**Online Psyfest® Workshop Schedule**

 **June 24 - 28, 2020**

|  |  |
| --- | --- |
|  | June 24 (Wednesday) |
| 24.06TIME STRIP 110.00 - 12.15 | **Ermoshin A.F.****“Things in the body: efficient working out of emotional stress and trauma by the method of psychocatalysis”****Workshop will be translated into English** | Slyusarchuk O.V.Gong Therapy - Online Action +Master class "Sound therapy" |
| 24.06TIME STRIP 2 12.30 - 14.45 | Shamparov V.L."Practical methods of buildingmotivation for healthy lifestyle” | Bitekhtina L.D., Sokolovskaya I.E.,Chukhrova M.G. “The paradox of life of the soul: the psyche and spirit, the individual and personality in the alarming situation of self-isolation 2020” |
| 24.06TIME STRIP 315.00 - 17.15 | Soldatova S.A.“Personal brand of specialists of helping professions: how to create and capitalize” | Averkina S.S.“Emotional intelligence is the key to personal strength and an open heart” |
| 24.06TIME STRIP 417.30 - 19.45 | Makarov V.V., Lych K.V."The element of money" | Goloulina N.A."The authorship of life" |
| June 25 (Thursday) |
| 25.06TIME STRIP 110.00 - 12.15 | Shcherbakova I.M. "Body code of parent, adult and child" | Sennikova M.N."Professional self-determination of difficult adolescents in difficult times" |
| 25.06TIME STRIP 2 12.30 - 14.45 | **Zhukov A.S., Lyakh I.V.** **“Multimodal Supervision Group”****Workshop will be translated into English** | **Spokoiniy N.V.****“4D constellations in the short-term therapy of trauma and conflict: the transformation of destructive aggression into creative resources”** **Workshop will be translated into English and German** |
| 25.06TIME STRIP 315.00 - 17.15 | Katkov A.L. “The model of “Psychotherapeutic Laboratory” as a form of intensive practical training of psychotherapists and consultants ” |
| 25.06TIME STRIP 417.30 - 19.45 | Yeselson S.B. "Former Sweethearts" - existential film therapy group | Zezyulinskaya I.A. "Modern integrative resource art therapy of crisis conditions" |
| June 26 (Friday) |
| 26.06TIME STRIP 110.00 - 12.15 | Yeselson S.B. "Former Sweethearts" - existential film therapy group continued!  | Fedosimova M.S. “Background anxiety: why and what to do?”  |
| 26.06TIME STRIP 2 12.30 - 14.45 | Serebryakova K.A. "Quarantine. Image of prison, trauma of development” | Goltyvanskaya E.G. “The strength of the family and 12 bricks of its strength” |
| 26.06TIME STRIP 315.00 - 17.15 | Ilyina O.Z.“The concept of countertransference. How to work with countertransference in psychotherapeutic practice " | Panyukova I.A. “From 0 to 16. Practical aspects of counseling on the sexual development of children and adolescents” |
| 26.06TIME STRIP 417.30 - 19.45 | Dobryakov I.V. "Changes in family subsystems in critical pandemic situation” | Mironik-Aksenova O.I. “Working with drawings. POA tool"Krylova A.V. "Qigong" 1, 5 hours |
| June 27 (Saturday) |
| 27.06/ TIME STRIP 3. 15.00 - 17.15**Makarova Ekaterina «WHAT KIND OF PSYCHOLOGIST / PSYCHOTHERAPIST ARE YOU, AND WHAT ARE THE ROADBLOCKS ON A WAY OF YOUR PROFESSIONAL SUCCESS?». Workshop will be held in English.** |
| 27.06TIME STRIP 110.00 - 12.15 | Serbina L.N.“Work with a myth and a fairy tale. Fairy tale therapy" | **Minifest****“Create your own world while playing!” - Gameplay for adults****09.45 - 21.00****Several games will be held in English and German.** |
| 27.06TIME STRIP 2 12.30 - 14.45 | Avagimyan A.A., Leiko E.V.“Balint group is an effective method to prevent professional burnout” |
| 27.06TIME STRIP 315.00 - 17.15 | Lavrova N.M., Lavrov N.V., Deynega V.A., Rusanova Yu.V.Technology "mediation map" to resolve interpersonal conflicts. |
| 27.06TIME STRIP 417.30 - 19.45 | Rogova O.I.“Yoga nidra (sleep yoga) - deep relaxation of the psyche with integration of self-hypnosis” |
| June 28 (Sunday) |
| 28.06TIME STRIP 110.00 - 12.15 | Kuleva E.B."Anxiety. From negative programming to self-confidence ” | Kulygina Yu.G."Image of a successful project" |
| 28.06TIME STRIP 2 12.30 - 14.45 | Rumyantseva I.V. "How to exchange learned helplessness for trained confidence" | Kirsanova A.A., Tsiglova O.O."Psychology and Folk Tradition: Challenges of the Present" |
| 28.06TIME STRIP 315.00 - 17.15 | Malisova I.U."Method for identifying and integrating ego states in cognitive-behavioral psychotherapy" | Buchatskaya M.L. "Transformation of monetary thinking" |
| 28.06TIME STRIP 417.30 - 19.45 | Pligin A.A., Vakulin O.S. "Effective life management psychology" | Starostin O.A.“Plassotherapy - the author’s method of metamodal sand therapy. The possibilities of using moving sand in psychological counseling and psychotherapy" |
| **Minifest continues “Create your own world while playing!” - Gameplay for adults** **09.40 – 20.00****Several games will be held in English and German.** |