist-adviser and supervisor of PPL; certified PPL trainer of national level. Sevastopol, Russia.*

**WORK WITH FAMILY HISTORY AS A RESOURCE FOR THE IMPLEMENTATION OF THE VITAL TASKS OF CANDIDATES IN THE PROCESS OF TRAINING THERAPY**

***Natalya Perervus*** – *psychologist, systems therapist, constellator, training therapist-adviser and supervisor of the PPL, full member of the PPL.*

The history of each person is inscribed in his family history, which, in turn, is included in social history. Our fate depends not only on the family in which we were born and raised, but also on our extended family, the life history of our ancestors, on the events and traditions of our family. The knowledge about the life of previous generations gives us a resource, a source of self-realization, and access to the most valuable family gifts.

It is impossible to disagree with the famous DNA genealogy specialist, professor A.A. Klesov, who claims: “When I know my pedigree, my step is more elastic, my back is more direct, and the responsibility on my shoulders cannot be failed. This sounds pathetic, but, knowing the history of my ancestors, I have more advantages than if I knew 2-3 generations in depth. ”

And vice versa, we can receive a minimum of information and far from the best experience as a legacy from our ancestors. The more information about some difficult events in the life of the family is hushed up, “expelled” from the group consciousness, falling into the group unconscious, the more likely it will negatively affect future generations, namely: the consequences of collective injuries, unworked mourning, unexpressed feelings and unaware tears, anniversary syndrome.

To acquaint with various methods of working with family history, to show how with their help it is possible to identify the processes of transgenerational transmission and transgenerational repetition; to discover various roles and rules, to identify the resources available in the family system - this is one of the important spectra of tasks when working with candidates in the process of their training therapy.

**THERAPY TASKS IN WORKING WITH SPECIALISTS WITH PROFESSIONAL EXPERIENCE BEYOND ASSISTING PROFESSIONS**

***Irina******Shcherbakova*** – *psychologist, counselor, psychotherapist, certified training therapist of PPL, certified consultant of PPL, a valid member of PPL. Russia, Yekaterinburg.*

Key points in the formation of professional identity of specialists, for whom psychological counselling and psychotherapy are not the first profession, are viewed in the paper. Options for determining resources and limitations of formed personal structures are investigated. The author pays special attention to the integration of previous life and professional experience into the new professional identity of specialists.

**GROUP DISCUSSION AND CONFERENCE CLOSING**

**Round table**

**«DISCUSSION OF PROFESSIONAL STANDARD “PSYCHOLOGIST - CONSULTANT” PROJECT»**

**28th of June 2020, 16.15 - 17.15, WEBINAR ROOM 3**

**Languages: Russian**

**MODERATORS: Maria Korshikova (Moscow, Russia), Andrey Kalashnikov (Moscow, Russia).**

***Maria Korshikova*** – *Vice-President, Head of the Professional Standards Group, Member of the Presidential Council of the SRO National Association "Psychotherapists and Psychologists Union."Psychologist, International Transaction Analyst — Coach, All-Russian Professional Psychotherapeutic League full member. Russia, Moscow.*

***Andrey Kalashnikov*** – *clinical psychologist, senior lecturer, Department of Pedagogy and Medical Psychology, I.M.Sechenov First Moscow State Medical University, head of the committee for the coaching of the OPPL, member of the Presidential Council of the SRO “Union of Psychotherapists and Psychologists”, OPPL Central Council member. Russia, Moscow.*

**Issues for discussion:**

1. Discussion of the project of professional standard "Psychologist - Consultant".

2. The relevance of developing a project of professional standard "Psychologist - Consultant" for the professional community.

3. Draft of the professional standard "Psychologist - Consultant" and the work of organizations of additional professional education.

4. Aspects of the psychologist's work – public consultant and psychologist-consultant in the work place.

**LECTURE**

**Andrey Strelchenko, Vera Odyn**

**«** **COVID-19. HUMAN MENTAL FUNCTIONING UNDER THE CONDITIONS OF THE STRESS PANDEMIC »**

**28th of June 2020, 18.30 - 20.00, WEBINAR ROOM 3**

**Languages: Russian**

***Andrey Strelchenko (Russia)*** *– Doctor of Medical Sciences, full member of the Professional Psychotherapeutic League, psychotherapist of the Unified Register of Psychotherapists in Europe, Official representative of the central council of the Professional psychotherapeutic league in Latin America.*

***Vera Odyn (Russia)*** *– doctor of the highest category, Honored Health Worker of Russia.*

The lecture discusses the mechanisms of the functioning of the psyche under prolonged stress caused by the pandemic of the coronavirus, as well as the factors underlying the increase in stress resistance. Practical recommendations and techniques of mental self-regulation are given.

**EVENTS ON JUNE 29, 2020**

**WEBINAR ROOM 1**

**Round table**

**«ROLE OF PSYCHOLOGICAL VOLUNTEERING IN PANDEMIC. DEVELOPMENT OF VOLUNTEER SERVICES IN RUSSIA»**

**29th of June 2020, 10.00-14.00, WEBINAR ROOM 1**

**Languages: Russian**

**CHAIRMEN: Inna Silenok (Krasnodar, Russia), Olesya Nazarova (Moscow, Russia)**

In round table work will have involved experts - leaderships of psychological volunteer centers, group, detachments; leaderships directions of practical psychology and auxiliary professions, standing at the origins of volunteering in Russia and in the world. Within the round table work experts will have perform with reports about their experience in organization and carry out of volunteer psychological support in pandemic conditionals, exit from pandemic and about psychological education in Russia. Involvements will discuss the prospects of developing psychological volunteering in Russia.

**Panel session**

**«INTERGATIVE PROCESS IN PSYCHOTHERAPY, PRACTICAL PSYCHOLOGY AND COACHING, MULTIMODAL PSYCHOTHERAPY»**

 **29th of June 2020, 14.00 - 16.30, WEBINAR ROOM 1**

**Languages: Russian**

**CHAIRMEN: *Victor Makarov (Moscow, Russia), Alexander Katkov (St. Petersburg, Russia), Vladimir Sgibov (Penza, Russia).***

Formation of the integrative psychotherapy represents a movement in the direction of conceptual synthesis of modern scientific theories of a personality and its changes and the corresponding psychotherapeutic methods. The method of multimodal therapy is a Russian version of the integrative psychotherapy which takes into account the peculiarity of the national psychotherapy. Each final congress of the League is represented by a large breakout session on this method, which has the increasing number of supporters. The most important characteristic of the integrative movement in psychotherapy is that the psychotherapist takes into account the individual clinical and psychological characteristics of the patient, his needs and specific features of his illness.

**SPECIAL THERAPEUTIC EXPOSURE LEADS TO POST-TRAUMATIC PERSONAL GROWTH**

***Olga Andronnikova*** *– PH.D., Dean of the Faculty of Psychology, Associate Professor, Novosibirsk State Pedagogical University. Chairman of the Novosibirsk Regional Branch of the Federation of Educational Psychologists of Russia. Full member of the All-Russian Professional Psychotherapeutic League. Member of the American Psychological Association (APA), Russian Academy of Natural Sciences (RAE). Novosibirsk, Russia.*

The report discusses specific and non-specific factors leading to post-traumatic personality growth. It is analyzed by the individual’s ability to integrate traumatic experience and its socio-psychological consequences into a holistic personality experience in a situation of directed psychotherapeutic work. The phenomenon of mental trauma is analyzed as forcing injured individuals to learn new social experiences.

**OUR EXPERIENCE IN ONLINE PSYCHOTHERAPY DURING CORONA VIRUS PANDEMIC**

***Biljana Andjelkovic*** *– Master of medical sciences, psychiatrist – psychotherapist, private therapeutic practice; Pastoral Advisory Centre of the Serbian Orthodox Church. Serbia, Belgrade.*

In the report we present therapeutic protocols of group analysis through three working groups and individual psychoanalytic psychotherapy, carried out online during coronavirus pandemic. The paper deals with a three-month experience with clients in the private psychotherapeutic practice and the therapy environment within the Pastoral Advisory Centre of the Serbian Orthodox Church.

**STRATEGY OF SYRVIVING IN PSYCHOLOGICAL CONTEXT OF ARCETYPE IMAGES**

***Itta Ryumina*** *– art&psychoteraphist sertified as children, teenagers and young people psychoterapist by Austrian Institute OEKIDS, member of Russian-Austrian Institute of the Integrative Psychoterapy and practice psychology «Genesis». Russia, Moscow.*

Author represents her technique which becomes more actual in the conditions of increasing aggression in human society, loss of mutual understanding, trust and coherence. The ways to solve such problems which were squeezed out from our consciousness once, were preserved in the collective unconscious in the form of signs, symbols and archetypal images. Ancient patterns found in in fairy tales, legends, epics perceived by the young generation through the prism of the speaker’s author’s technique are being establishing in young people’s mind as electronic chips which restore program for Victory. This technique corresponds with integrative approach of Vienna Institute OKIDS which synthesizes a variety of forms of psychotherapeutic influence and brings great possibilities to solve large-scale problems through the child and youth psychotherapy.

The work shop allows psychotherapists to act as teenagers and to perceive the possibilities of psychotherapeutic impacts of deep arhetypical images through the game forms of theatricicalization.

**EXPERIENCE OF THE ASSOCIATION OF VALUE-ORIENTED PSYCHOLOGY IN ASSISTANCE TO THE SOCIETY DURING THE PANDEMIC CAUSED BY THE CORONA VIRUS**

***Zoya Kraslavskaya*** *– candidate of economic sciences, associate professor, executive director of the Association of Value-Oriented Psychology, full member of the Association of Value-Oriented Psychology, psychologist. Russia, Rostov-on-Don.*

The report examines the experience of assisting citizens, families, and society during a pandemic caused by the corona virus, reflects the results of activities undertaken by the Association of Value-Oriented Psychology in the spring-summer period of 2020, pays attention to the relevance of applying the value-based approach in psychology.

**CHILDREN AND LANGUAGE. EXPERIENCE INOCULATING A LOVE OF LANGUAGE**

***Viktoria Robustelli*** *– practicing psychologist, student at the International Institute for Existential Counseling. Italia, Milan.*

Experience inoculating a love of language for children, including remotely, under quarantine. Difficulties, associated with this.

**CLOSING OF THE ONLINE PRE-CONGRESS**

**OF THE NINTH WORLD CONGRESS OF PSYCHOTHERAPY**

**«PSYCHOTHERAPY TO HELP CITIZENS, FAMILIES, GROUPS AND THE SOCIETY DURING CORONAVIRUS PANDEMIC»**

**29th of June 2020, 17.00 - 20.00, WEBINAR ROOM 1**

**Languages: Russian, English**

**WEBINAR ROOM 2**

**Panel session**

**«INTEGRATED SPIRITUALLY-ORIENTED APPROACH TO WORKING WITH SEVERE PSYCHOSOMATIC DISORDERS AND ONCOLOGY DURING THE CURRENT PANDEMIC»**

**29th of June 2020, 10.00 - 16.00, WEBINAR ROOM 2**

**Languages: Russian, English**

**CHAIRMEN: Natalia Spokoinyi (Berlin, Germany), Tatyana Nikiforova (Bratsk, Russia).**

The section presents new achievements and developments in the integrated spiritually-oriented approach to severe psychosomatics (that are being aggravated by the current pandemic) for the purpose of client recovery. The author's methods combine various individual and group methods of work, such as systemic constellations, body-oriented practices and art-therapeutic techniques (colour, music and integrative sandplay therapy, MAC, etc.) We begin with the assertion that the disease is a physical expression of the struggle between two parts of a personality: denying, destroying and supporting, affirming life. The purpose of the approach – to help the patient turn from a victim into an active creator of their own wellbeing: to mobilize their own strength, thereby giving impetus to the immune system to effectively counteract the disease and extend their years of joyful, fruitful life.

The effectiveness of the method is demonstrated by examples of clients with such serious diseases as cancer, hepatitis C, lupus erythematosus, schizophrenia and other mental disorders, etc.

**INTEGRATED SPIRITUALLY-ORIENTED APPROACH TO PSYCHOTHERAPEUTIC WORK WITH CANCER PATIENTS DURING THIS PERIOD OF PANDEMIC**

***Tatyana Nikiforova*** *– child and family psychologist, art therapist, fairytale therapist, full member, official trainer and personal therapist of PPL. Russia, Bratsk.*

This report shows how a combination of various methods of spiritually-oriented psychotherapy can be used in conjunction with modern communications technology to not only perform private consultations and group training exercises but also support cancer patients and effectively assist in their recovery. The method is demonstrated with specific clients examples.

**AUTHOR’S BEMS – MODEL (BODY–EMOTIONS–MIND–SPIRIT) METHOD FOR CLIENT VALUES ORIENTED WORK WITH SEVERE PSYCHOSOMATIC ISSUES DURING THE CURRENT PANDEMIC**

***Natalia Spokoinyi*** *–**director of IIS Berlin - International Institute of System Constellations, full member and international level trainer of PPL, WCP and EAP certified psychotherapist, master trainer of INFOSYON and DGfS, systemic sex therapist, master theologician A.Men Uni. Germany, Berlin.*

It has been established that severe psychosomatic disorders are caused by the client's trauma, as a rule, a severe trauma of his family. The report shows how in such cases it is effective to apply the author's BEMS-MODEL method, focused on client values, to work with extremely severe trauma and psychosomatics that are being aggravated by the current pandemic.

**METHOD OF PSYCHOTHERAPEUTIC KINESIOLOGY IN WORK WITH SEVERE PSYCHOSOMATICS AND SYMPTOMS OF PAIN**

***Galina Korchagina*** *– psychologist, psychotherapeutic kinesiologist, full member of the APK and full member, candidate for personal therapists, official trainer of PPL. Russia, Irkutsk.*

The report presents kinesiological techniques and tools to assist in improving the well-being of cancer patients, especially in times of temporary quarantine. It describes the possibilities in working with pain and manifestations of psychosomatics. It further focuses on the processing of the client’s past stressful situations so as to decrease their effect upon current wellbeing.

**CYBER BULLYING AS A CAUSE OF SEVERE PSYCHOSOMATICS IN ADOLESCENTS**

**Polina Dolgova** – child psychologist, art therapist, fairy tale therapist, specialist in working with bullyling and teenage crises. Russia, Bratsk.

Cyber bullying, the psychological abuse through the internet, has now reached incredible proportions. This is the reason for the development of neuropsychiatric, neurotic and behavioral disorders, as well as, disruptions to sleep and appetite and depression and the formation of post-traumatic syndrome leading to severe psychosomatics. There is an analysis of the sociocultural prerequisites for the emergence of school bullying, causes of aggressive behavior in adolescents, detection of the early signs of behavioral disorder and specific examples of interactive methods of working with psychosomatic manifestations of both the “victim” and the “aggressor” in the report.

**“INSTALLATION OF INTEGRAL PERSONALITY” METHOD FOR SOCIAL AND BEHAVIORAL ADAPTATION OF CLIENTS WITH HEAVY PSYCHOSOMATICS**

***Irina Sidorova*** –*family systemic psychologist, body, addiction and art psychotherapist, specialist in biodynamic breath and trauma release, full member of PPL, invited expert on Radio RF, the author of the “Installation of integrity of the individual” method.*

Client examples are used to demonstrate the author's “Installation of a Holistic Personality” method in the case of severe psychosomatics, which changes the portrait of a person and causes emotional dependence, fear of intimacy and failure of communication. The method provides rapid adaptation to the social environment and family to patients without the acute manifestation of codependent behavior and opens up the possibility of creating new partnerships and correcting existing ones.

**INTEGRATED APPROACH TO WORK WITH MIGRAINES AND OTHER PSYCHOSOMATIC ILLNESSES DURING PERIODS OF PANDEMIC**

***Tatiana Krasnokutskaya*** *– teacher at the Privolzhsky Medical Research University (PMRU), specialist on high school psychology and pedagogy, practical psychologist, full member of PPL, student of IIS-Berlin, infectious diseases doctor, homeopath. Russia, Nizhny Novgorod.*

This report uses examples to demonstrate the author’s “love your disease” method which combines the advantages of spiritually-oriented systemic constellations, integrated resource and body-oriented psychotherapy. Symptoms and illnesses point to or protect from something. Detection of unlived feelings, killing phrases and traumatic situations within spiritually-oriented constellations and the subsequent processing of these within the body opens the way for the client’s healing.

**EXPERIENCE OF NEUROPSYCHOLOGICAL CORRECTION OF POST-STROKE CONDITIONS DURING PERIODS OF PANDEMIC**

***Elena Hamaganova*** –*psychologist, trainer of PPL accredited personal therapist, head of PPL’s regional office in Buryatia. Ulan Ude, Russia.*

Interpersonal and intrapersonal conflicts are the trigger for the emergence of psychosomatic conditions such as strokes. Hopelessness, helplessness and apathy lead to the suppression of will and vitality and of immunological weakening. In the report it is shown how the solution of psychological problems increases the quality of life, motivating them to achieve their purpose, activating the immune system. Presents methods of neuropsychic correction of clients' post-stroke conditions during times of temporary isolation in order to obtain life saving resources and recovery.

**INTEGRATED APPROACH TO THERAPY OF PSYCHOSOMATIC DYSFUNCTION IN CHILDREN**

***Ekaterina Maydibor*** *– child psychologist (Centre for children without guardians), specialist in orphan psychology, trauma therapist, sandplay therapist, full member of PPL. Russia, Novosibirsk.*

This report demonstrates an integrated approach to therapy of psychosomatic disorders in children using examples of tics and enuresis taken from actual cases.

**INFERTILITY AS A CONSEQUENCE OF ABORTION WITHIN A CLIENT’S SYSTEM: WITHIN THE FRAMEWORK OF A SPIRITUALLY ORIENTED INTEGRATED APPROACH**

***Nadezhda Tsigvintsova*** *– specialist in integrated spiritually oriented therapy of personal and organisational trauma, systemic business coach, top manager, economist, student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

This report uses specific examples to present the author’s method within the framework of a spiritually-oriented integrated approach to the treatment of women who have become infertile due to abortions within their family system.

**AUTHOR SPIRITUALLY ORIENTED “BIOCOACHING” APPROACH FOR EFFECTIVE WORK WITH SEVERE PSYCHOSOMATICS**

***Marina Buchatskaya*** *– NLP-coach, specialist in Erickson hypnosis, oriental practices and reiki, life coach, business manager (Russian Presidential Academy of National Economy and Public Administration), student of IIS-Berlin: faculty of Systemic Constellations in Online Groups.*

The report using the results of numerous clients presents the author’s approach “Biocoaching” for effective work with food and gastrointestinal disorders, psoriasis, allergies and various skin diseases, rheumatism and other psychosomatic disorders.

**THE SYSTEMIC INSTALLATIONS METHOD FOR WORK WITH PSYCHOSOMATICS, FEAR AND PAIN DURING THE CURRENT PANDEMIC AND ECONOMIC CRISIS**

***Irina Kanunnikova*** *– system coach, tarologist, art therapist, numerologist, top economist, business coach: coordinator and system developer of business management accounting, observant member of PPL, IIS Berlin student: system constellations in online group.*

In the report “The method of system installation” is demonstrated with specific examples that combine the advantages of the integral spiritual-based approach to trauma healing, system constellations, Erickson hypnosis, physiognomy, numerology, tarology etc. for effective assistance to clients with severe trauma to realize and achieve their real goal during this current pandemic and economic crisis.

**Panel session**

**«RESOURCE PSYCHOTHERAPY»**

**29th of June 2020, 16.00 - 20.00, WEBINAR ROOM 2**

**Languages: Russian**

**WEBINAR ROOM 3**

**Symposium**

**«EXISTENTIAL THERAPY»**

**(continued)**

**28th of June 2020, 10.00 - 13.15, WEBINAR ROOM 2**

**Languages: Russian**

10.00 – 10.10 **THE IDEOLOGICAL PSYCHOPATHOLOGY**

***Lelyk Anna*** *(Ukraine)*

The report examines how the ideology of the client can become his pathology, and what dangers await the psychologist if he engages in a dialogue about ideologies and in ideological debate, instead of following the client in his subjective.

The situation with coronavirus showed us that attitude to the situation in the world also became the basis for the creation of various ideologies. How to be a psychologist in this? in the report an attempt to consider the topic of a pandemic through the perspective of ideological psychopathology

10.10 – 10.20 **EXISTENTIAL THERAPIST WITHIN THE LIMITS OF CORONAVIRUS PANDEMIA: ESSENTIAL MODES OF EXISTENCE**

***Lukianov Oleg*** *(Russia)*

10.20 – 10.30 **EXISTENTIAL FULFILLMENT DURING SELF-ISOLATION: MOSCOW CASE-STUDY**

***Nekhorosheva Elena*** *– PhD, head of the scientific research laboratory of Personal development and health protection, Moscow City University, Russia, Moscow.*

***Kasatkina Daria*** *– PhD, expert of the scientific research laboratory of Personal development and health protection, Moscow City University, member of AEAPP, Moscow, Russia.*

The report observes the research results of the well-being and existential fulfillment of Moscow citizens during COVID-19 pandemic and the lockdown. Existential fulfillment is indicated through TEM-method as a combination of feelings of trust and reliability, cheerfulness, authenticity and meaningfulness. The results specify that during lockdown key problems are connected with social thrust and future uncertainty, especially in the field of private relations and future economics.

10.30 – 10.40 **ALL THAT I HAVE, I LOVE, BUT NOT ALL THAT I LOVE**

***Ragulina Marina*** *– PhD in psychology, associate Professor of the Department of psychology of the Pacific state University. The report examines the issues of existential choice and its influence on the meaning of human life.*

10.40 – 10.50 **АRTLOGOTHERAPY: A STUDY OF EXISTENTIAL REALITY**

***Popova Tatyana*** *(Russia)*

10.50 – 11.05 **Questions and answers**

11.05 – 11.15 **LITTLE-KNOWN SCHOOLS OF EXISTENTIAL THERAPY: EXISTENTIAL-PSYCHOLOGICAL PLACE TODTMOOS-RÜTTE IN GERMANY AND SOFIA ANALYSIS IN ITALY (QUARANTINE MEMORIES)**

***Rusina Zhanna*** *– Ph. D. in medical science, psychotherapist, member of National Association of Existential Counseling and Therapy and All-Russian Professional Psychotherapeutic League, head of resource counseling school, Russia, Nizhny Novgorod.*

The report examines the features of work in existential schools Todtmoos-Rütte place in Germany and Sofia analysis in Italy (quarantine memories about the meeting)

11.15 – 11.25 **RELIGIOUS PILLARS OF CHRISTIAN BELIECERS (REFLECTIONS IN TIMES OF PANDEMIC)**

***Krasnova Alina*** *– PhD in philosophy, full member of Professional Psychotherapeutic League of Russia, senior lecturer of Department of philosophy religion and religious studies, Institute of Philosophy and Social and Political Studies, Southern Federal University. Russia, Rostov-on-Don.*

The report examines the problem of religious pillars in the life of modern Orthodox Christians, their specificity in times of crisis, such as the current situation of the pandemic. The article describes the religious pillars identified in the course of several phenomenological interviews, discusses the identified existential pillars that have foundations in Orthodoxy, and their transformation in crisis situations.

11.25 – 11.35 **EXPERIENCES OF THE EMERGENCE OF DEPENDENCE ON RELIGIOUS AUTHORITIES. WHAT SHOWED COVID-19**

***Gusarenko Irina*** *– psychologist, existential consultant (IPEC certificate), head of the center of psychological assistance and support. Russia, Sevastopol.*

A report on how people who seek their spiritual path and the meaning of life become victims of false authorities. When they become dangerously addicted, they lose control of their lives and give responsibility to third parties for it. The report, using the example of the work of F. M. Dostoyevsky «Село Степанчикова и его обитатели», discusses ways of manipulating behavior. As well as "living" examples of the subjection of people to the will of "authority" in a situation associated with COVID-19.

11.35 – 11.45 **AN EXISTENTIAL ANALYSIS OF THE RELIGIOUS RESOURCES TO MAINTAIN PSYCHOLOGICAL WELL-BEING AND FULFILLMENT DURING A PANDEMIC**

***Klimochkina Anastasia*** *– visiting Scholar in Faculty of Social Sciences of National Research University Higher School of Economics, member of the Association of Existential Analytical Psychologists and Psychotherapists. Russia, Moscow.*

Although it seems that the psychological resources that religiosity can offer are available only to truly religious people, in some situations a person being indifferent to religion also refers to these resources. The report presents the results of studies on the relationship of religiosity, psychological well-being and existential fulfillment in different religious groups.

11.45 – 11.55 **WHAT THE WORLD HISTORY CAN REALLY TEACH US: the civilizations’ rise and fall patterns in the writings of theBritish historian Arnold J. Toynbee as a way to review our client’s problems**

***Borodulin Vladislav*** *– linguist and interpreter (Far Eastern State University), Master of Management (Willamette University), graduate of the International Institute for Existential Counseling (MIEK), member of the Russian delegation to the World Congress of Existential Therapy (Buenos Aires 2019).*

The paper will review criteria for civilizations’ development such as Challenge-and-Response, Transfer of the Action Field, Departure-and-Return. The paper will discuss relevance of these concepts for understanding a client’s life path and his/her difficulties.

11.55 – 12.10 **Questions and answers**

12.10 – 12.20 **QUARANTINE AS A LACMUS PAPER FOR ALCOHOLIC DEPENDENCE. DIFFICULTIES OF ACCEPTING THE FIRST STEP OF THE 12-STEP PROGRAM. REFLECTING THE EXISTENTIAL CONSULTANT**

***Lomova Svetlana*** *– Master of Psychology, practicing psychologist, graduate student at the International Institute for Existential Counseling, associate member of FETE, full member of the Ukrainian Association of Existential Counseling and Psychotherapists, associate member of the Ukrainian Community of Psychotherapists, member Al-Anon, Ukraine, Kiev.*

The report examines the world-famous 12-Steps rehabilitation program in an existential context. The causes of exacerbation of alcohol dependence in a pandemic during quarantine self-isolation are considered. The main ideas of the 12-Steps program are examined from the point of view of an existential consultant. An example is given of the key problems that are dealt with in a co-dependent way of working on the program, as well as the difficulty of taking the first step, without which rehabilitation is impossible.

12.20 – 12.30 **INVISIBLE PANDEMIC**

***Smyshlyaeva Irina*** *– psychotherapist of addictive behavior, Member of the European Federation of Existential Therapists, member of the " National Association of existential counseling and therapy".*

The report examines the impact of isolation caused by the coronavirus pandemic as a metaphor for discovering the hidden processes of the addiction pandemic in a person's life. The invisible influence of world challenges in the context of habitual strategies of disease denial. Hidden unmanifested statistics of mortality and life, like an invisible social pandemic. Awareness as the beginning of the path to recovery.

12.30 – 12.40 **DEPENDENCE AS A WAY OF LIFE DURING A PANDEMIC**

***Bodrov Danila*** *– Advisory psychologist, master of psychology, student of the international institute of existential counseling, head of the center for psychological assistance to people with addictive behavior. Clean day.*

The report considers the dependent lifestyle during the pandemic as a way to preserve yourself and your usual way of life.

12.40 – 12.50 **SPACE AS A MEANS TO FIGHT FEAR**

***Pastukhova Ekaterina*** *– existential analyst, family therapist, Montessori teacher, member Of the Association of Existential Analytical Psychologists and Psychotherapists. Moscow, Russia.*

Family in isolation or how space provides support for the family.

When life creates circumstances that you cannot change, you are left with what you have: your family, your home, your feelings and business you are to do. In my presentation, I would like to tell you how space can become a tool to fight fear and bring family together.

When we are scared, we feel the pressure of angst, a kind of contraction. It seems that we are trapped. However, if we have at least some space, we have freedom to use it for our private lives, for our relatives. Thus, the topic of our small lecture is "Ways and purposes of using space in the isolation period".

12.50 – 13.00 **THE BOTOMLESS HOUSE. QUARANTINE MUSINGS**

***Kasianchuk Lidiia*** *– psychologist, mental health technical leading specialist at the branch office "Medicos del Mundo" in Ukraine, associate member of FETE (Federation for Existential Therapy in Europe), full member of UAECT (Ukrainian Association of Existential Counseling and Therapy). Kyiv, Ukraine.*

The report examines existential issues raised by global self-isolation in front of mass encounter with sudden death. Quarantine as a test for existence and as a possibility for being.

13.00 – 13.15 **Questions and answers**

**LECTURE-INTERVIEW**

**Aleksander Alexeichik**

**«PSYCHOTERAPY ON-LINE. POSSIBILITIES AND LIMITATIONS»**

**29th of June 2020, 13.15 - 14.15, WEBINAR ROOM 3**

**Languages: Russian**

***Aleksander Alexeichik (Lithuania)*** *– Honorary Doctor of Lithuania, Chief of the Department of Borderline Disorders of the Vilnius Mental Health Centre.*

**Interviewers:** S. Yesselson (Russia), A. Lelyk (Ukraine)

Our Psychotherapeutic Department was the first psychotherapeutic department in a psychoneurological hospital in the Soviet Union (at the time it was called Republican Psychoneurological Hospital, nowadays it is called Vilnius Centre of Psychological Health. Over the past 30 years the department has welcomed more than 10000 patients.

This year, due to the lockdown caused by the COVID19 pandemic, the department was closed and work with patients was carried out online. For the past 42 years there took place the All-Union (and later the International) Psychotherapy and Clinical Psychology Seminar, founded in this hospital. This year we carried out the 43th seminar online for the first time.

I’ve been involved in medicine for almost 60 years and I am used to the idea that everything new has to pass clinical tests before coming into practice, and these tests often take years. And only after this the new medical method or the new medicine gains integrity - indications, contraindications, dosage, methods and warnings of careful usage are clarified. But first impressions are always important. They give a focus to further research and direction of thought.

In this lecture there will be presented thoughts about online psychotherapy of a person who tried it for the first time in April 2020.

**Symposium**

**«EXISTENTIAL THERAPY»**

**(continued)**

**29th of June 2020, 14.15 - 20.00, WEBINAR ROOM 3**

**Languages: Russian**

14.15 – 14.25 **THE COVID HAPPINESS**

***Lubkova Natalia*** *(France)*

14.25 – 14.35

**QUARANTINE AS A TOOL FOR DEVELOPMENT**

***Donatas Budrikas Aleksandro*** *– Assistant of psychotherapist and psychologist, Vilnius Mental Health Center. Lithuania, Vilnius.*

The report examines the view of the problem of psychological health during self-isolation from the point of view of personal development.

14.35 – 14.45 **HOW DO I HIDE FROM LOVE? MEETING WITH YOURSELF THROUGH THE MEETING OF T. WILLIAMS "TRAMPLED PETUNIAS" (EXISTENTIAL THEATER OF THE TIMES OF SELF-ISOLATION)**

***Druzhinina******Natalia*** *– senior lecturer at the Department of psychology and pedagogy of the Astrakhan state medical University. Russia, Astrakhan.*

***Spiridonova Elena*** *– teacher-psychologist of GSKU AO "CPD" Snail ", listener MIEC, supervisory member of the NPL. Russia, Astrakhan.*

The report examines the possibilities of using existential theater in the context of a pandemic. Definitions of concepts are given:

14.45 – 14.55 **DIFFICULTIES THAT ARISE WHEN SWITCHING TO A REMOTE FORM IN THE MODE OF SELF-ISOLATION, IN PROVIDING PSYCHOLOGICAL ASSISTANCE TO TEENAGERS WITH SUICIDAL TENDENCIES**

***Zhukova Elena*** *– psychologist, specialist of Emergency and extended care For students in crisis, with suicidal tendencies, existential consultant, Chairman of the Ethical Committee of the NGO "National Association of existential counseling and therapy".*

The report examines the difficulties that arise in remote psychological and pedagogical support of adolescents with suicidal risk. The options of possible ways of resolution by including them in the work are discussed.

14.55 – 15.05 **PSYCHOLOGICAL ASSISTANCE TO UNDERAGE CLIENTS WHO HAVE EXPERIENCED EXACERBATIONS OF MENTAL ILLNESS OF LOVED ONES DURING A PANDEMIC - 19**

***Tsvetkova Svetlana*** *– Associate member of the Federation of Existential Therapies in Europe (FETE), advisory member of the NRA, full member of the NOECT, existential psychologist.*

The report is dedicated to minors who are faced with parental mental disorder, and left alone with the incident. And also possible ways of coping with the situation.

15.05 – 15.20 **Questions and answers**

15.20 – 15.30 **EXPERIENCING THE PROCESS OF PSYCHOTHERAPY ONLINE: TIME AND FREEDOM**

***Pyshinska Inna*** *(Russia)*

15.30 – 15.4**0 FEAR, ANXIETY, PANICS. EXISTENTIAL COUNSELLING BY A.ELLIS METHOD**

***Elena Romek*** *– Doktor Nauk, Professor of SFedU, author of more than 70 works on p*

*history and theory of psychotherapy, Albert Ellis Institute scholarship holder (New York, 2006), REBT consultant, presenter of the REBT training program, author and presenter of the training program “Existential counseling by A. Ellis method”, a speaker of the Association of Cognitive Behavioral Therapy of Russia.*

15.40 – 15.50 **ROBINSONADE AND ODYSSEY AS A WAY TO FIND A PERSONAL LIFE PHILOSOPHY (THINKING ABOUT THE EXPERIENCE OF EXISTENTIAL GROUPS BEFORE AND AFTER A PANDEMIC)**

***Natalia Matveeva*** *– head of the Moscow branch of MIIK, member of the Board of the National Association of Existential Consultants, psychologist, existential consultant, Russia, Moscow.*

*The report discusses therapeutic groups as a way to find a personal life philosophy and reflects on the experience of the existential groups of Robinsonade and Odyssey in offline and online formats before and after a pandemic.*

15.50 – 16-00 **TO BE OR NOT TO BE A MOM? THAT IS THE QUESTION (QUARANTINE REFLECTIONS OF AN EXISTENTIAL CONSULTANT)**

***Martiusheva Victoria*** *(Russia)*

16.00 – 16.10 **JAPANESE POETRY AND СOVID-19**

***Khovanskii Vladimir*** *– Psychologist. A practicing existential consultant. Full member of the OPPL. Member of the ethics Committee of the national Association of existential counselors and therapists.*

Art has always helped people Express and live different experiences, discover something new in the everyday, expand their views, tastes and, in the end, just feel life. This report is about how Japanese poetry can help people survive difficult periods of life (including self-isolation during the COVID - 19 pandemic) and notice the beauty of the world around them in the most ordinary things. Why Japanese poetry? Because it allows you to see beauty in what is not perfect, not eternal and not finished, i.e. in almost everything that surrounds us. And three-line poems in the style of "haiku", due to their simplicity, allow anyone to feel like a poet and look at life poetically.

16.10 – 16-25 **Questions and answers**

16.25 – 16.35 **A FAMILY WITH A CHILD WITH A DISABILITY DURING THE PANDEMIC**

***Morozova Julia*** *(Russia)*

16.35 – 16.45 **REFLECTIONS OF A PSYCHOLOGIST - PLAY THERAPIST ON THE TOPIC: "PARENTS AND CHILDREN OF THE 21ST CENTURY: TO PLAY OR NOT TO PLAY - THAT'S THE QUESTION"**

***Tarakanova (Smolya) Svetlana*** *(Russia)*

16.45 – 16.55 **KIDS IN THE CAGE. FAMILY ON SELF-ISOLATION (REFLECTIONS ON THE LIFE OF MIEK MOM'S CLUB MEMBERS AND THEIR CHILDREN UNDER THE NEW REALITY OF QUARANTINE)**

***Kaminskaya Elena*** *(Ukraine)*

16.55 – 17.05 **NOT-UNDER-STANDARDS THE CHILD AND HIS PARENTS. DIFFICULTIES IN THE LIFE OF A CHILD WITH BIRTH INJURY**

***Kotlyarova Elena*** *– M.Psy, Member of the Federation for Existential Therapy in Europe, Advisory Member of the All-Russian Professional Psychotherapeutic League, Chairman of the Board of the Interregional Public Organization "National Association for Existential Counseling and Therapy", Student of the International Institute for Existential Counseling and Postgraduate Student in the direction of preparation "Theory and History of Culture", philosophical sciences. Russia, Rostov-on-Don.*

The report examines the existential approach in the study of the lives of children with birth injuries through the prism of four dimensions of being. The application of standards and patterns in relation to the child in the family and the difficulties that arise in connection with this in children who are not suitable for family standards are discussed.

17.05 – 17.15 **MEETING WITH LIMITIONS. SPECULATIONS DURING QUARANTINE ABOUT LIFE OF DISABLED CHILDREN**

***Natalia Telonitskaya*** *– graduate of MIEK, psychologist at the center for distance education of disabled children in Rostov-on-don, a practicing existential consultant, and a full member of the OPPL.*

The report examines the experiences associated with the topic of restrictions in quarantine, the features of these experiences in children with disabilities and people who do not have this status.

17.15 – 17.30 **Questions and answers**

17.30 – 17.40 **COVID-19 and the blurry borders**

***Baryshnikova Anna*** *– psychologist, mediator, trainer, member of the board of the Ukrainian Academy of Mediation, graduate of the International Institute for Existential Consulting, member of the Ukrainian Association of Existential Consulting, Odessa, Ukraine.*

The report addresses the challenges of violating and blurring the personal boundaries in the context of quarantine during the Covid-19 pandemic.

17.40 – 17.50 **Diagnosis and life. A look through the coronavirus pandemic**

***Konovalova Anna*** *(Russia)*

17.50 – 18.00 **FOR ONE IT IS A SELF-ISOLATION, BUT FOR ANOTHER IT IS A “BELOVED MOTHER”**

***Tolmachova Olga*** *– psychologist, a full member of the Ukrainian Association of Existential Counseling and Therapy, the French Association of Existential Psychology. France Paris.*

In a brief presentation, the thoughts of an existential therapist during the quarantine period are given.

18.00 – 18.10 **ZOOM AND DIRECT COUNSELING (Thoughts of existential consultant *during the COVID-19 guaranties period about the perspectives of existential development)***

***Nikolaienko Tatyana*** *(Ukraine)*

18.10 – 18.20 The charity of psychologist and the transition in the on-line era

Andrushchenko Vladyslava (Ukraine)

18.20 – 18.35 **Questions and answers**

18.35 – 18.45 **CHILDREN AND LANGUAGE. EXPERIENCE INOCULATING LOVE FOR LEARNING A LANGUAGE**

***Robustelli Viktoria*** *(Italy)*

18.45 – 18.55 **AN EXISTENTIAL ENCOUNTER WITH YOUR HOME IN SELF-ISOLATION AND HOW TO BREAK THE DEADLOCK OF DISORDER IN YOUR HOME AND LIFE**

***Patlan Nataliya*** *– Existential Consultant, Member of the Board of the NGO National Association of Existential Consultants and Therapists (NOECT), Deputy Chief Editor of the journal «Existential Tradition: Philosophy, Psychology, Psychotherapy», Rostov-on-Don, Russia.*

The report examines how the conditions of self-isolation affect the consumer. About the opportunities offered by meeting with the mess in your home and life. What do our things say? How do you master the things that have possessed you?

18.55 – 19.05 **ME BEING AN INCONVENIENCE. REFLECTIONS DURING THE QUARANTINE**

***Malysheva Kristina*** *(Ukraine)*

19.05 – 19.15 **"NEW" IN THE CREATIVITY AND WORK OF A PSYCHOTHERAPIST - AS SELF-DEVELOPMENT AND SELF-REALIZATION DURING A PANDEMIC**

***Lukashevska Larysа*** *(Ukraine)*

19.15 – 19.25 **PSYCHOTHERAPY PRACTICES IN THE TAOIST CULTURE OF CHINA**

***Dmitri Ometsinsky****. Sevastopol, Russia.*

Psychotherapy is a relatively new type of activity that has developed within the modern Western civilization. However as a practical activity, it often goes beyond Western philosophical and scientific concepts. Many psychotherapy practices are rooted in the cultures and philosophical traditions of the East. The author examines the Taoist tradition he has practiced for more than 10 years. Despite that social formats, a place in culture and basic ideas about life, the world and a human being are completely different from psychotherapy, in some aspects Taoist practice and psychotherapy are consonant. Perhaps it is practical work with a person in the context of psychotherapy that will become a platform for dialogue between Western and Taoist cultures.

19.25 – 19.40 **Questions and answers**

19.40 – 20.00 **Closing**

**WEBINAR ROOM 4**

**Conference**

**«PAIN PSYCHOTHERAPY»**

**29th of June 2020, 12.00 - 19.30, WEBINAR ROOM 4**

**Languages: Russian**

**CHAIRPERSON: Zlata Polozhaya (Moscow, Russia).**

**CO-CHAIRMEN: Alexey Danilov (Moscow, Russia), Ilgiz Timerbulatov (Russia, Ufa).**

The scientific-practical conference presents the possibilities of working with psychotherapy in the field of pain. The conference is aimed at professionals working with patients with pain. Participants will receive practical information from leading experts in the field of psychotherapy, neurology and psychology. The first part of the conference will discuss the mechanisms of pain, as well as the relationship of pain and mental disorders. In the second part of the conference, the methods of psychotherapy in working with pain are considered. Including issues of self-regulation, stress and pain management, mobilization of the internal opioid system, work with psychogenic pain, and others. The possibilities of psychotherapy in working with pain physicians in the following areas will be presented in more detail: cognitive-behavioral psychotherapy, psychosomatic psychotherapy, kinesiological psychotherapy, hypnosis, psychosynthesis, psychocatalysis, transpersonal psychotherapy, art therapy, breathing practices and others.

**OPENING SPEECHES**

**Victor Makarov** – doctor of medical sciences, MD, professor, President of the All-Russian Professional Psychotherapeutic League and the National Self-Regulating Organization «Union of Psychotherapists and Psychologists», President elect of the Asian Federation of Psychotherapy, Vice-President of the World Council for Psychotherapy, President of the IX World Congress for Psychotherapy, Head of the Department of Psychotherapy and Sexology of the Russian Medical Academy of Continuous Professional Education. President of the IX World Congress for Psychotherapy. Russia, Moscow.

**Aleksey Danilov** – MD, PhD, Professor, Director of the Institute of Interdisciplinary Medicine, Head of the Department of Nervous Diseases at Sechenov University, founder of manage pain. Russia, Moscow

**PART 1**

**PAIN PSYCHOTHERAPY**

***Zlata Polozhaya*** *– MD, PhD, Head of the Department of Psychotherapy at the Institute of Interdisciplinary Medicine, psychiatrist, psychotherapist, hypnotherapist, group psychotherapist, curator of the direction of Pain Psychotherapy in the All-Russian Professional Psychotherapeutic League, Deputy Chairman of the Scientific Council for Psychotherapy of the National Association for the Development of Psychotherapeutic and Psychological Science and Practice, official representative of the Central Council of the All-Russian Psychotherapeutic League in Italy, member of WIP (World Institute of Pain). Russia, Moscow.*

**PSYCHOTHERAPY OF PAIN – THE FUNDAMENTAL ELEMENT IN PAIN CONTROL**

***Aleksey Danilov*** *– MD, PhD, Professor, Director of the Institute of Interdisciplinary Medicine, Head of the Department of Nervous Diseases at Sechenov University. Russia, Moscow.*

**PAIN SYNDROME IN MENTAL DISORDERS: A MODERN VIEW OF THE PROBLEM**

***Ilgiz Timerbulatov*** *– DMedSci, Professor, head of the department of psychotherapy at the Bashkir State Medical University, head physician of the Republican Clinical Psychotherapy Center, chief psychotherapist of the Ministry of Health of the Republic of Bashkortostan, vice president of the All-Russian Professional Psychotherapeutic League for the Volga Federal District. Russia, Ufa.*

***LOOKING INTO ONE BOOK, BUT READING DIFFEENT PAGES*: NEUROLOGIST AND PSYCHOTHERAPIST. THE NEED FOR CONSENSUS**

***Eduard Yakupov*** *– MD, PhD, Professor, Head of the Department of Neurology Neurosurgery and Medical Genetics of Kazan State Medical University, Head of the Neuroclinic and the Educational Center Your Health. Russia, Kazan.*

**NEUROMODULATION IN TREATMENT OF COMPLEX HEAD AND FACIAL PAIN**

***Emil Isagulyan*** *– MD, PhD, President of the National Association of Neuromodulation in the Russian Federation, the section of the International Neuromodulation Association INS (International Neuromodulation Society). Vice-President of the Association of Interventional Pain Management in the Russian Federation (AILB). Neurosurgeon-algologist (specialist in minimally invasive and surgical treatment of chronic pain syndromes). Expert in the surgical treatment of pain. Chief expert on neuromodulation of pain in the Russian Federation. Senior Researcher of Functional Neurosurgery, Institute of Neurosurgery Academician N. Burdenko of the Russian Academy of the Medical Sciences. Russia, Moscow.*

**PATHOGENESIS OF PAIN IN PSYCHOTHERAPY**

***Rustem Akhmadeev*** *– DBioSci, Professor, Head of the Laboratory of Neurophysiology of the Republican Clinical Psychotherapeutic Center. Russia, Ufa.*

**SPECIFICITY OF CHRONIC PAIN**

***Regina Khalfina*** *– DBioSci, Professor, Head of the Department of Psychological Support and Clinical Psychology of the Bashkir State Medical University, Medical Psychologist at the Republican Clinical Psychotherapy Center. Russia, Ufa.*

**PAIN AS A SOCIAL FACTOR**

***Irina Khokh*** *– PhD, head of the department of psychological support and prevention with a helpline of the Republican Clinical Psychotherapy Center, chief freelance specialist in medical psychology of the Ministry of Health of the Republic of Bashkortostan. Russia, Ufa.*

**PAIN AS A PREDICTOR OF AGGRESSION: A NEUROBIOLOGICAL VIEW**

***Azat Asadullin*** *– MD, PhD, Associate Professor, Senior Researcher, Department of Treatment of Patients with Alcoholism, NICC PN them. V.M. Ankylosing spondylitis, professor of the Department of Psychiatry and Narcology with a course IDPO FSBEI HE BSMU of the Ministry of Health of Russia. Head physician of the Republican Narcological Dispensary No. 2. Russia, Sterlitamak.*

***Vladimir Yuldashev*** *– MD, PhD, Professor, Head of the Department of Psychiatry and Narcology with a course IDPO FSBEI HE BSMU of the Ministry of Health of Russia.*

***Elvina Akhmetova*** *– MD, Researcher at the Department for the Treatment of Patients with Alcoholism, NICC PN named after V.M. Ankylosing spondylitis, associate professor of the Department of Psychiatry and Narcology with a course IDPO FSBEI HE BSMU of the Ministry of Health of Russia.*

***Ilya Efremov*** *– President of the Department of Psychiatry and Narcology with a course IDPO FSBEI HE BSMU of the Ministry of Health of Russia.*

**COMBORIDITY OF PAIN SYNDROME AND DEPRESSION**

***Kirill Gavryushin*** *– Head of the Psychotherapeutic Department No. 1, psychotherapist, psychiatrist of the Republican Clinical Psychotherapeutic Center. Russia, Ufa.*

**PAIN IN PATIENTS WITH SCHIZOPHRENIA**

***Zamira Mingafarova*** *– Head of the Psychotherapeutic Department No. 5, psychiatrist, psychotherapist of the Republican Clinical Psychotherapeutic Center, Excellent health worker of the Republic of Bashkortostan. Russia, Ufa.*

**AUTISM AND PAIN**

***Elena Yevtushenko*** *– Head of the organizational and methodological department of the Republican Clinical Psychotherapy Center, organizer of the highest category healthcare, psychiatrist of the highest qualification category, Honored Doctor of the Republic of Bashkortostan, Excellent health worker of the Republic of Bashkortostan. Russia, Ufa.*

***Tatyana Klikh*** *– psychiatrist, psychotherapist of the Republican Clinical Psychotherapeutic Center. Russia, Ufa.*

**PAIN IN THE STRUCTURE OF SOMATOFORM DISORDERS FROM POSITION**

**OF CLINICAL PSYCHIATRY AND PSYCHOSOMATICS (ON THE MODEL OF PSYCHODERMATOLOGICAL AND PSYCHOUROLOGICAL SYNDROMES)**

***Igor Dorozhenok*** *– MD, PhD, Associate professor, psychiatrist, psychotherapist, member of the European Society of Dermatologists and Psychiatrists (ESDaP). Russia, Moscow.*

**PSYCHOGENIC PAIN WITH CHRONIC PAIN SYNDROME**

***Galina*** *Minaeva – neuropsychiatrist, psychotherapist of the psychiatric research group of the National Research Center for Neurosurgery named after Academician N. Burdenko. Russia, Moscow.*

**PAIN AND STRESS DISORDERS**

***Olesya Bryukhanova*** *– neurologist, algologist. Russia, Moscow.*

**BIOPSYCHOSOCIAL PAIN MODEL**

***Ekaterina Abramova*** *– neurologist, Head of the Pain clinic. Russia, Moscow.*

***Anton Loboda*** *– Anesthetist and resuscitator, general practitioner, curator of the Chronic Pain Patients Union, member of the Board of Experts of the Interdisciplinary Medicine Association, Head of the Pain Treatment Clinic at the European Medical Center in Moscow. Russia, Moscow.*

**PART 2**

**POLYMODAL PSYCHOTHERAPY OF PAIN SYNDROME OF SEVERE DISEASES**

***Alexander Katkov*** *– MD, PhD, Professor, Head of the International Institute of Social Psychotherapy St. Petersburg, full member and Vice-President in All-Russia Psychotherapeutic League, official teacher and supervisor of the practice in All-Russia Psychotherapeutic League, Chairman of the Committee on Legislative Initiatives and the Committee for the Science, psychotherapist of the Unified Register of Professional Psychotherapists of Europe, official consultant and expert of the UPNOON on drug addiction (epidemiology, prevention, psychotherapy, rehabilitation) in Central Asia. Russia, Saint-Petersburg.*

**MODERN APPROACHES TO COGNITIVE-BEHAVIORAL THERAPY OF PAIN - PRACTICES OF AWARENESS (MINDFULNESS) AND ACCEPTANCE**

***Dmitry Kovpak*** *– member of the European Association for Behavioural and Cognitive Therapies (EABCT), member of the International Association for Cognitive Psychotherapy (IACP), IACP board member, member of the European Association of Behavioural and Cognitive Therapy (EABCT), associate professor Department of psychotherapy, medical psychology and sexology North-West Medical State University named after I. I. Mechnikov (Saint-Petersburg, Russia), Vice President of the Russian Psychotherapeutic Association, President of the Association for Cognitive and Behavioral Psychotherapy (Saint-Petersburg, Russia), member of the Beck Institute Advisory Committee, Official Ambassador of St. Petersburg (Russia).*

**COGNITIVE BEHAVIORAL PSYCHOTHERAPY OF CHRONIC PAIN: A TRADITIONAL APPROACH**

***Elena Korabelnikova*** *– President of ROIS. MD, PhD, Professor, Department of Nervous Diseases, Institute of Professional Education, GBOU VPO Moscow State Medical University named after Ivan Sechenov. Neurologist, psychotherapist, somnologist. Member of the Professional Psychotherapeutic League, the All-Russian Society of Somnologists, the National Society of Specialists in Baby Sleep and the International Association for the Study of Dreams. Russia, Moscow.*

**PAIN THERAPY DELIVERED REMOTELY**

***Maxim Guliev*** *– Head of the Department of Internal Quality Control and Safety of Medical activity, psychotherapist of the first qualification category of the Republican Clinical Psychotherapeutic Center. Russia, Ufa.*

**WORK WITH PAIN IN HOLOTROPIC THERAPY**

***Vladimir Maikov*** *– Ph. D., senior researcher Institute of Philosophy RAS, Head of the Department of Transpersonal Psychology, Moscow Institute of Psychoanalysis, President of the Association of Transpersonal Psychology and Psychotherapy, Member of the Presidium of EUROTAS, editor-in-chief of the series Texts of Transpersonal Psychology, founder of the Holotropic Breathwork in Russia, certified specialist in process work, certified psychotherapist of the World Psychotherapy Council, European Association of Psychotherapy and European Transpersonal Association. Russia, Moscow.*

**THE METHOD OF PSYCHOPROPHYLAXIS OF LABOR PAIN IN THE HISTORY OF HYPNOTHERAPY**

***Sergey Bolsun*** *– Clinical Psychologist, Hypnotherapist, Deputy Director of the Research Institute of Clinical Hypnosis. Russia, Moscow.*

**METHODS OF PSYCHOTHERAPY OF PAIN IN CHILDBIRTH**

***Roman Zakharov*** *– psychiatrist, psychotherapist, MD, PhD, Assistant of the Department of Psychotherapy, Medical Psychology and Sexogy of the Russian Academy of Medical Sciences. Russia, Moscow.*

**HYPNOSIS TECHNIQUES IN WORK WITH PAIN PATIENTS. FOCUS TECHNIQUE.**

***Ildar Safarov*** *– Ph. D., International Institute for Activation of Consciousness.*

**HYPNOTHERAPY AS A METHOD OF INFLUENCE ON THE PHYSIOLOGICAL PROCESSES OF THE ORGANISM CONTROLLED BY A VEGETATIVE NERVOUS SYSTEM**

***Andrey Artamoshkin*** *– neurologist, International Institute for Activation of Consciousness. Russia, Moscow.*

**WORKING WITH PAIN PATIENTS BY ART METHODS (ACCEPTANCE AND RESPONSIBILITY THERAPY) AND CAT (CONSCIOUSNESS ACTIVATION TECHNIQUES)**

***Alexander Zavodov*** *– psychologist, Research Institute of Clinical Hypnosis. Russia, Sochi.*

**MEDITATIVE TECHNIQUES IN WORK WITH PAIN**

***Sergey Klyuchnikov*** *– PhD in Philosophy Studies, practical psychologist-consultant, Head of the section Psychosynthesis: Classic and Eastern Versions, full member and teacher of the PPL, author of the Modality Eastern Version of Psychosynthesis. Russia, Moscow.*

**PSYCHOTHERAPY OF PAIN BY MEANS OF PSYCHOTHERAPEUTIC KINESIOLOGY**

***Irina Chobanu*** *– psychotherapist, MD, PhD, psychotherapist of the Unified Register of Professional Psychotherapists of Europe, psychotherapist of the World Register. Russia, Moscow.*

**SPASM AND PAIN: METHODS FOR THEIR ALLEVIATION BY THE PSYCHO-CATALYSIS METHOD**

***Andrey Ermoshin*** *– MD, PhD, psychotherapist of the highest category, official teacher and international level supervisor of practice, member of the PPL Modality Committee, Head of the Psychocatalysis modality, psychotherapist of the Unified Register of Professional Psychotherapists of Europe Russia, Moscow.*

**WORK WITH PAIN SYNDROME IN ONCOPSYCHOSOMATICS**

***Aleksander Brazhnikov*** *– MD, PhD, St. Petersburg Psychosomatic Medical Institute, President of the Association for the Implementation of Psychosomatic Medicine Methods in the State and Nongovernmental Healthcare System National Interregional Psychosomatic Medicine Service, President of the Endowment fund for Introducing Methods of psychosomatic medicine into the state and nongovernmental healthcare system Good People, President of Oncopsychosomatic Therapeutic Community Resurrection, oncopsychotherapist, psychiatrist, physician-organizer of health care. Russia, Saint-Petersburg.*

**THERAPEUTIC TAPING OF MUSCLE BLOCKS IN BODY-ORIENTED THERAPY OF PAIN**

***Fidel Subbotin*** *– MD, PhD, Academician of the Academy of Medical Sciences, member of the Professors' meeting of Russia, Professor of RAE, Doctor of Science, Ph.D., President of the International Association of Therapeutic Taping. Russia, Moscow.*

**DESENSIBILIZATION TO PAIN THROUGH MANUAL, ELECTRICAL AND PSYCHOLOGICAL INFLUENCES**

***Anton Epifanov*** *– neurologist, Head of the clinic Tkacheva Epifanova.*

***Alexander Tkachev*** *– neurologist, Head of the clinic Tkacheva Epifanova.*

**PSYCHOLOGY OF BENEFICIAL REHABILITATION AFTER INJURY: WORK WITH PAIN PATIENTS**

***Konstantin Bochaver*** *– Ph.D., Sports Psychologist, Researcher, Association of Interdisciplinary Medicine. Russia, Moscow.*

**PSYCHOLOGICAL FEEDBACK OF PATIENTS IN INTERVENTIONAL TREATMENT OF VERTEBROGENIC AND JOINT CHRONIC PAIN**

***Valery Nagorny*** *– neurologist, neurosurgeon, ОАО Medicine. Russia, Moscow.*

**ENTOGENES IN WORK WITH PAIN SYNDROME**

**Mars Sary** – psychotherapist, psychiatrist-narcologist, Head of the Clinic for Professional Narcology and Psychotherapy *AlcoSTOP,* Head of the harmonious development studio INTEGRO, member of the Presidium of the Russian Association of Transpersonal Psychology and Psychotherapy, full member of the All-Russian Professional Psychotherapeutic League. Russia, Kazan.

**WORK WITH PAIN IN PSYCHOANALYSIS**

***Galina Minaeva*** *– neuropsychiatrist, psychotherapist of the psychiatric research group of the National Research Center for Neurosurgery named after Academician N. Burdenko. Russia, Moscow.*

**COLOR THERAPY AS A NON-MEDICINAL METHOD OF PAIN CORRECTION**

***Maria Guseva*** *– MD, PhD, Professor, Department of Neurology and Neurosurgery, Faculty of Medicine, Pirogov Russian National Research Medical University, Head of the Department of Art Therapy and Color Therapy, professional artist, member of the American Association of Art Therapists, member of the Creative Union of Artists of Russia. Russia, Moscow.*

**WORK WITH PAIN IN SPIRITUAL PRACTICES**

***Vitaliy Farinovich*** *– clinical psychologist at the Moscow Scientific and Practical Center for Narcology of the Moscow Department of Health, an employee of the Pontifical Gregorian University. Russia, Moscow.*

**WEBINAR ROOM 5**

**Symposium**

**«POSITIVE DYNAMIC PSYCHOTHERAPY»**

**29th of June 2020, 10.00 - 19.00, WEBINAR ROOM 5**

**Languages: Russian, English**

**CHAIRPERSON: Vladimir Slabinsky (St. Petersburg, Russia).**

**CO-CHAIRMEN: Nadezhda Voishcheva (St. Petersburg, Russia), Ilya Petrovich Peyev (Varna, Bulgaria).**

**Chairman** – Vladimir Yuryevich Slabinsky, Ph.D., the author of the method of positive dynamic psychotherapy, associate professor of St. Petersburg State University, rector, professor, head of the department of psychotherapy and clinical psychology of ANCO FVE (Autonomous Noncommercial Organization for Further Vocational Education) "St. Petersburg School of Psychotherapy and Psychology of Relations", President of the International Association “Positive Dynamic Psychotherapy”, acting Vice President of SRO National Association "Union of Psychotherapists and Psychologists", acting Chairman of the Committee on Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League, Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019). Saint-Petersburg, Russia.

**Co-chairman** – Nadezhda Mikhailovna Voishcheva, candidate of psychological sciences, supervisor and master trainer in the method of positive dynamic psychotherapy, vice-rector for scientific work and strategic development, professor, head of the department of labor psychology and health at ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", Vice President, Chairman of the Ethics Committee of the International Association "Positive Dynamic Psychotherapy", member of the Committee for the Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League. Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019), laureate of the medal "Star of A.F. Lazursky in the 1st degree" (2015, 2018), winner of the national competition of young scientists in the field of medical (clinical) Psychology " The Silver Chiron" (2018). St. Petersburg, Russia.

**Co-Chairman** – Ilya Petrovich Peyev, Doctor of Psychology, professor, retired first-rank captain, head of the representative office of the International Association for Positive Dynamic Psychotherapy, professor emeritus, member of the Academic Council of the ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations". Varna, Bulgaria.

**POSITIVE DYNAMIC PSYCHOTHERAPY - YESTERDAY, TODAY, TOMORROW**

***Vladimir Slabinsky*** – *Ph.D., the author of the method of positive dynamic psychotherapy, associate professor of St. Petersburg State University, rector, professor, head of the department of psychotherapy and clinical psychology of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", President of the International Association “Positive Dynamic Psychotherapy”, acting Vice President of SRO National Association "Union of Psychotherapists and Psychologists", acting Chairman of the Committee on Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League, Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019). Russia, Saint-Petersburg.*

The report examines the history, current status and development prospects of the method of positive dynamic psychotherapy. The experience of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations" in the organization of the training system for positive dynamic psychotherapists. The role of the International Association "Positive Dynamic Psychotherapy" in the formation of the professional community.

**SCIENTIFIC RESEARCH IN POSITIVE DYNAMIC PSYCHOTHERAPY**

***Nadezhda Voishcheva*** – *candidate of psychological sciences, supervisor and master trainer in the method of positive dynamic psychotherapy, vice-rector for scientific work and strategic development, professor, head of the department of labor psychology and health of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", Vice President, Chairman of the Ethics Committee of the International Association "Positive Dynamic Psychotherapy", member of the Committee for the Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League. Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019), laureate of the medal "Star of A.F. Lazursky in the 1st degree" (2015, 2018), winner of the national competition of young scientists in the field of medical (clinical) Psychology " The Silver Chiron" (2018) . Russia, Saint-Petersburg.*

The report analyzes the results of essential scientific research in the field of personality psychology, coping behavior in the context of positive dynamic psychotherapy. Perspective directions of scientific research for the period of 2020-2025 are indicated.

**THE CONTRIBUTION OF POSITIVE DYNAMIC PSYCHOTHERAPISTS TO THE FIGHT AGAINST THE CONSEQUENCES OF THE COVID-19 EPIDEMIC**

***Vladimir Slabinsky*** – *Ph.D., the author of the method of positive dynamic psychotherapy, associate professor of St. Petersburg State University, rector, professor, head of the department of psychotherapy and clinical psychology of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", President of the International Association “Positive Dynamic Psychotherapy”, acting Vice President of SRO National Association "Union of Psychotherapists and Psychologists", acting Chairman of the Committee on Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League, Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019). Russia, Saint-Petersburg.*

The report examines the forms of participation and analyzes the contribution of positive dynamic psychotherapists to the fight against the consequences of the COVID-19 epidemic.

**CОVID-19 PANDEMIC AS EXISTENTIAL ANXIETY AND THE CRY OF THE SOUL FROM THE LOSS OF ALL ANCHORS CONNECTING US TO THE WORLD (INTROSPECTION INTO CORONAVIRUS BEHAVIORAL DISEASE THOUGH VISUAL ARTS AND POSITIVE DYNAMIC PSYCHOTHERAPY)**

***Ilya Peyev –*** *Doctor of Psychology, professor, retired first-rank captain, head of the representative office of the International Association for Positive Dynamic Psychotherapy, professor emeritus, member of the Academic Council of the ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations". Bulgaria, Varna.*

Based on more than 40 years of experience in studying the human behavior in extreme situations at sea, in aviation and astronautics, during wars and peacetime military situations, natural and technological disasters, social and geopolitical conflicts, the author presents his vision for the COVID-19 pandemic. Although every extreme situation is unique and inimitable in its content and characteristics, the author has found universal mechanisms and symptoms of the extreme human individual, group and mass behavior. Exactly this author's discovery of the universal in the extreme conditions, allows us to understand such a complex, completely new and unfamiliar situation caused by the coronavirus 2019-nCoV, which threw into fear and horror all the people on the planet. For the first time in the world, the author uses fine art in an unconventional way and through artistic analysis and synthesis of 100 years old paintings, reveals the opportunity to get acquainted with the most complex characteristics of human behavior in the COVID-19 pandemic. The scientific merit of the report is also the skillful introspection into coronavirus behavioral disease through Positive Psychotherapy and a transcultural approach. Thanks to the original author's research methodology we are able to understand the COVID-19 pandemic as an existential anxiety and a cry of the soul from the loss of all anchors that connect us to the world during the planetary epidemiological crisis.

**THE EXPERIENCE OF CONDUCTING AN ONLINE TRAINING TITLED “FROM DEPRESSION TO MOTIVATION” DURING THE COVID-19 PANDEMIC**

***Nadezhda Voeishcheva*** – *candidate of psychological sciences, supervisor and master trainer in the method of positive dynamic psychotherapy, vice-rector for scientific work and strategic development, professor, head of the department of labor psychology and health of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", Vice President, Chairman of the Ethics Committee of the International Association "Positive Dynamic Psychotherapy", member of the Committee for the Ethics and Protection of Professional Rights of the All-Russian Professional Psychotherapeutic League. Laureate of the national competition "The Golden Psyche" (2013, 2015, 2016, 2017, 2018, 2019), laureate of the medal "Star of A.F. Lazursky in the 1st degree" (2015, 2018), winner of the national competition of young scientists in the field of medical (clinical) Psychology " The Silver Chiron" (2018). Russia, Saint-Petersburg.*

The report discusses the main theoretical foundations of the original training of N.M. Voishcheva and V.Yu Slabinsky titled “From depression to motivation,” describes the features of the practical application of this technology in the online format with psychologists and psychotherapists who were self-isolated during the COVID-19 pandemic.

**EXPERIENCE ON THE PSYCHOLOGICAL HELP HOTLINE DURING A PANDEMIC CAUSED BY THE COVID-19 VIRUS**

***Irina Egorova*** – *clinical psychologist, full member of the International Association of Positive Dynamic Psychotherapy. Russia, Moscow.*

A reflection on my experience of work in the volunteer project “Myvmeste2020”. An analysis of incoming requests received at the hotline and the methods used when working with clients. What helped me, as a psychologist, not to burn out on the first day.

**THE USE OF N.M. VOEISHCHEVA’S METHOD OF “BALANCE OF LOVE AND INTEREST” DURING THE PERIOD OF SELF-ISOLATION IN THE TIME OF THE COVID-19 PANDEMIC**

***Aleksandra Maramzina*** – *clinical psychologist, base trainer and training psychotherapist teaching the method of positive dynamic psychotherapy, head of the Moscow branch of the International Association of Positive Dynamic Psychotherapy, associate professor of the Department of labor psychology and health at ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations". Laureate of the medal "The star of A.F. Lazursky in the 3rd degree" (2018). Russia, Moscow.*

In conditions of self-isolation, many faced the need to reorganize their daily lives, redistribute their energy, put the emphasis on something different, or reconsider their priorities. Using the signature method of N.M. Voeishcheva called **“**Balance of love and interest” allowed for a more detailed investigation of these processes. The method allows you to diagnose vital activity, identify resource and depleting spheres of life, to develop an economical energy-saving and restoring strategy.

**EXPERIENCE IN CONDUCTING EDUCATIONAL PROGRAMS USING THE METHOD OF POSITIVE DYNAMIC PSYCHOTHERAPY IN THE CONDITIONS OF REMOTE LEARNING**

***Elena Tavakalova*** – *clinical psychologist, base trainer and training psychotherapist teaching the method of positive dynamic psychotherapy, head of the Far Eastern branch of the International Association of Positive Dynamic Psychotherapy, associate professor of the Department of labor psychology and health at ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations", Laureate of the medal "The star of A.F. Lazursky in the 3rd degree" (2018). Russia, Vladivostok.*

Programs of educational modules of training by the method of positive dynamic psychotherapy. Prerequisites for remote learning under the programs “Basic course of PDP” and “Positive psychodrama”. Creation of technical, moral and psychological conditions for training. Special aspects of the psychoemotional perception of the new learning conditions in students. Features of the group dynamics of educational and therapeutic online groups. Ways to achieve educational, group and personal tasks in conducting educational programs in the context of remote learning. Technical and emotional-psychological tasks of the process of completion of educational training programs: experience and planning.

**FAMILY POSITIVE DYNAMIC PSYCHOTHERAPY**

***Anna Vekoveshnikova*** – *clinical psychologist, base trainer and training psychotherapist teaching the method of positive dynamic psychotherapy, head of the Tver branch of the International Association of Positive Dynamic Psychotherapy, associate professor of the Department of labor psychology and health at ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations". Laureate of the medal "The star of A.F. Lazursky in the 2nd degree" (2018). Russia, Tver.*

The report presents the approach of the "Positive dynamic psychotherapy" method to family psychotherapy. Family is viewed through the prism of the analysis of structure, commitment and development dynamics. The report discusses practical recommendations that allow maintaining and harmonizing family relations during the period of involuntary self-isolation.

**EXPERIENCE IN CONDUCTING ONLINE MEETINGS/MASTER CLASSES AS PART OF A SOCIAL PROJECT TO HELP FAMILIES WITH CHILDREN IN CONDITIONS OF SELF-ISOLATION (COVID-19 PANDEMIC)**

***Elena Fomina*** – *clinical psychologist, head of the representative office of the International Association of Positive Dynamic Psychotherapy in Ulyanovsk, an advisory member of the All-Russian Professional Psychotherapeutic League. Russia, Ulyanovsk.*

The report discusses: specific examples of self-help training for families with children using historical and ethnographic data.

**POSITIVE DYNAMIC PSYCHOTHERAPY DURING THE COVID-19 PANDEMIC**

***Roman Belan*** – *psychiatrist, psychotherapist, clinical psychologist, training psychotherapist in the method of positive dynamic psychotherapy. Senior Lecturer at the Department of Psychotherapy and Clinical Psychology of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations." Laureate of the medal "The star of A.F. Lazursky in the 3rd degree" (2018). St-Petersburg, Russia.*

Experience of a psychotherapist (positive dynamic psychotherapist) with PTSD (COVID-19 pandemic).

**SPECIAL ASPECTS OF THE SITUATION IN A PSYCHIATRIC WARD DURING THE COVID-19 PANDEMIC**

***Anastasia Pismenskaya*** – *clinical psychologist, candidate member of the International Association of Positive Dynamic Psychotherapy. Russia, Saint-Petersburg.*

The experience of the work of a medical psychologist in a compulsory treatment unit of the general type during the COVID-19 pandemic.

**PSYCHOLOGICAL PECULIARITIES OF THE EXPERIENCE OF SELF-ISOLATION IN A HOSPITAL DURING THE COVID-19 PANDEMIC**

***Olga Voloshko*** – *teacher-psychologist of the 1st qualification category, candidate member of the International Association of Positive Dynamic Psychotherapy. Methodologist of the Department of labor psychology and health at ANCO FVE "St-Petersburg School of Psychotherapy and Psychology of Relations", member of the Committee for Ethics and Protection of Professional Rights of the PPL. Russia, Lyubertsy.*

The report discusses the special aspects of the experience of parents and children during the COVID-19 pandemic during inpatient treatment of children with cancer.

**FAMILY RELATIONS DURING THE COVID-19 EPIDEMIC**

***Irina Shmakova*** – *clinical psychologist, full member of the International Association of Positive Dynamic Psychotherapy, lecturer at the Department of Psychotherapy and Clinical Psychology of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations". Russia, Saint-Petersburg.*

The report examines the experience of developing a questionnaire and analyzes the results of a study of the characteristics of family relationships during the COVID-19 epidemic.

**PSYCHOLOGICAL FEATURES OF PROACTIVE COPING BEHAVIOR IN FIRST-YEAR STUDENTS MAJORING IN CLINICAL PSYCHOLOGY**

***Rafael Saifutdinov*** – *1st year student of the First Moscow State Medical University named after I.M. Sechenov, candidate member of the International Association of Positive Dynamic Psychotherapy. Moscow, Russia.*

*The head of the study –****Nadezhda Voishcheva****.*

The report discusses the features of attitude towards oneself, other people, and the world, as well as the perception of the time perspective affecting the severity of proactive coping behavior in first-year students majoring in Clinical Psychology.

**THE ART-THERAPEUTIC TECHNIQUE OF “HARMONY OF CONTRASTS” BY V.YU. SLABINSKY, V.E. EGOROVA, AND N.M. VOISHCHEVA IN POSITIVE DYNAMIC PSYCHOTHERAPY**

***Valentina Egorova*** – *clinical psychologist, full member of the International Association of Positive Dynamic Psychotherapy, general director of Digital Manufactures LLC. Russia, Saint-Petersburg.*

The report examines the theoretical foundations and experience of practical application of the art-therapeutic technique called “Harmony of Contrasts” in individual and group work. The technique integrates theories of color science (Goethe, Oswald Iden) and personality theory developed in positive dynamic psychotherapy by V.Yu. Slabinsky.

**HOW HAS COVID-19 CHANGED MY LIFE FOR THE BETTER**

***Natalya Poletaeva*** – *clinical psychologist. President of the charity foundation “Our World Without Borders!”, full member of the International Association of Positive Dynamic Psychotherapy. Senior Lecturer at the Department of Psychotherapy and Clinical Psychology of ANCO FVE "St. Petersburg School of Psychotherapy and Psychology of Relations". Russia, Moscow.*

The report is dedicated to the positive consequences of personal development during the COVID-19 epidemic. Fear of death allowed one to think about what is really important in life and what is completely useless!  People became closer to each other, began to show concern, got to know their loved ones better, returned to their families. The results in work have reached a new level. New life prospects were revealed. People have made new friends. Leaving the comfort zone is the basis for development.

**ALL-RUSSIAN PSYCHOLOGICAL SUPPORT ONLINE-GROUP DURING LOCKDOWN (COVID-19)**

***Ivan Popov*** *– psychologist, positive dynamic psychotherapist, full member of the International Association of Positive Dynamic Psychotherapy. Russia, Moscow.*

In the report, the experience of the weekly online - psychological support group during lockdown will be discussed. In addition, the experience of art therapy, couching, fairytale therapy, and body – focused therapy will be considered. The justification of group structure and timing has considered too. Finally, the results of the group will be discussed.