**Online Psyfest® Workshop Schedule**

**June 24 - 28, 2020**

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|  | June 24 (Wednesday) | |
| 24.06  TIME STRIP 1  10.00 - 12.15 | **Ermoshin A.F.**  **“Things in the body: efficient working out of emotional stress and trauma by the method of psychocatalysis”**  **Workshop will be translated into English** | Slyusarchuk O.V.  Gong Therapy - Online Action +  Master class "Sound therapy" |
| 24.06  TIME STRIP 2 12.30 - 14.45 | Shamparov V.L.  "Practical methods of building  motivation for healthy lifestyle” | Bitekhtina L.D., Sokolovskaya I.E.,  Chukhrova M.G.  “The paradox of life of the soul: the psyche and spirit, the individual and personality in the alarming situation of self-isolation 2020” |
| 24.06  TIME STRIP 3  15.00 - 17.15 | Soldatova S.A.  “Personal brand of specialists of helping professions: how to create and capitalize” | Averkina S.S.  “Emotional intelligence is the key to personal strength and an open heart” |
| 24.06  TIME STRIP 4  17.30 - 19.45 | Makarov V.V., Lych K.V.  "The element of money" | Goloulina N.A.  "The authorship of life" |
| June 25 (Thursday) | | |
| 25.06  TIME STRIP 1  10.00 - 12.15 | Shcherbakova I.M.  "Body code of parent, adult and child" | Sennikova M.N.  "Professional self-determination of difficult adolescents in difficult times" |
| 25.06  TIME STRIP 2 12.30 - 14.45 | **Zhukov A.S., Lyakh I.V.**  **“Multimodal Supervision Group”**  **Workshop will be translated into English** | **Spokoiniy N.V.**  **“4D constellations in the short-term therapy of trauma and conflict: the transformation of destructive aggression into creative resources”**  **Workshop will be translated into English and German** |
| 25.06  TIME STRIP 3  15.00 - 17.15 | Katkov A.L.  “The model of “Psychotherapeutic Laboratory” as a form of intensive practical training of psychotherapists and consultants ” |
| 25.06  TIME STRIP 4  17.30 - 19.45 | Yeselson S.B.  "Former Sweethearts" - existential film therapy group | Zezyulinskaya I.A.  "Modern integrative resource art therapy of crisis conditions" |
| June 26 (Friday) | | |
| 26.06  TIME STRIP 1  10.00 - 12.15 | Yeselson S.B.  "Former Sweethearts" - existential film therapy group continued! | Fedosimova M.S.  “Background anxiety: why and what to do?” |
| 26.06  TIME STRIP 2 12.30 - 14.45 | Serebryakova K.A.  "Quarantine. Image of prison, trauma of development” | Goltyvanskaya E.G.  “The strength of the family and 12 bricks of its strength” |
| 26.06  TIME STRIP 3  15.00 - 17.15 | Ilyina O.Z.  “The concept of countertransference. How to work with countertransference in psychotherapeutic practice " | Panyukova I.A.  “From 0 to 16. Practical aspects of counseling on the sexual development of children and adolescents” |
| 26.06  TIME STRIP 4  17.30 - 19.45 | Dobryakov I.V.  "Changes in family subsystems in critical pandemic situation” | Mironik-Aksenova O.I.  “Working with drawings. POA tool"  Krylova A.V. "Qigong" 1, 5 hours |
| June 27 (Saturday) | | |
| 27.06/ TIME STRIP 3. 15.00 - 17.15**Makarova Ekaterina «WHAT KIND OF PSYCHOLOGIST / PSYCHOTHERAPIST ARE YOU, AND WHAT ARE THE ROADBLOCKS ON A WAY OF YOUR PROFESSIONAL SUCCESS?». Workshop will be held in English.** | | |
| 27.06  TIME STRIP 1  10.00 - 12.15 | Serbina L.N.  “Work with a myth and a fairy tale. Fairy tale therapy" | **Minifest**  **“Create your own world while playing!” - Gameplay for adults**  **09.45 - 21.00**  **Several games will be held in English and German.** |
| 27.06  TIME STRIP 2 12.30 - 14.45 | Avagimyan A.A., Leiko E.V.  “Balint group is an effective method to prevent professional burnout” |
| 27.06  TIME STRIP 3  15.00 - 17.15 | Lavrova N.M., Lavrov N.V., Deynega V.A., Rusanova Yu.V.  Technology "mediation map" to resolve interpersonal conflicts. |
| 27.06  TIME STRIP 4  17.30 - 19.45 | Rogova O.I.  “Yoga nidra (sleep yoga) - deep relaxation of the psyche with integration of self-hypnosis” |
| June 28 (Sunday) | | |
| 28.06  TIME STRIP 1  10.00 - 12.15 | Kuleva E.B.  "Anxiety. From negative programming to self-confidence ” | Kulygina Yu.G.  "Image of a successful project" |
| 28.06  TIME STRIP 2 12.30 - 14.45 | Rumyantseva I.V.  "How to exchange learned helplessness for trained confidence" | Kirsanova A.A., Tsiglova O.O.  "Psychology and Folk Tradition: Challenges of the Present" |
| 28.06  TIME STRIP 3  15.00 - 17.15 | Malisova I.U.  "Method for identifying and integrating ego states in cognitive-behavioral psychotherapy" | Buchatskaya M.L.  "Transformation of monetary thinking" |
| 28.06  TIME STRIP 4  17.30 - 19.45 | Pligin A.A., Vakulin O.S.  "Effective life management psychology" | Starostin O.A.  “Plassotherapy - the author’s method of metamodal sand therapy. The possibilities of using moving sand in psychological counseling and psychotherapy" |
| **Minifest continues “Create your own world while playing!” - Gameplay for adults**  **09.40 – 20.00**  **Several games will be held in English and German.** | | |